



# TOTEM TIMES



*"I believe in the discipline of silence and could talk for hours about it." -- George Bernard Shaw*

Vol. 27 No. 10

CFB COMOX TOTEM TIMES

THURSDAY May 30, 1985

Deadline is Monday, June 10, 1985

COST: PRICELESS

## Congratulations Steve!!



Steve Fonyo shown entering his home province on 23 April 85. By the time this goes to press Steve will have completed his "Journey For Life". See Editorial on page 4.

Shell Canada Photo

### B.C. Tops Nation in Seat Belt Use

Province-wide school and community education programs, police enforcement and increasing public awareness to traffic safety issues, are credited for the good news that British Columbians have clicked their way to the top of the national buckle-up polls.

"The response of British Columbians to the efforts of the police, news media and educational campaigns to increase the seat belt wearing rate has been very encouraging," says Robin Bourne, chairman of the Continuing Committee on Traffic Safety, an inter-ministerial group responsible

programs carried out by a wide variety of agencies, including the Ministry of Attorney General and ICBC, the RCMP and Municipal Police forces, the Motor Vehicle Department of the Ministry of Transportation and Highways, the B.C. Medical Association, the nursing profession and concerned citizens' groups across the province," Bourne said.

Members of the committee represent: The Ministry of Attorney General; RCMP and Municipal Police Forces; ICBC; the Ministry of Transportation and Highways; Ministry of Health.

for co-ordinating provincial government traffic safety programs.

He was commenting on the latest Transport Canada survey which shows that 72 per cent of B.C. drivers buckled up in 1984, up from 67 per cent the year before. By comparison, the average for all seven Canadian provinces with seat belt legislation was 61 per cent, with virtually no increase over the previous year. The three provinces with no seat belt legislation trail behind the rest of Canada with wearing rates of 20 per cent or less.

"We are beginning to see the life-saving results of extensive

### Letter to 442 Sqn

In addition to my Bravo Zulu message, the appreciation of the MND through the CDS, the thanks of the Commander ATG and the congratulations of the Canadian Coast Guard Regional Director General regarding the performance of all your personnel involved in the subject operation, I would appreciate you passing along my personal thanks to Capt Bob Grant and the crew of Rescue 305 for their outstanding efforts with regard to the Miss Rachel (M-596). Their perseverance, under the most adverse and hazardous conditions, in resolving this distress reflects great credit to the Canadian Forces and can only be described as exemplary.

The most important resource in any organization is its personnel. The military requires not only a high degree of professional competence, but also a special dedication to duty which goes far beyond that normally expected of the ordinary citizen. This requirement was exemplified by the crew of Rescue 305, and in particular the SAR Techs, who performed so well under extreme personal risk during their rescue activity. They are commended for their exceptional perseverance and devotion-to-duty. I would appreciate your passing on my sincere appreciation to Cpl Brad Gough and Cpl James McClusky, and to wish Cpl Gough a speedy and full recovery.

R.D. Yanow  
Rear-Admiral  
Commander Maritime Forces  
Pacific

### FRG Troops Back for Training

The West German army began its 12th year of training at Canadian Forces Base Shilo this month, with the first troops arriving May 7.

LCol Wolfgang Fieber, commanding officer, said eight groups of 660 soldiers each will come to Shilo between May and October for three weeks of intensive training.

The Germans come to Canada because it is impossible to recreate battle conditions safely in Europe's relatively crowded countryside, Fieber said.

Shilo's ranges give the powerful 36-tonne German Leopard tanks the space to manoeuvre and shoot safely. An entire battalion can easily train at one time under realistic conditions.

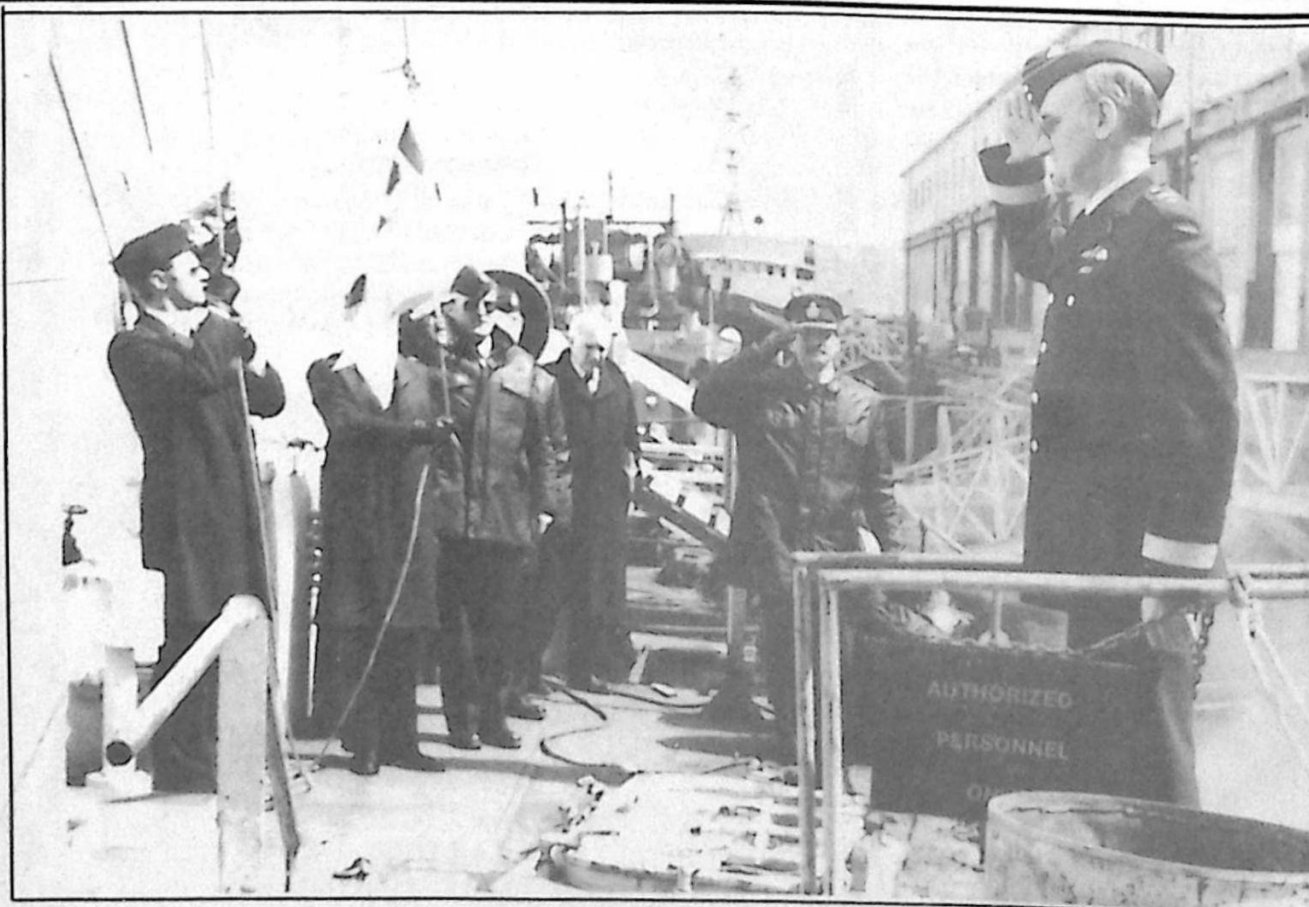
The first shooting exercise took place May 12, Fieber said.

### SAREX 85

The results of this year's SAREX competition are most gratifying. The performance of our Search and Rescue teams in all categories of the exercise has been outstanding, culminating in a clean sweep of first place in every event and 11 of 15 of the top 3 places in the 5 categories. The achievements of ATG SAR teams of SAREX 85 will unquestionably be one of the highlights of Air Command's 10th Anniversary year.

On behalf of the Commander and all the personnel of the command, please extend my hearty congratulations to the team members of 440 squadron, the overall winners, and to all those who participated, for their fine efforts and contribution to the success at SAREX 85. Sic Itur Ad Astra.

D.M. McNaughton  
Major General



Brigadier-General E.I. Patrick, Commander MAG

The above photograph shows BGen E.I. Patrick, Commander Maritime Air Group, paying his respects after crossing the brow of HMCS SACKVILLE. The Commander's presence on board was honoured by the flying of his pennant, certainly the first Air Officer's Pennant to fly over SACKVILLE!

The purpose of BGen Patrick's and other MAGHQ members' visit was to make a donation to the SACKVILLE Trust Fund. This event was meant to show and encourage MAG participation in all aspects of celebrations in support of the Naval 75th Anniversary.

### "Fishwrapper" Exposed

|                      |    |
|----------------------|----|
| Section News.....    | 2  |
| Editorial.....       | 4  |
| A.F.V.C.....         | 5  |
| Sports.....          | 6  |
| Happenings.....      | 8  |
| Around the Base..... | 10 |

# Section News



## Demon Doins

### VP407 SAMO SECTION SERVICING

Finally the cool wet weather of winter has given way to the more accommodating days of summer.

As of late, most Squadron members may be observed gleefully gouging great divots in our beloved golf course or assaulting the salmon population of the Georgia Straits.

At the moment the Squadron has most of its energies focused on the Readix operation in NAS Moffett. With a large percentage of the fleet, and personnel absent due to this detachment things are uncommonly quiet in 7 Hangar.

This period of low hangar activity has given those of us left behind the opportunity to prepare for the coming of the AMIT team whose arrival is expected during the second week of June. With the wide assortment of minute details which have to be taken care of we have managed to keep quite busy.

Unfortunately, the beginning of summer has been slightly soured by motorcycle accidents experienced by a couple of our members. Pte Gary Mick, being the hardy fellow that he is, managed to walk away

from his accident relatively unscathed. Except for the expected amount of road rash Gary is in fine shape. MCpl Jacque Allard and his wife Cpl Jane Allard were not so lucky - both being hospitalized. We were all relieved to hear that Jacque and Jane are steadily recovering, and hope they are both up and about as soon as possible.

Take care Jacque and Jane, and get well soon.

### Aircrew

"Oh where oh where has my Blue Thunder gone?"

Oh where oh where can it be...?"

Yes, again. Last week it was rumoured that a certain international scooter thief and his two local accomplices once again made an attempt at the removal of our illustrious SStandO/ExO/Acting CO's most sacred of all possessions: the much sought after BLUE THUNDER. A reliable source tells me that the accomplices were a certain East coast bound Captain, working on his second attempt, along with a certain Crew 2 NAVCOM. This attempt was far more difficult for the culprits this time, as Maj Young took the

precautions of locking the steering and taking the keys with him into the RCAF Association hall. However, these were not enough to deter these crafty thieves-to-be, as they used their brute force to simply lift the prize away. After a very short distance they saw the wickedness in their ways, and decided to ditch the goods behind a garbage container, and instead go to seek someone that would buy them some beer. Needless to say, the owner was not impressed when he discovered the dastardly deed, as not only was his only mode of transportation missing but it was also pouring by this time. Our hero's keen powers of observation finally won out and after a short search (1 hour) his beloved Blue was once again on the road home.

With half the squadron down in California for READIEX, things have otherwise been relatively quiet around the squadron spaces with the exception of the visits of a couple of Australian crews. By the initial reports, a good time was had by all and they left anxious to return to 'Lotus Land'.

Congrats go out to Lt Alistair Mackay, who was recently married in Victoria and is presently honeymooning in Hawaii.

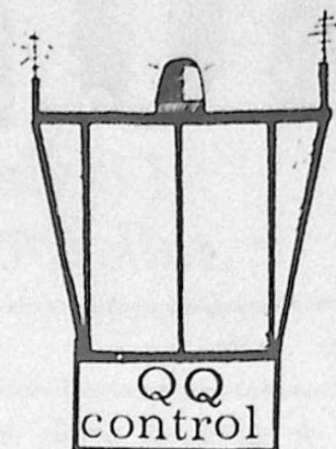
A couple of job changes of note occurred recently, as mentioned Maj Rick Young has taken the reins of ExO for the soon departing Maj Art Crawford, Capt JT Williams has taken over the Deputy Dawg spot for a Sacramento-bound Steve James, and WO Al Baumhour has moved down the hall to join the 'Intellectuals' in Standards.

## As The

The best way to start off this article is with a good news, bad news item. Firstly, the good news is that there is going to be a party! The section is having the *Spring Ball* at the Lions Den in Comox at 1830 hours, 08 June 85. Cocktails and Chinese food will be served. The bad news is that at the party we will be saying goodbye to many of our fellow section members.

On the Tech side, we say goodbye to WO Earl Nash who is off to CFB Greenwood and to Cpl Simon Lemiere who is off to CFB Europe. On the Air Traffic Control side the list is much longer: Major Ed Montgomery is off to Ottawa, on a French course; Capt Murray Turnbull is off to Edmonton; Capt Russ Smith - Chatham; Capt Peter Merkel - Goose Bay; Capt Margrit Buchholz - CFB Lahr as BComd EA; Sgt John Stirton - Trenton; MCpl Doug Crumback - Trenton; Cpl Konrad Ostner - Chatham; and finally, Pte Joe Gibbons - Goose Bay. We wish you all the best of luck on your new postings.

Away on Temporary Duty we have Capt Bernie Murphy and Cpl Dave Jensen in Trenton until mid June on the TRACs course, and



Capt Dave McLeod and Cpl Roy Field are off to Wainwright, Alberta until the end of the month. They will be providing Air Traffic Control services to aircraft participating in RV85. Don't worry Dave, there will be an electrical outlet for you to plug in your computer.

Also away we have MCpl Greg Templeton. Greg is augmenting Victoria Rescue coordination staff until the middle of the month.

Among all these goodbyes, we do however, get to say welcome to 2Lt Heather Dunbar. Heather will be with the section on OJT until her Air Traffic Control course.

In other news, Lt Bob Ogrin has just been informed he is off to the Air Traffic Advanced course in Cornwall, Ontario on the 19th of August. Bob has decided that he

## Beacon Turns

will bring his family east with him and is presently negotiating with Air Canada to charter an aircraft.

Pte Sylvain Houde is checking out in Ratcon as an ATCA after a two year stint in tower as a B-stand. Actually, the only reason Sylvain is down in the hole is so he can sell his hockey pool squares to the Ratcon staff. Pte Kevin Young has qualified in the tower as a B-stand and will be buying the beer this Friday.

Congratulations goes out to Cpl Diane Ludlow. Diane has been accelerated to that rank effective 26 June. Diane has worked very hard and the promotion is well deserved.

In sports news, the ATC baseball team has a perfect record with wins over Base Armament and Supply. Apparently, the only weak link in the team is MCpl Tony Huntley who line drives the ball 400 feet and then, still nearly kills himself rounding the bases to score in time.

Please note that the section taking donations to buy Lt Mike Maillet a no-spill coffee cup.

That's it for this article so till next time take care ya-all.

R.C.

## Base Supply

And once again your roving reporter with the Supply news. But first we want to welcome the addition to Supply in CRS, Manon Gregoire-Gervais who's fresh out of Borden from her TQ3.

Absent from Supply this week are Ray Bailey, 407 Supply and Cam Bailey, Clothing Stores, both are relaxing in mommy's kitchen.

The rumour coming out of the long weekend... seems that Carl, Marie-Jo and Diane got into a bit

of a wrestling match as they all returned with their arm in slings or was it something else????

On the 23 May the Junior Ranks competed against the Senior Ranks on the ball field. It seems that the Jr. Ranks would have won if it hadn't been for the 265 years of experience the old timers had over us. We will not even talk about the umpires!

The game was rounded off by a barbecue at the beach which also

doubled as a farewell party for the Wilsons who are going to Esquimalt, Cal Francis and Claude Cipelletti who are going to Germany.

Everyone in General Stores is wondering if Luc Lapointe wants to remuster into a professional mailman.

And this concludes another exciting week in the world of Supply.

M.S.

## Demon Tech of the Month



Once again it's time to salute our *Demon Tech of the Month* and the winner is... (drum roll please)... Cpl Edward M. Denton.

Ed is an aeroengine tech by trade but can usually be found wandering the halls of the second floor in hangar seven, as he's been employed in Research for the last while.

When not hard at work in the hangar, Ed can usually be found on the ball field playing for 407 Sqn, or getting away for it all by going camping with either his fishing pole or his hunting rifle. Whether he takes his all girl family with him or not, we aren't sure though at this time it could be difficult, as his youngest is only 17 months and his wife, Fern, is due once more this July. Maybe four is their lucky number and this one will be the boy they're hoping for.

Ed first came to Comox in May, 1978 on contact training just three months after signing up in Greenwood, NS. He returned to Comox after his three's course in 1979 and has been enjoying our mild climate ever since. As the son of a Photo-tech he does have a few bases under his belt with which to compare Comox, such as Greenwood, North Bay and Cold Lake. Having made the comparison, Ed seems more than happy to remain here in the shadow of the mountains.

In closing we wish Ed lots of luck not only with staying in Comox, but also with the birth of his new baby, (boy?!?!?).

Article & photo by Pte Lynn Fralick



**Lend a hand...  
to clean  
our land**  
Keep Canada Beautiful



### FROM THE MAIN FLOOR

It has been a while, but here we are again with the continuing saga of the 442 Techpeople, who have been so quiet lately that there was little to write about. But now that the PPS (Preferred Posting Season) is here, a promotion, a couple of baseball teams off to a fast start and a few new arrivals to report, let's see what we have been up to.

To start with, Joe McClusky received his WO with an 'A' in front, on May 31. He'll be off to charm school in Borden soon, to remove the 'A'. Congratulations Joe. In Six Supply Group we had Diane with a forearm cast (for Tennis Elbow, she says) and MJ all bruised under her sun tan. A staff disagreement? Not so; MJ fell off something, and Diane works just too darn hard. Both are mending nicely however, and still start our day with such a pair of cheerful 'Good Mornings' that it fair makes one want to rush out and submit supply vouchers or something.

Meanwhile, Mel Mills is staying away from deep water until his

## 442 Sqn

posting takes effect. He is being replaced in the Safety Systems section by the Man from Flying Suitcase (1 FSU), Willy Williams, who is every bit as tall as Mel, but has younger looking hair. Also from FSU we welcome Bill Oullette (to 2 Crew), who appreciates the much faster pace of real aeroplanes, as opposed to the theoretical F-18. We welcome two more bods, Tim Maher (to 2 Crew) and Chuck Trenholm (no relation to the redoubtable Mr. T. of bowling and Winox fame), who is tall enough to work on Buffalo engines without a ladder. So what is he doing? Painting lines on the hangar floor, natch. Still, with AMIT almost here, all's fair.

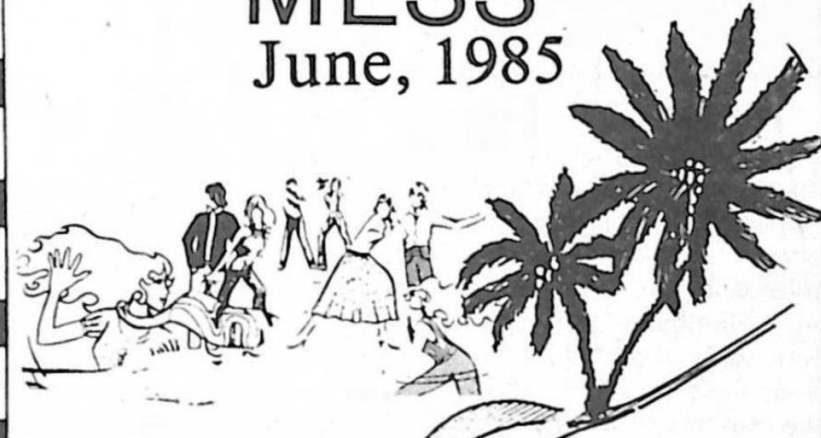
Roger Gracey has sold his house, and is all set to move up to where the map of Canada is all white, and instead of an expected shipment of lobster from Greenwood, we got Frank Lewis back. No wonder the hangar was so quiet. And how about those baseballers! Our fast-ball team is 3 and 0 after just one week. Last night they trounced 407 Sqn 7 - 4. Our slowpitchers are yet to taste defeat, having won their one game, 14 - 8 against the MPs. Eat your hearts out Blue Jays. Upcoming, we have the Salmon Derby on June 21. Sign up in the Canteen.

Finally, Technician Sue Brassard is now Clerk Adm Sue Brassard. She can now look forward to a paid vacation in Borden. Oy Yay!



**Jr Ranks' Mess  
ENTERTAINMENT  
HOTLINE: 339-5212**

## OFFICERS' MESS June, 1985



**Saturday, June 8  
HAWAIIAN NIGHT**

This is the one you've been waiting for! Hang onto your hat! You won't be disappointed! Dance to the "3rd Degree", be entertained by the Paul Latta dancers and their spectacular Polynesian floor show. Enjoy the Hawaiian buffet and, of course, the requisite Chi Chi's and Mai Tais. Cost per couple: members - \$25; guests - \$30. Dress is casual with tropical variations encouraged. All this to start at 1900 hours. Reservations to Mess Manager by 1200 hours, 05 June 85.

**Saturday, June 15  
DEMON NITE**

An opportunity to say "Farewell" to those of us who will be departing this summer. Cocktails - 1930-2000 hours. Dinner will consist of "Hip of Beef" at 2000 hours followed by entertainment and dancing to a DJ.  
Cost: TBA

**Sunday, June 16  
FATHER'S DAY BRUNCH**

Take Dad to brunch at the Mess. Fun family dining. Meal tickets available at the bar. Standard brunch hours. Cost: adults - \$6; children - \$3.

**Thursday, June 27  
MESS DINNER**  
Reservation through Squadron/Unit.

**Fridays, June 7, 14, 21, 28  
REGULAR TGIFs**  
Food - 1700-1800 hours. Free taxi - ask at bar.

### Coming Events:

July 19 -- MIXED TGIF

# Section News

## BAMSO NEWS

**Question:** Who punched out Capt Hoeg and caused her to have to wear that bandage over her eye?

**Answer:** I don't know but Capt Williams was supporting a swollen cheek at the same time.

The average of personnel seen within the halls and offices of the BAMSO organization varied inversely with the temperature in the BAMSO's office this week. This, of course, had nothing to do with the fact that it is PER time again, but rather that summer seems to have finally arrived in Comox. As a result, the two old guys, Bob Williams and Monty Elliston, and their respective families enjoyed a week of leave as the temperatures soared off the end of the BAMSO thermometer, and hence the substantial reduction in average age was observed and commented on many.

Marlene seems to be carrying a little extra weight around on her shoulders recently. It seems that the "thick and the thin" have mysteriously grown into the "thick and the thick". She has gone from being the senior Lt within BAMSO to being the junior captain! To celebrate this momentous occasion, a hottub and several Japanese individuals, just as mysteriously turned up to a party in her driveway. Of course Wyn's dilemma, at the gala affair, of walking into a crowded room fashionably supporting a stream of multi-colored, heart patterned toilet paper, wasn't nearly as embarrassing as another couple's dilemma of getting caught by their boss while discussing the motions of a waterbed. Back in the halls of 7 Hangar Bud Bryan was seen wearing an odd expression on his face during the week. He claims that the visible lump in his cheek is the fault of the dentist and not his wife, but the official rumour is that it was either a case of him eating sour grapes or of sucking eggs.

All of the BAMSO shops this week took extra care with the

weekly cleanups as we prepared for a much welcomed visit by the Base Commander. Keep up the good work everybody as AMIT is just around the corner.

### IE/IS LABS

Arriving here at CFB Comox was quite thrilling, despite the two first weeks of constant rain and an abundance of wind, but when this technician found that he was going to work in the IE/IS Labs, well that put him on top of the world. I mean, finding out that I'm working with the best in the country, maybe even the world, is enough to make anybody feel the way I do.

I simply look at it as if I were a new member of the Edmonton Oilers! But instead of the regular lineups of superstars, we have in the nets Kent Storie, whose part time job is being an IE tech. At defence, Claude Ouellette and Karen Thompson, who are also IE techs, part time of course. Now our forwards. On the left wing Sue McKay, who might be a little short but is all there. At right wing, James Scally, a man barely alive, but we had the technology and extra parts to rebuild him to what he is today, a good technician who enjoys warming up the benches. At centre, number ninety-nine herself, Karen Stockklausner, a real go getter (especially on Wednesday's ladies' night at the Loft). Our forward line is a select top notch crew who are IS techs for a hobby. Then there is our coach, Mike Gauthier, who is always on top of things, especially at crucial moments, where he shows his many years of experience behind the bench, on the bench, even under the bench. But in these times you can always rely on Mike to say "OK people, 3.30, time to go home and see you tomorrow."

Yes sir, we're quite a team up there and will stand in front and face any foe without considering their size, but only if it's for a beer.

As for myself, I'm the waterboy, but I'm still proud to be a part of this outstanding, stupendous, and

sometimes even funny team. It's an honour to be chosen (not volunteering) to write this article.

### REFINISHING

A halo hangs over the Refinishing Section these days as Sgt Animal Chappell and MCpl Bert Brown successfully completed (with honours) the Fluid Handling course at Borden.

Pte Fozie Behmer returned from his camping trip to Wainwright and Cpl McKeive has left for Borden for a course in the newly formed 441 trade. Cookie Monster Stacey is blissfully happy with his transfer to Europe and his replacement, Cpl Rodgers, is due in from Victoria in September. Cpl Beaker Harvey is preparing to move into his new home and live there happily ever after and Cpl Kermie Imbeault returned from holidays in Quebec.

That's the latest to date and remember that "If we can't do it, it can't be done".

### AMSE

Well, hello again. We here at AMSE have had a very busy month. Seems like everybody on base needs to get something done before the big inspection in June.

As for the AMSE personnel, Sgt Paquet has just returned from CFB Borden. He was there for the last month on the new AMSE course. This month sees Cpl McGrath on her way to the same course. Have fun there!

The section welcomes Pte Lynette Kelly in from Borden. She will be in the Tool Crib/Supply area while Cpl McGrath is away. We welcome back Pte Rob McKay and say farewell to Cpl Tim Ford as they return to their respective sections.

The other AMSE people can be seen buzzing around doing work at the various squadrons. MCpl Levy was last seen filling out a leave pass for a well deserved rest. So there you are again. See you next time.

### Disney Salutes Military

Lake Buena Vista, Florida - Hotel Royal Plaza, in the heart of Walt Disney World Village, is offering special value vacation packages to Walt Disney World for Armed Forces employees and their families, from May 1 to June 30 and August 25 to December 16, 1985.

New "Armed Forces Salute" packages, priced at \$69 per room per night (up to five may share room), include deluxe accommodations with private patio or balcony; cocktail and unlimited use of the Walt Disney World transportation system between the resort, the Magic Kingdom, Epcot Center and throughout the Vacation Kingdom. Packages have a two-night minimum stay requirement.

Also included are unlimited use of Hotel Royal Plaza's recreation facilities including four lighted tennis courts, oversized heated pool, health spa with whirlpool and sauna, putting green, shuffleboard, gameroom, and children's playground. In addition, guests enjoy special rates and privileges on golf at three 18-hole championship Disney courses. Other complimentary guest services include valet parking, local phone calls from room, amenity kits and nightly turndown service. Gourmet dining and top entertainment are offered in four restaurants and lounges.

Throughout May and November, military veterans may enjoy special savings on tickets to Walt Disney World. Two-day combination tickets for one day in the Magic Kingdom and one day in Epcot Center are \$28. Single day tickets to either park are \$15. Tickets are regularly \$18 per day per park.

For reservations or information on "Armed Forces Salute" packages, contact any travel agent or the hotel, Walt Disney World Village, Lake Buena Vista, Fla. 32830, phone (305) 827-3333; U.S. and Canadian toll-free (800) 327-2990.

VU



33

### AIRCREW

It appears as though the squadron's pending exchange visit with VRC-30 in North Island has sparked considerable interest amongst the aircrew. VRC-30 will be the last American squadron flying the Tracker and will soon be phasing out the aircraft completely. VU 33 will be heading south next week for four days and VRC-30 will return the visit in late June. In an effort to appear more like naval aviators, rumor has it several people have put in a rush order for special squadron name tags. Would you take short field landing advice from a guy named "Bolter" Bekolay or "Meatball" Murgatroyd? Courtesy of VRC-30 the highlight of the exchange visit will be a flight out to a carrier where we will spend a day touring the vessel.

On the subject of ships and airplanes, our own resident naval aviator, Dave Gibson, flew his 5000th hour last week. Congratulations Dave, how's the back?

On the sports scene, VU 33 won its opening game in intersection slow-pitch ball. In a close game the squadron defeated CE by a score of 16 to 15. Hopefully, this initial victory will be a good omen for the rest of the season.

ANCHOR 92

### TECHSIDE

I find myself under pressure again to produce a readable article. Rob Butler's columns are getting better all the time. I can only think that he must be taking a course in column construction in order to make our bi-monthly writings more of a competition.

Now that the summer weather is here burns - both sun and campfire - have appeared on some Squadron members, not to mention any names. Boy Scout manuals all over the world state that newspaper is a better firestarter than fingers. Although I personally haven't tried rubbing two fingers together, maybe our not mentioned person feels that it works well and wants to keep it to himself.

Along with the weather comes the fishing season. Snag and repair talk takes a second seat to fish stories around here. The best way to get a word in edgeways is to disguise aircraft talk with hint of a fishing story eg. There's a definite problem with the steering linkage on the dorsal fin of that Tracker or there is a minor scale corrosion around the gills of that T-bird. Eventually the puns will be caught and the problems rectified before the next high tide.

Courses: Jenny, Dan Dureau and Mike Woodworth are visiting Shearwater on a T-bird course. John Dimock has departed for Kingston to attend a POET course.

Trips: Word has come down that Pete Morro and Rob Butler will be getting some Navy time aboard a US aircraft carrier as ground (deck) support for six of our pilots. The only trouble that might arise from this venture is NO BEER for a week. You definitely don't want to be in their way when they return home.

Two new ball hats in the SS shop belong to Cpls Bob Frizzell who

joins us from Valcartier and Ron Fortin who is fortunate to get away for Bagotville. With their arrival it means that someone has to go. Brent Schultz is departing for Moose Jaw sporting a leaf having recently been promoted. Hi guys and congrats Brent.

On the Servicing side, Randy Aerosmith who hails from North Bay has come to us with more stories about Daryll Mckinnon. I'm sure that if Daryll were here we'd get to know Randy well.

Still no word from Pete Wybenga and his southern trip. It is either hard on a Kawasaki to haul a twelve foot utility trailer burdened with goods or Pete likes taking his siestas down there rather than at the Servicing desk.

The squadron ball team's two games have netted (that is not a pun) them a win and a tie. They must have given away too many secrets in the first game allowing the opposition to surge ahead in the second game and force our boys to pull up their socks in order to tally up a few runs to tie.

A presentation by the squadron's CO to Woody on Friday has a few heads shaking. Woody officially become the squadron's first watchdog and now sports a flashy armband to denote his newly appointed position.

Finally, I'll leave this one up to you: would it be better to pay \$7.50 for a taxi or to push your boat off the sand bars in the middle of Comox Bay. First hand info required to answer that question can be obtained by talking to Wayne Southward who has all the answers.

In closing remember Service philosophy: If something goes wrong blame someone else or go fishing.

G.L.



Base Fire Fighters win at Cumberland May Day celebrations. Left to right: Sgt Dan MacDougall, Cpl Keith Lamond, Cpl Pepe Carreire and Cpl Gord Hobday stand proudly with their trophy for the base competition. Good show guys! Sgt MacDougall must be standing in a hole!!

## M. S. E. Driver Safety

### What would you do??

You're running on a two-lane highway and passing another car. You're along side of him when you come up to a curve and ahead you see a no-passing zone. There is no visible on-coming traffic. What should you do?

- Accelerate and hard right to pass.
- Medium brake, allow car on right to pull ahead and return to right lane.

Answer On Page 6

# BLOCK BROS. REALTORS

INVITES YOU TO THE

## GLACIER GREENS MEN'S OPEN

**JUNE 8 - 9, 1985**

**CANADIAN FORCES BASE, COMOX**

*Entries Limited to 120 - Maximum HDCP 25*

**— FREE PRACTISE ROUND FRIDAY, JUNE 7th —**

NET PRIZES

# \$3500

IN PRIZES

GROSS PRIZES

- ENTRY FEE \$35.00 INCLUDES STEAK B.B.Q. SATURDAY
- SATURDAY NITE DANCE AT GOLF CLUB
- 8 A.M. & 1 P.M. SHOTGUN START
- PLEASE STATE TEE TIME PREFERENCE

HOST PRO:

Jim Nolan, CPGA

TOURNAMENT CHAIRMAN:

Ron Carter, CFB Comox

# Editorial

## Steve Fonyo Shows Outstanding Courage And Dedication

The picture on the front page speaks for itself. As I write, this courageous young man is completing his "Journey For Lives". When one thinks about it, it should really have been called "Ordeal For Lives". During the past fourteen months, Steve Fonyo has doggedly made his way across the nation, on foot. Sure, he had lots of comforts, such as a motor home to rest in, spend the night, etc, but would you travel across our prairies in the dead of winter. His trek covered almost 8,000 kilometers, or 5,000 miles if you wish. Either way, it's a long, long, trip. Most of us would shy away from even driving this distance. Other young people who have a cause they believe in, set up camps and go to protest rallies, making a lot of noise, but not really

showing they believe in their cause. Young Steve, on the other hand, submitted himself to this ordeal, thus showing that he firmly believes in his cause and consequently rallying the Canadian people and various levels of governments behind him. His courage should become an example to every Canadian and especially young people. Steve Fonyo, today, goes down in Canadian history books as a national hero. Yes, he had a lot to gain, personally, from this, but anyone doing something comparable, would. Cancer research has not only gained a lot of added financial support from this, but a greatly increased awareness as to its importance. So congratulations Steve, "Well Done!"

G.G.

## Law Talk

By Gordon Hardy of the people's law school

### Equality Rights

The last of four articles on equality rights under the Charter.

As an English judge pointed out three centuries ago, "It is a vain thing to imagine a right without a remedy."

In April, 1985, the equality rights provisions contained in our Charter of Rights and Freedoms come into effect. Contained in Section 15 of the Charter, these provisions guarantee equality before and under the law, and to equal protection and benefit of the law without discrimination based on race, national or ethnic origin, colour, religion, sex, age or mental or physical disability.

But, as the judge observed, it is one thing to set out these rights and freedoms in our Constitution and another to ensure that people actually benefit from them. Where is the remedy if these rights are violated?

The Constitution holds out two possibilities. The first is Section 24 of the Charter which states that "Anyone whose rights or freedoms, as guaranteed by this Charter, have been infringed or denied may apply to a court . . . to obtain such remedy as the court considers appropriate and just . . ."

This appears to give the courts plenty of leeway in providing remedies. At the very least, says law professor Robin Elliot of the University of B.C., judges are empowered by this section to declare that legislation passed by the federal or provincial government which infringes equality rights is invalid. But, he says, if Canadian judges follow the example of their American counterparts, our courts could go a large step further in ordering our governments to change their behavior so that they don't violate the Charter. He points to U.S. court orders to governments to desegregate schools as an example.

How likely is it that our judges will abandon the more cautious tradition of English law in favor of the more adventurous American approach? Professor Elliot says, "Some judges are more English than American and others more American than English. I have a feeling that we're going to go up a middle ground."

Katherine de Jong, law professor at the University of Western Ontario, observes that "The remedial powers given to the courts . . . are limited only to what 'the court considers appropriate and just in the circumstances'. This is not a limit but an invitation to the courts to be creative, and to tailor their remedies to the needs which arise in each set of circumstances."

"The governments of Canada," she says, "have given the courts an opportunity to approach the Charter with a clean slate."

But, if the courts can be creative in devising remedies for discrimination, so, too, can our elected representatives. The second part of Section 15 - the equality rights provision - says that the guarantee of equality does not rule out any law or program which aims at improving the lives of those who are disadvantaged because of race, national or ethnic origin, color, religion, sex, age or mental or physical disability.

What this means, simply, is that a government may set up special



## Camelback Search for Nomads

Old-style camel trains are bringing food and medical aid to nomads in isolated parts of drought-stricken Sudan where there are no roads.

Although the thousands of people migrating to refugee camps are in very bad condition, UNICEF officials fear those left behind are in even worse shape.

In late March, a UNICEF team left Port Sudan on the Red Sea in four-wheel drive vehicles and drove as far as they could. They then loaded supplies onto two dozen camels for a three-day trek into the eastern Sudan to investigate.

They found tremendous suffering. Expedition member Tony Hughes says more than 60 percent of the children they saw were malnourished, a third of these seriously.

"Typical suffering was found among the 13 families in the vicinity of the well at Bel Utr," reports Hughes. "We discovered only one child of the breast-fed age alive. All eight of the women of child-bearing age who were present at the encampment had suffered miscarriages in the past year . . . three other women had died in childbirth in the past year. Their newborn infants had not survived."

Nearly all the able-bodied men had gone to look for work in the Port Sudan area.

UNICEF is now planning a detailed report, based on what expedition members saw and using data including measurements of children's upper arm circumference to determine levels of malnutrition.

Camel trains are a good way to reach isolated people, officials say, and UNICEF plans to go on using them.

They will carry supplies to central depots to be established around the isolated regions. Experience has shown that even in sparsely-settled areas, people still find ways of reaching centralized aid depots.

UNICEF has already talked with Sudanese authorities and other aid organizations about expanding the camel train idea into the mountainous area west of Port Sudan.

"This area is clearly in desperate need of food. We hope that more food and other help will flow to distribution points at roadheads," says Gianni Bicego, UNICEF emergency officer in Port Sudan.

In the face of the critical situations, UNICEF's innovative use of camel trains shows the organization is doing what it can to reach people who need help.

## TOTEM TIMES

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## Air Force Trivia

What? Where?  
Why? When?

HAWK LEAD - THERE'S A D.F.O. IN THE BOX!

From Last Issue

### Trivia answer

What: Westland Lysander

Where: Comox

Why: It's Nice to Have A/C At a Flying Base

When: Oct 1943



Next Totem Times Deadline - Monday, June 10, 1985

# A.F.V.C.

## Mot du président

Par le beau temps qui court nous songeons tous aux vacances d'été qui approchent. Aux soirées que nous pouvons passer à la plage. Après une saison de pluie qui n'en finissait pas c'est le temps de relaxer et de se détendre.

Je vous avoue que moi aussi j'en avais assez et que je commence à planifier les vacances pour la saison estivale qui nous arrive. Mais avant de partir j'ai un problème à résoudre. Je dois trouver un local pour l'Association des Francophones de la Vallée de Comox.

Le problème est plus difficile à résoudre car notre budget nous limite cette année à \$200-\$250 par mois. Il n'y a pas beaucoup d'en-

droits de disponible qui pourraient abriter l'Association et une garderie Drop-in.

Si vous ou un de vos amis êtes en possession de toute information pouvant nous être utiles, faites-le nous savoir en venant nous voir au 493 Fitzgerald à Courtenay ou en nous téléphonant à 338-6125 de 1 PM à 4h. 30 PM du mardi au vendredi.

Par cette bonne action vous m'aidez à partir en vacances plus tôt. De plus une récompense est offerte à tous ceux qui nous aideront à trouver un local. Car en effet nous fournissons les beignes à nos réunions.

Je vous y attend donc...

Votre Président,  
Serge.

## LA LANGUE DE NOS ANCIETRES:

Elle est venue d'Europe, et a parcouru tellement de chemin, transportée, souvent déportée à travers toute l'Amérique, que je lui dois le respect pour la résistance de sa beauté. Et mes oreilles se dressent lorsque s'immiscent des mots qui ne lui appartiennent pas et qui mettent en péril sa vie même. Elle a droit à sa dignité, car elle a acquis ses lettres de noblesse.

Personnellement Je l'aime profondément avec le temps. Quelque fois, je lui fais plaisir, en cherchant un mot dans le dictionnaire pour l'utiliser plus justement, ou encore en faisant un effort soutenu afin de corriger l'utilisation à mauvais escient de termes qui ne sont pas les siens.

Souvent je l'écoute chanter

ou je savoure les modulations de ses nuances un roman bien écrit, ou encore je sens monter mon goût de la défendre (en la parlant au meilleur de ma connaissance) à l'instar de Gabrielle Roy par exemple qui continuellement dans son oeuvre et sa vie, l'a gardée vivante à tout prix.

Plus je conserve la pureté de ma langue, mieux je la transmets à mes enfants, et plus dans mon milieu les gens acceptent de m'entendre la parler; c'est par le bouche à oreille que se transmettent les plus beaux mots.

Merci,  
Gaston Couturier  
Vice-Président

## DU NOUVEAU CETTE ANNEE:

Dans le champs de l'éducation, nous offrons une nouvelle idée que nous espérons voir s'épanouir.

Pour la première fois, nous planifions des ateliers de musique et de théâtre pour les enfants (en dehors de heures de classe).

Semblable aux cours offerts par les commissions de récréation, ces ateliers donneraient aux enfants l'occasion d'utiliser leur français dans un milieu vivant et de faire parti d'un petit spectacle à la fin de chaque mini-cours.

L'atelier choral aura lieu cet automne après le commencement de l'école; l'atelier de théâtre au printemps.

Nous commencerons avec la musique: chansons folkloriques mais nous sommes ouverts aux idées des lecteurs. Est-ce qu'il y a d'autres ateliers que vous aimeriez voir et non seulement pour les enfants? Le poterie, le tennis, la photographie...?

A part les ateliers, nous espérons faire venir deux spectacles aux écoles pour les étudiants francophones et francophiles. Détails à venir, mais nous comptons avoir au moins un musicien et une troupe de théâtre.

N'hésitez pas à m'appeler pour plus d'informations.

Françoise Bula  
338-6086

## A PROPOS DE MON LIVRE POUR TOUS LES ELEVES:

(Par Dr. E.W. Shillong) Ph.d.

Le livre auquel je fais référence dans cette article s'appelle *Guiding Thoughts to Success and Achievement*. Il contient à peu près cinquante pages et au moment actuel il se vend \$15.00.

Je voudrais expliquer comment ce livre a commencé.

Après la deuxième guerre mondiale, j'ai commencé à travailler en Ethiopie dans la capitale d'Addes Ababa comme professeur de langue Anglaise et Française, c'était dans une école qui s'appelle *General Wingate High School*. Ici j'ai enseigné aux élèves d'onzième et de douzième année.

C'était dans cette école que

j'ai commencé à écrire mon livre et il a commencé de cette façon: Chaque lundi matin quand j'étais dans la classe avant de commencer la leçon en anglais ou en français j'ai eu l'idée d'écrire une pensée d'auteur célèbre, comme William Shakespear ou Milton. Après cela je disais quelques mots d'explications sur le thème de la pensée.

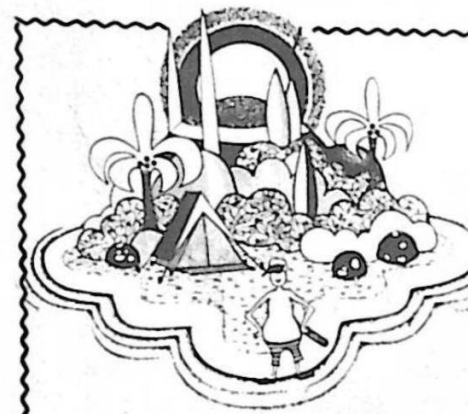
Tres vite j'ai trouvé que les élèves devenaient tellement intéressés à ces pensées, que si une semaine ou l'autre j'oubliais d'écrire une pensée sur le tableau noir, tous les élèves me demandaient pourquoi j'avais oublié d'écrire une nouvelle pensée. Ils étaient tellement intéressés que chaque élève écrivait ces

pensées dans un cahier spécial.

Moi aussi j'ai commencé à garder un cahier uniquement pour les pensées que j'écrivais chaque semaine dans les classes pour les élèves. C'était comme ça que j'ai commencé à écrire mon livre pour les étudiants en anglais.

Ce livre est divisé en quatre parties, mois par mois, commençant avec le mois de septembre. Ainsi les trois mois de Sept., Oct. et Nov. sont pour la première partie du livre. Déc., Jan. et Fév. Et ainsi de suite pour les autres mois.

Ce livre pour les étudiants est disponibles dans toutes les bibliothèques.



J'ai remarqué que beaucoup de gens profitent de leurs loisirs pour aller à la plage et profiter du soleil. Les plus audacieux pour se baigner, jouer au ballon, ou encore à la soucoupe.

Je vous rappelle à la prudence "une oeil vigilant sur les petits" et "un regard discret sur les plus grands de

## MEMO DES LOISIRS:

sexe opposé" et non l'inverse sont la meilleure police d'assurance pour l'avenir.

De plus nos confrères de Maillardville organisent le "Dug Wood Days" à Coquitlam du 1 juin au 4 juin inclusivement. Pour ceux qui auraient pris un petit coup de soleil ou qui auraient crevé leur ballon ou encore perdu de vue leur soucoupe; un petit tour en voiture dans ce coin de pays sera probablement faire oublier vos ennuis.

A bientôt,

Josée,  
dir. sports-loisirs



## AVIS DE RECHERCHE

Si vous êtes militaire, aimez les casse-têtes, avez quelques heures de disponible dans la journée une fois tous les quinze jours, vous êtes la personne que nous recherchons. le travail: faire la mise en page de la section française au "Totem Times". Communiquer avec nous à 338-6125 ou 339-3802 (Margot). le plus tôt possible.

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**Buy local books!** Lansdowne's Birds of the West Coast, Vol. I and II, were \$45<sup>00</sup> each, now \$19<sup>00</sup> each. Limited number. Please order!

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THINK  
SUMMER

A broken cigarette is a little freedom gained. Generation.

CFB COMOX

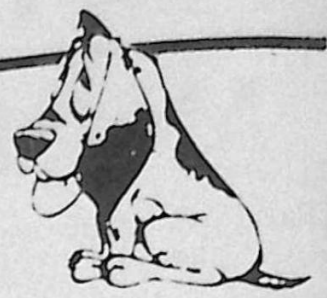
## RESTAURANT GUIDE

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Sunday: 12 noon-8 pm

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# Sports



## CFB Comox Sport Parachute Club

The May long weekend saw our intrepid band of skydivers sallying forth to the Kamloops badlands to wreak vengeance on the hapless mainland teams. Parachutists from as far away as Alberta and all over B.C. endured three incredible days of searing hot sun and blue skies that set the pace for stiff competition among the 85 entrants. At the CFB Comox club was well represented with 11 people arriving via airplane and car.

Precision accuracy was the first event and this saw our own Roger Skidmore take 1st place in the senior's category. Right behind was Al Sharpe with 4th place (still muttering about bad hits, blind judges, winds, etc.). Ron Dionne, Chief Instructor at the club, proved he still has it by also capturing 1st place in the Masters' category. At the other end of the spectrum, Clive Barratt placed 4th in student accuracy. Congratulations to all.

Next event that saw the Comox

club win, was 4-Way Relative Work. This is set sequence of free fall manoeuvres from 8500' that four skydivers perform. Fierce competition in this event was caught on ground to air video. Roger, Ron, Carol and Shelley placed third for the Bronze Medal. Comox's 2nd 4-way RW team of Al, Dan, Clive Webb and Roy Latimer didn't quite fare so well, yet still tied many other teams and vows to avenge itself next year. Roy decided anyone can land under a main parachute and toured the drop zone area under his reserve which he claims lands softer than his main.

It seems that Style, the 3rd event, is making a big comeback, with 45 entrants in two levels of experience. This event consists of a series of turns and backloops timed against the clock for the cleanest, quickest set. Our nearest winner in this event was the B.C. Provincial 1984 Men's Champ - Al Sharpe, with 4th place,

beat out of 3rd by a mere 44/100ths of a second. Again, those judges just can't be bought!

Last event of the weekend was 8-Way Relative Work scrambles which included building an 8 person circle in the quickest time possible. The aircraft used for this was the venerable DeHavilland Beaver courtesy of Salmon Arm Air Taxi. Clive W. with seven other B.C. jumpers won this event in 22.6 seconds.

Thus ended a memorable weekend meet and banquet of Ukranian food. Not to mention the seeing of old faces, meeting new ones, and the vast quaffing of cold beer to help fight off lobster sunburns. With just 5 weeks to go, practice is already underway for the B.C. Provincials because there is nothing like the sound of jangling medals around one's neck.

Till the next report then, blue skies and hot skydives.

C.W.

## Pipe Smoke

By Gerry Gerow

The latest book to show up is "The Complete Dog Book", Official Publication of the American Kennel Club, Howell Book House, New York.

This is the completely rewritten 17th edition, containing the latest information and official AKC standards of all the A.K.C. recognized breeds. Photographs of all recognized breeds are included, in full colour, and a brief history of each breed is given. Newly recognized breeds in this edition include; The Pharaoh Hound, The Portugese Water Dog, The Tibetan Spaniel and the Australian Cattle Dog.

This edition contains a large section on medical problems and also covers breeding and training. It is excellently indexed and contains an impressive glossary section of terms used in the doggy world.

This is, of course, an absolute must for anyone interested in showing or trialing dogs in the United States. It is the bible of American pure bred dog owners and an extremely valuable addition to the libraries of Canadian dog owners.

A 768 page, fully updated, first printing, it's hot off the press but should be in book stores and pet shops soon, or you can order it from the A.K.C. or the publisher.

\*\*\*\*\*

Ten years of living in Germany did a lot to help me appreciate the freedom we Canadians have in enjoying our fish and wildlife resour-

ces. Perhaps if more Canadians were to have the opportunity to observe the restrictive fishing and hunting conditions in Europe, they would be much more protective of their freedoms.

For example, in order to fish regularly in Europe, you have to join a fishing club. This entails an initiation fee as well as an annual assesment. Then you can fish, only in the waters leased by that particular club. Sometimes you can purchase the right to fish in certain water on a daily basis and if you're really lucky someone may permit you to fish in his private water without charging you for it. Along with some friends I enjoy this privilege on a continuing basis on a private stream in Austria. However, all fish kept must be paid for. I recall my first time on this water. A German friend and I were working up the stream catching and releasing Brown Trout. We both deep hooked a fish at about the same time, and had to kill them. Very shortly after this a very irate fishing lease holder showed up. It seemed we'd over fished the boundary of our hosts water. The consequences could have been very serious if the rights holder had been less understanding. I am expecting a visit from this friend soon and I'm sure he'll be amazed at our freedoms.

On the hunting side of things in Europe it's even worse. You have to have permission from the hunting rights holder to take a gun into the field. Then all game taken belongs to him. You have to buy it

if you wish to take it home. There is generally a healthy charge for the right to take a trophy animal.

Even to let your dog run in the field requires permission. A land owner can not let his dog run on his own property without the permission of the hunting rights holder. Incidentally a land owner is not permitted to retain the hunting rights to his own property, but must, by law, combine the right to hunt on it with that of his neighbors and it is then leased to an individual by the community.

So, the next time you're tempted to intentionally violate any of our fish and game laws, consider for a minute the freedoms which you are disregarding. The possibility of the same sort of conditions existing in this country is very real if our fish and wildlife continue to decline at the same alarming rate.

\*\*\*\*\*

Walking down the street the other day I noticed that a well meaning person had tied his dog to his vehicle while he shopped. This individual had correctly decided against leaving the animal inside a hot vehicle, but failed to recognize the danger should he forget about the dog on returning. It wouldn't be the first time this happened. I recall seeing a news story some years ago about a young child someone had tied by the kiddy harness to a vehicle bumper, and then forgotten. The tot was dragged to death. Never, ever, tie an animal or a child to a vehicle at any time. The danger is quite apparent.

## REC CENTRE HOURS OF OPERATION

22 May - 03 September, 1985

a.-Military personnel; b.-DND employees; c.-Canex employees; and d.-dependants of a. and b. above.

### SUMMER HOURS

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|-------------|-------------------|---------------------------------------|
| Mon. - Fri. | 0730 - 1115 hours | a., b., c. (& d. if space available)  |
|             | 1115 - 1300 hours | a., b., and c. only.                  |
|             | 1300 - 1530 hours | a., b., c. (& d. if space available). |
|             | 1800 - 2100 hours | a., b., c., d.                        |
| Sat. - Sun. | 1300 - 1600 hours | a., b., c., d.                        |

### POOL HOURS REMAIN UNCHANGED

Monday, Wednesday, Thursday -- 1800 - 1900 hours

Personnel Authorized to use the Rec Center are: Military personnel; DND employees; Canex employees; and dependants of Military personnel and DND employees.

## Answer to MSE Safety Quiz

Medium brake, allow car on right to pull ahead and return to right lane is the way to do it.

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## Daiwa World Salmon Fishing Championships

Burnaby, B.C. -- Anglers who fish on the west coast will again have access to one of the best deals in town -- a chance to win a prize in the over \$70,000 Daiwa World Salmon Fishing Championships which features no entry fee and nothing to buy.

This year's tournament started May 17 lasting to September 16 and includes all waters between Vancouver Island the the B.C. Mainland and waters on the west coast of the Island from it's northern tip to the U.S. border (excluding any closures).

As long as entrants meet all Federal Fisheries requirements (including tidal licence), there is no cost to enter the World Championships, now in its 19th year. The "fish for fun and sport" contest features 80 official weigh-in stations where competitors can obtain entry forms.

The two main categories are the largest Chinook and Coho and "Super Draw" divisions. The majority of the prizes are in the draw portion of the contest including the grand prize Boston Whaler with Evinrude motor, Road Runner trailer and other accessories. Second prize is a Ford Bronco II, then comes a bountiful

list including a Boston Whaler inflatable boat, Johnson outboard, Mustang floater coats, Lowrance depth sounder and Daiwa rods and reels with Dupont Stren line. Super Draw fishing trips are being provided by Goose Bay Cannery Fishery Lodge, Nootka Island Fishing Camp, Lord Jim's Resort and Noble Charters, Sea Lion Rock Lodge, Coast Hotels/Sportfish-Centre and C.D.B. Charters.

The person who enters the largest Chinook will win a trip for two to New Zealand including accommodations provided by Sheraton Hotels. A trip anywhere in CP Air's world will go to the largest Coho.

Before the tournament began, a hidden weight was selected and the Coho entry that matches or is closest will win one week all inclusive fishing trip for two at famous Painter's Lodge in Campbell River.

Mustang floater coats and Plano Tackle boxes are to be given to lucky draw winners every week.

A special media fishing tournament with writers from Japan, Canada, U.S.A., Europe and New Zealand is slated for June 19, 20 and 21 and takes place in Port Hardy.

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# Happenings

## 888 Wing & 386 Sqn RCAC



386 Squadron Royal Canadian Air Cadets - Rifle Team - Spring, 1985

### 888 (Komox) Wing, RCAFA

Many thanks to all of those who helped make the L.A. Garage Sale on May 18<sup>th</sup> a success. Between the sale itself, the draw and the light bulb sale by cadets, around \$800<sup>00</sup> was raised for Wing activities.

The next two events forthcoming are the Annual Inspection of 386 Sqn RCAC and the Beef 'n Bun booth during Comox Nautical Days on August 4<sup>th</sup> and 5<sup>th</sup>.

The following report is courtesy of Capt Don Forsyth, CO of 386 Sqn and will be the last report until fall activities commence.

**Annual Inspection** -- on 13<sup>th</sup> June 1985 the Squadron will be inspected by LCol Mack, OMM, CD, of CFB Comox.

The Cadets expressed a keen desire to have a banquet and after discussion between the Wing, Squadron and parents, it was decided to look into the possibility. The end result is the banquet is "on" and will cost \$5.00 per ticket.

**Air Cadet League Courses** -- The Air Cadet League has announced its choices for Scholarships. F/Sgt Ernie Goodwin was selected for International exchange to West Germany, Sgt Jim Golchert to Victoria for Flying Training and Sgt Ken Forsyth to Cold Lake and the Senior Leaders Course. LAC Reg Barker was selected as a spare on the Athletic Leadership at Camp Borden.

**Regional Camps** -- The following have been selected to attend CFB Penhold.

Basic 5-19 July  
LACs Wentz, Ouellet, Tinnion, Dube, Merry, Bolby, Johnston, Kerr, Welsh.

### Junior Leaders 8 - 26 July

Cpl McArthur, McCulloch, LAC Clark.

### Aircraft System 8 - 19 July

Cpl Murphy, LAC Rice

### Whitehorse Junior Cadet Camp 5 - 23 August.

LAC Boudreau

### Saskadet Aircrew Survival 5 - 21 July

LAC Brand, Lowdew

### Camp Wright Aircrew Survival 5 - 21 July

LAC Baker, Harrison, Patri

It is with mixed feeling that the following announcement is made, Happy for the Cadets involved; but sorry to have them leave the Squadron. F/Sgt Ernie Goodwin and F/Sgt Hiedi Jensen have been selected for the Canadian Armed Forces ROTC and will be departing the squadron in July. Ernie has had to decline the international Scholarship and will be proceeding to Royal Roads on successful completion of the Basic Officer Course at Chilliwack. Hiedi is off to civilian university upon completion of her course.

**Remember Annual inspection 13 June, 18<sup>00</sup> hrs; Spring Gliding 1 June, 08<sup>00</sup> hrs.**

Many volunteers are required to assist with Comox Days events, and for fall activities. Lists will be on display at the Wing so please sign up to help.

The end of the membership year - July 31st - is fast approaching so get your renewals in to Ken Durrant or drop them off at the bar. *Come alive in '85.*

### By Cheryl Coull

You may be afraid at first. It thunders and swells before you as though it wants to sweep you off the beach and carry you away -- to Japan, maybe, or China.

But soon, the tensions of your body surrender to the natural rhythms of the sea and you become very calm. Even philosophical.

Pacific Rim National Park brings you face to face with the wide open Pacific on the rugged west coast of Vancouver Island. Just five hours' smooth drive from Victoria: misty miles of beach, wind-blown headlands, and a hundred bewitching islands.

Three vast sections -- Long Beach, the Broken Goup Islands and the 72 km West Coast Trail -- let you discover, from every perspective, the immensity before you.

### WHALE'S BREATH

● The most accessible, by road, sea and air, is 11-kilometre Long Beach, plus Florencia Bay, Schooner Cove and Radar Beaches between the fishing villages of Tofino and Ucluelet.

● Here, patience sees the gray whale. While some 40 to 50 grays, weighing up to 30 tonnes, feed year-round off Vancouver Island's west coast, annual migration brings thousands slowly by in March and April on route from breeding and calving grounds in Baja California to the Arctic Ocean. They pass by again in fall.

● When the Pacific rages it may be difficult to dis-

tinguish the great gray whales from the great gray swells. But when it is calm and sunny, these mammals, a hundred or two hundred metres from shore, may acknowledge you with a giant fin, a tail, or nose. Lucky pilgrims may see one "breach", or leap from the sea.

● Stellar's sea lions, harbor seals, river otters, dolphins and porpoises, killer, sperm, finback, humpback and minke whales can sometimes be spotted with the naked eye, or through telescopes installed in certain locations.

● Intertidal life: brightly colored on a small scale, mussels, razor clams, crabs, whelks, limpets, sea anemones, starfish, chitons, sponges and corals.

● Pacific Flyway: 242 feathered species have been counted on sand, sea and in forest.

### PROBE DEEPER

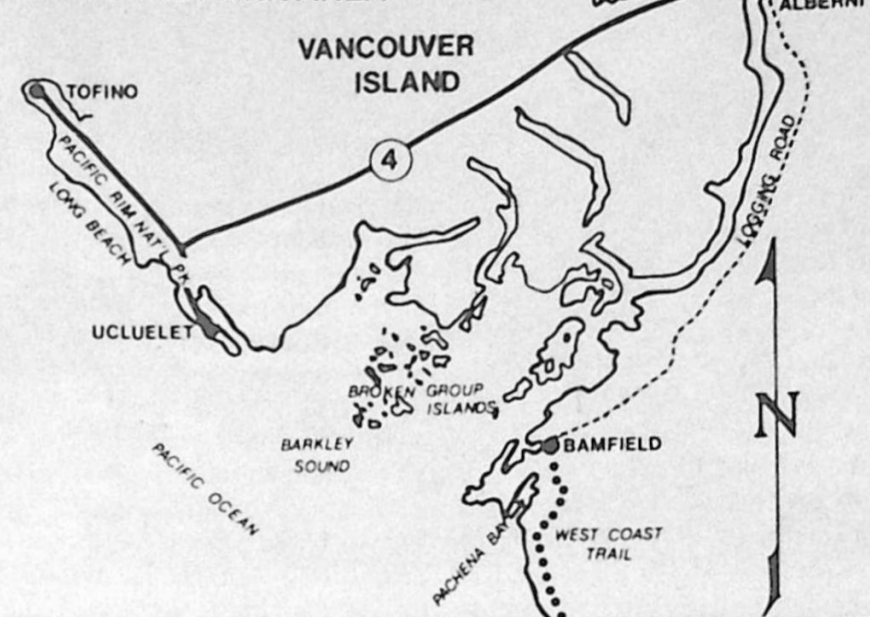
● Interpretation: during summer months park naturalists explain their precious environment to visitors on guided walks, and with evening films and special events such as intertidal explorations, tide pool probes and canoe (bring your own) expeditions on sheltered inlets.

● Trails, like the one kilometre Rain Forest Trail, reveal what lies beneath the tangled west coast forest canopy -- writhing roots, salal, red huckleberry, licorice ferns, moss.

● Fishing and boating launches from Grice Bay, and several charters from Tofino and Ucluelet offer

# Destination: Pacific Rim National Park

## PACIFIC RIM NATIONAL PARK AREA



fishing, scuba diving, sight-seeing and whale watching close-up. An air charter company finds the remotest islands and coves outside the park boundaries.

● Resorts, campgrounds, hotels and motels offer accommodation in and around Tofino and Ucluelet. In the busy tourist season it is wise to call ahead for reservations. Within the park, Greenpoint, a semi-serviced campground, and Schooner Cove, a primitive site, offer spaces on a first come first serve basis.

● To save travellers time and trouble, staff at the information centre inside the park's boundaries have a hot line on camping vacancies and happenings.

### LIKE CRUSOE

● The Broken Group, a hundred magical rocks and islands, can be reached only by private or charter boat. Easiest access is from Bamfield, Toquart Bay, Ucluelet or Port Alberni.

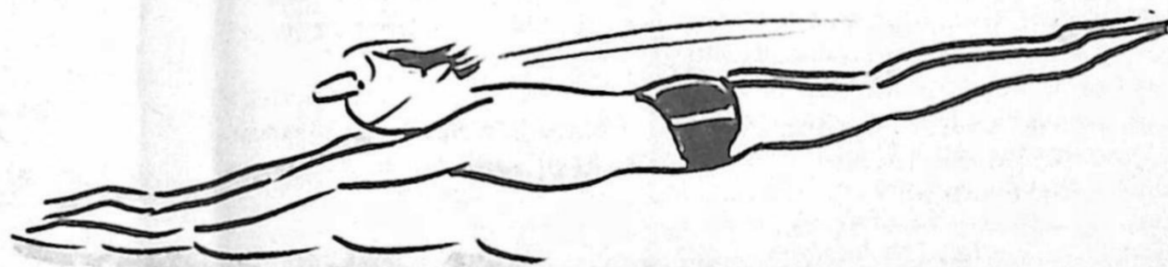
Primitive campsites offer sanctuary on Gilbert, Hand, Willis, Clarke, Benson, Turret and Gibraltar islands.

● M.V. Lady Rose, built in Scotland in 1937, makes scenic day-excursions from Port Alberni to Bamfield and Ucluelet on alternate days from June to September 30, and drops kayakers off amidst the Broken Group.

● West Coast Trail: winds 72 km alongside the "graveyard of the Pacific" from Pachena Bay, near Bamfield, to Port Renfrew. Stamina and backpacking skills are essential on this former life-saving trail for shipwrecked sailors. A 90 km gravel road leads to Pachena Bay from Port Alberni. It should take from five to eight days to complete the trek.

● For more information on Pacific Rim National Park write to: The Superintendent, Pacific Rim National Park, Box 280, Ucluelet, B.C., V0R 3A0.

This is a Tourism British Columbia travel feature.



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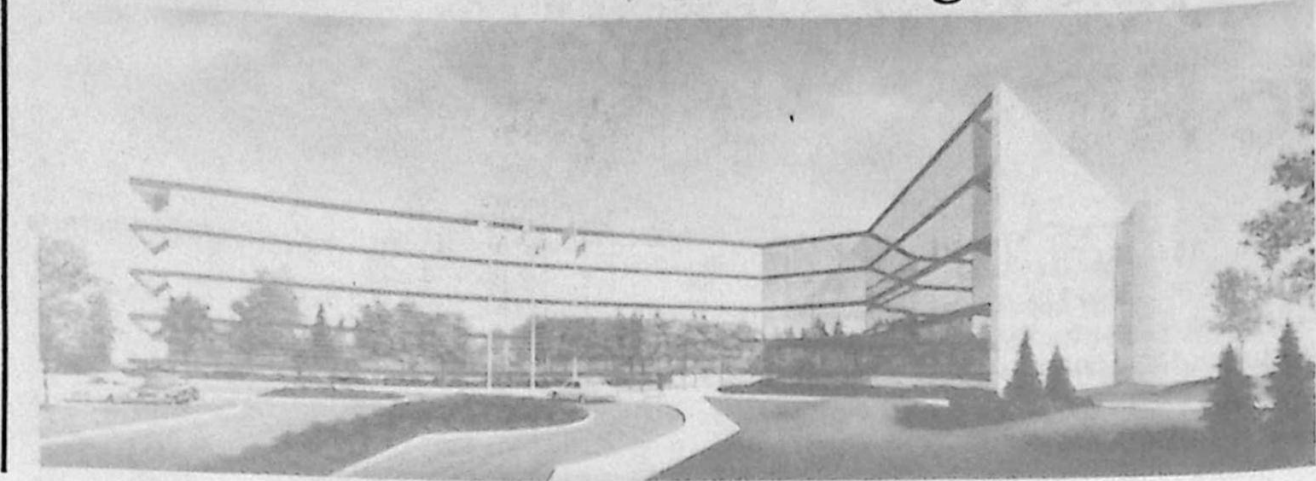
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# Around & About

## Name This Building



Shown above is an artist's rendering of the new Air Command Headquarters building now under construction at Canadian Forces Base Winnipeg. Current schedules forecast completion and occupancy early in 1986. Air Command Headquarters is giving consideration to naming the new structure, possibly in commemoration of an individual with relevant historical Air Force significance and accordingly is soliciting proposals. Canadian Forces Administration Order 29-2 (available through most base or unit orderly rooms) details the naming of works and buildings - the essential elements are repeated below for reference:

**The use of personal names is restricted to:**

- a. living or deceased members of the Royal Family;
- b. living or deceased former Governors General of Canada; or
- c. deceased distinguished persons.

**The use of other than personal names may be based on:**

- a. events well known by the achievements of the Canadian Forces;
- b. subjects of historical interest; or
- c. locations, emblems, etc, well known to or connected with the Canadian Forces.

**Proposals should include the following particulars in sufficient detail:**

- a. name of the subject or person selected;
- b. reasons for the selection;
- c. a brief description of the subject or a biography of the selected person; and
- d. the name and address of the next of kin or surviving relative if the person selected is a deceased distinguished person. (Next of kin would be the spouse of the deceased, or if there is no spouse, an adult child or grandchild, or a parent, brother or sister.)

The deadline for submissions is 16 Aug 85. Submissions should be forwarded to:

Air Command Headquarters                      Attention: SSO AT/SAR  
Westwin, Manitoba  
R2R 0T0

Additional information can be obtained by writing the above address or by phone to (204) 895-5198.

## Minister of National Defence Comments on 40th Anniversary of D-Day

Mr. Speaker -- it was only nine days after the invasion of Poland that this House of Commons 45 years ago, without a single dissenting voice, declared war on the totalitarian state that brought it about. Before it was over there were 57 countries around the world involved on one side or the other.

A mobilization was seen here at home in Canada, the like of which has never been seen before in that kind of cause and hopefully will never be seen again. A navy was created in 1910 which, because of the foresight of the planners of the early twenties and thirties, was ready to go to meet the crisis at once and grew to be the third largest navy in the world; and air force was created in 1924 that was the scene of one of the greatest air training plans that the world has ever seen, turning out pilots from every Commonwealth country and others that were engaged in that conflict; we had an army whose roots reached deep into the past history of this country.

Today, ironically, as we move into this period of reconciliation that the Prime Minister (Mr. Mulroney) spoke of, we have now as our staunch allies those who were enemies during that conflict 40 years ago.

If the House might permit me for a moment to focus on some of the words of the Prime Minister with respect to the reason for Canadians going to war, there appears to be an impression in some quarters that those who left their farms and factories, their books and their futures in 1939, 1940 and after, had no clear idea what they were fighting for. I want to tell you, Sir, that was not the case. You do not mobilize millions of men and women in a cause in free countries around the world without a very powerful motivation. Most of us knew precisely what we were fighting for.

As the Prime Minister mentioned, there are men and women in this house who served. The present Minister of Veterans Affairs (Mr.

Hees) is in Europe today participating in the commemorative services there to mark this occasion. The distinguished Member for Burlington (Mr. Kempling) and the Hon. Member for Qu'Appelle-Moose Mountain (Mr. Hamilton), who sit with us today, knew exactly what they were fighting for. Nor can we forget the role that was played by 50,000 women and the hundreds of thousands of Canadians who contributed as effectively and as fully on the home front as those of us who were there.

To say that those who took part in this tremendous conflict, this tremendous outpouring of blood and resources that was the Second World War, did not have a clear idea of what it was about is to betray that for which they fought: the right to choose our own form of government, the right to free expression, the right to reject a form of government and philosophy that was anti-human and anti-democratic. We were aware of the anti-Semitic foundation of Hitler's philosophy but we were not aware, as we could not be, of the inhuman and lunatic extent to which those philosophies were pursued.

The Holocaust to which the Prime Minister referred, that crime against humanity, could only be possible in a totalitarian state where the truth was kept from the people. At that time we perceived very dimly, it is true, the face of totalitarianism in the face of Nazism, but we perceived that neither could live in a world where freedom was cherished. The concept of freedom is based on an appreciation of the human personality.

Over vast regions of the earth today and throughout widely separated parts of the world, humanity is subjected to indignities and horrors which reveal that totalitarianism, the subjugation of the individual by the state, still lives and breathes. In police states where freedom depends on the colour of skin or racial origin, totalitarianism

continues to hold sway. We fought in those days to push back the creeping incubus of totalitarianism and the crushing out of the human spirit. Since the end of the war in 1945, this day 40 years ago, it has been creeping forward. That is what the war then was about and that is why young Canadians went out to serve.

Last month during my visit to Europe to discuss NATO affairs, I could not help but remember the magnitude and magnificence of the effort made by those committed to the concept of freedom, by those committed in the conviction that totalitarianism has no place in any free society.

So yes, Mr. Speaker, it was worth doing. To remember that is something that we owe to the members of that generation whose like we shall not soon see again. They went out with a smile on their lips to face death in a multitude of forms. They went out because they wanted a world in which Children could play on the lawn of parliament Hill and in which the divine spark of creation in every human being was respected. They went out because freedoms were at stake.

Those freedoms cannot be taken for granted. Every diligence is required by all Canadian in order to ensure the maintenance of their continued existence. It should be the dedication of all Canadians, not just that of those who lived and acted in those days, to show how easily the tragedy of war can be prevented, as World War II could have been prevented, and how the malice of the wicked is reinforced by the weakness of the virtuous, as was the case then and as should not be repeated.

We remember 40 years ago. We remember those who made possible our existence as we should be straining and are straining with every fibre of our being to see that war does not happen again.



Col Kadonoff, BComd, cuts the ribbon to officially open the DIAC Training Centre. LCol Rodgers, CO 407 Squadron, watches intently in the event that he may have to preside at a similar ceremony in the future.



Rumour has it that this moped was seen travelling west-bound in the ditch on Prichard!!! Since then, this optional stabilizing system was added.



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## THINK SUMMER



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**HOLY COMMUNION:** First Sunday of the month.  
**SUNDAY SCHOOL:** From September - May for all children from age three to fourteen.  
**JUNIOR/SENIOR CHOIR:** Commencing in September.  
**LADIES GUILD:** Meets once monthly September - June.  
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**MASS SCHEDULE HOURS:** Saturday - 1900 hours.  
 Sunday - 1000 hours.  
 Week Days - 0900 hours.

**BAPTISMS & MARRIAGES:** By appointment - notice well in advance please.

**CATHOLIC WOMEN'S LEAGUE:** Second Tuesday of the month in Parish Hall, preceded by Mass in the Chapel at 7:30 p.m. (No meetings during July/August). President: Mrs. Edna Sinclair, telephone: 339-6883.

**PARISH COUNCIL:** Second Wednesday/month at 1300 hours in Parish Hall.

**CATECHISM CLASSES:** From September - May in the PMQ School at 1830 hours.

## CFB COMOX MILITARY CHRISTIAN FELLOWSHIP



Meetings held from Monday to Thursday from 1130 - 1230 hours in the R.C. Parish Hall next to the Tennis Courts.

## Officers' Wives Club



My how time has flown! It seems like the year has just begun, and already our last function is over. The 52 people who attended our May 15 Wind-up Dinner, were served a wonderful array of beef stroganoff, seafood casserole, salads, pickles, cheeses, baked alaska and wine. The raffle - 4 long stem wine goblets, was won by a very pleased Sharon Smith. Heather Rogers took home the door prize, a lovely butterfly pin. Farewells were made to the following people who were also presented with spoons from the OWC. Fran Al-Molky is off to Trenton; Kathy Brown is posted to Winnipeg; Jane-Marie Cherwonick is leaving for Greenwood; Julie James is moving to Halifax; Jaquie Kummel is going to Greenwood; Linda Merkel is posted to Goose Bay; Pam Holbrook is off to Summerside; Sharon Smith is moving to Chatham; Tish Tessier is going to Portage; Alvera Dubois is posted to Greenwood; Janet Hickford is off to Halifax; Nancy Nunnkhoven leaves for Victoria; Eleanor Mack is moving to Greenwood, and June Stewart is posted to Trenton. All the best ladies from the Comox OWC. A gift was presented to President Pam Holbrook by Vice-President Eleanor Duguid.

Elections were held the same night and you newly appointed executive consists of Susan Terfine - President; Nan Clarke - Vice-President; Diane Harrison - Secretary; Robin Macauley - Treasurer; Barb Vermette - Food and Publicity (ambitious lady!); Tammy Brabant - Welcoming, and Laurie Murray - Phoning.

This being my last article I feel it would be appropriate to thank the old executive for a job well done. We worked hard, we worked together and all in all, it was an enjoyable experience. So, Pam, Eleanor, Linda, Barb, Sharon, Donna, Laurel, Irene, Marie and Andrea - Thank you ladies, and give yourselves a pat on the back.

Note that publicity for OWC resumes in September, so start watching then for details on next years club.

Last, but not least, we are still waiting to hear from Linda Merkel our Treasurer, who is now a fair bit overdue. As this is our last chance to congratulate you, we send our "be-earlied" congrats on the forthcoming arrival of your little one. Hope it is soon!

Thank you for having read these articles, I hope they have been of some service to you.

Sincerely, A.C.

## AERIAL SPRAYING IN COURTENAY

The Department of Agriculture will be carrying out an aerial spray in the Town of Courtenay on the morning of 4 June 1985 for the control of Gypsy Moth larvae. Spraying will commence at 0530 hours.

The product being used may elicit allergic reactions from some people who have severe allergies.

The area within the following boundaries in the Town of Courtenay is the area being sprayed:

- a. Northern Boundary - 17th Street;
- b. Southern Boundary - 26th Street;
- c. Eastern Boundary - Courtenay River; and
- d. Western Boundary - Kilpatrick Avenue, Dogwood Drive along 19th Street and up Grieve Avenue to 17th Street.

It is recommended that base personnel living within the boundaries of the area to be sprayed (as outlined in para 3) and for four hundred yards outside of these boundaries sleep with their windows closed on the night of the 3rd and the morning of the 4th June, 1985.

(In case of rainy or windy weather it will be carried out the following day June 5 1985)

A.M. Steele, Maj  
BSurg 2267

## Across my kitchen table

by Rosemary Gibson



It's that time of year again. Time to face the fact that, if I'm going to swim, (and I love to swim), I'm going to be seen in a bathing suit. When I was younger, that thought was actually quite pleasant. Now, panic sets in. Out come my diet books. I step up my exercises. I try to add a three mile walk each day to my exercise program. Getting into shape takes time and effort: it isn't easy. I'm not interested in building muscles or becoming a skilled athlete -- but, oh, how I long to look passable in my bathing suit!

A friend in Vancouver sent this poem to me. I think it's kind of cute.

### MIXED Up In The Head

Just a line to say I'm living,  
 That I'm not among the dead.  
 Though I'm getting more forgetful,  
 And more mixed up in the head.  
 For sometimes I can't remember  
 When I stand at the foot of the stair,  
 If I must go up for something,  
 Or if I've just come down from there.  
 And before the fridge so often  
 My poor mind is full of doubt.  
 Have I just put food away,  
 Or have I come to take some out?  
 And there's times when it's dark out  
 With my night cap on my head  
 I don't know if I'm retiring  
 Or just getting out of bed.  
 So if it's my turn to write you,  
 There's no need in getting sore.  
 I may think that I have written  
 And I don't want to be a bore.  
 So remember that I do love you  
 And wish that you were here.  
 But now it's nearly mail time  
 So I must say goodbye my dear.  
 Here I stand beside the mail box  
 With a face so very red.  
 Instead of mailing you my letter,  
 I have opened it instead.

Now this recipe is not for dieters, but the rest of the family will love you for it.

### APRICOT SMOOCH

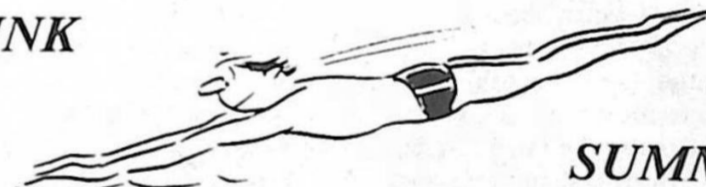
**Ingredients:**  
 1/2 cup crushed vanilla wafers  
 1/2 cup soft butter or margarine  
 1/2 cup icing sugar  
 1 egg, beaten  
 1/4 teaspoon vanilla extract  
 1/2 teaspoon almond extract  
 3 small tins or jars "junior" baby strained apricots  
 1 cup whipping cream

**Method/**  
 Grease 8" x 8" baking dish.  
 Place 1/4 of the crumbs in dish.  
 Beat butter and icing sugar together. Add egg, vanilla and almond extracts and spread over crumbs. Cover with the apricots.  
 Whip cream until stiff. Spread over apricots. Sprinkle with remaining crumbs. Chill at least 4 hours before serving.

**HINT:**  
 Ouch-free adhesive bandage removal:  
 Apply baby oil over the tape first.

**THOUGHT FOR TODAY:**  
 Heard at our family reunion:  
 "Better over the hill than under it!"

## THINK



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REGIONAL GUILD CONFERENCE  
 ST. MICHAEL & ALL ANGELS CHAPEL, CFB COMOX

The first Regional Conference of Protestant Chapel Ladies' Guilds was held April 12, 13, 14 at St Michael & All Angels Protestant Chapel at CFB Comox. Delegates came from CFB Esquimalt, CFB Chilliwack, CFS Holberg and CFS Masset. Marg Walker, the National President and Ethel Probert, the National Secretary came from CFB Trenton to help establish and keep flowing the feeling of continuity as other Regional Conferences continue throughout the year.

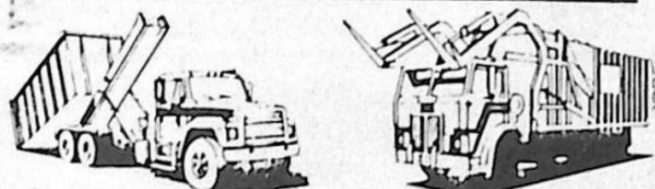
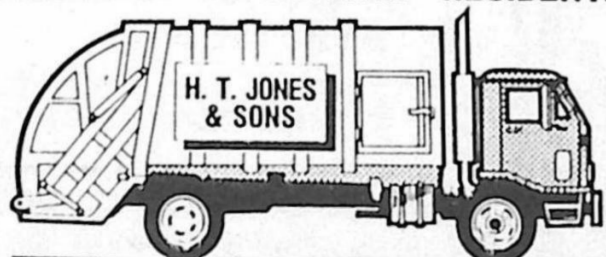
The theme of JOY was very appropriately, interestingly and most sincerely interpreted by our guest speakers: Sister Mary Carmen, Director of Pastoral Care at St. Joseph's Hospital; Mrs. Susan Bristo, wife of Pastor R. Bristo of Cumberland United Church and Mrs. Beth Nicholson, St. Peter's Anglican Church. Fellowship and friendships must be cultivated and through the joint efforts of Padre Prowse and Padre Risch, the ladies at the Conference were continually encouraged to share fully in this first-time Regional Conference experience.

**Row 1 -** Sue Sommerville, Ethel Probert, Marg Walker, Gay Gray, Joyce Brown, Marie Strilesky.

**Row 2 -** Heather Doucet, Leslie Alkenbrock, Deidre Risch, Iola Ingersoll, Diane Harrison, Darlene MacDonald, Rose Taylor, Trish Monaghan, Nancy Nunnkhoven, Geraldine DelFabro, Padre Bob Risch.

**Row 3 -** LCol D. Prowse, Betty Rees, Dolores Kincaid, Jean Murley, Ardith MacLean, Ceire Smith, Julie James, Nancy Melville, Georgia Johnson, Jan Yager.

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# Home & Family





**THE CATHOLIC WOMEN'S LEAGUE**

The incoming officers of Our Lady of the Airways, CFB Comox are installed during Mass at Our Lady of the Sacred Heart Chapel. Father Josef Dabrowski, Spiritual Director presided. *Left to right:* President Elect - Joyce Graitson; 1st Vice - Doreen Ronayne; 2nd Vice - Mary Ann Stagg; Secretary - Debbie Tinker; Treasurer - Nicole Gagne; Past President - Eva Schwab. Passing the light is President Edna Sinclair.



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**JIM PATTISON INDUSTRIES LTD.**  
CARRYING ON BUSINESS UNDER THE FIRM NAME AND STYLE OF AIRBC APPLICATION TO AMEND LICENCE NO. A.T.C. 3235/81 (NS)  
Under Licence No. A.T.C. 3235/81 (NS) Jim Pattison Industries Ltd. carrying on business under the firm name and style of AirBC is authorized to operate a Class 2 Regular Specific Point commercial air service, using fixed wing aircraft to transport persons, goods and mail serving the points Vancouver and Victoria, British Columbia.  
The Licensee has now applied to the Air Transport Committee for amendments to Licence No. A.T.C. 3235/81 (NS) to add the points (under docket 7679): Calgary, Alberta; Castlegar, Cranbrook, Kamloops, Kelowna and Penticton, British Columbia; and (under docket 7678): Comox, Sandspit and Smithers, British Columbia.  
Any person interested may intervene to support, oppose or modify the applications in accordance with the General Rules of the Canadian Transport Commission. An intervention, if made shall be filed not later than July 2, 1985, together with evidence that it has been duly served upon the applicant.  
On request to the Committee, further particulars of the applications and instructions on filing an Intervention in accordance with the General Rules of the Canadian Transport Commission will be provided.  
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Return this add and **SAVE 50<sup>00</sup>** on any one of the above appliances.

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| MAGNASONIC<br>14" COLOR TV<br>MCT 1405.....     | 499 <sup>97</sup><br><small>(ONE ONLY)</small> |
| SONY<br>14" COLOR TV<br>K1332.....              | 539 <sup>99</sup><br><small>(ONE ONLY)</small> |

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# Etc.

## Expo Update



Bennett of British Columbia. Within the Expo Centre's geodesic dome is Canada's first, and the world's largest, OMNIMAX Theatre. Three major exhibits, a restaurant and gift shop are also housed inside the 17-storey building. Adjacent to the Expo Centre are two restaurants, a bandstand and a gift shop.

"By unlocking the doors to this spectacular dome and its innovative shows and exhibits a year in advance, we are introducing a major element of this magnificent World Exposition," said Premier Bennett.

**Vancouver** -- Marching bands, pipers, multi-cultural dancers, daytime fireworks, a jet aircraft flypast and the release of 10,000 helium-filled balloons marked the opening of the Expo Centre - May 2, 1985, on the site of Vancouver, British Columbia, Canada's 1986 World Exposition.

In exactly one year, on May 2, 1986, from the opening of the Expo Centre, the gates of EXPO 86 open for what promises to be a 165-day international celebration.

To mark the occasion, the Expo Centre, a unique preview complex, was launched by Premier William

Joining the Premier from the official opening were Claude Richmond, B.C. Minister of Tourism/EXPO 86, Commissioner General Patrick Reid, Jim Pattison, Chairman of the Expo 86 Corporation, Michael Bartlett, President of EXPO 86 and Michael Harcourt, Mayor of Vancouver.

On hand as honoured guests were U.S. astronaut Dr. Joseph P. Allen, Canadian astronaut Dr. Robert B. Thirsk and Canadian celebrities Pierre Berton, author and broadcaster; Gordon Pinsent, actor and playwright; Debbie Brill, world champion high jumper and

Sylvie Bernier, Olympic Gold Medal high diver.

E.R.I. (Ted) Allan, O.B.E., Chairman of the College of Commissioners General and Thomas Ronneng, Consul General and Dean of the Consular Corps, Norway, were also in attendance.

The Expo Centre, located at the eastern end of the False Creek site, is destined to be a major tourist draw during 1985 and one of the main attractions during the 1986 World Exposition.

A first in world exposition history, it forms part of an aggressive, year-long marketing campaign prior to the opening of EXPO 86.

Visitors to the Expo Centre will experience the OMNIMAX Theatre, the Futures Theatre and the Design 2000 exhibit hall at a price less than a movie. Tickets are \$4.50 for adults and \$2.25 for children and seniors. (A child is 6 to 12 years inclusive, senior is 65 years and over.) Children under 5 are admitted free of charge. Group rates are also available to groups of 20. Tickets can be purchased from EXPO INFO (604) 660-3976, by mail or at the gate.

## Hospital Bikers

Canada Health Day this year was held on 12 May, as this is Florence Nightingale's birthday. The theme for this year's celebrations was "Survey Your Health Needs". In keeping with this theme, the Base Hospital held a display at Canex on Saturday, 11 May, manned by Capt Threinen and Lts Carantes and Mitchell. Pamphlets were distributed to any passers-by.

In addition, five members of the hospital staff undertook vigorous training in order to bicycle from our Base Hospital to Base Hospital CFB Esquimalt. These were WO Dieser, MCpl Mayo, MCpl Jakielaszek, Pte Hodgins, and Pte

Stringfellow. Unfortunately String was unable to participate on the day of the trip. The trip served to publicize Canada Health Day on the Base and on the Island Highway. As a bonus, funds were raised to provide for patient comforts.

The crew got off to an early start with breakfast at the Hospital at 0600 hours; prepared by the Base Surgeon and Cpl Van Buskirk. With appetites sated and bellies full, these five got on their non-polluting, energy-efficient vehicles. They were nattily dressed in running shoes, ball caps and sweatshirts. Biking conditions were great.

Little traffic and beautiful weather contributed to a fast trip. They camped at Duncan for the night. The following morning the team arrived at CFB Esquimalt with only a minor mishap. Two of the members were involved in an accident merely 50 metres from the final goal. After a small reception provided by the Base Hospital in Esquimalt, they drove back to Comox. Many thanks are due Mr. Stevens, the trainer and participant in the trip.

Both events were successful. Thanks go to you, the people of this Base for the interest and support you gave.

## Indoor Barbequeing Dangerous

On a recent weekend, members of two families in Nanaimo were taken to the Emergency Department of the Nanaimo Hospital with symptoms suggestive of food poisoning. Some of the family members were suffering from severe headache and vomiting. Because of the severity of their symptoms, six persons were admitted to the hospital.

The Chief Public Health Inspector visited the home where the suspected food had been cooked in order to obtain food samples for laboratory investigation. At the same time the Senior Public Health

Nurse visited the Emergency Department to obtain additional information from the affected family members.

During the Course of his investigation the Public Health Inspector discovered that the cooking of the meat for the meal had been carried out in a hibachi located in the fireplace in the livingroom, and that charcoal briquettes had been used in the hibachi for cooking purposes. It was subsequently discovered that one family member had felt cold - because of this, the vent on the chimney had been

closed, so that all the fumes from the coals on the hibachi were concentrated in the room. Because of the lack of ventilation, the level of carbon monoxide gas, which is a product of burning charcoal briquettes, rose to a dangerous level. Had not the next door neighbour been alerted there could have been three fatalities. As usual, the response by the ambulance crews was rapid and efficient.

The public are to be warned that indoor barbequeing without adequate ventilation is dangerous and can result in death from carbon monoxide poisoning.

## Removal Benefits on Release

Governor-in-Council has approved the following new benefits for certain members who move to an intended place of residence (IPR) on retirement:

- Real estate and legal fees;
  - House hunting trip;
  - Reimbursement of rent or lease liability;
  - Rent in advance of a move; and
  - Interim lodgings, meals and incidental expenses for up to and including two days after the new residence is occupied.
- These are over and above the normal entitlements that now apply to IPR moves.
- Unfortunately, the following were not approved:
- Posting allowance;
  - Mortgage early repayment penalty;
  - Mortgage interest paydown;
  - Mortgage interest differential; and
  - Mortgage default insurance premiums.

The most important of these, posting allowance, will continue to be pursued in the future.

The new benefits only apply to people who retire with an unreduced repeat unreduced annuity. In other words, those who leave early and have a penalty applied to their annuity are not entitled. In addition, the following group has also been excluded:

- Members who are released on completion of an intermediate engagement at the "20/40 point" under the terms of OCPD or ORCDP whether they were offered an IPS and declined or were not offered an IPS and released at this point; and
- Members who accept an IPS and then request release one year or more before reaching retirement age which, for officers is defined in QR or O article 15.17; and for

other ranks, 25 years of service. Existing entitlements will, of course, continue to apply to personnel excluded from the new benefits.

The effective date of the new package was 14 March, 1985. This means that people who are still entitled or become entitled to a move to an IPR on or beyond that date will qualify. Those who completed their move to an IPR before 14 March, 1985 do not qualify.

Those who qualify are entitled reimbursement of real estate and legal fees provided they occupied the home sometime during their last posting. Cases that do not meet this criterion are to be submitted to NDHQ/DCBA for consideration.

Unfortunately, Treasury Board placed a restriction on house hunting trips to an IPR. These can only be approved centrally by NDHQ. While this restriction is irritating, you have my assurance that all reasonable requests will be approved. Please forward these to NDHQ/DCBA.

The new benefits other than a HHT apply to members who elect a local move as an IPR.

QR and O article 209.701 that covers these entitlements will be promulgated shortly. CFAO's will soon be amended to reflect these changes. In the interim please use refs A through E and this message as authority to approve changes. It is recognized, however, that the application of these benefits will raise questions pertaining to eligibility and other facets of the new package. Until the new regulations are promulgated and the system settles down, you are urged to refer such questions to NDHQ/DCBA. Advance copies of the revised CFAO's and a copy of QR and O 209.701 will be forwarded by separate letter to Command HQs for distribution to their bases, stations and units as appropriate.

## Upper Island Health Unit Public Notice

Effective May 27th, 1985 - The Comox Health Centre will operate from 8:00 a.m. - 12 noon and 1:00 p.m. - 4:30 p.m., Tuesday to Friday. On Mondays, an answering service will take telephone messages, including Telephone Device for the Desk (T.T.D.) calls.

## Upper Island Health Unit Notice To Public

Effective May 21, 1985 - Public Health Nurses Serving, Comox Area will be based in Upper Island Health Unit, 480 Cumberland Road, Courtenay. Child health conferences will continue at the Comox location, by appointment through Courtenay office. (334-3141)

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