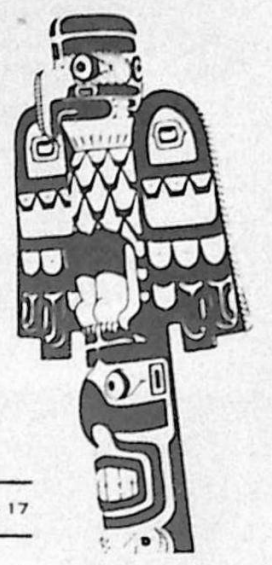




TOTEM TIMES



MPs get tax concessions — does that make them welfare bums?

VOL. 14 — NO. 21

CFB COMOX TOTEM TIMES

THURSDAY, OCTOBER 19, 1972

Base UGN campaign exceeds goal with \$5264

Spring ahead fall back

OTTAWA (CFP) — Remember that hour you lost last April 30? Well, you can retrieve it early Sunday, Oct. 29.

That's when Canadians, among others, return to standard from daylight saving time, in effect for the past six months.

So, with a little manipulation of the clock at 1 a.m., Oct. 29, you get to celebrate two midnights.

This twice-a-year clock fiddling goes back to 1907. That's when Willie Willett, a Chelsea, England, builder, alerted the world to the fact that they were losing a whole hour of daylight during summer months. He reasoned that by getting out of the sack an hour earlier to tackle the day's chores, we could quit an hour earlier for fun and games in the sun.

But Willie's brainwave didn't gain much favor in Europe and North America until the First World War came along. Then people began to think about all the fuel they could save on lighting and heating by heeding this new fangled idea of daylight saving time.

It took a couple more wars to convince most farmers. Animals, they chorused, don't pay no mind to the clock, only the sun.

However, come Oct. 29, everything will be back to normal, and you can look forward to milk from contented cows.

19 to get awards

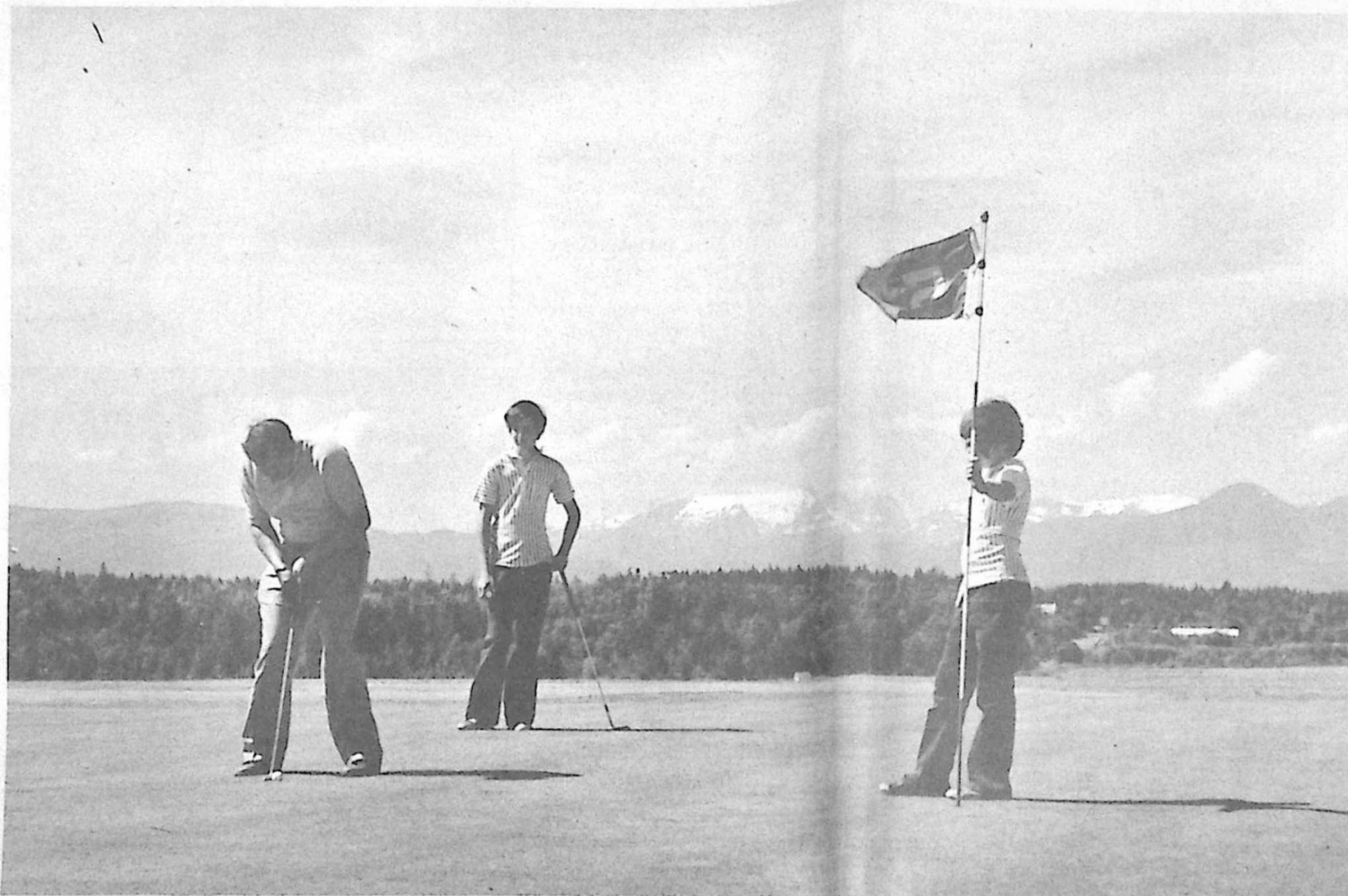
OTTAWA — Four members of the armed forces will be invested in the Order of St. John by governor-general Roland Michener Nov. 9-10 at government house here.

In addition 15 other armed forces members have been awarded Priority votes of thanks for efforts assisting the order.

Awards are made by the order to individuals who give instruction on care for the sick and injured, or who perform and encourage humanitarian and charitable acts for those in distress.

To be invested in the order are:

Captain Dorothy Gogan of Maccan, N.S., matron at the (Continued on page 9)



WHILE CANADIANS are suffering the first of winter's snowstorms, British Columbians are still enjoying golf in the warm sunshine.

One still in hospital

Hunters injured in fall

By PAUL KLEM
Mr. Leo LeBlanc, one of two hunters severely injured in a fall while hunting, is recovering satisfactorily in St. Joseph's General Hospital.

Thanksgiving weekend turned into a nightmare for three Comox hunters after venturing into rough mountainous terrain north of Campbell River. Cpl. Lucien Plamondon and Mr. Leo LeBlanc were returning to camp at dusk when an undercut stream bank gave way and they plunged 60 feet down the embankment into the stream below. In the fall Mr. LeBlanc was impaled by a protruding branch. Cpl. Plamondon escaped with multiple bruises and minor lacerations to his head, hands and legs. Cpl. Plamondon, after assessing the situation immediately set out for help where another companion, Cpl. Derek Shaw had a camper about four miles away. By this time it had started to rain and complete darkness had set in,

and he literally had to feel his way down the steep mountain. The only way he could tell what was in front, was to throw rocks ahead. If he could hear the rocks hit the ground he could proceed. Often he was at the edge of 30 to 40 foot precipices. It was a descent that would have been difficult even in the best conditions, but to make it injured and in total darkness was short of miraculous.

After he reached base camp, sometime after midnight, about four miles from the scene of the accident, Cpl. Shaw, who was waiting for them, immediately set out for Campbell River to notify the RCMP and get a rescue party.

In the meantime Cpl. Plamondon made his way back to the injured man with the aid of a flashlight and his dog, taking along a sleeping bag to make his injured companion comfortable until help arrived.

The RCMP contacted the Rescue Alert Centre in Victoria, who in turn contacted

442 Squadron and a Labrador Helicopter was dispatched. The RCMP and a ground rescue party from the Campbell River Fire Department arrived at the scene shortly after daybreak and had to move Mr. LeBlanc about half a mile to an area where the helicopter could pick him up. Cpl. Plamondon was released after treatment. Mr. LeBlanc, a former member of the RCAF, is recovering satisfactorily in St. Joseph's General Hospital, Comox.

Defensive flying pays off for Smith

Personnel and aircraft from 442 Squadron of CFB Comox were involved in the successful Search for, and subsequent Rescue of an Inuvik manlost in his aircraft on the 3rd of October.

The downed aircraft, a Piper Super Cub, registered CF-VUZ, was first spotted at 1140 on 6 Oct. by Captain Bill Glendy, co-pilot of Buffalo 454. Aircraft Commander Captain Cliff Eakin decided it was imperative to check the

condition of Mr. Smith, the downed pilot, as soon as possible. Two para rescue men, Warrant Officer Jack Austad and Master Corporal "Soup" Campbell, then parachuted into the crash site. They found a jubilant Mr. Smith in good health and spirits.

He had constructed a lean-to from canvas and willow branches, and had plenty of warm clothes, food and a rifle. Warrant Officer Austad, a former Survival School instructor, estimated Mr. Smith had sufficient food and shelter to survive for 20 to 30 days.

Labrador 302, a 442 Squadron helicopter, which was proceeding to Inuvik to join the Search, was contacted on radio from Inuvik by Searchmaster Captain Garry Foster. The chopper, piloted by Captain Barry Farnham, was diverted to the crash scene to pick up Mr. Smith and the two para rescue men and transport them to Inuvik. (Continued on page 9)

Athabaskan commission

LAUZON, Que. (CFP) — HMCS Athabaskan, second of four in the Canadian Forces' new series of helicopter-destroyers, was commissioned here Sept. 30.

Vice-Admiral H. A. Porter, assistant deputy minister (evaluation) at National Defence headquarters, Ottawa, was guest of honor and sponsor at the ceremonies.

The ship, wholly designed in Canada and considered one of the world's most modern warships, was built by Davie Shipbuilding of Lauzon, who are also building HMCS Algonquin.

Admiral defends armed forces, destroyers

LAUZON, Que. (CFP) — Need of armed forces in today's society and why Canada needs ships were scored in a straight-talking address by Canada's ranking naval officer a few days ago during commissioning ceremonies here for the newest addition to Canada's naval inventory, the helicopter-destroyer Athabaskan.

Vice-Admiral H. A. Porter, the defence department's newly-appointed assistant deputy minister for evaluation in Ottawa, said "the logic of the need for effective armed forces is not accepted by all Canadians," although he believes that "Canadians as a whole need to enter into this dialogue."

The admiral was guest of honor at the ship's commissioning ceremonies Sept. 30.

Defending the need for armed forces he cited, initially, "the protection and control of our sovereign rights." As an example he

said "the sea is essential in the conveyance of this nation's trade," and that "trade is vital to Canada's economic interests."

Canada, he continued, "needs to provide ample protection for its rich resources," saying concern about the exploitation of these resources grows day by day.

He went on: "Canada's rights to the rich resources off our shores and on our continental shelves must be recognized and protected. We need to know what is going on in those vast areas ... and identify any challenge to them. We need to demonstrate constantly and effectively our determination to protect those rights against any challenger."

"These areas are a source of concern, and could be coveted or threatened by someone else for either commercial or military reasons. Should a threat be perceived, resolute action will be necessary by civil departments of government." Referring to warships, he

said although "they are designed to fight, more frequently they achieve their objectives by their presence alone. Remember, he stressed, "a warship is a piece of the territory whose flag it flies ... it is an indication of its country's power, will and determination to protect its vital interests."

Admiral Porter said there is much truth in what was said by the eminent British scholar General Sir John W. Hackett, now principal of London's King's College:

"What a society gets in its armed services is exactly what it asks for, no more and no less. What it asks for tends to be a reflection of what it is. When a country looks at its fighting forces it is looking in a mirror. If the mirror is a true one, the face it sees there will be its own."

The former head of the forces Maritime Command, who began his career in 1939 as an ordinary telegraphist, cited the areas in which



VAdm Porter

Canada today claims sovereignty and jurisdictional rights. They are the Arctic islands and Northwest Passage; the continental shelves, vast territories beneath three oceans; our exclusive fishing areas; our territorial sea; and our

pollution control areas.

Admiral Porter went on to describe a profession in the armed forces as "developing the armed strength necessary to deter or counter-balance challenges, and to deploy that strength in the right place at the right time."

If this can be done successfully, he added, peace surely will endure and, hopefully, we will never need to engage in war. But he indicated the necessity of practising for war, adding that "we do our best to ensure that the people and equipment we have are ready to meet any challenge. We have dedicated ourselves and our lives to the defence of Canada."

Referring to Second World War members still serving in the forces, he said they know that "war is about 90 per cent boredom and 10 per cent terrifying, intense, violent activity, and we would not like to experience it again."

A successful Base UGN Fund drive came to an end on the 13th October. In the two week canvass period a total of \$5,264.40 were collected, exceeding the base objective by \$264.40

During the fund drive a total of thirty-five canvassers, canvassed 82 per cent of the Base personnel. Thirty six per cent (534 personnel) gave an average of \$9.86 each.

Base Campaign Manager Capt. T. Murray expressed his thanks to all the canvassers whose hard work made this campaign a great success.

The objective of the United Good Neighbour this year in the Comox Valley is to raise \$35,000 in support of 12 agencies. The big blitz in town took place on Monday, Oct. 16, and final results are not in yet.

WW2 ace retires

One of the last Canadian fighter aces still in uniform retired to civilian life Sept. 1 after 30 years military service.

Lieutenant-General D. C. Laubman, 50, was credited with 15 enemy kills during the Second World War and was twice awarded the Distinguished Flying Cross. Gen. Laubman has held the post of chief of personnel since his promotion to lieutenant general on May 1 this year.

Four distinguished Second World War airmen have retired from the Canadian Forces in a three month period. General F. R. Sharp, 56, retired last month as chief of the defence staff after 37 years service. Lieutenant-General E. M. Reyno, 55, a Battle of Britain veteran, retired Sept. 1 after a three year tour as the deputy commander-in-chief of the North American Air Defence Command.

On June 30, Lieutenant-General M. E. Pollard, 52, retired with 34 years of distinguished service. He served two operational tours as a bomber pilot during the war.

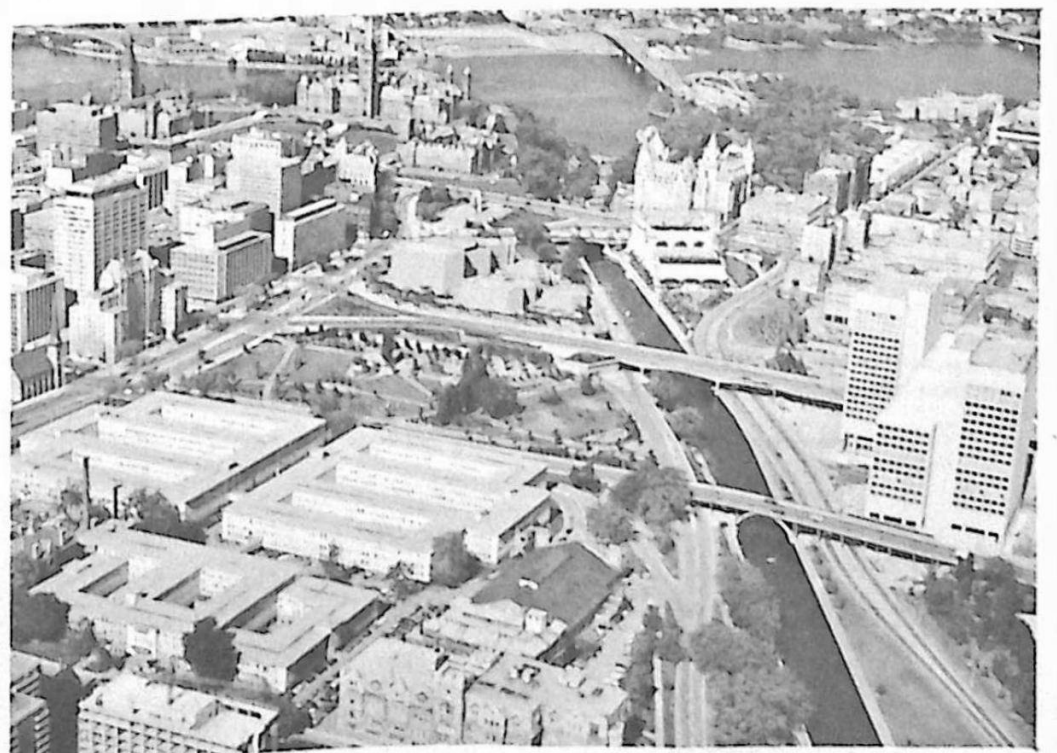
Lady Pat still ill

OTTAWA — Lady Patricia Ramsay, colonel-in-chief of one of Canada's proudest infantry regiments, Princess Patricia's Canadian Light Infantry, is seriously ill in her native England.

When the PPCLI was formed in Ottawa in 1914 by A. Hamilton Gault, at his own expense, it was Her Royal Highness, Princess Patricia of Connaught, who gave her name to the regiment.

At the time her father, the Duke of Connaught, was Canada's governor-general. She is the only surviving grand daughter of Queen Victoria and only surviving colonel-in-chief of any British Commonwealth regiment formed during the First World War.

Born March 1, 1886, she resided in Canada with her father during his term as governor general, from 1912 to 1916. During the illness of the Duchess of Connaught, (Continued on page 9)



LOOMING IN OTTAWA'S downtown core, centre right, is the new 20-storey national defence headquarters, scheduled for occupancy later this fall. The twin-tower edifice of glass, steel and concrete, interconnected up to the 13th floor, has 692,809 square feet of usable space. Passenger traffic is served by 22 elevators and two escalators. The \$32,339,000 building was originally intended for the ministry of transport but switched to defence when the contract was awarded. (Canadian Forces Photo)



"407 SQUADRON flew various marks of the Wellington (Wimpy) aircraft from their introduction to the squadron in January '43 until the end of the war. Various marks introduced such new ASW devices as the ASV radar and the Leigh light."

Demon History

PART VIII
4 Jan - 7 Mar '43

Synopsis:

The air of uncertainty that has clouded the squadron's morale for weeks was about to lift. The exciting anti-shipping strike role, that had earned 407 its name the "Demons", was about to give way to the anti-sub role. Nonetheless in January 1943, the squadron still had a few weeks left in which to add to its incomparable record against enemy surface shipping.

Jan. 4th
This afternoon at 1630 "T", "P" and "B" went out on strike off the Dutch coast with six Dutch kites, but the Dutch "Rover" came back with engine trouble, thus the convoy wasn't found. Plt. Off Tisdale was in "T" and Nick Rutchinski, his rear A.G. saw a Gerry night fighter and let three bursts go but missed. Flt. Sgt. Girourd was in "P" and Plt. Off Jenner in "B".

Jan. 13th
At 1945 we sent out four kites after a 16 ship convoy off the coast. There was no flask ship and all our kites dropped bombs, and got one ship and a near miss - probably a third. All kites returned at 2300.

Jan. 18th
Tonight at 1845 we sent out "T", "P" and "L". Went out after another convoy. Wg. Cdr. Archer got a near miss in "P". Sgt. Mause didn't get anything in "L". All returned at 2115.

Jan. 20
There's another large convoy off the Fresian Islands tonight so Flt. Off. "Andy" Anderson and crew went out with flares to light it up. He did this O.K. but never came back. The last we heard he was making a forced landing in the sea. With him was Flt. Lt. Middleton, Flt. Off. Birkinshaw, and Flt. Sgt. Mattison. They were in "X" ... We didn't send any more kites out that night. The next morning we sent four kites out to look for Andy, but never found anything. In the search were Flt. Off. Pritchard, Flt. Off. Tarver, Flt. Sgt. Main, Flt. Sgt. Johnston in "L"; Flt. Off. Watson, Plt. Off. Grant, Flt. Off. Bier, Flt. Off. Armstrong in "B"; Flt. Off. Arnett, Flt. Off. Finlyson, Plt. Off. Craig, Flt. Sgt. Parker in "C"; Wg. Cdr. Archer, Flt. Off. Peek, Flt. Sgt. Garvey, and Plt. Off. Libby in "T". They all looked for four hours but no luck. Everyone feels pretty bad about "Andy" as he sure was a real guy.

Jan. 26
At 1245 we were all called out and Plt. Off. Tisdale took "L" and got two near misses when he dropped his load between two ships. "C" was piloted by Flt. Off. Pete Heron but got nothing except two shell holes and some machine gun holes through the tail plane. Sqn. Ldr. Tyrell was in "B" but didn't claim anything although he dropped his load. Plt. Off. "Dag" Dalglish flew in "B" but didn't even find the convoy. He was late in returning and we almost gave him up as lost, but he came in at 6:35 a.m. Never saw anything. All kites returned.

Jan. 29
Well the "sad" news has arrived at last! We are converting to "Wimpy's" Wellingtons. The first two landed about 3:15 in the afternoon. They've done a very good job in Bomber Command, but we sure don't like 'em. They'll carry a two ton load and are of geodetic construction, the strongest built kite there is. We're keeping a few Hudsons till we have a conversion course.

Feb. 13
We saw our last Hudson go today. It was "O" for Oscar. They're sure done some good work.

Feb. 16
At 1030 a.m. we left Docking for Skitten, Scotland and arrived there at 1330 on the 17th. This is the Satellite dome for WICK and it sure is a windy hole. We are in dispersal huts and about a mile from the mess hall. The air is nice and fresh and plenty of it.

Feb. 20
Well we're doing our night training now which is going on almost all night and every night. "Y" and "Z" are the training kites and started at 1830. We'll be on this for six or eight weeks.

March 7
Our first operational trip went today at ten a.m. Sgt. Munch took "P" and Flt. Off. Jordan went in "E". We're on anti-submarine patrols around Norway and Iceland. They stay out around eight hours and carry six depth charges. Nothing seen.

Historian's Notes:
The attacks that LAC Hopkins noted for 26 Jan. were the last anti-shipping strikes to be carried out by 407. LAC Hopkins did not note that a few days earlier a most unusual incident had occurred to one of the squadron aircraft. Plt. Off. Dalglish, having overflown an allied convoy, had struck a balloon cable and cut the wing of the Hudson as far as the main spar. Nevertheless, the crew carried on with the patrol before returning to base.

Nighthawk's Nest

If you didn't sleep last week, you should have for Jon, Paul, Vern and Al were defending our coasts on more than two occasions. After a tiring day the pair from B flite spent an equally exhaustive night contemplating the non-harmonious nasal recitations of the crew from A flite.

With so many changes in Labour-Management (working conditions) in the QRA, one might suspect that the squadron fund is going broke. Some thought has been given to installing a pay telephone in the QRA especially for "Hockey Canada". One day's receipts, it is thought, would pay for at least half the renovations.

Part of the new look in the QRA is the addition of a billiard table which was stealthily appropriated out the back door of the mess in the absence of the all-revealing daylight. Once in the QRA two majors, five captains and two lieutenants spent the better part of one hour coming to an executive decision of where to place the table!

An AFCT team hastily arrived cloaked in secrecy and left very shortly after the expected good rating of 409 was achieved. See you again in February for TacEval.

Our newly combat-ready squadron commander, Lt. Col. Price, had his first Voodoo adrenalin experience last week. Loss of hydraulic pressure brought about swift corrective action and a safe emergency landing. On ne manque plus que ca! (for the benefit of WASPs, "Once is enough!")

Last Friday the Hawks were involved in another in a never-ending series of formal seminars commonly referred to as ground school. One of the many topics impinged upon is a new policy of more frequent squadron parties. I'll indulge to that! The limits of unsightly and overly-extending cranium or facial follicles were reminded to those requiring this service. That is as they say, "ONE"

The Nighthawks and Nighthawkees attended a gathering especially to welcome new members, namely: Maj. Jenks, Captains Living and Kidd and of

course, their ladies. The gathering was also held to say farewell to those leaving 409 and generally to say Hi to a girl named Margarita.

Dinner of course was an especially formal affair and soon became a nightmare for those Dale Carnegie graduates. With one hand raised and two fingers extended indicating the peace sign, Yahmush Guru Gill endeavoured to impart a steady course to the proceedings by signifying that the events were "highly irregular" and then he uttered the poignant words "Let it go, let it belong," which so confused the majority, that touch with reality was soon lost for the whole evening (which might have been a clue as to further developments later that night).

After several fond farewells between Maj Conn and Harry, "the embraceable", our resident Ad Libber proceeded to endear himself to many people and finally rejecting the fact that he was given only half a drink (in his estimation) said goodbye to 409. Lt. Col. Price on behalf of 409 wished Harry a "Special Goodbye" and with that 409 adjourned to partake of the Loving Cup.

Those that survived the initial party eventually wound up at our Gringo Nav's estate and proceeded to do a little past midnight meandering and tippytoeing through the weeds in Frank's back forty. A good time was had by all (all those who could remember.)

This week the fickle finger of fate was posted (list of secondary duties) and many of the contestants were lucky winners and others, well ... The "Clutch" Kinney was seen lurking around 409 this week. All finished his training and all primed to chaff, ecm and evade the good guys. Our ever successful Voodoo's were presented with a more difficult target this time; it seems Don even filled his flying suit pockets with chaff just in case he ran out.

Rumor of the Week: Don Kinney has been assured that within six months he will be recruiting in beautiful downtown Comox for another 10 years.

Aussies win Fincastle

An Orion crew from the Royal Australian Air Force has won the annual competition for the Fincastle Trophy. In 1971, the Australians jointly held the top honours with an Argus crew from CFB Summerside. Also competing in the meet held in Singapore, were an Argus crew from 404 Squadron from Greenwood, an Orion crew of the Royal New Zealand Air Force and a Nimrod crew representing the Royal Air Force. The Fincastle Trophy is awarded to the Commonwealth crew which achieves the best results in anti-submarine warfare.

Each crew carried out a day and a night patrol using all their skill and cunning and electronic gear to detect, classify, localize and attack an evading submarine. The submarine, being friendly, is not actually sunk, much to the relief of the crew. However, the judges are able to determine whether the sub would have been destroyed had live weapons been used. The Canadian crew, commanded by Captain Bill Stone, won an ASW competition held in Summerside last July giving them the opportunity to represent the Canadian Forces in the competition.

Voodoo Nuts, Bots and Volts

BY PAUL KLEM

Last week I mentioned that some people associated with aircraft trades were unhappy at being left in a lower pay field, with a resultant lesser pay raise. I mentioned Safety Systems only as an example, since I didn't want to get involved in a very controversial and touchy subject. When I went into base Workshops to get an aircraft repair job done, the reception I got was slightly less than cool. You'd think that I had something to do with the raise or keeping the Workshops in a lower pay field. I could understand their disappointment since they are a very important part of our aircraft repair establishment. Without their knowledge, skill and support we would indeed be pressed to maintain our aircraft serviceability. I can only say that they need stronger representation when the pay scale is being reviewed.

Sgt Al Seeber, while on Orderly Sgt duties, pulled into the Visitors 30 Minute Parking spot by No. 7 Hangar, during normal working hours. He returned a short time later to find a Parking Violation

Ticket on his windshield. The air was blue when he returned to the office and for threst of the day. That parking ticket really made his day. I chuckled, visualizing a good subject for an editorial heading, "Orderly Sgt Nailed for Illegal Parking", but unfortunately some kind soul squashed the charge and I end up writing about pistings, in and out, and internal transfers.

Lt Bob Atkinson, our able ASRO is moving to the MSO position. Lt Gary Olson is moving into the inner office, which the ASRO vacated. Lt Bob Denyer has taken over the ARO position, leaving the LSO office for MWO Milton Bingham. Other moves include:

Sgt Garry Dietrich, I & E Lab to Repair; Sgt Dick Casselman, GSE to Servicing; Cpl Clete Weiman, JEFM to

Snags; Cpl Terry Bloom, Servicing to Repair; Cpl Barry Mussion, NAVCOM to RS Maint; Cpl Roy Wood, Repair to Snags; Cpl Roy Trimmer, RS Maint to Missile Maint; Cpl Bill Killops, WLS to BARMPO; Cpl Ed Savard, WLS to BARMPO; Cpl Hughie Knockwood, Servicing to Snags; Cpl Bill Martin, Servicing to Snag; M/Cpl Bob Lario, GSE to I & E Maint; Cpl John Campbell I & E Maint to GSE; Pte Randy Nahu, Servicing to Snags; and Cpl. Don Millard, Snags to JEFM.

New arrivals are Cpl. Henry Fogarty, Cpl Charles Angers and Cpl Al Smith from 442 Sqn to Servicing. To all the people on moves, we wish them all the best in their new jobs and positions. Flash! Servicing Section informs me that Friday the 13th came early Thursday morning this year!!!

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MASTER CORPORAL Peter Engbrecht, 49, of Whitewater, Man., takes the salute on Ottawa's Parliament Hill during a march past of 200 delegates of the Royal Canadian Air Force Association. Engbrecht, the only non-pilot ace to come out of the Second World War, serves at Canadian Forces Station Beausejour, Man. On his left is Brigadier-General R.A.B. Ellis, director-general strategic objectives planning. Right is Brig.-Gen (ret) E.S. Light, former Protestant chaplain-general of the armed forces

(Canadian Forces Photo)

Air gunner honoured at RCAFA convention

BY MAJOR DAVE FRY
OTTAWA (CFP) — In looking around for a guest of honor for their annual convention just concluded here, the Royal Canadian Air Force Association this year came up with a real ace — and they gave him a send-off to remember.

Selected for the honor was Master Corporal Pete Engbrecht, 49, of Whitewater, Man., who retires in December of this year at CFS Beausejour after 28½ years of service.

A master corporal with all that time? A real ace? You'd better believe it — in more ways than one.

First off he's an air combat ace, the only known non-pilot ace of the Second World War. He won that distinction by shooting down more than five enemy aircraft after demustering from a general duties airman to air gunner in 1943. On his first operational mission Sgt. Engbrecht scored a double success against German night-fighters and followed up with a repeat performance about one month later. For his efforts Flight Sergeant Engbrecht was awarded the Conspicuous Gallantry Medal by King George VI in August 1944.

The citation read in part: "His exceptional coolness and confidence under fire was a source of inspiration to other crew members." Throughout the three days

of hectic convention activity in Ottawa Master Corporal Pete Engbrecht showed he's lost none of his cool confidence. With easy poise he faced an opening barrage of questions from the press, the floodlights of TV crews and countless flash bulbs.

Next morning, after a brisk two-hour walk, he faced more press at 8:30, attended the RCAFA wreath-laying ceremonies at the national cenotaph after which he was whisked away by car to a dais in front of the Parliament Buildings. There, the first ever to be so honored, MCpl. Engbrecht took the salute as the RCAFA's 200 delegates from 75 communities across Canada paraded their colors in review.

In equally great style he attended all the functions and luncheons, filling the guest of honor role with easy dignity. His crowning moment came during the banquet, Friday Sept. 29, when the patron of the RCAFA, His Excellency Roland Michener said in his address: "Master Corporal Engbrecht, the Royal Canadian Air Force Association saluted you yesterday on Parliament Hill. Your governor-general salutes you now."

A roar of spontaneous applause from more than 400 guests filled the ballroom of Ottawa's Skyline Hotel.

"Not bad for a Manitoba blacksmith," chuckled Pete later that evening as he recalled his rise in rank to pilot officer in wartime and to flying officer during a post-war short-service commission. Then, as he remarked, "times changed."

When his five-year contract was up he was let go because he lacked sufficient formal education to be a career RCAF officer. But he bounced right back and signed on again as an airman with the rank of leading aircraftman and began the long, slow climb back up to his present rank.

"Some of the young lads wonder about their future when they hear about my past," he told someone who asked if he didn't bear any grudges against the service after all these years. "But I tell them that, if they are as good to the service as the service has been to me, then they'll go a long way and enjoy every minute of it." Those aren't the words of a "has-been"! They're from a man who is still very much an ace.

LRPA program managers named

OTTAWA — A program management team has been named for Canada's long-range patrol aircraft project, announced in mid-July to replace the armed forces' aging Argus aircraft.

Heading the project as program manager is Brigadier-General T.S. Allan, 44, of Phillipsburg, Que., and Ottawa, who was promoted to that rank Sept. 1.

Deputy program manager is Larry J. Stopforth, an aeronautical engineer who has been a division chief of aerospace branch of the department of supply and services in Ottawa.

The two will be jointly accountable for the management of the program, to meet the financial performance and industrial benefit goals established by the Canadian government.

They will head a project team to integrate the specialist activities of government and industry, including the departments of regional economic expansion, and industry, trade and

Escape artist

New job for LCol Labrosse

OTTAWA (CFP) — One of Canada's most decorated soldiers and co-organizer of the Second World War's most successful escape route out of Europe, has been appointed a commissioner to the Canadian Pension Board for a one-year term.

Raymond LaBrosse of Ottawa, together with Montrealer Lucien Dumais, worked for "Room 900" of MI-9, the intelligence section of the British War Office dealing with escapes.

For 10 months, operating near Paris, France, they successfully smuggled 307 allied airmen and agents back to Britain by August, 1944.

A former lieutenant-colonel and officer in the Royal 22nd Regiment (Van Doos), Mr. LaBrosse, who enlisted in the Militia in 1939 as a private soldier, wears the Military Cross, American medal of freedom with palm, chevalier de la Legion d'Honneur and Croix de Guerre with palm.

Before retiring from the Canadian Forces in Sept., 1971 he was special assistant to the minister of national defence, then the Hon. Leo Cadieux. Prior to his appointment as commissioner Mr. LaBrosse was departmental secretary with the department of the solicitor general.

commerce. The two-man team will be the single point of contact for the project within the government complex.

The proposed long-range patrol aircraft will be equipped with modern, maritime surveillance systems and will serve a variety of Canadian requirements, both military and civilian, in the late 1970s and '80s.

Gen. Allen entered the Royal Canadian Navy in 1944 and graduated from Royal Roads College, Victoria, in 1946. He then underwent engineering training with the RCN and the Royal Navy,

serving at sea in various RN ships.

He is a pilot and has flown with RCN and RN squadrons, as well as with the U.S. Navy's Air Test Centre as a test pilot. In 1969 he was appointed director of maritime equipment engineering at national defence headquarters in Ottawa.

Mr. Stopforth is an ex-RAF aeronautical engineering officer and has held a number of managerial posts in the aerospace industry and in government. Before entering the public service in 1969 he was manager of industrial engineering with Bristol Aerospace in Winnipeg.

CMR celebrates its 20th anniversary

ST. JEAN, QUE. — College Militaire Royal de St. Jean, one of three Canadian military colleges educating officer cadets for the Canadian Armed Forces, celebrated its 20th anniversary, Oct. 7.

Original military installation was known as Fort St. Jean. It served as the main invasion route in the battle between the 13 colonies and Canada, and as early as 1609, the founder of Quebec, Samuel Champlain, made use of it in his struggle for the possession of North America.

Officially opened Nov. 13, 1952, by the late Right Honourable Vincent Massey, then governor general of Canada, the first class of recruits numbered 129 cadets, 81 French-speaking and 48 English-speaking. The first class graduated in 1955 and two years ago the college gained degree-granting status.

Today the college enrolment is 420 cadets, of which 60 percent are French-speaking and 40 percent Anglophone.

Highlighting the college's two decades of existence was the Oct. 12, 1961, ceremony when Major-General Georges Vanier, governor general of Canada, presented the college its colors on behalf of Her Majesty the Queen.

The two other service colleges are Royal Roads near Victoria, established in October, 1942, and Royal Military College, Kingston, Ont., opened initially June 1, 1876, closed during the Second World War, and reopened as a cadet college Sept. 9, 1948.

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**YOUR "SOUND" CITIZEN
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COMOX VALLEY**



**Bob Chown believes that marine
rescue facilities should be
co-ordinated by civil defence.**

ON OCT. 30 VOTE

CHOWN, Bob X

LIBERAL

INSERTED BY THE COMOX-ALBERNI LIBERAL CAMPAIGN COMMITTEE

RANGETOP UTENSILS
Consumers' Association of Canada reminds the busy cook to use all heat resistant glass rangetop utensils in the manner intended by the manufacturer. Rangetop utensils, restricted to the percolator, teapot, saucepan and double boiler categories, should always have a wire heat spreader grid beneath them on electric elements.

It's your health

Smoking, according to the warning on cigarette packages, could be harmful to your health. Many reports from many doctors cite smoking as a major factor in the meteoric rise of lung cancer and emphysema to their present prominent positions as causes of death on the North American continent and elsewhere. They also cite smoking as a cause of a generally lower standard of health among smokers compared to non-smokers of similar ages and backgrounds.

The armed forces, which are interested in keeping their people healthy, tend to go along with this. Medical officers, some of them anyhow, inveigh against the use of tobacco. Apart from this, though, the services take little positive action to reduce the incidence of smoking among servicemen.

They might, for example, tut-tut against the use of tobacco, while encouraging its sale in Canex outlets. They allow smoking just about anywhere that there is some chance that an explosion will not occur. And they squander vast sums on ash-trays so that smokers will not grind their butts (cigarette butts, that is,) into the carpeting. It is all very perplexing.

If you are the average short-of-breath smoker, you are by now presumably screaming, "I've got a right to smoke if I wish. They're my lungs, and I'll do with them as I wish." So true. You do indeed have a right to ruin your health if you so wish, but how about the rest of us?

Indeed how about the rest of us! How about the non-smoker who clambers aboard the trusty 707 and discovers that he has to sit beside a non-stop smoker all the way to Trenton. What of his right to reasonably unpolluted air?

Or how about the non-smoker who ambles into the mess for supper and is compelled to share a table with some dummy who figures that the best sauce for any food is not tobacco, but tobacco. What about his right to enjoy his meal?

The time to do something about it is now. The armed forces, interested as they are in keeping their people healthy, could take positive steps to discourage smoking among their members.

They could, for example, ban the sale of all tobacco products in Canex outlets. It is at best inconsistent, if not hypocritical to deplore the effects of cigarette smoking while gleefully accepting the profits from the sale of cigarettes.

They could also ban smoking in all service aircraft, or failing that, they could relegate smokers to their own special room in the nosiest part of the airplane, such as, for example, the baggage compartment, or maybe the wheel well.

They could also ban smoking in all service dining rooms and cafeterias. Many are those who laughed at the old Navy tradition of beheading anyone who was foolish enough to light up a butt in the dining room, but Horatio and his boys were on the right track. That is one Navy tradition that could profitably be legislated into uniform.

Smoking, as the sign says, can be hazardous to your health. It can also be hazardous to the enjoyment of life by non-smokers. In the interests of good health, the armed forces should begin a vigorous campaign to relieve people of their dependency on cancerous pacifiers. To effect a significant reduction in the number of smokers in the armed forces would be a great step forward in the field of preventive medicine.

What about it surgeon-general?



Vadm Porter speaks at commissioning

It's a great day for Canada

Following text pertains to the relevancy of armed forces in today's society, Canada's maritime role, and the protection of its resources, sovereignty and jurisdictional rights.

It was delivered by Vice-Admiral H. A. Porter, the defence department's assistant deputy minister for evaluation, on the occasion of the commissioning of HMCS Athabaskan at Lauzon, Que., Sept. 30, 1972.

Mr. President, Mr. Kirkwood, honoured guests, officers and men of HMCS Athabaskan.

This is a great day!
It is great because we see before us a fine Canadian achievement - the design and construction of this magnificent warship. It is great because we will see the first ship's company man her and begin the exciting and demanding task of making the Athabaskan into an efficient unit of the Canadian Navy, second to none.

This is also a great day for those people who have served in previous Athabaskans and their relatives. This is the third ship to proudly bear the name. The first, one of the famous World War II Tribal class destroyers, was lost in action in the English Channel in 1944. Some of the relatives of that ship's company and some of the survivors who spent time in German prisoner of war camps are here today. Also here are some of the commanding officers and ships' companies of the second Athabaskan, a Canadian built Tribal. I feel certain all of you who have memories of Athabaskans I and II are watching with many feelings as the new Athabaskan begins her life and her career.

I am honoured and proud to be the guest of honour at the commissioning of HMCS Athabaskan. I share this honour and pride with Mrs. Porter who sponsored the ship at the launching. It is a great day for her as she sees the transformation that has taken place since 27 November 1970 and as she witnesses the moving ceremony when this ship comes alive in a very few minutes.

The helicopter destroyer 280 class of ships of which Athabaskan is the second, represents a giant step forward for the Canadian Navy. The four DDH 280s are the first major warships we have designed and built in Canada since the 1950s. In one stride we have overtaken many of the important navies of the world in providing for Canada versatile, general purpose warships. They are fine ships, modern in every way. Built into them are many firsts for our navy. They include a gas turbine propulsion system; a modern computerized combat control system; a capability to operate large helicopters in all weather conditions; an advanced sonar system; a single five-inch automatic gun; and a surface-to-air missile defence system, to name some.

The new ships have an important role to perform in the defence of Canada, in the protection and control of our sovereign rights. They will carry out this task as part of a team made up of aircraft, other ships and submarines.

They will also make an important Canadian contribution to the defence of the sea approaches to North America.

During exercises and in an emergency they will form part of the Canadian contribution to the maritime defences of NATO. I can foresee the day when this ship will proudly represent Canada as a unit of the standing NATO Naval Force Atlantic. In this international naval squadron where competition is keen, I predict that she will show that she is second to none. Many of you must be saying to yourselves - these are fine ships but why does Canada need them? Why should Canada be so concerned about the sea and about seapower?

The Canadian motto is "A Mari Usque ad Mare". The vision it usually evokes is that of the great and varied land mass between the seas. In a recent study of marine science and technology in Canada, Canadians are challenged to see their coasts, not as a border, but as a springboard from which they can move out to seize the opportunities and meet

the responsibilities of being a maritime nation.

Why should Canada not only maintain, but as I believe, increase her interest in maritime affairs?

First of all because the sea is essential in the conveyance of this nation's trade, and trade is vital to Canada's economic well being. There is a growing uneasiness in the western world that, with the balance of sea power shifting so that for the first time in centuries, there is no one nation that "rules the waves", the free use of the oceans of the world for commerce can no longer be taken for granted.

We need to take to our hearts some words of the poem written many years ago about Canada:

"The wholesome sea is at her gates, her gates both east and west. The gates remain but prison bars unless the roads beyond are free."

Next, Canada needs to provide ample protection for the rich resources to be found off our shores.

To date, we have only harvested the obvious foodstuffs - fish and shellfish - from the sea. The concern about the over exploitation of these resources grows day by day. But as the quantity and variety of fish life is depleted, we will turn to other forms of food, many of which have yet to be harvested or indeed discovered, but which are there sitting at our doorstep.

Today, the most important natural resource we seek from the land beneath the sea is oil. Once other mineral resources available to us on our land mass above the oceans are depleted, we will seek them from the sea or from the seabed.

Canada's rights to the rich resources off our shores and particularly those on our continental shelves must be recognized and protected. We need to know what is going on in those vast areas, we need to identify any challenge to them. We need to demonstrate constantly and effectively our determination to protect those rights against any challenger.

Today, Canada claims sovereignty and jurisdiction rights with respect to: The Arctic Islands and the Northwest Passage; the Continental shelves, vast territories beneath three oceans; our exclusive fishing areas; our territorial sea; and our pollution control areas.

Each of these areas of maritime interest is a source of concern, and could be coveted or threatened by someone else for either commercial or military reasons, particularly as its importance and value grows. Should such a threat be perceived, resolute action will be necessary initially by civil departments of government. This will usually be sufficient especially if all concerned are aware that warships are available and can be called up if required.

Warships, although designed to fight, more frequently than not achieve their objectives by their presence alone. Remember that a warship is a piece of the territory that whose flag it flies, and is an indication of its country's power and its will and its determination to protect vital interests.

In the last few minutes I hope I have impressed you with some of the reasons why the interests of Canadians in the sea and the importance of her maritime forces are increasing.

The logic of the need for effective armed forces is not accepted by all Canadians. There are some who question the relevance of armed forces in today's society. I believe that Canadians as a whole need to enter into this dialogue. There is much truth in what was said by an eminent soldier-scholar, Sir John Hackett:

"What a society gets in its armed services is exactly what it asks for, no more and no less. What it asks for tends to be a reflection of what it is. When a country looks at its fighting forces it is looking in a mirror: if the mirror is a true one, the face it sees there will be its own."

This whole matter has provided much food for thought for many of us in the Canadian Armed Forces. Those of us, and there are not many now still serving, who lived through World War II know that war is about 90 per cent boredom and 10 per cent of terrifying, intense, violent activity and would not like to experience it all again. Also, all of the members of the Canadian Armed Forces who see the terrible destructive power of modern weapons hope very much that they will never see them used in anger.

One of the senior officers in Maritime Command, who has a penchant for slogans, said recently with respect to the profession of the members of the Canadian Armed Forces - "peace is our profession, war is our trade."

Another way of looking at it is this. Our profession in the armed forces is developing the armed strength necessary to deter or counter-balance challenges and to deploy that strength in the right place at the right time.

If this can be done successfully, then peace will surely endure and hopefully we will never need to engage in our trade, war. But we practise for that trade. We do our best to ensure that the people and equipment we have are ready to meet any challenge. We have dedicated ourselves and our lives to the defence of Canada.

Now I would like to conclude with a few words for Commander Yanow and his ship's company.

Today HMCS Athabaskan which lies so quietly yet so expectantly alongside this jetty will come to life when you man her. At that moment her life begins and you, collectively, are the most important element of it.

Most of you have had some training to prepare you for your jobs on board. Each one of you has an important job to do. Without the best efforts of each one of you the ship will not excel. Each one of you is an essential member of the team making up the ship's company. Together over the next few months it is your job to make Athabaskan into the best, the proudest, and most important fighting unit in Maritime Command.

Your job is to be ready at all times to take on any assignment, any duties given to the ship. These may be warlike jobs, operational exercises, operational patrols, patrols planned to exercise a Canadian presence in an important area of the ocean, showing the flag, a public or school relations cruise and many others as diverse as the examples I have given. You must be flexible and ready. I know you will be.

Remember that you are an important part of this country's recognition of her maritime rights, her determination to show the rest of the world that we care about our rights, and her will to defend those rights should, God forbid, this ever be necessary. Canada and Canadians will be watching you and wishing you well in your endeavours.

Je souhaite bon vent et bonne mer a L'Athabaskan.

Over the counter

By L. CDR. I. F. McKEE

Ninety-five percent of those whose hobby is to speculate in the Stock Market lose money. Those aren't bad odds if you consider that one hundred per cent of those whose hobby is skiing lose money.

If you want to make a business of buying stocks and bonds, I suggest you spend at least forty hours a week at it. If you want to treat it as a hobby maybe I can get you started on the right foot. If you are lucky perhaps it won't cost you too much - maybe you will even make a little. If you want to invest, and can avoid the temptation of possible quick riches, you should be able to make more through the stock market than by depositing money in the bank. After all, the bank invests your deposits and they are making a profit.

What is the Stock Market? When it started less than a hundred years ago the main idea was to bring together a lot of people with a little money to provide a source of capital (money) for big business. It still undertakes this function. Companies that want money to expand their operations frequently obtain it from many investors big and small through the stock exchange. Only the most naive think that it is what it is all about today. The majority of the transactions handled today are for investors trying to make a profit for themselves by purchasing a stock or bond today and hoping to sell it in the future at a profit.

Now is the time for the first word of caution. If you buy something because you think the price will rise somebody else must be selling it because he thinks it will not. That is what makes what "Adam Smith" calls the money game.

You should remember however that it is not just a case of fifty per cent making money and fifty per cent losing money because, for example, when Imperial Oil discovered the Leduc Oil Field everyone involved could make a profit. No one has to lose money when a new product is discovered.

There is another factor in buying and selling that is sometimes overlooked. You do not have to buy and sell through the stock exchange. Many investments, Canada Savings Bonds for one, are not even sold through the exchange. If you can find a seller on your own you can buy his investments without paying a commission. The stock exchange is only a convenience. What this convenience will cost you will be taken up later.

If your wife complains about your interest in the stock market advise her that some wag has said "no man is so harmlessly employed as when he is making money".

Credit buying

OTTAWA (CFP) - "Never borrow money needlessly" ... so a well-known television jingle goes. This is good advice, especially for the unwary and for those who do not fully investigate the pitfalls of repayment.

There's growing belief amongst some servicemen that it's possible to borrow their way out of debt. There is also a long list of servicemen whose experience proves otherwise.

Organizations that lend money do so to make money. Simple mathematics indicate they would not be in business unless they made a profit from the borrower.

Borrowers are vulnerable in many ways. Often they get caught in a vicious circle. They aren't able to meet the monthly payments of their original loan so they go to the lender to stretch out their payments or bundle a series of debts into one large loan. These rewritten loans often compound the interest and borrowers are worse off than they were with the original loan. There are recorded cases where loan compounding resulted in an overall lending rate of 70 per cent.

Most provinces regulate that the amount a loan will cost, in dollars and cents, be clearly specified on the contract. Many borrowers do not read the print, however, and have no idea what it will cost them to borrow money.

So, if you want to stay solvent follow these steps:

- plan your finances.
- be cautious in your use of credit cards.
- charge goods only when necessary.
- don't sign contracts until you've read the small print.
- examine all bills.
- ensure your income exceeds your outgo.

As a further aid to financial solvency, servicemen should investigate assistance offered within the forces. If you require a small loan, or financial counselling check with your local credit union. These organizations feature interest rates in the ten per cent range versus the twenty-four per cent range found elsewhere. For a small joining share of about five dollars, servicemen can use the facilities of their local credit union.

Remember - to ensure you don't wind up with too much month and too little money - plan carefully.

Education ain't free

By BEETO

The October 5th issue of the TOTEM TIMES had a classified advertisement which stated, "Finish High School at Home". It went on to call itself, "Canada's leading school" and in large type "FREE BROCHURE". You can be sure that the brochure would be the last free thing you would receive from this school.

Now, I have never corresponded with this school nor do I know what fees they would charge for finishing high school at home. However, you can be sure that they would not be in business if they did not make a reasonable profit from the fruits of their advertising. It may be that they are an excellent correspondence school and they may have and deserve a high reputation. But the

point of this article is not their reputation, good or bad.

What I want to point out to you is that there are recognized high school correspondence schools all across Canada and these are the ones run by the respective Provincial Departments of Education. The courses they offer are the same as those given to high school students attending regular day classes. They apply particularly to those adults who wish to further their formal education in academic or vocational subjects or to study art, writing, and like courses for general interest. The charges are minimal and for servicemen, some rebate of fees is made possible through the provisions of CFAO 9-2.

For further information contact the BITO at local 469.

TOTEM TIMES

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Advertising inquiries may be directed to Lt. Bob Denyer at 339-2211 Loc. 468

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AUDREY COLLINGS of the Golden Palette Art Club presents Miriam Clarke with a painting of Mount Robson

Art Exhibit huge success

Nearly 300 people took time from their enjoyment of the brilliant autumn sunshine last weekend to visit Airport School and examine the art display organized by the Golden Palette Art Club.

The exhibit included portraits, landscapes, seascapes, still lifes, abstracts, some charcoal and pen drawings and even a few wildlife studies and animal caricatures which seemed to please the younger visitors.

Almost 100 works were shown and the club members can be justly proud of the calibre of their handiwork. Viewers commented repeatedly on the remarkable variety and quality of the display.

A special feature of the Fall '72 exhibit was the chance for every adult who attended to enter their names in a free draw — the prize being a

lovely painting of Mount Robson donated by Anne Power. The winning ticket was drawn by club president, Ivy Morand, at the conclusion of the show. The winner was Mrs. Miriam Clarke of Comox.

The club members plan on spending the winter months painting together indoors and out and are already preparing to have many new works ready for the Spring Exhibit. If the club has a fault at all it seems to be the lack of male members. The majority of the membership is female and they tell me they are anxious to hear from some of the talented males of the Valley.

A word of advice to those who missed the Fall Exhibit — watch for announcements of their next show and if you can possibly attend, the effort it may take will be well rewarded.

CFB Comox came forth

Do you remember Mpeseduadze? Or a walkathon in the pouring rain? Last November, all Canadian Forces Bases were called upon to assist the people of Mpeseduadze, Ghana, in the construction of a pipeline to their village. The Department of National Defence's "Project Pipeline" is now complete, and the results were overwhelming.

This was a tremendous undertaking, and the members and dependants of CFB Comox can be most proud of their efforts and contribution to this worthy cause.

On Nov. 13, a fifteen mile "walk for water" was held, and fifth-three walkers slogged through steady rain to bring in a total of \$1,734.15. Our objective was \$1,000, and to be \$700 above this was most gratifying to all.

The two base chaplains, Father Borg and Padre Ritchie headed up the local committee. Representatives were chosen from the squadrons and sections, and Capt. E. Briggs was base coordinator.

The largest contribution came from CFB Europe with \$5,638.32, second was Uplands with \$2,595.89; third, Val Cartier with \$2,052.00; and fourth was CFB Comox with \$1,734.15.

Total funds amounted to \$42,000, and for this the people of Mpeseduadze are most grateful.

Chapel Chimes

PROTESTANT CHAPEL
Rev. R. J. Ritchie - Base Chaplain (P) Telephone No. 339-2211
Local 273

SUNDAY 22 Oct. 72:
1100 hrs. - Divine Worship - The Sacrament of Baptism will take place during this Service
SUNDAY 29 Oct. 72:
1100hrs. - Divine Worship will be followed by Holy Communion in accordance with the custom of the Anglican Church. Communicant members of all denominations are invited. Reverend Eric Scott will be Celebrant.

SUNDAY SCHOOL
Each Sunday at 0930 hrs. in the Chapel
CHOIR PRACTICE - EVERY THURSDAY
6:00 p.m. - Junior Choir
8:00 p.m. - Senior Choir
New members are always welcome and particularly at this time of the year as we begin to prepare for our Christmas music. Even if you are unable to join the choir on a full time basis the Choir Director would greatly appreciate it if you would come out and help prepare for the Christmas season.

RC CHAPEL
Father Joseph A. Borg - Base Chaplain (RC) Telephone No. 339-2211 local 274.

MASSSES
Saturday 7:00 p.m. Sunday Vigil Mass
Sunday - 0930 and 1100 hours

WEEKDAYS:
Tuesday - 7:30 p.m.
Wednesday - 4:30 p.m.
Thursday - 4:30 p.m.
Friday - 7:30 p.m.

SACRAMENT OF PENANCE:
After Mass on Saturday at 10:00 p.m. and before weekday Masses

BAPTISM:
By appointment, usually the third Sunday of the month, at 1:30 p.m. On other Sundays for a good reason.

CATECHISM CLASSES:
Are held every Wednesday evening in the PMQ School from 6:30 to 7:30 p.m. for Grades I to IX inclusively.

JUNIOR CHOIR:
Meets in the PMQ School every Wednesday evening following Catechism classes at 7:30 p.m. Ages 10 and over.

MISSION SUNDAY
22nd October, 1972

Bob Chown believes in a permanent voter registration card system

ON OCT. 30 VOTE

CHOWN, Bob X

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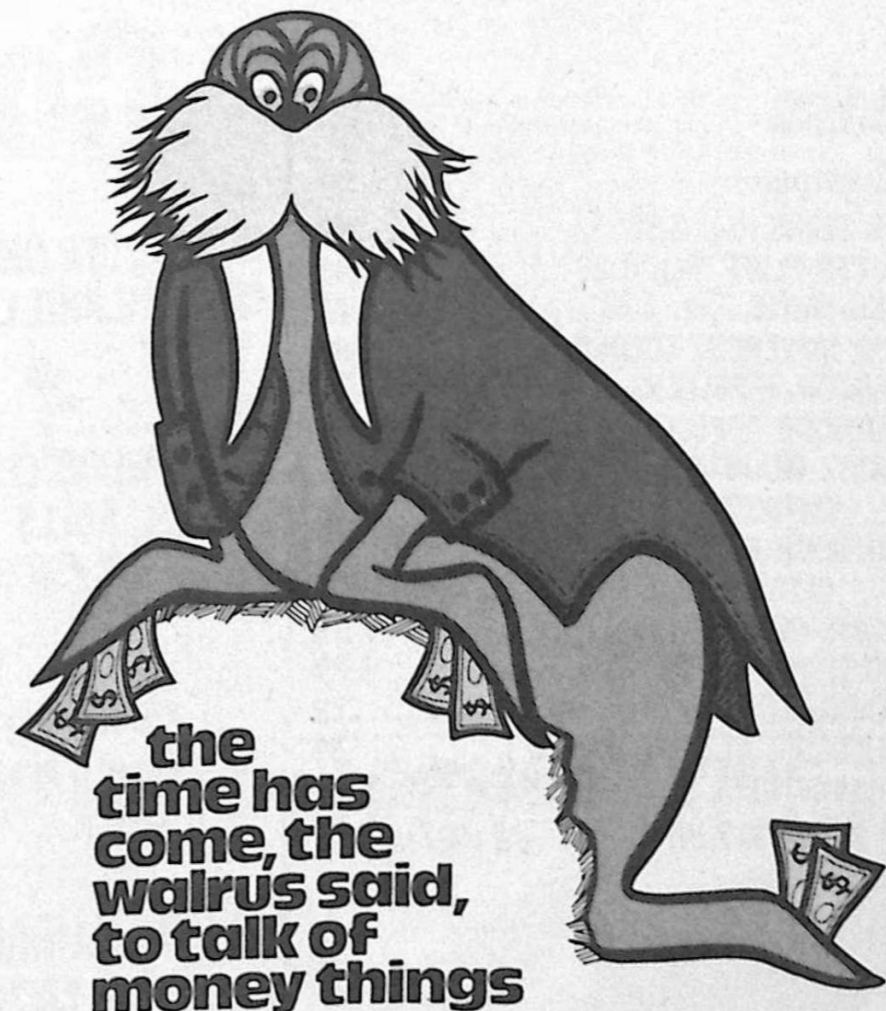
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the time has come, the walrus said, to talk of money things

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Life in a small town

BY NOLA WELLS
I used to think of Courtenay as a town. But now I believe it to be a city. Comox and Cumberland are suburbs. People from the different communities gather on a Friday night to shop on the main street, but they never do feel part of one heartbeat. There are too many heartbeats here to ever blend. Hockey games might unite a country, but for how long?

There is much loneliness here, but then that isn't something unique within Courtenay alone. There is much loneliness everywhere. Progress only deepens it. Nothing ever eliminates it. Like old age, it always will be inevitable.

People buy the paper every Wednesday. They learn what is going on within their own town. Or maybe they think they can learn in that manner. A paper tells them enough. It can shock them, or make them feel lucky. It can embarrass them, or make them angry. They can feel part of something, without ever really needing to become part of it. Beautiful, great. But I guess it is better than not feeling at all.

The motion picture theatre, is a place to gather. Emotions to any degree are stirred. If it is laughter, everyone can let it all out, without fear. And the evening is a good one. If it is deeper than laughter, you can become moved, and let it out when you get home. Such things are maybe too personal to share, yet in our time.

This is a beautiful town. Sometimes its beauty moves me to tears. These are the times my children walk away thinking "Please don't let her embarrass us". But it is all right. It is good. Beauty should move something inside. Maybe that is the purpose of it all.

Some people here are not yet touched. A virgin quality so beautiful to see, and yet so unique, it is almost impossible to believe. We who come from the harsh pavement life of cities, and who look at Courtenay with different eyes, sometimes see it as a backwoods-type of existence. "Can people really live in such small worlds anymore?" we might ask ourselves. But after a while, it all comes into

focus. Who is the teacher here and who is the student? Does the difference ever become known? Hopefully, yes.

There are still roots here. Roots to things we sometimes lose contact with, on the different modern bases we have come from and the different city levels, we have related to. Things change, but the salmon still come here, year after year, unable to see changes. Unable to notice differences. Apple trees fill, time and time again. Different people pick them. Different people see them. But the tree is still there. Birds are born and die, but their patterns remain the same. Generation after generation of them go to the same tree, and make nests. Year after year leaves turn color and die, only to come alive again. Earth softens and hardens, and sleeps, and lives. Kids play in it. Women plant flowers in it. Men dig it up, and build houses on it. Whatever happens, it remains the same. It always has, and it always will.

There are gardens here, straight out of "Jake and the Kid". Pumpkins are growing in them now. Some of the fences surrounding them haven't seen paint in more than 20 years. But that too is okay. The wood then is real. It can tell stories, if one cares to look. The sheds to the side with the different license plates lining the walls can tell tales. So can the blackberries lining the bushes along the wood fences talk to you as you pick them. They are older than some of the citizens living here. And in some ways much stronger.

Old people come out once in a while and, dressed too warmly and too fancily, walk along streets that no longer relate to them as before. We people in between youth and old age, walk on our own avenues. Sometimes eyes refuse to see what we don't want them to see. And age is not the easiest pill to swallow as we walk brightly into town on a beautiful summer's day in the middle of our years. Youth is such a joy at times to be out of. The freedom is now more than a dream. And who can talk to young people anyway? After all, they really cannot relate to us can they?

The main street is hardly recognized anymore, in comparison to those old post card pictures still available in drug stores and stationary stores. Signs blink on and off. Searle's store isn't just a hole in the ground where the bakery once stood. It is glass and blinking lights now, and people from all parts of the land shop there. The auctioneer is gone and the old feed store is now called Diner's Island. An old garage, huge and echoing not so long ago, is a mall now. Even a motor repair shop of long standing has been moved, and a bank is taking over the site. People hardly ever stop to look at the spring flowers and summer blooms living in the earth near a finance centre. The need for money takes them in, and the joy of receiving it, brings them out. What else matters? History is something we learn from books, isn't it?

So many different people come here bringing their different styles of living, and very beautifully, a variety of heart beats keep this area going. That is how it has to be. Maybe they look at trees and think they just were planted. Maybe they look at kids and think they were born at other hospitals, in other centres, and therefore don't consider them natives. Maybe they have to leave, just as they are coming to see Courtenay and its surrounding beauty, as more than mountains and sea and beautiful fishing. For then they will have just put in time here, and it all is too great to leave that simply.

We bring our things with us, and we move them out of here when the time comes to go. We socialize at our messes and legions, and bingos on a Saturday night. We complain about having to leave Ottawa, and the USA, and Winnipeg, or we bless leaving it all behind for the joys of "country" living. The reactions are all different. And they always will be.

I was born in Toronto, and part of me will always live there. But a time comes when a person realizes that home is where the heart is now. And a time comes when you see that home is where you suddenly realize you desire to live out your life. And that too is good.

Morale-boosting satellite

BARDUFOOS, Norway — Communication from anywhere in the northern hemisphere to anywhere in Canada is possible by Tactical Satellite Communications, which operated from here during NATO Exercise Strong Express.

Master Warrant Officer Lyle Walker of Belleville, Ont., in charge of the Canadian Forces' project test team, explained that the communication facility is still in the experimental stage, but has already proved its worth as a morale booster, if nothing else.

The tactical satellite communications is shared with the United States forces which put Lincoln Experimental Satellite No. 6 (LES6) into synchronous orbit somewhere over the South Atlantic.

The satellite travels in a figure eight pattern and during the exercise, 250 miles inside the Arctic Circle, was below the horizon between 2:30 and 3:00 o'clock each morning. Otherwise, overseas communications to Canada were excellent.

In a demonstration, MWO Walker set up a public information voice report from a hilltop near here to Broadcast News in Toronto. The "voicer" travelled via the satellite to the base station at

The high cost of dying is no little matter. The consumer who wishes simplicity and dignity in his funeral arrangements at moderate expense may address his inquiries to the Memorial Society in his locality, or write to Consumers' Association of Canada, 100 Gloucester Street, Ottawa, Ontario, for its brochure on Memorial Societies, price 25 cents.

Ottawa. From there it travelled by land lines to the news company's taping room in Toronto.

The satellite can accommodate one way conversations only, but the operator in Toronto reported that reception quality was "as good as if you were in the same room."

The report was used on 34 radio stations in Canada and by the ABC radio network in the United States.

Time on the satellite is loaned to the Canadians by the Americans who own and maintain the communication vehicle.

"But the Americans are most generous with their bird," the warrant officer said. "They were using it for an exercise in Greece when we were in Norway, but they were always willing to free time for our use."

MWO Walker said that the morale building facility of the satellite was particularly apparent in compassionate cases.

There was the case of the soldier from the 3rd Battalion, The Royal Canadian Regiment, whose father was seriously ill in hospital. A phone patch was arranged so the son could talk to his father in Canada, and his fears were allayed.

Another RCR corporal learned by mail that his wife had an accident with the family car while he was away. He was able to reassure himself that she was OK by calling her via satellite, and found out that the car damage was comparatively minor.

"It's not always so serious; we get many a laugh from the calls," MWO Walker said. "One man's consternation, when his wife reported buying a dog was a real laugh.

His reply was "It better be stuffed."

Situated on a hilltop, the communications station requires its aerial to be mounted exactly by compass coordinates to aim for the southerly "bird".

Once it is aimed properly, a radio set pushes out the signal and you press to talk to the base station in Canada, which can be patched into commercial telephone lines to anywhere in the country.

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A message of importance to men and women of the armed forces from Robert L. Stanfield.



CANADA

LEADER OF THE OPPOSITION — CHEF DE L'OPPOSITION

The interests of the men and women in our armed forces are being ignored by the Trudeau government. Industrial management techniques have been applied to the administration of the military, reducing the status of the individual to mere inventory. The Trudeau government's 'out of sight, out of mind' attitude toward armed forces personnel has been most demoralizing.

Members of our armed forces should not be faced with working conditions inferior to those they would enjoy in civilian life. A Progressive Conservative government would review these conditions and establish procedures for negotiation between forces personnel and the government, on issues that need to be resolved.

A P.C. government would be committed to the view that each branch of the service should have some unique identity and tradition. And it would take steps to re-institute an old and recently forgotten Canadian tradition: fair treatment of our veterans. Countless veterans, many of them disabled, are living on inadequate pensions. I believe this is a national disgrace. A P.C. government would do something about it, and right away.

If you, as a member of the Canadian Armed Forces, would like to see some things changed after the coming election, I urge you to support with your vote the P.C. candidate in your riding. A Progressive Conservative government is your only real alternative.

Robert L. Stanfield

A Progressive Conservative Government can do better.

Vote for the P.C. Candidate in your riding.



PERIs on leave left Leafs breathless

Integration may come and the old uniforms may go, but the Canadian Armed Forces still set the standard of physical fitness for moguls of the National Hockey League.

The Toronto Maple Leafs have taken a literal interpretation of the 'aid of the civil power' policy in their drive for a physically-fit hockey team. Physical Education instructors Sergeant Bill Hayward of Canadian Forces Base Petawawa and Sgt. Earl Thompson of CFB Borden are making profitable use of their leave to whittle off post-season fat and trim the sagging muscles of the veterans and hopefuls who will become the 1972-73 Toronto Maple Leafs.

The Russian team which faced Team Canada has become an example of the benefits of physical conditioning, and the pressure is on professional hockey to field teams which fans will now judge with a more exacting

eye. The days of skating into shape in time for the Stanley Cup just won't cut it this season.

Hayward and Thompson have been with the team for the last three years, from mid September to early October, building a conditioning program which complements the staple four-hours-a-day ice time. They travel with the team on early road trips to maintain a constant schedule. It includes 10-15 minutes light calisthenics, a two-mile run, a weight circuit consisting of 30 stops at 20 seconds a stop, a two-mile run, and two hours on the ice with stretch exercises, power skating, and scrimmaging. That was just the morning; the whole process is repeated in the afternoon.

John McLellan, Maple Leaf coach, is a firm believer in the program and sums it up this way. "Ever since the Team Canada - Russia series, everyone is pushing conditioning, but we were there four years ago." Earl

Thompson looks at it in terms of clear statistics. "Before this program was started, injured players missed a total of 270 games a year between them. We have reduced that to 130 games per year and that includes injuries due to stitches and breaks."

When Bill Hayward puts the Maple Leafs through a workout, there is an obvious rapport based on mutual respect for each other's ability. Although the program is carefully designed to produce a hockey player at his physical peak, the accent is on hockey. Hayward insists that "a trainer must be familiar with the game and know just what the effects of four hours a day on skates are. We aren't getting paid to add to the injury list, but to produce an athlete who can shrug them off."

The choice of the Canadian Forces sergeants was not haphazard. Their confidence and results have not gone unnoticed. In the NHL, the Minnesota North Stars, Los Angeles Kings, Pittsburgh Penguins, and the Oakland Seals have also joined the military band wagon.

Boats and arrows

BY NORM BLONDEL

Archers and sailors got some action going last week, with four of our intrepid salts journeying to CFB Halifax for the annual Canforce-CFSA sailing championships. They did quite well, finishing 29th and 35th out of 38 competitors. The crews were Brett-Baker and Plant-Kayes. Without 420 experience, our guys did well to capsize only once each, and that was on Friday the thirteenth anyway. Read Tony Brett's Luff-by-Puff account of the series elsewhere in this fish-wrapper. The best placing for both crews was 12th, so as the youngest club in the CFSA, Comox was well represented.

Club salts doggedly worked the constitution over at our inaugural meeting on October 4, and that precious document now stands officially accepted by the membership. The meeting went three and a half hours, and included enlargement of the committee, a decision to look at the Signet as well as the Mirror for club equipment, fee acceptance at \$8 per family and \$4 per person beginning on Jan 1, 73 (fees waived until then) and

adoption of the CFSA crest with CFB Comox inserted under it, as the club crest. Late news concerns a three team 420 event at CFB Esquimalt on October 28-29, entry fee \$10 per team. News of the event arrived after the registration deadline, but we are working on it. Call 338-5687 for the latest information.

In archery, our toxophilites constructed a four by four target but last Wednesday, and began shooting at it the same day, in the miniature rifle range. Our range times are now Wednesday 1830 to 2000, and Friday and Sunday evenings. With all this time available, we are now set to expand the membership. Fees are waived until Jan 1, 73, but targets will be retailed at two bits apiece. A target should last a novice archer several weeks. The club has some equipment for instructional purposes, so come on down. With limited shooting space we may have to draw up a shooting schedule, but space will always be found for a new archer. Age limits presently are 13 years and up. For more information about archery, please call Norm at 338-5687.

Pacific Rim prohibition

Park Superintendent George Trachuk warned today that hunting is prohibited on National Park lands. The restriction applies to the Long Beach and Broken Island areas.

The two areas, although still in the development stage, come under the jurisdiction of the National and Historic Parks Branch while the third phase, the proposed 45-mile West Coast Trail area, remains under provincial control.

The preservation of wildlife in its natural state for the education and enjoyment of the public is a vital element of National Parks policy, Mr. Trachuk said, and this precludes hunting.

However, he added, the traditional rights of Indian bands to hunt on their reservations within the boundaries are not affected by the ban as these lands are not under Park jurisdiction.

Other places too

Wet behind the ears

BY TONY BRETT

We arrived Thursday morning at the Shearwater AMU and were met by the Commodore of the Shearwater Sailing Club - the host for this year's Regatta. Three of our bags into our rooms, changed into sailing togs and headed for the clubhouse for a briefing on the Regatta and a practice sail.

Forty crews were entered but only 38 could make it. The club had 25 boats on hand and planned to sail 20 at a time. A total of seven races were planned with each crew sailing three and the top 20 sailing the seventh.

The weather was brisk that Thursday. The wind was out of the northeast at 30 gusting to 35. The sailing area was peppered with white caps. But nothing ventured, nothing gained. Dan and I needed the practice and we had never sailed a 420 before. From the moment we pushed off from the dock the adrenalin was pumping hard. Gusts seemed to come from every which way. It took all we had just to stay upright. Spinnaker practice was out. We made it back to the dock soaking wet but still afloat. Four or five other boats didn't.

Friday morning, Dan and I drew the first race. The weather looked favorable. The winds were light - about 10 miles per hour and quite variable in direction. Start time was 0900 but it was delayed. Nineteen boats all milling around the Committee boat and getting rather agitated.

The wait was interminable. Finally at 1030 we started. The course had been changed quite drastically owing to the varying wind direction, now out of the SE at 10. Around the first mark. A broad reach and in the rear of the pack. Around the second mark. Running now - spinnaker up. Catching up and things look good. Now what's the matter with that spinnaker - it's not staying full. The wind is coming around and we're reaching. "Get that spinnaker down Dan!" Just in time. The squall hit! It took only three minutes for the wind to change from behind at 10 to in front at 30 gusting to 40.

Boats were upsetting all around us now. "Centreboard down!" Some didn't get their spinnaker down in time. The race turned into a battle just to stay afloat. We beat our way to the third mark and went around it with great difficulty. The sea was rough now and we were running. The boat was pitching violently and we were shipping water over the bow and the stern. The bottom of the boat looked like a spaghetti factory with all the lines washing about in the water.

The boat was becoming unmanageable. "Keep bailing Dan!" Must get that water out if we are to survive this race. We almost go over - just saved it, but we take more water. A heavy sea on the starboard quarter. The boat leans badly - water pours in - we scramble but too late and we capsize. The rescue boat is there within a minute (those junior club members are doing a fine job). The race is a shambles. Eight boats turned over and one finisher was disallowed because he didn't cross the proper finishing line. The rest of the day's sailing is cancelled.

Friday evening - cocktails and buffet supper. Two huge hips of beef.

Saturday. The Racing Committee wants to run all the remaining races before 4 o'clock. Time is short so they shorten the courses. Dan and I are entered in the second race of the day. The winds are very light. A good start. We seemed to be making out well. We are beating directly for the mark. Most of the pack are well out in the channel to our left. About two thirds of the way to the mark we find out why. We are becalmed. My lack of experience is telling. Second last around the mark and

across the finish line. Not a very satisfying race.

Our third race. The wind is steady at 10 now. Started in the middle of the pack - not too bad. Holding position in the beat to the first mark. Becalmed momentarily halfway to the mark. A puff of wind and we move closer to the windward shore. Looking for wind. We find it and we're off again. The experience of our first two races is telling and we are beginning to feel our oats now. We maintain our position in the pack and finish 12th. A much better race for us.

We're out of the running now. Our score is too high and we can only be spectators for the final race.

Saturday evening. Admiral Timbrell arrives in his barge to present the trophies. A crew from the Kingston CFSA club won everything! The winner of each race was given a cast bronze ashtray and all participants a certificate of participation and a lapel pin. Another buffet supper and an informal party for post mortems.

Sunday morning. To the AMU and home again. For a novice like myself the sailing experience was invaluable, and for just plain fun it was unbeatable. I'll relish this experience for years to come.

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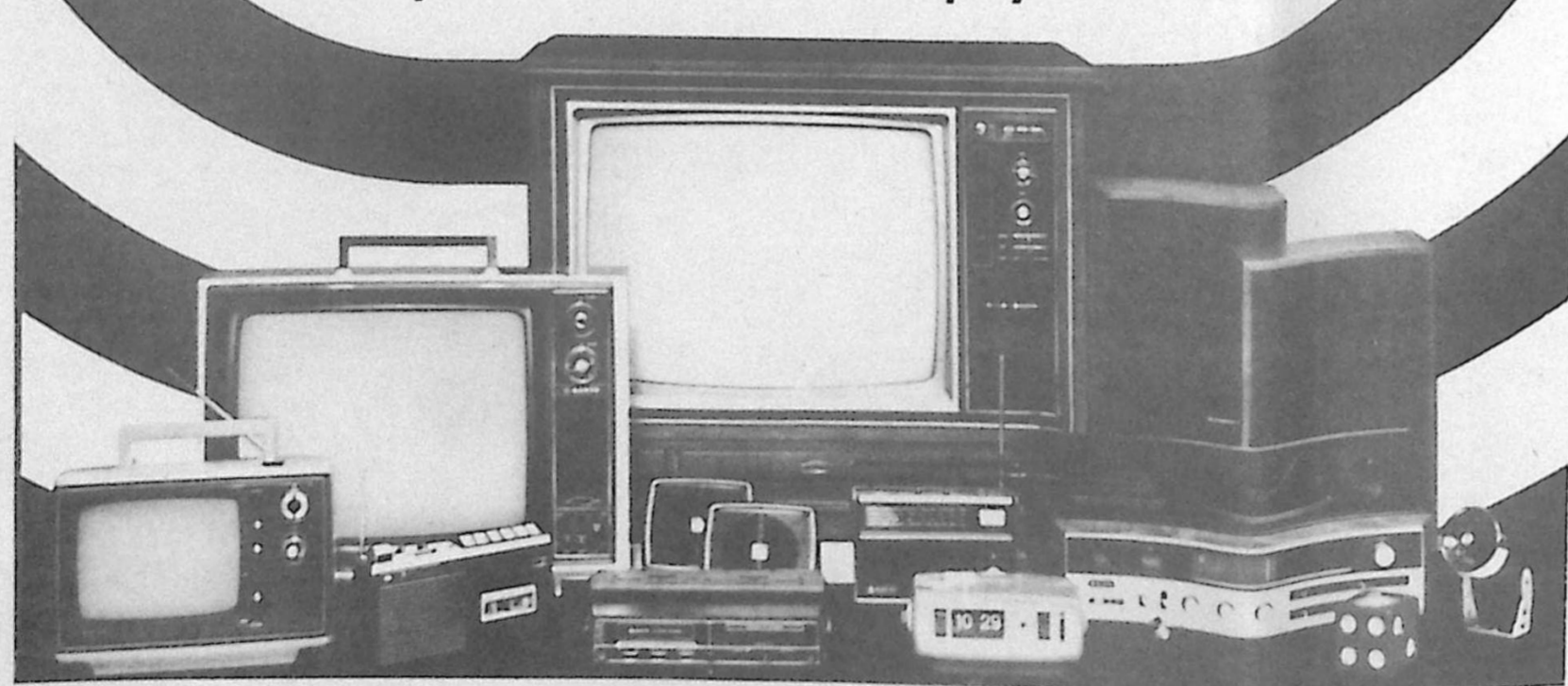
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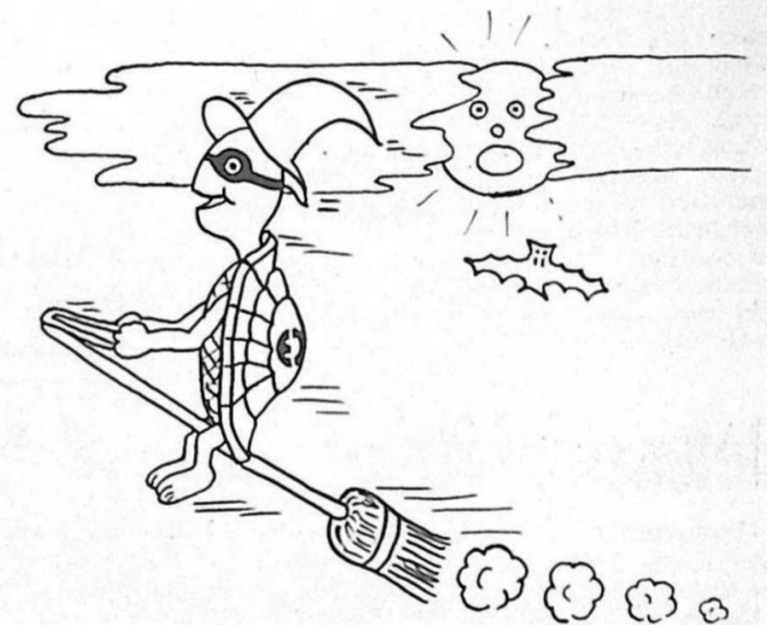
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DARLENE VINCENT, CFB Comox's Miss Fire Prevention week, bestows a kiss on Boyd Cork's cheek as a reward for having the best looking bike in the Fire Prevention parade on Oct. 7.

No more 'Canadian Club'

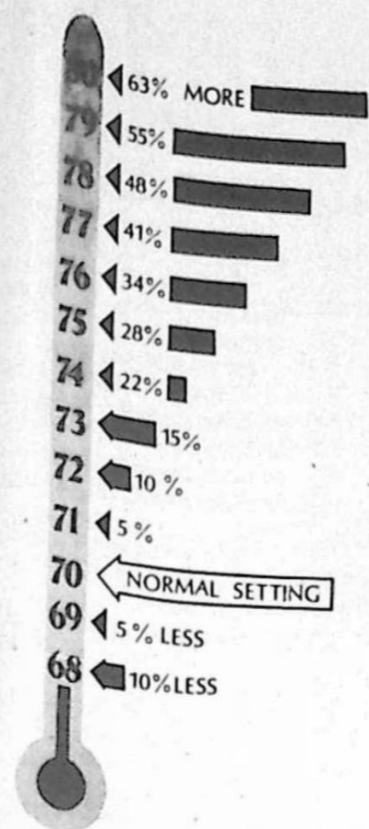
LAHR, West Germany — For nearly 3,000 troops of the 4th Canadian Mechanized Battle Group here it's back to barracks, homes and families after three gruelling weeks of field operations, last of the training year.

Officially ending field training for 1972 was exercise "Canadian Club".

Combined with nuclear, biological and chemical warfare for wartime realism, the operation pitted the Canadian formation against the German Army's 261st Parachutist Battalion in a series of attacks, withdrawals and counter offensives.

Until the new schedule gets underway next year the months ahead are mainly a time for cleaning up and preparing for annual inspections at home bases in Lahr and Baden.

Augmenting the battle group, commanded by Brigadier-General P.V.B. Grieve, were 210 militiamen, flown in from Canada for field training purposes.



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Best working temperatures, according to doctors, are between 65 - 70 degrees Fahrenheit. They add that the most comfortable temperature at home is closer to 70 degrees.

Adjusting your thermostat in your home or office to 70 degrees not only assures better health, but also means financial savings in fuel consumption. A mere two degrees increase or decrease from the 70-degree setting, according to heating specialists, will affect the operating cost of the system by 10 per cent.

Mental activities slow down at 85 degrees and an individual has slow response and makes errors, according to one doctor. At 75 degrees, not considered too warm by many, an individual begins to show physical fatigue. On the other end of the temperature gauge, a person tends to show physical stiffness in the extremities when the temperature drops to 50 degrees.

Next deadline
Monday, Oct. 30



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THROUGH YOUR RED CROSS THOSE YOU HELP WILL ALWAYS REMEMBER

New chief meat head

OTTAWA — Colonel R. J. G. Weeks, 50, of Ottawa, has been promoted to the rank of brigadier-general and is to become director-general intelligence and security in the restructured Canadian Forces headquarters organization here.

Gen. Weeks enlisted as a private in the Lorne Scots, an Ontario infantry regiment, in 1941. He was commissioned the following year and attended the war intelligence course at Kingston's Royal Military College.

In 1943 he became a divisional intelligence officer and served in Northwest Europe from D-Day until the end of the Second World War. He remained as an intelligence officer with the Canadian Army Occupation Force in Germany for another year before returning to Canada.

He has held staff appointments with the Directorate of Military Intelligence and with the former Prairie Command in Manitoba. He attended the Canadian Army Staff College, Kingston, from 1953-54 and was resident staff officer at the University of Saskatchewan from 1955-57. His overseas postings include two years as an exchange officer in Britain and a three-year exchange tour in Washington.

In 1963, Brig.-Gen. Weeks was promoted lieutenant-

colonel and appointed military staff officer to the minister of national defence, a post he held for five years.

Promoted colonel in August 1968, he served as the Canadian Forces attache in Bonn, West Germany, until his return to Canada two months ago.

Lady Pat still ill

(Continued from page 1) Princess Patricia acted as hostess at Rideau Hall, Ottawa.

Having given her name to the regiment, she also fashioned a "camp" colour and presented it to them Aug. 23, 1914, on parade at Lansdowne Park, Ottawa, before the regiment embarked for overseas service.

Appointed colonel-in-chief Feb. 22, 1918, she decorated her colour Feb. 21, 1919, with a wreath of laurel in silver gilt at a farewell parade in Bramshot, England.

Married to Commander the Hon. R. M. Ramsay, Feb. 29, 1919, she relinquished the style of "Her Royal Highness" and the title of "Princess" and assumed the title of "The Lady Victoria Patricia Helena Elizabeth Ramsay," abbreviated to Lady Patricia Ramsay.

BC trains wives and mothers

British Columbia's educational system does not provide equal opportunities for both girls and boys, according to Joan Wallace, president of the Status of Women Council of B.C.

She told delegates to the B.C. regional conference of the Canadian Federation of University Women in Nanaimo Saturday that girls are deliberately programmed to believe that their main objective in life is to catch a husband and then settle down into perpetual secure dependence as a wife and mother.

Boys, on the other hand, are taught to see themselves as policemen, cowboys, explorers, scientists, treasure hunters and doctors, Mrs. Wallace said. "Right from kindergarten through elementary school our text books depict women almost exclusively as homemakers whose activities are limited to sewing, cooking and cleaning," she said. "John and father, however, build dog houses, repair bicycles and go fishing while

the girls stay home with mother."

In one first grade text, only one story out of 29 shows a mother working outside the home and she is described as having to work "because Margaret and Bob and their mother lived all by themselves," Mrs. Wallace said.

The view that men who work outside the home are to be admired, while women who do so are to be pitied because of their supposed inferior economic status, permeates the few stories which show women working outside the home, she said.

As a result of this conditioning, women simply do not see themselves as successful in business or the professions, Mrs. Wallace pointed out.

"Is it any wonder then," she asked, "that men consider women inferior, relegate them to low-paying jobs and refuse to promote them to management positions? They learned from the same text books we did that women are fitted for only one role in society."

The tragedy of giving our children this unrealistic view of life, Mrs. Wallace said, is that many women who believed the perpetual dependence myth are simply unable to support themselves when the need arises.

We should be preparing girls for the real world where one third of the labor force is made up of women, she said. Most of the girls in school today will be employed for many years, whether or not they marry. Many will be widowed. Three in ten will be divorced. More than one in ten will be the sole support of their families. If present trends in childbearing continue, all of them will still have 40 productive years to fill after their youngest child starts school.

"School text books must be changed," Mrs. Wallace concluded, "to portray women, as well as men, in diversified roles and occupations. We have a sympathetic woman as minister of education and it is up to the women of B.C. to apply pressure for change."

Defensive flying pays off for Smith

(Continued from page 1)

Mr. Smith had recently been transferred from Inuvik to Dawson City, Yukon and was making the ill-fated trip to transport some of his personal belongings to Dawson. He had departed Inuvik at 10:17 a.m. on 3 Oct., planning to arrive at Dawson City at 3:30 p.m. One stop was planned approximately half way along at a small deserted landing strip called Mile 166. At Mile 166 Mr. Smith planned to land, fuel up with gas from cans he was carrying, and install skis he was also carrying on his wheeled aircraft. The landing strip, however, was covered

with fresh snow and drifts up to 5 feet deep. Mr. Smith decided to look for another landing strip and subsequently found a strip 13 miles east of Mile 166 that looked suitable. What appeared from the air to be blades of grass poking up through a thin covering of snow unfortunately turned out to be the tips of small willow bushes protruding through 2 feet of snow. The aircraft landed, rolled about 70 feet through the deep snow then nosed over coming to rest upside-down.

Mr. Smith's timely actions in setting up his survival

camp were particularly gratifying to Major Bill Carr-Hilton and Captain Ron Richardson of Comox. Maj. Carr-Hilton and Capt. Richardson have spent many weekends of the past year instructing private pilots throughout B.C. and the Yukon on Defensive Flying techniques.

They were pleased to hear Mr. Smith relate that the survival actions he took were tips he had received in a Defensive Flying lecture.

COMOX VALLEY CHILDREN'S DAY CARE SOCIETY
3rd ANNUAL FLEA MARKET
10 a.m. to 4 p.m.
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1/2 Hour of **MAGIC** at 1 p.m.

Door Prize: 2 tickets to "The Irish Rovers"
Admission: Adults 50¢, Children 25¢
FOR INFORMATION CALL 338-8980

19 to get awards

(Continued from page 1)

base hospital, CFB Borden, Ont.; Warrant Officer Alan Golding, Ottawa, an air defence technician at CFB Winnipeg; WO Donald Segouin, Fort Qu'Appelle, Sask., a medical clerk at Mobile Command headquarters, St. Hubert, Que.; and Sergeant Jozef Zavalski, Winnipeg, a medical assistant at CFB Borden.

Canadian Forces regular members to receive votes of thanks are:

Brigadier-General Roy Henning, Kerrobert, Sask., base commander CFB Esquimalt, B.C.; Major Jim Boire, Montreal, a staff officer at CFB Montreal; Maj. Jessie Lawson, Saint John, N.B., director of nursing at the national defence medical centre, Ottawa; Capt. Ronald Flood, Toronto, a medical

administrative officer at LAHR, CFB Europe; Capt. Victor Waddell, Hamilton, a medical administrative officer at the base hospital, CFB Gagetown, N.B.; Sgt. Ernie Fisher, Hythe, Alta., an infantryman with 1st Battalion, Princess Patricia's Canadian Light Infantry, Calgary; Sgt. Grover Stuart, Winnipeg, acting station warrant officer, Canadian Forces Station Armstrong, Ont.; Sgt. Victor Yakowchuk, Transcona, Man., an inhalation therapist at NDMC, Ottawa; Master Corporal William Gunn, Toronto, a medical assistant at CFB Edmonton; MCpl. Jim Huntley, Toronto, an infantryman with the 1st Battalion, PPCLI, Calgary; and Corporal James Riddell, St. Catharines, Ont., a physical training instructor at CFB Shilo, Man.

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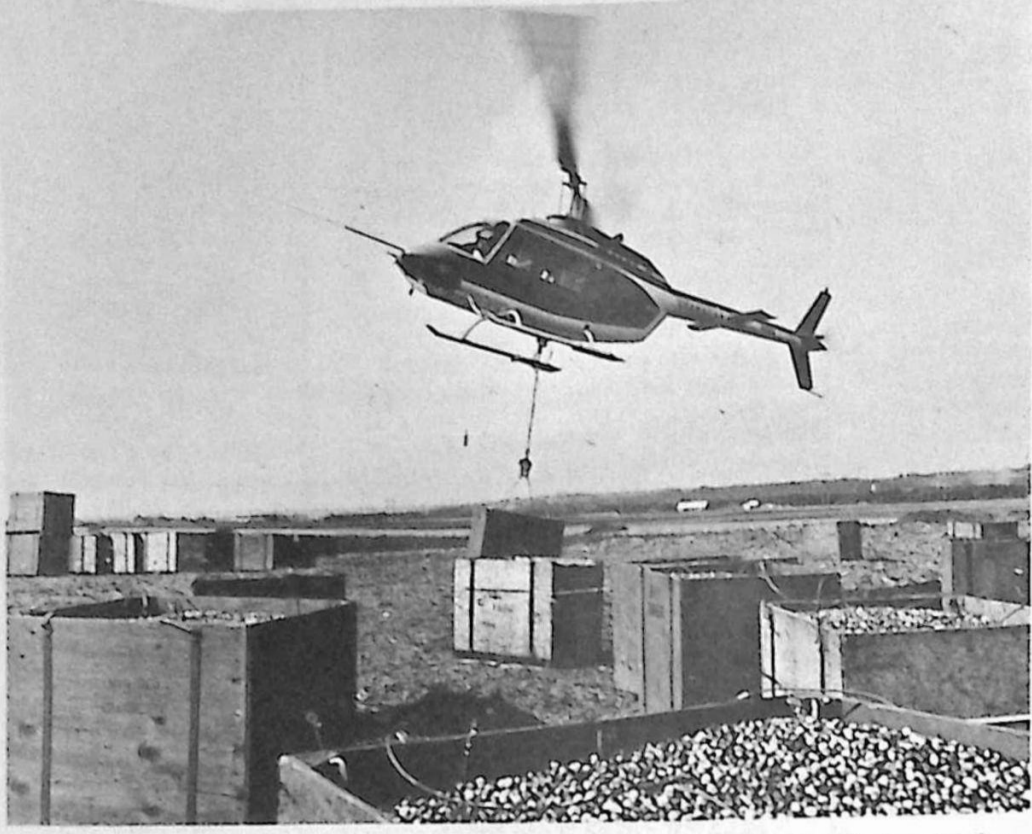
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The party

By RENE HARDING

Mary put a finger on the calendar. "The fourth of August is Mark's and my birthday. Mummy, isn't it?"

"Yes dear," her mother answered.

"We'll be eight years old. Can we have a birthday party?"

"Of course you can," "Goody," Mary cried, grinning broadly at her twin brother. Mark smiled back. He was a quiet boy, content to let Mary do all the talking as a rule.

"How would you like to have a party in the garden?" their mother asked.

"I'd like that," Mark chirped. "Can I have Billy Lee?"

"You can. We'll ask all the children on the street," Mary's smile faded and Mark frowned.

"What's the matter?" Mrs. Blake asked.

"Are we going to ask the Mills kids?" Mark inquired unhappily.

"Why not, Mark?"

"Well -," Mark looked helplessly at his sister.

"They're mean to us," Mary spoke up.

"I've seen you playing with them," their mother said.

"I know. But sometimes they won't let us play. They go in their yard with the other kids and won't let us come in," Mary exclaimed.

"They're mean," Mark added.

Mrs. Blake looked at her twins. She had guessed that the Mills children were a bit resentful of Mary and Mark moving into their neighborhood. And a little jealous too.

"Look, my dear, the Mills kiddies spend a lot of time alone. Their daddy is hardly ever home and their mother goes to work. How would you like it if I had to be away all day? It wouldn't be much fun, would it?"

"No," Mary agreed reluctantly. "But their big sister looks after them."

"Yeah. She isn't nice either. She's always shouting and getting mad," Mark said.

"Then can you wonder that the smaller ones are a bit mean at times? Perhaps you would be too," their mother said, bending to kiss each little face. "Now let's decide what we'll do. The fourth is one week from today."

"Can we have balloons?" Mary asked, forgetting her annoyance at the Mills children.

"Yes. And we must make invitations. You can do that."

"How?" Mark wanted to know.

"Go to the desk, Mark, and fetch the writing tablet for me. Mary, you get the seed catalogues out of the cupboard."

Both children ran to do their mother's bidding. "Now the scissors, Mark. Mary, you get the glue - on the second shelf, dear."

Mrs. Blake folded a sheet of paper. She then rifled through the catalogues until she found flower pictures. "Now Mary, you cut out small flowers, and Mark, you stick them on the corners of the folded papers. So."

The children looked with pleasure at the pretty note. "There. When we write on it we have an invitation. Go ahead and make enough for all the children on the street."

Mary and Mark spent most of the afternoon making notes. It was fun.

"Tomorrow we'll make some little baskets of colored paper to put candies in - one for each guest."

"Goody," Mary cried, clapping her hands. "I can hardly wait."

"We could start now," Mark said.

"Not now, Mark. You have done enough for today. Besides, I have to buy some colored paper first."

"Can we come with you, Mummy?" Mary asked.

"Yes, you can both come. We'll also get some pretty paper serviettes and a paper table cover," their mother said. "And we mustn't forget the candles for your cakes."

"Oh, are we both going to have a cake?" Mary inquired.

"Of course. One for you and one for Mark," their mother said.

"Oh, thank you Mummy," both children chorused.

On the morning for the party Mrs. Blake iced cakes and made lemonade while the twins filled colored candy baskets. Mr. Blake had made a table the night before. He put four saw-horses on the lawn then placed two sheets of plywood on them. The table was so long that Mrs. Blake had to go to the store again and buy another paper cloth.

That afternoon Mary put on her pretty birthday dress and Mark his birthday shirt. All the children came, including the Mills youngsters, and everyone had a lovely time.

The Mills children were loathe to go. Nettie, who was not much older than Mary, said, "It was a swell party, Mrs. Blake." She looked up wistfully. "I've never had a birthday party."

"Mark's lucky. He's got a nice dad," Larry Mills chimed in. "My dad won't even be home for my birthday."

"Larry's is next month. He'll be seven," Nettie explained.

That evening when the Blake family were gathered in the living room Mark's mother turned to him. "You are very quiet, son. Did you enjoy yourself today?"

"Yes Mummy. It was lots of fun. But I can't help thinking of Larry. He's not going to have a nice birthday like we had."

"Why doesn't Mrs. Mills have a party for her kids, I wonder?" Mary piped up.

"She hasn't time, dear. When she comes home from work there are lots of things to do. She's tired. And perhaps she can't afford to," Mrs. Blake answered.

"We've got some candy left. We could make some more baskets and give them for Larry's birthday," Mary suggested.

"Better still, we'll have a little surprise party for him - right in our garden. What do you think of that?" her mother answered.

"Oh, I think it's great," Mark agreed.

"Me too," Mary added.

"Then just keep it a secret. We'll see what we can do, eh?"

Mr. Blake looked up from his paper. "You're sticking your neck out, Mother. There are three Mills kids; they'll all expect the same treatment. Besides, why go to all that trouble?"

"Why?" Mother repeated softly. "I'll tell you. But first: when's my birthday?"

"Christmas Eve," Mary shouted.

"Right," Mrs. Blake paused dramatically. "My brother and sisters all had birthday parties, but not me."

"Why?" the twins chorused sympathetically.

"Because mine came on Christmas Eve I was told my birthday party would be on Christmas Day. I never did have a real party that was all my own. I felt cheated."

"Oh, poor Mummy!" Mark looked sad.

"You win, Mother," Mrs. Blake said. "I'll put the tables up for you again."

"And we'll invite all the children on the street. It doesn't cost much to make a cake and some cookies ... and it really isn't much trouble."

"I'll help with the cookies, Mummy," Mary added.

"I will, too. And I can help make the lemonade," Mark said with enthusiasm. "Won't Larry be happy!"

Sports around the base

By "SCOOP" PALMER

The Intersection Hockey League will commence league play on Monday October 23rd. The league is once again split into two divisions. There will be three games every Monday night, one on Tuesday, three on Wednesday and one on Friday morning.

The Intersection Broomball League will also start league play on October 23rd. There will be games played every Tuesday, Wednesday and Thursday from 1145 hours to 1300.

The Comox Valley Minor Hockey Association held a very successful Skate-A-Thon at Glacier Gardens Arena last Sunday. It has been estimated that slightly in excess of \$4,000 will be raised if all money pledged is collected. All of the participants are requested to try and have all of their money collected and turned in before the end of October.

The pledge money can be turned in at any of the following locations: Courtenay - Bob Telfer 1723 McPhee Ave.; Comox-Stan Ponsford 1842 Centennial Ave.; Cumberland - Marty Fraser 411 Allen Ave.; PMQs - Les Bawn at PMQ 10A.

The Juvenile Reps, the Courtenay Lavers' Flyers,

will play host to the Fuller Lake Junior B hockey team on Saturday night at Glacier Gardens. Game time will be 8:15 and an admission will be charged.

Last weekend the Bantam Rep team, the Comox Legion Wolves, gained a 4 to 2 decision over Port Alberni. The Wolves were trailing 2 to 0 after two periods when they

came up with four unanswered goals in the final period. The leading goal scorer for the winners was Keith Tucker with three goals, Ken Keryluk scored the other one. There were 16 penalties handed out in the game with nine of them going to Port Alberni. The shots on goal were 36 by Port Alberni and 21 by Comox.

Keep your goblins safe

OTTAWA (CFP) -- Halloween should be a happy time for all youngsters.

Yet, every year tragedy strikes some children, either through simple carelessness or lack of adult supervision. Safety at Halloween shouldn't spoil the fun.

In fact, you can make it a safe -- and happy -- Halloween by observing a few simple rules:

- Encourage your little gremlins and goblins to wear light clothing and colored costumes. If they must wear dark costumes, decorate them with reflective tape.
- Use cosmetic make-up for faces instead of masks that may restrict a child's vision.
- When making the rounds, instruct them not to criss-cross the street, but to do one side, then cross over at the appropriate place to do the other.
- Better still, go with them, you owe yourself a little fun.

407 Tech Ramblings

REPAIR DESPAIR

From the bay of engines, with growls from all, we open on a note of distaste, at the rash of demands made on 407 Squadron's resources and labour force in satisfying our larger and much more well equipped neighbor to the East. A while ago I mentioned the hope that an epidemic of engine changes would not occur but my hopes were dashed, oh well, so be it!

If things go on as they are, it is felt that we will have to put a restraining chain on Bill Harlow to prevent him from forcing his way into servicing. Seems he wants to get out of the bay to sharpen his scraper which he says is just about worn out from scraping cowlings but, if once he leaves he will go into hiding and we won't get to see him again.

Shawn McCracken is still determined to leave the brotherhood, despite the raise and the promises of rapid promotion?? He has his future fairly well planned and feels he can go far. Well, we wish him well, however, one thing bugs him! Apparently they can give him no idea on what he can expect to receive in the way of pension refund.

Well, we're faced now with a federal election. Many people say that there have been few changes in the past four years, which is quite untrue. We've had four different defence ministers for one, and I'm sure you all can think of several more changes like "restore", which added somewhat to the unemployment figures quoted frequently over the TV stations.

It's funny but I've had no word on the hunting this year; must be a reason. Could it be that no one is having any luck or is it because the big white hunters are all out of "leave". Whatever the reason, just fish stories keep circulating.

Just traversed over to repair proper to see what's new. Apparently we have another Kayes over there now so we extend a welcome and

add that two Kayes are better than one.

Due to a shortage of grease, I was told that Frank Nemeth, being his normal greasy self, volunteered to allow himself to be wrung out until normal supply is resumed. Apart from that and the normal discontented complaining, all is quiet. I did notice Chuck Boyce pulling his hair with both hands, about to explode, so I guess all is not so well but 100 years from now we won't even be worried about such trivia.

On this last paragraph I close, but, on asking "made to order" Kee, what about a section party to celebrate the fact that Joe Wear made a decision last week, he looked blank and asked: quote "What's a section party?" unquote. See yer!

P.S. I'd like to give some friendly advice to all the lads at CFB Greenwood. Next time you go away on a trip, carry some spares like our lads do. No one is perfect but we come close.

TORP TOPICS

Here it is, Fall once more, with all the attendant activities that occur during this season. We have for example bowling, curling, darts, hunting and on the non-sports end of the coin, night school. We have three chaps from the shop enrolled in night school classes this year. Cookie is our representative in the academic field, taking math and English. Denny Wickiam and Brad Hood are learning the art of using hammer and saw, in the Basic Layout and House Framing course.

A belated well done goes out to the Cook family in their spectacular sweep of the Base Car Rally. They captured no less than four prizes in the event, including top lady driver for Evelyn and top navigator for Gerry.

We are anxiously awaiting some good reports from the resident hunters. Come on, Paul, we know you can do it. Let's get out there in the bush and bang-bang a couple of

those big horny creatures.

If you want to know what's what in the Totem Annex Dart League, you may do so by contacting the president, John Chequis, at local 243. I believe it is properly referred to as the Jr. Ranks Dart League. League play starts on Monday 23 Oct. at 19:30. Cut-off for players signing will be Friday 20 Oct. at noon. Two other chaps to get hold of if you desire info, are Roy Covey at local 243 and Gord Trenholm at local 206.

Don't forget now whenever you get a chance, whistle or sing the old pilots' theme song: "Open your overcoat and fly".

AVIONICS

Since the last article written from the Avionics section of 407 Squadron, there have been many changes: Sgt. Spicer, Urb Arsenault and Charlie Roulland have all moved on without even a fond farewell. So a big "Good Show" to all of Avionics. Oh, we can offer many excuses but really there are none.

Several newcomers to our organization are Cpl Barzilay, MCpl Wangler and Cpl Martin all in Avionics Repair. We also got a couple of Nighthawkers from 409 in Larry Staub now in repairs and Wille Dicker in Servicing. "Mad Shack" Al Grinnell went over to the All Weather Squadron. In from Portage la Prairie is Steve Johnson and Steve has been saddled with Roger Dodger now we'll have to get a white collar for Steve. Cpl Murree moved from the Battery Shop to Servicing and wants to sell his Mobile Home.

Jim Massey jumped at his chance to move up in the world and went to the IS Labs. The latest moves has Cpl Cowden taking over ASW Stores, Sgt Bernie Guyader moved to No. 1 Crew from 3 Crew. Cpl Gord Brown moved happily to Repair, Sgt Hicks moved up beside CWO Fee and Sgt Hank Hanishewski took Hal's place in servicing. While Sgt Dyer is away, chiefs played and put him in

Maintenance. MCpl McNeen moved to Servicing from Repair and Joe Hollman took his place. If I missed anyone's move I apologize.

Everyone's back from Hawaii and lost their tans by now. A few new phrases returned from Barbours Point. Such as "Argo", "Retread" and "Wrong Turn".

Our Avionics B League hockey team were on the ice for the first time a week ago Tuesday, and there was a good turnout. Coaches for this season are Arnie Schreiner and Doug Tacher. Pete's doing the managing too if you are interested in playing or helping in any way, call Pete at local 275.

Last hockey season our fans support from Avionics was terrible, so this season let's have good cheering support from all of Avionics.

Jr. ranks dart league

All personnel interested in playing in a dart league sign up now! A list is located in the Totem Annex on the bulletin board. League play will commence on Monday 23 Oct. at 7:30. Cut-off date for entering names will be Friday 20 Oct. at twelve noon. For any other information contact:

- J. Chequis Loc 243
- G. Trenholm Loc 206
- W. Perreault Loc 413
- R. Covey Loc 243

October swim pool hours

Servicemen's Swim Mon - Fri 1200 - 1300 hrs.
Open Swimming Sunday evening 1830 - 2030 Wednesday evening 1830 - 2030 hrs.
Base Gymnasium Operation Saturday 1300 - 1600 Sunday 1300 - 1600 and 1830 - 2130 hrs.
Mon - Thurs - 1830 - 2130 hrs. Tuesday evenings from 1900 - 2100 hrs - the Ladies Fitness Club.

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Adults - \$2.00
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Consumers news

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BASE THEATRE
Schedule for OCTOBER 1972

OTLEY Tom Courtenay, Romy Schneider, Spys Drama
Wed. 18 Oct. Show starts 2000 hrs. Ends 2200 hrs.
Thur. 19 Oct.
Fri. 20 Oct.

FOOL'S PARADISE James Stewart, George Kennedy
Sat. 21 Suspense. Show starts 2000 hrs. Ends 2200 hrs.
Sun. 22

JOE HILL Tommy Berggren
Wed. 25 Drama. Show starts 2200 hrs. Ends 2200 hrs.
Thur. 26

CARRY ON LOVING Kenneth Williams, Sydney James, Joan Sims
Fri. 27 Comedy. Show starts 2000 hrs. Ends 2200 hrs.
Sat. 28
Sun. 29

COMING IN NOVEMBER THE TEN COMMANDMENTS, VANISHING POINT, HAROLD & MAUD, THE GODFATHER

COMING IN DECEMBER PERCY THE NIGHT DIGGER, RYAN'S DAUGHTER, ALFRED THE GREAT

OFFICERS' MESS ENTERTAINMENT
OCTOBER

20 TGIF
21 October Fest. German Clothes, German Band
22 Brunch 1000-1300 hrs. Candlelight Dinner 1900-2100 hrs.
27 Monster TGIF
29 Brunch
31 Halloween Party. Costumes please

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OCTOBER ENTERTAINMENT

EVERY FRIDAY - TGIF
BINGO AND DANCE - 21 - Bingo 2030 hrs. Dance 2200 to 0200 hrs. Music TBA. Food, spaghetti and meat balls. \$125 Jackpot in 52 numbers.
RETIREMENT DINNER - OCT 27 - Cocktails 1900 hrs. Dinner 2030 hours. Dancing 2200 to 0200 hrs. Music by "The Cameros". Dress Semi-formal. Admission, regular and associate members \$5.00 per couple. Honorary members and guests \$10.00 couple. Tickets on sale from guests - Oct. 9 to 24 - to honorary members and their guests Oct. 16 to 24. Bus transportation will be available. Watch for flyer.
HALLOWEEN DANCE - OCT. 28 - 2100 to 0100 hrs. Music by "The Country Playboys". Food, flapjacks - Bacon and Eggs. Prizes for best costumes. Admission - In costume - Regular and Associate Members double if not in costume.

JR. RANKS CLUB
OCTOBER

19th - Darts
20th - TGIF
21st - Bruce Thompson Trio. M-\$1.00 G-\$2.00
22nd - Bruce Thompson Trio
24th - Secret of Sand Vittorio
25th - \$50.00 Consolation
26th - Crib
27th - TGIF
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29th - HYDRA
31st - Walking Stick. David Hemmings. Samantha Eggar

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CAMPER TRAILERS FOR SALE
The three Bridge camper trailers used as rental units at the Base Auto Club are offered for sale to servicemen and DND employees of CFB Comox. The trailers are located at the Auto Club and can be viewed there. They will be sold on an "as is" basis. Sealed bids showing licence number of the trailer will be accepted by the Base Auto Club up to 1200 hrs. 31 Oct. 72. A minimum value has been established and trailers will not be sold unless the minimum is exceeded. The high bid for each trailer according to the licence number indicated will be accepted providing it exceeds the minimum established value. In case an individual submits winning bids on more than one trailer, he will have the option of purchasing them or selecting only one for purchase.

Will baby sit in my home for working mother. Ph. 339-3586

FOR SALE - 303 Lee Enfield Rifle \$25. Ph. 339-3911

ATTENTION LADIES
A Fashion Show will be held in the Totem Lounge at 8 p.m. on Nov. 6. All proceeds from this Fashion Show will be donated to local charities. Fashions by Laver's, Hairstyles by Peggy of Styling Beauty Salon. Make-up by Julie of Courtenay Drugs. Footwear by Comox Shoes. Admission \$1.00 at the door. Door prize.

ATTN LADIES PART-TIME
Put your spare time to profitable and enjoyable use. Spend a few hours a week as a hostess representing our Nation Wide Company. Full training provided. Further details, write P.O. Box 1655, Victoria, B.C.

FOR SALE - 1969, 3/4 ton Chev. truck, 307 V8 4 speed trans. 16" split rims, rear step bumper, long wide box. Price offers to \$2050. Ph. 339-4307 after 4:30 p.m.

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FOR RENT - 5 bedroom seaside home in Royston. All utilities, double fireplace. Ph. 334-3995

HAPPY DAY NURSERY SCHOOL
Open meeting Tuesday, Oct. 24 at 8 p.m. in the Prof. Chapel Annex. All interested persons welcome. Mr. Fred Bossom of Comox Valley Insurance will explain nursery school insurance policy. Coffee will be served.

FOR SALE - 5 pce. Chrome kitchen set, kitchen table, wading pool. Phone 339-3565

FOR RENT: 2 br. house on quiet street 2 mi. south of Courtenay. Living room, sewing room, 4 pc. bath. Spectacular view. Fruit trees, lots of garden space. \$130 a month. Available now. 339-4749

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Sunday - 1400-1600 hrs.
Tuesday - 2000-2200 hrs.
Thursday - 2000-2200 hrs.
COST

Servicemen with ID cards admitted free of charge. All other people will be charged as follows:

Dependents with Dep. cards - 25 cents; children (under 12) 15 cents; all others, 35 cents. Books of tickets may be obtained at the Ticket Sellers Box Office for a price of \$2.

Better booster bulletin

OTTAWA (CFP) - Booster cables were used to start a car while the temperature was about 15 degrees below zero. The cables were properly connected; however, as the last connection was being made, the battery exploded. Battery debris and acid flew in every direction. All exposed skin was flushed immediately, so that there were no body injuries from the acid, although clothing was damaged. Only personal injury suffered was a cut nose caused by flying debris.

Jumping car batteries is becoming extremely common and is usually done under rushed conditions and in extreme cold. Few people realize how dangerous this is and that there is a method

which lessens the chance of a battery exploding. Hydrogen gas buildup inside the battery sets the stage for an explosion. This is especially prevalent if the battery water is low, allowing space for the hydrogen gas to be trapped. Whenever a battery is being charged, hydrogen is being generated. Any spark in or near the outside of the battery may explode the gas.

To minimize the hazard of a car battery exploding, the following recommendations are made:

1. Remove the cell caps from both batteries to vent the trapped gas, and leave the caps off during the jumping process. Use caution so you won't get any acid, which may be on the caps, on your hands or clothing.
2. Determine whether the car to be aided has a positive or negative-grounded electrical system.
3. Connect both cables to the live battery.
4. Connect the proper cable to the dead battery terminal which is not grounded (negative to negative or positive to positive)
5. Connect the remaining cable to a convenient chassis or engine block location away from the battery.
6. As an added precaution, cover the battery with heavy material, such as a piece of carpeting, while connections are being made.

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2. IMMEDIATE POSSESSION
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3. CLOSE TO SCHOOLS
3 bedrooms, large living room with fireplace. Lot 100x100 on quiet, dead end street. Full price \$19,500. This desirable home will move quickly, so call now. Call Max Weegar 334-4568 or 334-3111.




4. CHOICE RESIDENTIAL DISTRICT
Close to school and park. 3 bedrooms, full basement, wrap-around sundeck. Quality construction and materials. Assume attractive NHA mortgage. For an appointment to view this fine home, call Clay Grant 339-3945 or 334-3111.



5. SPACE TO GROW
Start with 2 bedrooms. Dining room overlooks the sunken living room. As your family grows, finish more bedrooms and second bathroom in the basement. Roughed-in plumbing in rumpus room area. To view, contact Veronica Parker 334-3704 or 334-3111.



6. IMMACULATE
This 3 bedroom home can be yours in 30 days. Gleaming hardwood floors, wall to wall carpeting and convenient kitchen make this a homemaker's dream. Large garage and workshop, plus carport. Call Michael Emerson 338-5233 or 334-3111.



Bob Chown believes in government subsidies to make Crash Position Indicators mandatory on all civilian aircraft

ON OCT. 30 VOTE

CHOWN, Bob X

LIBERAL

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Whole Frying CHICKEN

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