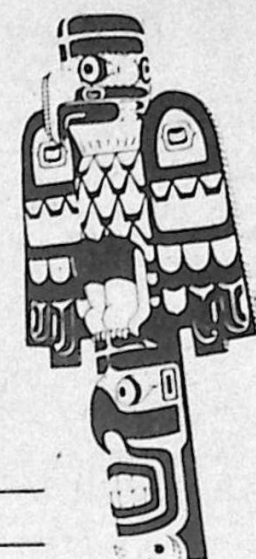


TOTEM TIMES

Wee Nede Moar Staph!

VOL. 16 — NO. 17

CFB COMOX TOTEM TIMES THURSDAY, SEPT. 26, 1974



SERGEANT RAY JENKINS

Comox NCO's Killed in Crash

Personnel at C.F.B. Comox were saddened to learn of the death last Sunday of Sergeant Ronald C. LaFountain, of 442 Squadron, and Sergeant Raymond A. Jenkins, of Base Aircraft Maintenance.

The two N.C.O.s were killed when their light aircraft, belonging to the Comox Flying Club, crashed on Denman Island.

A memorial service for late Sgt. LaFountain was held at St. George's United Church, Courtenay on

Wednesday, the 25th of September. In lieu of flowers, the family requests that donations be made to the Order of the Eastern Star Cancer Fund, 425 Harmston Ave., Courtenay, B.C.

A military funeral service for the late Sgt. Jenkins was held at the Base Protestant Chapel on Wednesday, the 25th of September. Persons wishing to do so may make a donation to the Gideon Bible Society.



SERGEANT RON LAFOUNTAIN.

Hustling in Cyprus

NICOSIA (CFP) — "Hustle" is a way of life in the Canadian Airborne Regiment, and Logistics Company is one of the leading practitioners at their Blue Beret headquarters in Cyprus.

As a vital unit of 1 Commando Group on United Nations duty in the strife torn island, the men were tasked with a variety of assignments ranging from combat duty to the care and feeding of refugees. The work load became even heavier when the regiment was brought up to full strength during the recent fighting.

Under command of Major Dave Harries, Victoria, B.C. Logistics Company provided basic transport for the first group of airborne soldiers to arrive in March of this year (1974).

During the heavy fighting that broke out in July they also joined the active combat units and did an outstanding job of protecting the airport at Nicosia. In the confusion following the outbreak of hostilities, the 135-member Logistics Company also provided food, safety and shelter for more than 400 refugees.

With the arrival of the second contingent of airborne soldiers, the unit reached a new high in performance. Captain Larry Bowen, second-in-command, totalled the weight of the cargo and discovered that 464 men and close to 1,500,000 lbs of material and equipment had

been moved in the seven-day period, making it the largest airlift in any comparable period since the Korean war.

Hercules aircraft from 435 and 436 Squadrons teamed up with the Boeing 707s of 437 Squadron to complete 54 flights, but it was Logistics Company that moved the armoured personnel carriers and the soldiers to the island's capital. They were also responsible for the provision of food and medicine for the humanitarian role of the United Nations force.

Up to 13 landings a day required several convoys, and the main office of Logistics Company at Blue Beret Camp is a bee hive of activity as they distribute the hundreds of tons of cargo that poured in from Akrotiri airport on the south shore of the island. The 60-mile trip from Akrotiri took approximately four hours over tortuous, winding roads.

Traffic was sharply reduced during the fighting, but Cypriots have accustomed themselves to the thunder of Canadian trucks at any hour of the day. Other citizens had a greater understanding of the Logistics Company role because of Canadian policy of hiring local labour wherever possible. Almost 100 Cypriots are employed in a variety of jobs that contribute both to the local economy and to friendship between the two countries.

For the members of the Canadian UN Contingent, Logistics Company provides the smooth flowing

organization that supports the individual paratrooper with lodging, pay and the equipment that he needs to do the job.

The staggering task of meeting current needs will be matched only by the rotation of the Canadian Airborne Regiment when their current tour of United Nations duty is concluded. But that challenge will continue to be met by Logistics Company in the "hustle" fashion that has marked their service to date.

Scouts & Cubs

The Boy Scouts and Cubs of the Comox Valley need leaders. If you can volunteer your time and talents in this youth organization please phone 339-3285. If there are no volunteer adults, there will be no Cubs or Scouts this year. These are your children and the future of our country. Please help them. The motto of the Boy Scouts is Be Prepared. These boys would like to be prepared but they cannot do it alone.

VP International

Major Lloyd Graham has recently announced that the Headquarters Wing at CFB Greenwood of VP International has received approval from Admiral D. S. Boyle, Commander Maritime Command, and Col. A. Pickering, Base Commander CFB Greenwood, to host a VPI Fly-In from Oct. 4 to Oct. 7.

Invitations have been sent to International Wings in Australia, Norway, the Netherlands, the United Kingdom, and U.S.A.; and the National Wings at Summerside, Comox, Halifax, Winnipeg and Ottawa.

The purpose of the meeting is to honour Col. H. E. Smale, the founder of P-2000 Club,

(Continued on page 7)

Pay and Career Policy Changes

On September 24th, the Chief of the Defence Staff outlined some of the changes in pay and career policies which will take place between now and October 1st, 1975. General Dextraze stated that the new pay scales, effective on October 1st, 1974, were in many ways only a transitional step. In the future, the serviceman's salary will consist of one or more of the following parts: pay for rank; specialist pay; and allowances.

PAY FOR RANK
The fundamental principal guiding military pay in the future will be pay for rank. It was decided that the payfield system has departed from this principle too greatly and by October 1st, 1975, all military personnel now in payfields A and B will be paid at the same rate. Most personnel in payfield C will be paid the same rate as everyone else except that they may also receive specialist pay.

SPECIALIST PAY
Some serviceman, by virtue of their unusually high skill and knowledge will receive

specialist pay. Specialist pay may also be paid for some trades/classifications whose opportunities for promotion are deliberately restricted for service reasons.

The CDS went on to say that he considered that the payfield system had caused more dissatisfaction than any other single issue since 1966. He further commented that the Armed Forces of the western nations have always operated on the principle of equal pay for equal rank but that some military personnel have been paid more than others with the same rank and seniority. This extra money has always been paid to the most highly technical or highly skilled trades and was necessary to compensate for long and arduous training and to reduce the flow of skilled men from the armed forces to civilian life. However, Specialist pay should always be a relatively minor part of the total pay package.

those who are affected. In principle this would mean a return to the conditions under which navigators were employed before unification.

THE 1974 PAY RAISE
The pay raise received on October 1st is based on comparability with the public service with an extra four per cent received to recognize the uniqueness of military life.

VESTED RIGHTS
The differential between payfields A and B has been halved as a first step toward its elimination by October 1975. Those who have found their payfield changed from C to B are entitled to vested rights to their original payfield until they are promoted and receive a higher salary.

These changes, in Canadian Forces personnel policies, reflect a new era of more equitable career policies for all ranks.

University to the Military

OTTAWA (CFP) — A recent agreement between the Department of National Defence and the University of Manitoba, to open the doors to formal education for Canadian Forces personnel and their dependents has gone a step further.

A Canadian Forces program coordinator now has been named to provide academic counselling to applicants. He is Major Michael J. Piercy (retired), appointed to the position September 1.

His office is in the process of forwarding the University's general calendar and information pamphlets to base-unit education officers and university liaison officers.

Interested personnel may obtain additional information by writing to: The Canadian Forces Program Co-

ordinator, Office of the Registrar, The University of Manitoba, Winnipeg, Manitoba, R3T 2N2 or by contacting the BPSO.

Maj. Piercy joined the staff of the University of Manitoba in September, 1972, following retirement. Until his recent appointment, he was the senior admissions officer in the office of the registrar.

Prior to retirement, he was the Training Standards Squadron Commander at the Air Navigation School, CFB Winnipeg. Other assignments included duty as Staff Intelligence Officer at Western NORAD Region Headquarters; Staff Officer at Air Defence Command; and tours with 410 All Weather Fighter Squadron, Air Navigation School, 404 Squadron and 2(M) Operational Training Unit.



THIS IS THE CFB COMOX load crew in front of their aircraft at Tyndall AFB. From left to right, are Paul Dobson, Bob Hayes, Bernie McKenna and Art Sayer. This team placed third in loading 119F1G from Fargo North Dakota placed second with a score of 2359.

professional team in the competition! CFB Chatham won the Bagotville 2227, Val d'Or 2202. Five out of a maximum of 2500. The 119F1G from Fargo North Dakota placed second with a score of 2359.

Long Live the King

PETAWAWA (CFP) - Pat King of Canadian Forces base Summerside pitched his fourth straight win to give Atlantic Region a 4-0 win-loss record and the Canadian Forces softball championship for 1974.

It was all over Thursday afternoon (Sept. 12) when Atlantic Region blanked Ontario, 3-0. King controlled the game, allowing only five hits. He suffered a brief lapse in the fifth inning, allowing the Ontario entry, Ottawa Falcons, to load the bases with none out. With the pressure on, Summerside rallied to retire the next three batters with a strike out, force-out at the plate and a fly out.

But it wasn't just pitching that earned praise for King. In the Thursday game he tagged Earl Morris, the losing pitcher, for a two-run homer and accounted for two of the three Atlantic runs. It was King's fourth homer of the series.

In Fridays play, runners-up were decided. Ottawa Falcons, representing Ontario Region, placed second with a 3-1 record, followed by Esquimalt, Pacific Region, Yorkton, Prairie Region and Bagotville of Quebec Region, all with 1-3 records. Europe did not send an entry this year.

Fire Prevention Week

Sunday, October 6th marks the beginning of the 1974 Fire Prevention Week. A number of activities are planned for the entire week.

OPENING DAY ACTIVITIES include a parade through PMQ's, beginning at 1 p.m. There will also be a bicycle decoration contest, entries will be judged following the parade. Prizes will be awarded the best entries. The parade forms up at 12:30 sharp at Glacier Gardens. Come out and join the parade. After the parade there will be open house at the Fire Hall. There will be a ladies' hose laying contest at 3 p.m. There will also be rides around the Fire Hall on "little tot" and there will be refreshments for all.

WEEK LONG ACTIVITIES include "open house" at the Fire Hall each evening from 6 to 8 p.m. Fire Prevention talks and demonstrations for school children, scouts and guides and Base personnel. There will be a coloring contest and an essay contest for PMQ school children.

This years theme for Fire Prevention Week - THINGS THAT BURN! Too often the "things" that burn are people.

ALLOWANCES
Military allowances will be paid in two primary groups - environmental and foreign service.

Environmental allowances for flying, parachuting, sailing and diving are paid to attract and retain properly motivated people who must live and work under particularly demanding stresses and conditions. An important point here is that the allowance is recognition of discomfort and has nothing to do with job skills.

Foreign allowances will be paid at two different scales. There will be a foreign duty allowance for those serving on United Nations peacekeeping or observer duties and a different allowance for those serving in other foreign areas.

PROMOTION
Because most of the redresses of grievances have been complaints about lack of promotion, the CDS has directed that all vacancies for junior and senior NCOs and WOs be filled immediately. As a result, a substantial promotion list will be published soon.

OFFICER CAREERS
The Officers Career Development Plan (OCDP) will be introduced early in 1975 and changes will be introduced gradually.

PILOTS AND NAVIGATORS
Pilots will receive specialist pay to bring them up to the level of salaries paid to pilots in other government departments. If promotion prospects for Captain Navigators are reduced because of service requirements, then specialist pay will be used to offset this kind of career restriction for

Nighthawk's Nest

On Friday the thirteenth two Voodoos were launched out of the QRA... to intercept four aircraft moving at high speed through the airspace of the BC Flying Club. Fortunately, the aircraft intercepted were 106s so the odds were more than fair and the USAF's four UWSR-WF106s (Ultimate Wedge Shaped Ramp Weight) were escorted to a safe landing at Comox. The horde from the south led by LCol. C. Osborne, were interred in the Officers' Mess and subjected to interrogation by Capt. Frank Martin and several bottles of BC's rarer vintages. After plying our guests with barbecued steaks and wine and a few well aimed olives and dinner rolls, LCol McKay presented LCol Osborne with a completely restored 318FIS Crocagator mascot.

It seems that a few of our officers were visiting the 318th one day a few months ago and noticed that their Crocagator was in bad repair. In the cause of international goodwill, they took it upon themselves to repair the creature. Unfortunately, the paint shop was out of green and yellow paint and refinishing wasn't quite sure where to stick the missile, but you have to admit that a pastel pink crocagator wearing an AIM in his nail

makes an interesting conversation piece. As a matter of fact the 318th pilots were so pleased that they didn't say a thing for a few minutes. The Commander of the 318th got up and thanked everyone for the wonderful restoration work and promised to try to return the favor as soon as possible.

Fred, the poet laureate then rose and drank several libations to the muses and thanked the men of 409 in iambic pentameter for the wonderful surprise. (He also read a poem.)

Tim O'Rourke drank his parting glass and said farewell to the squadron. Tim and Rosslyn are off to the OTU at Bagotville where they will be joining the 409 colony at Bagtown by the Bay. I'm not sure that Tim was really ready to leave yet, but his expertise and training have caught up with him and his expertise is our loss and Quebec's gain. Besides, his HRP was in question because he hasn't been spending enough time at the bar lately.

Colonel D.W. McNichol said his last farewell to the assembled Nighthawks that same day. A Leader, a friend and a Man. It is easy to wax poetic about those in power but when sincerity is called for and the sentiment is real the words are hard to find to

describe a man whose greatness is inversely proportioned to his physical size.

Last Sunday the doors to the Nighthawk Nest were opened to the families of 409's happy warriors in an attempt to confuse them about what we really do at the Squadron. The GO-GO girls and the topless bartenders were given the day off and Mike Spooner whipped up a great program. Following a welcoming speech by LCol. McKay, Mike gave the visiting dignitary lecture No. 8 with all the slides and pictures. It was really great to find out all the inside dope on what we do for a living. The children were then taken for a ride on Little Toot, one of the few remaining rubber tired trains in Canada. While the kiddies were touring the flight line, their mothers had a chance to visit the QRA while everybody on Alert tried to stand in front of the more explicit adult classified pictures. After a practice scramble, a tour of the static display area and a quick run through an actual simulated mission, Marge Jackson and Peggy Wickham were the lucky ladies to win the high speed Voodoo ride for the day. They are now both qualified to stand alert and you can bet the old golf games will be a heck of a lot more fun in the future.

Hockey - A Major Change

The ice will be in and the arena ready to go by approximately 1 October, and there is to be a significant change made concerning Intersection Hockey.

Once again there will be two leagues, an "A" and "B", but this year there is to be a tremendous distinction between the two. The "A" league is designed for the competitive player who considers himself in pretty good shape and enjoys a tough well-played game of hockey. The "B" league will have a few added wrinkles — no CHECKING OR SLAP-SHOTS (stick cannot be raised above the waist). Besides the obvious safety factor (there were 32 accident attributed to

intersection hockey last year) this new league will be designed for older personnel who have lost some of their competitive edge, and competitive speed, plus the average player who just wants to get out once a week for a good skate, and anybody who feels that they want to play some hockey this year. One other fact that should be mentioned, the Base Team is to get underway early this year, therefore, it will become mandatory that personnel playing with the Base Team will be ineligible for all intersection play.

Hoping the changes will bring about a safer and more enjoyable hockey season for all.

To round out the day, the officers and their ladies attended a cocktail party and candlelight dinner at the Officers' Mess. The wine and rubber chicken trick was up to its usual high standard, but there weren't quite enough rolls to go around so some of the more enterprising officers made do with chicken bones instead. We've said a lot of goodbyes lately and they don't seem to get any easier. Bary and Francoise Watkin were honored guests on Sunday. They are off to Bagotville where Bary will see how well his total immersion French course has prepared him for Quebec. Bary said that it's the only way to learn French, but my wife still does not believe it.

Stereo Disc Marks RCAF's 50th Year

OTTAWA — Everything from rollicking songs heard around pianos in wartime messes and pubs to the solemn "Airman's Prayer" and "High Flight" are included in a new stereo disc now on sale by the Royal Canadian Air Force Association to mark the 50th anniversary of the founding of the RCAF.

Proceeds from the record — produced by the armed forces' Air Transport Command Band, CFB Ottawa Pipes and Drums and the RCAF Association — will go to air cadet flying training programs.

There are only four marches (including the RCAF March Past) among the selections. But it's the medleys that will probably have the most appeal to serving and former airmen.

The "Bless 'em All" medley includes snatches of "North Atlantic Squadron," "Roll Me Over," and "Sixpence", among other wartime favorites.

"Songs to Remember" is a medley of tunes popular between 1924-74, the life-span of the RCAF and Canadian Forces air element. Leaning heavily on the war years, the production includes "A Nightingale Sang in Berkeley Square," "You'll Never Know," and other tunes of the big band era.

Three selections by the CFB Ottawa Pipes and Drums, under the direction of Pipe Major A.M. Cairns, include special arrangements performed with the ATC Band, under Captain Ken Moore.

The record comes in a double-fold jacket featuring a Tutor jet training aircraft in Snowbird aerobatic team colours.

The record is available from the RCAF Association at 424 Metcalfe Street, Ottawa, K2P 2C3. Cost is \$5.00 (plus Ontario provincial sales tax, as applicable).



Canal Capers

PETE DAVIES
BRUCE DICKSON

Once again news of 116 ATU's exploits leaves the Ismailia sand dunes for the outside world. First a few special interest notes about the column. Russ Wright of Cairo Capers fame has taken the long flight home and is currently enjoying the last remaining days of summer in Comox. At the helm of this article now are Capt. "Fuzz" Davies and the incumbent Bruce Dickson. You may notice that no pictures accompany this edition. We are currently suffering a film shortage which hopefully will be alleviated soon so that you may witness desert drama unfold in breathtaking black and white. Now for the main news items.

We are currently having a warm spell with the daytime highs climbing up to 115 in the tents and 120-125 outside. It is the warmest weather we have had for a long time. So far it has lasted 5 days and no let up appears on the horizon. Lately we have seen quite a few of our members depart for green grass country, the latest being Al Michaud. At his going away party, Al had written down his

farewell speech on a 750 sheet toilet roll and proceeded to talk at length on the where and why fors of his stay over here. (Can't remember now if he said he enjoyed it or not. Seems that was missing in his speech.)

Aircraft serviceability has been very good the past while. Warm weather and Buffalos seem to go together very well. All the Major inspections have been completed, (with only one Major in the Unit, they did not take long). Now it is just a matter of keeping up with the checks as they come due.

Sights to be seen around the camp: John Oliver trying to get a suntan from the 60 watt bulb in his tent; Gary English moving back into his tent after a short stay in Cairo; Ray Lamontagne moving out of his tent, heading for Tel Aviv for the remainder of his tour; Pat Coburn finally taking off his Blue Beret; Dick Brooks and Jim Ross first building a patio out front of their tent, then taking it down for reasons only known to them; and Al Kelly doing his morning jog around the camp while everyone else sweats for him.

(Continued on page 7)

To Assist RCMP

OTTAWA — A woman officer of the Canadian Forces has been loaned to the Royal Canadian Mounted Police to assist in its program to train and employ policewomen.

Major Doris Toole of Saint John, N.B., will spend six months at RCMP headquarters here as an advisor to the Director of Organization and Personnel. Her primary duty will be to advise the RCMP on the application of their training program for female trainees.

Maj. Toole is an armed forces personnel officer with 16 years in training and administrative posts in Canada and the U.S.

The RCMP plan to enroll an initial troop of 32 women for the six-month recruit course, starting this month. On graduation from the depot division in Regina, the constables will move into detachments in the field for further training.

Maj. Toole visited the Regina site earlier this year and studied the training program and facilities. She will return there during the training of the new troop, in her capacity of adviser. She will also be able to provide advice to RCMP instructors on the application of the training program.

Maj. Toole's career has taken her from Trenton and Clinton in Ontario, to St. Jean, Que., Ottawa, Canadian Forces Base Cornwallis, N.S., where she was the officer in charge of female recruit training, and to Winnipeg where she was staff officer for administration at Training Command Headquarters.

She has also served as an exchange officer with the U.S. Navy's training command for women at Bainbridge, Maryland, and is a recent graduate of the Canadian Forces Staff college in Toronto.

On completion of her assignment to the RCMP, Maj. Toole returns to National Defence Headquarters here.



MAJOR DORIS TOOLE checks her lecture notes prior to moving to RCMP Depot, Regina, to assist in the training of the first troop of policewomen. Canadian Forces photo

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REAR ADMIRAL R. H. ROBERTS, center, Canadian Forces Surgeon-General, launches the first two female medical associate officers on their careers. Receiving commissioning scrolls are Lieutenants Julianne Martyniuk (left) and Marie LeGros, both completing master's degrees in health administration at the University of Ottawa. Canadian Forces Photo

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THE BOps O presents the Clasp to the C.D. to WO B. E. Rowland of Ratcon. WO Rowland recently retired from the Forces after 22½ years's service.



AMERICAN AND CANADIAN MEMBERS of the WO's and Sgt.'s Mess gathered recently to honour Tech Sgt. Richard C. Coleman who recently retired after 21 years in the U.S. Air Force. Sgt. Coleman

has been stationed at Comox since June 1973 and is now basking in the Florida sunshine growing pecans on a 17 acre farm. Good luck, y'all, from your Canadian friends.

Two for One

OTTAWA (CFP) — A new rivalry will be spawned in the world of Maritime Air, Sept. 3 when HS50 anti-submarine squadron ceases to exist and her crews and equipment are assigned to the newly formed HS 423 and HS 443, to be based at Shearwater.

Defence Minister Richardson has approved the recommendation that the squadron be split to provide improved control in the areas of flight safety and operational training.

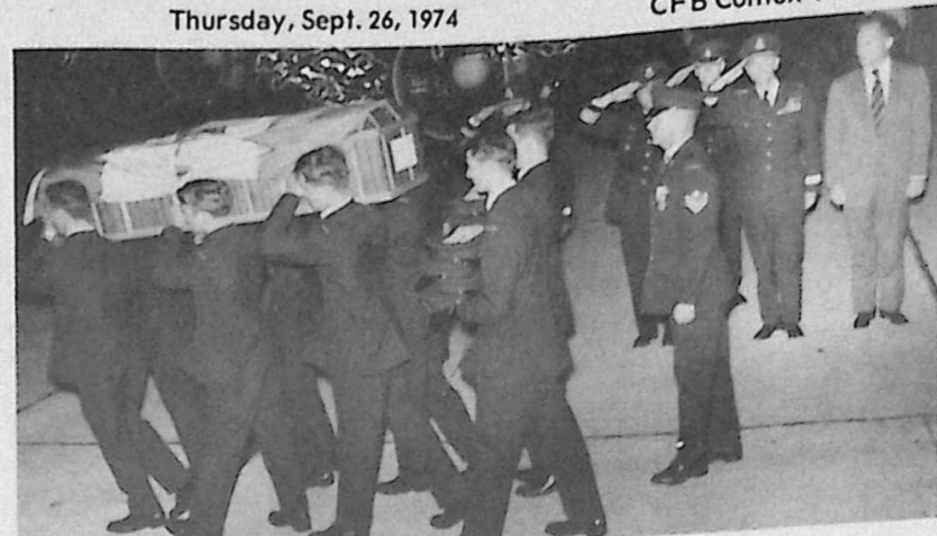
"We search and strike" is the motto adopted by HS423, who will wear the bald-headed eagle on their squadron badge. The fledgling eagles will be commanded by Lieutenant-Colonel Larry Ashley, 36, of Simcoe, Ont., and Dartmouth, now CO of VT-406 in Shearwater. They will provide helicopter detachments to the helicopter-destroyers Iroquois, Annapolis, Skeena and Saguenay.

The second new squadron, HS443, will wear a hornet on their squadron badge, bearing the motto "Our sting is death." Lieutenant-Colonel G. B. (Barry) Montgomery, 38, of Montreal and Dartmouth, now CO of HS50, will command 443, whose Sea King helicopters will provide support to Algonquin, Huron, Assiniboine, Athabasca and the fleet replenishment ship Protecteur.

Future plans call for an alignment of helicopter support, in that 423 squadron will provide detachments to Destroyer Squadron One (DESRON ONE) and 443 Squadron will provide detachments for Destroyer Squadron Five (DESRON FIVE).

Ceremonial dissolution of HS50 is planned for Oct. 25, in conjunction with a reunion for all the former squadron members.

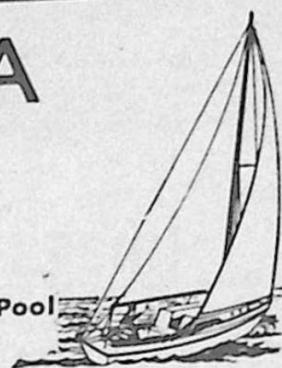
In its 19 year history HS50 has had 10 commanding officers, and has flown anti-submarine patrols, mercy flights and search and rescue patrols in two types of aircraft. When formed in 1955 the squadron flew Sikorski HO4S3 (Horse), and between 1966 and 1969 retired the Horse in favor of the Sea King.



CANADIAN SOLDIER RETURNS HOME — Defence Minister James Richardson and General J. A. Dextraze, Chief of the Defence Staff, salute the late Private Joseph Berger, 22, of Rimouski, Que., who was the second Canadian killed, while serving in Cyprus. Pte. Berger's body was returned to Canada by a Canadian Forces aircraft and arrived at CFB Ottawa. Canadian Forces Photo

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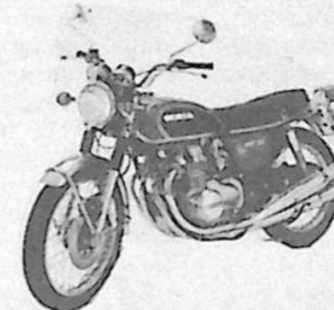
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Sailing Club

The new Jericho Beach Sailing Centre in Vancouver was the scene of the Pacific North-West Mirror Class Dinghy Sailing Championship held on the 14 and 15 of September. Sponsored by the B.C. Mirror Dinghy Association, 27 boats entered this regatta to compete for the Courtmanche Trophy. Light winds and strong tides dominated at English Bay taxing the concentration and judgement of the entries to the maximum. Alex Fox and Leslie Wilkinson, represent-

ing the Comox Squadron Canadian Forces Sailing Association, proved to be the winning combination with a low score of 19 points out of 6 races. This same Comox duo also placed first in the Mirror Dinghy Class at Maple Bay Yacht Club's Labour Day Holiday Regatta on Vancouver Island.

Immediate Medical Attention...the best way to help a stroke or heart attack victim, says the B.C. Heart Foundation.

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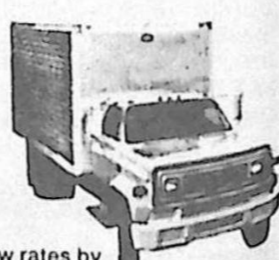
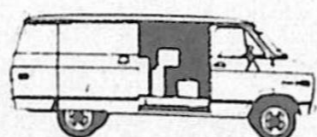
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DALE JARVIS — RES. 334-3752

Editorials

As my one and only government-issue pen is rapidly running low on ink, I'll keep my editorial hen-scratchings, such as they are, as brief as possible this issue.

The new pay adjustments have been announced, and most people seem to be content with what they'll get, either that or they're reserving judgement 'till the

cash is in the pocket.

Finally, I'm pleased to say we have a couple of Fungus cartoons in this issue, courtesy of the great artiste, "Jam" Plamondon, who's now reposing in Germany on his second overseas tour.

Seems like mushrooms are grown the same, no matter where they are posted.

More on United Appeal

This weekend, the Comox District Good Neighbour Fund kicks off its 1974 drive, as it has done since 1956, and will be canvassing the area from Denman Island to Oyster River to raise 42,000 dollars for its many worthwhile causes. Some of these causes include: The B.C. Heart Fund; the John Howard Society; the Salvation Army, just to name a few.

President of this year's District Campaign is Mr. Mike Laver of Cour-

tenay and Chairman of the Distribution Committee is Judge Alfred J. Scow.

The Base Co-Ordinator, Capt. Joe Parkinson of 409 Sqn., tells me that this year's goal is 5,000 dollars, a sum which we exceeded last year. Donations may be made by cheque, cash, acquittance roll or pay allotment, so let's all be generous again this year and watch the thermometer rise.

Image Makers - "Tuum Est"

In countless studies and discussions the subject of the image of the Canadian Armed Forces is raised. But, in most of these learned presentations the definition of image is not given.

The Concise Oxford dictionary gives one definition. "Image: artificial imitation of the external form of an object e.g. statue."

For many people in the forces and on "civvy" street the "artificial imitation" is what they see. Any image at its best is only as good as the object it portrays. The image can and may well be distorted.

The image of the forces is the sum total of all the parts -- people and equipment, ceremony and tradition, past and present. Yet the image maker is not only the conscientious and dedicated professional, but everyone who wears a military uniform -- regular, reserve and cadet.

You and I may not have a say in the type of equipment we use, in the style of uniform we wear, the role we play, or where we serve. But we do have a say in the kind of image we produce.

As members of a readily identifiable minority we are easily assessed on the image of the worst member. Because one member looks like a sartorial disaster, we are all cast in the same mold. Another is found guilty of a criminal offence and all of us become guilty by association.

However, on the positive side, one hero in Cyprus and we become potential knights in shining armour.

Because all of us -- whether we realize it or not -- are image makers for the Canadian Armed Forces, perhaps we should pay heed to the motto of the University of British Columbia: "Tuum Est" - It's up to you!

CANADIAN FORCES PRESS

You ... and the law

By LtCol. Arthur K. Swainson
Assistant Judge Advocate
General Headquarters - Air
Defence Command.

(NOTE: Generally, these articles are valid throughout Canada, although some are based on Ontario law. If acting on the contents of an article outside Ontario, ensure that the applicable provincial law is the same).
CONSUMER PROTECTION
One of the most complicated problems of the average customer dealing with a large company, when he feels that he has been misled by advertising, swindled on price, unfairly separated from his money, or unjustly dealt with in some way, is that he has really nowhere to turn for assistance in dealing with the company.

Most people are aware that when you complain to a company about a purchase, or the advertising, it often seems that no one knows for sure what happened and no one seems to have the responsibility or the authority to do anything about it.

Part of the problem is the general shyness of people about making their point heard loud and clear by the officers of the company. For example, a clear voiced complaint to a manager of a supermarket in the presence of a number of customers will usually bring pretty immediate results.

In Ontario, the Consumers Protection Bureau, which is responsible for policing the Consumers Protection Act,

has only about 10 employees and some limited assistance from other organizations. Consequently, they are physically incapable of enforcing the Act throughout the province.

Companies can be charged with improper advertising, and can be fined possibly \$200.00. Unfortunately, a charge of this nature does not place a broad permanent prohibition on the company from advertising falsely, but simply punishes it for that particular incident.

Even worse is the fact that the customer is not compensated for any loss he suffered as a result of the misleading advertising. The customer can, in some cases, sue the company in Small Debts Court, but the limitations on the types of actions which can be heard in Small Debts Courts are such that many consumer problems cannot be settled in that Court. On the other hand, hiring a lawyer and suing the company over a loss which might amount to \$7.00 is prohibitive in the minds of all but the most stubborn.

There is a legal concept which is used in the United States and has been recommended in a recent report of the Ontario Law Reform Commission. This concept is called "a class action" in which one customer sues the company involved and can make application to the court to have his suit considered as a suit by all other customers who are alleged to have been

bilked in the same way. When this occurs, the company suddenly finds itself defending not against a \$7.00 law suit, but possibly a \$70,000 law suit if 10,000 customers have had the same experience.

About two years ago, a United States hotel was sued by one customer over a service charge which was added to the bills of all guests over a number of years. The customer felt that the service charge was improper and should not have been charged. He sued the hotel, was able to have his suit deemed a class action, and won his law suit. While each billing amounted to only about \$2.00, the hotel was required to repay the service charge to over 100,000 people.

This law is not in effect in Ontario, but if the recommendations of the Law Reform Commission and some other legal authorities in Canada are followed, this type of action may become common place some time in the future.

In the meantime, as I have said in previous articles, if you feel you have been unjustly dealt with, take the trouble to go back and explain. Most companies are honest and quite prepared to settle your complaint as best they can. It should be kept in mind that many complaints result from ordinary negligence of employees, and not deliberate acts by the owners.

From the Base Fire Chief

FIRE PREVENTION WEEK
OCTOBER 6-12--
IT CAN HAPPEN TO YOU
FIRE PREVENTION WEEK:...Marks the anniversary of one of America's worst conflagrations -- "The Great Chicago Fire" of 1871.

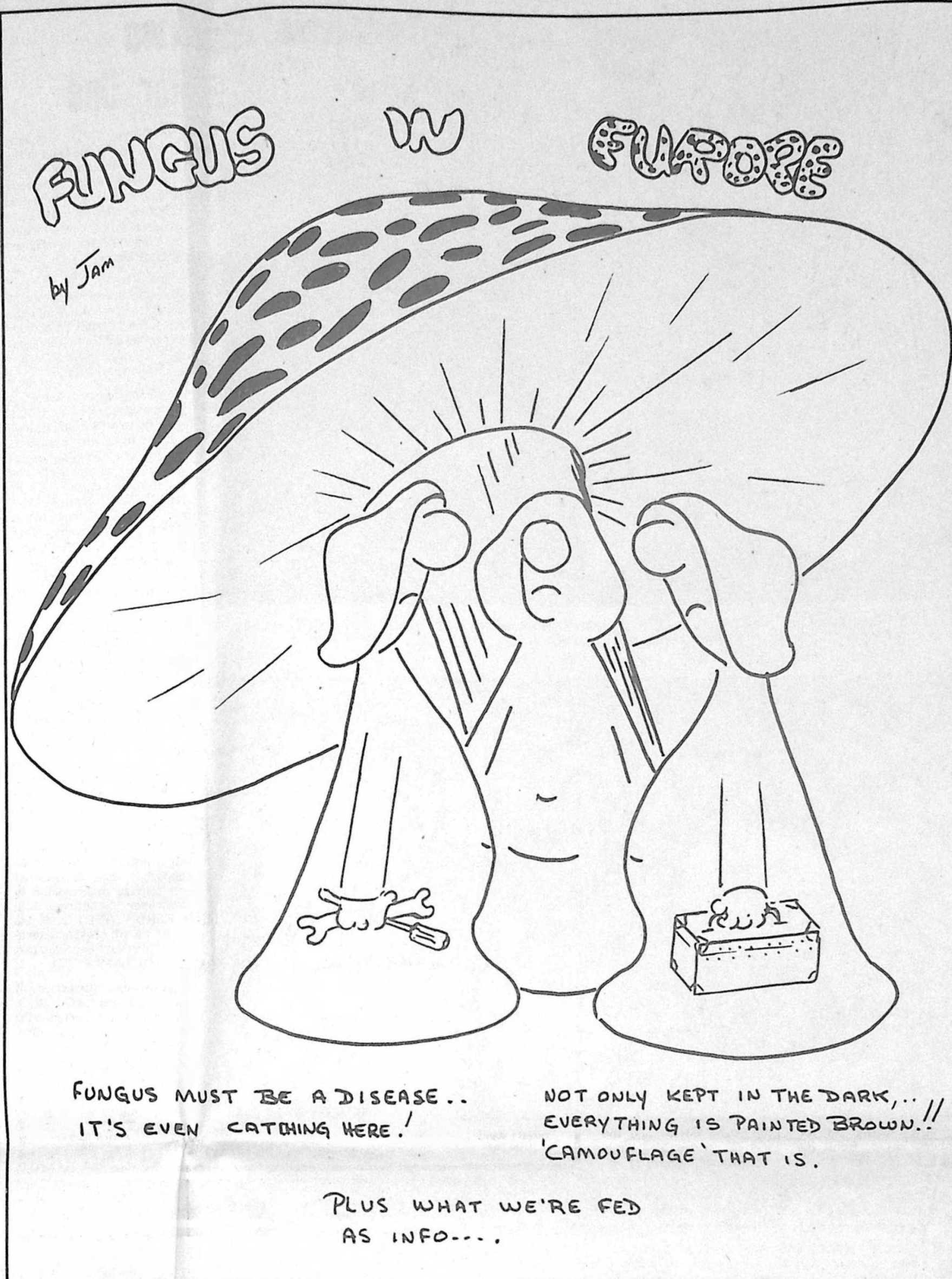
On October 9 of that year, fire killed 250 persons and destroyed 17,430 buildings in Chicago, at a cost of \$168 million -- a staggering sum.

In commemoration of the Chicago tragedy, the October 9 anniversary was first observed in 1911 when the Fire

Marshals Association of North America originated Fire Prevention Day. Fire Prevention Day became Fire Prevention Week in 1922.

Now the observance is always scheduled for the Sunday-through-Saturday period which includes October 9. Proclaimed by the President of the USA and the Governor-General of Canada, Fire Prevention Week is observed simultaneously in the two countries.

L. MacLean, Captain
B.F.C.



EDITOR'S MAILBAG

Correction

Dear Sir:
I respectfully request space in the next edition of your newspaper to make a correction concerning the letter titled "We Are Professionals" which appeared in your 22 Aug. 74 edition.

In my letter I refer to a paper "Some Thoughts on Professionalism" which I state was authored by Col. Bourgeois, the present Base Commander of CFB Ottawa. In fact the paper was authored by Major General K.E. Lewis, the present Commander, Air Transport Command.

May this correction be noted by your readership along with my sincere apologies to both MGen Lewis and Col Bourgeois.

Yours truly,
E. Boone
Captain

Commanding Officer 3 AMU
DET.

Double Dipping?

Sir:
'Double-Dipping' Armed Forces and some RCMP personnel retire on pensions, then rake in millions of dollars as federal employees.

The nation's taxpayers are being fleeced out of millions of dollars a year by career Armed Forces and some RCMP personnel who retire with fat pensions and go right back on the Federal Government payroll.

The payroll of just about every Federal Department is studded with the names of retired Service personnel.

Basically it is inequitable and not right for these people to get two pay-cheques from the Federal Government, this practice should cease immediately.

Vic Napier

Sir: Would appreciate receiving an extract of the above if published, Thanking you in anticipation.

V.N.

You Can't Have Your Cake

Dear Sir:
I would like to comment on a letter by Pte. Jacobi in the Sept. 12 edition. She comments that in the Forces we are censored as to what we may say, thus infringing on our freedom of speech.

The real problem is that we are not expected or supposed to think for ourselves. If you say or do something about

your dissatisfactions or any other service orientated problems, the Forces won't normally approve. The main reasons being that it may be bad for discipline or morale.

When you put on this uniform, you may not have realized it, but you lost a certain amount of your individual rights. You may represent Canadian ideals on human rights, but you can't have your cake and eat it too.

M. Kumli, Cpl.
Editor's Note: Write on, Cpl. Kumli! Why don't more of our readers take time to offer their opinions?

Ex-Serviceman Speaks

Dear Sir:
Firstly I would like to state that I like your Editors Mailbag and have always believed that like Hyde Park Corner it is the true corner stone of Democracy.

As an ex-serviceman and now a happy civilian "almost as happy as I was a serviceman," I would like to comment on a couple of your recent correspondents.

To Mary (Pte.), you express the feeling that you could not question something you didn't agree with and that you don't have the basic right to freedom of speech. You admit you are new to the service, so as one who observed many of other countries armed forces,

let me offer you an opinion -- that you have joined an organization which has more of those freedoms than any other except possibly the Aussies, and as 'Old Bill' said if you don't like this hole find another one.

And to answer L. Goddu (Pte.): May I comment, that no matter where you are in this life at sometime you are a very small cog and you remark "that perhaps I am a misfit doomed to looking for a niche in society" etc., etc. My suggestion to you is that you start setting some objectives

for yourself and as you get older, review and change those objectives; and if you think that people in the service haven't expressed the same feelings as you have you are wrong! In fact a centurian said to me just about the same thing while we worked on Hadrian's wall; and you are serving in a much better climate.

And in conclusion to Citizen Webber 'Right On'.

Yours truly
Binsad
P.S. I wonder what Ann Landers gets paid?

TOTEM TIMES

Published every second Thursday with the kind permission of Col. R. L. Morfimer, Commanding Officer, CFB Comox.

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FOR TOTEM TIMES

Local 469

Big Robbie Retires

C MSGT. ROBBIE ROBBINS came to CFB Comox on the 16th July 1970. After many hours of fishing and taking in all the clams and oysters possible, he finally settled down to serious matters, taking an active interest in the mess at all times. He finally worked his way to the top. Robbie was appointed PMC of the WO and Sgts. Mess on the 1st, Oct.

1973 and held this position vertically and horizontally until the 31st March 1974. Robbie made many friends here in the Comox Valley and will be missed by all that knew him. When you get tired of catching Catfish and Alligators Robbie spend some leave here with old friends. Good luck and Best Wishes in all your endeavours.



M SGT. GERRY ROBERTS is made an honorary citizen of B.C. prior to moving to CFB Chatham. Want to trade salmon for down east lobster, Gerry?
Base Photo



FROM ONE P.M.C. to another. Can I borrow your boots to fill your shoes? M.W.O. C. Graham presents Robbie with an engraved silver tray. Base Photo



M.W.O. GRAHAM PRESENTS a gift to MSgt. Jim Nix from the W.O.'s and Sgt.s Mess, prior to Jim's departure for South Dakota. Base Photo

CF Members Best Aids

By Cpl. (W) E.M.Liddell
CFRSU Edmonton

EDMONTON(CFP) - It does not take a crystal ball or Ottawa connections these days to know that recruiting for the Canadian Forces is in serious trouble. The profession of arms is not a popular occupation with today's youth in this country.

It is also a sad but outstanding fact that the recruiting aid, which should be our most important weapon against this trend, may be turning more people away from a military career than it attracts. The most important aid is the serving member of the Canadian Forces.

Servicemen, dissatisfied with their own situation, traditionally have been known to beat their tales of woe, usually in the confines of their club. This situation is so traditional and expected that great concern and suspicion is expressed for the service member who accepts all in a gracious and forgiving manner.

On all bases, the lack of sobs and chest beating is a serious sign of morale problems. It has also been said that a "bitch in time saves nine," the "nine" being service members saved from the blaring lights of "civvie" street.

As concerned members of the Canadian Forces, recruiters have no active involvement in the research for the cure of that dreaded disease, "release-itis", with which we seem to be afflicted, save the preventive medicine of not offering a diet of "pie in the sky with the moon on the side." We are, however, concerned with the information that a prospective recruit may receive from the well-intentioned, but temporarily disgruntled, or the well-intentioned, but misinformed service member.

Serving members often counsel prospective recruits in perfect conscience, as most service members either doubt a recruiter's honesty in this regard or the recruiter's sanity. Recruiters are generally thought of as being rather shady propagandists who compound their guilt from lying with mental instability because they actually believe those lies.

So, before a potential candidate is completely fooled by the "recruiting fanatics", service members feel they have to prepare the unsuspecting soul with some good sound advice and the facts of service life. While.

(Continued on page 7)

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WATERFRONT MOTEL — 5 city lots zoned high density commercial in immediate development area - 10 units and house, all self-contained. Monthly rentals could be overnight ski trade in winter and tourist trade in summer - \$15,000 down or trade your home. Call Marj. Thompson 339-2771.

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SALE RUNS

Thurs., 26 Sept. 9 - 5:30

Fri., 27 Sept. 9 - 9, Sat., 28 Sept. 9 - 5:30

Chapel Chimes



Protestant Chapel

The Fall activities for the Protestant Chapel are now commencing. This summer has seen many changes in our Military Community. The Chapel looks forward to welcoming all members at CF Comox to participate in our religious life. Many new families have moved into this area and each one is given a special invitation to make the Protestant Chapel their "home Church".

The activities are just beginning and therefore we invite you to become a participant in our Chapel life. The following is a schedule for your direction and guidance:

- 29 Sept. 74 - 11:00 a.m. Divine Worship
 - 11:45 a.m. Holy Communion
 - Custom of Presbyterian & U.C.C.
 - 6 Oct. 74 - 11:00 a.m. Divine Worship
 - Junior Choir: 6:00 p.m. Every Thursday evening.
 - Senior Choir: 8:00 p.m. Every Thursday evening.
- NOTE: Sunday School is now in operation and parents are reminded that there are classes for all ages from 3 to 17 years at 0930 a.m. in the Chapel.
Teen Group: 7:30 p.m. on Tuesday evenings in Chapel Annex.
Telephone: 339-2211 Loc 273

D. L. Martin, Maj. (Base Chap-P)
R. J. Ritchie, Maj. (Base Chap-P)

RC Chapel

Father Francis Swoboda - Base Chaplain (RC) Telephone No. 339-2211 Loc 274
MASSES: Saturday 7:00 p.m. Sunday Vigil Mass; Sunday 9:30 and 11:00 a.m.
WEEKDAYS: The Chaplain will celebrate Mass in the Chapel or in private homes on request.
SACRAMENT OF PENANCE: Before Mass on Saturday from 6:30 to 7:00 p.m. and before other Masses.
BAPTISM: By appointment
CATECHISM CLASSES: Catechism Classes will begin on Wednesday, October 2nd at 6:30 p.m. in the PMQ School.
There is still a requirement for additional catechism teachers and helpers.

Gift Tax

The B.C. Gift Tax Act is a taxing statute which is not expected to contribute substantial revenue to the provincial treasury.

The Gift Tax Act is designed to discourage the distribution of an estate prior to death in order that the B.C. Succession Duty Act may operate more effectively.

In the absence of a Gift Tax Act, succession duties could be simply avoided through the making of gifts.

In 1971 and preceding years the gift tax was imposed under the Income Tax Act (federal). The federal government abandoned the Gift Tax Act and the provinces entered the field on January 1, 1972.

Although a provincial statute, the gift tax is administered for the province by Revenue Canada Taxation.

The act exempts from tax gifts of \$2,000 or less to any one person in any one year. This exemption is further limited to a total of \$10,000 in any one year, i.e., five gifts of \$2,000 to five persons.

Gifts to a spouse of \$10,000 or less per annum are not subject to tax nor is the gift of an interest by way of joint tenancy in the family home.

If taxable gifts are made, gift tax is payable at the rate of 15 per cent on the first \$25,000, increasing to 50 per cent on taxable gifts in excess of \$200,000. The Succession Duty Act extends a credit in computing duties for certain gift taxes paid.

Where a gift of property is (Continued on page 7)

Catholic Womens League

The first monthly meeting of the C.W.L. of Our Lady of the Airways Parish was held on Tues. Sept. 10. Our new Spiritual Director, Father Francis Swoboda celebrated Mass in the Parish Hall before the meeting. The President, Mrs. Barbara Arsenault, chaired the meeting and welcomed all the old members and new member Mrs. Therese Gagnon and hoped all had enjoyed a good summer. Due to so many transfers of members, Mrs. Arsenault expressed the wish that some of our new parishioners join our C.W.L. and Parish Council.

Discussions of the various committees took place. We

will be renewing our enjoyable monthly visits to Glacier View Home. The station Library now has a selection of Catholic literature. Mrs. Arsenault gave a rundown on the first meeting of the Parish Council which met on Sept. 4. Catechism classes were discussed and an occasional Folk Mass will be celebrated, the first to be on Sept. 14. Mrs. Arsenault thanked all the members who helped out at the Blood Donor Clinic at C.F.B. Comox on Aug. 29.

After the meeting was adjourned the ladies enjoyed a social hour. Father Swoboda entertained with selections on the accordion.



407 SQN. DETACHMENT, Crew 6, VP ASW Competition Crew, returning from Australia being welcomed by CO 407 Sqn., LCol. B. T. Montgomery. Det. Cdr. was LCDR Gerry Watson and Crew Captain was Capt. Jim Greenough. Ground Crew Chief was WO Ross Collier (now retired).

Protestant Ladies Guild

The Protestant Ladies Chapel Guild held their first meeting of the season with thoughts of the up-coming bazaar as main item on the agenda. We welcomed four new members into the fold and are hoping that any woman in the community who was unable to join us at this meeting will come along to a work meeting in the Church annex on Wednesday, Oct. 2nd at 1:30 p.m., when we will be making handicrafts for our bazaar. If you are unable to attend, please join us on our next regular meeting night, Tuesday, October 15th at 8:00 p.m. in the Church annex. We will certainly be happy to see you. If you are unable to join

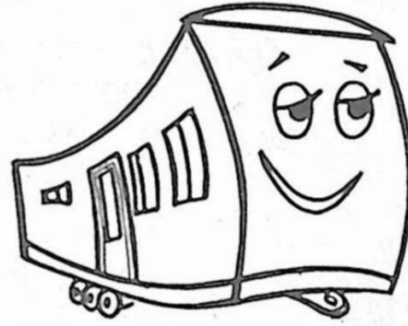
us, but wish to help out with handicrafts, baking or white elephants we would appreciate it. Just call 339-2486 and we will arrange to pick it up. Most of all, we would like to see you come along and share a few hours of friendship with us.

Happy hearts are active hearts - take a brisk walk daily!

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John McKenzie Trio

The John Mackenzie Trio is now on tour of Vancouver Island. They will be appearing in Courtenay Civic Centre Theatre 8:30 p.m., Saturday, October 12th.

This new vocal group formed just this past summer. John Mackenzie comes from Duncan, Glenda Graham from Nanaimo and Tom Gough from Victoria.

The group more or less came together as a result of individual appearances on the Bruce Payne show, "Island Good Morning".

This vocal trio has the same type of voice combination as Peter, Paul and Mary. They will be singing a wide variety of songs - country, folk, humour, and their own material.

There will be songs for all ages - golden oldies, current hits, and sing-a-longs. There's even a small surprise for the kindergarten kids, so it will be an evening that the whole family will enjoy.

Plan to attend the concert and enjoy some fresh local talent.



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The lease shall be for a term not exceeding three (3) years, commencing on a date to be determined by this Department, upon such terms and conditions as may be agreed upon under the provision of Section 16 of the Harbour and Piers Act.

To be considered, tenders must be for an amount not less than \$1.00 per annum, plus 15 per cent of the gross revenue derived from the use and management of the facilities or \$100.00 per annum, whichever is the greater.

Further information may be obtained from the District Manager, Marine Services Base, Department of Transport, 1405 Douglas St., Victoria, B.C.

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BASE SCUBA DIVING COURSE
There will be a meeting on Monday, 30th Sept. for all persons interested in taking a Basic Diving Course.
TIME: 1900 hrs.
PLACE: Upstairs Rec. Centre

Canal Capers

(Continued from page 2)
BGen R. Husch from AT-CHQ Trenton paid us a surprise visit as a crew member on a recent C130 flight and graciously accepted our hospitality at the 116 "Ismailia Hilton". He was apparently impressed with the "Blue Jobs" camp site and relative comfort in our tents. We understand that the General wished to remain a few extra days but the Aircraft Commander wouldn't let him.
All Here crews are remaining overnight here as well and with three flights a week, we will have no shortage of news from the far distant shores.

Our Unit shower is at the point of readiness and I must say a welcome addition. Now hopefully our long dusty walk

GIFT TAX
(Continued from page 6)
made to other than the spouse the donor is deemed to dispose of that property at its fair market value at that time. Any gain is computed and income taxes paid in respect of the gain.
Accordingly, the making of a gift of appreciated property could result in both gift taxes and income taxes.
Where a gift of property is made to a spouse the donor is deemed to dispose of the property at his cost. When the spouse disposes of the property any gain thereon is taxable as a gain of the donor.
As a general rule, taxpayers should avoid making gifts of property and should make cash gifts within the exemptions permitted under the B.C. Gift Tax Act.
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CF Members

(Continued from page 5)
recruiters may feel hurt at this concept of their professional prowess, their main emotions are frustration, anxiety and fear, as this advice is probably neither good, nor sound, and the "facts" may be in error. Contrary to popular belief, we realize service life is not for everyone, and, by the token, not everyone is good for the service. We realize that there are factors in a military career which may limit its attractiveness, and we do try to advise applicants to these factors.
It has been our experience, however, that some of these factors may not be liabilities but rather assets depending upon the goals and ambitions of the individual concerned. We try to give applicants the total package, both good and bad points, and let the applicant decide for himself under which column he wants to list those items.
It should be pointed out, however, that this recruiting centre doesn't blame every service member for these problems, any more than you blame every recruiting centre for the "yo-yo" you may have to work with.

The recruiting motto these days is "Get Involved With the Canadian Forces." We would like to see serving members get involved with the recruiting program. It was a Met Tech and not a recruiter, who gave us the "Bring a Friend to Work" idea. Many of our applicants are members of service families or friends of serving members. We sincerely appreciate these efforts and realize we will rely more and more upon the participation of service members in the times ahead.
So, next time you talk to a prospective applicant, please treat that inquiry with respect. Remember that your own experiences are personal and may not be common to everyone. If you are a "gung-ho" enthusiast, remember that some of the opportunities you rave about may no longer be offered.
If there is any doubt, contact a recruiting centre or refer the inquiry. There is no more advantage in the contented serviceman selling a dream that recruiters cannot offer, than there is in the unhappy serviceman selling his personal nightmares.

OBITUARIES

RAYMOND ALEX JENKINS of CFB Comox died as a result of an air crash at Denman Island, Sunday. He was 35.
Mr. Jenkins came from Plaster Rock, Victoria County, N.B. and arrived in this district in 1972.
He was an aircraft maintenance supervisor with Canadian Armed Forces.
Mr. Jenkins belonged to Comox Flying Club and also to Canadian Legion, Courtenay Branch.
He is survived by wife Marlene Anne, sons Jeffery Allen and Timothy Rae, all of CFB Comox; his mother, Irene Jenkins, brothers John J., Dennis, Rodney, Brian and sisters Debra and Leah, all of New Brunswick.
Funeral services for Mr. Jenkins will be held in the protestant chapel at CFB Comox, at 11 a.m. Wednesday, Chaplain R.J. Ritchie officiating.
Piercy's Funeral Home is in charge of all funeral arrangements. Burial will take place at the Anglican Cemetery, Plaster Rock, N.B.

chief flight instructor at CFB Comox Flying Club.
He is survived by wife June, sons Craig and Brad, daughters Suzanne and Anna Marie, all of Courtenay.
He is also survived by his father and mother of Claresholm, Alta., brother Ted of Gypsumville, Man., and sisters Lynne (Mrs. L. Bailey) of Granum, Alta., Pam (Mrs. B. Young) of Fort MacLeod, Alta., Mina (Mrs. L. MacLeod) of Grand Cache, Alta., and Mrs. D. MacKenzie of Edmonton.
Funeral services for Mr. LaFountain will be held at St. Georges Church, Courtenay at 2:00 p.m. Wednesday.
Padre Don Martin and Rev. Ray Brandon will be officiating.
Piercy's Funeral Home are in charge of all funeral arrangements. Cremation will follow the funeral service.

VP International
(Continued from page 1)
and the VP International Association; and also to hold an international planning meeting to determine the future of the Association.
The guest speaker for the dinner will be Mr. T. V. Tulesa, Professor of Military Studies at Acadia University. His topic will be "The Historical Pattern of Russian Naval Policy".
Major Graham and the executive of the Greenwood Wing are anticipating a large number of visiting members and are looking forward to an active weekend of renewing old friendships, and updating VPI policy.

to the main shower will be over.
Rotation time will be quickly upon us again with its batch of new "Pinkies". With thoughts of Air Conditioned comfort lurking somewhere in the world we once again say Ma Salaam.

Play Safe
When watching calories, be sure to include all the nutrients your body needs. Eliminating, or even skipping on, any of the four food groups is asking for trouble.



DAVE DAVIDSON RECEIVES a tackle box for 3rd Low Gross in the Gen. Lett Tourney. Just what he needs in Egypt!



BOB SLEIGH RECEIVING the hole-in-one trophy from Col. McNichol. Watch out for pipe ashes. Manson photo



NETTIE BONENFANT receives the Ladies' Beginners Trophy from Col. McNichol. Manson Photo



GEN BEEHLER, WITH the Club Trophy for Ladies. Manson Photo



Ladies' Golf News

In spite of the weather, the ladies Club Championship was held on Sunday Sept. 8. High winds and rain did not affect Gen Beehler's Game as she won the club trophy coming in with the low gross. Runner up Barbara Carter: Mona Ledgard 3rd low gross: Colleen Davis 4th low gross: Millie Legg 1st low net: Nettie Bonenfant 2nd low net: Marilyn Stroud 3rd low net: Lois McNichol 4th low net. For the side competitions, the Beginners Trophy was won by Nettie Bonenfant, the ladies Ringer Board was won by Mona Ledgard and for the most improved golfer of the year Jessie Lozanski took the honors.

As part of the inter-club activities, the Glacier Green ladies had a very enjoyable visit at Comox Golf Course Sept. 17th. The winners were as follows: 1st low gross Gen Beehler; 1st low net Colleen Davis; 2nd low gross Mona Ledgard; 2nd low net Millie

Legg; 3rd low gross Nettie Bonenfant; 3rd low net Kay Freeman. Lowest number of putts was won by Irene Harker.

Wednesday, Sept. 18, Glacier Green joined Comox ladies for a return visit to Campbell River. The weather was excellent and we all had a lovely time.

The winners on that day were: 1st low gross Barbara Carter; 1st low net Nettie Bonenfant; 2nd low gross Mona Ledgard; 2nd low net Irene Harker. The least amount of putts was won by Gen Beehler.

COMING EVENTS:
Sept. 29 - "Fun Tournament" 4 ball best ball.
Oct. 6 - Mr. and Mrs. Tournament.

Great Lakes
The biggest of the Great Lakes, the well-named Superior, accounts for nearly a third of the total: 31,700 square miles. It holds 2935 cubic miles of water, and its depth at one point drops to 1333 feet, making it the deepest of the five.

Glacier Greens Events

By GLEN CASLAKE

The Club Championship final was held on Sunday the 15th of Sept. '74. The winner of the Championship was Pete Burns with a total score of 153 for the 36 hole event. Low net for the championship went to Len McCormack with a 134. "A" Flight winner was Kim Matheson with a score of 155; "B" Flight was won by Rud Richardson with a 168 score, and "C" Flight was won by Dan Davis with a score of 182.

THE GENERAL LETT TOURNAMENT was held on Saturday the 21st of Sept. 74. The winner of the Tournament was Hank Comtois with a net score of 65. 2nd Low net was won by Len McCormack with a 66. 3rd Low net was won by Reg Blois with a net 67. 4th Low net went to Ron Carter with a net of 67. The 5th Low net was won by Lionel Churchill with a net of 68. 1st

Low gross was won by Frank Cramer with a score of 78. 2nd low gross was won by George Arbic with a 78; 3rd Low gross was won by Dave Davidson with a 78; 4th Low gross was won by Pete Burns with a 79 and 5th Low gross was won by Kim Matheson. The Closest to the Pin was won by Giles Bonenfant. The Longest Drive was by Larry Cote.

CLUB MATCH PLAY
Glacier Green Match play was completed with the winner being Bob Sleigh, winning out over Marcel Kumli in an extra hole.

HOLE IN ONE CLUB
Bob Sleigh shot a hole in one on the No. 2 hole on Wednesday the 18th of Sept. 74. Playing with him were Bob Bird, Kim Matheson and Duke Snider. To top off his hole in one, Bob shot a 73 for the round, good show Bob.

JUNIOR BOYS & GIRLS CHAMPIONSHIP
The Junior Boys Championship was won by Stu

Winchester with a 79. The Junior Girls Championship was won by Diana Earl, a good representation from our Juniors.

UPCOMING EVENTS
Fun Tournament is to be held on Sunday the 29th of Sept. 74. The tournament is a 4 Ball Best Ball which is open to all members.

MR. AND MRS. TOURNAMENT
A Mr. and Mrs. Tournament is to be held on Sunday the 6th of Oct. 74, tee times 1000 hrs. with a shot gun start.

That's the news for now from Glacier Greens except to say a vote of thanks to the Ladies Committee of Glacier Green who donated the money for our patio at the rear of the Club House. Although the patio is yet to be completed, thanks again ladies.

So let's see you all on the links, as where else can you get such friendly and competitive sports.



GLACIER GREENS JUNIOR Champs, Diana Earl and Stuart Winchester, with their prizes.



CPL. HENRI COMTOIS of 442 Sqn., receives the General Lett Trophy from Maj. Stroud, Club President.

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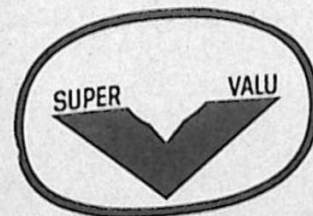
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"Safety Sam" Speaks

"I like to think that we're doing a pretty good job in the area of Safety. It's nothing new you know - we were running safety campaigns, doing safety inspections and preaching safety when I first started with DND!"

Sound familiar? It's the same general reaction I get from most managers and supervisors when the topic of General Safety is raised.

And of course they are right. Safety has been with us a long time and a lot of good efforts have been made over the years, particularly in the areas of fire, flight, nuclear, vehicular and explosives safety. Safety has been steadily evolving since it first recognized "Accident Proneness" in the early 1920's.

Corrective measures in the past have been directed at eliminating accident-prone workers, at the engineering concept of designing out equipment hazards and at education and training. Throughout the years each approach has had its heyday, then withered. Each of these approaches still has its disciples who stick to their particular approach, to the exclusion of everything else!

This clinging to "trustworthy" accident prevention techniques persists to the present day. If it continues, it will ensure that safety will be "a thing apart" from other management functions and be thought of as something with which a manager must live rather than a functional part of his own responsibility. We all know what this eventually leads to - delegation of safety.

SO WHAT'S NEW? What's new is the managerial "systems" approach to safety. And if this new approach is to succeed, some old ideas and methods are going to have to fall by the wayside.

To many people, safety specialists have their sleeves rolled up; belong right down in the workshop, showing a worker the proper way to operate a lathe; operate a fire extinguisher - or suck eggs - instead of tending to their safety management duties.

Hold it! Did you say "Safety Manager?" Who needs a Safety Manager? What we

need is someone to DO the job of Safety!

Now that is number two reaction. And I get that from most managers and supervisors too.

Why do we need a Safety Manager? To answer that question we need to define who's responsible for accident prevention.

WHO IS RESPONSIBLE FOR ACCIDENTS?

Well in the final analysis it is a management responsibility. We are already providing full time managers in every part of this organization. And what is the manager's responsibility? To manage! To get things done through other people, to organize, co-ordinate, direct, control and communicate - so that the job gets done in an efficient way. And efficient management is synonymous with a minimum number of mistakes or errors - a minimum number of accidents. If all segments of the management team are functioning effectively as a total management system, the gradual result will be fewer accidents.

SO WHY DO WE NEED A SAFETY SPECIALIST?

The answer is simple. We need him in two areas; we need him to ensure that safety standards, safety procedures and design features are incorporated into all facets of our operations. This is the reason that we concentrate on the attitudes, training and safety consciousness of supervisors.

The other area of need is the safety staff function. It consists of collecting and analyzing data from accidents and from inspections and interviews. In short, operating a safety management information system. The requirement is to seek out this information and interpret it to the management team, translating the information into concise and meaningful conclusions, which managers or committees can use as a basis for reviewing and revising policies and procedures.

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WHAT THE BGSO IS NOT!

1. He is not responsible for first-aid training or practice. - First-aid is emergency medical treatment, administered by a trained layman. It is an extension of medical services and a basic responsibility of the Surgeon General. The BNDO is tasked with first-aid training at this base.

2. He is not responsible for Workman's Compensation. - These claims are a personnel matter and are not functions of the General Safety Program except to provide information. The BCPO is tasked with processing and recording WCB claims.

3. He is not responsible for reports on injuries (CF 98). - These are a medical and records function concerned with military medical and career implications. The BPADO is tasked with processing CF98's beyond the hospital function.

4. He is not the Base Training Officer. - Training is a separate function, managed by those qualified in the techniques of training others. Safety's responsibility is to provide program material and to co-ordinate or assist as required. The BITO is tasked with individual training co-ordination.

5. He is not the Base Vehicular and Pedestrian Traffic Officer. - This responsibility is borne by the BSecurO, the BTnO and the POMV SO. WHAT HE IS!

"Accident Prevention" is the name of the game. It is imperative that it take place at both the Operating level, over which the Functional line manager presides, and at the Staff level. The expertise of the safety manager should be employed to ensure continuity and effectiveness in the administration of the General Safety Program; to provide accident prevention information to top management and to the safety committee; to help design and recommend countermeasures to prevent accidents and management system errors; to co-ordinate safety promotion and safety training and to support line managers in the accomplishment of their mission, by influencing personnel toward safer attitudes and by helping managers to design an operating system with a minimum amount of error.

SUMMARY

The purpose of the "Safety '75" campaign is to arrest and reverse the upward trend in the number of accidents within DND. The General Safety Program introduces a continuing "systems" concept of safety management. This requires that we contemplate accident prevention as a body of knowledge which can be applied to all our activities by the management team. We must get rid of some of our old ideas, and evolve a new safety posture. That posture depends on the successful incorporation of accident prevention into the total, overall scheme of management responsibility and functions.

It is essential that the safety manager NOT be the DOER but the director and co-ordinator and management error detector. He should not spend his time as a one-man crusader who snoops through departments writing up people for safety infractions.

The DOING must be implemented through our managers who have the personnel resources and WHO ALREADY HAVE THE RESPONSIBILITY.

Morgan and Studds

The following recipes are dedicated to the two Dogfish experts of the Comox Valley.



MORGAN



STUDDS

Dogfish A-La-Carte

Probably the best of trash fish is the shark, the most commonly caught manifestation of which is the dogfish. Almost any species of shark can be used with this caveat: Keep it cold and eat it soon! Once dead a shark probably deteriorates faster than any other fin fish, due to its tendency to store ammonia. So, if it smells even faintly of ammonia, chuck it; otherwise cook it.

Dogfish Steaks with Cucumber Sauce makes a delightfully simple dish. The flavor of the fish is highlighted but not overshadowed, by the delicate cucumber and butter sauce.

Clean the fish and skin it. Cut the steaks with a sharp knife at right angles to the spine, about one inch thick.

DOG FISH STEAKS WITH CUCUMBER SAUCE

6 dogfish steaks, 8 to 10 ounces each

1/2 stick butter

Salt and pepper

Melt the butter in a shallow roasting pan. Put the steaks in the pan and turn them over to coat them with butter. Sprinkle lightly with salt and pepper (use freshly ground pepper if available.) Cook in a hot oven (450 degrees) for 10 to 15 minutes or until done. Don't cook any more than necessary. When the flesh flakes, it is ready to eat! In the meantime prepare the cucumber sauce.

2 large cucumbers, peeled

1 1/2 sticks butter

Split the cucumbers lengthwise, and run a teaspoon down the centre of the cut faces to remove most of the seeds. You don't have to be extremely fussy about this. Dice the cucumbers finely, melt the butter, and toss in the cucumbers. Shake the pan a bit while heating the cucumbers thoroughly. Put the steaks on plates and pour the sauce over them, or serve the sauce separately.

Garnish with lemon slices and parsley. If you prefer a highly spiced food try Curried Shark Chunks. Instead of slicing the shark into steaks, cut into bite sized chunks, removing the cartilage and dark streaks as you go.

CURRIED SHARK CHUNKS

3 lbs. shark chunks

1 cup chopped celery

1 cup chopped onion

finely chopped garlic to taste (Optional)

Crushed red pepper (Optional for those who really favor spicy food)

1 bay leaf

1 quart liquid - use water, fish stock, chicken stock, and white wine in any combination to make one quart.

Put all these into a suitable large pot bring to a boil and simmer for 10 minutes or until the fish is just cooked but still firm. Skim the froth from the top as it cooks.

In another pan, combine the following::

1 stick butter melted

1/2 cup flour

1 tbsp. curry powder (adjust to taste)

Remove from the fire and combine the fish stock mixture with the butter and flour (Pour one into the other, or both into a third; it doesn't matter but be sure to stir). Put the pot back on the fire and return to a boil long enough for the sauce to thicken. Just before serving add:

1/2 cup cream or condensed milk salt and pepper to taste.

Serve with rice and one or more of the following classic accompaniments: Peanuts, coconuts, chopped hard boiled eggs, raisins, walnuts and bananas.

COURTESY BASE ARMAMENT SECTION

Entertainment and Events

OFFICER'S MESS ENTERTAINMENT

SATURDAY, SEPTEMBER 28—
Welcoming Party - 2030.
Campa Stage Band and Music Factory - 2100-0100.
Casual dress.
Reservations by 1600, Wednesday, Sept. 25th.
Come out and welcome our new members to the mess.

FRIDAY, OCTOBER 4—
TGIF - Chicken & Chips

FRIDAY, OCTOBER 11—
TGIF

SATURDAY, OCTOBER 12—
OCTOBERFEST - Alpiner Band with Musicians and Dancers. FREE BEER ALL NIGHT!
Starts at 2000 hrs.

SUNDAY, OCTOBER 20—
Candlelight Dinner

THURSDAY, OCTOBER 24—
Air Transport Command Bonspiel Welcoming Stag

FRIDAY, OCTOBER 25—
Happy Hour - Hip O' Beef

SATURDAY, OCTOBER 26—
ATC Curling Bonspiel Banquet

BRUNCHES: October 6 & 27.

WIVES CLUB: October 16.

TOTEM LOUNGE ENTERTAINMENT

28 SEPT. - Country Spirit (Band)
Western Night - Food.
Prize for Best Western Costume

14 OCT. - Thanksgiving - Pilgrim
Turkey Trot & Bingo
Dancing

Totem Inn Lounge open to members and guests from 1800 hours daily. This is on a trial basis only.

Come out and support your club.
Regular Weekend Dances are free to members - \$1.00 per person.

BASE THEATRE SCHEDULE

Thurs 26 Sep
Fri 27 Sep
Sat 28 Sep
Sun 29 Sep



Many of his fellow officers consider him the most dangerous man alive - an honest cop.

AL PACINO SERPICO

Produced by MARTIN BREGMAN Directed by SIDNEY LUMET Screenplay by WALDO SALTO and NORMAN WEXLER Based on the book by SIDNEY LUMET Music by MIKIS THEODORAKIS Original Soundtrack Album on Paramount Records and Tapes. Color by TECHNICOLOR A Paramount Release

Showtime 2000 hrs to 2230 hrs

Wed 2 Oct
Thur 3 Oct
Fri 4 Oct

SCALAWAG

Kirk Douglas
Mark Lester
Adventure

Showtime - 2000 hrs to 2150 hrs.



KIRK DOUGLAS SCALAWAG

TECHNICOLOR A PARAMOUNT RELEASE

Theatre Information - Call 339-2433 anytime
RESTRICTED SHOWS: 18 years and above - Under 18 years of age must be accompanied by a person over 18.

ADULT SHOWS: 16 years of age and above - Under 16 years must be accompanied by a person over 16.

Sat 5 Oct CAHILL U.S. MARSHALL John Wayne
Western



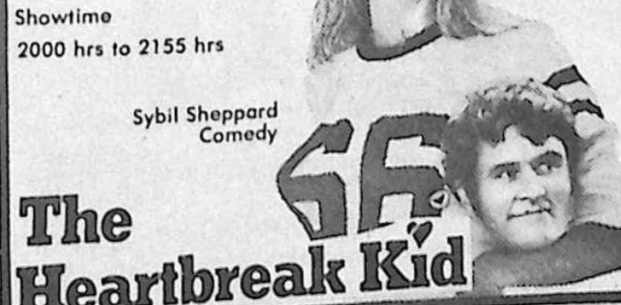
Wed 9 Oct
Thur 10 Oct
Showtime - 2000 hrs to 2155 hrs

James Mason
Robert Preston
Mystery suspense



Family Show
Showtime:
2000 hrs to 2150 hrs.

Wed 16 Oct
Thur 17 Oct



The Heartbreak Kid

Sat. Mat. 21 Sep - FRECKLES
Sat. Mat. 28 Sep - SECOND TIME AROUND
Sat. Mat. 5 Oct. - SCALAWAG
Sat. Mat. 12 Oct. - TAKE HER SHE'S MINE
Sat. Mat. 19 Oct. - OUR MAN FLINT

LEADERS NEEDED

for
COMOX VALLEY
CUBS & SCOUTS

If there are no volunteer leaders - there will be no Cubs & Scouts.

- BE A VOLUNTEER -

Phone 339-3285

Help our youth to

'BE PREPARED'

WO & SGTS. MESS

OCTOBER ENTERTAINMENT

12 Oct - Bingo & Dance
2000 - 0100

26 Oct - Dance

TGIF - every Friday

Movie - every Monday

20 Oct - Retirement Dinner
Members only.

CVMHA

PEE WEE REP HOCKEY

Any Pee Wee age player who feels he has the time, determination and ability to play Rep Hockey is asked to call:

Coach - Al Tuck
339-4012

Manager - Ray Griffiths
339-4202



'CAPTAIN BO' Retires After 34 Years Service



All Hail 'Captain Bo'

Completing thirty-four years in the Marine Section MWO Bohozuk retires with all the fanfare and colour that could be provided by the Marine personnel. BO was ferried from the dock at Union Bay by crash

boat (which was dressed for the occasion), was piped aboard and ashore in fine naval tradition, transported along the jetty by fork lift and was presented with a set of decorated paddles and kisby ring. All the best BO!

To Cross the Narrow Sea

But timorous mortals start and shrink
To cross the narrow sea,
And linger shivering on the brink,
And Fear to launch away.
(But not our hero Bo.)

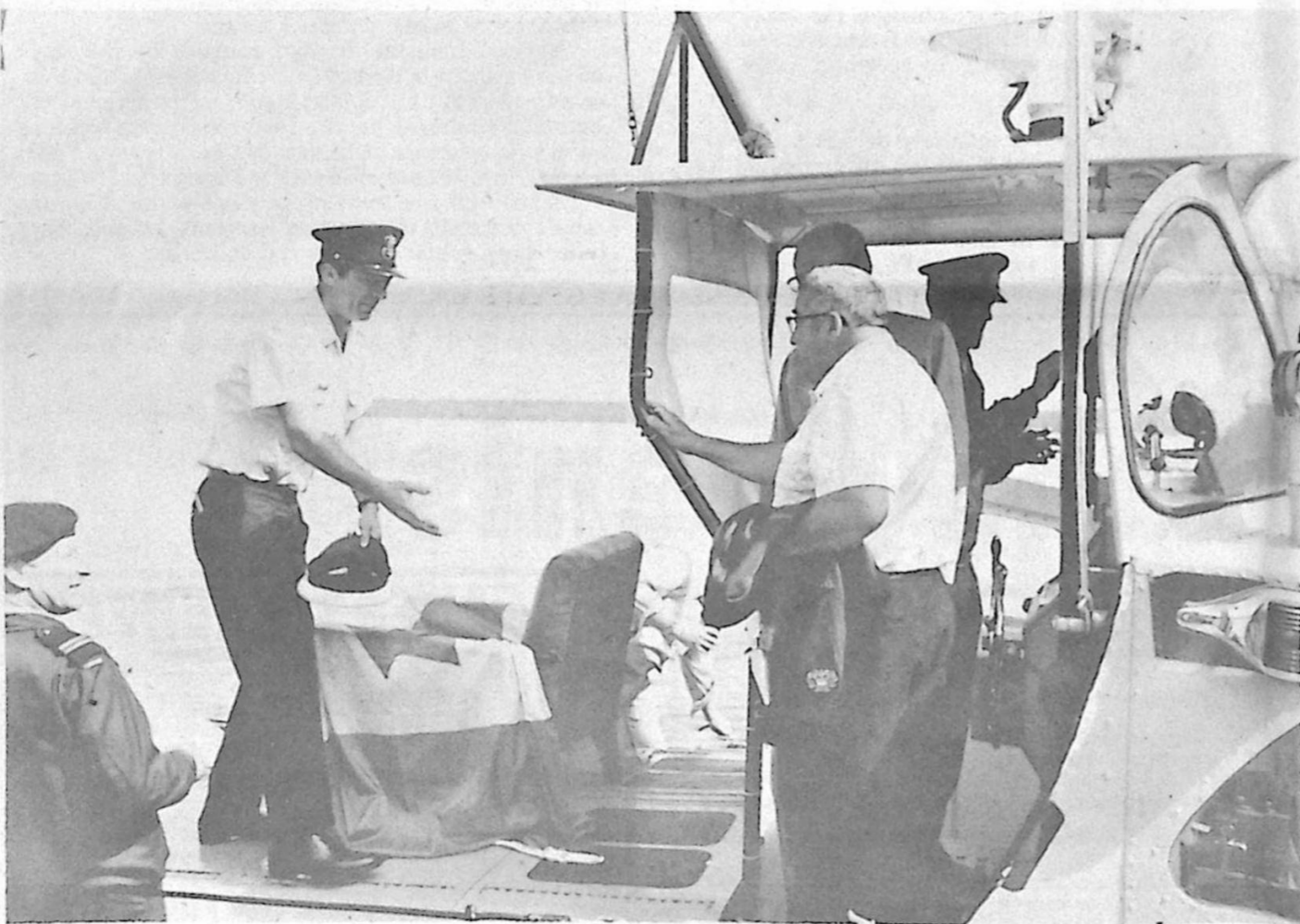


'CAPTAIN BO' and crew. Heave or sink it, leave or drink it, we were masters of the sea!

Kipling

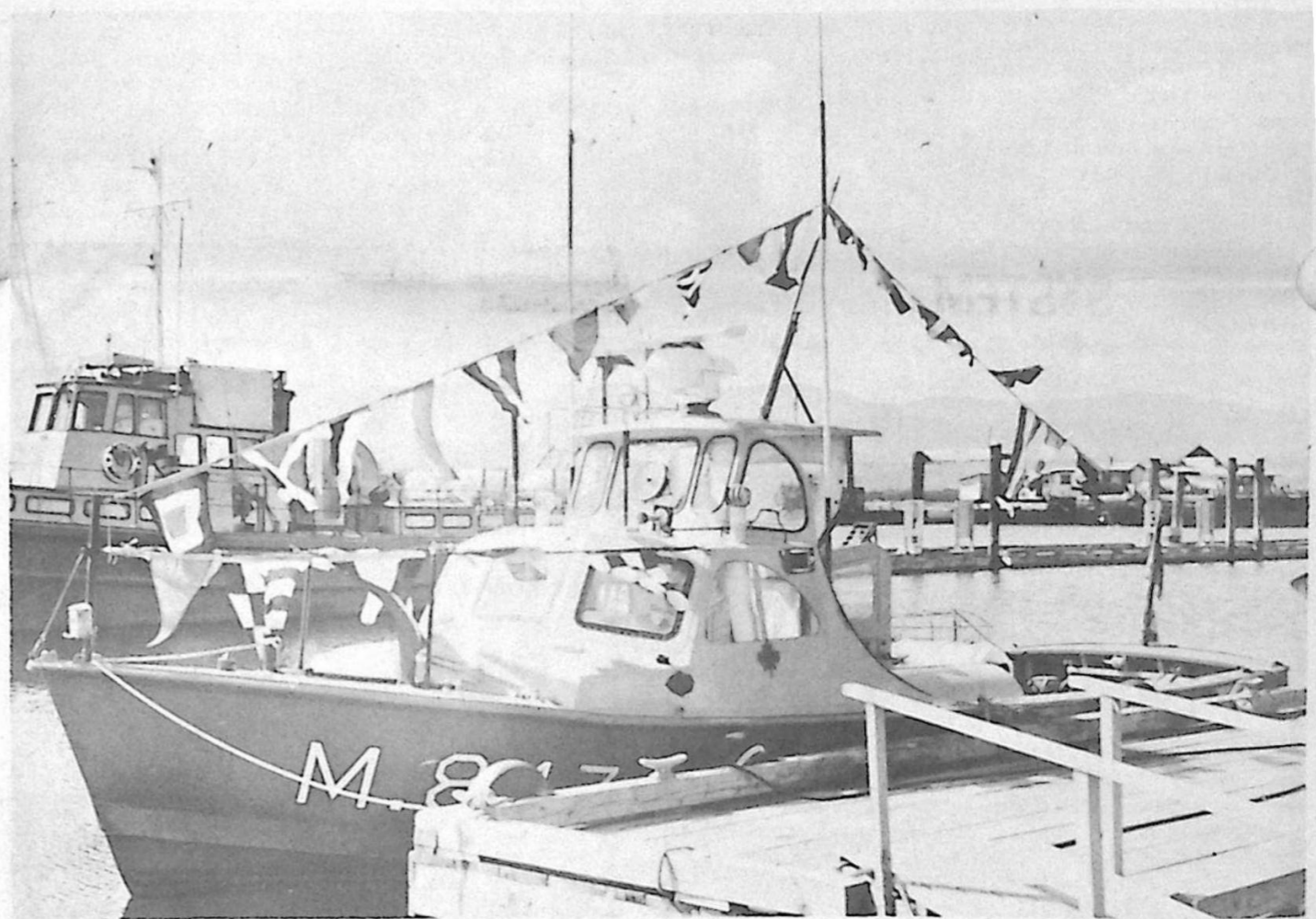
The King of the Sea

Effingham, Grenville, Raleigh, Drake,
Here's to the bold and free!
Bendow, Collingwood, Byron, Blake
(and Bohozuk).
Hail to the King of the sea!



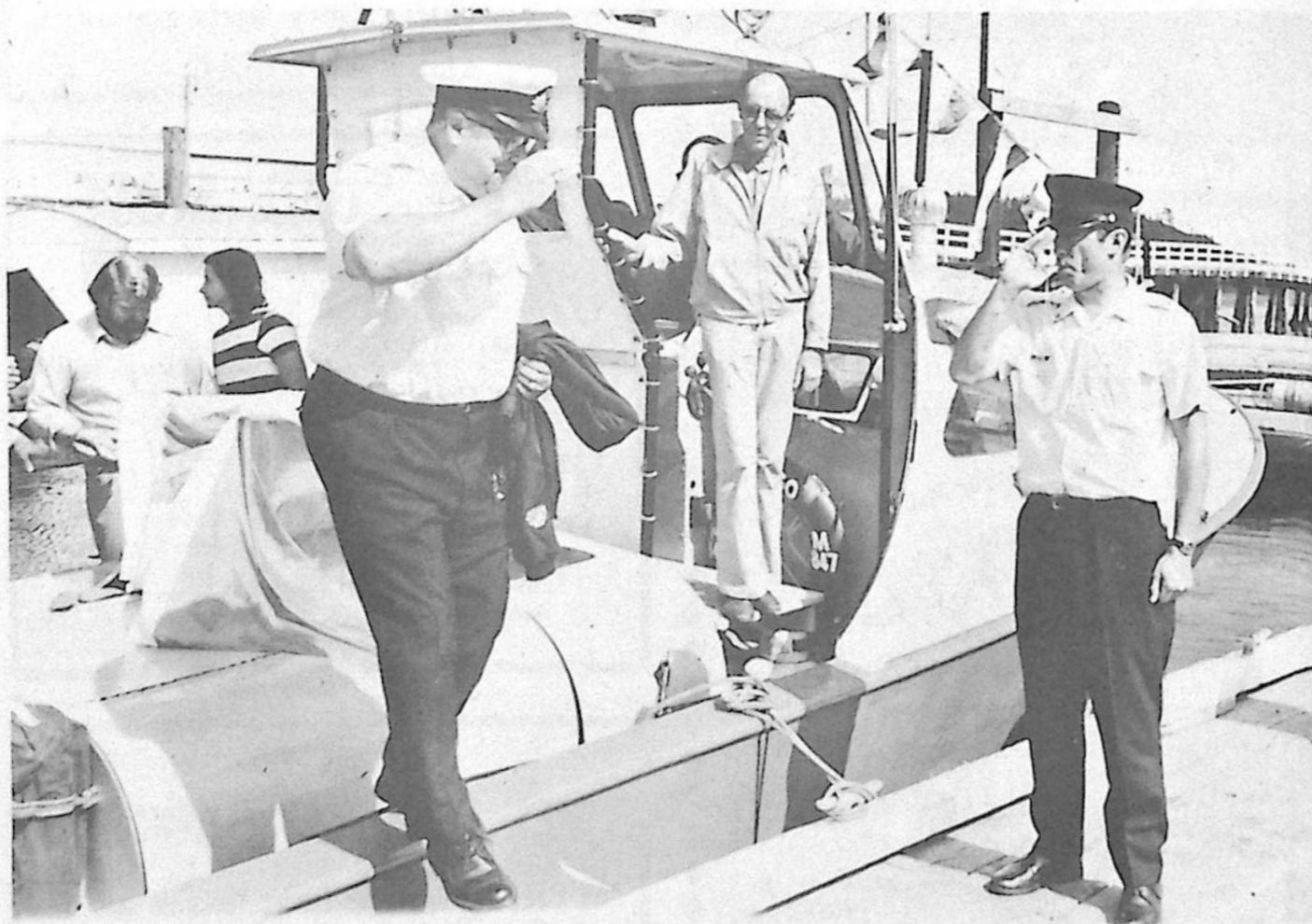
MIGHTY SEAMAN, this is he was great by land as well as sea.

Tennyson



STICK CLOSE TO your desks and never go to sea, And you all may be Rulers of the Queen's Navee!

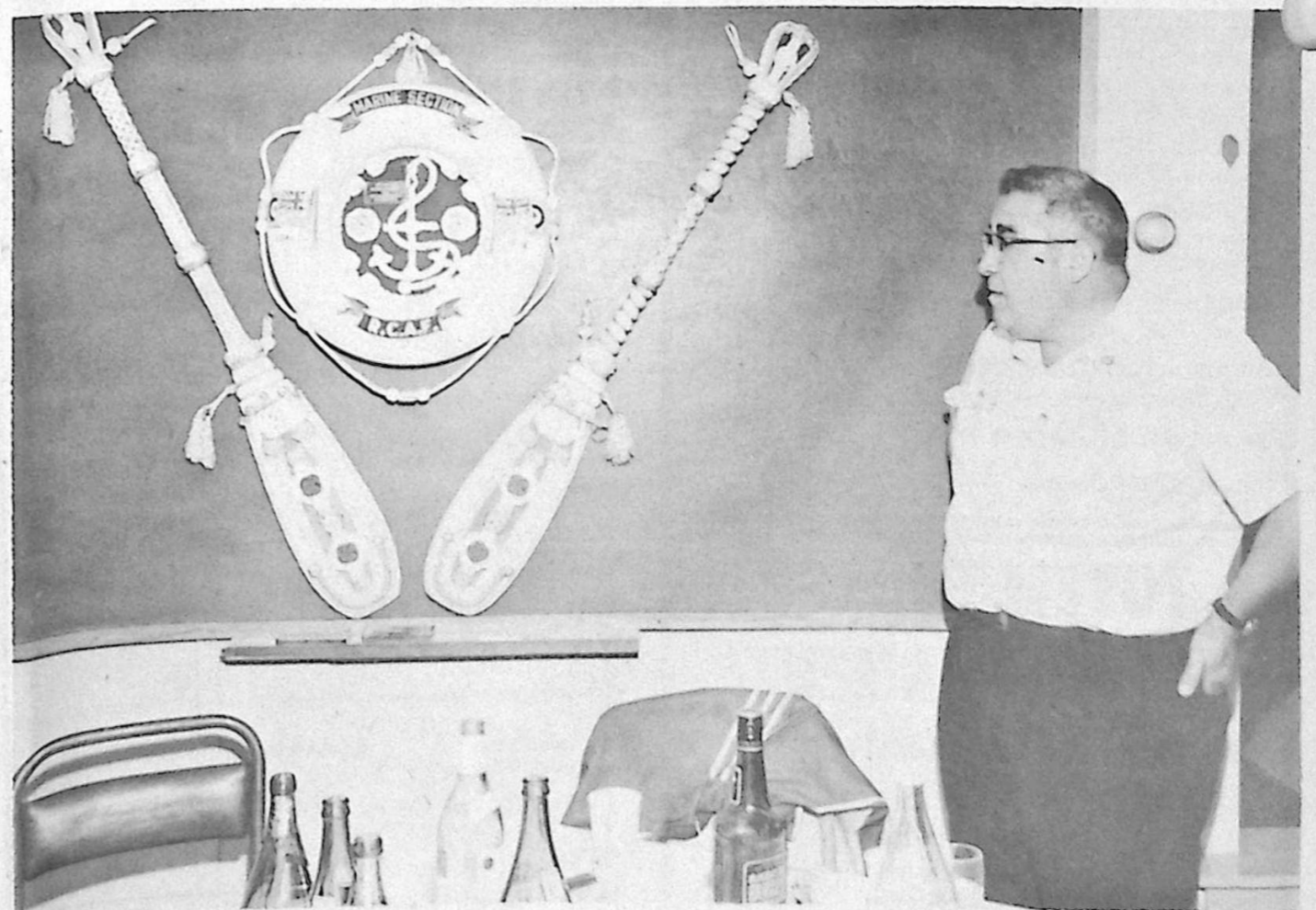
Gilbert



I MUST GO DOWN to the sea again, for the call of the running tide

Is a wild call and a clear call that may not be denied.

Masefield



I HAVEN'T THE GIFT of the gab, my sons -- because I'm bred to the sea."

GOOD LUCK BO !!!!!



YOUR BASE EXCHANGE

Thursday, Sept. 26, 1974

CFB Comox Totem Times 11

BIGGEST BARGAIN BONANZA TUES. 1 OCT. THRU SAT. 5 OCT.

"EXTRA SPECIALS"

SANYO 20" COLOR TV 100% solid state..... **439⁹⁶**
SOUND DESIGN STEREO CONSOLE Play and Record Unit **229⁹⁶**

<p>TUES 1 OCT 74 - DOOR CRASHER CROWN PRINCE "BATH TOWELS" In Solid Shades - 44" x 22" 2 for 3⁹⁶ LOOPED TERRY BOTH SIDES 1 FACE CLOTH "FREE"</p>	<p>THUR NITE SPECIAL 50% OFF Reg BX Price SELECTED CLOTHING</p>	<p>SAT 5 OCT 74 - DOOR CRASHER BX INSTANT COFFEE 10 oz. 1⁶⁶ CREAMER 16 oz.96 REG. CIGARETTES Ctns. 4⁶⁶ KING SIZE CIGARETTES Ctns. 4⁷⁶</p>
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GIFTWARE GALORE

CHINA MUGS

1⁹⁶ and 2²⁶

SALAD SET ENSEMBLE A SALADE

HANDSOME GLASS SALAD SET
7 PIECE. CONSISTS OF 1 7 1/2" BOWL AND 6 4 1/2" NAPPIES

3⁹⁶

ELEGANT ENSEMBLE A SALADE
DE 7 PIÈCES. CONSISTE EN 1 SALADIER DE 7 1/2" ET DE 6 BOIS DE 4 1/2"

CLOCKS - WATCHES

BY/PAR INGRAHM



CHOIX DE DEUX MODÈLES DE REVEILS ÉLECTRIQUES. MOTEUR SUPER SILENCIEUX - CADRAN LUMINEUX. "ASTRA" OU "PAR".

CHOICE OF TWO STYLES IN ELECTRIC ALARM CLOCKS. SUPER-QUIET MOTOR-LUMINOUS DIAL. "ASTRA" OR "PAR"



YOUR CHOICE
VOTRE CHOIX

4⁹⁶

ZIPPO

THE MOST FAMOUS NAME IN LIGHTERS. NOW OFFERING THE "ZIPPO 2000" IN BRUSHED CHROME



CFB EXCHANGE SYSTEM
6TH ANNIVERSARY SPECIAL
EXCLUSIVE TO CANADIAN FORCES.



THE LCQ TAKES THE MOST SOPHISTICATED TECHNOLOGY OF THE 20TH CENTURY AND PUTS ON YOUR WRIST. IN FACT IT IS A WRIST-MOUNTED COMPUTER. TODAY'S MOST ADVANCED SOLID STATE DIGITAL TIMEPIECE HAS MINIATURE COMPUTER CIRCUITS TO CALCULATE THE TIME.

CLEARLY AND PRECISELY THE LCQ-24 PROVIDES A READ OUT ON THE 24-HOUR TIME SYSTEM, FEATURES INCLUDE QUARTZ CRYSTAL TIME BASE THAT SPLITS EACH SECOND INTO 32.768 EQUAL PARTS FOR UNPARALLELED ACCURACY. EASY READ OUT SHOWS TIME IN CLEAR UNBLINKING DIGITS WITH EXCLUSIVE "FIELD EFFECT" DISPLAY SYSTEM. POWER CELL LASTS FULL YEAR. NO MOVING PARTS TO WEAR OUT. NO HUMS. NO TICKS! NO TOCKS. TOTALLY SILENT.

GUARANTEED FOR 3 YEARS.

199⁹⁶

BLACK AND DECKER POWER TOOLS
PUISSANTS OUTILS BLACK & DECKER
GOOD PRICE ON ALL



3/8" VARIABLE SPEED REVERSING DRILL FOR PERFECT CONTROL

BLACK & DECKER TOOLS

ALL TOOLS CARRY ONE YEAR REPLACEMENT GUARANTEE

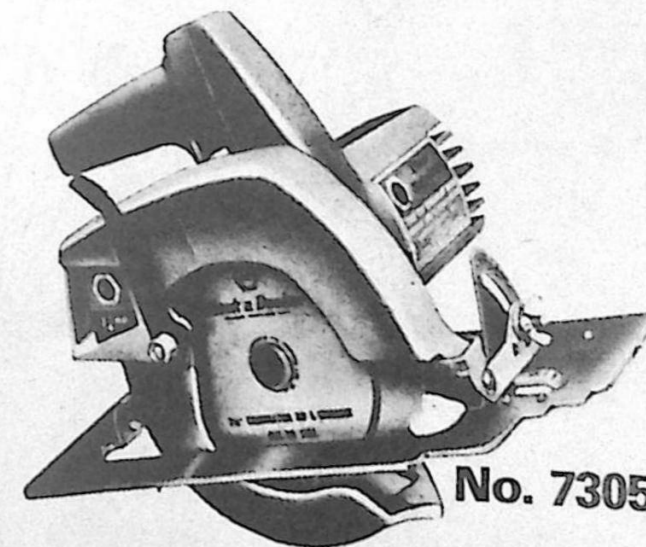
24⁹⁶



No. 5710 SANDER

DELUXE DUAL ACTION FINISHING - 25 SQ. IN. OF ORBITAL SURFACE.

19⁹⁶



No. 7305

7 1/4" CIRCULAR SAW
SCIE CIRCULAIRE 7 1/4"

& BURNOUT PROTECTED MOTOR

MOTEUR PROTÉGÉ

32⁹⁶

"TOYLAND OPENS 30th SEPT."

MANY FEATURED SPECIALS - IN MAIN EXCHANGE

**MANY MANY MORE
IN STORE SPECIALS**

"AUTHORIZED PATRONS ONLY"
IDENTIFICATION CARDS ARE REQUIRED TO BE SHOWN