



TOTEM TIMES



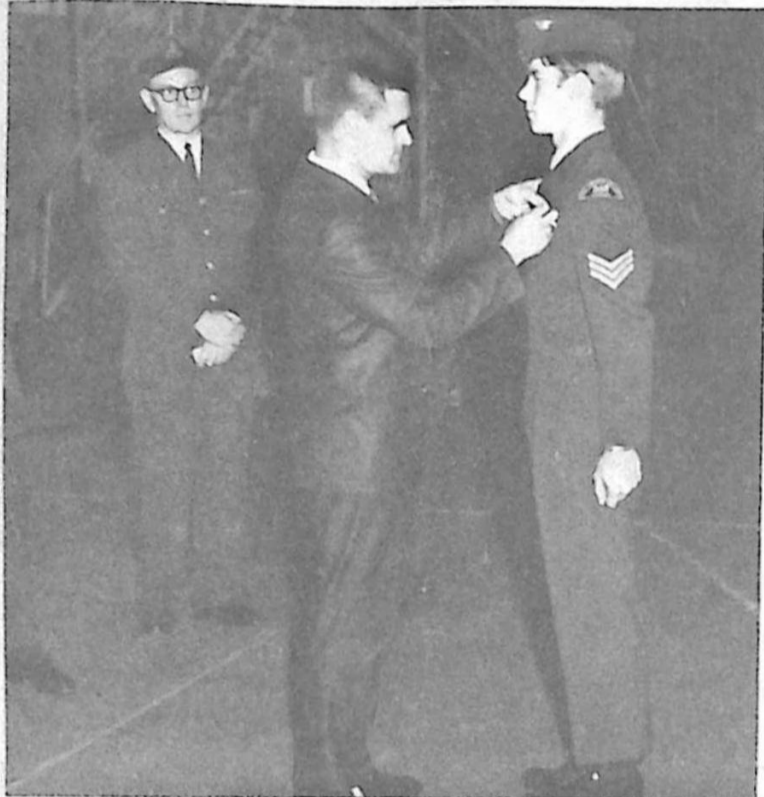
Attention all landlords - pay raise is in!

Vol. 9

CFB COMOX, THURSDAY, NOVEMBER 28, 1968

No. 24

386 Sqn. RCAC Awards National Safe Driving Week 1-7 Dec.



A VERY PROUD CADET Sgt Dove Forman receiving his wings from his equally proud father. Sgt Foreman was the recipient of a flying scholarship donated by the Comox Valley Lions. Base Photo



A/WO1 PAUL DUGUAY receives his certificate for passing the senior leaders course. This was WO1 Duguay's last parade with the local sqd. as he leaves this week for Cornwallis to start basic training in the regular force. Base Photo



FS LES ROSE receives his certificate for the best cadet in technical training across Canada from the inspecting officer Lt Col Keill. Base Photo

Second Chopper Down

Second Chopper down. Number two in the continuing saga of 442 squadron.

A second CH113 Labrador helicopter is down. Somewhere between Coldfish Lake and Deas Lake — a power failure prompted Capt. J. E. Riley to force-land on a sand bar on the Eagle River.

MESSAGE FROM P.M.

During 1967, in traffic accidents across the nation, 5,379 people died and 165,664 people were injured, many of them crippled for life.

This is a serious national problem which must be solved, but with 7,800,000 licensed drivers using our highways no one individual, group or government can accomplish the task alone.

For this reason, I would urge every Canadian driver and pedestrian to do his part to support Safe-Driving Week, sponsored by the Canada Safety Council from December 1 to 7.

Signed
Pierre Elliott Trudeau,
Prime Minister.

Safe Driving Week

Every year there are more automobiles on Canada's highways, more people driving them more miles — and more Canadians dying in traffic mishaps.

Better-built and safer cars come along each year and new highways are better designed, but the drivers never seem to improve.

Or do they? There are now indications that the ratio of death to the number of miles driven each year is levelling off and it may just be that something is happening to make our drivers more safe on the highways.

On significant contribution in this field is the Defensive Driving Course of the Canada Safety Council. So far, close to 35,000 Canadian drivers have graduated from this course, including more than 15,000 in the armed forces. In many cases, accident rates have declined sharply where the course has been taught.

A defensive driver is described as one who is always aware of all conditions on the road around him so he is able to see trouble developing far enough ahead to be able to defend himself against it and stay out of accidents.

Safe-Driving Week, December 1 to 7, seems like a good time to urge all Canadians to take the Defensive Driving Course.

Perhaps if we had more defensive drivers, we would have fewer dead ones.

Immigration Laws Eased

Two unusual immigrants from India are on the way to British Columbia as a result of the \$200,000 Project 100 carried out by the students of this Province as their Centennial project.

The immigrants are a pair of three month old crocodiles. At present they are mere babies, about fourteen inches in length, but when they get their full growth each will be at least seven feet long with teeth to match.

The young crocodiles are the gift of the youth of India to the youth of British Columbia in gratitude for a mobile teaching van with all the latest electronic and printed aids to education. The van was presented to New Delhi Nov. 1 for use in the rural areas of Rajasthan and the crocodiles were accepted by James George, Canadian High Commissioner. They have been living in his bathtub on a diet of live fish awaiting air transportation to British Columbia. They are expected in Victoria early in December.

The High Commissioner in notifying Mr. L. J. Wallace, Deputy Provincial Secretary and Chairman of the Centennial Committee for British Columbia stated that these crocodiles were a gesture of friendship and thanks from Rajasthan to British Columbia.

Mr. Wallace stated he would be pleased to accept the gift on behalf of the students of British Columbia who did so magnificently in their Centennial project.



Jim Tremblay Photo

Seebee Aircraft Down And Out

A small amphibian aircraft, piloted by Mr. John Lynn, crashed shortly after taking off, on Saturday Nov. 23, from Mr. Lynn's private landing field near Bridges Crossroads on the North Island Highway, 4 miles North of Courtenay.

The aircraft crashed on the farm of Mr. Robert Love, which is located parallel to the grass airstrip. According to Mr. Love, shortly after the small plane took off, it made a steep turn, the engine sputtered, then came crashing down violently between three buildings and a power line pole. The aircraft was a total loss. Mr. Love and six men worked feverishly to remove the injured pilot who had been pinned in the wreckage. The cockpit had been completely flattened, and the fuselage was cut open. With the use of saws and bars, Mr. Lynn was finally removed and taken to St. Joseph's hospital. He was later transferred to Royal Jubilee Hospital in Victoria, apparently suffering from a broken leg and internal injuries.

Cpl. Leo Quinlan, a Flight Engineer on 407 Sqn., had become airborne minutes prior to the crash, and along with Mr. Lynn, was about to proceed to Tofino, where the Sea-Bee was to be delivered. Cpl. Quinlan, upon taking off did a slow circuit of the field in order to see if Mr. Lynn had taken off, and was one of the first to see the disaster. Mr. Love is the owner of the Doggie Hotel, a dog boarding kennel, and during the excitement, he had to calm down the disturbed dogs. However, in the process, he got knocked by one big pooch, and he now sports a big shiner.

The Pacific, based at Esquimalt B.C.

Two submarines bought by the British Columbia government at the beginning of the first world war were operated on the west coast by the RCN for nearly three years. Their presence, well publicized, is generally credited in deterring German warships from harassing the coast.

Submarine activity by Canada on the Pacific experienced a gap of more than half a century until the Grilse was commissioned at Groton, Conn., for service on the Pacific in 1961.

ED'S NOTE: This is all very good and well but why did they have to change the name?

Pay Raise

The Honourable Leo Cadieux, Minister of National Defence, announced that pay increases for members of the regular and reserve Armed Forces had been authorized by Treasury Board. The increases, which average approximately 6.5 per cent, are effective October 1, 1968. The estimated annual cost is about \$42 million, not including consequential increases in the liability of the Government for superannuation contributions.

At the same time, the Treasury Board directed that a thorough study of military pay rates be completed by October, 1969. This will be a joint study under the direction of a small group of officials from the Treasury Board and the Department of National Defence, including a senior military officer. The purpose of the study will be to assess the results of the substantial changes made in the military pay structure in 1966 and the relationship between military pay rates and those applying to civilian occupations.

In addition to the pay increases, a revised system of allowances has been authorized for members of the Forces whose duties include such high-risk activities as parachuting and deep-sea diving.

In terms of dollars, the raise means an extra \$52 a month for the chief warrant officer in pay-field seven and \$10 per month for the private recruit undergoing basic training. A colonel gets a monthly raise of \$97 and a lieutenant \$30.

The Minister also announced that the Government intends, in the near future, to propose an amendment to the Canadian Forces Superannuation Act that would increase the regular pension contributions made by both the government and members of the forces. Under the proposed amendment, the contribution of members of the forces would go up from 6 to 6.5 per cent, the rate now paid by male employees in the civilian public service. The decision to seek changes in the rate of contributions was based on a recent actuarial report indicating a need for such changes.

Xmas Flights

OTTAWA (CFP) — Three Yukon aircraft from air transport command depart Trenton, Ont., late November and early December for around the world flights.

These "Christmas flights" will visit such far away outposts as Vientiane, Laos; Saigon, Vietnam; New Delhi, India; Dar-es-Salaam, Tanzania; Accra, Ghana, and Cyprus. The heavy transports will carry in addition to military stores Yuletide parcels from relatives and friends in Canada and a variety of amenities donated by Canadian firms.

On behalf of the Canadian government, each of our servicemen serving in these far away outposts will receive all the necessary ingredients to prepare a Christmas dinner worthy of the occasion. There will be the traditional turkey (canned), along with cranberry sauce, nuts and plum pudding. A personal message

Canada Buys 4th Submarine

OTTAWA (CFP) — With the commissioning of the former USS Argonaut as HMCS Rainbow at Norfolk, Virginia, Dec. 2, she's the fourth submarine currently owned by Canada.

She will replace the Balao class Grilse (ex-USS Burrfish) on loan from the U.S. Navy since 1961 and which has served in the Pacific maritime command of the Canadian forces.

The Rainbow will cost Canada only around \$150,000 to buy from the USA. She is of the Tench class, an improvement of the Balao design. The U.S. Navy is from Defence Minister Leo Cadieux and General Jean V. Allard, chief of the defence staff, will accompany each food parcel.

Amenities donated by Canadian firms include sports equipment, cigarettes, beverages and books.

On the return flight, the heavy transports will be loaded with Christmas parcels destined for wives, children and relatives back home.

retiring several of these fleet class submarines.

The crew of the Grilse has gone to Norfolk to man her.

The name Rainbow perpetuates the name of the RCN's first ship, a light cruiser which served on Canada's west coast from 1910 to 1921. She was 3,600 tons displacement, had two 6-inch, six 4.7 inch and four 12-pounder guns.

The second Rainbow was launched on Oct. 1, 1944, from the Portsmouth naval shipyard. She is fitted with snorkel, displaces 1,800 tons on the surface and 2,500 submerged. She is 311.2 feet long, 27.2 feet in beam and draws 17 feet. She has six 21-inch torpedo tubes forward and four 21-inch tubes aft.

She is propelled by four diesels (6,500 bhp) or four electric motors (4,610 shp) which drive her at 20 knots on the surface, 10 knots submerged. The U.S. Navy crewed her with eight officers and 74 men.

The Rainbow, like her predecessor will be operating on

Lewis Cops Oliver Trophy

CFB Comox, B.C., 18 November, 1968. Private Chester R. Lewis, 20, of Sydney, NS, has been awarded the Oliver Trophy, the top proficiency award annually presented to a member of the Military Police of the Armed Forces.

Private Lewis was born in Sydney, NS, and joined the service in January, 1967. His training took him to St. Jean, PQ, and Camp Borden, Ontario. He reported to Comox in August, 1967.

The results of his training, his high personal standards, his ability and perseverance are but a few of the factors that were considered in selecting him the winner of this trophy.

His parents, Mr. and Mrs. Charles R. Lewis, reside at RR #1, North Sydney, Edwardsville. Seen presenting Private Lewis with a photograph of the Trophy and a plaque is Colonel Kenneth C. Lett of Carp, Ontario, Base Commander, CFB Comox, and Captain Peter Simpson, Base Security Officer.



Base Photo

UNISKINS by mac

AT LONG LAST GREAT DAY ARRIVE. GREAT WHITE FATHERS WHO LIVE ON BANKS OF THE OTTAWA INCREASE OUR WAMPUM. EVERONE VERY HAPPY. EVERONE WANT THEIR CUT FROM BRAVE PAY.



MACLEOD GETS 1,000TH



SHOWN HERE we have Capt. Barry Macleod on completion of his 1,000th hour in the CF101B Voodoo. A pilot with 409 sqn. Capt. Macleod was born and raised in Richmond B.C. He enlisted in the RCAF in 1961 and has seen operational service with 425 and 409 sqns. In addition to being a line pilot Capt. Macleod is also 409's test pilot.

Base Photo

Bouquets and '!'?' from Asro

A Big Bouquet to our government. We heard so much of the Prime Ministers 'hold the line' policy - why did the government wait for the Armed Services pay raise to, at last, put it into effect? How does our Minister of National Defence figure we did any "catching up" with this one? The present RCMP recruit is paid twice as much as the CAF recruit and negotiations are under way for him to obtain a raise five times that granted to the Armed Service recruit. We are all familiar with the raises granted post office, railway, and seaway workers yet some wonder why an airman has to moonlight or put the wife to work to pay the rent, feed and clothe the kids. It looks like we will have to wait for our reward in heaven because we sure as h---won't get it anywhere else. We hear that Cpl. Don Ferrin is the new owner of the Waikiki. We wish him success and trust that his friends will patronize his establishment.

Cpl. Brian Atchison is leaving the service for real estate and interior decorating. Best of luck Brian.

"Boss" Miller is leaving 409 weapons loading for a tour in the EOD business. No shift in QRA - he will starve.

Welcome to Doug Bell from 4 Wing. Doug now hangs his hat at 409 Weapons Loading.

Sgt. Johnson is also from 4 Wing and with 17 years experience in the air defence business is welcomed aboard.

Cpl. Walters is another recently welcomed to 409 Servicing.

We understand that Jeff Macklem and Mike Houle are progressing favourably in Naden Hospital. We wish them a speedy recovery - they are needed at work.

Ron Trustham is leaving us soon - even a promotion wouldn't entice him to stay on. His decision was made prior to the pay raise announcement and he assures us that even the "generous" spread built in between the sergeants and Warrent Officers pay as a monetary reward to accompany the prestige would in no way have affected his decision. Good Luck and God Bless - we will miss you Ron.

Lt. Mathews has gone in the investigation business, temporarily at least. He and one of our illustrious drivers airframe have been enjoying the rigors of the balmy prairies for the past few days.

Kent Scott requests your continued support of pools, raffles, etc. He has to finance his trip east for the holidays somehow.

step was to set up a time for his news conference. More delays and more talking. After a further time delay and perhaps a long distance phone call Les took me into a sound proof debugged room to let me in on the future. First though I had to swear to absolute secrecy until the paper was published. So - as of now it is no secret that Lt. Les Putland and Miss Sue Davidson are engaged. They haven't set a firm date for the wedding, but Les has promised that he will let me know first, so I can tell everyone through this column. Congratulations Les and Sue, you make a wonderful couple. Please accept the Night Hawks wishes for a happy healthy future.

Practically everyone who has gone deer hunting has managed to bring one home - everyone except Captain Len Dodd. Lt. Harry Chapin, who admits he is not the greatest hunter in the world, engaged the services of a master guide and soon managed to get his deer. Harry had nothing but praise for the guide and he says "anyone who wants to get a deer should go out with him. He draws deer to him like a magnet attracting iron and he always lets his friends shoot first". The guide? None other than 409's answer to Daniel Boone - Len Dodd. The Night Hawks hockey team has had several successful games already this season. They recently trounced the first spot team from Courtenay. The team is in second place now and is struggling for first. They lack one thing and that is fans and supporters in the bleachers during each game. Let's check the schedules pinned up around the squadron and get out on time to these games. Our team is the only one deserving the first place in this league. It will get there if we all get out and cheer it on. Come out and bring a friend. Probably one of the more difficult aspects of writing a column while taking leave is trying to get some idea of what has happened. I cornered Lt. Les Putland and he informed me that he had some news, but wasn't sure if it had been cleared for publication. After a bit more prying it became clear that a major story was in the making. He promised that the news would be out for this issue of the Nest, but the time just wasn't right for its release. So the next

SABRE JET REFLECTIONS

One of the best known post-war fighter aircraft flown by Canadian airmen - the F-86 Sabre jet - will be phased out of the Canadian Armed Forces' inventory next month with the closing of the sabre transition unit (STU) at CFB Chatham, N.B.

A special ceremony will be held at the New Brunswick air base on Friday, Nov. 29, to mark the official retirement of the durable aircraft.

Built by Canadair, the F-86 Sabres entered service with the RCAF in August 1950, almost a year to the day the Montreal aircraft company received its initial contract. Over the next eight years Canadair continued production of the aircraft in various

versions from Mark I to Mark VI until Oct. 1958 when the 1,815th and last Sabre rolled off the assembly line.

During the early '50s, Sabre aircraft became the front line operational fighters for Canada's NATO Air Division. Most of the jets were ferried across the Atlantic in short hops through Goose Bay, Labrador, Greenland and Iceland while others were shipped in the aircraft carrier Magnificent. Meanwhile, 21 Canadian pilots were flying Sabres in Korea with United Nations forces.

The F-86 Sabre continued to be the primary operational fighter aircraft for Canadians forces

overseas until replaced by CF-100s in the late '50s. The last Air Division Sabre squadron was disbanded in August 1963.

In recent years Sabres have been used as transitional training aircraft for fighter pilots progressing through the CT-114 Tutor, the T-33 Silver Star to the F-86 Sabre and finally to the CF-104 Starfighter, the present aircraft used in the Nato role overseas. Today, 21 Sabre jets are still in the armed forces inventory.

With the phaseout of the Sabre Transition Unit, jet fighter pilots will receive transitional jet training on the new CF-5 aircraft at Canadian Forces Base Cold Lake, Alta., starting next spring.

F-86 Sabre Fact Sheet

- Length 37' 5"
- Span 37' 1"
- Height 14' 7"
- Weight 16,135 lb.
- Speed 671 m.p.h.
- Power Granda 14, 7,275 lb. thrust
- Manufacturer North American Aviation (U.S.)
- Date of Production August 1950
- No. produced Canadair built 1,815 Sabres
- End of production October 1958
- Roles - First line fighter aircraft for Canada's NATO Air Division from early '50s
- Last Sabre squadron disbanded overseas in 1963
- Basic aircraft for Golden Hawks aerobatic team 1959-1964
- Transitional trainer for CF-104 aircraft pilots
- 21 RCAF pilots flew Sabres on exchange duties with UN Forces in Korea.
- Sabres are still in use in some NATO countries
- 21 Sabre jets remain in the Canadian Armed Forces inventory, located at CFB Chatham, N.B.
- 1 (F) OTU, operational training unit, commenced in 1950. Primary role to train Sabre fighter pilots.
- 1 (F) OTU was disbanded, late 1961
- Sabre Transition Unit (STU) commenced February 1962. Primary role transition pilot training for those pilots progressing to CF 104 strike reconnaissance training.
- Sabre (STU) will be disbanded 31 December 1968.

Historical

We Pay Wire Charges

On all orders received before December 14th, to be delivered anywhere in the world, Christmas week.

Save night wire charges approximately

Alberta	1.25
Sask.	1.50
Ontario	2.00
Manitoba	1.75
Quebec	2.00
Maritimes	2.00
Britain	2.09
Europe	2.75

Flowers the perfect gift always



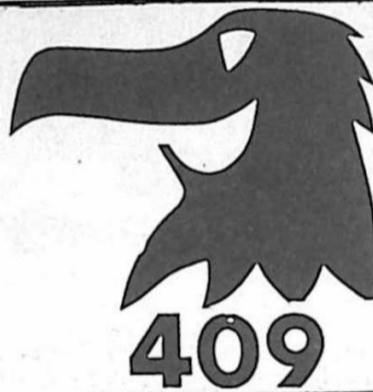
THE GARDEN PATCH FLORIST

431 - 5th Street, Courtenay

Day 334-3213
Night 334-2519



Night Hawk's Nest



Captain "Beetle" MacLeod has joined the Voodoo 1,000 hours flying club. Beetle reached this envious position just after more than five years of flying and many many take offs and landings. Congratulations Barry from all the Night Hawks.

Practically everyone who has gone deer hunting has managed to bring one home - everyone except Captain Len Dodd. Lt. Harry Chapin, who admits he is not the greatest hunter in the world, engaged the services of a master guide and soon managed to get his deer. Harry had nothing but praise for the guide and he says "anyone who wants to get a deer should go out with him. He draws deer to him like a magnet attracting iron and he always lets his friends shoot first". The guide? None other than 409's answer to Daniel Boone - Len Dodd. The Night Hawks hockey team has had several successful games already this season. They

recently trounced the first spot team from Courtenay. The team is in second place now and is struggling for first. They lack one thing and that is fans and supporters in the bleachers during each game. Let's check the schedules pinned up around the squadron and get out on time to these games. Our team is the only one deserving the first place in this league. It will get there if we all get out and cheer it on. Come out and bring a friend. Probably one of the more difficult aspects of writing a column while taking leave is trying to get some idea of what has happened. I cornered Lt. Les Putland and he informed me that he had some news, but wasn't sure if it had been cleared for publication. After a bit more prying it became clear that a major story was in the making. He promised that the news would be out for this issue of the Nest, but the time just wasn't right for its release. So the next

step was to set up a time for his news conference. More delays and more talking. After a further time delay and perhaps a long distance phone call Les took me into a sound proof debugged room to let me in on the future. First though I had to swear to absolute secrecy until the paper was published. So - as of now it is no secret that Lt. Les Putland and Miss Sue Davidson are engaged. They haven't set a firm date for the wedding, but Les has promised that he will let me know first, so I can tell everyone through this column. Congratulations Les and Sue, you make a wonderful couple. Please accept the Night Hawks wishes for a happy healthy future.

IF YOU ARE RENTING... BUILD A HOME!

YOUR PROVINCIAL GOVERNMENT SAYS

DON'T WAIT FOR SPRING DO IT NOW!

Enquire for particulars of the Provincial New Home Building Grant . . . Up to \$1,000 Outright Grant Available.

GOVERNMENT OF BRITISH COLUMBIA



Department of Finance
Parliament Buildings,
Victoria, British Columbia

Port Augusta Motel

COMOX VALLEY'S NEWEST MOTEL

- ★ Centrally located in Comox overlooking beautiful Comox Bay.
- ★ 23 Modern Units
- ★ Cable Television
- ★ Heated Swimming Pool.
- ★ Kitchenettes.

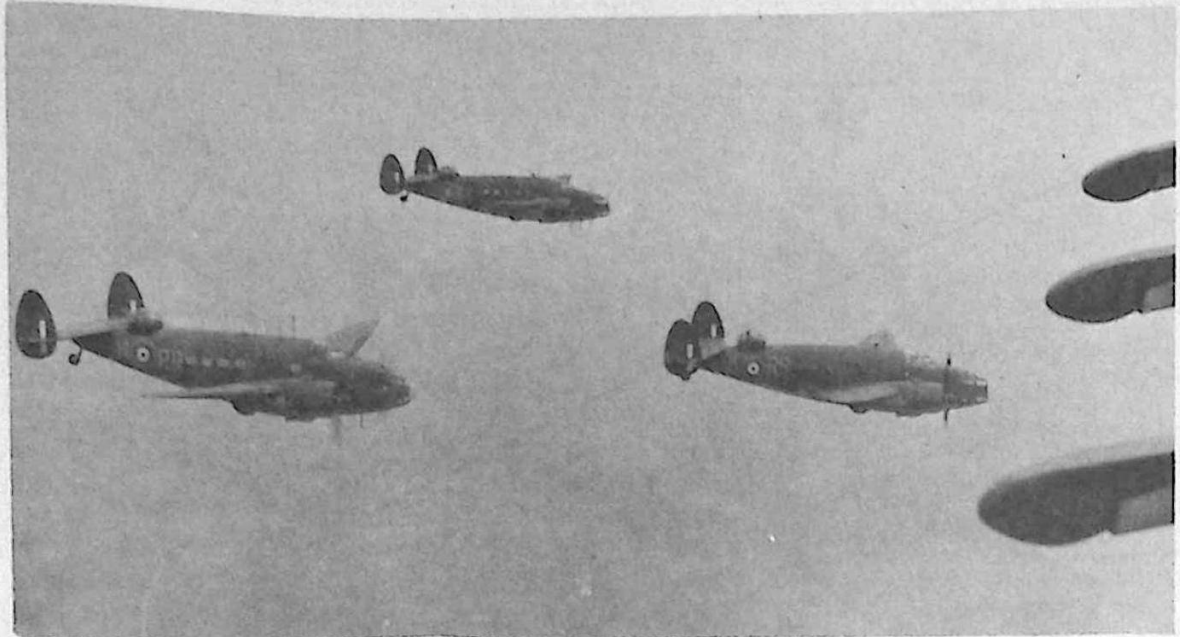
IDEALLY SUITED FOR -

Service personnel between transfers or moves
If you have friends or relatives coming to visit

Reserve Now At The Port Augusta
PRICES ARE REASONABLE

For Reservations Phone 339-2277 or 339-3110

Demons Overseas WW II



A FORMATION of Lockheed Hudson Aircraft, Sept. 7, 1941. From a photograph in the Public Archives of Canada.

SAVELLE GETS 10,000th



Another "it happened on 407 series", 10,000 hours of safe, professional flying in war and peace is indeed a major milestone in a pilot's career. Captain Harry Savelle, Maritime Crew Captain of crew three 407 Squadron reached the 10,000 hour mark while carrying out a crew training mission on Oct. 17, 1968.

It is of note that 3,000 hours of this flying is in the maritime environment.

Captain Savelle's keen sense of responsibility and his interest in passing his knowledge on to other pilots and aircrew in the service is commendable.

I am sure that someone will ask Capt. Savelle, "Now that you have 10,000 hours, you must know all there is to know about flying." I am confident that Harry's reply will be, "The day you know all there is to know about flying, is the day you should stop because that is the day that you become dangerous."

Said Lt. Col. Middleton, the CO of 407, "Darn confident that Harry will be flying for awhile yet."

Asked for his comments, Capt. Savelle stated "I guess this relieves me of standby's oh"

Base Photo

and A flight will be left to guard the Demons lair. We, the home-bodies, wish the world travellers their usual success in their southern endeavour.

In the visitor column we have had the flight safety inspection team through our unit in the last week, and the squadron went through, with flying colors. This weekend we are expecting 449 Sqn. MPEU Det to come visiting. Their plan is to stay a day or two and bring the unit up to date on the latest and greatest from the boffins. That should be an interesting little talk.

Just think there are only about seventeen shop-lifting days left till Christmas so I recommend that you send your letter to Santa Claus now. Through the extensive intelligence network available to your reporter the following was intercepted and may be used as an example of how to plead your cause.

Dear Santa:
I am a pilot on 407 squadron and have been a good boy all year. I have not given a difficult time to all the other nice people on the aeroplane. On Christmas Eve I never fly so that you will not have to drive your reindeer under radar control. I am even now cleaning out the chimney so that your nice red suit will not get dirty.

Because I have been so good, I hope you will bring a Marvel the Mustang set and a cowboy hat. Also, if it is not too much, I would like three snappy retorts to be used on those RO's and Nav's at Weepers.
Yours Truly
XXXXXXXXXXXX

The name has been left off because we would not want to cause any embarrassment.

For the weekend of the 30th, Nov. all the members of the mess will again split down the middle and attend the yearly Grey Cup game.

Without any hesitation your reporter will make this prediction. It will be the Calgary Stampeders by one touchdown. Regardless of the outcome of this encounter, I hope everyone here will turn out for this great event. Again, there is a very nice pool being run by the squadron fund, your support is now solicited.

Rumour of the Week: Tiny Tim will be at the 407 party to entertain all you lucky people with his inimitable style.

Rumour of the week which did not come true: The pay raise is not, repeat not, 37 1/2 per cent.

CHAPTER XIV of The RCAF Overseas, from the collection of CWO PARKER
One RCAF unit, the Demon Squadron, was outstandingly successful in the second major activity of Coastal Command, the campaign against enemy shipping. Time after time, the Demons established records - and then broke them - for enemy tonnage attacked and damaged or destroyed. The squadron was led first by W/C H.M. Styles, RAF, who was followed by W/C A. C. Brown, D.F.C. In three months of operational activity the Demons attacked and damaged a record total of 150,000 tons of Nazi shipping. In May 1942 they set another record of 83,000 tons. Skimming over the sea at zero feet, flying through curtains of light and heavy flak and releasing their bombs at mast height, they wrought untold destruction on scores of enemy convoys picking their way through the minefields - so thoughtfully sown by the RAF and RCAF off the Frisian Islands. The Demons, with their fellow squadrons of Coastal Command, compelled the Nazis to protect their harassed shipping by diverting more and more ships and men to flak ship duties and bringing fighter aircraft from the Russian front. All of which adds up to a sharp decrease in the volume of shipping which could be moved along the coastal route to Rotterdam.

The squadron's colourful exploits would fill one volume - and most probably will at some later date - but a few have been selected from the record book to illustrate its work. That the squadron was flying the Lockheed Hudson, which for years past had given such good service on commercial lines, but was not originally designed for war, makes the feats all the more astounding.

On November 1st, 1941 a roving Demon sighted a convoy off Terschelling and, after reporting its position to the home station, went in to attack and saw one bomb make a direct hit at the feet of the mast of a 4,000 ton ship. Meanwhile, eight more Hudsons had taken off to join in the attack. All but one found the convoy and bombed from mast height in the face of intense flak which damaged three of the aircraft. Direct hits were observed on five ships - a 7,000 ton tanker and merchant vessels of 6,000, 5,000, 3,500 and 3,000 tons. In one attack over 28,000 tons of Axis shipping had been damaged.

On the following night the Demons repeated their exploit at the expense of two other Nazi convoys, when Sgt. J. W. Creeden saw two of his bombs score direct hits as he skimmed past the mast tips of a 6,000 ton merchant vessel. There was a terrific explosion and the whole ship blew up. Creeden was subsequently commissioned for his outstanding work and many other occasions, but unfortunately was killed about four months later. Styles made two direct hits and a near miss on a 7,000 ton tanker, which gave off dense clouds of oily black smoke tinged with a red glow. Three other pilots reported direct hits or near misses on their target ships. It should be noted here that frequently a near miss is as effective as a direct hit, since the concussion springs the plates of the vessel; its chances of making port are reduced, and even if it does arrive it must go into drydock for some time to effect repairs.

DECORATIONS
Styles was awarded the DSO in recognition of his "magnificent example of courageous leadership and determination," which had raised his squadron to such a "high standard of operational efficiency", while two of the most outstanding Demons, S/L P. E. Lewis and Sgt. R. G. Mullen, received the DFC and DFM respectively. Both had been most successful in attacking enemy shipping throughout their tour of operations. The Air Council especially commended the squadron as a whole for its outstanding work during the last four months of 1941, and Air Chief Marshall Sir Philip Joubert and the Group.

CONGRATULATIONS
On January 7th, 1942 Styles handed over the squadron to W/C A. C. Brown, a Canadian from Winnipeg who had joined the RAF in 1934. In the early part of the war, Brown had carried out many important reconnaissance and bombing missions and won the D.F.C. Under his inspired leadership the Demons continued their record of successes and in May, 1942, despite a marked increase in the strength and variety of enemy defences, reached a new peak of achievement. Three of the Demons' encounters during that month were worthy of their almost legendary reputation. Just before dawn on the 5th, Brown and another pilot reconnoitering for enemy shipping off the Dutch coast found a convoy of 12 vessels and, after signalling the strike to their base, attacked through a dense curtain of flak. The winco dive-bombed

one ship and felt his aircraft shudder from the explosions, but was unable to note the results owing to the evasive action necessary to escape the enemy's anti-aircraft fire. The pilot of the other Hudson scored near misses. More Hudsons arrived in answer to Brown's signal and despite the flak, made doubly effective by the increasing morning light, closed in and attacked. P/O E. F. Paige, one of the newly-arrived pilots, was severely wounded as he closed in and his instrument panel was smashed by a shell fragment, but despite intense pain he brought his machine and crew safely home. Frankie Paige's fortitude and devotion to duty were recognized by the award of the DFC.

Again on the 15th of the month two formations of Demons ran into a convoy of 10 ships accompanied by a strong escort. P/O F. A. Kay was the first to make contact and as he flew in to attack from mast height his aircraft was repeatedly hit and severely damaged. Despite the fact Kay was wounded in the hand he completed his run. Kay was able to nurse his machine along until he reached the English Coast before his engines failed completely. Four of the Hudsons were shot down in this engagement. On the 29th P/O L. J. O'Connell, who later won the DFC swept in so close to his prey that one of his bomb doors was torn off by the ship's mast.

DEMONS GO TO BREMEN
As a variation from their normal duties the Demons greeted with joy the news that they were to participate in the 1,000 bomber raid on Bremen. A member of one crew remarked that a navigator was hardly necessary on the outward journey, as all the pilot had to do was steer by the flak bursts directed at the machine ahead of him. Over the target there was a thick cloud, on which could be seen the reflection of huge fires, but which interfered with the crews' seeing the effect of their bombs. In contrast to their usual tactics of coming down to mast height before dropping their load, all but one of the Demons bombed through the clouds from 12,000 feet. However one aircraft found a hole in the clouds and got down to 7,000 feet before letting its stick go, and the crew could see explosions and a fire on the docks as a result of their efforts.

The Demons also joined in on the running attack on the Scharnhorst, Gneisenau and Prinz Eugen along the English Channel in February 1942. Five Hudsons, led by S/L W. A. Anderson and F/O L. Cowperthwaite located the fleeing men-o'-war through the clouds and bombed them from heights varying from 1,500 to 400 feet. Both of the leading aircraft were shot down. Creeden dived through the clouds amid an extremely heavy barrage of anti-aircraft fire and released his

bombs on one of the escorting destroyers. While climbing back into the clouds his machine was attacked by a Jr.88, but the accurate shooting of his gunners, Sgt. G. Hancox and H. G. Everett forced the Hun to break off. In the last days of January 1943 a new chapter in the history of the Demons opened when they commenced conversion on Wellingtons in Scotland. Thence in April it moved to Chivenor in SW England to join in Coastal Command's Battle of the Bay.

INSURANCE

Fire, Auto, and All Types of General Insurance

Betty Wallace

INSURANCE AGENCIES

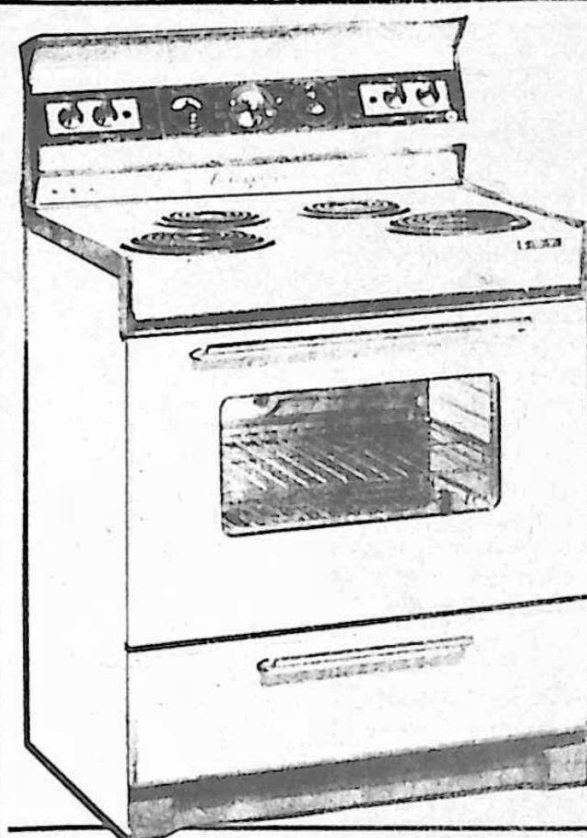
546 Duncan St., Courtenay
Phone 338-8616

FLEETWOOD STEREOS & TV BARGAINS

19" Portable TV
\$188⁰⁰

25" Color TV
Reg. \$1295.00
\$1050⁰⁰

\$50 RECORD PACK FREE
with purchase of any Floor Model Stereo Set



Enterprise

DELUXE ENTERPRISE
ELECTRIC RANGE

This Quality 30" range
has all the wanted features at only

\$229.95

7-piece Ranch Style
DINETTES
\$119.95

Ready-Made DRAPES
2wx84" 3wx84"
\$39.50 \$59.50

FINLAYSON'S

"THE FURNITURE PEOPLE"

Fifth Street, Courtenay

Phone 334-3631

Demon Doins

The "Party" is now on the downhill leg for planning, but your support is now even more necessary than ever before. If you were holding off buying your ticket, hold off no longer, this is the time to go and buy the chit that will allow you to attend the gathering of Demons. When you read this and the Grey Cup has not been played hop on down to ops and offer to buy the remaining tickets

on the football pool. The price is right. Also there are a few tickets left on the turkeys, hams and bottles that are being offered on the draw being sold at servicing. For those of you who may not have heard yet, there is a door prize. It will keep you in Christmas cheer. Get the baby sitter all lined up for Dec. 14.

When this little dissertation hits the streets, B flight will have left for their sojourn south

Owed to Grilse

Sir:
Your poem was read with avid interest by members of 407 Squadron and particularly by the crew engaged in the events you will recall taking place at the above noted time. During the proceedings it occurred to the crew that your poem was deserving of an

answer. Therefore, it being a little slack at the time, the following rhyme was evolved and is presented, in the hope that it affords you as much pleasure as yours did us.

Your Obedient Servant
D L Mayne
407 Squadron.

Dear old Grilse we've read your verse
And we here do agree,
'Tis difficult for Grilse and us
To rendezvous at sea.

However, from our point of view
The reasons vary wide,
'Tis difficult to rendezvous
With you at old dockside.

We understand your reticence
To let go fore and aft,
For surely to sail out in Grilse
A chap must needs be daft.

We've seen the fear deep in your eyes
When they let go the lines,
And rightly so when you sail out
With bent and broken chins.

How can this fear help but pervade
The Officers and men
When you are bobbing on the waves
Without an ECM.

We note the other morning,
At dawn, you had some fuss,
We know this very certainly
Because the fuss was us.

We photographed your periscope
(the picture turned out fine)
And then we dropped some charges
Not full, — the other kind.

There's one thing that we must confess
Is good about your hull,
When charges are dropped close to you
It echoes very well.

Forgive us poking fun at you
But admit, it is our turn,
For what's a weakly worm I ask
Unless it's made to squirm?

Ed's Note — 407 Sqn. couldn't resist searching through their annals of poetic lore to get 1 last dig at departing "Grilse".

EATON'S

1.49 DAY

TUESDAY

December 3rd

TOTEM TIMES

Published on alternate Thursdays, with the kind permission of COL. KC Lett, Base Commander, CFB Comox. Printed in Courtenay by Comox District Free Press.

DEPUTY EDITOR AND CARTOONIST: Cpl. LG McCaffrey (loc 299)
 PHOTO EDITOR: Cpl. J Tremblay (loc 417)
 EDITORIAL STAFF: Capt. PG Northover (loc 308), Sgt. HE Miller (loc 461), Capt. R Koehn (loc 409)
 SPORTS EDITORS: Capt. GM Kruger (loc 308), Lt. HW Klein (loc 308)
 ADVERTISING STAFF: Lt. B Cuthbertson
 BUSINESS MANAGER: Capt. ET SWIFT (loc 308)
 CIRCULATION: Cpl. K Paisley (loc 409)
 BOOKKEEPER: Mrs. B. Crocker

The TOTEM TIMES is an unofficial publication of CFB Comox. The Editor reserves the right to edit copy and reject advertisements to suit the needs of the publication. Views expressed are those of the individual contributor unless expressly attributed to the DND, CF, or other agencies.
 Inquiries may be directed to Cpl. McCaffrey at Local 299.



DUCK HUNTING

Cpl. Lance Sterling

Duck hunting season is about over and the ducks are not alone in being relieved. There is at least one duck hunter that from now on will be going out just for the fresh air.

Our hero, who prefers to remain anonymous, started his day as most duck hunters do -- about 3:30 a.m. way before ducks or anything else gets up.

By 4:30 a.m., he had dressed and was ready to go. His only problem was moving. He had on three pairs of pants, two pairs of socks, a tee shirt, a sweat shirt, a wool shirt and last year's waders.

To a truly dedicated hunter, getting in and out of a car, in and out of a boat and in and out of a duck blind while wearing enough clothes to fill a CARE package is a minor problem. So he is juggling a shotgun, two boxes of magnum shells and a dozen decoys. Our boy: was a dedicated hunter.

Loaded to the point of not being able to move, he staggered out of his house and paused for a breath of fresh air. There is just nothing as fresh as the air at 4:30 on a dark, cold, winter morning. His lungs became candidates for instant pneumonia.

By the time he had arrived at the duck blind, the first faint indication of dawn tinged the sky. By the time he had his decoys planted and was settled in the blind, the first faint indication

that last year's waders had one of this year's holes was dampening his right foot and his hunting ardor.

The ducks started coming over soon after daybreak. The only trouble was that if they had been any higher, they would have left contrails.

About 9:30 a.m. however, one duck made a fatal mistake. The rest of the flock, seeing the flack and hearing the roar of the 12 gauge cannon, wisely departed for parts unknown.

That was it for the day. By noon, our hero was convinced that the only flying creatures left in the Western Hemisphere were the mosquitoes surrounding him. He took his duck, his decoys, his gun and his two empty shell boxes and left for home.

Once home and out of most of his wet clothing, he was faced with the problem of how to fix a duck for dinner. His wife refused to have anything to do with it and the kids just stared.

There is no cookbook in print that tells you step-by-step how to get a duck from the marsh to the pot. It is just one of those things you have to learn.

Since the cookbook had nothing on duck, our dedicated hunter turned-chef decided to use the instructions for chicken. A few hours later, the house was ill of an eiderdown smog and the duck had shrunk to half its size. All that was left was pinfeathers.

According to the cookbook, pinfeathers on chicken are removed by scalding. It was at this point that our chef found one of those differences between ducks and chicken. The duck would not stay down in the boiling water.

Exasperated, he shoved the duck under water and held it there -- for about a full second, or long enough to realize his fingers were being parboiled. The duck, his fingers and a scream of pain all came forth at the same time.

Determined to master the duck, our hero got his electric razor from the bathroom and started on the pinfeathers. It was at this point that a difference between man and ducks became apparent. You just do not tell a dead duck to pull his skin tight so he can be shaved.

Up until now silent children started to cry and his wife stated that any man that would do something like that to an animal should be reported to the police.

Furthermore, she grimly added, that poor creature was not about to be cooked in her kitchen. It deserved a decent burial in the backyard.

There comes a time in every man's life when he realizes he is up against insurmountable odds. There is only one thing to do -- concede.

Is there anyone looking for a good, used shotgun?

A Very Costly Situation

In this day and age, what Canadians are narrow minded enough to believe that we still hold a controlling interest in the natural resources of our country? Foreign domination of our lands, minerals and general economic welfare has become the accepted way of life in Canada. For many generations we have been quite content to sell out our future to foreigners in return for the quick dollar, regardless of future consequences. Nowhere today, do we see a more flagrant example of our complete stupidity than the gigantic Kootenay coal deal which was transacted many months back.

Less than two years ago, Canadians were informed of an enormous coal sale to Japan. The deal was for approximately \$650,000,000 worth of Canadian coal to be taken and shipped from the Kootenay region of British Columbia to Japan for the production of steel. Canadian economists were overjoyed at first for a deal as large as this one would naturally give our economy a much needed boost. This was a while ago and now as we become more and more informed about the coal deal it turns out that the entire transaction is one of the biggest hoaxes ever perpetrated on the Canadian public.

Crownst Industries, the coal mining firm well established in the East Kootenays, is simply a subsidiary of the huge Kaiser Steel Corporation of the United States. The sale of the Canadian coal to Japan was negotiated by the Kaiser Steel Corp. and various Japanese Industrial companies. The only significant part that concerned Canada was the shipment of the coal to the British Columbia coast where it would be shipped to Japan. To facilitate the transportation of this \$650 million worth of coal Canada has been forced to start production on a mammoth multi-million dollar superport at Roberts Bank B.C., as well as miles of new rail lines. We are proving ourselves accommodating to our "friends" to say the least.

The method to be used in extracting the coal from our scenic wilderness was recently exposed on the CBC program "The Way It Is". Kaiser Steel intends to use the strip mining method to remove their coal and this is a system well worth examining.

To illustrate the results of strip mining, the CBC sent a camera crew to that region of Kentucky known as Appalachia where strip mining has been going on for quite some time. A visitor to the area would be absolutely dumbfounded by what he saw.

To best picture an area having undergone strip mining, one need only imagine the results of a bomb blast. Square mile after square mile of sheer wanton devastation where nothing could flourish. Entire mountains torn from the face of the earth leaving only a scarred wasteland incapable of supporting life. The machines employed in strip mining are so immense that they stagger the imagination of the ignorant. One impartial observer stated objectively that the bomb damage to Nazi Germany didn't compare to the utter devastation inflicted to the Kentucky landscape by the machines of strip mining. Soon these same machines will be making their way to the Kootenays to methodically pillage what we now call beautiful British Columbia.

A short while ago the State of Kentucky became aware of the lasting effects of strip mining and passed legislation forcing the mining companies to rehabilitate the stripped lands. The areas rehabilitated by soil and vegetation didn't resemble in any way the lands before the mining operations took place, however, it was still a marked improvement. No such laws exist in Canada.

Mr. Jack Ashby, an executive of Kaiser Steel Corp. was recently interviewed in Vancouver. When asked about the destructive nature of strip mining he replied that Kaiser Steel would voluntarily rehabilitate the land without the prodding of our federal government's legislation. A very nice remark to make, however, it seems unlikely that Kaiser would show any real interest in Canada's scenery, especially in view of the carnage spread in their own country before appropriate legislation was passed.

When Mr. Ashby was asked why Kaiser and the Japanese firms didn't build steel plants in British Columbia instead of shipping the coal to Japan, he replied that Kaiser may study the matter.

When questioned on the possibility of part Canadian ownership in the Crownst development, Ashby stated that Kaiser may be willing to sell up to 10% interest to Canadians, however, this was still under study.

Finally Ashby stated that Kaiser Steel was negotiating with Japanese firms for more Canadian coal. The volume in question was approximately double that of the existing contracts. Not exactly a happy thought for Canada.

So what do Canadians stand to gain from all these manipulations of our resources by foreign companies. We'll receive some benefits in the form of employment, wages, corporation taxes, and in return for all this we have our landscape ruined and our resources depleted. Nothing that we haven't encouraged for years.

In summing up the situation our past governments have unfortunately sold out the control of what is ours to foreign interests concerned only with their financial welfare in Canada. It's a bitter pill for Canadians to swallow but the facts are there, and no amount of bargaining will change them. Now, we can only look ahead and attempt to reduce the mess we find ourselves in. If ever our present federal and provincial governments remain content to sit by while foreign owned companies devastate our land before our very eyes, it will be a sad day for all Canadians.

LETTER TO THE EDITOR

editor; The Totem Times

Sir:
 In the past few years, we have seen many changes take place in the Armed Forces. Unification and Integration, as well as a few pay raises. At one time we all came under one standard pay group system. Whether you were a cook or airframe tech, plumber or musician, everyone was rated the same. Once you reached the Group Three Level, you were at the very top. Now the pay level goes a long way up, and one has a chance to perhaps make a good career. Now that we are rated highly, and paid accordingly, things haven't changed much in

our social life. Granted, we now have much better clubs and canteens than we used to have, and the money flows thicker than ever. But, what about good behavior?
 If you want something to open your eyes, just be Orderly Corporal or Sergeant for a day.
 When in those clubs and canteens, there is no need to throw around food and drop cigarette butts all over the floor. It is quite simple to dispose of these items in the proper place. Spilled beer can be taken care of with a simple wiping rag, and the place stays quite clean. We have the best of furniture in all of our

clubs, but it does have a short life at times. Sure clubs and canteens are great places for entertainment, but let's not make them look like cheap hotels. Perhaps if one had to clean the place up, his attitude would soon change and he would have more respect for such institutions. They are provided for our convenience and pleasure during off duty times. A club that you could also take your wife or girl friend to and be proud that you belong.
 When closing time comes, don't stick around and annoy the detail-off personnel closing the facility up. YOU may be next.
 SIGNED,
 J. H. G. T.

Hansard Highlights

Friday, November 8, 1968 Page 2570.
 EFFICIENCY OF NORTHERN RADAR SYSTEM

On the orders of the day: Mr. Bernard Dumont (Frontenac): Mr. Speaker, it was my intention yesterday to direct a question to the Minister of National Defence, but as the schedule of attendance showed that he would be absent, I put it aside until today. NOW, I note that the minister is probably attending to very important matters, so I will have to direct my question to the right hon. Prime Minister. I also wonder whether it would not be appropriate to rectify the attendance roster of ministers, as it seems we cannot rely on it.

My question relates to a photograph of a Soviet orb in orbit, taken by the Cold Line observation centre. Can the minister assure the house that the North American radar defence system is still efficient?

Right Hon. P. E. Trudeau (Prime Minister): Mr. Speaker, following the remarks made by the hon. member, I must point out to him that the Minister of National Defence was not scheduled to be in the house yesterday or today, but that he will be here next week.

Mr. Dumont: Mr. Speaker, according to our information, the minister was supposed to be here this morning.

Mr. Speaker: Order. Does the hon. member wish to ask a question?

Mr. Dumont: Yes, Mr. Speaker. Is the government not afraid that bombs coming from the south

might not be detected by our long radar network in the north?
 Mr. Trudeau: The list is not up to date.

Friday, November 8, 1968 Pages 2621 to 2624.

Mr. Donald MacInnis (Capre Breton-East Richmond): Mr. Speaker, with the time remaining through you will wish it were six or less have to be in a shotgun to relate this to the gunboat philosophy adopted by the Pearson government not too long ago. It is a well known fact that now has been severely criticized. Never before has that criticism been more justified than it has been under this present government. The scheduled absence and passing of the buck, as well as other performances here are could do without. It is regrettable that in this house members of parliament was to take the oath of office, which includes an oath of allegiance to the Queen, and around speaking critically of the monarch.

We have a Prime Minister who on a public television show said that so far as he is concerned he doesn't care. This is the approach and the attitude of the Prime Minister and members of this government, who have taken an oath of allegiance to their Queen. They go out and try to undermine the very structure

of this parliament. We speak of images and hear a good deal about codes of ethics, while at the same time we have the Minister of Transport (Mr. Hellyer), who has made charges of smear outside this house, failing to appear here to make them. I see no reason why he should be here. He is the master of the art of smearing admirals in our navy, but he does not have the courage to come to this house and back up what he has said outside the house. Why is this minister not held responsible and why is he allowed to make these charges outside the house, when he lacks the courage to make them in the house? If he were to do so it would be necessary for him to stand up to the opposition members, who mean to make available to the Canadian people the development behind the unusual business transaction in which he was involved. This was an image making transaction, as is very noticeable even by his own press report.

The equipment, so-called borrowed equipment, was made available to him long before the Prime Minister indicated any intention to resign. What was this for? It was to build up his image. After all this, what was that image? We saw the Minister of Transport running round at a national convention holding up the hand of his favorite minister and shouting "Go, Bob, go." That is all the equipment did for him. At the same time he pleaded that liberal leader be elected. I wonder how the Prime Minister can sit with him. I won-

AVERAGE TAR AND NICOTINE CONTENTS (IN MILLIGRAMS) PER CIGARETTE OF CIGARETTES AVAILABLE IN CANADA DURING THE FIRST SIX MONTHS OF 1968

BRAND	TAR MILLIGRAMS PER CIGARETTE	NICOTINE MILLIGRAMS PER CIGARETTE	
Alpine	king size, filter, menthol	22	1.4
Belmont	king size, filter	22	1.8
Belvedere	regular, filter	17	1.3
Belvedere	king size, filter	22	1.7
Benson and Hedges	premium, filter	28	2.0
Benson and Hedges	premium, filter, menthol	32	2.3
*Black Cat	regular, plain	26	1.7
*Black Cat Cork	regular, cork	25	1.6
Black Cat No. 7	king size, filter	23	1.5
British Consols	regular, plain	22	1.5
British Consols	regular, filter	20	1.4
Buckingham	regular, plain	24	1.3
Buckingham	king size, plain	28	1.6
Camel	regular, plain	23	1.4
Camel	kingsize, filter	20	1.3
Cameo	king size, filter, menthol	22	1.4
Chesterfield	regular, plain	23	1.2
Chesterfield	king size, plain	30	1.6
*Chesterfield	king size, filter	21	1.3
Cortina	compact, filter	15	1.0
Craven A	regular, filter	9	0.7
Craven A	king size, filter	22	1.5
Craven M	king size, filter, menthol	17	1.2
Du Maurier	regular, filter	16	1.1
Du Maurier	king size, filter	23	1.4
Du Maurier	king size, filter, menthol	23	1.4
Dunhill	premium, filter	28	2.0
Embassy	regular, plain	25	1.5
Embassy	regular, filter	19	1.2
Embassy	king size, filter	22	1.5
Embassy	king size, filter, menthol	23	1.4
Export	regular, plain	28	1.9
Export A	king size, plain	36	2.4
Export A	regular, filter	23	1.7
Export A	king size, filter	26	1.9
Gauloises	regular, plain	21	1.3
*Gauloises	regular, filter	13	0.9
*Gauloises Disque Bleu	regular, filter	14	0.9
*Gitanes	regular, plain	19	1.3
*Gitanes	regular, filter	12	0.9
Gold Crest	premium, filter	29	1.9
Kent	king size, filter	18	1.1
Kool	king size, filter, menthol	16	1.0
Lucky Strike	regular, plain	24	1.5
Lucky Strike	king size, filter	19	1.3
MacDonald Menthol	regular, filter, menthol	22	1.5
*MacDonald Menthol	king size, filter, menthol	24	1.7
Mark Ten	regular, plain	27	1.8
Mark Ten	king size, plain	32	2.2
Mark Ten	regular, filter	21	1.5
Mark Ten	king size, filter	26	1.8
Mark Ten	king size, filter, menthol	27	1.8
Matinee	regular, filter	10	0.7
Matinee	king size, filter	15	1.0
*Newport	king size, filter, menthol	22	1.5
Noblesse	king size, filter	25	1.7
Pall Mall	king size, plain	29	1.5
*Parliament	king size, filter	19	1.3
Peter Jackson	king size, filter	23	1.6
Peter Stuyvesant	king size, filter	22	1.5
Philip Morris	regular, plain	22	1.1
Players	regular, plain	25	1.5
Players Medium	regular, plain	23	1.5
Players Cork	regular, cork	24	1.5
*Players No. 6	compact, filter	20	1.4
Players	regular, filter	23	1.6
Players	king size, filter	25	1.7
*Ransom C	king size, Strickman filter	8	0.5
Rembrandt	premium filter	28	2.0
*Richmond C	king size, Strickman filter	9	0.5
*Riggio	king size, filter	24	1.8
Rothmans	king size, filter	23	1.5
St. Moritz	premium, filter, menthol	27	1.9
Salem	king size, filter, menthol	20	1.4
Sportsman	regular, plain	26	1.6
*Sportsman	compact, filter	17	1.1
*Sportsman	king size, filter	22	1.5
Sweet Caporal	regular, plain	25	1.5
*Sweet Caporal	king size, filter	26	1.7
*True	king size, filter	13	0.7
Viceroy	king size, filter	18	1.0
*Viscount	king size filter	8	0.7
*Viscount	king size, filter, menthol	8	0.7
Winston	king size, filter	19	1.3

UP THE EDITORS

It has been remarked that the raising of children is too important a job to be left to parents. One may carry this analogy further and say that the printing of a newspaper is too important a job to be left to editors. Before my editor becomes violent there are a few points to be considered.

der how members of the opposition, considering the smear tactics he used on admirals and servicemen in this country, can consider that what he has brought upon himself is something he should be allowed to get away with; I am not smearing the minister; I am demanding that he come to the house and give a responsible account of the transaction which took place at that time. What is curious about this is that from information available it would appear that the person who lent the equipment never had it, but bought it and had it sent directly from where he purchased it to the home of the minister.

During the unification debate the same minister sat in his seat and allowed his viewpoint to be put across, with the support of a lie brought directly into the house from the committee. This is all in black and white for any members of this house to see. If any member wishes, he may take exception to this; but it is on the record and it will stay on the record. He allowed the unification

Continued on Page 8

No one would seriously question the value of the press or the Fourth Estate as they prefer to call themselves. It is common knowledge that the giant service organizations are practically indispensable to our society. Their speed and coverage have indeed reduced the size of our earth and in most cases recent events are brought before the public before they reach the official in charge. It is not common to find items in the press before the official word has been released. It is therefore unlikely that one could complain about their coverage. If anything, it could be too thorough. Although this does raise a philosophical question as to just how thorough can news coverage be.

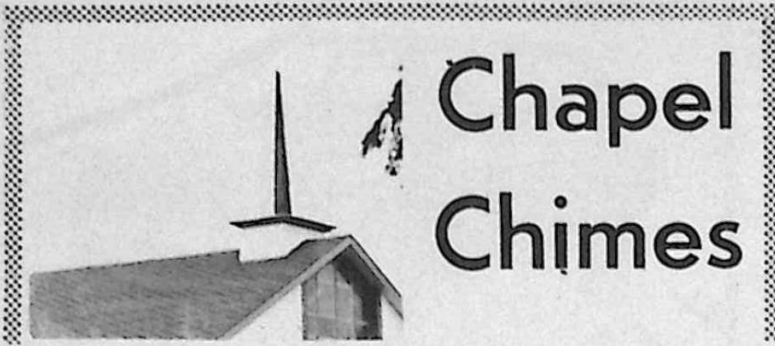
Since we are in agreement on their effectiveness we can now deal with the question of ownership. By and large all news organizations are privately owned, discounting certain obvious ones like the BBC and the CBC. This fact produces the seeming paradox of a private enterprise performing a public service. Petty minds might feel that this is obvious as there are thousands of private enterprises that perform public services. This is true in kind only not in degree. The press sells for a profit information and this information is on an unparalleled scale.

So, since they do sell information to the public, the public is entitled to complete veracity in news coverage. Anything less

than the complete truth is obviously cheating. In a court of law they demand the whole truth and this has to be carried into the press. If you can hold one thing back who is to decide what is held private? The conclusion is obvious, editors have to be more than men.

An editor for every working day of his life has to be completely objective or unbiased. But men are not like that by nature. So we have imperfect men trying to make a perfect paper. The end given biased reports or ones that do not tell the whole story. We are given the agonizing job of trying to determine if what we read is really the whole truth. In short we have a credibility gap and predictably- confusion.

Now it is always easy to find fault but what about solutions? If news was entirely public our taxes would be worse than ever. The fact that so much effort is put into composing an actual article precludes the appeal of a dry, plain news release. Therefore, we are left with one choice. Either we stay with our present system with its obvious faults or we revert to a simple, plain format with just the facts. In case you hadn't noticed, this paper is a perfect example of the latter. EDS NOTE: The Editor and staff of the Totem Times extend to our former Editorial writer a good show for a job well done and wish him every success in his new position!



Chapel Chimes

PROTESTANT CHAPEL CHRISTMAS SERVICES

SUNDAY, Dec. 15, 11 a.m. — Morning Worship
2:30 p.m. — Sunday School White Gift program and Christmas Concert. All classes in the Sunday School will share in presenting this program in the PMQ School. White Gifts will be distributed to needy families by the Salvation Army.

SUNDAY, Dec. 22, 11 a.m. — Morning Worship.
7:30 p.m. — Candlelight Choir Service of Christmas Music presented by both Junior and Senior Choirs.

CHRISTMAS EVE — 10:30 p.m. — Candlelight Carol and Communion Service.

(There will be no service on Christmas Day)

A Paraphrase on 1 Corinthians 13

Contributed by PADRE ARCHER

"If I speak with the precision of a scholar and acquire the subdued elegance of a television announcer, and have not love for all men, I am but the staccato noise of a riveting machine or the irritation of a dripping faucet. And if I have the training of a news analyst to predict what will happen tomorrow and understand the Einstein theory and can identify questions; and if I have faith, so as to change the opinions of my neighbours (which in many ways is more difficult than removing mountains), and have not a warm love for people in my heart, I am as interesting as last week's headlines. If I give all my money to the United Appeal and if I push my body to the edge of a nervous breakdown, but have not awareness of God's creative love, I gain nothing. Love is willing to wait a long time and always searches for evi-

dence of goodness in people; it does not push its way through crowds or break into line at supermarkets. Love does not care about recognition on committees, it is not distressed by careless words, nor is it depressed when a fellow worker is successful; love does not rejoice when misfortune comes to a competitor but rejoices in right, no matter who gets the credit. Love is eternally present as the atom. As for predictions of presidential elections, they will melt away. As for the intricacy of language, the United Nations will surmount that. As for the latest classroom theories, they will vanish like the early morning mists. Love shows how little we really know. When I was growing up, I was eager to learn and soon felt that I knew all the answers, but when I became full grown, I blushed with the realization of

Julia's Christmas

By JIM TREMBLAY

Several years ago, while driving with a friend through a large city, we came upon a crosswalk near a hotel. A couple came staggering out, beebing away and muttering a few choice words. We let them go by, and then my friend told me a story about this couple, a story about how degrading a life can become through the use of alcohol.

It happened the previous year when this couple's 12 year old daughter was killed on a highway near their ramshackle home. Her name was Julie, and she was very pretty and quite active. She would look after the younger ones when her mother and father would go on a binge. This was just one of the many chores that she had to do at home. She could cook, wash, iron and mend clothes, so that she and her brother and sisters could look decent. The meals were quite simple at home, but sometimes she would supplement them with a few candy bars and ice-cream that she bought with her own money. Yes, she did make a little money here and there. She baby sat and sometimes sold a few empty beer bottles. She would save her money to buy things at Christmas for her brother and sisters. To them she was a wonderful sister. Since she carried out most of the duties around the house, they loved her most of all. Of course, sometimes Mom or Dad would borrow from her, and

how little I truly knew.

For now we see as through a distorted television screen, but then person to person. What a small fragment I know about the world!

But there will come a time when the love of God will show me the world reflection in the souls of people.

So, nuclear mysteries, 1970 models of everything, and love are woven into the fabric of life, but the greatest of these is the creative love of God.

this would make her very sad, for she knew where the money was being wasted. However, she played her role, and played it quite well. You can imagine what she had to go through. She only hoped that some day she could manage to leave with all of the children and live well in a beautiful home somewhere.

On the day of her death, her parents had come home sickly drunk. During supper time, when the traffic was quite heavy on the highway near her home, her mother sent her across to the store quickly for a bottle of pop. Julie never hesitated a moment, she dashed out the door as she had done many times before. Outside on the highway, visibility was poor and the traffic was rushing through at high speed. She thought that she would have time to cross, she dashed across but too early. The driver never saw her. A sudden shriek, a thump then squealing brakes.

Little Julie just lay there, lifeless, with a few pennies clutched in her hand. Her miserable life was over now. At the funeral parlour, when the neighbours took the young ones to see her, the smallest one asked why Julie wouldn't speak. They explained that Julie would not be bringing home anymore candy bars. Her parents never went to see her. They spent the next two days in the hotel drinking.

Human degradation can be low, but this is the lowest. When a young child like Julia who cared so much to make her brother and sisters' lives more enjoyable than her own can die so tragically the world is a sad place to live in.

RC Chapel News

Maj. The Reverend Father R.G. MacNeil, a former RC Chaplain at CFB Comox (1957-60) now based at CFHQ Ottawa, visited Comox recently along with Capt. The Reverend Father Vella of ADCHQ. The purpose of this visit was to meet with the parents and teachers who are involved in teaching catechism to the children.

Father MacNeil visited the classes during the Saturday sessions, and later met with the catechism teachers and Father Lahaye. The meeting was of great value to the teachers as Father MacNeil explained the many ways to bring religious education to the young children, and that only through close communication between the parents, teachers and the priest, can a successful program be achieved.

Later during the week, meetings took place in the Parish Hall, and films were shown concerning the lives of young children who are neglected and require attention. These films reminded us that sometimes we do forget ourselves, not giving enough attention to our children, and that we should spend more time with them, providing them with a sound religious education program which is the basic need for a good life. As a child progresses in catechism lessons from year to year the Bible is explained more thoroughly, and slowly the mysteries of the Holy Gospel are better understood.

A Communion Breakfast sponsored by the CWL took place, Father MacNeil was the guest



A RELIGIOUS EDUCATION consultant, the Rev. Father RG McNeil, a former chaplain at Comox, is shown here lecturing parents and teachers on the subject of Catechism.

speaker and in attendance were CWL members from Courtenay, Comox and Cumberland. The host council's president, Mrs. O.S. Coates presented Mrs. Duncan of Cumberland, Mrs. Wilson of Courtenay and Mrs. Hazlett of Comox, with silver spoons as a token of friendship and unity. The many parents who benefited from these lectures will remember Father MacNeil as being a dedicated and enthusiastic priest, entirely devoted to moral and spiritual edu-

cation for parents and children alike.

PROTESTANT CHAPEL SUNDAY, Dec. 1 - Morning Service at 11 a.m. with sermon subject "Can You Sleep Through A Storm?" SUNDAY, Dec. 8 - Bible Sunday in our chapel, with the offering going to the Canadian Bible Society, as is customary in all Armed Forces Chapels. Sermon will be on the subject "Is the Bible any Longer Im-

portant?" Did you know that in the United States last year the Bible can First and Second? According to figures published by the New York Times Book Review, the New Testament Today's English Version was the best-selling paperback, in 1967. There were 7,815,042 copies sold. Jacqueline Susann's sex-filled novel Valley of the Dolls came a close second with 7,350,000. No other book sold half as well.

Consumer News and Views

To the economy-minded consumer, skim milk powder is a boon to the budget. It is a nourishing, convenient food that can be used as a beverage or in any recipe that calls for milk.

Skim milk powder is not a substitute for milk -- it is milk! Skim milk powder is fresh, pasteurized milk from which the butterfat and water have been removed.

The many advantages of skim milk powder make it a valuable addition to your food supplies. It is economical and can be used to extend fresh, whole milk. It increases the nutritive value of the diet without increasing bulk, since it contains all the proteins, minerals and water-soluble vitamins found in whole milk.

There is an added advantage to those on a diet -- it is low in calories. (So the advice to weight-watchers is to be sure to include skim milk in your diet.) It contains all the nutrients of whole milk and home economists recommend it as an excellent way to meet the protein and calcium requirements for the day.

All packaged skim milk powder sold in retail stores is stamped "Canada First Grade". This means that the powder has been produced and packed in a factory

which has been licensed by the federal Department of Agriculture. The plants are inspected by local or provincial dairy inspectors and also by federal Food and Drug Directorate inspectors. The powder must meet definite standards of solubility, fat and moisture and it is regularly examined for bacterial content.

Skim milk is usually sold in packages of one, three, five, eight and ten pounds. The larger packages are invariably the best buy. Storage is no problem. The dry powder will keep on the kitchen shelf for several months, but after it is opened, the package should be tightly closed after each use because there is a tendency to pick up moisture, causing a "caking" effect.

When mixing skim milk powder with water, it is best to follow directions on the package. Use level measurements. When reconstituted, a pound of skim milk powder makes four quarts of skim milk. The cost per quart can be readily calculated. The type of powder on the market today dissolves instantly in water, but once it is converted into liquid milk it must be treated as fresh milk and kept refrigerated.

And here is something to try:

powdered milk can be used to extend fresh whole milk by combining equal parts of skim milk made from the powder, with whole milk. It's a great milk-money stretcher. Many people prefer to drink the milk this way.

Milk is nature's most perfect food but how much are you supposed to drink? Canada's Food Guide suggests the following for each day:

Children (up to about 11 years) 2 1/2 cups
Adolescents 4 cups
Adults 1 1/2 cups
Expectant and nursing mothers 4 cups.

Reconstituted skim milk is the most economical buy when compared to other milks. Since the dry milk powder contains 35 per cent high quality protein, it is also the best protein bargain when compared to other sources such as meat, fish or poultry.

So be assured, you are not depriving your family nutritionally if you decide to economize by using skim milk powder. If you have any questions about skim milk powder, or any complaints about your purchase of it, send them to National Office, Consumers' Association of Canada, 100 Gloucester St., Ottawa 4.

Home and School to Study Pre-School Education

At the Annual Meeting of the Canadian Home and School and Parent-Teacher Federation, held at Halifax, May 26-30, 1968, it was recommended that "Each provincial federation be requested to form a small committee to investigate and report to the next annual meeting on (1) ways and means of extending Home and School and Parent-Teacher influence to pre-school parents; and (2) program ideas of merit for this group of parents.

This indicates that the CHSPTF is in step with modern educational concerns. A group of outstanding world educators attended the Canadian Council of Research in Education conference, held in Toronto last August 24 and 25. Dr. M. Hiratsuka, Director of the National Institute for Education Research in Japan, stated that this body is now engaged on a three-year study of infant education and the Study on Effects of Pre-School Education. M. Yves Legieux, Chief Bureau de Programmes de Recherche en education de France, said great stress is being placed on parents as well as administrators studying the relationships of teachers and parents and the importance of pre-school in the home. Dr. Hugh Philip, School of Education, Mac-Quarrie University, Australia, reported that great study was being made in child development and its relation to the cognitive and its relation to the cognitive process. These and others showed equal concern.

Russia has long had its day nurseries, supported by public funds and staffed by professionally trained personnel, to which working mothers send their children each day. Here in an informal atmosphere children

are exposed to rich and varying experiences which appear to have a marked effect on their mental development. Thus we see that throughout the world today the importance of intellectual development of children from ages two to four especially is very much to the fore. It is becoming clear from research that the major "triggering" of neurological processes takes place during this period. If there is a stimulating environment, there will be wider development of capabilities for thinking. Basically the portion of the mental equipment brought to functioning from two to four

appears to be the extent of the neurological processes with which he will be endowed throughout his life. Further maturation will only develop this basic mental instrument. Thus a child's I.Q. may be affected quite markedly depending on the intellectual stimulation during this pre-school period.

If Home and School can show the Canadian people that we must place greater emphasis on the preparation of our pre-school children in order to achieve their maximum educational development, a real service will have been rendered to our boys and girls in this country.

Fluoridation Proven Again

Reference the Canadian Press report from Prince George, B.C. that dental health surveys show a 60 per cent reduction in tooth decay and a halving of dentist bills.

It is reported that 7 year olds in 1956 had a dental decay rate of 2.5 while in 1968 it was reduced to 0.80, which is a reduction of 56 per cent. However, in Victoria, with natural water, a similar reduction of 56 per cent was experienced by 7 year olds. In 1956 the decay rate in Victoria was 2.6 and in 1968 it was 0.90. In Vancouver, also with natural water, the 7 year old decay rate in 1956 was 2.8 and in 1968 it was 1.1, which is also a 56 per cent reduction. These figures are from the B.C. Government Dental Health Surveys and obviously in-

dicate the improvement is due to better health and not to Fluoridation. This completely explodes the fallacy that the addition of sodium Fluorides to the public water supply reduces dental decay.

What Fluoridation does do is postpone the onset of decay by two or three years as shown in the figures of Brantford, Ont., where 7 year olds in 1945 had a decay rate of 1.66 while in 1955 it was 0.55. This appears to be a 60 per cent reduction until it is realized that 9 year olds in 1955 had a decay rate of 1.71, similar to the 7 year olds in 1945, so showing that the onset of decay had been merely postponed. This effect soon wears off until adults all have on the average similar decay rates.

THIS IS HOW YOUR PUBLIC SCHOOL SYSTEM IS FINANCED

YOUR PROVINCIAL GOVERNMENT REPORTS TO YOU on the Annual Financing of your Public School System

Where the money comes from

PRESENT FISCAL YEAR	
Provincial personal and corporate income taxes	\$116,600,000
Provincial sales tax	11,700,000
Provincial natural resource revenues to payment of annual Home-owner Grants to reduce the taxes on individual home-owners of the property tax levies by school districts	41,000,000
Federal contribution to construction of public school vocational training units from Federal personal income tax collected from British Columbia taxpayers	4,500,000
Total estimated Provincial revenues to financing of our public schools	\$173,800,000
Property-owner contributions by local school taxes to support our public schools	98,200,000
- paid by business and industry	25,700,000
- paid by residential property-owners	72,500,000
Total revenues expended on our public schools	\$297,700,000

Where the money goes

Provincial Government direct grants to school districts	\$126,000,000
School district share of teachers superannuation paid by the Provincial Government	5,400,000
Free textbooks provided by Provincial Government	1,400,000
Provincial Government Home-owner Grant payments to resident home-owners to reduce the amount of local school property taxes	41,000,000
Total Provincial Government payments for the operation of our public schools	\$173,800,000
Portion of public school costs raised by local property taxes paid by business, industrial and residential property owners	123,900,000
Total Cost of operating our public schools	\$297,700,000

Thus, home-owners only pay this year, \$25,700,000 out of a total public school cost of \$297,700,000 which is less than 9%

The Government of British Columbia raises and advances all the money for approved capital school building costs throughout the Province and repays 50% to 90% of capital costs in accordance with assessment values.

GOVERNMENT OF BRITISH COLUMBIA

Department of Finance
Parliament Buildings,
Victoria, British Columbia

Mushroom harvest at Coldfish Lake



C. F. Photo

Hansard Highlights Continued from Page 4

problem to be solved with the support of lies coming from the committee. This is the type of man who today says attempts are being made to smear him. This is the master of the art. This is the man who tried to smear the servicemen while he jumped around with the unification problem.

It is odd that the present Minister of National Defence (Mr. Cadieux) is setting up a French speaking regiment and is setting up on shipboard all French speaking crews. This is a great record in respect of unification in the armed forces! It is segregation, the direct opposite of unification. Yet, this is the way this government operates. We talk about unification and ethics. Never more were these needed in this house, and never before have they been so lacking as they are in this particular government today. If one wants to know that kind of impression this government is making all he needs to do is read the speeches made by the hon. member of Coast Chilcotin (Mr. St. Pierre) or hon. member of Halton (Mr. Whiting).

The Acting Speaker (Mr. Bechard): Order.

Mr. Allmand: Mr. Speaker, I wonder whether I might ask the hon. member a question.

Mr. MacInnis (Cape Breton-East Richmond): Certainly. See me after six o'clock and I will give you the answer.

Mr. Allmand: Would the hon. Member explain why the military vote was so over-whelmingly in favour of the Liberal party in the past election?

An hon. Member: It was not. An hon. Member: Smarten up; that shows what you know about it. Mr. MacInnis (Cape Breton-East Richmond): We are all aware of the undemocratic way in which the people in the forces are being treated with regard to their voting privileges in Canada.

Mr. Lundrigan: Mr. Speaker, I take exception to the hon. member getting up in this house today and making reference to the way in which the people in the armed forces voted. This is a democratic country and they have their rights. The hon. member has no right to stand up here and make such a statement. It was a very undemocratic statement.

Mr. Allmand: I have been accused by the hon. member from Newfoundland of not having the right --

Mr. Lundrigan: The hon. member for Gander-Twillingate.

Mr. Allmand: The hon. member from Newfoundland accused me of asking a question which I had no right to ask. I say I do have the right to ask it because 70 per cent of the military vote was in favour of the Liberal party.

Mr. Forrestall: I rise on a question of privilege, Mr. Speaker, and it is a very simple one. The hon. member for Gander-Twillingate (Mr. Lundrigan) has pointed out that there is sufficient evidence, after all, in Canada today to make us as legislators a little ashamed of the position in which we are placing the servicemen of this country. The service vote is identifiable. I think that is sufficient, and this matter should be left to those who are interested, and should not be raised in the house. It transcends --

Mr. Blair: Who raised the matter?

Mr. Deachman: It was raised over your side.

Mr. Forrestall: Mr. Speaker, I wish the snake pit would quieten down and let me put my question.

The Acting Speaker (Mr. Bechard): Order, please. I do not think there's a question of privilege.

Mr. MacInnis (Cape Breton-East Richmond): Mr. Speaker, in answer to the question asked by the hon. member for Notre Dame de Grace (Mr. Allmand), I should like to state to that hon. member and his colleagues on that side of the house that at no time did I say anything about the service vote. If hon. members over there want to make accusations, they had better make them about one another, because it was an hon. member

on that side who brought up the question about the vote.

Let me also say to the hon. member that it is odd, in this house, to hear him asking questions of me about the service vote. Only a few days ago he asked a question of the Minister of manpower and Immigration (Mr. MacEachen) about what was being done in his own province for his own people. The question he asked at that time involved a matter which was common knowledge to everyone else in the house.

Mr. Anderson: The hon. member was talking a moment ago about whom to accuse of asking the question about the service vote. I suggest that if he waits until he sees Hansard he will realize who that was. He himself has made many accusations about Minister of Transport, for one, and has suggested --

The Acting Speaker (Mr. Bechard): Order, please.

Mr. MacInnis (Cape Breton-East Richmond): Mr. Speaker, in my opening remarks I suggested that hon. members on the opposite side would be sorry it was not already six o'clock. Judging from the activity over there they are sorry it was not six o'clock before I began.

If this government wants to know what kind of impression it is making on the country, and for that matter on members of their own party, they should read the speeches of the hon. member for Coast Chilcotin (Mr. St. Pierre) and the hon. member for Halton (Mr. Whiting). They both had some uncomplimentary things to say about this government.

Perhaps I should also make reference to the former Liberal leader from British Columbia, who found it necessary at the first opportunity to debate a question on the adjournment motion at ten o'clock. This is a time set aside for discussion of answers from the treasury benches which are unsatisfactory to hon. members. In this case we had the former Liberal leader in the province of British Columbia showing dissatisfaction with an answer. That is exactly why the period between 10 and 10:30 is set aside. Surely his participation during this period is an acknowledgement that he was dissatisfied with an answer from the government.

I could range far and wide in speaking about the spending of this government, because there are many places where it has gone wrong. Perhaps the best and easiest example to give is the construction of a doorway in the back of this building next to the freight entrance. Apparently somebody on the Liberal side of his house did not like using the freight entrance which has been used for many years by hon. members. What did this government do? It decided to cut another hole in the wall right along side a very big door, at a cost of \$13,000 or \$14,000. Some hon. Members: Shame.

Mr. MacInnis (Cape Breton-East Richmond): The Minister of finance (Mr. Benson) sees something funny about this wasteful project. It cost \$13,000 or more of the taxpayers money to put a door in the back of this building, where already there is a door which has been used probably since the construction of this building. Apparently it was beneath the dignity of some hon. members to walk out through the freight door, so the government wasted this money.

I should hate to let this opportunity pass without making a reference to the Liberal leader of Nova Scotia who has been running off at the mouth. In case he is not identified easily, he is the childish member for Halifax in the legislature. Those are not my words, but the words of an occupant of Your Honour's chair at an earlier date. Mr. Regan is still acting childish. Every day he has something to say about the expenditures brought about by the development of the heavy water plant at Glace Bay, completely ignoring the fact that the cost of this particular project tripled -- which is a pretty good record compared to the increased cost of the arts

centre here in Ottawa, which has multiplied by five times.

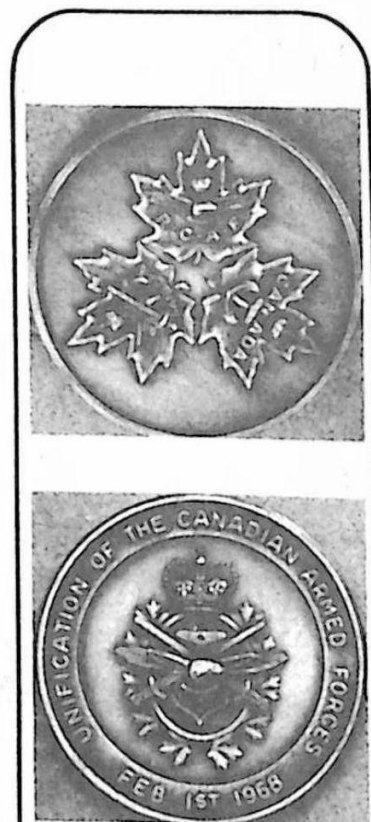
We never hear from Mr. Regan about wasteful projects supported by this government in Ottawa. This arts centre is a non-productive investment. All we hear from Mr. Regan is reference to the wasteful extravagances of the Nova Scotia government, particularly in respect of the heavy water plant in Glace Bay, completely ignoring the fact that there have been millions of dollars poured into Glace Bay as a result of the construction of this plant.

Let me say here and now for the benefit of Mr. Regan and those people he works so closely with, that the development of the heavy water plant in Glace Bay is something the minister of industry of that time, and other organizations, considered. Apparently they were anxious to have it established at a location other than Glace Bay. If it is such a bad thing, as far as Mr. Regan is concerned, why is it that practically every other area where it could possibly be developed wanted it at that time?

The minister of industry of that day stated, and he is here in the house now -- and it is an oddity to have a minister in the house -- that the federal government had nothing whatsoever to do with placing the heavy water plant in Glace Bay. Mr. Regan also overlooks the fact that since that time --

The Acting Speaker (Mr. Bechard): Order, please.

How About That?



A bronze medallion has been struck to commemorate unification of Canada's armed forces. The medallions are hand finished in antique bronze and are 2 inches in diameter. The obverse illustrates the new insignia of the Canadian Armed Forces in the centre field and the lettering unification of the Canadian Armed Forces Feb. 1st 1968 around the circumference.

The reverse depicts three Maple Leaves with the insignia of the army, navy and airforce superimposed. The medals are priced at \$3.50 each and special presentation cases are available at \$1.00 each. The Wellings Corp., 10 Pilot Street, West Hill, Ont., is striking a limited number of these for collectors.

Councils Consider Currencies

The World's Bankers met in Switzerland to consider saving France's currency (why I don't know) -- and the PMQ Council met in the H.Q. council room to consider saving our own money. Of the two we're inclined to view the latter with more concern and an opposite bias. I wasn't at the former meeting so I can only report on the latter.

The council unanimously passed a vote of thanks and a well done to Major Pulham for the excellent job he had done in compiling a book of PMQ sports activities to be sent to the Mynarski Trophy contest. When the past year's activities are all presented in one book in this way, believe me, it's impressive. We hope the trophy judges will think so too.

The Gyra-Set now has a coordinator in the person of Capt. Simpson and is already moving with a fifty member start and more coming. Turn up the volume

you'll hear more from the Gyra-Set and a big Thanks to Capt. Simpson.

Old Mr. S. Claus is personation-grata with the council so you won't see his wet and bedraggled Ho-Ho-Ho on the Fire truck going thru PMQ's and luring your little children out into the rain. No, this year the Council is paying for free skating time in the rink for the kids so please note the times and dates -- 1 p.m. to 3 p.m. on Dec. 23, 24, 26, 30, 31 and Jan. 2. If you think this isn't comparably expensive just ask me sometime when you have three hours to listen. Just how come we have to pay so heavily for our kids to use a rink that we had to pay so heavily to have built hasn't been explained to me yet. But our's is not the reason why. . . .

The draw for the colored TV set raffle is -- what d'ya mean

you haven't got a ticket yet? Rush man rush, now that the raise has been announced most people are coming back for several more. Now where was I? Oh! yes. The draw will be on Dec. 20 at 1500 hours (3 p.m.) at the "BX" and we're trying to tear the Base Commander away from counting his raise long enough to do the dirty work. So buy your TV tickets now and help the PMQ Council to save the French Franc.

1ST AERIAL SURVEY
A Vickers Viking in 1924 made the force's first long distance aerial survey along northern prairie water routes.

"We moved by Mayflower, too . . . not a scratch on anything!"

• Mayflower has specially designed materials for every packing need. Just call your local Mayflower warehouse agent.

America's Most Recommended Mover

FRAZER MOVING

For Free Estimate
Call 334-4942



HOROSCOPE

by Cpl Omar Shazaam

FRIDAY, NOV. 29, 1968

SAGITTARIUS (Nov. 22 to Dec. 21) - Live up to your responsibilities. It's nice to be able to go through life passing the buck to anyone and everyone that comes along. Someday, however, someone is going to make the mistake and depend on you for which you should be prepared. CAPRICORN (Dec. 22 to Jan. 19) - Guide yourself accordingly. If ever you are called upon to make a decision ensure that you have all the facts to enable you to make the correct judgement, otherwise you would be better off to sneak away and avoid the entire issue. AQUARIUS (Jan. 20 to Feb. 18) - Luck in bunches, luck galore for one who draws a sixty-four. This quint saying is typical of the star under which you have been born. If you happen to draw a sixty-four at anytime or anyplace take full advantage of the opportunities that will unfold.

PISCES (Feb. 19 to Mar. 20) - You may dream about having good fortune. This is not to suggest you spend all your time doing nothing at all but consider yourself fortunate to have a creative mind instead of a desire to work.

ARIES (Mar. 21 to Apr. 19) - You will gain money by a speculation or lottery. Gaining personal fortune by hard work and diligence is all very good and well, however, it's the lucky people who get the breaks in life. Consider yourself very fortunate. TAURUS (Apr. 20 to May 20) - Sensitiveness and sentiment may lose. It is nice to have personal feeling towards your contemporaries. Don't get carried away with this thought or you will find yourself being taken great advantage of. Be more realistic and hard in your outlook.

GEMINI (May 21 to June 20) - Vivid imagination can be productive of grand ideas for profit. If people around you use descriptive terms such as idiot, screwball, moron etc. to describe your thoughts, don't be discouraged.

Some day you may luck in to a good idea and then get the last laugh on your compatriots. CANCER (June 21 to July 22) - There is always time enough for courtesy. Don't become disheartened by the boorish behaviour of your friends. Just remember, they may be simply trying to behave at your level of culture. Perhaps it is you who needs improvement of manner.

LEO (July 23 to Aug. 22) - You require additional information. Don't be set back by your seeming ineptness on worldly thinking. Try to improve your mind on all subjects. Go to your nearest library and pick up a sixpack of books.

VIRGO (Aug. 23 to Sept. 22) - Have faith in your judgment. Although people around you may display extreme reticence in replying to your ideas, don't be caught off guard. Have a quick answer ready at all times for anything that may come up. Even if proven completely incorrect stick to your ideas.

LIBRA (Sept. 23 to Oct. 22) - Work means reward. This applies to all kinds of work. Sometimes it takes more work to get out of doing work than to work at the original work itself. Difficult work is fine once in a while but should be avoided on a long term basis.

SCORPIO (Oct. 23 to Nov. 21) - Secrets are apt to backfire. Small secrets are fine but don't store too many of them in your mind. Chances are that your mind is not big enough and you will likely forget some of your secrets. Asking other people about your secrets is very embarrassing and often results in quizzical looks from your friends.

TODAY WAS YOUR BIRTHDAY -- Reunion with relations is favoured. This applies only to favoured relations. Don't let this prophecy seek you into inviting your mother-in-law for a visit. Stick to kissing cousins and you will find yourself much better off than with the normal in-of-the-mill relatives!

REAL ESTATE INSURANCE

P. Leo. Anderton Co. Ltd.

EST. 1911 - Phone 334-3313

For Evening Service Call

Norm Howarth	334-4576
Tom Thomsen	339-3600
Fred Parsens	339-2813
Dave Avent	338-8333
Gordon Vilven	339-2485

Milk

is GOOD...and GOOD FOR YOU!

Children need milk to grow on. With every glass they get extra vitamins, minerals and proteins for health and strength!

Comox Co-operative Creamery
"In The Heart Of The Comox Valley"



Courtenay Chrysler Sales Ltd.

Home of All Chrysler Products
Sales and Service to All Makes of Cars and Trucks
"YOUR ONE-STOP CAR SHOP"

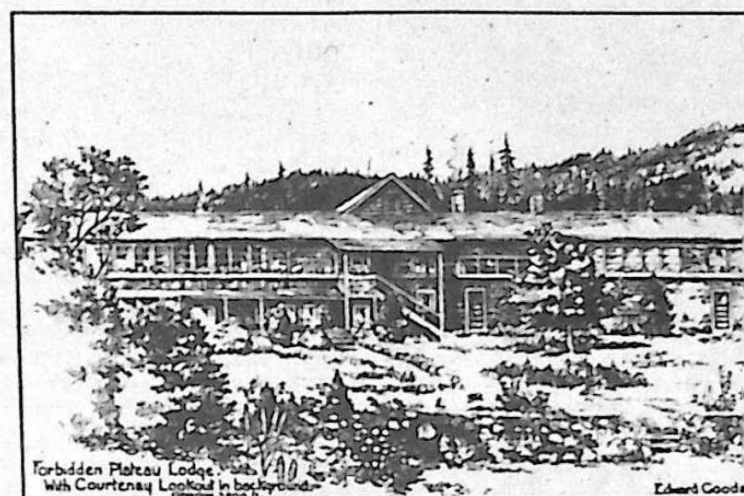
BASE THEATRE SCHEDULE

December, 1968		
THURSDAY, DEC. 5 Bride of Fu Manchu Christopher Lee Marie Versini	THURSDAY, DEC. 19 Magnificent Seven Yul Brynner, Steve McQueen	SATURDAY, DEC. 28 SUNDAY, DEC. 29 Cool Hand Luke Paul Newman, Jo Van Fleet
FRIDAY, DEC. 6 SATURDAY, DEC. 7 The Comedians Elizabeth Taylor, Richard Burton, Alec Guinness Admission: Adults, \$1.00; Teens, 75c; Children, 50c.	FRIDAY, DEC. 20 Frozen Dead also It Double Horror	MATINEES SATURDAY, DEC. 7 Robinson Crusoe on Mars Vic London, The Monkeys
SUNDAY, DEC. 8 Pride & Prejudice Greer Garson, Lawrence Olivier	SATURDAY, DEC. 21 Nevada Smith Steve McQueen, Carl Malden	SATURDAY, DEC. 21 The Big Show Esther Williams, Cliff Robertson
THURSDAY, DEC. 12 Psycho Circus Anthony Newland Christopher Lee	SUNDAY, DEC. 22 Becket Peter O'Toole Richard Burton	SATURDAY, DEC. 28 The Commacheros John Wayne, Lee Marvin
FRIDAY, DEC. 13 SATURDAY, DEC. 14 SUNDAY, DEC. 15 Blow-up RESTRICTED - No admittance to anyone under 18 years of age. Admission - Adults \$1.00, Teens, 75c.	THURSDAY, DEC. 26 A Man Could Get Killed James Garner Sandra Dee	SATURDAY, DEC. 14 The Caddy Jerry Lewis, Dean Martin
	FRIDAY, DEC. 27 Die Monster Die Boris Karloff	Evening performance commences at 2000 hours. Matinee performance commences at 1400 hours. Admission 25c.
	ALSO Ghosts Barbara Steele Peter Baldwin Double Horror	

DATSUN

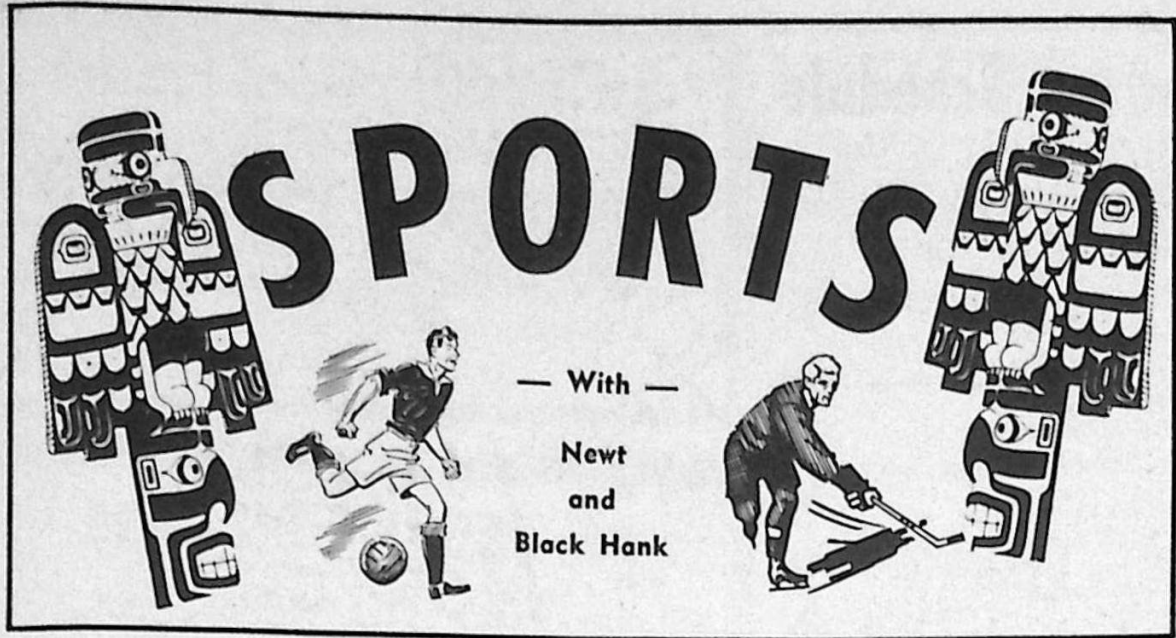
Now on Display at
Norm Knight Sales Ltd.
RAMBLER - DATSUN
Phone 334-2551 Evenings 334-4395

NEXT TOTEM TIMES DEADLINE
MONDAY, DEC. 9



FORBIDDEN PLATEAU LODGE

Featuring:
PRIME RIB SMORGASBORD
Every Saturday Evening - 6-8 p.m.
\$2.85 Per Person - Children's Portion \$1.50
Phone 334-4381
Now open 7 days a week - Meals served 8 a.m. to 10 p.m.
Dine in Scenic Surroundings
MAKE IT A FAMILY OUTING



TOTEM TALK

BY Slapshot Chabot
Friday Nov. 15th. saw the Comox Totems defeat the Powell River Regales in a wide open, high scoring game. The game was hard fought all the way, and was not decided until the final buzzer had sounded. The 9-7 win was the first for the Totems.

The scoring started early in the game, with Powell River opening just after the one minute mark but a minute later the Totems came back to tie the score. The action was up and down the ice, displaying some great plays and efficient goal tending. The period ended in a 3-3 tie, both teams having taken 12 shots on goal.

The Totems really applied the pressure in the second period out shooting the Regales 24-8. The Comox club was on top of the play the whole period keeping the play mostly in the Regales end. The Totems tallied 3 times to end the period 2 goals up. Totem goalie Don Mc Cullock, new to the team, played an excellent game, however was outstanding in the third period as he allowed just 3 goals on 25 shots. The Totems tallied 3 times on 15 shots.

Al Roque, Pat Keefe and Lou White each picked up 2 goals, while Bob Nencekiville, Alf Cashman and Jack Hamilton accounted for the other Totem scores. Butch Bujold increased his point standing by 4 points on 4 assists. This win was a real team effort, with the players for and back checking well, hitting hard, making good passes and capitalizing on every possible break. The game was fast, clean, and exciting, displaying the type of action that fans expect in this League. Spectators were kept on the edge of their seats, at times standing, and always favoring the home team. It was definitely one of the best games seen in Glacier Gardens in some time, pointing to a bright future for hockey in the Comox Valley.

The 3 star selection was made by Colonel K.C. Lett, Base commander and his choice, a popular one, was, 1. Pat Keefe-totems, 2. Allan Small-Powell River 3. Al Roque-Totems.

The Ricksons First Goal of the Game Award went to Allan Small. Pat Keefe received the Marina Hotel dinner for 2, and Al Roque received the Pacific Coast cleaning voucher.

The winner of the Super Value program draw was 8 year old Stewart Robinson of Courtenay. He won an electric razor. 10 year old Doug Dirdson from Courtenay won the \$5 shot on goal draw, however missed out on his 2 attempts for the jackpot. A word on the program sales. All the proceeds for the sales go toward the shot on goal prizes, the more programs sold, the higher the jackpot will go.

NOTE—I have my eye on some players for the Laver's Most Popular Player Award, DO YOU?
On Sat. Nov. 16, the Totems travelled to Port Alberni for their second game of the weekend. The team was without the services of Lou White and Jack Hamilton. This game was hard fought with the Port Alberni Luckies coming out on top 6-1. The action, was for the most part fast and exciting, with the Totems many times, doing everything but putting the puck home. It was one of those nights.

The highlight of the game for both the Totems and Spectators was the kid line, Bob Nencekiville, Pat Keefe, and Butch Bujold. Their style of play, always exciting, at Alberni was sensational. This line accounted for all 6 Totem goals, with centre man Pat Keefe getting 4 and Butch Bujold the other 2. Pat was really flying, going over, around or through the Alberni players, many of which seemed twice his size. When this line was out the Alberni players never knew what to expect. Their passing was near perfect. All three are experts at deking opposition players and goalies right out of their socks and setting up their teammates in near perfect scoring position. This line picked up 18 points between them on the weekend, this not being an easy feat in a league of this calibre, especially as their average weight is only about 140 pounds. For exciting hockey, one could find no better anywhere.

Fans can look for an exciting game at Glacier Gardens next Fri. as the Totems host Nanaimo. I look for another Totem win as I understand the Totems are eager to make up for their losses at Nanaimo. We can expect Glacier Gardens to be filled to capacity for this one. On Sat. the Totems travel to Powell River for the first time.

On Friday Nov. 22, Comox hockey fans were treated to another exciting night of hockey. The near capacity crowd cheered the Totems to their 2nd. victory of the season. The Nanaimo O'Keefe's were defeated 6-4 in a hard fought game in which the Totems for the most part out-skated and checked the O'Keefe's all the way.

The Totems, after dropping 2 games at Nanaimo were out for a win, and win they did.

Lou White, Bob Nencekiville, Pat Keefe, and Butch Bujold were the Totem Marksmen. Lou White scored a real picture goal in the dying minutes of the game, and for an encore exacted a perfect pirouette about 2 feet off the ice. The Totem players are not only fine hockey players, they are showmen too. Seriously though, the Totems are a coming team, and I for one expect to see them continue to play their exciting style of hockey.

Nest Friday the Totems host Nanaimo again. After last week's game, you can expect the Gardens will be packed, so if you want a seat come early and cheer your team to victory. Fan support is a great aid to any team and you can be sure the players will give their all. — GO TOTEMS GO —

The 3 stars as selected by Staff Sergeant Rogers of the R.C.M.P. were Lou White, Totems-Pat Keefe, Totems -and Wakelem, Nanaimo.

On Sat. Nov. 23, the Totems travelled to Powell River. This was another exciting game played before a very large crowd. The Totems were short some key players, however, they almost came home with a win. It was really something to see the way they were skating. Howie Richmond guarded the Totem net, and there has never been a finer effort anywhere. Howie was sensational as he robbed the Regal players time and again. The Totems were leading 2-1 until the 10 minute mark of the 3rd period. Powell River then scored the tying goal on an easy shot that took a weird bounce into the net. Howie had no chance on that shot. This gave the Regals the momentum they needed and with much spectator support they defeated the Totems 5-3. Butch

Continued on page 11

Glacier Gardens

Sunday	0600 - 0830 - Minor Hockey 0845 - 1045 - Commercial League 1100 - 1200 - Mustangs 1215 - 1400 - Minor Hockey 1415 - 1600 - Public Skating 1615 - 1815 - Figure Skating 1830 - 2400 - Commercial League
Monday	0600 - 0800 - Minor Hockey 0800 - 1100 - IS Practise/Rental 1100 - 1300 - IS Broomball 1300 - 1330 - Closed 1330 - 1500 - PMQ School & Tots 1500 - 1600 - Maintenance 1600 - 1845 - Minor Hockey 1900 - 2100 - IS Hockey 2115 - 2400 - Base Team Practise
Tuesday	0600 - 0800 - Minor Hockey 0800 - 1300 - IS Practise/Rental 1300 - 1500 - Rental 1500 - 1600 - Maintenance 1600 - 1800 - Figure Skating 1815 - 2145 - IS Hockey 2200 - 2330 - Base Team Practise
Wednesday	0600 - 0800 - Minor Hockey 0800 - 1000 - Base Team Practise 1000 - 1100 - IS Practise/Rental 1100 - 1300 - IS Broomball 1300 - 1330 - Closed 1330 - 1500 - PMQ School & Tots 1500 - 1600 - Maintenance 1600 - 1830 - Minor Hockey 1845 - 2400 - IS Hockey
Thursday	0600 - 0800 - Minor Hockey 0800 - 1000 - Base Team Practise 1000 - 1100 - IS Practise/rental 1100 - 1600 - Maintenance 1600 - 1830 - Minor Hockey 1845 - 2400 - Commercial League
Friday	0600 - 0800 - Minor Hockey 0800 - 1100 - IS Practise/Rental 1100 - 1300 - IS Broomball 1300 - 1330 - Closed 1330 - 1500 - PMQ School & Tots 1500 - 1600 - Maintenance 1600 - 2000 - Minor Hockey 2015 - 2400 - Totem Home Games
Saturday	0600 - 1345 - Minor Hockey 1400 - 1545 - Public Skating 1600 - 1745 - Minor Hockey 1800 - 2000 - Figure Skating 2015 - 2400 - Rental

He Shoots, He Misses



HOCKEY ACTION GALORE... was provided as the Totems broke through for their first win of the season. On this particular play, Butch Bujold just misses on a close-in play around the net as the Powell River defenders look on.

Merry Christmas Shopping

Be Early Be Thrifty Be Wise

BUY NOW STOCKS ARE LIMITED

MIGHTY MIKE JEEP
Snap-on backs change Migty Mike into 6 different trucks! Just 5 1/2" long, 2 1/2" wide, and 3" tall. Up hill and down, it operates like a tink trojan.
No. 777. WESTERN Special **3.25**

MIGHTY MIKE GIFT SET
A dream of a gift set for every Mighty Mike fan and that's everyone! There's action every second with Mighty Mike himself, plus Wrecker, Camper, Trailer, the Mighty Mike Bridge Set and Obstacle Track Set No. 776.
WESTERN Special **7.88**

TOPSY TURVY
Build them high! Build them low! See how high you can make them go! Hours of fun for the whole family. The fun sensation of the year! Choose from two sizes:
No. 400, Small **1.99** No. 4001, Super **3.99**
Western Spec.

AGGRAVATION GAME
For the young and old. America's favorite family game. OBJECT—to move four of a player's marbles around the board from base position to "home safe". You DON'T have to be AGGRAVATING but it helps!
WESTERN Special **2.44**

GOOSE WILD
Especially suited for age 10 through adults. Gooses Wild offers an altogether different, friendly game of chance with fast action. May be played by any size group of two or more players. Alternate rules for play make it a perfect family game.
WESTERN Special **3.88**

YAHTZEE GAME
The game that makes thinking fun! An exciting game of chance and skill. Fun for the entire family.
WESTERN Special **2.99**

WINSBY WESTERN DRUG P.O. Box 310, Comox, B.C.
Phone 339-2235

MEN'S FASHIONS

THE GUARD HOUSE

LADIES! Your best accessory is your well dressed husband.

May we suggest... the suit that lasts too long from MICHAELS/STERN.

What's the secret? MICHAEL STERN'S Courier Cloth. An exclusive wool Twill. Courier Cloth is so long wearing, some people call it "Super Cloth." Courier is woven extra tight, so creases stay in, fibres wear less, and your MICHAELS STERN suit lasts longer.

Courier Cloth suits are tailored in the contemporary fashion for the man who dresses like an individual. Shoulders are rugged, squared. Colours subtle — yet distinctive.

The suit that lasts too long is waiting for you. Come in Today

Priced **100.00 and 110.00**

May we suggest... the co-ordinate for the man about town.

MICHAELS/STERN of course.

The co-ordinates are made of 100 per cent wool tailored for the action man in 2-button styling. They feature suppression waist, side vents, and semi-natural shoulder. These now available in new fall shades.

PRICED **89.95 and 99.95**

LAVER'S GUARD HOUSE

"There's a reason most people on North V.I. Shop at Laver's"



THE TOTEMS are on their way to a second victory and Bob Nanceville is shown helping the cause. Bob is driving home a shot while Butch Bujold stands by for the possible rebound. Totems went on to defeat Nanaimo 6-4 for their second victory.

POTATOES

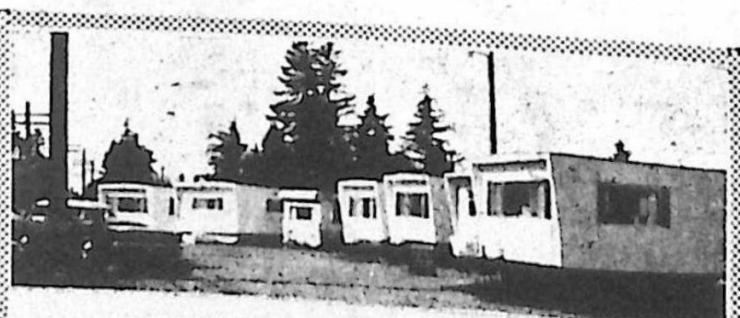
WINTER STORAGE

50 lb. sack

\$2.00

Open 1 to 5 p.m. Sat. only

Farquharson Farms



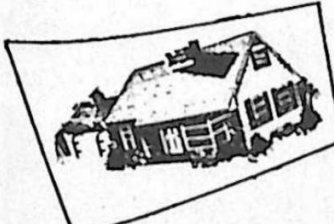
Canadian built "SAFEGWAY" HOMES now on display from 44 ft. to 64 ft. lengths, 2 and 3 bedroom models. C.S.A. approved. Double wall construction, 8 1/2" box frame, self storing storms, all interior plumbing. Big city prices.

STILL SOME GOOD USED MODELS AVAILABLE

Low Down Payment With 10 Years on Balance

"Come See Capri"

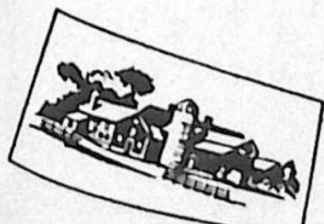
Island Highway South Box 2177 Phone 338-8313 Courtenay



SOME LUXURIES ARE FREE

When you buy a home, you are buying far more than four walls. There's a view from the window; a shady spot under a tree; a place for flowers; a yard for the kids to romp in.

When we show you a house, we'll point out the luxurious little 'extras' that make it that much more livable!



NANAIMO REALTY (COURTENAY) LTD.

TRADE YOUR HOME AT THE SIGN OF DEPENDABILITY

"R. A. Arnett, Notary Public"

576 England Ave., Courtenay, Ph. 334-3124

Dunsmuir Ave., Cumberland, Ph. 336-2291

SKI with SCOTT

By LITTLE JOHN

This column is the first in series to follow during the winter season. During this time I hope to interest the novice to the expert, as well as the individual who has not yet taken up skiing but intends to do so.

Skiing, in the past twenty years has progressed in interest so much that new resorts and ski areas are opening up in all parts of the world so that almost anyone who wishes to can take up the sport.

In the following columns, I will attempt to cover all the questions a person new to the sport will have concerning equipment, lessons, techniques, and conditioning. Skiing, being the sport it is, has many variable aspects of teaching, styles, and generally, the level to which the individual wishes to attain, eg. either recreational or competitively. The competitive aspect will be covered at a later date and at this time I will cover only the recreational side of the sport. If at any time the reader has any question, please address them to The Ski Editor, c/o The Totem Times.

Today's column will deal with the most important part of any skier's equipment; Boots. There are just about as many different types of ski boots as there are skiers and the price ranges are anywhere from \$5.00 to \$150.00. Now, the first thing a new skier is going to ask is how much can I afford, and what do I get for my money. Learning to ski is much like learning to skate, the boot does most of the work. Ankle support is the primary concern, for when skiing the portion of the body below the knees is supposed to remain rigid, and to accomplish this, the skier needs properly fitting boots with solid support.

Many skiers who are just beginning the sport, do not want to go into a ski shop and be sold a pair of boots for \$75.00 for they don't even know whether they like the sport or not. Therefore, there is a simple suggestion. When you go skiing for the first time, go

to a ski rental shop, (there is a well equipped one at Forbidden Plateau, and also there are rental services available from the Base Recreation section), and rent a pair of skis, boots and poles. This will give the individual an idea as to whether he likes the sport, and also it will let him know the perimeters as to what type of equipment he might want for his own.

In ski boots, the pro's first concern is the same as the average skier's - good fit. The big difference is that the professional has used enough boots so that they know how to find the proper size and tricks to get more comfort in case of a slight misfit or manufacturing fault. After fit, a working skier looks for boots with firm lateral support in order to get positive edge control from his skis. This is where the extra demand comes in - the pro wants his boots to stay hard and strong for two or three seasons (most recreational skiers could probably double this boot life). The pro prefers durability even if it means a long painful break in. Just always remember "you get what you pay for."

Caring for your boots at the end of a season and through out the season is very important, for proper care will enable you to get extra wear out of what can be money well spent. Each time you return from your boots in a boot-tree, for as the boots dry out the soles are kept firm and flat and ready for the next outing. Never, never, never put your boots in front of a fire. This dries out the soles, and leather support area opening up the pores and letting the resins that are permeated into the leather out. At the end of each season, coat your boots thoroughly with dubbin to soften the leather and help protect it from the water. When you have completed covering them, enclose the boots in a plastic bag and store them on the boot rack in a cool, dry place. Next issue, I will cover what type of Skis to purchase. Until next time: Good Skiing.



STEVES THE BOSS

This is no strange face in the Comox, B.C. Glacier Gardens Hockey Arena. To all hockey players and stalwart fans his name is a household word, but to you good people who do not attend the game known as ice hockey, he is known as Steve Erickson.

Without this young gentleman's willingness to referee any hockey game, there would be many games that could not be played because hockey just cannot be played without a referee.

Hockey began here on Oct. 12 and since that date, in only one month, Steve has officiated in no less than 47 games. These games include all divisions of minor hockey, both house league and "Rep" games, Commercial League, Inter-Section League and Intermediate League.

He referred a Jr. B. game (Powell River against Port Alberni) played here in Glacier Gardens and travelled as far as Nanaimo to work as linesman for an intermediate league game. All of his officiating is done in a professional manner and so it should be, because this young man strives so much for perfection that he travelled a distance of 2,700 miles last summer to attend Vern Buffey's Professional Referee School held at Haliburton, Ontario.

At 20 years of age and already a seasoned veteran at officiating with a long seven years experience to his credit, we see nothing but the "big time" for this boss of the ice lanes. — Tremblay photo

Recreation Centre Schedule

MONDAY
0800 to 1200 hrs. — physical fitness testing and casual sports
1200 to 1300 hrs. — badminton (casual sports)
1300 to 1600 hrs. — open for casual sports
1600 to 1800 hrs. — closed
1800 to 2200 hrs. — inter section basketball and casual sports

TUESDAY
0800 to 1200 hrs. — physical fitness testing and casual sports
1200 to 1300 hrs. — badminton (casual)
1300 to 1600 hrs. — volleyball A league
1600 to 1800 hrs. — closed
1800 to 2200 hrs. — club badminton and casual sports

WEDNESDAY
0800 to 1200 hrs. — physical fitness testing and casual sports
1200 to 1300 hrs. — badminton (casual sports)
1300 to 1600 hrs. — volleyball B league
1600 to 1800 hrs. — closed
1800 to 2200 hrs. — basketball (station team) casual sports

THURSDAY
0800 to 1200 hrs. — physical fitness testing and casual sports
1200 to 1300 hrs. — badminton (casual sports)
1300 to 1600 hrs. — volleyball B league
1600 to 1800 hrs. — closed
1800 to 2200 hrs. — casual sports

FRIDAY
0800 to 1200 hrs. — physical fitness testing and casual sports
1200 to 1300 hrs. — badminton (casual sports)
1300 to 1600 hrs. — open for casual sports
closed Friday evening

SATURDAY
0900 to 1100 hrs. — dependant gymnastics
1100 to 1300 hrs. — closed
1300 to 1600 hrs. — casual
closed Saturday evening

SUNDAY
1300 to 1600 hrs. — casual sports
1800 to 2200 hrs. — club badminton
All above times are subject to change

Swimming Pool Hours

Casual (servicemen only) Monday 1200-1300
(Subject to weather) Wednesday 1200-1300
Friday 1200-1300
Casual Open Saturday 1400-1600
(Subject to weather) Sunday 1400-1600
Wednesday 1900-2100

BIG SAVINGS ON CARS

1967 Chev. Impala 2-dr. h'top. Turquoise with matching interior. V-8, Auto, P.S., P.B. Radio. Only 19,000 miles. Very nice condition. \$2895	1966 Buick LeSabre 2-dr. h'top. Light green with black vinyl roof. V-8, auto., P.S., P.B. radio. Low mileage. In excellent condition. \$2895 NOW ONLY —
1965 Pontiac Catalina 2-dr. h'top. Sunlit gold with gold interior. Big V-8, auto., P.S., P.B. Radio. Real nice shape. ONLY — \$2195	SPECIAL PERFORMANCE CAR 1966 Chevrolet 2-dr. h'top. Ver-tigo green. Black bucket seats. — Big 396 c.i.e. turbo-jet — 4 speed — Power brakes — Power steering — Radio — Tachometer — Wide oval tires This week \$2495 only
1964 Chevy II Nova Chocolate brown with matching interior. Big 6, auto., P.S., P.B. Radio. \$1495	1966 Ford Galaxie 2-dr. h'top. Tu-tone blue with blue interior. V-8, auto., P.S., P.B. Radio. Real nice car. \$2395
1960 Ford Sedan Light blue. Big 6. Auto. Radio. Real good Trans- portation. \$495	1966 Chev. J-Ton Saddle tan. Long wide box. Custom radio. Now \$1795 Only Don't Miss This!
1960 Ford Falcon Wagon 6-cyl. standard. Good transportation. \$495	1964 Olds "88" 4-dr. h'top. Steel blue. V-8, auto., P.S., P.B. Radio. This deluxe car is in excellent condition. Now Only \$1995

MALKIN FORD SALES LTD.
830 Cliffe Ave. Phone 334-3161
Sandy Sandberg 339-2590 Burt Ireland 334-3462 Jack Miller 333-5100 Doug Murphy 331-4362 Gord Caruthan 334-4602

THE STANDINGS

A League inter-section volleyball standings as of 20 Nov.

Team	W	L	pts
ADM Dragons	24	0	24
407 Demons	11	12	11
USAF	7	17	7
442 Haitlik	0	24	0

B League, No. 2 Division

Team	W	L	pts
Fire Hall	31	11	31
442 Maint	29	13	29
Tel Ground	23	19	23
407 Tel Air	22	20	22
Supply B	16	26	16
MSE B	16	26	16
407 Armt	15	27	15

B League, No. 1 Division

Team	W	L	pts
409 Maint	34	7	34
MSE A	31	10	31
CE	24	17	24
BOR	22	19	22
Accounts	17	24	17
Torpedo Shop	12	29	12

Inter-section hockey standings as of 20 Nov.

Team	W	L	T	pts
Ctny Mustangs	4	1	0	8
409 Nighthawks	3	2	0	6
ADM Dragons	2	3	0	4
442 Haitlik	1	3	0	2
407 Demons	1	4	0	2

Upper Island soccer standings as of 24 Nov.

Team	W	L	T	pts	F	A
Ctny Luckies	5	0	1	11	16	4
Molsons	4	2	1	9	28	15
CFB Comox	3	4	0	6	8	16
Teyes	3	5	0	6	16	13
Gold River	1	5	0	2	10	20

CLASSIFIED

SMALL cottage for rent. Pt. Holmes. Single person only phone 339-3737.

LOST BOY'S TIMEX wrist watch - Nov. 1-PMQ school - 339-3497

FOR SALE 1964 IMPALA convertible Super Sport V8 3 speed automatic. Includes 8 track stereo, new spare tire and radio and bucket seats. Phone 338-8079.

Inter-section broomball stand- ings.

Team	W	L	T	pts
I. E.	3	0	1	7
407 Untouchables	3	1	0	6
M P	2	2	0	4
Supply	1	2	1	3
407 Aircrew	0	4	0	0

CRUSADER'S CRUSADE
CONGRATULATIONS
C.F.B. COMOX SOCCER TEAM
Winners Zone 1 Soccer Playoffs
(Pictures and story in next issue)

P. M. Q. Council Sponsored
FREE SKATING
1 p.m. to 3 p.m.
Dec. 23, 24, 26, 30, 31 and Jan. 2

LMS
● REAL ESTATE SALES
● RENTAL AGENCY
● MORTGAGES
● HOUSE AND CAR INSURANCE
JASCO AGENCIES (NORTHERN) LTD.
INSURANCE is our ONLY BUSINESS
Phone 334-4424
435 Fifth Street Box 760 Courtenay, B.C.

TRANSFERRED?
TAKE THE WORRY OUT OF SELLING YOUR HOME
CALL US FOR THE BEST SERVICE IN THE COMOX VALLEY
We've been here for a quarter of a century and we'll still be here to serve you when you get back
Our staff is 70% ex-Airforce
Phone 334-2471
COMOX VALLEY REALTY LTD.
REAL ESTATE MORTGAGES NOTARY PUBLIC
(Opposite Court House)

USED CARS
1962 Volks Window Van
Ideal for camper unit. Motor has 6,000-mile warranty, radio, full front seat. Only **\$1150**
'67 Ford Falcon 4-dr. Sdn. Radio, new condition. V-8, Standard **\$2350**
Boat, Motor & Trailer
Real Buy **\$350**
WE HAVE SEVERAL LATE-MODEL USED VOLKS-WAGENS. DROP IN.
JACK WARD
JACK BENNIE
Three-Way Service (1964) Ltd.
Telephone 334-2475
Courtenay

Officers' Mess
DECEMBER
2 - 9 - 16 - 23 (Mondays. 1.00 Jugs of beer.)
6 - TGIF
11 - Tree-Decorating Party
13 - TGIF
14 - Dance
15 - Candlelight Dinner
18 - Bird and Bottle Bingo
20 - TGIF
21 - Christmas Dance
31 - New Year's Ball
1 - Jan. O/M Levee

the totem inn lounge
ENTERTAINMENT

Friday, 29 Nov. **WESTERN COMBO Nite!**
by the Troubadours
WESTERN OR LOUNGE DRESS

Saturday, 30 Nov. **Dancing with the Troubadours**
L'entertainment Italian food

Saturday, 7th Dec. **PEARL HARBOR DANCE**
music by the Troubadours!
Southern fried chicken - western or lounge dress
VELLY INTELLESTING
MOVIES ON TUES BINGOS ON WEDS.

HOME GIFTS

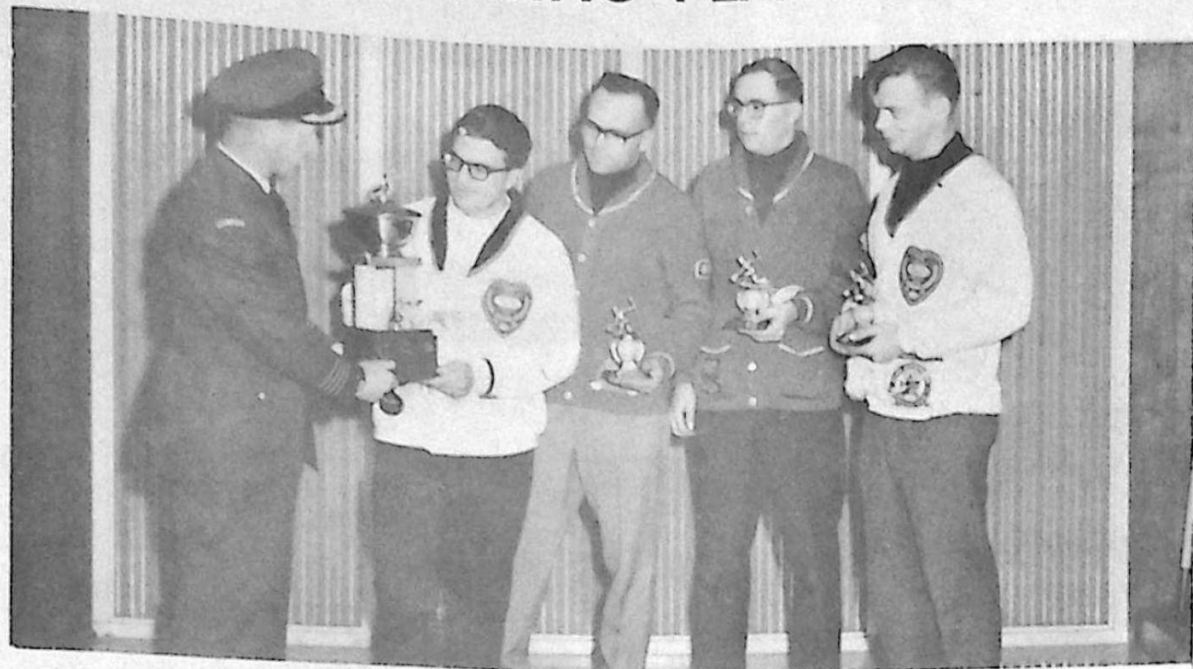
EVERYONE CAN ENJOY
Use our layaway plan. It's for your convenience. It just means you can do your Xmas shopping in a leisurely way, and enjoy a large selection of gift items from our biggest display ever.



D. L. MORRIS
COMPLETE HOME FURNISHINGS
Fifth Street Courtenay
Across from the Bus Depot

GIFT HINTS FOR SANTA
1969 AUTOMATIC WASHERS & DRYERS
by **SPEED QUEEN**
Quality and Dependability Since 1908
Lifetime Guarantee on Stainless Steel Tub; Ten-Year Guarantee on Transmission; Two-Year on all parts on both Washer and Dryer. All Fabric Washer and Dryer.
SPEED QUEEN WASHER Model 3169 **379.95** with trade
SPEED QUEEN DRYER Model 3169 **229.95**
Special Purchase, Speed Queen Dryer 194.00
McCONOCHIE'S
430-Fifth Street, Courtenay
FURNITURE & APPLIANCES
Phone 338-8114

PERRY AND BALANCE TO ZONE 1 CURLING PLAYDOWNS



PERRY RINK . . . Colonel Lett presents the G/C R. F. Miller trophy to the Perry rink. Pictured L to R, Col Lett, Cpl C. Perry (skip), Cpl B. Carscadden, Cpl C. Ras-kob, Cpl T. Bloom. The Perry rink went through the playdowns undefeated. — Base photo



BALANCE RINK . . . Col Lett presents the runner-up award to the Balance rink. Pictured from L to R, Cpl B. Balance, Cpl G. Palmason, Cpl D. Wilson and Cpl J. Price. — Base photo



McKAY RINK . . . Col Lett presents 2nd runner trophies to the McKay rink. Pictured L to R, Sgt A. McKay, Sgt. J. Foster, Capt G. Palmer and Cpl. Bob Chaignon. It took a thrilling last end victory by Perry to put Sgt McKay into the also rans. — Base photo



JOHNSTON RINK . . . Col Lett presents 3rd runner-up trophies to the Johnston Rink. Pictured from L to R, Col Lett, Cpl B. Johnston, Cpl C. Goodman, Cpl Ken-nedy and Cpl Hendren. These fellows sent Newts crew to the showers. — Base photo

CFB Comox Curling Draw Results

RUNNER-UP FLIGHT		CHAMPIONSHIP FLIGHT	
RASCOCK		RASCOCK	
A1 Saturday 8 a.m. Loser B1 KRUGER		A5 Saturday 10 a.m. Loser B4 McKAY	
Game B1 Saturday 10 a.m.		A7 Saturday 2 p.m. Loser B6	
B3 Saturday 2 p.m.		PERRY 1st Place	
BALANCE		CHAMPION 1st Team to Baldy Hughes	
B5 Saturday 2 p.m.		PERRY	
BALANCE		A3 Saturday 8 a.m. Loser B2 MAJOR	
B6 Saturday 2 p.m.		A6 Saturday 10 a.m. Loser B4 JOHNSON	
McKAY		BALANCE	
2nd Place		A4 Saturday 8 a.m. Loser B2 JOHNSON	
2nd Team To Baldy Hughes		JOHNSON	
B4 Saturday 2 p.m.		BALANCE	
JOHNSON		BALANCE	

Thanks for the Support — Newt

ROCK TALK

With NEWT
Well the Comox playdowns are over and the old reliable Perry rink has come through again. Chuck and his lads went through the playdowns in straight wins and thus will be one of the teams representing the Base at Baldy Hughes on December 7. Perry made short work of Mel Majors crew in their first game, and then went on to dispose of Johnston and McKay in straight games. The final against McKay was one of the best games of the tournament with Perry coming through in the final end to wrap it up.

The Balance rink had to do it the hard way. After losing their first game to Johnston they came on strong to win four straight and wrap up the runner spot. They disposed of Mel Major, Gord Sal, Bruce Johnston, and Art McKay.

Perry and Balance now proceed to Baldy Hughes on December 7 to compete with other Zone 1 Bases for the right to compete in the Canadian Championships. These championships will be held in Edmonton early in January. Our best wishes go out to both teams.

I would also like to thank all the curlers who joined in to make these playoffs a rousing success.

TOTEMS

Continued from page 9
Bujold, Pat Keefe and Jack Hamilton were the Totem scorers. I look forward to some Totem on the road wins, as they are now getting stronger with each game. The team effort in Powell River was commendable, and with this spirit they are bound to come through.

The Totems play a home and home series with Nanaimo this weekend and a pair of wins could put them into 3rd. place in the league, ahead of Nanaimo. The Totem team is hoping the Lou White Family will receive their expected visit from the stork this week. Lou is missed on the road games and though all members of the club are happy for Lou's family, they will be pleased when Lou is once again able to travel. Let's hope that there will soon be a new future hockey player that Lou may teach his excellent brand of hockey to when he starts in the minor leagues.

York Man Is Woman

TORONTO (CFP) — Man of the year for 1968 at HMCS York, naval reserve division here, is a woman. Wren Joan Reid is featured in the cover story of The Yorker, the division's monthly magazine. She joined the naval reserve in 1966 and has worked in the pay office.

BEEF IS BETTER HERE

And lower priced, too!

GOVERNMENT GRADED ALBERTA STEER BEEF
Retail Meat Sales
Home, Freezer or Locker Meats
By Side, Half Side or Quarter
LOCKERS AVAILABLE NOW

Central Cold Storage
Fifth Street COURTENAY Phone 334-4921

CHRISTMAS LAY-AWAY PLAN

SHOP NOW FOR THE BEST SELECTION
STOCKS WERE NEVER BETTER

\$10.00 Deposit will hold -

3-piece luggage sets at	29.95
Portable G.E. Dishwashers at	299.95
RCA Victor Automatic Players at	69.95
Platform Rockers All colors at	64.95
Cedar Chests at	79.95
Levy! Vacuum Cleaners at	64.88
Pole Lamps Assorted styles at	27.95
Speed Queen Electric Dryers at	194.50
Clairtone Stereos at	399.00
Cocktail Rockers at	32.95
Corsette Tape Recorders at	79.95
Electric Guitars at	29.95
Briscoe Chord Organs at	179.95

RECORD CLEARANCE
Stereo - LP's
Reg. 1.98 Reg. 4.29
1.19 1.69
mono

FOOTSTOOLS
TV TRAYS
LAMPS
DESKS

DEC. 24th DELIVERY
GUARANTEED ON ALL
HOLD ORDERS
HUNDREDS OF GIFT IDEAS
from 3.49 up

SMALL APPLIANCES
CUSHIONS
PICTURES
HASOCKS

NOW 3 FLOORS OF FURNISHINGS FOR BETTER SELECTION!

347-5th Street Courtenay
Fletcher's
Phone 334-4711

BUSINESS DIRECTORY

Courtenay Realty

A COMPLETE REAL ESTATE SERVICE
VINCE COVENEY
Phone 334-2324

MOVING TO TRENTON?

Write for free map and information on
Homes Rentals Mortgages
G. E. Forchuk
FORCHUK
Trenton Realtor 392-1201
54 Market Square
"EVERYTHING IN HOUSING"

Hill's Sewing Shop

Singer Representative
Sewing Machines
Sewing Supplies
Vacuums, Polishers and Typewriters
Easy Terms - Trade-ins Accepted
See CEC HILL
441 Cliffe Avenue
Ph. 334-3852 Courtenay

Upholstering

Auto - Boat - Furniture
★ Custom Modernizing
★ Recovering
★ Custom Built Furniture
Courtenay Upholstery
Phone 334-3912
143 - 5th Street, Courtenay

HAPPY'S

Tire and Sporting Goods Ltd.
Fishing and Hunting Specialists
Everything For Every Sport
Phone 334-4143
256 - 6th St., Courtenay

The Courtenay Florist

Night 334-2027 491-4th St.
Day 334-3441 Courtenay

TAXIDERMIST

Taxidermy in all its concepts. No job too large, No job too small. Phone or write.
E. E. Bundus.
516-10 St. Courtenay,
B.C., Box 2297,
Phone 334-4268

SIMPSON'S MARINE SUPPLIES

- Guns and Ammunition
- All Types of Fishing Gear
- Boat Hardware
- Life Preservers and Ski Belts
- Fibreglass Supplies

433 Fifth Street, Courtenay Phone 334-4922

GUARANTEED WATCH, CLOCK and JEWELLERY REPAIRS

COMOX JEWELLERS

BOB EMBLETON
OPEN ON WEDNESDAYS
1828 Comox Avenue Phone 339-3113

Comox Paint & Floor Covering

We Stock Rolls of Carpet and 12' Linoleum
Carpet and Chesterfield Cleaning is Part of Our Business
1803 Comox Ave. Phone 339-2273

STUDIO ONE

Formerly Silence Studios
PORTRAIT STUDIOS
PHOTOGRAPHIC SUPPLIES
FRAMING
Phone 334-4042 Courtenay

CERAMICS CLASSES

For Beginners and Advanced Pupils
Afternoon and evening classes
Orders taken for Hand-Made Ceramics
Greenware Sold
PMQ 11, Mrs. Egelston
Phone 339-3452

MISSION HILL MEATS

BACON	lb.	79c
MINUTE STEAKS	lb.	79c
LEAN HAMBURGER	lb.	59c
BEEF LIVER	lb.	45c
20 lb. FAMILY VARIETY PACK		\$11.88

McCONOCHIE'S FURNITURE AND APPLIANCES LTD.

430 Fifth Street Courtenay, B.C.
Your Westinghouse, Speed Queen, Motorola, Admiral Dealer
WHERE SERVICE FOLLOWS THE SALE

COMOX VALLEY INSURANCE SERVICE LTD.

Formerly Farrington's and R. N. Corey Insurance Agencies
Opposite Court House
Phone: 334-3195
Insurance is our "Only" business

I-D FURNITURE and APPLIANCES LTD. CUMBERLAND

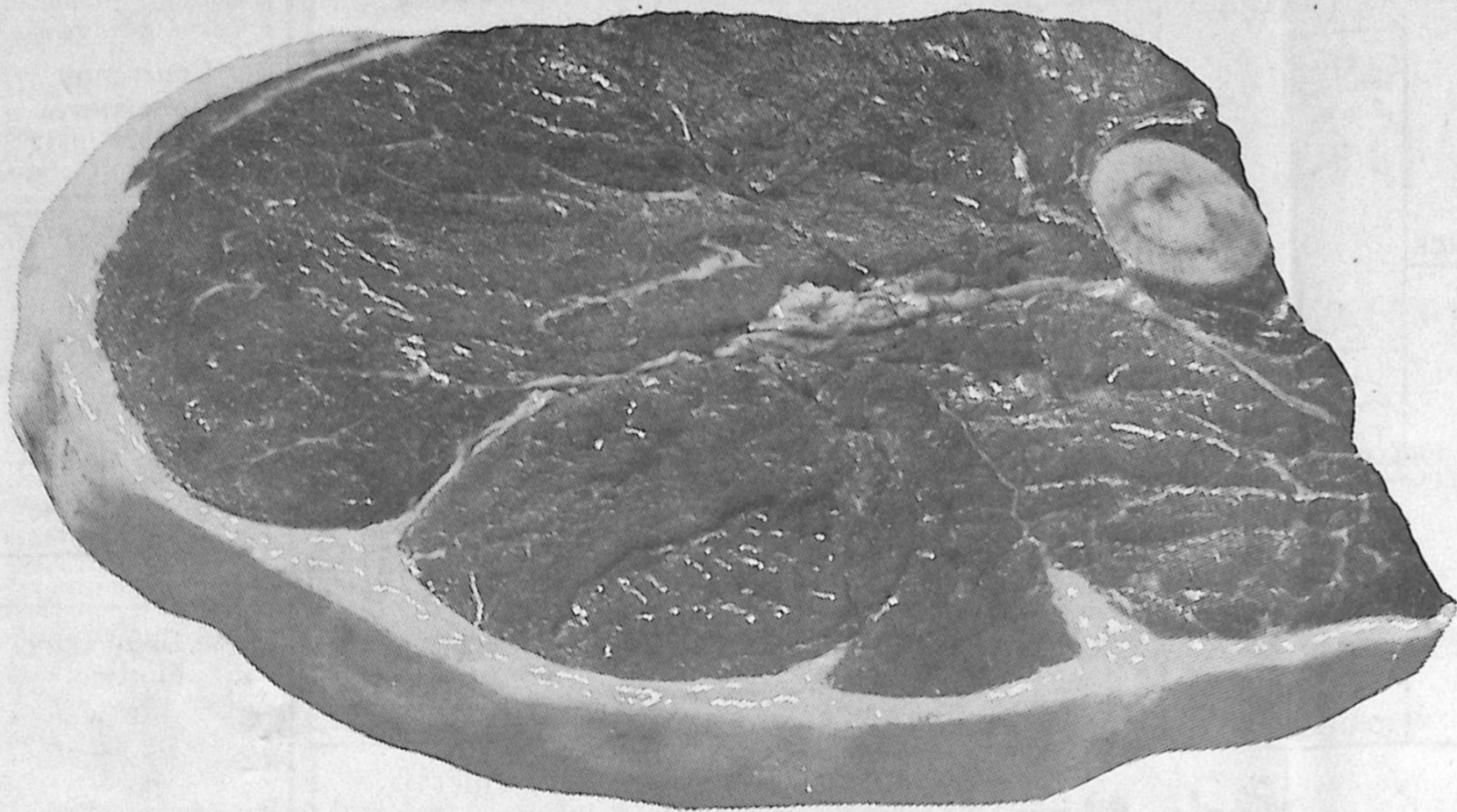
DROP IN AND COMPARE OUR PRICES - SEE HOW OUR LOW OVER-HEAD CAN SAVE YOU MONEY

- Exclusive McClary-Easy dealer for the Comox Valley
- Service by fully qualified personnel.
- On Dunsmuir Ave. - Ph. 336-2041

Buy Better — Save More at



GUARANTEED, Tender
Juicy & Flavorful



- ★ SIRLOIN
- ★ CLUB
- ★ DELICATED

STEAK

- GOV'T. INSPECTED
- CANADA CHOICE
- CANADA GOOD

MATURE
BEEF

LB. **1⁰⁹**



PAULIN'S

Home Style
Chocolates

- PEPPERMINT PATTIES
- DUCHESS ASSORTED
- ASST'D. DARK CHOCOLATE
- CEYLONS
- PEANUT BUTTER CRISP

LB. **59^c**

WHITE ROCK • DIET OR REGULAR

**CANNED
POP**

12 ^{10-OZ.} TINS **1⁰⁰**

**APPLE
PIES**

YORK •

FROZEN... 24-OZ.

FOR

2 89^c

**FRUIT
COCKTAIL**

NABOB • FANCY 14-OZ.

2 49^c

TINS

**TOMATO
JUICE**

CLARK'S • FANCY 48-OZ.

3 89^c

TINS

**NABOB
COFFEE**

FLAVOTAINER

REGULAR GRIND

5^c OFF
2-LB.
PKG. ...

1⁵⁷

1-LB.
PKG.

79^c

**NABOB
MINCEMEAT**

FOR PIES AND TARTS..... 44-OZ. JAR

89^c

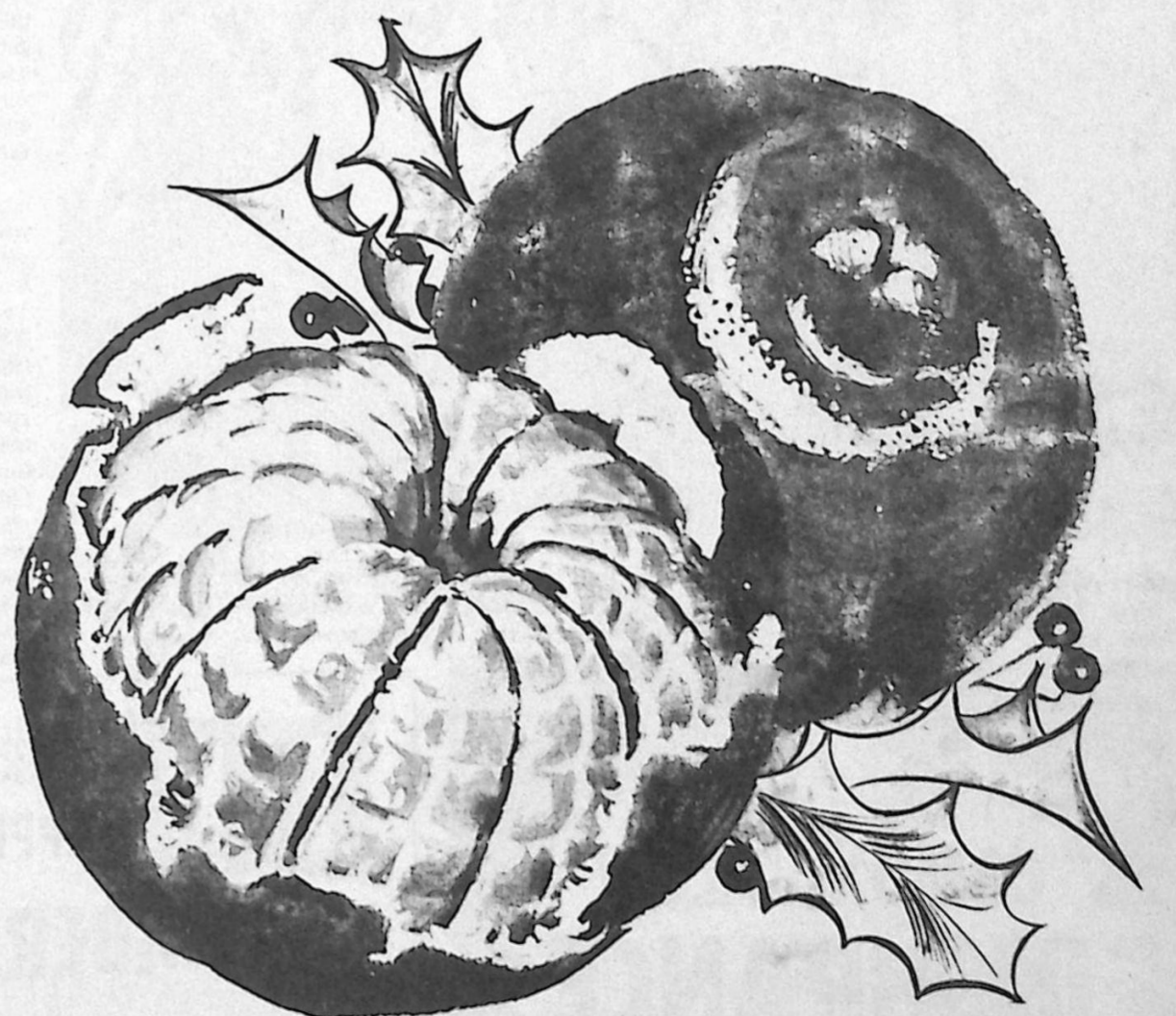
JAPANESE MANDARIN

ORANGES

Just Arrived.

"EASY TO PEEL"

...AVAILABLE IN CONVENIENT BOXES & BUNDLES



BROCCOLI

CALIFORNIA • No. 1 GRADE
SERVE PLAIN OR WITH
A CHEESE SAUCE

LB. **23^c**

WE RESERVE THE RIGHT TO LIMIT QUANTITIES

SUPER-VALU

BUY BETTER — SAVE MORE!

