

RCAF Station Comox

TOTEM TIMES

Vol. 1

R.C.A.F. Station, Comox B.C., Thursday, July 28, 1960

No. 10

Distress Signal Saves Boating Party



From the dock log of the RCAF crash boat the "Black Duck" Sgt. Killoran of the Marine Section relates an incident in which common sense and quick thinking by the crew of a pleasure craft prevented an all out search for the missing craft.

"At 0025 hrs. on June 27 M-872 "Black Duck" departed from Comox on a search for the pleasure craft "Prodigal" which had been reported overdue with Warrant Officer and Mrs. Cole, Cpl and Mrs. Ward and son aboard. Soon after leaving Comox the crew of the Black Duck sighted three large fires built in a straight line on Tree Island. Upon investigation this proved to be the missing party. Their boat, with all concerned aboard, was taken in tow by the Black Duck and all returned safely to Comox at 0235 Hrs. Warrant Officer Cole and Cpl. Ward are to be

congratulated on their presence of mind in building these three fires (which is a recognized distress signal) thereby saving time and the possibility of an extensive AND EXPENSIVE search. It would be well for all boat operators to bear this incident in mind when proceeding on their cruises. Personnel are again reminded of the check in facility provided at the Station Guard House. When leaving for a fishing or hunting trip, or a cruise, please notify the Air Force Police by giving the following details:

- (1) Purpose of trip.
- (2) Estimated time of return.
- (3) Number in the party.
- (4) Specific of general area of operation.

On their return they are asked to check in at the guard house.

BINGO and DANCE

A bingo and dance will be sponsored by the PMQ Council in the Recreation Centre on the 28th July.

TIME —
Bingo - 8 to 9:30
Dance - 9:30 to 1.

ADMISSION —
Bingo and dance \$1 each.
Dance \$1 each.

PRIZES —
85% of card sales.
Refreshments will be provided.

Children and Fire

Each month almost 100 children die alone and helpless in fires, because their parents left them unattended or in the care of baby sitters too young or not competent to cope with an emergency.

This is the shocking conclusion of a study by the National Fire Protection Association.

If you would protect your children from fire at home and at play, follow these precautions:

1. Keep young children — two and under — in constant sight and mind.
2. Teach older children how to use and respect fire, and strongly emphasize that matches are not playthings.

Continued on page 2
(See "Children and Fire")

S.L. Kobierski Receives Award



COMOX — Squadron Leader Michael Joseph Kobierski, Air Services Officer at RCAF Station Comox, was recently presented with a cheque for \$55 by the Commanding Officer, Group Captain Robert F. Miller, on behalf of the National Defence Suggestion Award Board.

Squadron Leader Kobierski received the award for suggesting a change in the VHF channel changing mechanism in the CF-100 all weather jet interceptor, making it possible for the navigator to select radio frequencies for the pilot.

This change, when incorporated, will relieve the pilot of a distracting task, especially during let down procedure prior to landing.

Squadron Leader Kobierski, a World War II fighter pilot, has served with the RCAF for the past 19 years, and is the son of Mr. and Mrs. M. N. Kobierski, 674 Thulin St., Campbell River.

He is married to the former Ruth Amerlia Newbold, Borden, Sask., and has three children, Robert Donald, 13; Barbara Lynn, 11; and Mary Lou, 7.

Navy Wins Tri-Service Tourney

The Navy had a close call in making out the Tri-Service Fastball Championship at Stn Comox on the 22 and 23 July. The final standing was:

NAVY — Won 3, Lost 1
RCAF — Won 2, Lost 2
ARMY — Won 1, Lost 3

In the first game the RCAF was at home to the Navy. At the end of six and a half innings (all games were seven innings) it was tied up 3-3.

With one out Munroe hit a single, and advanced to second on Patterson's single when the Navy shortstop made the play to first instead of cutting Tiger off at second. With two away runners on first and second, Salty Cutler drove a hot single past the third baseman to score Monroe and win the game. Mountford was the winning pitcher and Rye the loser. In the next game the RCAF took on the Army and the Air Force went ahead in the second inning and from then on played tight ball to win 4 to 1. Reeves was the winning pitcher and Hope the loser.

At 0900, Saturday, the Army appeared to have trouble getting the cobwebs out of their heads, and easily disposed of by the Navy with a score of 13 to 3.

Invitation

With the forthcoming annual RCAF photography contest the Totem Times cordially invites all amateurs and would-be contestants to submit questions and findings to this paper so that a desired "Photo Flash" column can be established as a regular feature of this paper.

Why a question and answer column?

We feel that photography is too broad and complex a subject to devote to a column which picks at random the topics to be discussed. The aim of the column should be to bring all pertinent information down to the level of the reading photography fans on the Station.

To do this we obtained the services of Sgt. Nitschky of Station Photo, who has promised to answer all questions and render advice to the neophytes of photography. We hasten to add that this column will cover all topics of photography and will not confine itself to the demands of the Photo Contest.

The Army bounced right back after this loss to hand the RCAF its first loss by the score of 11 to 9. The RCAF had pitcher trouble and used Dansfield, Marshall and finally called in Reeves to out the fire in the 4th inning, but by this time the damage was done. This game saw that old banana pulled once again. Patterson was on 3rd base, with two out, when Cpl. Sanders, the 3rd base coach asked the Army pitcher if he could see the ball. Atkin obeyed and as Sanders allowed the ball to roll into the ground, Patterson scored.

The Airforce next met the Navy again. The Navy took an early lead, only to have the RCAF tie it up in their half of the seventh. When Cutler drove in two runs to tie it up. The Navy in the last of the seventh pushed across the winning run on a triple by Spencer and a single by Rye—final score 6 to 5 for Navy.

In the last game, between the Army and Navy, there seemed a possibility of a 3-way tie if the Army could win. From the start this seemed remote when the Navy was leading 6 to 0 in the sixth. But—boom—the Army started a real little bingo and pushed across 7 runs in their half of the seventh. If the Navy boys had only played ball in that inning as well as their managers and coaches argued and squawked, they would have had no trouble. In the Navy turn at bat they pushed across one run to tie it up and then another in the eighth to win.

RESULTS

RCAF	4	RCN	3
RCAF	4	ARMY	1
RCN	18	ARMY	3
ARMY	11	RCAF	9
RCN	6	RCAF	5
RCN	8	ARMY	7

A special word of congratulations goes to the umpires who handled the games, seldom has one seen so much abuse handed out to the men in blue who did a fine job. Our condolences to Petty Officer Campbell, Staff Sgt. Schumacher, Sgt. Paradis, Cpl. Ball, and Cpl. Pazdzlek.

RCAF Families Lucky Abroad

By EILEEN LEAROYD

No one is luckier than school-age children of Canadian servicemen in France or Germany. They probably receive a far better education than they would at home. The teachers are also "Canada's Finest."

They are borrowed from all provinces on two-year contracts and are said to be of exceptional calibre. Today I had a long interview with Dr. H. L. Campbell, former deputy minister of education at Victoria.

He makes his HQ in Metz, but travels twice yearly to each of the 21 schools in five countries which are run by the Department of National Defence. A little nostalgic for his home on Beach Drive, but profoundly absorbed in his work here, Dr. Campbell explained the DND school system.

"Grades 1 to 10 are a composite drawn from all 10 provinces. In this curriculum we attempt to be as advanced as any one of the provinces. Grades 11 to 13 follow the Ontario curriculum.

"Ontario grade 13 senior matrix is accepted by all provinces. Therefore we follow it."

Servicemen I talked to all heartily endorsed the DND schools, with one bitter complaint. "Why can't we follow it at home?" they say. "Everytime we move from one province to another our children suffer. Why, oh why, can't Canadian education be standardized?"—Victoria Colonist.

Stn. Perimeter To Be Moved

Work has begun in the moving of the perimeter fence in the general area of the Station Guard House and the theatre. This is welcome news to dependents and visitors, as it will allow access to the theatre, Bank of Commerce and the Post Office without having to pass through the gate house.

Sgt. S. G. Southward of No. 2 Construction Maintenance Unit who has begun the project, outlines the following additional features:

The guard house will also be outside the perimeter fence and an island guard house will be built which will control traffic on both sides of it. The general parking area of both the guard house and the station theatre building will be enlarged.

At this time Station Comox would like to bid a fond farewell to F/L J. W. Madill who since February 1959, has completed the remodelling of the barrack blocks, renovation of the theatre, resurfacing of the runways and many other major projects at this unit during his role as No. 2 CMU Officer.

F/L Madill is returning to Queen's University, Kingston, for further studies in soil mechanics and related subjects.



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Editorials

Will you live until next season?

A casual visit to the Government Docks will reveal that over the past year, there has been a tremendous increase in the number of small boats operating out of Comox. Improved boat building facilities and the reasonable costs of material has resulted in a large percentage of RCAF families owning and operating a boat of their own.

With the resultant increase in aquatic activities the question arises—"Will all the Air Force personnel and dependents who venture on and into the water live to see another boating season?"

The answer to this lies in whether or not they take the precautions they know are necessary to ensure water safety.

The water safety rules are simple. They are publicized daily. Every paper and every magazine devotes a great deal of space to the publication of these safety rules. They are read—they are agreed with—they are immediately forgotten.

Why? Why do so many gamble with their lives and with the lives of their passengers? Is it because they feel that it cannot happen to them?

Doily we read of drownings and realize that if the victims had practised water safety they would be alive today. Then why in Heaven's name do some still persist in over-crowding their boat—fail to carry sufficient life jackets—over-power their boat—all common water safety do-nots.

It is apparent that these drowning victims are not close enough to us to affect us. These people are strangers. We sympathise—and immediately forget.

Do not jeopardize your life nor the lives of your passengers.

Abide by the water safety rules, always, and insist that your dependents do likewise.

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F/L W. C. HEWITT

Holy Communion—8:00 a.m. Morning Prayer—11:00 a.m. Holy Baptism—12:15 p.m.

We extend a hearty welcome to the Rev. Harry A. Meadows, B.A., minister of Chalmers United Church, Hemlock Street, Vancouver. Padre Meadows will be acting in the capacity of officiating clergyman during the month of August in Padre Hewitt's absence on leave. Padre Meadows will conduct a service of Holy Communion after the morning prayer on August 6, according to the rite of the United Church of Canada.

CAN YOU HELP HERE?

The following letter speaks for itself and was received from Mrs. E. M. Stewart, Executive Secretary of the Comox Valley World Refugee Committee, at Comox.

July 13th, 1960. RCAF Station Comox, B.C.

Dear Mr. Hewitt, The committee has selected a refugee family and we hope that they will arrive during August.

We need furniture for their home, and would be most grateful if you would announce this in Church for the next few Sundays. We hope people will consider giving some unwanted furniture to this family. We will take anything as we can trade duplicates for necessities.

Mrs. Moros has a son of 16, and a girl of 5½. She cannot come to Canada without a sponsor, though none of them is sick.

We are told that she has worked hard to support her family, and is very interested in emigrating to get her children out of the atmosphere of the displaced persons camp.

Yours sincerely, E. M. Stewart, Exec. Secy. N.B. If you are able to help, Mrs. Stewart may be reached by phone at Courtenay 330R3.

CHILDREN and FIRE

Continued from page 1

3. Keep your home free of fire hazards by regular check-ups. Your fire department will help you find and recognize hazards.

4. Train children of all ages how to get out of the house to safety in case of fire. Plan at least two routes from every room, and be sure youngsters are drilled in the use of these routes.

5. Make sure baby sitters have special instructions in case of fire. These include orders to get the children out of the house the instant smoke or gas is noted, the location of at least two escape routes from every room, and how to get in touch with the fire department, parents, doctor and police.

CATHOLIC CHAPEL

F/L J. CASTONGUAY

New hours for Sundays Masses for the summer: 0830 and 1030 hours. Monday to Friday—1640 hours. Saturday—0830 hours.

"WHERE OUR TREASURE IS"

Where our treasure is, there is our heart. If the love of Christ is in our hearts, then He is our treasure.

The events of the last months raise a very important question for all of us. Where is our treasure? Are we as interested in drawing other nations to Christ as the USA and the USSR are interested in drawing them into their respective orbits? Are we more interested in the demonstrations against the United States in Japan, and against Belgium in the Congo, than in the persecutions of the Church in North Vietnam, China and other Iron Curtain countries? Do we read more lines about the international political situation than we read about the advance of the Kingdom of God among us?

There are many questions—very actual ones—which might help us see whether we are living for this earth alone or for Heaven—for time or for Eternity. A Christian gives first place in his heart to the love of God and of his neighbor.

ENSURE THAT YOUR SECTION NEWS IS PRINTED BY HAVING IT IN BY DEADLINE

On the Shelf

by BOB WILSON THE CITY THAT WOULDN'T DIE

Richard Collier On May 10 and 11, 1941, the German Air Force sent over 500 bombers to cripple London. Richard Collier vividly re-creates tales of heroism and personal sacrifice in this epic period that will go down in history as perhaps one of the decisive events of the war.

New Books for Children These all time favorites are now available in the Station Library: Anderson's Fairy Tales, Lamb's Tales from Shakespeare, Hans Brinker, King Arthur and his Knights, Robin Hood, Treasure Island.

The Overbury Affair Miriam Allen deFord Both history lovers and mystery fans will be fascinated by this story of a murder trial that shocked all England during the reign of James I. The intrigue during the trial of Robert Carr, of Scotland, suspect in the murder of Sir Thomas Overbury, is set in the background of the royal court. Continued on page 5 (See On the Shelf)

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Let's Salute Our Gardener

Although it is true that most units in the Air Force have mowed lawns, some landscaping and generally a few flowers, very few can boast of the numerous and colourful flower beds that cover our station. Their neat layouts and balance of colour can be attributed to our gardener, William Van Schaik.

Mr. Van Schaik is Dutch and it is well known that the Dutch are world famous gardeners. They seem to carry this inbred art with them throughout the world. He is from Zuid-Beveland, in Zeeland province, which is the very heart of the Dutch tulip country. Bill left his native home 35 years ago to settle in Lethbridge, Alberta, but moved to the Comox area seven years ago.

His own home is an example of his interest in gardening. It is a pale green cottage, surrounded by a lovely garden of roses and peonies. An ever-green hedge shelters the driveway, while the back yard has more flower gardens and a well-stocked greenhouse. The grounds are all neat and well taken care of.

To say he is an expert gardener would be an understatement. He was born and brought up among flowers and has developed an artistic perfection in selection and layout. He carries his own kit to study soil chemicals, and is current on all the latest fertilizers and insecticides. Many amateur gardeners on the station have called on him from time to time for help and advice.

So, as we admire the more than ten thousand blooms on station, let us salute the person who lays them out and tends to them, Bill Van Schaik.

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WEATHER NOTES

by MET

When we think of summer we think of blue skies and hot sunny weather. After a winter of dull, cloudy weather, we on the coast can appreciate the sunny blue sky. We never think about why the sky is blue. Why is it not white or red or some other colour instead of blue? Even in the hottest weather the sky is a nice cool blue colour.

The light that is cast upon the earth of course comes from the sun and is white light. As the light passes through the atmosphere surrounding the earth, some of the light is scattered. White light is made up of a spectrum of coloured light. The colours near the blue end of the spectrum scatter considerably more than the colours near the red end. The greatly scattered blue light colours the sky while the other colours continue to earth as sunlight.

Thus, the sun viewed from the earth's surface appears yellowish or reddish while the sky viewed from the sun's disk appears blue.



Commanding Officer G/C R. F. Miller bids a fond farewell to his departing station Warrant Officer T. Yaeger who has been at Station Comox since September 14, 1954. Mr. Yaeger directed the color parties during the 1st and 3rd presentation of colors to the RCAF at Ottawa, June 6, 1950 and at Station Trenton, June 18, 1954 respectively. He has been most active in the local Boy Scout movement being District Commissioner since December, 1956.

Try This You Fishermen

By ANDY CARROLL, RCAF Public Relations

For the avid angler who weekly (weekly?) trundles a heavy boat and motor behind his car, bumping over deer-trails to reach the prime fishing waters of Quinsam or Campbell Lakes, an air force air/sea rescue group has come up with something that may save you considerable effort.

Try this next time you would like to get in a full weekend of casting without any tiresome travelling.

When you launch your boat on the chosen "old fishin' hole", you, naturally, follow a series of simple basic steps to get it afloat, but when the para-rescue men at Sea Island launch a boat that first step is the longest.

During test trials at Vancouver a para-rescue jumper took that step—one thousand feet straight down.

Jumping from a Dakota over English Bay, with an inflatable rubber dinghy containing a 3 h.p. outboard motor strapped to his middle, the man was engaged in another successful test with rescue equipment designed for quick pick-up of persons who have crashed into B.C. waters.

The para-rescue group has always run into a problem when jumping into the sea to assist downed aircraft. Most of the time both men became separated after entering the water and would spend valuable time swimming for the dinghy dropped from the aircraft and paddling slowly to the rescue of survivors.

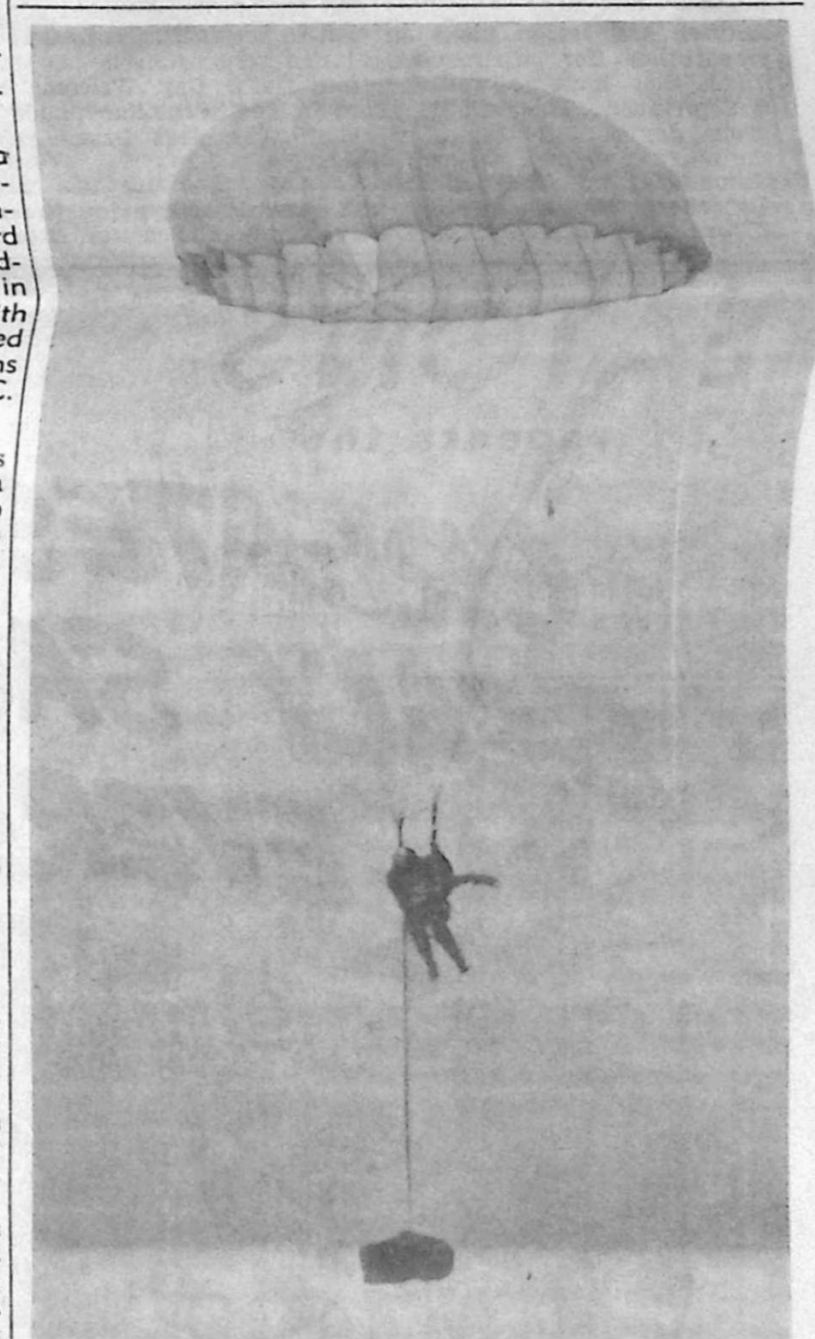
This problem was solved by enclosing an outboard motor in a waterproof covering inside the rubber dinghy and strapping the package to the first man out of the aircraft. Just before he strikes the water, the bundle is dropped on the end of a rope so it will not foul the chute in the water.

Pulling the package to him in the water, he pulls the rip cord which inflates the rubber boat, climbs aboard, attaches the outboard to the pre-mounted motor board, cranks the flywheel and is on the way to pick up his mate who landed seconds after him.

In the meantime, cannisters containing clothing and hot food and coffee are dropped on the second run by the Dakota and are soon picked up by the two jumpers in their power-equipped dinghy.

The survivors are then pulled from the water and given dry clothing and warm nourishment while awaiting final rescue by larger surface craft. If they are on a lake, the rescue party head the raft to shore and the crashed airmen are administered to in a minimum amount of time.

So, the next time you want to visit that favorite lake up-island, save all the wearisome travelling. All you need is a Dakota, jump gear, a parachute, a rubber dinghy and outboard motor—and of course, a fishing pole.



Before entering the water, the jumper drops the package containing the dinghy and outboard motor so it will strike the water first.

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DEMON DOIN'S

July 1st saw the birth of yet another empire within 407 (MP) Squadron, the Training Analysis and Tactics Team, affectionately known as "TAT" and is affectionately known as "TAT" Team.

The team consists of 11 stalwarts who, for the past month, have been racking their brains to find new methods for raising the operational efficiency of the Demon Sub-Killers to new and glorious heights. In one short month this energetic group has an impressive list of achievements to its credit, to wit: one blackboard installed, three filing cabinets repaired (and one nearly filled at this time), copious quantities of stationary packed in (a job requiring much physical effort on the part of the team), and probably the most significant achievement of all, one that shows the forethought and enthusiasm of this group, one leave roster drawn up.

At present the team is working feverishly compiling lectures and lesson plans in preparation for their class which they hope to welcome in September. This will be a joyous day for the team, to take a group of men as earth diamonds from the unit, polish them, tie them together and turn them out as a closely

MARINE KNOTS

by THE ANCIENT MARINER
After some little coaxing by the assistant editor of Totem Times the Marine Section of RCAF Station Comox will now undertake to submit a column, which we hope will acquaint the personnel of this station with some of the activities of the boys who man the two 40 foot Crash Boats now on the strength of this unit.

We also hope that this column will serve to correct the false impression that quite a few people have that all the Marine Section does is sunbathe and fish?? Well folks, we do fish and sunbathe but we also have a duty to perform and this duty has always been, and always will be, done to the best of our ability. From time to time we will include excerpts from the deck log of our two boats, bits of miscellaneous marine information, as well as the coming and going of the boys in our section.

Cpl. Ben Forsyth is currently on TD at HMC Dockyard in Victoria attending to the various aspects of a refit and various modifications now being carried out on M-848 "ALBATROSS". Cpl. Jack MacFarlane is on TD at Goose Bay and LAC "Bud" Brass departs July 20 on transfer to Goose Bay. LAC Owen Price is scheduled for Holberg (the land of sun, sleet, snow, ice and rain) sometime in November. We understand Owen has another important event scheduled for sometime this fall. LAC John Monks recently survived one of these important events, an 8 lb. 2 oz. bouncing boy. Congrats to Mrs. and Mr. Monks. A recent addition to the section is LAC Reg Martin who arrived in May from Goose Bay. Welcome to our "Island in the Sun", buddy.

Until the next issue—safe boating.
knit group worth many times the original and better fitted



SCOUT CORNER

By BRIAN SIMMONS

Twenty-four Scouts from the troop have been attending the summer camp at Wolf Creek, Butte Lake, for nine days. A successful camp was held and the Scouts returned last Saturday very tired and dirty, but nevertheless very pleased with their stay in the bush.

A full account of the summer camp will be given in the next issue of Totem Times.
Patrol Leader Bob Bradbury is now at Colorado Springs attending the Fifth American Jamboree as a member of the B.C. contingent. He will no doubt have many experiences to relate around the camp fires when he returns.

Book Review

This fictional account of the day-by-day life of an English gamekeeper (Lady Chatterley's Lover) is still of considerable interest to outdoor minded readers, as it contains many passages on pheasant raising, the apprehending of poachers, ways to control vermin, and other chores and duties of the professional gamekeeper. Unfortunately, one is obliged to wade through many pages of extraneous material in order to discover and savor these sidelights on the management of a Midlands shooting estate, and in this reviewer's opinion this book cannot take the place of J. R. Miller's Practical Gamekeeping.

(From Field & Stream, November, 1959.)

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SMORGASBORD
MENU FOR SATURDAY

Baked Spring Salmon in White Wine Herring in Beer Sauce - Herring in Lemon Sauce
Frogs Legs - Rolled Baby Pike
Shrimp Salad - Chicken Salad
Shrimp Salad - Chicken Salad - Smoked Salmon Salad
Elk Hotel Special Potato Salad
Roast Sliced Turkey - Baked Virginia Ham
Roast Beef - Pickled Tongue - Roast Pork
Assorted Fancy Sausage - Cracked Queen Charlotte Crab

HOT DISHES
Rogout of Beef With Herbs
Anchovies - Smoked Oysters - Imported Sardines
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DEBITS AND CREDITS
by J.W.L.

Inasmuch as our worthy editor is on leave, this ought to be a splendid opportunity for this section correspondent to kick over the traces verbally.

However, let's surprise him by being unusually gentlemanly; no ambiguous remarks, no double entendre; everything in plain straightforward English that even our absent Ed. couldn't misconstrue.

Well, first of all, the Accounts Section hasn't changed much since the last issue. LAW Bev. Gilmour is on leave and will probably return with a well-tanned hide—due to the weather.

Picking up loose ends around the Pay Section, is Graham Reid from 2455 Sqn., Victoria. He'll be with us for the next two months and is an appreciated addition to Sgt. Scott's staff.

F/O Baker has returned from Holberg, much to the relief of both himself and F/O Thompson. Also back from a well-earned but too short leave is W/O Moore, looking fit as a fiddle and still as lean as the "G" string.

Wonder when Bill is going to put a little upholstery on the frame!

Last, but by no means least, our new SAO has arrived in the person of S/L Crossfield, from Staff College as youse guys ought to know if you read DROs.

He just sort of oozed in gently with no fanfare. Besides, no one could find the red carpet to make the occasion fittingly official. However, we extend a very sincere welcome to him and hope he enjoys his stay at Station Comox.

Incidentally, B.C. in general and the Island in particular have been putting on a glorious display of summer weather for the benefit of all newcomers to the coast.

Of course, you can't please everyone—just ask our good friend Sgt. Leadley of the Met. Section. Tell him the WX is lousy—he'll agree with appropriate profanity.

One of those days he's going to leave his tongue in his cheek too long and get it nipped. I'll probably have him contradict me now. The weather will be invariably fine from now on.

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Nighthawk News

by "ANDY"

It is with a great deal of reluctance that we of 409 must say goodbye to three of the best known and liked members of our team.

S/L Bob McFadden is leaving us for staff college. The best wishes of the squadron go with him and we hope to see him back again in the future.

F/L Bruce Inrig is going to try the fishing down at McChord AFB. They say the salmon run pretty big down there, Bruce, so watch it and good luck!

F/L Terry Thompson is crossing the pond shortly to show the RAF how to do inverted approaches in a P-I Lightning. All the best, Terry, and who knows, they might even have a T-Bird there for you.

F/O Bob Thacher and F/O Burt Sanders arrived back from WPU last week after spending only four days at Cold Lake. They must have dazzled every one up there or was it something or someone here that made you skip through so fast?

F/O Timmins and cohort are next in line for the trek to the Cold Pond. Maybe they won't be so lucky.

F/O Norm McDonald arrived back from a safari to the far away wilds of Toba Inlet to find himself "B" flight commander while Dick Taylor is on leave. Lots of luck, Norm. Softball is one of the big interests in the squadron right now with our team doing very well. Our coach, Luke "Stengel" Nakashima has the team in good shape. He is also an able strategist, as the other

AIRWOMEN'S NEWS

By "RED"

We would like to wish a fond farewell to Helen Wonnberger who left last Friday for Goose Bay.

May we extend a hearty welcome to our new Med A, Jean (Scotty) Lawson. We would also like to welcome three new reserve girls, Diane Smith, Elaine Lachausseur and Allison Fraser. They will be with us until the end of August and we hope they all enjoy their stay.

A farewell beach party was held by Enid Sartor, Helen Wonnberger, Millie Drew and Yvonne Cameron on July 5 at the new Air Force beach. Helen Millie and Cam were presented with silver mugs and Enid received a jewelry box.

Songs were sung, hot dogs were eaten and a good time was had by all.

Mary MacFarlane has been transferred to GRD, Trenton, Ont., and will be leaving some time in August.

Finally, a warning to all airwomen. Please watch out for poison ivy. It can be mighty itchy. Ask Helen.

night he walked towards the nightpump, the opposing catcher thought he was calling time, and in the following melee we scored a run. Nice going, Luke.

We have a new smile on the mound now who is dazzling the opposition with his big grin and fast ball. The smile, of course, belongs to F/O Bill Graham.

F/O Ray Rhor and F/O Jim Shultz has recently completed their combat ready training, and have been initiated to the Nighthawk all nighters' club. Have fun, fellows.

Rumor has it that when Georgie P. was asked about the Cuban crisis he said he thought the Belgians should get out. Sounds logical doesn't it. See you next issue.

C.E. News

by ALF CHASE

I hope we haven't been forgotten since we missed a couple of editions. When there is nothing to report, what can be done? We have a few new arrivals and some departures from C & E. Congratulations to the wives of LAC Mollinoy and LAC Ravenburg. Also to Mr. and Mrs. Gardner. We hope the little ones are doing fine. Welcome to Cpl. Bonar Glencross from Goose Bay. Bonar is in the heating plant and by now I hope he has started to enjoy the fishing and golfing that is plentiful in this area.

With all the welcomes behind us we must say farewell to an old friend. FS Kervin will soon be in good old C.M.U. Calgary. The section held a small going away party on Friday evening. He was presented with a beautiful briefcase from the electricians and a barometer from the section. After introductions from WO2 Hopkins F/L Plitz gave us a little of the Flight's history (quite revealing). The thank you speech by the Flight was very humorous and set the mood for the balance of the evening.

A good time was had by all, including myself, who was also honored by the presentation of a mug. Yes I am leaving for Goose Bay very soon now, and in parting would like to say thank you to all my friends who made by three-year stay here most enjoyable.

Leaves are in full swing now. Some coming back and some leaving. Rick Strauss is the next due and it seems that he has finally decided to settle down. He is getting married on his leave and intends to bring back his bride. All the best, Rick.

COMM-CHATTER

by BOB CLARK

First and foremost, the section wishes to congratulate Bob Clark, the writer of this column, on becoming the proud father of a baby girl. This, of course, entitles him to a few days off.

The section seems to be undergoing quite a change in personnel. Bill Marley and Ron Meyers recently arrived from Clinton and John and Sgt. Larson will be leaving for the playgrounds of Europe in the near future.

Congratulations to Telecom softball team "B" on their fine win last week. The team was helped considerably by a Britisher playing right field. Although his first introduction to the game, he did exceedingly well, except possibly in the batting.

Questioned later, he explained that he found it very difficult to concentrate on hitting the ball with such unorthodox comments as "watch your wicket" and "don't forget to run around counter-clockwise, old boy" from the opposition. His absence from

ISSUED BY SUPPLY

By "NIL STOCK"

(Marie Urquhart, 125)

After missing the last three editions of the paper the Supply Section has finally come to life in time to make this edition. Since our last column many things have happened around the section, namely greeting new faces and bidding farewell to the ones leaving.

The Section wishes to welcome S/L "Neil" Bank, F/O Russ Egan and LAC "Doug" Ruffie and Mrs. Mary Lester.

S/L Banks is the new Sup replacing S/L "Milt" McLachlan who is transferred to Sacramento, Calif., after spending five years as SSUpO on this unit. Best of luck on your transfer to the sunny south.

S/L Banks, his successor, has been transferred in from Dayton, Ohio. F/O Egan, our new warehousing officer, comes to us off course from Aylmer. Russ is a graduate of RMC and has successfully attained his wings as a navigator.

LAC Ruffie reported here direct off course from Aylmer. Mrs. Mary Lester is our new typist replacement for LII Wright who has gone back to being a full time housewife.

Congratulations are in order for several members of the section. First to F/O "Bill" Armstrong, who recently has been promoted to Flight Lieutenant. Secondly, the stork has visited John Seguin with a daughter and Bob Dawson with a son. Congratulations, Daddy-O's!

Roses to FS Mainse and his helpers who organized a farewell party for the departing SSUpO. S/L "Milt" McLachlan was presented with a desk set from the Supply Section in recognition of his past services on the unit.

The presentation was made by F/L "Bill" Armstrong and supported by the attending.

Some of the more athletic types in the section are still limping around from playing ball. In the spring the fellows blamed the limping on being out of shape. What's the excuse now, fellows?

Intersection softball again has supply amalgamated with Headquarters and the team as usual, is the one to beat (ask the Corporals Club).

Dick Waite and Jim McEwan have recently been advised of their transfers to Holberg and Sea Island, respectively. Jim leaves in August and Dick sometime this fall.

Further congratulations to Jim McEwan who is tying the knot next month when he escorts a Courtenay girl to the altar. Also tying the knot is Marie Urquhart who goes to the altar on the 30th of this month.

Again congratulations to you both in the future and may all your troubles be "Little One."

ON THE SHELF

Continued from page 2 with the ominous overtones of the Bloody Tower.

The Pentagon Case Victor J. Fox

In the setting of an exciting human story this book reveals the terrifying extent to which Communist penetration has taken place in America, through subversive propaganda. A tale set in fiction, but one in which the discerning reader will quickly recognize as containing more fact than fictional aspects of this problem.

future games will, of course, be understandable.

Well, Bavarian Night was another success. The attendance was very good, although I think the band outlasted a few of them. I had an idea that there were as many women on the Island.

Let's have a few more of these dances and maybe they will start leaving the Mainland.

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NEWS IN Sports

Station Baseball Team Splits Double Header With Union Bay

The station baseball team proved to the league this past Sunday, July 17, that they are no pushovers as they really trounced the Campbell River Braves 20-6 in the first game of a double header and lost the second game 2-1. This win keeps the RCAF in the run for the last play-off berth. The Campbell River Cougars, however, also won over the weekend by defeating Courtenay 20-10 are tied with the RCAF for the last play-off berth. The Cougars have two games left to play and the RCAF has only one, with all games to be played against the Braves.

Sunday's games saw "Red" Dagley on the mound for the RCAF going the full nine innings, giving up scattered hits throughout the game. The Campbell River Braves started third on the mound and replaced him in the fifth inning with Woodcock who lasted two innings when Cameron came in to relieve and finish the game.

The RCAF picked up 18 hits with Bob Denault hitting a triple with one man on base and two other singles to pick up a total of three hits. Don Chapman again showed power at the bat collecting four hits and Chuck Hazelton also got hot, getting four hits.

Two hits each were picked up by Red Dagley and Bob O'Neil. Single hits were credited to Dixie Walker, Don Wilder, and Bob Swimm to make a total of 18 hits.

The second game saw Stan Smith on the mound for the RCAF and Woodcock for the Braves. This was a closely played game with double plays getting both teams out of trouble several times. An error in the second inning by the RCAF gave the Braves two unearned runs and the RCAF picked up a lone run in the sixth to make the final score read 2 to 1 in favour of the Braves. Both pitchers went the full game turning out a fine performance.

July-August Golf Tournament

There are two events in the July-August golf tournament. The first number after a player's name will be his handicap and the second number, in brackets, is his telephone number to facilitate the contacting of individuals. The difference in handicaps as noted will be the number of strokes awarded. All matches will be 18 holes and personnel are requested to have the 1st and 2nd rounds completed by the 8th August.

- 1st EVENT**
 Groundwater 9 (20)
 Bye — Groundwater
 MacDonald 10 (130)
 Davidson 15 (74)
 Grabowski 16 (20)
 Fink 16 (22)
 Mick 11 (22)
 Keenan 19 (78)
 Kenny 17 (130)
 Thompson 12 (70)
 McCarthy 18 (10)
 Craig 15 (138)
 Donald 18 (81)
 Marsh 14 (86R2)
 Sherratt 12 (97)
 Bye — Sherratt
2nd EVENT
 Dunn 20 (8)
 Bye — Dunn
 Vetch 30 (106)
 Gregory 28 (453Y1)
 Tymchuk 22 (106)
 Hornal 22 (130)
 Pinneau 24 (20)
 Earnst 24 (20)
 Guerin 20 (151)
 Bye — Guerin
 Wheeler 29 (87)

- Mulloy 27 (82R2)
 Swintak — (134R2)
 Burgess 23 (106)
 Bye — Standing
 Standing 22 (18)

Recreation Ramblings

Another Bavarian night has come and gone, thank goodness. Undoubtedly close to 700 people had hangovers last Sunday morning, and the Rec Centre was still hungover on Monday morning. No doubt it was just as well that 407 had an Exercise on, for if all 407 Squadron had turned up as well, there would not have been room for everyone. Congratulations to the Totem Inn for a very fine party—they did an excellent job—and everyone enjoyed themselves.

The last weekend was rather a heavy one what with making like Bavarians and the Tri Service Ball Tournament. Congratulations to Cpl. Stew Saunders and his all-star ball team — they played fine ball, although they lost, but the 407 Squadron exercise did not help as it left the team with only one first string pitcher. Our boys were out to play ball and play ball they did. They lost fair and square without arguing and crying which is more than can be said for the winners. The winners had a fine ball team, played nice ball and deserved to win; it is really too bad that they had to bring their coaches along. They seemed to be under the impression that the game is played by arguing and crying and complaining to the officials, the people who were running the tournament and anyone else in sight who would listen to their woes.

The second summer match play golf tournament is now in progress and we hope the players will get at it and get their first and second round matches off by the first of August. The previous tournament was won by F/L Burgess in the "A" event and F/L Dunn in the "B" event.

The Tennis Ladder Tournament is moving slowly along at present with entrants in the following order: F/O Pettit, F/C Wong, F/L Garrity, LAC Sibielski, F/L Burgess, F/O Maguire, F/O Burnie, F/O Stewart, LAC Clarke and F/O Sutcliffe.

Remember you can challenge up to two people above

CIRCULATION

Totem Times is delivered in Wallace Gardens, Tyee Park, and Falcon Trailer Park. Residents of these hanger and section distribution boxes.

Softball League

The inter-section softball standings on the 25th July are as follows:

"A" LEAGUE				
Team	Plyd.	Won	Lst	Pts.
409 Hawks	4	3	1	750
H.Q.	3	2	1	667
Tel. "A"	3	2	1	667
Cpls.	3	1	2	333
Flying Cntrl.	3	1	2	333
407 Tel.	2	0	2	—

"B" LEAGUE				
Team	Plyd.	Won	Lst	Pts.
407 AC	2	2	—	1000
I & E	3	2	1	667
Systems	3	2	1	667
Tel. "B"	4	2	2	500
409 Repair	3	—	—	—
407 Elec.	1	—	—	—

you and lets keep it moving. Fishing seems to be coming into its own and the two station boats are being kept quite busy—as are the fishing rods. Congratulations to LAC Full-james who in two mornings of fishing trips last week, pulled in a total of 28 pounds of fish. This is cheap meat when the boat rents for 50c an hour.

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TROUT FISHING NEARBY

Those of you who do not particularly care for salt water fishing or lack the equipment to do so, need not put up your rods during the week-day evenings and wait a long weekend to fish Buttle or Campbell Lake for trout. There is excellent cutthroat fishing in the Courtenay River. On several occasions I have seen young boys hiking home from this river carrying lovely 1 to 2 pound trout. The junction of the Tsolum and Puntledge Rivers is an excellent spot for an evening's fishing and can be very productive. I believe worms are the answer here with small spinners.

BEAR STEAKS ANYONE?

Several reports have been received that a large black bear was seen roaming the bush around the PMQ area. These reports have been confirmed, but seem to cause no concern to anyone. Personally I'm keeping my children close to home and away from the bush.

HUNTING WITH BOW AND ARROW

Archery is a fascinating sport which is presently sweeping the North American continent. While not new, it has however, lain relatively dormant for many years. Granted, it has tried for a comeback now and then, but the present day, light, high-powered rifle is an extremely formidable adversary. The Americans have been hunting and fishing with bow and arrow for many years, but this sport has never, at least in our time, reached the level of popularity it now enjoys.

Fishing with bow and arrow is prohibited in this province, but for hunting and as a competitive sport it has no peer. In British Columbia use of

the bow and arrow is permissible for hunting big game and grouse only. Regulations governing its use are covered in current British Columbia game regulations available from the B.C. Game Commission, 567 Burrard St., Vancouver, B.C.

Selection of proper archery equipment is relatively simple, however, each item must be fitted properly to the individual. Many beginners have a tendency to select a bow which is too heavy for them to draw, shoot and control comfortably. This can often discourage the beginner. A target bow of 35-45 pounds draw weight is recommended for men while a 20-30 pound bow is recommended for most women.

British Columbia hunting regulations specify that a bow with a minimum pull of 40 lbs. at full draw must be used for hunting.

Ben Pearson Incorporated, Pine Bluff, Arkansas, have published an excellent catalogue which includes advice on the selection of equipment as well as a price list. The same company offers a booklet entitled "Archery Made Easy." This booklet explains how to draw, the stance, draw anchoring, aiming and release. Both booklets are free on request.

THIS MONTH'S RECOMMENDED READING

"COASTAL CRUISING" by WILL DAWSON. This is a guide to British Columbian and Puget Sound-San Juan Islands waters. One of the best guide books I have ever read on small boat navigation. Covers in detail that area from Olympia Washington to the Northern end of Vancouver Island including the west coast of Vancouver Island. The first seven chapters present information of interest to all now using or attempting to use these North Pacific waters. The remaining chapters describe nine different cruises in the above area and contain what every boat owner wants to know about where he proposes to cruise. For example: charts required, floats and anchorages, services (water, fuel and galley supplies), winds, currents, hazards, attractions about various localities, items of local color or historical interest. The author has cruised these waters for almost 20 years and so is well qualified to offer guidance to all small boat owners. Includes 16 pages of cruising maps. One thing in particular which appeals to me about this book is that it has been printed and bound in Canada and was written by a Canadian author. Should be included in every small boat owner's kit. This book is now available in the station library.

The information that the average diver has is never revealed except when he relates his experiences to fellow divers or to awestruck bystanders on the beach. Thus many facts which would be of great value to the biologists, are never revealed, or obscured in melodramatics. The lack of trained observers is sometimes overcome by the efforts of public spirited and conservation minded diving clubs. These clubs organize scientific expeditions into local waters, gathering specimens, which they preserve and send to biologists for identification and cataloguing. Along with these specimens go all the information pertaining to the creature or plant, such as location of find, visibility, depth and water temperature, etc.

The rewards of such a project are not limited to the diver, but to fishermen and anyone interested in the sea around us. As a result of this increased understanding of sea life, many of the old superstitions have gone by the wayside and in their place remains only a deep respect for the creatures involved.

Such is the legend of the Devilfish, who was, until the last decade thought to be deadly. Study of this creature has taught us that he is a timid and intelligent animal subject to nervous breakdowns. Although there are many mysteries to be still uncovered, as more and more people take to the water, the last remaining frontiers are becoming peopled with the curious and adventurous, equipped with snorkle and aqualung.



Comox Free Divers

by CAL SMITH

The habits of fish are sometimes very bewildering. A good fisherman, however, tries to improve his catch by learning the answers to his questions. He assists the Fisheries Dept. in tagging and counting operations and co-operates with these authorities in every way. Others simply observe the results of their efforts, noting dates, times, water conditions, etc., and formulate theories that they hope will assure them a good future catch. Some even pay tribute to fish gods.

With the advent of skin diving, the ways of these piscatorial creatures are becoming better understood, through observation of them at close range. For the first time, marine biologists are taking to the water to study sea life in its own element. Thousands of previously unknown fish are being named and catalogued, and I might add, eaten.

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Nuclear Defence

By BOB WILSON

What is nuclear warfare? What can we do when radioactive fallout arrives? Are we ready to meet the challenge of the atomic bomb at Station Comox? With these questions the Totem Times went to the Nuclear Defence Section to find the answers.

In line with world Nuclear Armament and the nuclear defence measures necessary to survive radio active "fall-out" F/L J. D. Eggleston, co-ordinator of Station Nuclear Defence, has implemented a program of training and readiness such that all personnel and their dependents are prepared to combat, and survive, the effects of radio active fallout. However, the small group of Nuclear Defence men at Station Comox form only the specialized nucleus of the fighting force required to combat "fallout" under actual conditions.

When questioned on this point F/L Eggleston stated: "As you know fallout is the tremendous cloud of radio active dust which climbs like a gigantic mushroom above the actual explosion. Each particle of dust in this cloud has become radio active due to the nature of the nuclear explosion. Like other clouds it moves with the current winds, and in time, depending on the velocity of the winds at the different altitudes, will settle on the ground in an area we call the fall-out plot."

The Fight To Limit Exposure
He proceeded to explain how daily charts are kept in his section which readily indicate the fallout plot for any bomb that should fall on the West Coast, and emphasized that the direction of the fallout plot is determined by the direction and velocity of the current winds and that an explosion a relatively short distance away quite possibly would not shed fallout in this area.

"Considering the area of the fallout plot", he continued, "it is possible for the entire Station to be coated with particles of radio active dust. Personnel must remain under cover. If the unit is to remain operational the men will have to service the aircraft in relieving

teams to keep the aircraft airborne, and at the same time avoiding excessive exposure to radiation. This means that the men must be aware of the dangers of radiation and the maximum allowable times of exposure at the various levels of intensity. For this reason we are running courses to teach personnel how to check their allowable exposures to radiation by the use of computers and detection meters."

Contamination Meters
Contamination meters are a form of the familiar "geiger counter" and are used to check the levels of radiation. Without these meters it would be impossible to check over-exposure to radiation and would result in personnel coming down with the readily "radiation sickness."

When questioned on the overall readiness of Station Comox F/L Eggleston answered:

"An automatic warning system is to be set up on the Station which will be tripped the moment the level of radiation in this area reaches a specific level. At that moment scheduled teams of airmen, headed by a skilled Nuclear Defence man, will be alerted and assigned to areas to prepare for

the various stages of detection and final decontamination." "Decontamination is the "mopping up" after the fallout has ceased to fall. The aim of decontamination is to wash away every particle of radio active dust and so make the working areas safe for personnel. The washing down crews have to be dressed in appropriate decontamination suits as they will be exposed to the "hottest" areas on the station."

The Role of Dependents

Last Spring a six weeks course on Civil Defence was given to dependents in an effort to acquaint them with the basic steps to be taken around their homes and community in the event of an attack. Next fall a similar course will be given to include the aspects of defence against a radio active fallout.

Along the lines F/L Eggleston was asked to answer some of the more frequent questions asked by dependents and other interested personnel on their role during and after a nuclear attack.

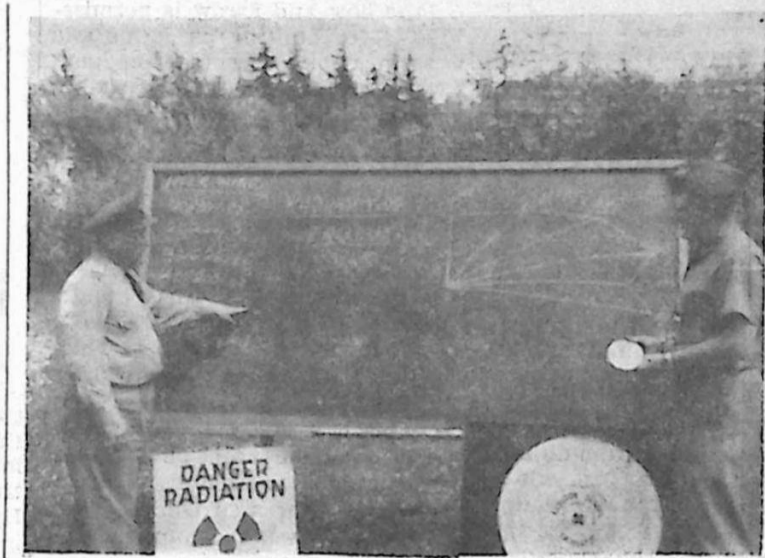
Q. How can a person tell if radio activity is present?

A. The only way to detect radio activity is by instruments similar to those shown on this page. When a person has been exposed, sickness will develop and the extent of illness, whether acute or delayed, will be determined by the intensity of radiation and actual body contact with the radio active particles. It must be noted that radio active particles touching the skin will actually burn in time and so cause serious skin inflammations as evidenced by the victims of Hiroshima and Nagasaki. But this is a delayed effect and not easily detected before serious illness sets in. Radiation however, is penetrating and the victim is forewarned by the effects of "radiation sickness."

Q. If I am warned of impending fallout what effective measures can I take to protect my family and I?

A. Shield yourself from radiation. If you stay within a building with all doors and windows tightly shut then you will be reasonably safe from the falling radio active particles, but, for adequate protection from radiation you must place between you and the radiation waves as much building or underground structure as possible. The basement in your home is the most immediate and best means of "shielding" you have available.

(For those interested in further details along these



F/L Eggleston and LAC G. O. Stanley discuss and compute a typical Radioactive Fallout Plot. In the Nuclear Defence Section such a plot is drawn up twice daily to keep up with the changing winds. LAC Stanley holds a Radiation Dosage Calculator which serves to compute the intensity of radiation in the expected fallout and other factors relating to the maximum allowable exposures during and after the actual fallout by personnel. The "Danger Radiation" sign shown here is internationally recognized and used in "hot" areas.

lines a forthcoming pamphlet, to be distributed to all dependents, is being compiled in the Nuclear Defence Section.)

Q. How large are the Atomic Bombs?

A. Nuclear bombs are measured by their equivalent tonnage in TNT. The relatively smaller class such as the ones used on Japan were in the kilo-ton range i.e. so many thousand tons of TNT. The larger hydrogen bombs, used in the tests in the Pacific and elsewhere are the mega-ton class and are measured in and around the five to ten MILLION tons of TNT. In the event of a nuclear attack the magaton class of bomb is expected to be used and for this we base our readiness program. For an

idea of the destruction meted out by a five megaton hydrogen bomb the area of total destruction from the centre of the burst is approximately six miles, heavy damage will be experienced for the next eight miles and for a further 12 miles moderate damage and casualties.

On leaving, your correspondent asked the question most often asked by those seeking some measure of false security. "It couldn't happen here. Could it?"

He didn't answer immediately but went to a rear room and brought out a small sealed bag from which he took out a small hypodermic needle. On one end of the needle was a small plastic container full of a clear liquid and over the needle itself there was a plastic guard. He removed the guard, plunged the needle in his arm and, gently squeezing the plastic bag, emptied the contents into his arm. He then said, "What you just saw was a harmless salt solution being emptied into my arm. It is merely a substitute for the actual serum. This is another phase of our training here and every man on this unit will in time perform this ritual."

"What is it for?"
"Nerve Gas. You see, this also could happen here."



Nuclear Defenceman Cpl. F. P. Wilson wears a contamination suit especially designed to protect him against radioactivity. The Decontamination Control Meter he is holding is used in conjunction with the suit during the cleaning up period after fallout.

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Left to right, LAC Stanley reads a contamination control meter, Cpl. F. P. Wilson calibrates a gamma survey meter and Cpl. A. McDonald reads a pocket dosimeter. The pocket dosimeter is intended to be carried on the person and in the event of fallout the individual can readily check the amount of radiation he has been exposed to. At a specific reading, as set by the commanding officer, the individual is to be relieved to prevent any further exposure.

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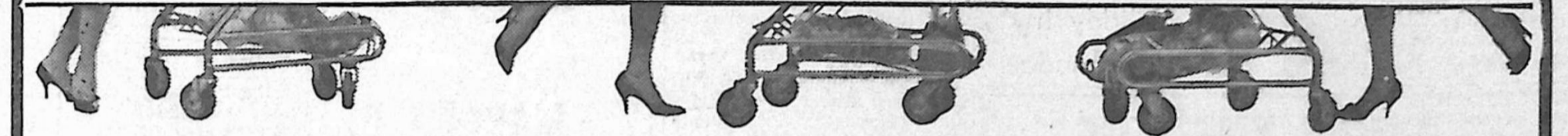
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Cake Mixes

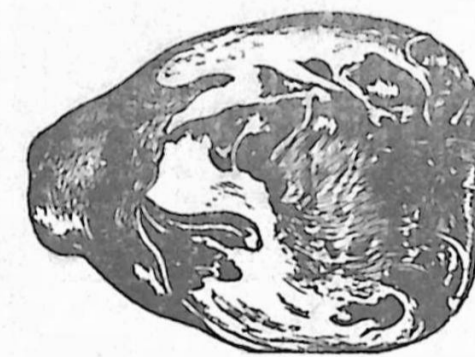
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Shankless Smoked Picnics

Lean and tender,
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Whole or Half lb.

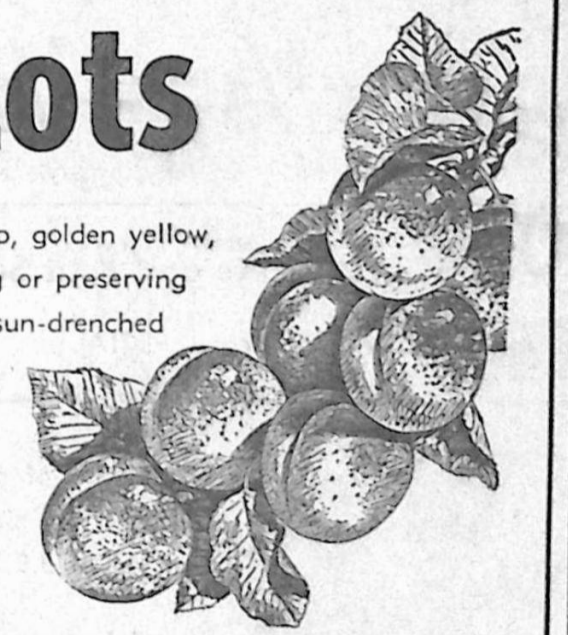
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Totem Times
Managing Editor
On Holiday In
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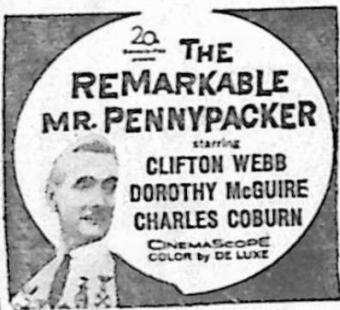
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SATURDAY and SUNDAY
AUGUST 6 and 7
THE HORSE

SOLDIERS
John Wayne - Wm. Holden

TUESDAY, AUGUST 9

BACHELOR OF HEARTS

Hardy Kruger - Sylvia Sims

Poliomyelitis

The incidence of cases of paralytic polio is more than 65% higher in Canada this year than last. This means that there is an increased danger of this disease to all personnel and their dependents.

You are urged to complete a full program of four inoculations if you have not already done so. The schedule of shots is as follows:

- 1st shot . . .
- 2nd shot . . . 1 month after first.
- 3rd shot . . . 7 to 12 months after the second.
- 4th shot . . . 12 months after the third.

If you have not completed the first three inoculations within the above limits, start a new series.

Service personnel may obtain shots at 1330 hrs. Tuesdays and Thursdays. Dependents may secure their fourth (booster) inoculation at the same time, but the infirmary has insufficient vaccine on hand for the entire series of four shots for dependents.

Dependents may receive the complete series at the Upper Island Health Unit in Courtenay the second Wednesday of the month.

Act now! Less than 1% of those that contract polio have had a complete series of shots, and there have been no cases of paralytic polio among those who have completed all four inoculations in the prescribed sequence.

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FOR SECTION
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See the 88c Table

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