

TOTEM TIMES

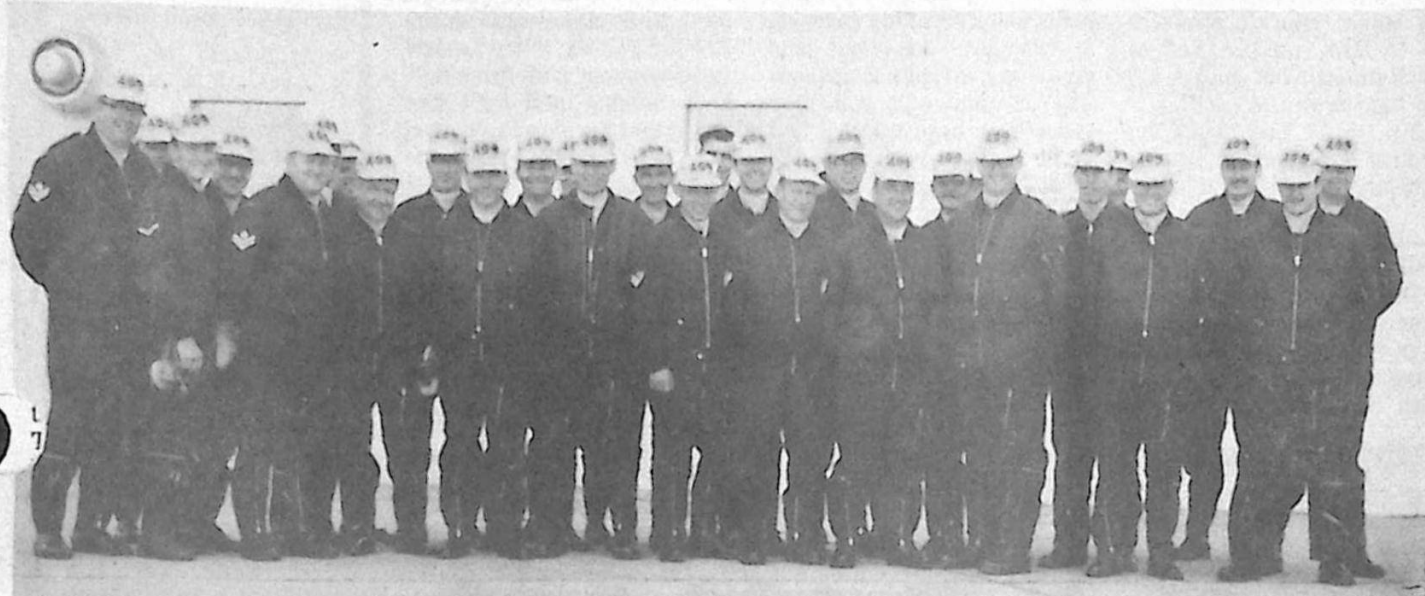


Totem Poll Shows 100% of Servicemen Undecided

VOL. 16 — NO. 12

CFB COMOX TOTEM TIMES THURSDAY, JUNE 20, 1974

Base Team Heads For "Call Shot 74"



SOME OF CFB COMOX'S 'FINEST', with smiles all around, pose for the Totem Times photographer

prior to boarding the special VIP Hercules for CFB Chatham and Call Shot 74. Photo Begin

Quick Action Averts Tragedy

Quick action by tower controller, Lt. Sandy Cumming, and 442 Squadron averted what might have been a tragedy for a military family on Saturday, May 25.

Craig Morgan, 13-year-old son of Sgt. Jim Morgan (Base Transport Section) was paddling a rubber raft just off Air Force Beach, enjoying the water and the sun. Before he realized what was happening, he was being swept out into the Straits by the off-shore wind which was gusting to 20 mph.

Lt. Cumming, on duty in the Control Tower, noticed the wind picking up and instinctively looked out at the surface of the water. He noticed a raft a little way off shore that just seemed to be drifting.

He then shone a red light in the direction of the raft and the occupant waved what appeared to be a life jacket. Lt. Cumming gave a green light in an effort to assure him

that help was on the way and called the Marine Section to dispatch a boat. He then contacted CAF 302 who was returning to base and asked if they would be able to pick the boy up. (It was while he was talking to CAF 302 that Lt. Cumming learned from Demon 2 that the occupant of the raft was Craig Morgan, 13 years old).

Labrador 302 was returning to Comox after carrying out an air-evac. When the tower called, Captain Ron Aumonier flew the helicopter over the raft and Corporal Jerry Boucher, Pararescue Crewman, jumped into the water. He secured young Craig in the "Billy Pugh" net and both were hoisted into the 442 Squadron rescue aircraft.

When the boy had been picked up, Lt. Cumming directed his "B Stand" to call St. Joseph's Hospital while he called the boy's parents and advised them of the situation.



CRAIG MORGAN, who survived his rafting adventure in the turbulent waters off of Air Force Beach. Craig was the top scorer in the Bantam House League this past winter.

Canada Week

A project of the Canada Committee, Canada Week is a concerted effort by a large group of people, in all provinces, to stimulate pride in our nation. Once a year during the week that leads up to our national holiday, July 1st, we are asked to think about this country and to reflect upon its achievements.

Canada Week is proclaimed each year by the Prime Minister of Canada, provincial Premiers and the councils of more than 1,000 Canadian communities. Now in its sixth year, this special week involves an ever-increasing number of Canadians in activities that range from the educational to the entertaining. The feeling of pride in our past achievements and faith in a promising future animates the many projects now being planned for Canada Week '74.

Ranging from picnics to band concerts to sports events, from film festivals to art and essay contests, from parades, to historical pageants, from business promotions of Canadian goods to private displays of Canadiana, thousands of citizens in all provinces manifest their desire for community of spirit, of values and of ideas.

With concern for their fellow man as a basic premise, Canada Week hopes to act as a catalyst to bring the people of this vast country closer together, so that we may realize how our linguistic, political and regional particularities can be used to unite rather than divide.

In his official proclamation of Canada Week last year, Prime Minister Pierre Trudeau said that Canada Week "is a time to learn more about ourselves. It is a time of self-questioning which should lead neither to complacency nor to an immobilizing self-doubt, but to reaffirmation. It is time to celebrate once more that direction towards realizing the great potential for good which lies in our land."

This is the rationale for Canada Week, not blind patriotism, but respect and reflection; respect for all the diverse elements that make up this community of people and reflection about the institutions that have enabled them to live in harmony.



PIPE MAJOR "SANDY" STEWART of Courtenay was on hand Saturday morning, to bid farewell to the BAMEO personnel on their way to Chatham N. B. for "Call Shot 74" competition. With him is a present 409 Squadron Fitter, Corporal Norm Loiselle. Pipe Major Stewart was one of the original fitters in a handful of Canadians to join 409 Squadron back in 1941 in Coleby Grange, England. The Air Force was in the process of changing from the Defiant to the Beaufighter. Sandy recalls, "We did all our own work in sand bagged bays, changing motors, propellers, magnetos etc., and when we moved all our equipment was loaded on trucks. We would set out from one place to another, pack and

unpack everything ourselves, fix our airplanes and have everything ready for our missions that night. We never missed a scramble even when we were on the move. We had a good squadron. We were the first night fighter squadron to be based in Normandy, Belgium and Germany. We also set a record for top scoring Night Fighters from "D" Day to VE day. As a native of Courtenay, Sandy is very happy to see 409 based at Comox because he still carries a torch for the best squadron ever, he says, and was never so happy to be able to be part in it at one time. And we, from 409, thank you and your Pipe Band, Sandy, for that extra lift that those wonderful pipes can give a man. Photo Begin

Safe Barbecueing

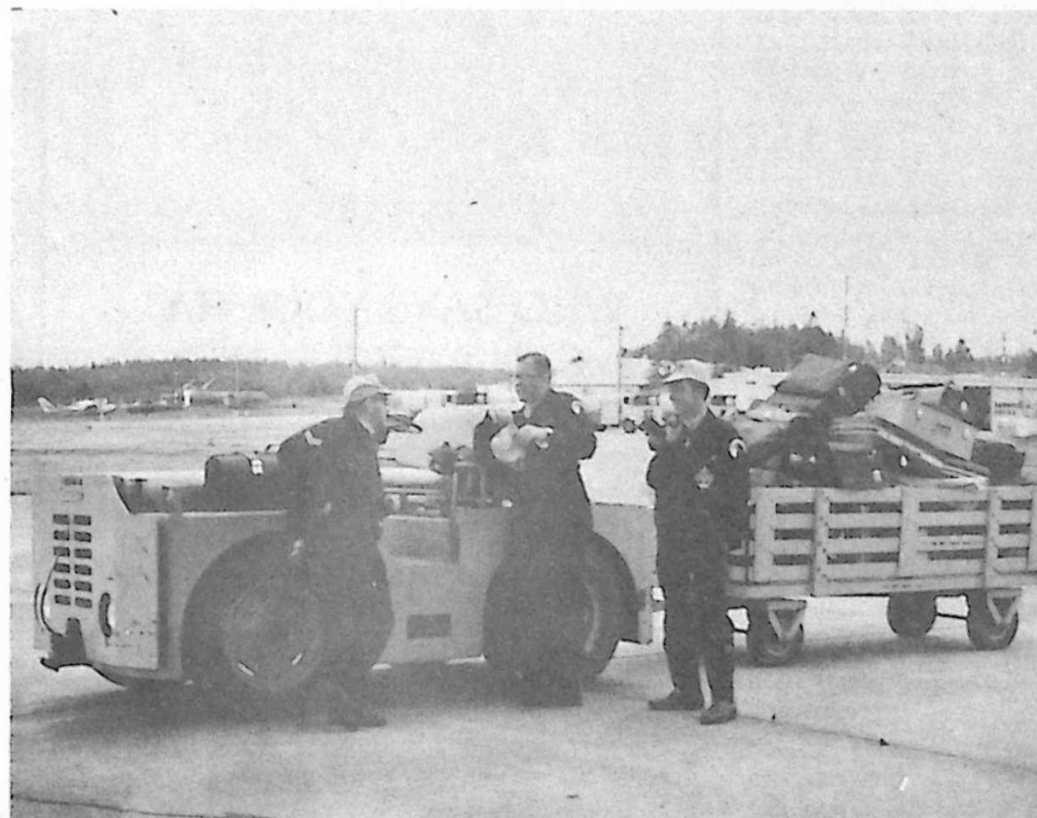
Charcoal briquets are dandy for outdoor cook-outs. Misused they can be lethal, like using the cheap, convenient, flameless and tasteless briquets indoors in a confined space where they give off odorless, but dangerous gases.

Last summer, three Ontario campers decided to barbecue inside their trailer, because it was raining. They died, victims of carbon monoxide poisoning.

Burning charcoal is dangerous if the gas it gives off is confined in a poorly ventilated area.

So to warn briquet users of the dangers through improper use of this fuel, the Department of Consumer and Corporate Affairs, through its product safety program, has issued a regulation requiring manufacturers to put cautionary statements on the packages in both English and French. All charcoal containers offered for sale after May 1, 1974, must carry a clearly visible notice warning the public that toxic fumes may accumulate and cause death if charcoal is burned in poorly ventilated or enclosed areas.

Read and remember.



"NOW YOU HEAD DOWN TO Nanaimo, board one of those 'B.C. Navy Boats' and after avoiding all that construction equipment on the Upper Levels highway, drive straight east until you find the Miramichi; turn right and you're in Chatham. You should be there in time for Call Shot, 1977." Photo Begin

Soccer Anyone?

Anyone interested in noon hour six-a-side soccer, please contact the Rec Centre at 351. It's a good way to prepare for the zones.

Next
Deadline
Monday
July 8



CRIME WAVE EXPECTED... Angela Post, 26 Sterne Ave., Brampton, is sworn into the Canadian Armed Forces, Military Police trade by Captain Robert Anderson at the Toronto Recruiting and Selection Unit.



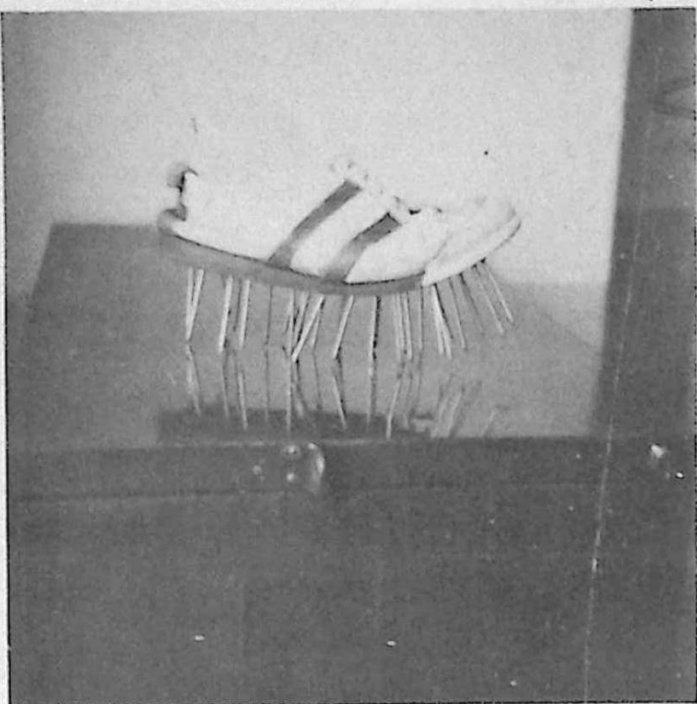
CHANGE OF COMMAND CERTIFICATE signed by incoming 407 Sqn. CO, LCol B. T. Montgomery. Outgoing CO, LCol. W. H. D. Hedges, who is looking on, was heard to say, "I hope he doesn't count the airplanes til after I've gone."



SPECIALLY MODIFIED BUFFALO (Buffall?) of 442 Squadron awaits test flight. With this modification, especially concocted by "Clarke's Commandos", the operational types can search both sides of a valley at the same time. Photo Begin

fly the flag
canada week
june 24 july 1

Safe Boating Week July 1st to 7th



IF THE SHOE FITS.....

Nighthawks Nest

409 had a little bash at the Officers' Mess last weekend that proved to be another memorable experience for those who remembered it.

After the traditional cocktails and an exceptional bit of cuisine that included Northern Ireland Roast Duck, the members bowed their heads in solemn farewell to our mates who must now leave this fair clime for more forbidding places. The squadron feels a great loss with the departure of four of our more illustrious and notorious senior members. Major Tony Brett and his maid Marion are off to the fabled province of Quebec to make their home at Bagotville. Major Ernie Poole and Diane are taking the kid(s) and a year's supply of el ropo cigars to Toronto for a tour at Staff College after which he will probably receive command of either NORAD or Egypt.

Two other fearless Majors, also ex-409 Flight Commanders, Don Middleton with his wife Pat, and Don Kidd and Jenny are departing for Staff College. They haven't decided who will get what after they finish up the course, but the last time I saw them they were throwing dice for the position of world dictator.

Two of our more honorable members, the Doctors

O'Brian and MacNaughton are also making their departure in the near future. They will be sorely missed. Brian and Barbara are off to the University at Edmonton, and for those of you wondering why a doctor should have to go back to school, don't ask, it would only make you nervous.

Dave and Linda are off to CFB Chilliwack, which is another reason why we are proud of Dave and his skill and cunning, it takes a lot of fancy footwork to get two tours back to back in Beautiful B.C. AVE ATQUE VALE to you all.

By the time you read this, 409's international Call Shot Team and Travelling Patent Medicine Show will be very close to total victory over those foreigners to the east, and also by the time you read this those of us who keep the home fires burning are going to be pretty darn tired of seeing those pictures of Miss Joan Beaver 1933 down in the QR and A.

Well, gang, this one is going to have to be pretty short 'cause yours truly is about to get into his big silver bird and head for the land where the sun rises first. If I have failed to offend too many of you at this writing, I apologize and will try to make up for it next time.

Well, what do you know! A guy can't leave the office for more than five minutes, (uh, 2 weeks in this case, I exaggerate a lot), and they change everyone around. It seems that the BSUPO, (No dummy, Capt. Art Jones is the BSUPO, not Gord Hodgkinson!), held a supervisor's meeting on the fifth of June, and they decided to play musical Supply Section, or Russian Roulette depending on how you look at it. So to quote the memo "The following personnel are scheduled for a change of scenery." As everyone knows by now Debbie Larson has left us completely and gone to Borden on a remuster to ATC Assistant, but also leaving us was Pte. Cal Gosset on a rather fast release. "Nuff said there.

Moving from one Supply Group to R & I Contracts is M. Slash Don (Gruesome) Grenon, taking over from Mitch McDonald who has been posted to Germany. This is a little late but Good Luck to you and your family, Mitch. I see that old Gruesome was replaced by a woman. (I'll hear about that later). Pte. Chris Mountenay straight out of CFSAL is now ensconced in one Supply Group. I haven't met her yet (a mere oversight, I assure you) but she sure has a sexy voice over the phone.

Cpl. Al Dubuc has also left one Supply Group and come up to Stock Control or Stalag 13 as it's affectionately known (guess who Sgt. Shultz is?) Al will be taking over I.O.R.'s from MCpl. Herb (Staff) Brown, who in turn will take over vetting which is the desk that Larry Ferris traded in for a camel. Two more of our privates have gone into solitary confinement at I.S.G. George Hubley of Pubs and Barry Lake of two Supply Group have both gone down (the stairs, that is) on this transfer. Replacing George will be MacMcDonald who was ecstatic when he first heard he was going to Pubs. I must admit though that Mac was rather disappointed when I told him that Pubs is short for Publications and it's a place where you get pens and paper, not rye and water. Well, better luck next time! Moving into Barry's job is (groan, not another one) Cathy Dykeman. (Two Supply

Group will never be the same) The Silver Fox, MCpl Jim Wilson has made the move from obscurity in Stock Control to further obscurity in L.P.O. When I asked Jim how he felt about being in L.P.O. he sort of turned white, then green, gulped, put his hand over his mouth and headed for the washroom. Must have been something he ate.

Andre Duchesneau is happy, cause now he's got someone to talk to. Pte. Pierre Conroy finally got his wish and has taken up residence in Barrack Stores, after spending a year and a half in Stalag 13. I asked Sgt. Keith Stagg how Pierre managed to escape, but all Keith did was put his monacle on and tell me to "Get back to work, unnh!" Hmmm. Very interesting.

Two more new bodies have been captured and placed in the Stalag. Cpl. Bob Boswell has joined us from CFS Gypsumville and has taken over desk four (Barrack Stores Stock) from Barry Brown who has gone back to two Group and the Silver Fox's old desk. Also joining the Stalag is (I give up) Pte. Cathy Pearson, another newcomer from CFSAL. Cathy takes over my old desk

(Desk 3 - AGS) and I wound up with desk one (you name it, I got it). Fast Eddie Vincent jucked out and got Pierre's old desk (Desk 8 - Tech Stores). A word of caution to Cathy and Bob. Flying erasers, sponges and especially paper clips are numerous, so just nothing of flying obscenities, so just don't sit there like bumps on a log, join in! Now that everyone knows where they are I'll change subjects.

Flash! Don Afflect tries to commit suicide! Yes, friends. Apparently the embarrassment of having his \$7,500 dollar blazer truck, (with the four wheel drive, big balloon tires with 6 inch deep tread, etc., etc., and etc.) pulled from the muck of his sister-in-law's back forty by a tow truck (chuckle chuckle) got to him and he tried to knock himself out with a log and then drown himself.

Uh! Oh! I can hear the medical staff on this base panicking so maybe I'd better set the record straight. Apparently Don went lake fishing with his wife, Pat, and while making his way gingerly along a wet log, Don slipped, fell into the water and banged his head against the same log, thereby knocking

himself out. Pat went in after him and saved her hubby! Heartwarming huh? Well by now you have probably seen this picture of a running shoe with a ton of nails sticking through the sole. This was presented to Don rather sneakily (it was placed on his desk when no one was around) by someone who will remain anonymous for the time being. I don't know who it was but I have my suspicions. For anyone who is interested, said shoe is on display in Stalag 13.

If you happen to be wandering by Barrack Stores and see Pierre, Bill Harris, and Bill Sheridan doing rifle drill with broom handles while a rather undernourished looking Corporal with spit shined shoes, freshly pressed pants and shirts, and carrying a swagger stick yells and screams miniscule comments like "straighten up you filthy swine" or how about "if I looked like you I'd kill myself," don't get too concerned. It's just Lyle Overall practising what he learned on the Junior Leader's Course in Penhold.

I received a most pleasant surprise today when I walked by the BSUPO's secretary's office and saw Ev Palmer

sitting there, looking better than ever and happy (?) to be back at work after a six week stay in the hospital and at home. Just one thing Ev, aren't there easier ways to take a vacation?

By the time you read this hopefully another successful fishing derby will have come and gone, and in the true Devil's Brigade tradition another excellent after party.

A beach party has been set up for the fifth (hmmm, good, but wouldn't a twenty sixer be more appropriate?) of July at the beach house. Entertainment will be a fight to the finish between Fast Eddie and the log that knocked out Don! Should be interesting.

I'm told that Sgt. Bob Orr and MCpl. Bob Nichol went for a three day cruise on the HMCS St. Croix. When I asked Sgt. Orr about it all he said "I know nothing, nothing!" I've heard that the ship I'm posted to (the Gatineau) has the "Biggest bunch of boozers I ever saw in my life!" so I should fit right in!

Wally Berger has informed me that R & I is "Too busy to have any more parties, but don't hold your breath!"

In closing I'd like to thank Scoop Palmer for filling in for me last issue.

AL LAZERTE



Canada's share of the Joint Defense of North America will not be reduced by a Progressive Conservative Government.

published by Comox Alberni P.C. Committee

AS OF JULY 1 YOU MUST HAVE A DRIVER'S CERTIFICATE AND A DRIVER'S LICENCE TO DRIVE.

Driver's certificates are something new for British Columbia motorists... a way of spreading the cost of automobile insurance between vehicle owners and drivers.

Effective July 1, you'll need both a driver's certificate and a driver's licence in order to drive a car. Without your driver's certificate, your driver's licence is not valid and you could also find yourself without insurance coverage. If you drive without a certificate you risk a minimum fine of \$250 and 10 demerit points.

Application forms for certificates were mailed out last March so you should have received one by now. Just sign and date it where indicated, then take it to any Motor Vehicle Licence Office for processing. REMEMBER, IT'S

TOO LATE TO MAIL IT SO BRING IT IN.

If for some reason your application didn't arrive in the mail, take your driver's licence to any Motor Vehicle Licence Office and you'll get your certificate.

How much you pay for your driver's certificate will depend upon the number of demerit points on your driving record.

IF YOUR BIRTHDAY IS IN JULY OR AUGUST you'll soon receive your second application form. This second form is actually to renew your driver's certificate until your next birthday in 1975. Your first driver's certificate was for the start-up period — March 1, 1974 until your 1974 birthday, and it expires on your birthday.

If you have any questions call your Autoplan Information at 665-2800. Outside Vancouver please call collect.



HERE'S HOW TO GET YOUR DRIVER'S CERTIFICATE.

1. Sign and date your application in two places, as in the sample.
2. Take all three portions to any Motor Vehicle Licence Office for processing.
3. If your application form has not arrived in the mail, take your driver's licence to any Motor Vehicle Licence Office and you'll get your certificate.

INSURANCE CORPORATION OF BRITISH COLUMBIA AUTOMOBILE INSURANCE ACT APPLICATION FOR DRIVER'S CERTIFICATE		CHANGE OF ADDRESS	
<p>NAME: GOOD JOSEPH Q 4728 FIELD VICTORIA BC</p> <p>VOT 347</p>		<p>DATE: 30 AUG 74</p> <p>DATE: 30 AUG 75</p>	
<p>2525040</p> <p>30 AUG 74</p> <p>30 AUG 75</p>		<p>2525040</p> <p>30 AUG 74</p> <p>30 AUG 75</p>	
<p>GOOD JOSEPH Q</p> <p>4728 FIELD VICTORIA BC</p>		<p>GOOD JOSEPH Q</p> <p>4728 FIELD VICTORIA BC</p>	
<p>VOT 347</p>		<p>VOT 347</p>	

REMEMBER. GET YOUR DRIVER'S CERTIFICATE BY JULY 1.

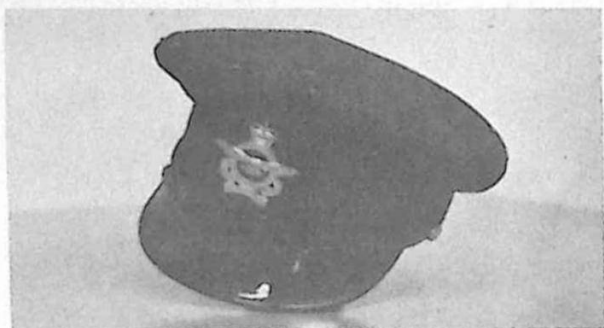
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Mushroom Mutterings

Last week, the Fungus Farm played host to the Commander of ATC, Major General McTachlan, who felt he just had to come out here and find out for himself what this mushroom mania is all about. Between the two of them, Pat Fogarty managed to relate 72 per cent of the story, while Gaston Bedard told the remaining 28 per cent. Well, the General alternately wept and laughed so hard, his tears diluted what was probably the best cup of coffee the canteen has produced since A. K. Jones left.

He was last seen leaving the hangar telling the C.O. that certain areas of Ottawa probably produce enough Mushroom food to grow Douglas Fir trees on the moon. (This is only an imaginative assumption, not a direct quote). Anyhow, to General McTachlan, best

(Continued on page 8)



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407 Tech Ramblings

Spring was not sprung this year and summer almost appeared as though it was never going to arrive when, presto, its advent was heralded in conjunction with the Change of Command Parade on the morning of Friday, June 7.

In addition to the perfect weather conditions, the relinquishment of Command by LCol. Hedges and the assumption of same by LCol. Montgomery was enhanced by the presence of the PPCLI band from Victoria and two precision-timed flypasts by three of our beloved Argii. No bouquets, however, for 409 Sqn. whose kerosene kowboys perpetrated the only incident to mar the ceremony.

ALL-RANKS FUND REPORT

Immediately following the aforementioned parade, the wives were served coffee and a few calories in the form of a donut or two. Thus revitalized, they were then given the opportunity to browse through Argus 720 and to view a number of displays put together by our fine guys from the Weapons and Photo Sections.

In the afternoon, the ladies were treated to a little Sherry and hors d'oeuvres served by very efficient committee members. Some of the V.I.P.'s who attended were: LCol W.H.D. Hedges and his wife "Joe", LCol. B.T. Montgomery and his wife and the well known Mrs. Myrtle Vickberg.

In the evening the ladies were escorted to a dinner dance by their breadwinners. Dinner was delicious, hip of beef with all the trimmings, but if you liked your beef rare you may have had problems with the cutlery. The music was supplied by the Moonshadow, a band from Vancouver, which even kept the oldtimers going all evening. Cpl. Dave Hjalmarson added to the entertainment with bagpipes after he had enjoyed a few drinks to get the old wind pipes going. During the evening, committee members dragged out a large barrel containing ticket stubs for the liquid sunshine raffle.

1st Prize was a case of Seagram's Five Star Rye - won by an overenthusiastic Lavone Woodburn, 2nd prize was a decanter filled with four kinds of liqueur - won by Sgt. "Mat" Allen, and 3rd Prize was a bottle of French Champagne - won by MWO W.J. McCaffrey.

TORP TOPICS
There has been at least one smiling face around the section recently. Mrs. Kathy Choiniere (Pte. Rtd.) bowed to the inevitable and secured her release. Now Daniel doesn't have to spend so much time waiting around AMU for the arrivals and departures for spouse bearing 707s. I wonder if the guy who decided that it isn't necessary for military husbands and wives to cohabit knows something about sex that the rest of us don't? In line with his settled down image, Dan has swapped the sporty little Nipponese job for a more sedate truck-type rice burner. The addition of a canopy wasn't long in coming. He probably influenced the elderly Master Corporal.

Freddy Neild has returned to the base disguised as a Pay

Field C Tel Tech. Best of luck in the new trade Freddy, and if you have enough patience we will eventually get around to having a beer bash come plaque party.

There was more than enough activity around the shop during the recently concluded Squadex as we installed exercise equipment on anything that came through the gate. If the missile shop is missing any of theirs, they can try looking up around Nanoose. I wonder what we will do for excitement once the Rainbow retires.

We had at least a little bit of satisfaction from the recent visit of some East coast engineering experts; after we talked to them for awhile, they departed apparently as confused as we are.

All the Torp Shop troops are sorry to be losing Captain Fisher to a "They" position in Ottawa. We hope you remember to take your fine sense of humor with you, Sir. You're probably going to need it.

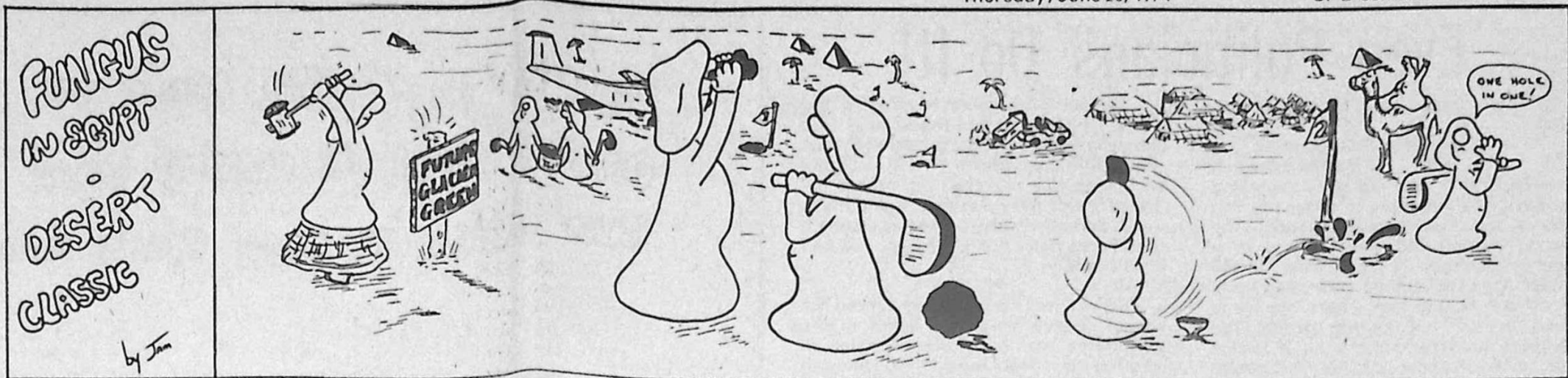
AVIONICS
Moves over, moves back, moves up, moves down, moves in, moves out - all sorts of moves to report. - Chuck Lawson has departed the ASW Labs for Servicing while Pte Jacobs has made the reverse trek. From the other side of the shop known as NAV COM, Rolie Pryor has exchanged positions with Brian Burke of Servicing. Jack West and Pte. Hartley have taken on new status as full time shift workers while Bill McArthur did so well on his JLC that he has been dispatched to Repair to straighten out that section. Accompanying the latter on the move down and over is Clay Clayton, ex Lab type. Others changing the locale of their toils include Mike Rusnak from Repair to Servicing, MCpl. Bergquist and Cpl. Sinclair from Servicing to IE-IS Labs, Cpl. Murree from GSE to Servicing in exchange for Cpl. Oliver and MCpl. Anderson who has taken up residence with 2 crew.

WO Collier has been observed collecting anything that isn't nailed down in preparation for his impending retirement and Tom Place is probably behaving in a similar manner since his days are also numbered - coat hangers and pencils are Tom's specialty.

After many delays, Sgt. Jerry Zurkowski finally headed east to his new job in Ottawa while Sgt. Don Perrier has been overheard practicing his French preparatory to doing his thing in Montreal. Joe Hollman is currently engaged in the collection of autographs on his PLCC as a preliminary to a four year tour in the land of Bratwurst and beer.

Yours truly, has just returned from what some refer to as a jammy TD session down in you-all land at a place called San Antonio, Texas. While it is pretty nice down there, it was also hot and the cooling off period at North Bay is now close at hand. My stay here at 407 has been most enjoyable and before departing would like to extend my best wishes to all

(Continued on p 6)



Hospital Anaesthesia

With the forthcoming elections forthcoming, we, with our usual great wit, would like to nominate our own candidate for P.M. with a selection of not-very-likely Cabinet Ministers to assist him.

For Primer Minister: Lt. John Maddison, because with a Cabinet such as the one that follows you have to have a sense of humor and we heard rumors that John has at least one.

External Affairs: Sgt. Larry Cole, because he looks sharp, feels sharp but isn't sharp.

Finance: Sgt. Vic Hope, whose platform is - he has the first dollar he ever earned.

Defence: Sgt. Les Andrews, because he's the meanest, biggest, toughest ex-Corporal in the Comox Valley.

Health & Welfare (a joint portfolio): Dunc McIlvanna and Bob Reed. Health for Dunc because he looks as if he's in need of it and Welfare for Bob because he's been on it since he was born.

Natural Resources: Cpl. Lloyd McKay, who has the natural ability to fertilize the column with organic material thereby promoting organic growth, goodwill and harmony in the Hospital. I'm also the co-author of this slanted, opinionated work of art.

Justice Minister: Capt. Ray Mostowy, whose blind devotion and unbiased opinions in the meeting out of justice in these articles has made them what they are. Slanted, opinionated works of art.

Consumer Affairs: Mrs. Tobacco, who is probably the most qualified and nicest of all the Cabinet Ministers, and has the biggest uncontested seat.

Party Whip: Capt. Marg Antwis ('nuff said).

Leader of the Opposition: Cpl. Bob Pack, who would oppose just for the sake of opposing, hence the position.

Speaker of the House: Sgt. Jerry Anderson, who hasn't stopped yet.

Is it any wonder that people spoil their ballots.

NEEDLES & JABS

Bob Reed, as we mentioned last ish, is back. However, nobody has seen him in the last few weeks since he was presented with Scuba gear by Dunc McIlvanna and sent to inspect the leak at the "Vat of Chocolate" in back of the Base.

We all had a great time at the Going Away Party at Doctor MacNaughton's place Saturday night. All except Helen Gerrard. Because she had made several extremely low passes at the punch bowl, she managed to bury her car in the sand dunes. May it rest in peace. Actually, it took several able-bodied-if-not-in-mind men to extricate both her and her car from said sand dunes.

Wayne Warman, our soon to be civvy, is taking another big step, and is getting married. We hope he's not going to be using his truck to take his honeymoon trip. My! how lucky can one girl get! Two old clunkers for the price of one!

Reportedly, Ron Tressider is satisfied with his two new cleaning ladies, both of whom work the Day Shift.

2nd Lieutenants are as rare as Dodo Birds, and we have one. No, no! Not a dodo bird, a 2nd Lieutenant. Jim O'Donnell is a 2nd year Medical Student with us for part of the summer to learn from the Med A's how the doctors do it. Jim is from the east, specifically London, Ontario. The first day here, he admired the scenery; but,

since the second day, he couldn't focus to admire anything! Now, his only complaint is the sign over the bar at the Officers' Mess which reads: Sorry, We're Out of Blue.

Gypsy Marion of the Hospital Orderly Room has been voted the most luscious damsel in the Base Hospital and, for short, all the staff call her "Lush".

Our other two girls in the Hospital Orderly Room are what the Dairy Queen would term "scrumpdillyious".

RUMOR OF THE MONTH
Dr. Dave MacNaughton thinks that an APC is something you take for a headache. But, he's in for a shock when he gets to CFB Chilliwack because THERE an APC is something that causes them, not cures them!

Since this is Capt. Ray Mostowy's last contribution to the Column he wishes to say: Quote - "It's been fun writing these articles. Your 'encouragement' has been appreciated. I look forward to meeting again those with whom I have become associated during my stay at Comox. You've all been great. Take Care!" - Unquote.

Careless use of campfires and smoking materials are major causes of forest wild fires.

ATTENTION Adoptive Parents

If you are opposed to the concept of a reunion registry now being considered by the B.C. Family Law Commission which would facilitate adopted children meeting their natural parents.

ACT NOW!
Write for full information to:
Organization To Save The Adoptive Family
BOX 1660, VICTORIA, B.C.

Headquarters Happenings

Well since Headquarters is one of the only sections on base that seems to be missing the Totem Times, it's about time we got our minds in motion.

For our first submission, I think we should say a fond farewell to many of our HQ personnel who will be leaving at various times throughout the summer.

John Woloschuk is fervently studying French, in preparation for his posting to

St. Hubert; Rosemary Gibson, our specialist in reproduction, will soon be following her husband Jack to the land of the Great White Father, (Ottawa); Eileen Gooding, after many dedicated years, is leaving DND for the happy years of retirement; following close behind her, we see Padre Ritchie also heading into the Golden Sunset; Father Joe will be leaving the West Coast for Kingston, Ontario.

To one and all who are leaving the Base this summer, we wish the best of luck in the future and a bon voyage to everyone who will be travelling to other bases.

We extend a welcome to Pte. Jessie Boudreau (BOR), Cpl. Louise Hamel (BOR), Pte. Sylvie Desjardins (Accounts), Pte. Virginia Benoit (Accounts), Major Lahaie (RC Padre). We hope their tour of duty here will be
(Continued on page 8)

DINERS ISLAND

(BY THE COURTENAY BRIDGE) COURTENAY, B.C.

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Even Politicians Do It!

"Vote for the man who promises least, he'll be the least disappointing."

Bernard Baruch
The first thing I did after reporting for basic training was to draw my kit, plus a ten dollar pay advance. The second thing I did was to vote in a federal election. There I was, at the tender age of seventeen, marching up to an officer, telling him where my home town was, and being given the democratic right to mark an X beside the name of some joker I had never heard of. As I recall, he didn't get elected, but he's probably doing well enough raising organic kumquats under an L.I.P. grant, which could be just as lucrative as being an Honourable Member.

The Federal General Election

Message from Chief of the Defence staff General J.A. Dextraze

On 8 July 1974 the people of Canada will take part in a process which most of us take for granted, and some even consider a bit of a nuisance; a great many of us won't bother to take part at all. If past elections are any guide about 23 per cent of eligible voters won't bother to take 30 minutes to go to the polls to cast a ballot. Many of those who do vote will have given only superficial thought to who they will vote for. Yet to have the right to decide who will govern our country is a rare and precious privilege. It may sound corny to say that the freedoms we enjoy were bought at the cost of bloodshed and lives, and that we must be ever vigilant to maintain them. But if anyone should know the fundamental truth of these statements it is members of the Armed Forces. It is, for the most part, the Serviceman who bears the brunt of the fight to achieve or maintain freedom. For twenty-five years the Canadian Forces have been part of an alliance designed to prevent any attempt to deprive our allies and ourselves of the right to independence; of the right to choose those to whom we will give the authority to govern us. If we are to take full advantage of the sacrifice and the effort that has protected our democratic way of life, we must all exercise the most important right of all -- the right to vote.

People do not have the right to vote in every country in the world; and there are a large number where the people have no real choice between competing ideas or philosophies when they do vote. I want you to reflect upon the great good fortune you enjoy in being citizens of Canada, and to exercise what is both your privilege and your responsibility -- your right to vote.

This does not mean merely marking a ballot, though in the last election many Armed Forces personnel did not even that. It means carefully considering the platforms of the parties, and the abilities of the party leaders, as well as considering the capabilities and the qualifications of the candidates in your

The point I'm trying to make is that since that first plunge into the democratic process, the government has changed hands about five times and each time I've marched up, stated my 'Place of Ordinary Residence' and made my X. Sometimes my horse has come in, sometimes not -- but whatever, I've had my little say.

So, between now and July 8, read the papers, watch your TV, listen to the candidates, then make your decision on who you want grabbing up the goodies on Parliament Hill. I'm not advocating that you use that opening quotation as a guide, but I know for sure you'll never qualify as a genuine, bona fide government issue coffee-room griper unless you DO IT!!! VOTE.

own constituency. It may mean discussing these matters with your families and your friends. Though we in the Military owe loyalty to whatever Government is legally appointed, at election time we have a right and a duty to use our best judgement in helping to select that government.

The Minister of National Defence has asked me to ensure that all members of the Canadian Forces and their dependants be given the time and the facilities to vote. Rather than simply meeting the minimum legal requirement, I plan to do everything humanly possible to make sure that every one of you has an opportunity to vote. I take this responsibility very seriously, and I have directed that every level of command must ensure that nothing impedes your right to exercise your franchise. Of course, these arrangements are costly in terms of both money and manpower, but this is a most important occasion; it is the essential core of democracy and freedom -- indeed it is a process that is crucial to our whole way of life.

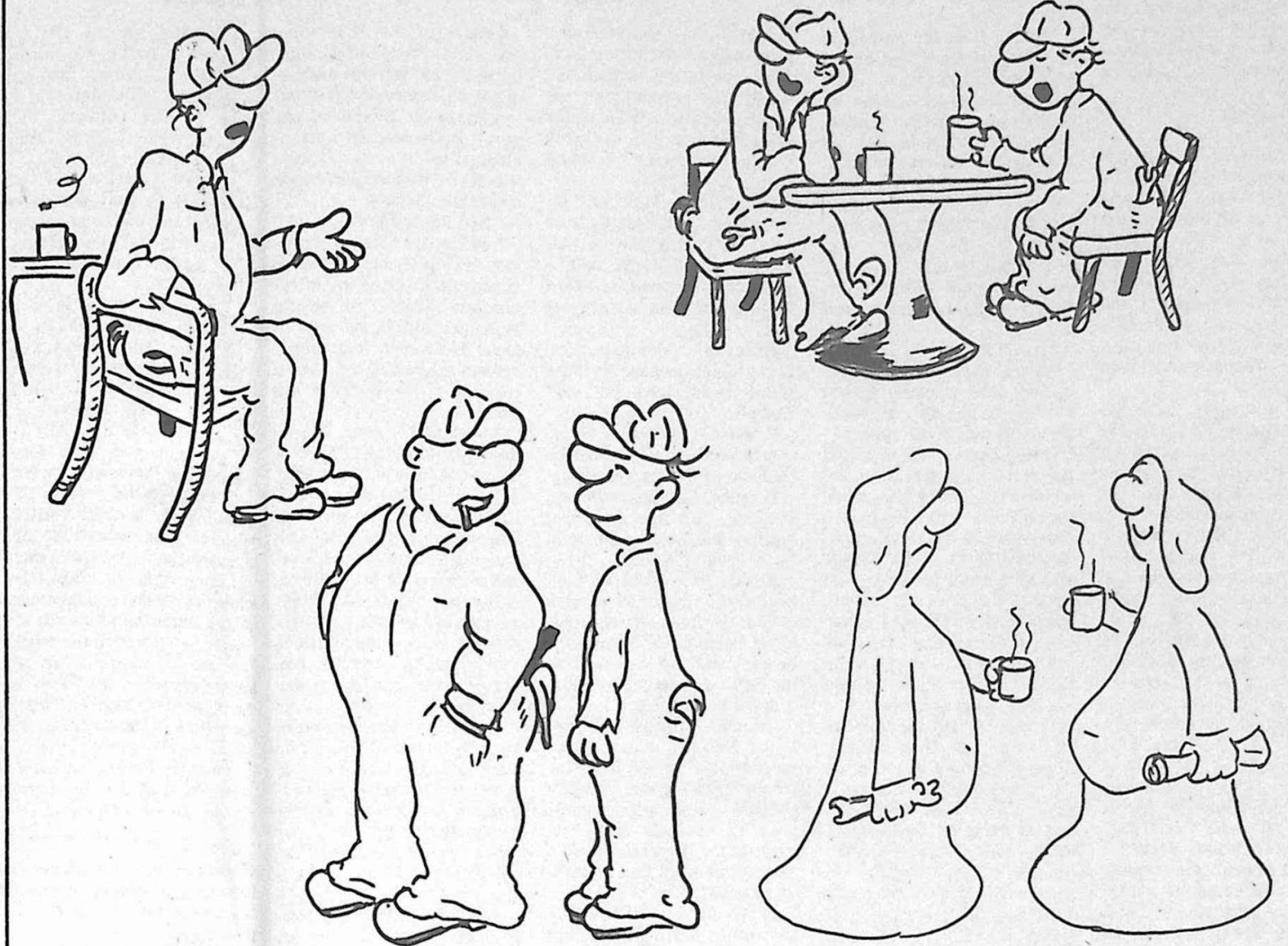
I want you to make sure you take the time to think about the candidates and the issues, and then to vote as you think fit. You should also remind your families of the importance of elections and of their obligation to take a full part in deciding how and by whom Canada is to be governed. Whatever the outcome of this election, you will have shared in determining the future course of our country if you vote.

Members of the Armed Forces have fought and many have died, to guarantee you the right to vote in the forthcoming general election. All of us in the Department of National Defence, both military and civilian, devote the best years of our lives to the task of protecting this privilege. It is unthinkable that any of us should now consider it too much trouble to go and vote.

As your leader I direct that you exercise your right to vote conscientiously.

VOTE AS YOU LIKE -- BUT VOTE

DON'T JUST TALK ABOUT IT,
DON'T SIGN OR WAIVE YOUR RIGHTS IF YOU WANT TO,
BUT EXERCISE YOUR RIGHTS AND VOTE!



ALSO REMEMBER, WE HAVE THE FREEDOM TO CHOOSE
OUR OWN CHIEF, AND THAT IS AT ELECTION TIME.
YOU DON'T HAVE TO SIGN, JUST PUT AN X

by Jan

Up From The Ranks

Our system for selecting officers for our Armed Forces hasn't changed much in the last 100 years. Even at the time of Confederation, the system was a British custom of hoary tradition.

In olden times the system worked well because it was based on the caste structure that existed in Europe at that time. Certain people were simply born to be the leaders in the community and this was accepted both in wartime and in peacetime -- not only by the fortunate ones so born, but also by those who had been born to be their followers.

This idyllic situation no longer exists even in Europe. It never did in North America. Caste, on this continent, is almost inevitably based on wealth rather than on bloodlines. And wealth has proven to be a very poor substitute indeed for the grooming for community leadership and responsibility that was the essential virtue of the European caste system.

While you might find, as a result of this system, a British officer who was a wee bit dull, he was almost never a rascal devoid of civic responsibility to those destined to follow him; whereas his North American counterpart was often a graduate of a totally materialistic educational system -- a "sharpie" who had never been taught such simple homilies as "love of country" and "devotion to duty".

Our Regular Officer Training Plan is a case in point. After we spend thousands of dollars on each candidate, we find that a preponderance of them leave the service without so much as a "thank you" the moment their compulsory service period has expired. This shows exceedingly poor motivation, and we would be fools indeed to expect poorly motivated officers to be anything but indifferent leaders of men. Not only are they costing us money for their education, but they are damaging the fabric of our Armed Forces to a degree that defies a price tag.

What is the solution? How should a democratic country such as Canada go about the important task of selecting and training the future leaders of our Armed Forces?

Shortly after my own commissioning from the ranks during World War II, a brother officer used to get very annoyed with me after a few drinks and his annoyance always took the same form. He would walk up to me at the bar, rum and coke in hand, and state in mock belligerence: "Thompson, I could have come up through the ranks, too, and I would have been selected ahead of you."

My inevitable reply was: "Why didn't you? There were plenty of blank

files in the ranks where you could have stood and maybe, but only maybe, you would have made it to the rank of corporal."

In fact, this officer was a very good one and there is no doubt in my mind that he would have been selected for advancement no matter what system was in use. But there was apparently some doubt in his own mind that worried him a lot. He was killed in action in Italy. I have often wondered if it didn't happen while he was attempting to prove he was better than "a ranker".

Why don't we select all our officers from the ranks? The personnel people will tell you that there are not enough potential candidates in the ranks. Of course there aren't under the present system when only a token trickle of officers are commissioned from the ranks. But if it were the only avenue for advancement to commissioned rank, surely most of the worthwhile candidates for our various officer training plans would join in the ranks and take their chances on promotion.

One recent advertisement for career officers for the Canadian Armed Forces blatantly headlined: "IF YOU'RE HIRED TODAY, YOU'RE A YOUNG EXECUTIVE TOMORROW", and then goes on shamelessly in smaller print: "You start as a young exec instead of at the bottom." Now any young man or woman who wants to "start as a young executive" instead of learning the business from the bottom up is a bad risk even in the business world, and positively dangerous in a position of responsibility with men's lives at stake.

How would you like to be a long-term employee of a company that confessed to such a puerile policy, working day by day for one of these "instant executives"?

Our Forces are getting top-heavy in officers as it is. This may be the best time to cut down on the numerical requirement for commissioned officers and, at the same time, to improve their quality. In my view this can best be done by insisting that all officers be selected only from a list of personnel with a year or more of eminently satisfactory service in the ranks.

Besides being far more fitting to a democratic country, promotion from the ranks only would give us better-motivated officers at less cost, while eliminating an anachronism that is costing us dearly in loss of morale among the "followers" of a significant number of these young "instant executives" that the system is now masquerading in the role of "leaders" of men.

Courtesy The Legion

Letters To The Editor

Heartfelt Thanks

Dear Sir:

I would like to express my sincere appreciation and deepest gratitude to everyone connected with the rescue of my son Craig on Saturday, 25 May from the water of Georgia Strait.

Very special thanks is directed to Lt. Cummings for starting the rescue, Capt. Aumonier and D'Amico, M. Cpl. Fraser, Cpls. Boucher, Gloutnez and Jones, the crew members, and Capt. Mostowy and Sgt. Hope the medical team, as well as Dr. Horton and the emergency nursing staff at St. Joseph's Hospital. I would also like to thank the crash boat crew and anyone else who had a part in the whole operation.

Perhaps the timing is right to plead with parents who have their children's well being at heart, not to allow them to play on the water of the Strait in anything as flimsy and uncontrollable as a dingy, canoe or raft. The winds and tides are so changeable and unpredictable that any child or even adult can be placed in serious trouble in a very short time.

Once again, thanks to the efforts of all concerned, we still have our son.

Sincerely,

Jim and Marie Morgan

Future Editor?

Dear Sir:

Regarding your request for a volunteer Editor for the CFB Comox Totem Times (May 9, 1974) - I'm your man! I hereby volunteer...now how do we arrange my posting to Comox.

Seriously, I hope you manage to find an Editor. Writing - 30 - to the Totem Times would mean a loss not just to your own Base, but to

the Forces in general. I've been involved in military newspapers throughout my whole career, and as Editor of The Shilo Stag I see all the current ones: in my opinion yours is the "best of the bunch." Write On!

Lieutenant Sid Stephen
Editor,
The Shilo Stag
Editor's Note: Lt. Stephen is Air Element, naturally.

Juicy Pension Plan?

Dear Sir:

What with all the justifiable critical articles appearing lately on the many shortcomings of the Canadian Forces Superannuation Act, I thought your readers would like to read an article I noticed the other day explaining the countless and superior virtues of the MP's self-begotten pension scheme.

Among other things it would appear from the article that they DO NOT have to wait until age 60 to receive cost-of-living increases. And further, their Act enjoys immunity from various laws, regulations and statutes that limit the value of benefits of other pension plans.

They will soon be coming around asking for your vote. Ask them HOW COME they created these anomalies?

J. W. Brown
Chief Warrant Officer

Allan Fotheringham

ONE DAY IN OCTOBER, 1973, I was sitting swapping lies with a cabinet minister over lunch in the parliamentary dining room in Ottawa. I allowed as how his government would probably be calling the election in early June, 1974. He suggested a more accurate guess might be

late June, 1974.

Why? Because, he pointed out, the new MP's pension plan required only six years' service. The 1968 election was on June 25, so, he suspected, there just might be a clutch of MPs eager to stretch this minority government out until their personal deadline, June 25, 1974. He took out his pocket calendar and we worked out the first available Monday after June 25. It was July 8. Simple. That's what it takes to be a seer.

Politics doesn't really work out this way, but there has been a lot of cynical speculation the last few months, accusing the NDP of purposely propping up the Liberals so they could hit that June 25 deadline. In fact, only six of the 31 NDP MPs needed that date to get their pension. (The NDP's problem, actually, is that it is clogged up with weary veterans. It is by far the oldest party, by age, in the Commons.)

What is generally ignored is that one-quarter of the 109 Liberals come due for that pension on June 25. In all, 51 of the 264 MPs will qualify by the fact election day is July 8. They wouldn't have qualified if the election call was for June 24. Would some one-fifth of the House of Commons purposely keep their eye on the June 25 watershed and attempt to influence the final collapse of a minority government. I don't know. It just depends on your individual view of human nature. You make up your own mind.

What is more pertinent (since the other interpretation is a bit too devious for belief) is that the lush generosity of the pension plan MPs voted themselves is so outrageous that there is little wonder it encourages the public to be cynical about motives. The role of a politician is a rotten one in many ways and the better ones lose money at it. But in 1970, with Bill C-194, the MPs gave themselves a juicy pension plan that in certain

aspects is denied by law to ordinary citizens.

MPs make \$18,000 a year, plus tax-free \$8,000 expenses - an effective salary of \$30,000. Cabinet ministers make \$33,000 plus \$10,000 in expenses. Bill C-194 sets a basic pension contribution for a back-bencher of \$1,350 - which is matched by a government (i.e. taxpayer) contribution. The basic pension payout is \$4,410, tied to a cost-of-living index.

What is so unusual about this pension plan is that it comes into effect after only six years. An MP need win only one election after entering the Commons. If he loses his third appearance at the polls, he has a pension of at least \$4,500 for life.

There was a certain rationale, of course, behind the idea. Valiant warriors such as Harold Winch, John Diefenbaker or Stanley Knowles, who had served their country for decades when MP's salaries were disgracefully low, deserved a fine pension. But men are entering politics at much younger ages these days and

some of the lesser talented of them - meaning the ones that get quickly defeated - are suddenly on the gravy train. Age has nothing to do with the plan. The NDP's Knowles, who fought the bill in Commons, charged that MPs were giving themselves a "guaranteed annual income" when they denied the same to the public.

Take the case of Lorne Nyström. He is a pleasant, blond young man who was elected as NDP member for Yorkton-Melville in 1968. He was 22. If Lorne Nyström is defeated on July 8, at age 28, he will receive a pension of at least \$4,500 a year for life. If he lives to 70, that would mean he would tap the treasury for \$189,000 - on an original personal investment of \$8,000. That's insane and fulfills perfectly Stanley Knowles' description as "greedy."

In addition, when the MP leaves public life, the government continues to contribute to his medicare payments for the rest of his life. The ex-MP gets his money at any age. Under

(Continued on page 8)

TOTEM TIMES

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The Parties Speak on Defence

The Liberal Party

The primary objectives of Canadian Defence Policy are to work for peace and security in the world at large and to safeguard sovereignty and independence at home. Defence Policy is based on the judgement that the way to provide for the security of Canada against external military threat is through cooperative arrangement with nations whose interests and values are the same as those of Canada.

Regarding bilingualism in the Armed Forces, the policy is the same as that of other government departments. The aim of the Liberal Government is to provide services where required in both official languages in bilingual areas. Unilingual staff will be used (English & French) as well as bilingual supervisory positions in these areas, but it is important to note that unilinguals qualify for these positions if they indicate willingness to take training in a second language. This applies to a person whose basic language is French serving in an English speaking area or an English speaking Canadian serving in a predominantly French speaking area. In this way there will be no discrimination to either English or French speaking member of the Armed Services.

As a former member of 409 myself, I will reiterate that it is not the policy of the Liberal government to discriminate against either English speaking or French speaking members of the Armed Services. It is, however, the policy of the Liberal government to provide the freedom of expression in either of the official languages and a man will not be discriminated against because of the language he speaks.

In relation to Manpower, as of March 26, 1974 there were 82,400 servicemen and women. The forecast expenditure in 73-74 for wages is \$84.2 million. Forecast for March 1975 will be a personnel total of 82,320.

Departmental costs for 1974-75 include a capital expenditure of \$59,000,000, for new purchase of equipment. In conclusion, the Liberal government's policy is to have a bilingual policy regarding the armed services with promotions based on ability, not upon the servicemen's culture. No decrease in personnel is planned, but on the other hand, capital expenditures for new equipment is increased.

My pledge to members of the Armed Services is a fair program for the people, both in the services and the Canadian taxpayer.

Hugh Anderson

The Progressive Conservative Party

The Progressive Conservative Party believes that a serious review of the present government's defence philosophy is required. A major effort is needed immediately to achieve more useful roles for our defence forces, both at home and abroad, and to better the morale and working conditions within the forces.

The role that a well-trained and equipped armed forces can play has been forgotten by the present government. Defence expenditures have been forming a steadily decreasing proportion of total government expenditures, reflecting the low priority the current government has placed on the Canadian military establishment.

While the attempt to achieve economy in defence expenditures is laudable, the Progressive Conservative Party believes that this effort should not take place at the expense of either the extent of armed forces activities or the quality of Canadian military personnel.

NATO
The unilateral reduction of the Canadian military commitment to NATO has hampered our capacity to share in the joint defence of

the Atlantic area. As long as there is a chance for a balanced reduction of military forces in Europe, our Party believes that nothing should be done to weaken the alliance.

Canadian participation in the alliance provides the basic diplomatic infrastructure for consultation and co-operation between member nations dealing with non-military concerns, such as trade and environmental problems.

NORAD

The Progressive Conservative Party accepts the principle of a continental defence system for North America. But government must insist upon greater consultation between Canada and the United States on mutual defence arrangements.

A continental defence system must not preclude independent Canadian action on defence matters, nor must Canadian military personnel be committed to any other country's military objectives without the clear approval of the Canadian Government.

Canadian defence agreements with the United States are not specified in any one document or contractual arrangement; they rest on a

To Our Readers

The following letter was sent, via registered mail, to the Defence spokesmen for each of the three major political parties on 21 May 74 - the Honourable James Richardson Liberal Party; Mr. J. M. Forrestal, Progressive Conservative Party; and Mr. Doug Rowland, New Democratic Party.

Only Mr. Forrestal replied, but Totem Times was able to get a statement from the

Comox-Alberni Liberal and NDP Candidates which sets forth their views on their parties official Defence policies.

To: Honourable James Richardson;
Mr. J. M. Forrestal;
Mr. Doug Rowland;
Sir:

The current federal general election campaign allows all Canadians an opportunity to judge the programs of the

three major political parties who are offering themselves to the electorate. Members of the Armed Forces share in this interest and welcome this opportunity to judge the issues as fairly as is possible.

In this regard then, we would most welcome a complete response from your party as to its defence policy. As seen by your party then, what are the main problems involved in the running of our

department and how do you plan to proceed should your party be elected. In short: why should we, as members of the Canadian Armed Forces, vote for your party?

Your response will be published in its entirety. We hope that it will enable us more adequately to decide how we should exercise our franchise as citizens of Canada.

R. W. Griffiths
Editor

variety of notes, memoranda, treaties and pacts. Using a consistent formula for their consolidation, these arrangements should be codified and rationalized in such a way as to make it possible for the citizens of both countries to see clearly what commitments are involved.

SOVEREIGNTY

The purpose of the Canadian Armed Forces is to protect the sovereignty of this country. An increased military presence in areas where our sovereignty might be challenged is required.

A Progressive Conservative Government is committed to increasing the capability of the Canadian coastal fleet, surface and sub-surface, and

airborne surveillance to enforce territorial limits.

Canada cannot ensure the independent, safe development of our coastal industries unless they are assured of protection from foreign interests.

CANADIAN ARCTIC

As a necessary complement to an unequivocal declaration of sovereignty over the Canadian Arctic Archipelago, a Progressive Conservative Government would be committed to enlisting the services of the Armed Forces to police and develop this vast area of Canadian waters and lands.

The trend towards reducing the Canadian military presence in the Arctic would be reversed; the Progressive Conservative Party advocates the opening of new bases, in addition to the reopening of selected bases which have been closed. The Forces should have more emphasis placed upon Arctic operations in their training, the purpose of which would be the eventual establishment of an Armed Forces Arctic Regiment.

The Forces stationed in the Canadian Arctic should be serviced by new Canadian-made advanced technology icebreakers and a specially trained Arctic air component. It would be necessary for the Forces to construct and

maintain airstrips in the Arctic; these could be made available for use by the private sector to facilitate northern development. Similarly, as the Forces will require a sophisticated communications network to carry out their operations, the scope of the network would be enlarged to provide for increased social and cultural communication between the northern areas and the more populated South.

Their purpose in the far North of Canada would not only be to protect the sovereignty of our country, but also to ensure that the Canadian development of the Arctic is carried out in a way consistent with the objectives of our government in the areas of environmental and social policy.

Involvement in development of the Arctic Archipelago will necessitate an increase of research into the problems of industrial and social activities in the extreme North; this research will provide an expanded opportunity for the development of a Canadian advanced Arctic technology.

POLICY INFORMATION
The Progressive Conservative Party believes that Canadian Defence Policy should be consistent with Canada's External Affairs Policy objectives as they

relate to national sovereignty and to the attempt to achieve a last world peace. We believe that there should be a continuing emphasis placed on the fine work our Armed Forces have done within Canada to assist, in times of crisis, other government departments or agencies in the service of the people.

PEACEKEEPING

A Progressive Conservative Government would recognize the importance of the Armed Forces in an attempt to achieve a more lasting world peace. In addition to their work with NATO, there is a greater role abroad for Canada's forces, in the areas of peacekeeping and of foreign service. Our Party believes that Canada's Armed Forces should have an outward looking posture, that the Forces' presence in service abroad can do much to enhance Canadian foreign policy objectives of world friendship.

ARGUS

In the area of capital equipment, one important need in a defence policy is the early replacement of the ARGUS LRPA. A Progressive Conservative Government would be committed to an acceleration of its replacement.

BUDGET

If the Canadian Armed (Continued on page 10)

The New Democratic Party

Don Barker, NDP candidate for the Comox-Alberni seat in the House of Commons, told the Totem Times in a press release this week, that he sees the possibility of an enlarging and changing role for the Canadian Forces Base at Comox.

"My own strong personal opposition to nuclear arms for Canada, and the party's traditional stand on this question do not mean a lessening of the importance

of this base's role as far as I am concerned," he said.

"If the upcoming 'law of the sea' conference extends Canada's maritime jurisdiction to the 200 mile limit, CFB Comox will play an important part in an expanded maritime control service.

Barker stressed in particular the expansion of the search and rescue squadron currently operating out of Comox.

"Any criticism of the ser-

vices performed by Search and Rescue must be directed at the false economy practiced by the Department of National Defence," Barker stated.

"Search and Rescue has been badly understaffed for years - we need a large enough crew for round the clock, seven days a week maintenance of this operation."

"No modern city would

operate their fire brigade on this operation".

Barker, who has visited the base and talked to many families here, also expressed concern about the recent rent hikes, which have swallowed up any pay increases this year.

Canada can play a constructive and independent role in world affairs. In the conquest of peace and security around the globe, we must

stand ready to take part in United Nations peacekeeping forces, despite the frustrations and disappointments of the past. We must press for social and economic action to parallel police duties in world trouble spots.

work for world disarmament and oppose the use or testing of nuclear weapons.
quit NATO and NORAD, which have outlived their usefulness.

Entertainment and Events

Canada WEEK

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*Canada Week has been proclaimed by the Prime Minister of Canada and by the Premier of British Columbia to stimulate national pride, emphasize the advantages of national unity, and to encourage greater understanding amongst Canadians.

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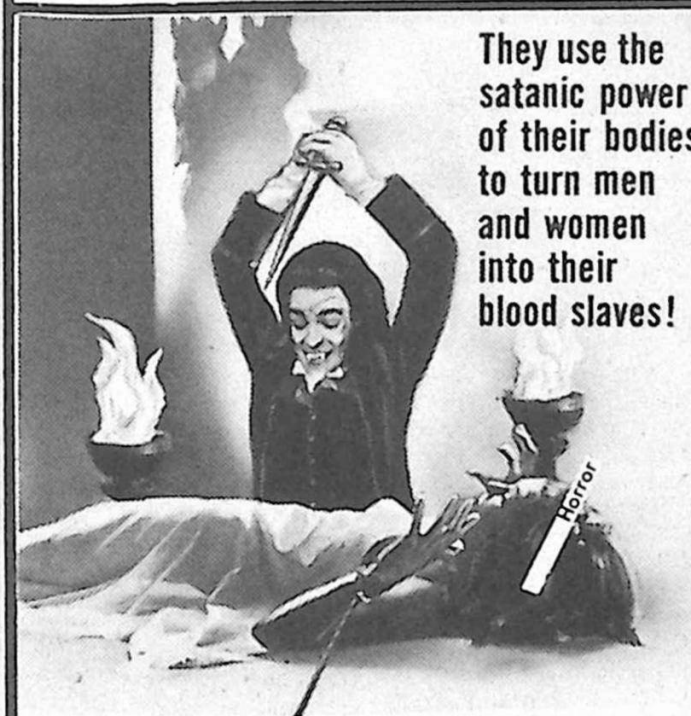
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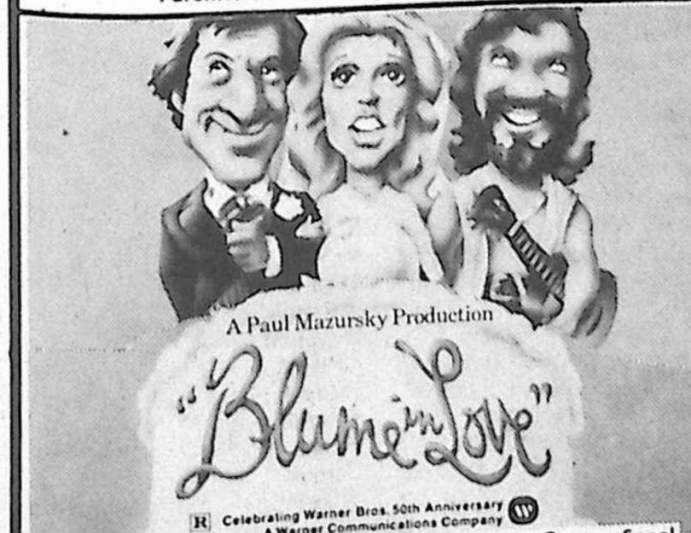
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Showtime 2000 - 2200

Sat. 22 June **EVERYTHING YOU WANTED** Woody Allen
Sun. 23 June **TO KNOW ABOUT SEX - BUT WERE AFRAID TO ASK** Burt Reynolds
Showtime: 2000 to 2150 hrs.
Very frank sex comedy

Thur. 27 June **TALES THAT WITNESS MADNESS** Kim Novak
Fri. 29 June Jack Hawkins
Showtime: 2000 to 2150 hrs.
Parents: Could be frightening to children

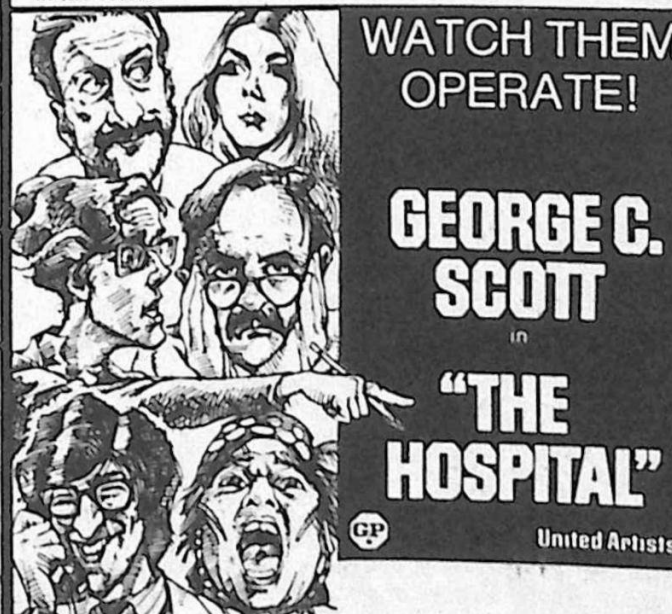


Sat. 29 June **BLUME IN LOVE** George Segal
Sun. 30 June Kris Kristofferson
Showtime: 2000 to 2205 hrs.
Man loses wife through infidelity then tries to win her back.

WOODY ALLEN TAKES A NOSTALGIC LOOK AT THE FUTURE.

Woody Allen and Diane Keaton
in "Sleeper"

Fri. 05 July
Sat. 06 July
Sun. 07 July
Showtime: 2000 to 2150 hrs.
Love story about two people who hate each other 200 years in the future.

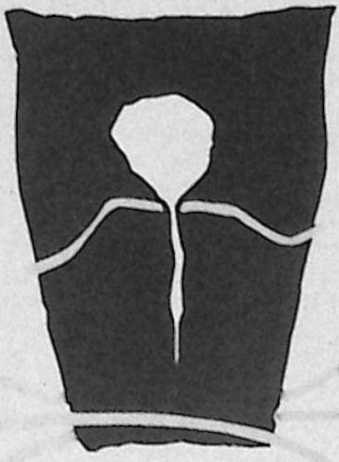


Fri. 12 July
Sat. 13 July
Sun. 14 July
Showtime: 2000 to 2155 hrs.
Comic antics in big city hospital

WATCH THEATRE LISTINGS FOR SATURDAY MATINEES
LAST MATINEE IS SATURDAY, 29 JUNE
NO MATINEES DURING JULY AND AUGUST

COMING IN JULY - ENTER THE DRAGON
COMING IN AUGUST - HANDS OF THE RIPPER - THE THIEF WHO CAME TO DINNER - CLEOPATRA JONES - ELECTRA GLIDE IN BLUE - MORE DEAD THAN ALIVE

Tie one on!



SAFE BOATING

△ CANADA SAFETY COUNCIL

Summer Sailing Programme

27 July - 3 Aug. BCMA Vaseaux Lake Okanagan Sailing-camping week (near Oliver), limited advance reservations only (phone John Davies 921-7810).
17-18 Aug. International Camping-sailing Regatta, Whatcombe Lake, Washington State.
27 Aug. Single handed team racing.
31 Aug. - Sept. 1 Maple Bay Regatta - Vancouver Island Mirror Championship.
7-8 Sept. B.C. Junior Mirror Championship, Jericho Beach.
14-15 Sept. B.C. Pacific Northwest Mirror Championship.
21-22 Sept. CFSA Comox Inter-Squadron Team Racing Regatta TBA:
CFSA Chilliwack Inter-Squadron Team Racing (April)
CFSA Esquimalt Inter-Squadron Team Racing (May)
Mirror Fall Series
Transom Trophy.

Mushroom Mutterings

(Continued from page 2)
wishes on your new assignment at NDHQ. "What food these morsels be!"
WHO'S NEW DEPT.
The welcome mat, raggedy as it is, goes out to new Mushroomers, such as: Capt. Hoffman from Winnipeg; Lt. Crawley, from Military College; Officer Cadets Guy Roy and Ian Marshall, in for summer pilot training; MCpl

Dennis Hillier from Cold Lake; MCpl Ron Cramer from Germany; MCpl Leo Montreuil from Trenton; and Cpls Ken Kibblewhite from Ottawa and Larry Gmyz from Shearwater, both checking out on the Labrador. Welcome - Bienvenu. (Take your pick).
Don't forget the annual 442 Beach party and barbecue, coming up on July 6. Watch the notice board for details.

Baseball Babe Ruth District Championship

BY GORD PALMER

The Comox Valley Minor Baseball Association will be hosting the Babe Ruth District Prep League Championship this year. This tournament will be held from June 28 to July 3 at Village Park in Comox.

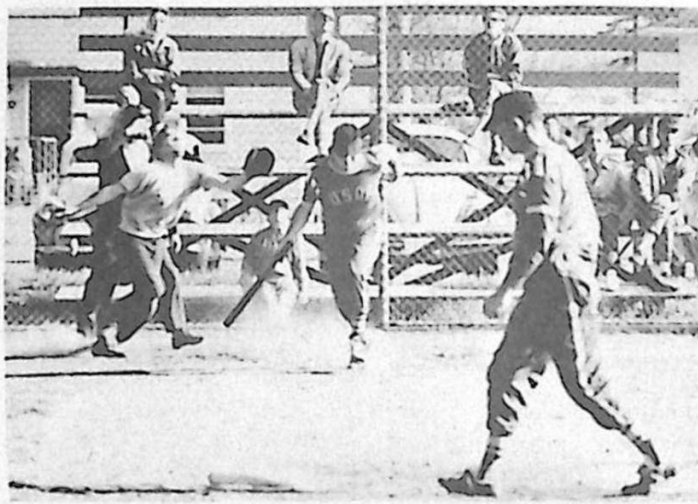
There will be seven teams competing in this double knockout tournament for boys who are 13 years of age. The teams competing will be Port Alberni, Campbell River, Ladysmith, Duncan, Lake Cowichan, Nanaimo and the Comox Valley. The Comox Valley team will be comprised of boys from Courtenay, Comox and CFB Comox. All boys taking part in the

tournament will receive a participation crest compliments of the Comox Valley Minor Baseball Association. The association will also provide the crests for the winning team. The teams will be competing for the Courtenay Chrysler Sales Trophy. Individual awards have been donated by Lauretude Finance and Central Builders and they will be presented to the Leading Hitter and Top Pitcher.

A lot of hard work is being put into this event by the tournament committee. It is to be hoped that parents will turn out to see the games whenever possible.

TOURNAMENT SCHEDULE

Game 1 Friday 28 June 6:30 p.m. Comox Valley vs Port Alberni.
Game 2 Sat. 29 June 12 Noon Campbell River vs Ladysmith
Game 3 Sat. 29 June 3:00 p.m. Duncan vs Lake Cowichan
Game 4 Sat. 29 June 6:00 p.m. Nanaimo vs Win Game 1
Game 5 Sun. 30 June 12 Noon Lose Game 1 vs Lose Game 2
Game 6 Sun 30 June 3:00 p.m. Win Game 2 vs Win Game 3
Game 7 Sun. 30 June 6:00 p.m. Win Game 5 vs Lose Game 3
Game 8 Mon. 1 July 3:00 p.m. Lose Game 4 vs Lose Game 6
Game 9 Mon. 1 July 6:00 p.m. Win Game 4 vs Win Game 6
Game 11 Tues. 2 July 6:00 p.m. Win Game 10 vs Lose Game 9
Game 12 Wed. 3 July 12 Noon Win Game 7 vs Win Game 11
Game 13 Wed. 3 July 6:00 p.m. Same as Game 12 (If Necessary).



"ONE SMALL STEP FOR me...one giant leap for my team."



"YOU HAVE to go WHERE?!"

Library Report

Take a book out to lunch today! When you want to take books out of the library, that's easy! Why don't you come up and see us some time! We're upstairs in the Rec. Centre building. May we suggest:

THE BLUE KNIGHT by Joseph Wambaugh. CLOSE-UP by Len Deighton. THE LAST PLANET by Andre Yorton. STORM FROM THE SEA by (Brigadier) Peter Young. LIMBO OF THE LOST by John W. Spencer. GIRLPOWER by Kathy Cole & D. Bain. NIGHT WALKER by Donald Hamilton. THE SKY BEYOND by (Sir) Gordon Taylor. THE WANDER by Khalil Gibran. FISH AND SEAFOOD COOKBOOK by Better Homes & Gardens. GROW YOUR OWN VEGETABLES by Michael Kressy. STEP-BY-STEP IN WOODWORKING by A. W. P. Kettless. AND TO EACH SEASON...by Rod McKuen. CANADA IN COLOUR by Val Clery. YUKON CALLING by

Tad Publishing Co. GUINNESS BOOK OF RECORDS. TREES, SRUBS AND FLOWERS TO KNOW IN B.C. by C. P. Lyons. BOAT REPAIRS AND CONVERSIONS BY M. Verney. THE WINEMAKER'S COMPANION by B.C.A. Turner.

LIBRARY HOURS: Tues. to Thurs.: 12:30 to 14:00 and 19:00 to 20:30. Friday: 12:30 to 14:00.

Summer Swinmming Programme

2 July - 30 Aug. 74

All Courses costing:
\$6.00 for 15 Sessions (children)
\$7.00 for 15 sessions (adults)

Courses this year

Pre-Beginners
Beginners
Juniors
Intermediates
Seniors

Registration

24 June - 26 June, 74
At the Base Rec Centre
Commencing
0800 hrs - 1100 hrs.

Session Dates:

1st. 2 July - 19 July
2nd 22 July - 9 Aug.
3rd. 12 Aug. - 30 Aug.

NOTE:

1. Pre-beginners minimum age of 5 years
2. All classes held daily in the morning.
3. Register your child at the base Recreation Centre

SWIMMING INSTRUCTION



Bronze Cross
Date: 15-25 July
Time: Mon.-Thurs. - 7:30-9:30
Instructor: Brent Hart.

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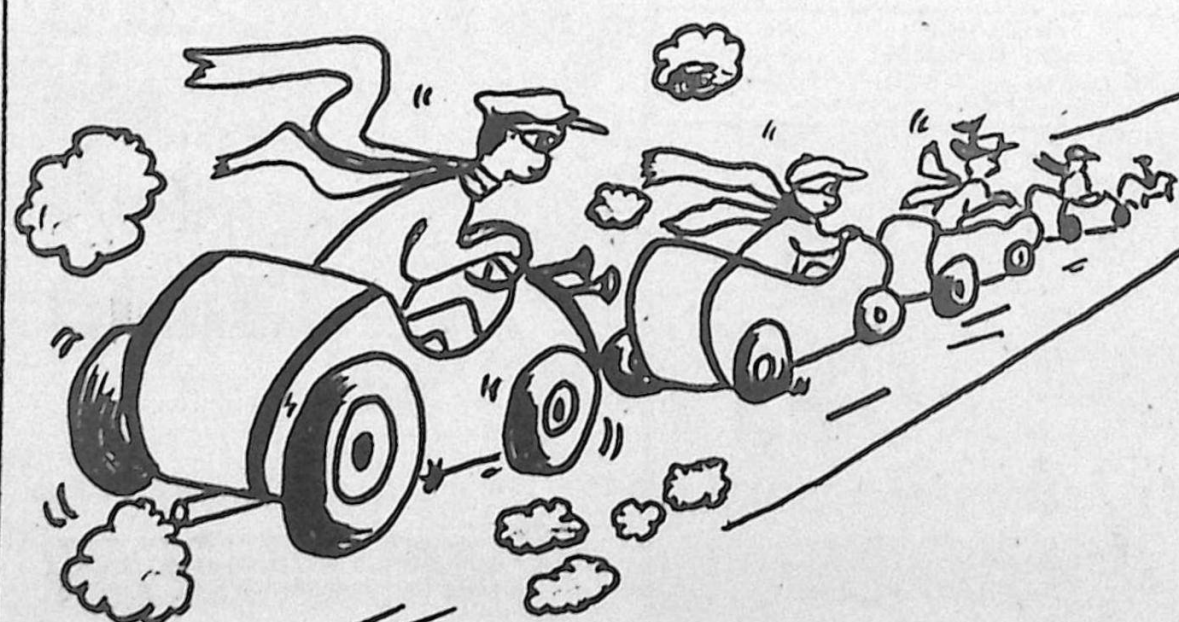
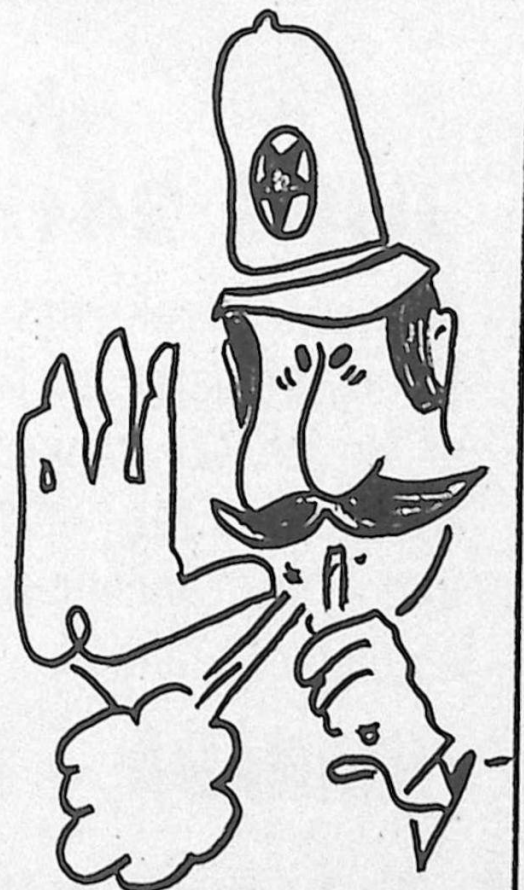
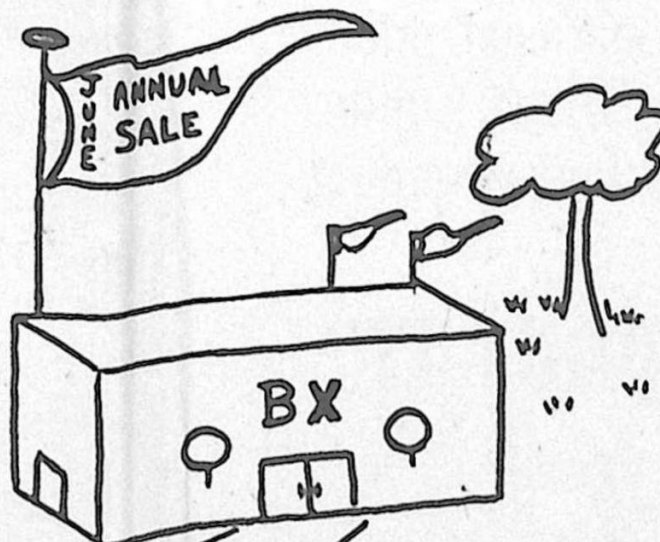


YOUR BASE EXCHANGE STORE



FREE DRAWS

9:00 p.m. - 11:00 p.m.



Where do you rank?

✓ Defence has a very low priority in the Liberal government's budget. Defence cut-backs have saved the government a bundle, at your expense.

✓ You know only too well what this has meant to the efficiency and effectiveness and the morale of the Canadian Armed Forces.

✓ The Progressive Conservative Party believes that the Canadian Armed Forces are an essential instrument for preserving both the sovereignty and security of our Nation and we are committed to a programme for improving the conditions under which you serve.

✓ Here's how we'd change things. We believe that the Defence Department should be granted sufficient funds for the operation and maintenance of those programmes the forces are committed to carrying out—that the actual spending power of the Defence Department should not be eroded by continuing inflation. Capital spending programmes effecting equipment improvement and purchase should be treated separately and negotiated on a yearly basis.

✓ A Progressive Conservative government would begin a complete review of working conditions for all serving ranks in the armed forces. We believe there should be considerable improvement in housing, clothing allowances, compassionate leaves, and social relations.

✓ It is the policy of our party that pension schemes within the forces be fully portable so that you can maintain the security you've built up over the years of service.

✓ We feel that a portion of the rent paid for forces accommodation be rebated so the government will no longer profit on forces' housing and so members of the armed forces will have the same chance as other Canadians to own a home.

✓ These are some of our policies regarding the Canadian Armed Forces. We believe they reflect an understanding of your role and our commitment to improve it. You are committed to the service of our country. A Progressive Conservative government would be committed to serve you as well.

You have a chance to make things better!

**Join our ranks.
Elect a
Stanfield
Government**

Qu'en pensez vous?

✓ Vous avez sans doute remarqué, dans le budget du gouvernement libéral, que le Ministère de la défense est tout simplement considéré comme non prioritaire. Les coupures du budget, pour ce ministère, ont certainement épargnées un tas d'argent au gouvernement, mais à vos frais...

✓ Vous savez très bien, comment la compétence, l'efficacité et le moral des forces armées ont été affectés par ces coupures.

✓ Le parti progressiste conservateur apprécie le travail des forces armées et désire même augmenter son rôle, au pays comme outre-mer, tout en améliorant les conditions dans lesquelles vous faites ce travail.

✓ Voici ce que nous comptons faire à ce sujet: Nous croyons que le ministère de la défense devrait recevoir les fonds nécessaires, pour réaliser les opérations que ce ministère a imaginées pour le futur ainsi que pour celles déjà engagées et ce sans condition. Ces fonds ne devraient être aucunement attaqués par l'inflation toujours croissante. Les dépenses majeures ayant trait à l'équipement aux opérations et aux achats devraient être traitées séparément, et négociées tous les ans.

✓ Un gouvernement progressiste conservateur reviserait en premier lieu les conditions de travail à tous les échelons des forces armées.

✓ Ce, pour accroître les allocations de logements, de vêtements, de primes d'éloignement, et aussi pour accroître les relations sociales en général, et les relations patron employés en particulier.

✓ La politique de notre parti, prévoit aussi une garantie de transférabilité du plan de retraite des forces armées, afin de maintenir cette sécurité que vous construisez par vos années de service.

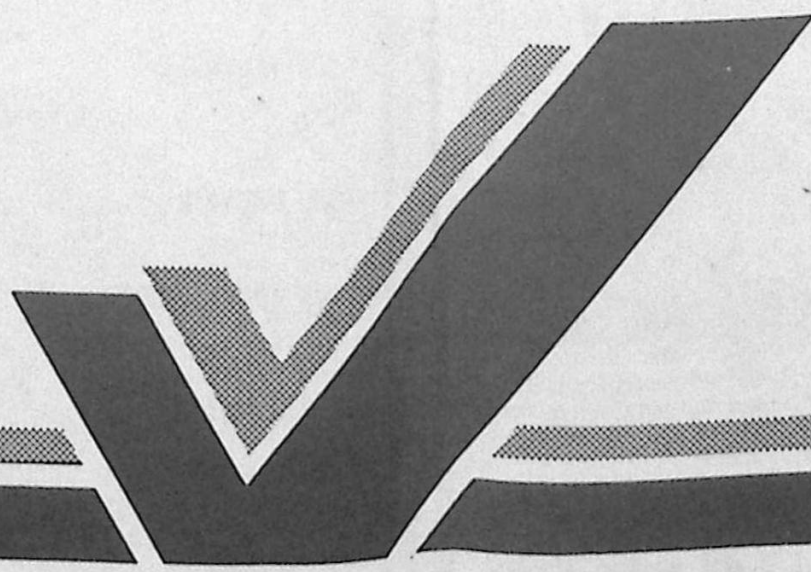
✓ Nous pensons également qu'une partie du loyer que vous payez présentement pour les accommodations que vous fournissent les forces armées, devrait être retournée aux membres des forces. Ceci pour donner à ces derniers la même chance qu'aux autres canadiens, de posséder leur propre maison, plutôt que d'en faire profiter le gouvernement.

✓ Ce sont là, quelques unes de nos politiques vis à vis les forces armées. Nous croyons sincèrement qu'elles sont le reflet de nos considérations pour votre travail et pour la détermination avec laquelle vous l'accomplissez. Vous servez votre pays. Nous voulons vous servir tout aussi bien.

✓ Un vote progressiste conservateur, est un pas de plus vers l'amélioration...

En avant marche!

**Agissez dès
maintenant.
Elisez un
gouvernement
Stanfield**



Safety 75 Securite

HOW IS YOUR GENERAL SAFETY PROGRAM?

Thinking about your family vacation? Remember to include safety in your plans and in your activities. We would like to offer you our 1974 safety primer for two popular parts of the summer vacation scene.

DIVE AND SURVIVE

Mariners, ancient and modern, have always respected the danger of shallow water.

But, according to safety experts, a healthy respect for shallow water is sadly lacking in too many of today's divers.

Pools, beaches, lakes and rivers are therefore taking a very unhealthy toll in head, neck and spinal injuries - many of them resulting in paralysis, some in death.

According to Dr. E. Shannon Stauffer, chief of the spinal injuries service of the Rancho Los Amigos Hospital in Downey, California, sports are second only to automobile accidents as the cause of cervical spine injuries resulting in quadriplegia (paralysis of all four limbs). And, he says, water sports in general and diving in particular are the "overwhelming cause."

After conducting a nine-year study of 150 athletic spine injuries, Dr. Stauffer reported that diving caused 100 cases of quadriplegia, two-thirds of the total and that is indeed overwhelming.

Twenty-eight per cent of those diving injuries happened in swimming pools, the victim striking either the bottom or sides of the pool.

Two patients went down swimming pool slides head-first; one hit the side of the pool; the other struck bottom in four feet of water. The rest of the diving victims were paralyzed in unspecified waters outside swimming pools.

One of Dr. Stauffer's patients dived into a swimming pool. Another tried to dive through an inner tube but hit the tube instead of the water.

Still another was relaxing on a houseboat in tidal water when he saw his fishing boat drifting away. To retrieve it, he dived off the houseboat - into two feet of muddy water. Only a few hours before, with the tide in, the water was six feet deep when he swam in it.

LACK OF (DEPTH) PERCEPTION
It's hard to understand, of course, why any person would knowingly plunge head-first into water of unknown depth. But they do - in the often murky waters of oceans, lakes, rivers, ponds and quarries.

It's even harder to understand why people are killed or paralyzed by diving into swimming pools. But they are killed and paralyzed - in relatively clear water with, presumably, clear and accurately marked depths.

In recent years, pools have proliferated in hotels, motels, resorts, country clubs and city parks, and adding rapidly to their number is the boom in backyard above-ground models.

POOL HAZARDS TAKE THEIR TOLL
Some swimming pools present hazards of their own, according to John Fleming, head of the National Safety Council's Public Safety Department.

"We're now in a third generation of diving boards," Fleming explains. "The first boards were wood, next came fiber glass, and now we have aluminum."

The aluminum boards are too flexible for many pools, and propel a diver too high or too far out. As a result, our hospitals are full of human vegetables suffering from

irreversible damage - most of them teenagers."

Poor maintenance also presents hazards for the diver. Boards, for example, should be parallel to the water surface. If they're tilted up, the diver may strike them on his way down. If they're tilted down, the diver may be thrown out too far, beyond the pool's deep diving area or "hopper".

To protect yourself and your family against diving injuries, you'll need some safety standards of your own. Here they are, and they come from Ben Harris of NSC's Public Safety Department, who is also a veteran swimming coach and swimming-and-diving meet official:

DIVING DO'S AND DON'TS

Never dive unless you know the water is deep enough. At a pool, check the depth markings and make sure the water level reaches up to the gutters.

If you can't see the bottom of a pool or any other water, it's safer not to dive. But if you do, test it by going in feet-first from as low a level as possible, such as the side of the pool.

A diver is responsible for the people in the water below him. Don't dive until you're certain the area is clear of swimmers as well as floating or submerged objects. (Even a soft inner tube paralyzed one of Dr. Stauffer's patients).

Avoid horseplay regardless of where you're diving.

Always dive straight ahead, not to the side of the board, and keep your eyes open until you hit the water.

Don't try dives that are beyond your ability. If you're that keen, get some qualified instruction.

If a board is worn and slippery, or if it's tilted up or down and not parallel to the water surface, be extra cautious.

Never go down a slide head-first. Never go down one at all if you're an adult and the slide is designed for children at the edge of shallow water.

Finally, make sure small

children are supervised at all times in all water activities, especially diving.

National Safe Boating Week, July 1-7th

Boating is a pleasurable and healthy pastime and a great way to get away from the turmoil of everyday life. The Canada Safety Council estimates that in 1974 close to 5 million Canadians will take to the waters, for recreation and relaxation, in over 1.5 million watercraft of every size and description. Many will be venturing out for the first time while others are experienced "salts" who have mastered the art of seamanship. However, statistics indicate that there are many hazards, of which the weekend skipper may not be aware. One thousand Canadians drown each year and approximately 300 of these involve watercraft. THE MAIN TYPES OF BOATING ACCIDENTS ARE CAPSIZING AND SWAMPING, FALLING OVERBOARD, WIND AND WEATHER CONDITIONS AND COLLISIONS.

The large majority of these accidents will be the result of three basic causes:

1. Lack of knowledge or skill; - people who do not know the risks involved or who are not sufficiently skilled to cope.
2. Physical or mental incapability; - fatigue, handicapped, overexertion or overindulgence in alcohol.
3. Improper attitudes; - the daredevils and show-offs, or the experienced who become blasé.

A glance at the 1972 drowning statistics supplied by the Canada Safety Council, shows that the odds are highly stacked against males and particularly those between the ages from 15 to 55. This group accounted for 165 drownings involving occupants of small boats, out of a total of 224. And - safety students - who has a work force very near the water and mainly comprised of males between say 18 and 55?

Numerous organizations

devote a great deal of time and effort to teaching the fundamentals of small boat handling and in promoting common sense and courtesy afloat. If you have a yen to be nautical do it the safe way. Join a club and learn the bends and hitches. Make our waterways a safe and pleasant place for one and all. **WATCH YOUR BIRD!**

DND in the Red

The minister of National Defence has received a letter of appreciation from the Canadian Red Cross as follows: "The Canadian Red Cross society at its recent annual meeting in Winnipeg passed a resolution expressing its deep gratitude for the continuing support given to the society by the Canadian Forces during the past year. This support extends to providing facilities for staff conferences for our water safety services program, providing aircraft to lift personnel and equipment for blood donor clinics in the Yukon and Northwest Territories and for airlifting cartons of clothing prepared by volunteers of our Women's Work Committee to a number of developing Red Cross societies. I would be most appreciative if you would convey our heartfelt thanks to your colleagues at the Canadian Forces Headquarters and throughout the services."

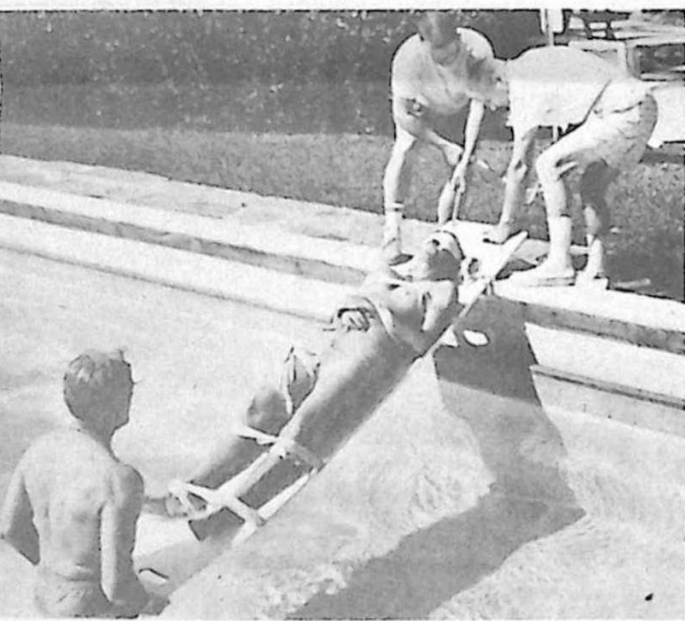
Headquarters Happenings

(Continued from page 3) a pleasant and enjoyable one. With all the time some HQ personnel spend on the Golf Course, it's no wonder our paperwork is continually fouled up. Speaking of golf, we have another tournament coming up on Thursday. Please, people, remain courteous and get your paperwork done first!

According to reliable sources, it seems Cal Brown continued his stag, even after the wedding. I wonder who carried him to his room? Anywho, best of luck to Val and Cal.

After one short week, Shirley Lane suddenly sports a smile throughout the working day. I wonder if that has anything to do with the recent return of her husband from Cairo?

For a first column, we were cut short on news, so bear with us. However, if we are to continue with a Headquarters column, we need your help. We ask your sections of the HQ building to submit tidbits to Jim MacDonald, BOR for inclusion. So for now, keep on trucking and let all those cards and letters come pouring in.



A VICTIM OF A SUSPECTED neck fracture is removed from the water on a special board developed by the Red Cross. Bands of cloth around the legs, arms, chest and head hold the victim in place to prevent further injury.

PORT AGUSTA MOTEL

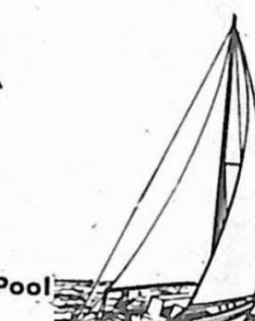
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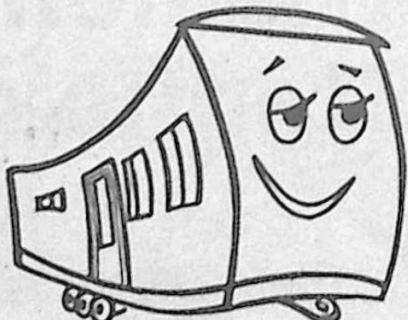
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First Aid

How many times during the past few years have you heard of loss of lives due to drownings, accidents and other incidents? Lives that might have been saved had there been a qualified first aid person at the scene.

By definition first aid training is designed to keep a person alive or to relieve discomfort until the accident victim can be given professional medical help.

This is the primary reason for first aid training being given in the Canadian Forces however, a more subtle reason for the training has recently come to light. Large corporations, particularly those in the heavy industries such as construction, logging, public utilities and manufacturing, have found that the number of accidents on the job have decreased as more employees attended first aid courses. It appears that the first aid training caused personnel to consider the injury prevention aspects of tasks to be completed as well as the method to be followed to complete the job. DND has recognized the

general safety aspects as well as the life saving aspects of first aid training and has issued CFAO 9-5, the authority for first aid training within the department. Generally, the changes outline a three level progressive method of certification, inclusion of NDD civilian employees within the training program and provisions for instructor and lay examiner qualification.

All training given within DND follows the St. John Ambulance training outline and all successful trainees receive St. John Ambulance certificates. The three levels of competency are Emergency, Standard and Advanced.

These courses are of 12, 20 and 30 hours duration respectively. The courses vary in content and depth from the basic Emergency level to the Advanced level. To give an example, for artificial respiration the Emergency course covers; causes of cessation of breathing, how to recognize asphyxia, general rules for treatment of asphyxia, and mouth-to-mouth resuscitation.

The Advanced course for the same subject requires a candidate to be able to explain the primary causes of oxygen deficiency in the body and state the general principles and management of each; describe the correct technique for insertion of an "oral airway" and know the principles involved in its use; demonstrate the correct technique for artificial ventilation of a patient using a bag-mask; and demonstrate the Holger-Nielsen Method of artificial respiration. The certificates are valid for three years and may be re-validated by writing an examination without attending another course. One hour of each course will be devoted to an aspect of general safety and will be presented by the BGSO.

DND Civilian personnel are encouraged to attend the courses by making arrangements through their supervisors. For those civilian personnel that may wish to become qualified lay instructors, the CFM 9004MT First Aid instructors course at the Canadian Forces Medical School, Camp Borden, is now available to them. Full details for attending this course are contained in Annex "F" to CFAO 9-5.

More information on first aid training may be obtained by telephoning Sgt. "Buck" Buchanan, local 580, or by dropping into the Nuclear Defence Section. Supervisors are reminded that two Emergency level courses are planned for the week of June 24.

Letters

(Continued from page 4)

Canadian law, private plans are based on a minimum retirement age of 60. Private pension plans, by law, can pay no more than two per cent of the employee's average earnings in his best six years of service. The Commons plan exceeds this limit - and the law for the rest of us.

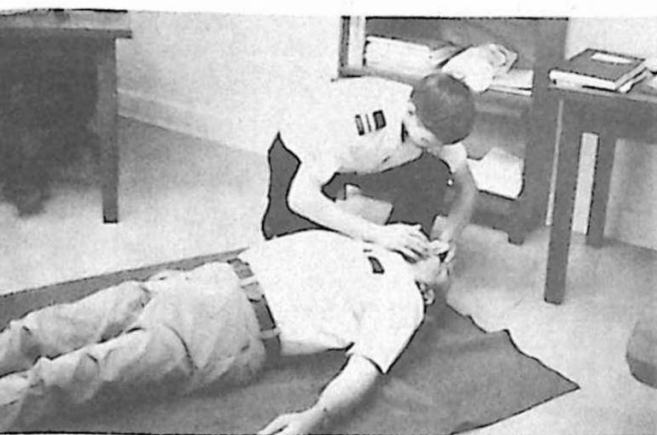
The MP who starts work at 50 and quits in 10 years is rewarded with a pension more than twice as valuable as that of a man working the same time under a private scheme. We owe them something for their public service, but twice as much? If a retiring MP has 11 years of service or less, by his third pension year he begins to get more than he paid in.

At 12 years of service, by

the second year of his pension he has recouped all he paid out.

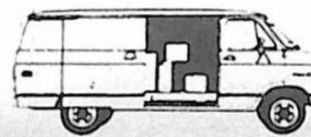
So we have 25 per cent of the Liberals eligible for this windfall if they lose July 8, 10 per cent of the Tories, 19 per cent of the NDP and one-third the 15 Socreds. Aside from the fact that no one should ever be allowed to vote on his own pension plan (or salary) and is time an independent commission in Ottawa too, over these duties, there is another matter. If some overly-cynical members of the public accuse MPs of purposely jockeying past that June 25 deadline, the MPs have only themselves to blame, since that juicy pension plan is just too much to believe.

Vancouver Sun
10 May 1974



CAPTAIN JIM RICHARDSON asks Mr. S. Rohne: "Did your mother ever tell you about Ultra-Brite?"

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F78 x 14. . . \$30.85	G78 x 15. . . \$33.00
G78 x 14. . . \$32.80	H78 x 15. . . \$34.95

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DEPARTMENT OF LABOUR

MINIMUM WAGE RESIDENTIAL CARETAKERS

By Order of the Board of Industrial Relations effective July 1, 1974, a revised Minimum Wage Order will be applicable to the occupation of Residential Caretaker. This Order will provide for the following Minimum Wages:

- \$150.00 per month plus \$6.00 per month per residential suite in apartment buildings containing more than four and less than sixty-one residential suites.
- \$510.00 per month in apartment buildings containing more than sixty residential suites.

For additional information on these and other changes contact your nearest office of the Department of Labour, Labour Standards Branch, or direct your enquiries to the Labour Standards Branch, Department of Labour, Parliament Buildings, Victoria, B.C. V8V 1X4.

OFFICERS' MESS ENTERTAINMENT

THURSDAY, JUNE 20 - Demonite. Steaks available for B.B.Q. Dance to Juke Box
SUNDAY, JUNE 23 - Family Barbeque 1700 - 1900 hrs. Steaks \$2.50, Hamburgers 75c, Hot Dogs 50c (Soda and Potato included). Casual Dress - Movie if possible for the kids.
FRIDAY, JUNE 28 - Monster Mixed TGIF. Subsidized Drinks 1700 hrs. - "Greek Food" 1900 hrs. \$2 a person. Dance to the "Music Factory" 2030 hrs. Reservations by Thursday, June 27th. Gallon Bottle Draw.

JULY HI-LITES
FRIDAY, JULY 5 - Officer's Mess Golf Tournament
SATURDAY, JULY 13 - Gourmet Dinner Dance
SATURDAY, JULY 27 - Beef and Burgundy Nite

WO & SGTS MESS

ENTERTAINMENT FOR JUNE

JUNE 7 - TGIF with Bell Ringer and Games
JUNE 10 - Movie Night
JUNE 14 - Join a Friend for Fun and Games at TGIF
JUNE 17 - Movie Night - Our Old Friend TBA.
JUNE 21 - TGIF
JUNE 24 - Movie Night
JUNE 28 - END OF JUNE DANCE - Time 20:00 hrs. - Food, yes - Music: Imported from Victoria - Dress, casual - Admission, Reg. and associate Members \$1.00. Honorary and Guests \$2.00.

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R. J. Ritchie - Base Chaplain (P) Telephone No. 339-2211 Loc 273
23 June, 1974 - 11:00 a.m. Divine Worship.
30 June, 1974 - 11:00 a.m. Divine Worship
- 11:45 a.m. Holy Communion - custom of
Presbyterian and United Churches. All are welcome.
SUMMER SERVICE TIME CHANGE
Starting with Sunday, 7 July 1974 until Labour Day Weekend
morning worship will be at 10:00 a.m.

RC CHAPEL

Father J. A. Borg - Base Chaplain (RC) Telephone No. 339-2211
Loc 274
MASSES:
Saturday - 7:00 p.m. Sunday Vigil Mass
Sunday - 9:30 and 11:00 a.m.
WEEKDAYS: Tuesday - 7:00 p.m. in private homes on request.
Friday - 10:00 a.m. in the Chapel.
On other days Father Borg will celebrate Mass on request.
SACRAMENT OF PENANCE: Before Mass on Saturday from
6:30 to 7:00 p.m. and before other Masses.
BAPTISM: By appointment. Whenever possible on the third
Sunday of the month at 1:30 p.m. On other Sundays for a good
reason.
PARISH COUNCIL CHAPEL COMMITTEE: The regular
meeting of the Parish Council Chapel Committee will take place
on Tuesday, 25 June, 1974 at 1330 hours in the Parish Hall.

The Parties Speak on Defence

(Continued from page 5)

Forces are to meet their policy objectives with competence and skill, a necessary requirement is budgetary funding adequate to the programs the Forces are committed to carrying out. The actual spending power of the Defence Department must not be eroded by continuing inflation.

The Progressive Conservative Party believes that the Defence Department should be granted, without question, an amount sufficient to adequately meet their necessary expenditures in the areas of operations and maintenance; our Party believes that such a guaranteed appropriation is the only method by which the maintenance of the quality of defence services can be ensured. In the defence budget, capital spending programs should be treated separately

from the necessary expenditures on operations and maintenance.

MORALE

The Progressive Conservative Party believes that a successful defence policy must include some effort to improve the morale and spirit of the Forces. Our Party believes that this goal cannot be achieved without a significant improvement of the working conditions within the Forces.

BILINGUALISM

We believe that there should be fair representation of Francophone, Anglophone and bilingual Canadians in all levels of the Armed Forces. We believe that opportunities must be provided for all members of the Armed Forces to attain competence in a second official language if they so wish. We assert, however, that merit must remain the key to promotion,

and that a person's career should not be jeopardized because he is not proficient in both languages.

TRADITION

While accepting the principle of integration within the Forces, the Progressive Conservative Party believes that the traditions of the separate Forces, in terms of badges in uniforms, need not be entirely done away with. The past history of the Forces represents a fine example to be followed in the future, and such traditions are useful to increase morale.

WORKING CONDITIONS

A Progressive Conservative Government would begin a complete review of working conditions within all serving ranks of the Armed Forces. In matters such as housing and clothing allowances, compassionate leaves, social relations and the involvement of the Defence Department in

members' personal lives, there is room for greater humanity.

Our Party favours the establishment of procedures for negotiations between the forces and the government on a collective basis. Such negotiations would be aimed at the fair settlement of reasonable demands, but the public interest would not be served by giving the Armed Forces the right to strike, or to negotiate in areas of military discipline.

Our Party insists upon the removal of all remaining areas of sexual discrimination in the Forces. Again, it is imperative to the best functioning of the Forces that merit remains the key to promotion.

FINANCIAL SECURITY

A degree of career financial security must be guaranteed to all members of the Forces. It is the policy of our Party

that pension schemes within the Forces be fully portable so that a Forces' member will maintain the security he has built up over the years of service.

Further, the Progressive Conservative Party advocates that a portion of the rent paid for Forces accommodation be rebated to a Forces' member so that the government will not make a profit on Forces' housing and so that members of the Armed Forces will have an opportunity, equal to that of other Canadians, to own a home. Rental price freezes should be imposed upon accommodation on which the capital outlay has been retired by the government to allow Armed Forces members a greater opportunity to build up savings and security.

RESERVES

Canada's reserve Forces have for too long been assigned a low priority. The

upgrading in numbers and level of integrated training with the regular Force would be a matter of the highest priority.

POLICY OBJECTIVES

Though its primary aim must be the protection of Canadian sovereignty, a National Defence Policy must also concern itself with the political and military realities of the world situation. A Progressive Conservative Government would be aware of Canada's defence needs and responsibilities. By improvement of conditions within the Armed Forces and by responsible allocation of funds for defence purposes, Canada's requirements for National Defence would be satisfied by a Progressive Conservative Government.

We would restore control of the military to the military.

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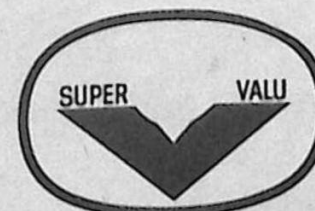
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