



TOTEM TIMES



Vol. 27 No. 3 CFB COMOX TOTEM TIMES

THURSDAY February 7, 1985

Deadline is Monday, February 18, 1985

COST: PRICELESS

Flying Action...Hot and Heavy at Comox



Kerosene Kowboys in from 410 Sqn

The boys from 410 arrived with a "bang" last week. A dozen CF 18 Hornets from 410 Sqn in Cold Lake made the scene at Comox by performing a mass attack on the bases' vital targets.

The Kerosene Kowboys came in at 100 ft levels simulating the use of high drag bombs which would allow them to come in, drop, and get away very quickly before the base defence forces could react.

The rest of the week was filled with local flying activity. The CF18's used the inlets and coastline to simulate the Northern Nato scenario of Norwegian Fjords. Involved here was a lot of low level flying in the valleys and inlets.

Needless to say, the reappearance of the "Kerosene Burners" upset some of our fine civilian friends and noise complaints were processed with regularity. Many others however were buoyed by the fact that it was the "Sound of Freedom".



3PPCLI & 408 Tac Hel Sqn Combine

Chopper activity on the flight line has increased tremendously over the last couple of weeks as 408 Tac Hel Sqn from Edmonton flexed their wings.

The "whop whop" gang are here in support of the troops from 3PPCLI, who are undergoing some rigorous winter training up in them there hills.

The boys in brown are from 3 different Rifle Companies and are involved in snowshoe training, winter survival and of course winter tactical manoeuvres. All the action is taking place near Divers Lake above the Mount Washington ski resort.

The Tac Hel gang consist of 24 members including 8 pilots and 16 support techs. The CH135 Twin Huey provides tactical support for the rifle companies.

While here the guests are being housed at the lovely "Quadra Manor" - hey - What a treat!

Cartoonist Wanted

Low Pay

Lots of Encouragement

Contact Gord Kruger
Local 2289

The Fishwrappers'

"Quotable Quote"

Some minds are like concrete
All mixed up and permanently set.

.....And There Was Hockey Action Too



GETTING THINGS GOING....Base Commander Col Bob Kadonoff drops the first puck of the Pac Region Hockey Championships. Taking the ceremonial face-of are the team captains Rick Lawrence of 3PPCLI and Geatean Boudreault of the Fleet All Stars. The Fleet went on to post an upset victory over PPCLI in the first game.

Anciens Approved

The Chief of the Defence Staff has approved the formation of the Canadian Association of Anciens of the NATO Defence College on a national basis (1971).

Brigadier-General P.H.C. Carew will relinquish the appointment of President of the Canadian Association of Anciens of the NATO Defence College effective 31 January 1985.

The Chief of the Defence Staff has designated Colonel S.L. Kincaid to assume the appointment and duties of the President effective 01 February 1985.

CCWO To Visit



CWO R. Ouellette.

During his visit CWO Ouellette wishes to meet as many personnel as possible without adversely disrupting normal work routines. To accomplish this he will tour the base in company of the BWO making informal visits to as many work places as possible.

Personnel wishing a personal interview with the CCWO on any matter as outlined in CFAO 5 - 2, para 16(b) should contact the BWO at local 2278.

OPI for CWO Ouellette's visit is the BWO, CWO G. DellFabro. While in the area the CCWO will also visit Holberg - that spot of sunshine and glory on B.C.'s coast.

CWO R. Ouellette the Air Command Chief Warrant Officer will visit CFB Comox February 14 to 22.

We would like to say welcome to CWO Ouellette from all of us at CFB Comox.

Granddaughters Proud

Three granddaughters stood proudly as the mess kit decorations of Air Marshall W.A. Curtis were presented to the RCAF Museum at Canadian Forces Base Trenton. The presentation was made by Lieutenant-Colonel Wilfred Curtis, the Air Marshall's son, and Brigadier-General John Neroutsos, Commander of Air Reserve Group. The young ladies represent three branches of Air Marshall Curtis' family. Caroline Curtis is the daughter of Glen Curtis of Calgary; Danielle Curtis is the daughter of Wilfred Curtis of Toronto; and Rohnna Fleming is the daughter of the Air Marshall's daughter Jan of Vancouver.

All three young ladies are students at Queen's University in Kingston.

A Bastion of Defence

Diego Garcia

Diego Garcia - On a remote strip of coral in the Indian Ocean, a battalion of US naval engineers, the Seabees, has built a \$1 billion base to watch over the movements of Russia's warships and protect oil routes from the Persian Gulf.

Diego Garcia an island of rock, sand and palm trees, 14 miles long and shaped like a horseshoe, is owned by Britain but leased to Washington. It is being turned into a supply fortress for US carrier task groups and giant bombers.

Pentagon chiefs see the tiny atoll as one of the main bastions of Western defence in south east Asia. The project, begun in strict secrecy nine years ago, has now moved into its final phase.

Despite growing protests from Mauritius, which ceded Diego Garcia to Britain for \$6 million in 1965, and a strident anti-US campaign from other governments, Washington is determined to push on with the development, expanding it beyond the original plans because of the Soviet occupation of Afghanistan and the Gulf war.

A 12,000 ft runway has been laid to take B52 long-distance bombers, Galaxy transports and a squadron of Orion reconnaissance planes. A mile-long jetty, supported by seven miles of concrete-filled steel piles, will serve aircraft carriers.

Seventeen miles of roads, eight fuel tanks, warehouses, a radio station, air-conditioned barracks for 4,000 men, a club for naval ratings, a sports ground and pool are included in the construction.

"Fishwrapper" Exposed

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Section News

VU

33



FROM THE MAIN FLOOR

Here it is, time for news of the biggest little squadron on the Base. So here's the happenings of VU33.

The first bit of news is of a good nature. MCpl T. Livingstone is now Sgt Livingstone. Congratulations Tom, we knew that you'd be getting it, better on the arm than in the ear, right Tom?

It appears that Jenny has a great fondness for orange juice. But tell us Jenny, do you have to wear it?

Rob B. is back from his XG course. Sure hope you had an exciting time in Borden. We all know that you'll be able to supply all that new knowledge on our modern aircraft.

There's a certain MCpl on Two Crew who doesn't like being reminded about his old navy days. Tell us Pete, was the navy all that bad, or is it really true that seamen don't know which end is up?

The stories that I've heard about our hockey team don't seem to be all that bad. We're not doing as well as we did last year, but we're still in there slugging it out with the rest. All we have to do is to be able to survive some nicknames. I think

though that Glenn L.'s is a bit too long. Tell us Glenn, how did you get to be known as "Get Off The Ice If You Tired Litchfield"?

Well, beside the nickname, we're still proud of our hockey team. Keep up the good work guys, even though we're not there in body, we're behind you in spirit.

Valentine's Day is approaching guys, and if you want to do something nice for your sweet heart, then here it is. Our canteen is sponsoring a Valentine Dance on the 9th of February. The cost to you will only be what you drink, and I understand that the music will be pretty good. If you want more information, see your canteen rep.

Well, after writing this article for 2 years, it's time to move on and let another pen hit the paper. This pen will be controlled by Glenn L. We know Glenn that you'll do your best. But remember, we'll be expecting some pretty good stuff about maintenance.

So to all my faithful readers, I hope you all enjoyed my tidbits, 'cause I enjoyed writing them.

L.J.C.

Base Supply

Here we are again sending more peek-a-boo information to you out there about Supply.

The 'AIR' was thick with tension last week when the SAV Team arrived in Comox to inspect Supply, and making sure all the right procedures were being followed. Everything was up in the air and everyone was nervous about how they would look and act. In the end everything turned out well and word was received that Supply is congratulated for a *job well done*. Good work, Supply!

We wish Sgt Sears, MCpl Armstrong, MCpl Dew and Pte Middlebrook **Good Luck** at the Cold Lake Curling Bonspiel. Also to MCpl Mel Wilson who has left us to go to the East Coast for his Sea Environmental Course. He'll be in Halifax for three weeks and our sympathies to Suzie. Suzie, time passes quickly, and Mel will be back before you know it. Also, **Good Luck** to Clair Gagnon, who will be leaving us this Friday for her TQ5 Course in Borden.

Everything is settling back to normal now.

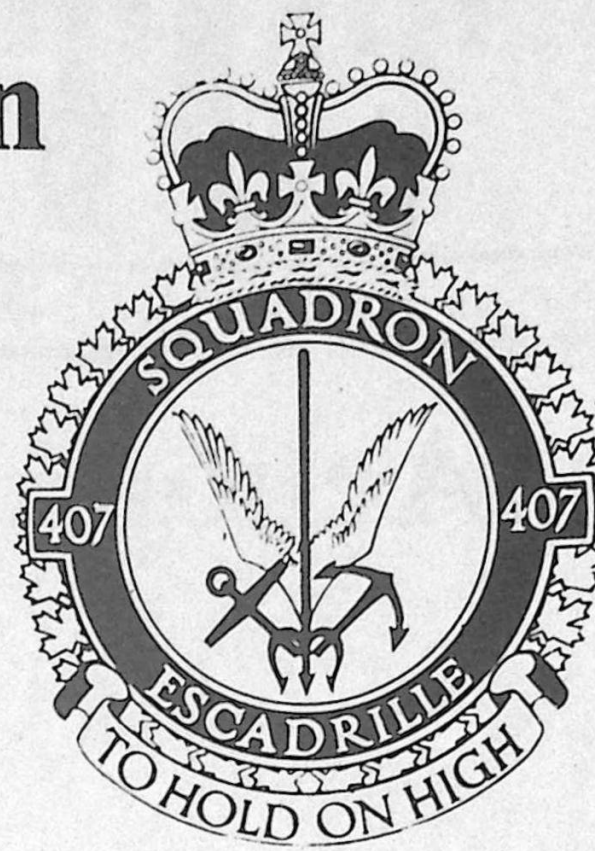
Some of our personnel are moving to new Sections or Groups so new faces will be seen in different areas. Someone was overheard to say, "Everyone's moving but ME . . .". These are words of experience and fate.

Now, Congratulations go to Dan Brown who has received his Cpl's rank. Understand this has come 7 months early. Also to MaryJo who is all flutter with love. Marriage is finally in the near future. Best wishes, it's really great, take it from me.

Look forward to CE's new roof which is planned for their compound and will be built in the near future.

Well, this is all the information anyone would give me. No one would say anything. Oh well, until next issue.

Demon



Doins

AIRCREW

Crews 3 and 6 have returned from a week in foggy California. The crews were at NAS Moffett participating in Readix 85-1.

While down there Crew 6 was forced to ask the musical question "Do you know the way to San Jose?" when every other airport in the area was WOXOF.

Crew 3's diversion to San Diego later in the week, also due to fog, unexpectedly produced Lt Chalmer's suitcase which had inadvertently travelled down there on the Crew 5 Subex trip. This is only the latest in a series of unplanned excursions for Adam's luggage which is rumoured to have more flight time than he does. It has been suggested that either he learn to travel lighter or adopt a better method of security, maybe handcuffing it to his wrist?

Despite all the weather difficulties several successful missions were undertaken. The sub-busters lived up to their name and Crew 6 was able to snare a sub as well.

Undoubtable most will remember the social function put together by the hosts, VP80, at the Moffett "Golf and Country" club. Crew 3 was well in evidence in their tailored T-shirts while Crew 6 introduced their hosts to a Diabolical hide and seek game with rolled newspapers called, cryptically enough, "Moriarty".

Crew 3 has easily captured "the most widely travelled crew for a one week detachment" award, having visited in San Diego, Moffett and even Comox for one night in the specified period of time. On the subject of awards, the "Golden Topol" award goes to Dennis Sawatsky who received bonus points for perseverance, one-upmanship and style. The "most interesting object purchased on the detachment" award was won by Lt Steve Phillips with his neon "Bud Light" light. Not just a light but a Bud light.

Of course, the Super Bowl was much in the news during the detachment, particularly as Palo Alto is less than twenty miles from Moffett. Needless to say no one had tickets but the next best thing (or perhaps better!) was a quiet (?) Sunday afternoon at the Cattlemans Club in front of the T.V., organized by the Det Comd, Major Hanson.

Everyone returned to sunny (by comparison) Comox on Friday the 25th, happy to be warm again.

Crew 2 is back from the OMS/FDS in Greenwood. They report lots of snow, ice, wind and the golf course closed.

A number of Lt to Capt Promotions were announced recently, the newly promoted Captains are: Byam, Deutsch, Ellis, Forbes, Harrison, Kirby, Phillips, Sharpe, Southern and Stecum. All are making plans to dispose of their new found wealth. Congratulations.

Rob Jenkins is back after finishing Staff School in Toronto. Bob Coulter is also back on the squadron after attending pilot training. Bob was a navigator on squadron for his first tour. Welcome back.

SAMO SECTION NEWS

SERVICING

Well, hello again, faithful readers. Well, the 3 Crew draft is in full swing at the start of the new season. Players Eva Lintner, Jeff Foley, Frank Nadon and highly touted prospect, Bob Saunders, all filed for free agency this year. Unfortunately, due to contract disputes all but Frank Nadon were traded to maintenance with the latter being sent to our minor league affiliate - 2 Crew. Crew unrest was kept in check by 3 Crew club owner, Ray Gregory's picks of Trevor Foss, Reg Levac, and Roy and June Campsall (same last names purely coincidental).

Steve Adamson was released by the league president early this week. When queried, Adamson replied, "I wasn't having the year everybody expected me to have and coupled with a recurring leg injury, well, I know I'd be cut." The 3 Crew team wishes Steve all the best with his next endeavor.

Part of the teams were on a few road trips this year, with the first team going to San Diego for three days and the second team touring NAS Moffett Field, California. The San Diego team came back with a servicability record of 2-0, while the team at Moffett were being flown in Saturday on the club's private airplane.

Seasoned veterans Scott and Yvonne Carruthers were delighted when Director of Player Personnel, Vic Sweeney, placed them on a week long course in Borden, Ontario.

Players are preparing themselves for a month long prestigious road trip to Australia in March to test our skills on an international level. The Australians's rough, aggressive gritty sub-hunter style will be playing in conjunction with VP407's quick, sleek methods of attack. The Comox team is well equipped for this international event, as they finished first in the '84 - '85 Canadian Conference and a highly respectful second place finish at the 1984 ASW World Series in Australia.

Well, that's all the news for now, so I'll sign off.

See ya.

ARMAMENT

Hello again! 407 Armt has been keeping very busy lately partially due to the SAMO's inspection. He seemed satisfied so I guess we passed.

And yes, once again, we have more people on courses. Welcome back to Pte Rooke and Pte Lapointe who have come back from a pre-POET course in sunny Greenwood and Cpl Colquhoun who was also there on his 04 Aurora course. So guys, hope you've enjoyed the nice white snow. Pte Wells has passed his TQ4 exam, good luck on your TQ5. MCpl Crepeau and Pte Mick spent a good TD at Moffett.

We've finally got it! Our spec pay which will be in effect on 1 February 85. Now some of us can enjoy our new income. So everybody is jumping at the chance of getting on a POET course. Good luck to those who will be on the future POET courses.

Soon changes will be made in the section. Everyone is wondering where they will be working next; either maintenance, servicing, torp shop, or a new posting. Hope everybody will be happy with their new position.

Well, that's all for now. So we'll see you in the next edition of the Totem Times.



VU33 with the help of two IFSU personnel serviced the CF18 Fleet while they were in Comox.

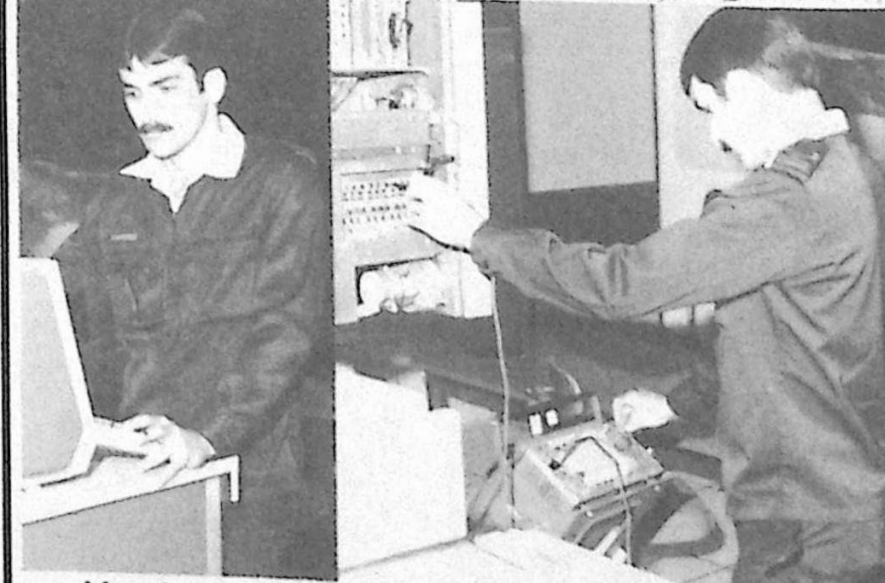
WHITE CANE WEEK

February 3 - 9, 1985



"Thanks Guys" Mr Donaldson (ie Capt (N) Ret'd) thanks Capt Jenkins & some of the crew after a recent Aurora trip. Mr Donaldson is doing a book on the Navys' 75 yrs of history and was along to gather information on long range coastal patrols. Also along for the ride were Capt Brown and Sgt Smith from the Victoria Regional office of Information.

VP407 Demon Tech of the Month



Meet Cpl Jean-Louis Cloutier, our VP 407 Demon Tech of the month for February. Jean-Louis is an Integral System Tech. He joined the CF at Montreal, Province Quebec in 1979 and was posted to Comox in August 1980 via CFB Borden. Jean-Louis not only repairs the equipment in Diac but instructs others as well. Jean-Louis is presently single and is a big fan of windsurfing and bicycling. However he would like to get transferred to the snowy east, or across the pond. Well done Jean Louis.

Section News

Tax Tips

TRY FOR ZERO IN THIS TEST.
BY THE Institute of Chartered Accountants of British Columbia

With tuition fees rising steeply, and the costs of books, living, and transportation getting more expensive every year, students need all the tax breaks they can get.

That makes it worthwhile for students to take advantage of what tax breaks are offered to help finance the increasing costs of education.

First of all, your tuition fees are deductible at income tax time, provided they exceed \$100 and are paid to a recognized educational institution.

If you are attending a recognized institution outside Canada, tuition fees are still deductible, as long as you are in attendance at the school for at least 13 weeks.

Did you receive a scholarship, fellowship or bursary to go to university this year? If you did, the first \$500 is tax-free. That means if you get a \$1,000 scholarship, you would only report \$500 as taxable income.

Don't forget that if you moved to attend university, you may be able to deduct moving expenses if you have moved at least 40 km. But you can only deduct those moving costs from wages, scholarships, or research grants earned at the university location.

And, similarly, if you move to take a summer job, you can deduct the moving expenses from the income you earn at that summer job.

Research grants are fully taxable. But you may deduct expenses such as books, travelling expenses, or equipment rental. Keep receipts on all your costs to help reduce taxable income further.

Full-time students may also claim \$50 per month for each whole or part month spent at a designated educational institution. Don't forget to get a validated T2202 form from your school to file with your return, because in most cases it means up to a \$500 tax deduction for you.

Now, if you still have net income you should take out an RRSP or an RHOSP. The money you put into such a plan will reduce your net income even further.

With a little luck it may be possible to reduce taxable income to zero. It's fairly easy if you follow all the tips outlined in this column.



UNCLE RONNIE WOVES 'EM ... Editor Ron Fisher guides the Comox District Kwah Nice Brownie Pack through a tour of the Totem Times Facilities. Here Ron is making the girls name tags for their personal belongings. The young ladies loved the tour and when it was over gave their special Thank You....TAWIT - TAWIT - TAWOOH!

Tax Tips

ARE YOU READY TO FILE?
by the Institute of Chartered Accountants of British Columbia

Your personalized tax return thumped through your mailbox some time ago. Now your employer has handed you your T4 slip, showing how much you earned last year.

You are amazed at all the income tax you paid in 1984. Are you going to get some of it back, or will you have to have to pay more?

That's the intriguing question that millions of Canadians attempt to answer at this time of the year. The only way you can find out how you stand is to complete your return.

But first, you have to assemble all your tools.

Have you got all your slips together on earnings? Most people receive employment income, but others gather in commissions or dividend income.

You should have a T3 slip if you have trust or investment income, a TFA1 slip for reporting family claimed properly.

allowance income, a T4A slip for pension income, a T4U slip reporting unemployment insurance benefits income, or a T5 slip which shows your investment income.

Your deductions are fairly straightforward. But you will need slips to claim contributions to an RRSP, RHOSP, or a charity.

If you paid union dues, you need a slip confirming that, as well as slips for medical expenses. If you're a student, you'll have to produce a slip for tuition fees if you want to claim them.

The tax guide provided with your return will tell you how much you can claim.

There are some more involved deductions for which you may need professional advice from a Chartered Accountant.

These would include such things as allowable business investment losses, capital gains deductions, or money transferred to a spouse, or gifts to Canada, or a province.

Alimony payments provide another deduction which has to be reported properly.

There are other factors that could affect your taxable income. These include forward averaging which you might want to consider if your earnings were higher than normal in 1984, grants, scholarships or bursaries, and political contributions, among other things. In simple terms, your taxable income on which you pay tax equals your total income minus all your deductions.

When you've got all the slips and information assembled on income and deductions then you're ready to see who comes out ahead, your government or you. Good luck.



Lend a hand... to clean our land

Keep Canada Beautiful

OFFICERS' MESS

Fridays, February 8, 15, 22

REGULAR TGIF

1600 - 1700 hrs. Food 1700 - 1800 hrs. Free Taxi - ask at Bar.

Wednesdays, February 13, 27

OFFICERS' WIVES CLUB BRIDGE

OWC: HEALTH AND FITNESS NIGHT

Wednesday, February 20

1930 for 2000 hrs.

Come on out and enjoy a double feature tonight. A display by Chrysalis Studio will be followed by a CPR demonstration. Buns, cold cuts and similar light snacks will be served and casual dress will be appropriate.



Saturday, February 23

MEDIEVAL NIGHT

A traditional Medieval feast, complete with King, Queen, Knights, Courtiers, Jester, and Ladies-in-waiting. Period costume is suggested. Feasting to begin at 1900 hrs followed by dancing at 2100 hrs.

Cost per couple: Members \$25.00,

Guests \$30.00.



Reservations to Mess Manager by noon 20 Feb. '85.

COMING EVENTS:

Mess Dinner - 29 March

REUNION
Medical Branches of Maritime Command Pacific RCN, RCAMC, RCAF, CFMS, for Serving and Retired members being held in Victoria, B.C., June 14th, 1985. For further information contact:
Mr. Bill Murray
Chairman
Pacific Command
Medical Services Reunion

THE WHITE CANE

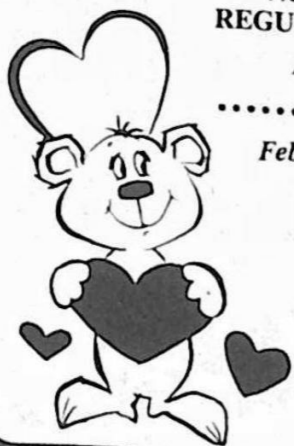
The white cane was first used to symbolize blindness in 1921 in Bristol, England, by a photographer, James Biggs, who had lost his own sight. He had such great success with the idea in his own district that he began to tell others about his discovery. He wrote to the mayors of all the cities in Britain, and eventually travelled to Australia and North America on a speaking tour. In Canada and the U.S. Rotary Clubs and then Lions Clubs took up his message and helped spread the meaning of the symbol throughout their communities.

In the 1930's, inventors produced different styles of cane, such as the flexible folding cane that many blind and visually impaired people now use, slipping it into an inside pocket or briefcase when not in use. Battery powered canes, wheel equipped versions, and now laser canes have made their appearance since. The simple long cane, however, remains the most widely used, and is recognized around the world as a signal that the carrier is visually impaired or blind.

WOs' - SGTs' MESS

THANK GOD IT'S FRIDAY

FOOD * GAMES
Relaxed Dress.
REGULAR TGIF: 1600 hours to 1900 hours.
Fridays, Feb 8, 15 and 22



Feb 16

-2000 hrs Wine and Cheese

-2100 hrs Valentines Dance with "The Country Club" Dance Band.
Cost with the wine and cheese - \$5.00/Couple

M. S. E. Driver Safety

What would you do??

You round a curve on a narrow two lane highway running 80 kph (50 mph) and suddenly you see a car ahead, half on and half off the roadway. There's a car coming from the opposite direction and not enough room for you to go between. There's an open gully on your right. What should you do?

- Grasp wheel firmly, hard brake, release brake and steer off the road into the gully.
- Grasp wheel firmly and hard brake.

Answer On Page 8

JR. RANKS' MESS

February 7 & 8*

MUG OUT.

Receive Oktoberfest mug free with admission while supplies last.
DJ AUDIO EXPRESS



February 14 & 15*

VALENTINES DANCE

Theme "Famous Couples". Eg: Romeo & Juliet; Anthony & Cleopatra; etc.
GREAT SPOT DANCE PRIZES!

February 21 & 22*

PUNKERS NIGHT -- DJ - NINE TONIGHT

Cash Prizes on Theme Nights

\$50⁰⁰ Cash - Best Costume
\$25⁰⁰ Cash - Second Best Costume
\$25⁰⁰ Cash - Door Prize

REMEMBER DJ'S ON THURSDAYS AND FRIDAYS

DJ'S THURSDAY 220 - 2400 hours
DJ's \$1.00 -- BANDS \$3.00 PER PERSON

SPORTS

TGIF

February 8 - DARTS; February 15 - EUCHRE
February 22 - CRIB
\$100.00 in CANEX Gift Certificates for prizes.

SUNDAY, MIXED TOURNAMENTS

February 10 - POOL; February 17 - EUCHRE
February 24 - CRIB

Sign up by 12:15 p.m. Games start at 12:30 p.m.
Entry fee - \$2.50. All money returned in cash prizes.

Editorial

Charity - New Reality

Charity - does it begin at home? You bet it does with all those door knockers and street corner appeals for everything from Medical Research to some do good environmentalist trying to save side hill gaugers.

But how about all your buddies trying to unload a raft of their kids raffle tickets on you - or that ever present United Way appeal that some young upstart junior officer keeps hounding you about.

Now we are even being inundated with TV images of starving African children staring at you with bulging bellies and empty eyes - that ever present toll free number forever front and centre on the screen.

Fact of the matter is that everywhere we turn in this affluent country we are confronted with the open palm. Rumour has it that in excess of 46,000 official Canadian charities are registered with the income tax people at last count. That's a lot of people looking to have a piece of yours and my paycheque.

And we are givers! British Columbians gave in excess of 175 million dollars last year. That works out to about \$64. for every man, woman and child in the province.

Its actually quite amazing the way things happen. In good times people are doing well and feel good about themselves. If others are in need people feel obligated to give, as if they had something to do about the plight of others.

However there is an extension to all of this. During our present hard times for instance we tend to feel that people even worse off than we got there through no fault of their own. People just tend to be warm hearted to the guy who isn't working and trying to get by.

Lets face it - Charity is big business and it has become a public business, no longer a preserve of the wealthy and the church. Its all around us and as times continue to be tough it no doubt will grow in size. The potential for growth is enormous.

Complacency

Complacency - More than just eleven members of the alphabet rolled into one. It co-exists it seems with our much needed contributors from time to time.

The old Fishwrapper needs you - not just when the spirit moves you but for each and every issue.

A small but dedicated band of volunteers spend countless hours in preparation each issue and without the "regular"

donations from you, the paper can become nothing more than something to put vegetable peels in.

We at the Totem Times thrive on your input. People tell us occasionally what they would like to see - thats great, but how about some follow up.

Regularity beats the heck out of constipation! So be regular people - be regular.

We Luv Our Contributors

The Totem Times Staff

TOTEM TIMES

Published every second Thursday, with the kind permission of Colonel Kadonoff, Base Commander, CFB Comox.

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Printed in Courtenay, B.C., by the Comox District Free Press



Small Business....

The Forgotten Sector

Karen Sanford MLA

British Columbia's restraint-laden economy has been sliding backward since 1980. Richard McAlary, chief economist for the B.C. Central Credit Union, pointed out recently that retail sales in B.C. declined in 1984 for the fourth consecutive year.

There is not much doubt that the small business community has paid a heavy price for Socred-style restraint. Business bankruptcies in B.C. continue to increase while business conditions improve in the rest of Canada and North America.

The problems of small business need prompt attention. B.C. New Democrats have been urging the finance minister and the Social Credit government to act immediately in formulating ways of stimulating small business in a joint, non-partisan effort.

The major tax increases imposed by Social Credit -- especially income tax and sales tax increased in the past two years -- have left people with fewer dollars to spend. The high tax burden carried by small business should be recognized as well.

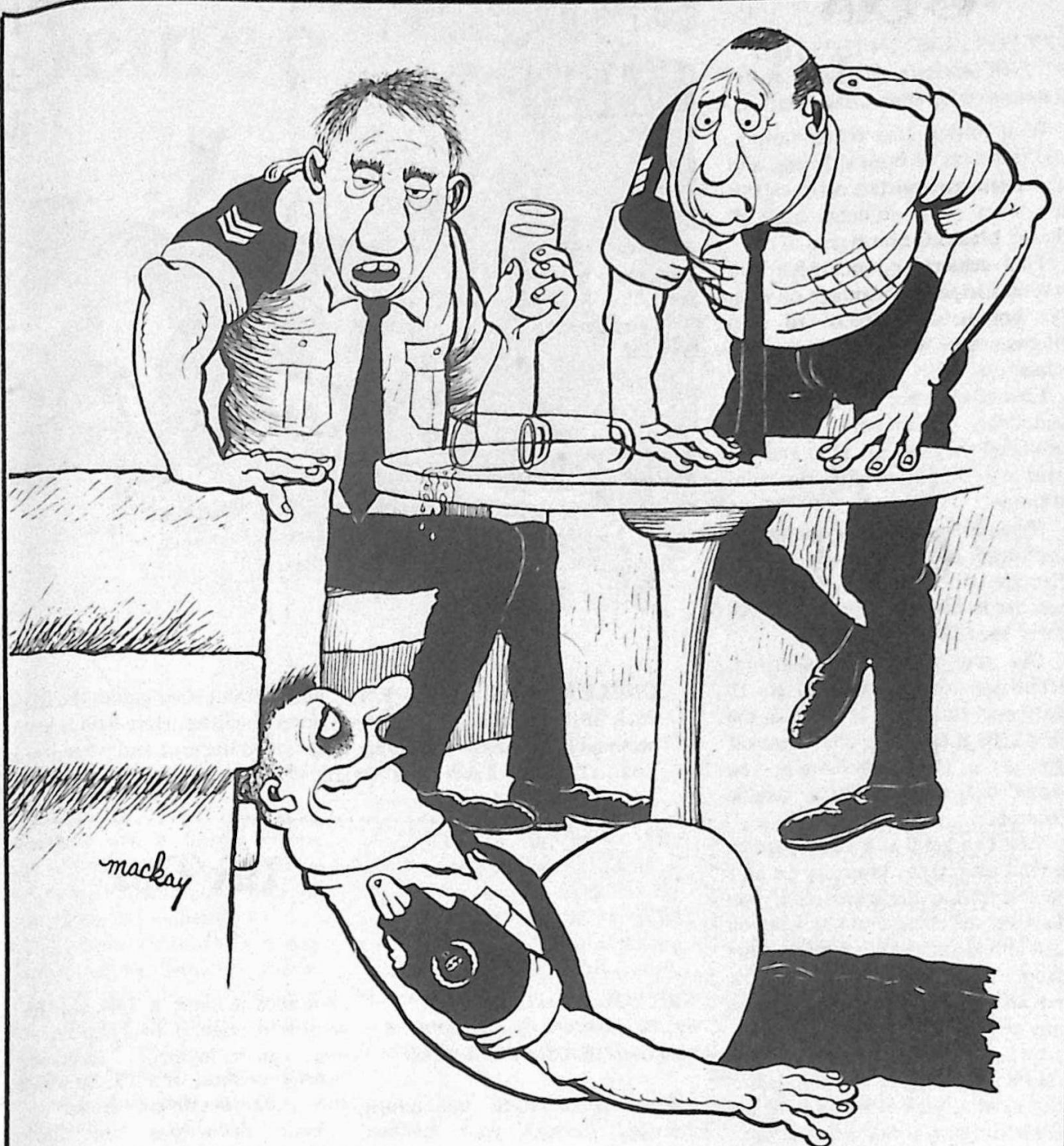
New Democrats have suggested tax credits be available in recognition especially of the high payroll cost born by small business, in the hope of promoting more hiring. Also, tax reforms to extend the benefit of the small business tax rate to smaller firms such as proprietorships and unincorporated partnerships. We have suggested property improvements grants to avoid extra taxation on businesses who invest in expanding their operations. Furthermore, we proposed re-introducing direct lending programs such as L.I.F.T., which was introduced shortly before the 1983 provincial election -- and quietly eliminated a few weeks later.

Law Week '85

This year the Law Week '85 committee of the BC Branch of the Canadian Bar Association is preparing for the best show ever.

Last year the Second Annual Open House at the Law Courts in Vancouver drew close to 10,000 people...this year promises to draw even more.

Sunday, April 14th will be the official opening of the celebrations of Law Week '85 with the Open House at the Law Courts in Vancouver. In addition to the very popular tours of the cells, mock trials, displays and presentations, this year programs designed specifically for younger children and new Canadians will be introduced. In conjunction with Open House, the Lawyers in the Schools program will be expanded to include many of the schools in the lower mainland; an extensive display on the Charter of Rights will be on view to the public at the Vancouver Public Library and the Third Annual Law Cup final debate involving many secondary schools will be held in the Great Hall on April 17th.

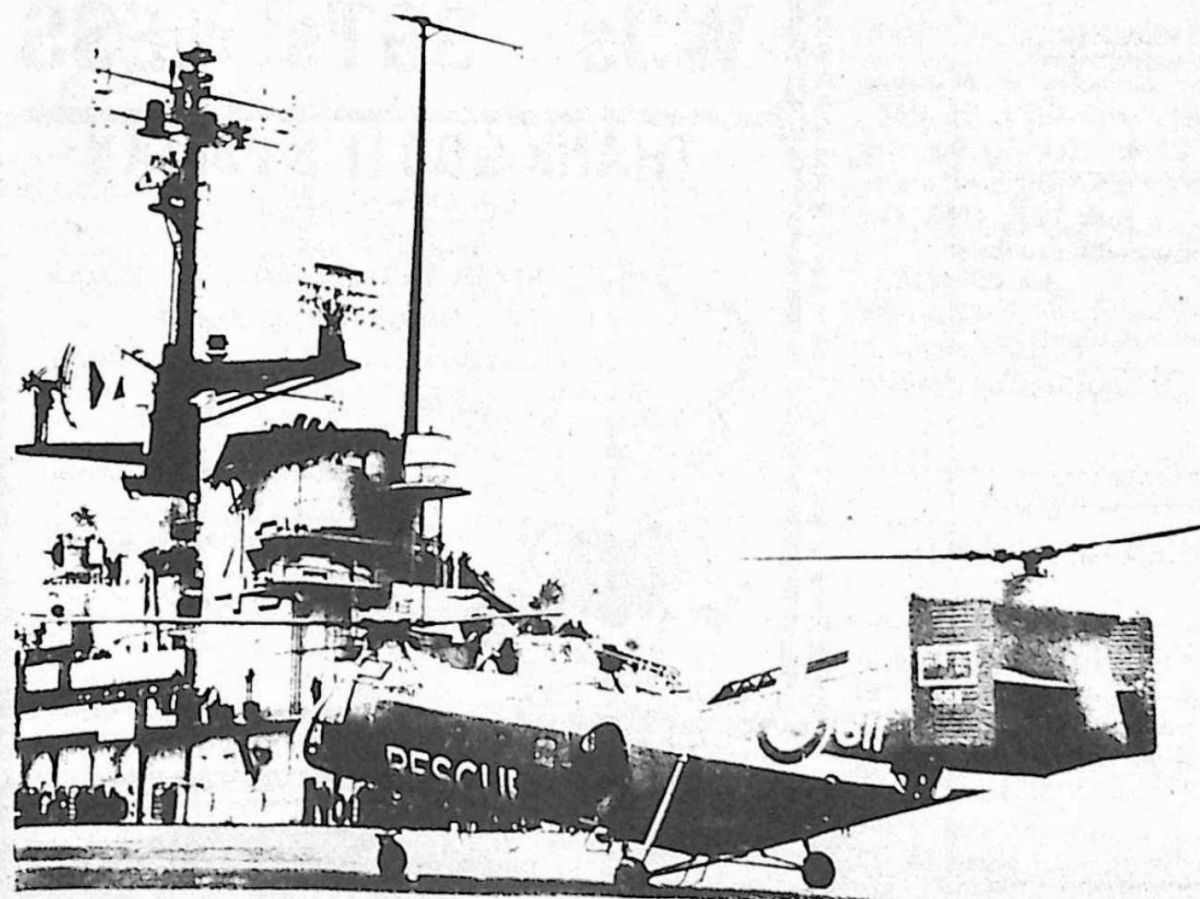


"I TRIED TO TELL HIM THAT T.G.I.F. DIDN'T STAND FOR 'TWO GALLONS IN FORTY-MINUTES!'"

Subsidized Booze.... Only a Memory Hereafter

Air Force Trivia

What? Where? Why? When?



Trivia answer

What: From Last Issue
Where:
Why:
When:

CF 104 from 439 Sqn Marville France with RAF Hurricane and RAF Spitfire

RAF Leuchars Scotland Tiger Squadron Meet 1966.

Next Totem Times Deadline - Monday, 24 February

A.F.V.C.

COMMUNIQUE URGENT

Communique Urgent

L'association Francophone de la Vallée de Comox est actuellement à la recherche de musiciens, chanteurs et accompagnateurs qui pourraient participer à l'élaboration et à la production d'un spectacle culturel qui aura lieu à la fin du mois de mars 85'. Les personnes intéressées doivent contacter M. Gaston Couturier à 339-5842.

ACTIVITE CULTURELLE

Activite Culturelle

Le 8 mars prochain, sera présentée une pièce de théâtre intitulée "l'Airport school" une pièce de théâtre intitulée le guignole en Amérique. Ce spectacle culturel s'adresse aux enfants de la première à la sixième année et est une production de la troupe "les farceurs". Souhaitons aux petits étudiants bien du plaisir lors de la présentation de la pièce.

NOTE

Note

Il est à noter que tout francophone et francophiles sont les bienvenus au local de notre association dont les heures d'ouverture sont du lundi au vendredi de 1300 hrs à 1430 hrs. Nous possédons divers livres français et un service de bibliothèque efficace. Or si vous avez le goût de lire en français, nous serons très heureux de vous satisfaire.

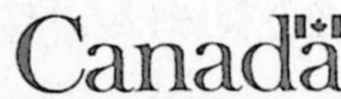
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CAMPBELL RIVER

Campbell River

Tel qu'annonce précédemment il y aura un spectacle humoristique intitulé "le showrire" qui sera présenté le 9 février 85 à North Island College de Campbell River et ce à 2000 hrs. Nous détenons encore quelques billets or si vous êtes intéressés contactez votre association à 338-6125.

NOTES SUR LE PATRIMOINE



La maison commémorative de Bethune

(NC) — Ce bel harmonium orne la maison commémorative de Bethune à Gravenhurst, en Ontario. Il s'agit de la maison natale du Dr Norman Bethune, chirurgien mondialement connu pour les innovations qu'il apportées à la chirurgie pulmonaire, et surtout pour sa participation en Chine à la guerre contre le Japon. La maison restaurée a été remeublée selon ce qu'on connaît des goûts et des moyens des Bethune, et même avec quelques articles qui leur ont appartenu. Pour plus d'information écrivez: Parcs Canada, Région de l'Ontario, 111, rue Water est, Cornwall, (Ontario) K6H6S3

LA PROCHAINE RÉUNION DU COMITÉ SERA JEUDI à 7:30 P.M.

Unclassified

<p>RIVERSIDE PARK RENT REDUCTIONS</p> <p>Does Your Rent Include?</p> <ul style="list-style-type: none"> —fridge, stove, dishwasher, washer and dryer in all 2 bedroom units —fireplaces and large balconies —1 1/2 baths with Jacuzzi tubs —saunas and exercise room —party room with wet bar and ping-pong —swimming pool —free cablevision —excellent view suites available —extra large suites —rents from \$380.00 <p>If not — PHONE: 338-7973</p> <p>"Best value for your rental dollar" CUSTOM PROPERTY MANAGEMENT LTD.</p>	<p>Be sure your home and belongings are properly insured. See —</p> <p>Bob Emmerson Nanaimo Realty Insurance Courtenay, and call 334-3124 or home 339-5259</p>	<p>BUILDING MATERIALS</p> <p>Lumber & Plywoods Panelling - Arborite Doors and Windows Builders Hardware - Tools, etc. Electrical and Plumbing Supplies Paints and Finishes Roofing - Siding Cement Department Truck Delivery Customer Financing</p>	<p>EW Courtenay</p> <p>TWO SHOWS EACH EVENING AT 7:00 p.m. & 9:00 p.m. OPEN 7 NIGHTS A WEEK</p> <p>Adults \$3.75, OAP \$1.75, Child \$1.75 - Theatre info: 337-5033</p>	<p>DO YOU WANT TO BUY? SELL? TRADE? RENT? THIS IS THE SPACE</p>
<p>ARRAN HOUSE</p> <p>SPACIOUS 1 & 2 BEDROOM APARTMENTS AVAILABLE NOW IN THIS NEARLY NEW BUILDING. SUITES ARE BRIGHT AND CLEAN AND INCLUDE LARGE FRIDGE AND STOVE AND ARE CLOSE TO TOWN.</p> <p>1 BEDROOM FROM \$320. 2 BEDROOM FROM \$345. (After Rebate)</p> <p>\$30 rebate on 1 bedroom \$60 rebate on 2 bedroom</p> <p>Call Gordon or Edna Brady at 338-1624</p> <p>Managed by West Coast Savings Real Estate Division Ltd.</p>	<p>Bates Beach Resort</p> <p>1 & 2 bedroom furnished apartments. Waterfront. Heat & Hydro included. From \$285.00. Call 334-2151 or 338-0501.</p>	<p>CENTRAL BUILDERS 610 Anderton Avenue Courtenay, B.C. Phone 334-4416</p>	<p>NOW SHOWING - Thursday, February 7</p> <p>TOME SELLECK RUNAWAY</p> <p>"Warning - Some violence, occasional very coarse language, swearing & nudity." - B.C. Director (MATURE)</p>	
<p>Moving to Ottawa? Contact me for the best information on Real Estate. Mike McDonald, Royal - LePage, 523 - 5500, 523 - 5997 (res.)</p>	<p>Dick's Quality Meats</p> <p>TWO LOCATIONS TO SERVE YOU BETTER.</p> <p>Farmers' Market Courtenay, 334-3200 and Comox - 339-3100</p>	<p>OPENS FRIDAY - February 8, 9, 10, 11, 12, 13, 14.</p> <p>SHOW TIMES: 6:45 p.m. & 9:15 p.m. dut to the length of this feature.</p> <p>DUNE</p> <p>"Warning - May frighten young Children. Some gory violence." - B.C. Director (MATURE)</p>	<p>WATCH YOUR LOCAL NEWSPAPER FOR THE NEXT EXCITING FILM FEATURES</p>	
<p>FARMER DAN'S 1745 Comox Avenue 339-4131</p> <p>Specializing in high quality fruits and vegetables. Open 7 days a week, 9-6. Every Wednesday is 10% discount day.</p>	<p>Complete line of Grade "A" Alberta beef, pork and poultry. Freezer orders of custom cutting our specialty. Every Wednesday 10% discount off counter prices.</p>	<p>Van Isle theatre CAMPBELL RIVER 287-3812 Ad. \$3.75, OAP \$1.75, Ch. \$1.75</p> <p>Two Shows Each Evenings at 7:00 p.m. & 9:00 p.m. Open 7 Nights a Week</p> <p>NEW SHOWTIMES: 7:15 p.m. & 9:15 p.m. to accommodate Quadra Island residents & Ferry Schedule</p> <p>Feb. 7 - "DUNE" (MATURE)</p> <p>Feb. 8 to 14 - "STARMAN" "Warning - Some Coarse language & swearing." - B.C. Director (MATURE)</p>		
<p>For sale: Semi waterfront - 4 tree'd lots. 1/2 acre. Little River, Comox. 20's. 731-1375 (Vancouver).</p> <p>CAKES: For all occasions. Birthday, weddings, anniversaries, parties. Any shape or style. Call 339-2170.</p>	<p>MR. MIKE'S</p> <p>COME AND GET A REAL MEAL</p> <p>Mon. - Sat.: 10 am - 9 pm Sunday: 12 noon - 8 pm</p> <p>EAT IN - TAKE OUT HAMBURGERS - NUGGETS FISH & CHIPS - COFFEE & TEA SOFT DRINKS - DESSERTS</p> <p>BROWNIES</p> <p>1743 COMOX AVE., COMOX 339-5222 fried chicken</p>			

Sports

Pac Region Hockey

The Competitors Have Gathered To Do Battle In Ye Old Glacier Gardens



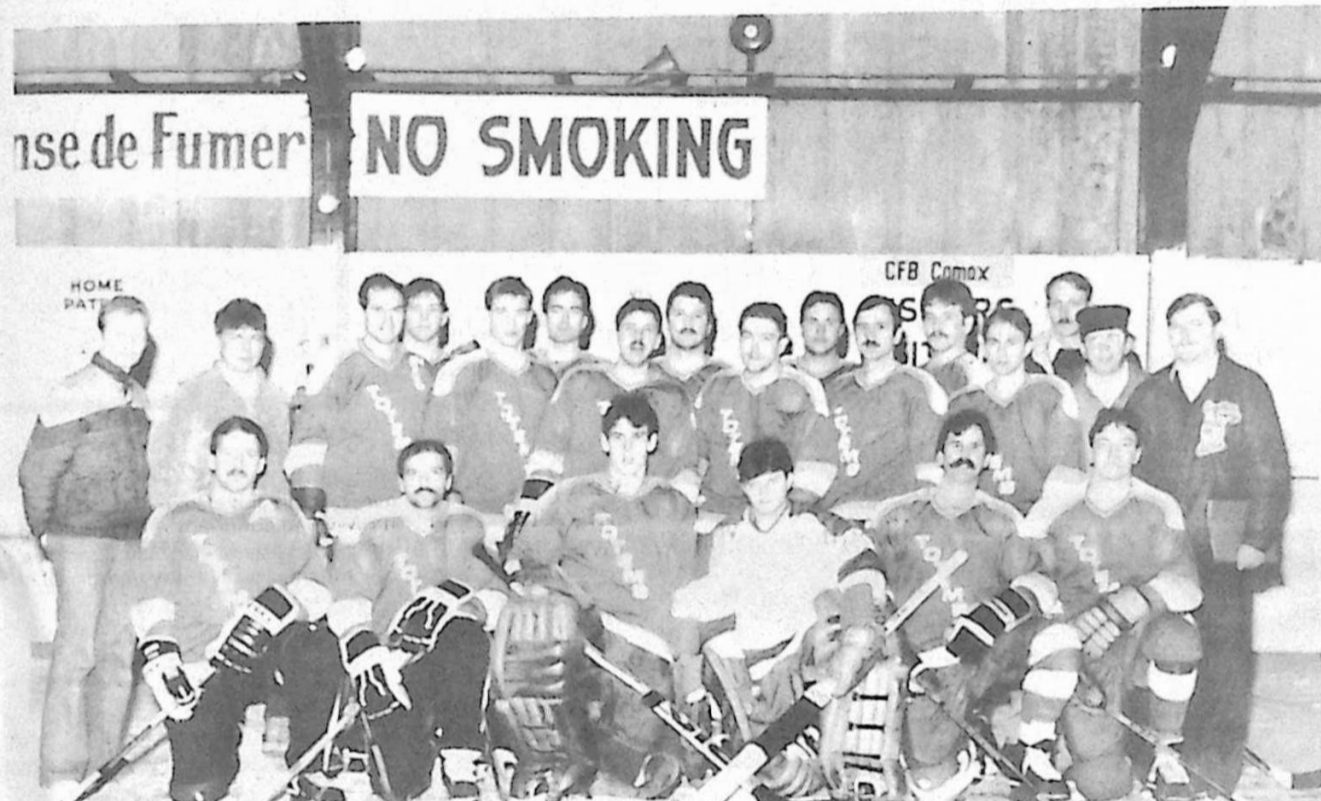
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Sports

CFB Comox Karate Club



The CFB Comox Karate Club is now underway. Chito Ryu, the style of karate being taught at this club is one of the most popular styles in Canada.

Karate is one of the best ways to get in good physical condition and maintaining this level of conditioning. Karate also offers one of the most effective methods of self defence known today.

The CFB Comox Karate Club is holding classes Mondays from 8:00 p.m. to 10:00 p.m. at the Base gym and Wednesdays and Fridays from 6:30 p.m. to 8:30 p.m. at the Airport Elementary School.

Registration is opened to everyone over 18 years of age with the first two workouts free.

Come out and try it, it's challenging and lots of fun.

ATTENTION GOLFERS

ANNUAL SPRING MEETING

Glacier Greens Golf Club
19:30 Hrs... Tuesday 19 Feb '85
At the Clubhouse

*All Members as well as All
Personnel & Dependents
Interested in taking up the sport are
Urged To Attend*

B.C. Winter Games

The Opening Ceremonies of the 1985 B.C. Winter Games will take place in Osoyoos at 7:00 p.m., February 28, with the Sports Events taking place over the next 3 days in both Osoyoos and Oliver.

Ladies B-Ball

Faster than a speeding bullet; more powerful than a locomotive, And able to leap two inches in a sing bound!
It's a bird, it's a plane, it's Superman!!—No!!!—It's the CFB Ladies Basketball Team!!

After getting off to a slow start, the ladies, losing their first four games on the first round of play, came to the conclusion that, yes: we can jump; — even more than two inches!! And yes!!, running does become easier with practice.

The Basketball Team is now in the second round of play, sitting with two wins and no losses! So let's go ladies!! Do it to it!!!

Basic Senior Soccer Referee Clinic

The British Columbia Soccer Association Referee Education Committee will be conducting a Basic Senior Referee clinic on the weekend of February 22nd, 23rd and 24th.

This course is available to candidates who wish to become qualified to referee at the Senior level.

Venue: B.C. Soccer Association, 6255 McKay Ave., Burnaby

Time: Friday February 22nd - 6:30 pm - 10:00

Saturday Feb. 23rd & Sunday Feb. 24th, 8:30 am - 4:00 pm

Fee: \$25.00

PRE-REGISTRATION IS ESSENTIAL AND MUST BE COMPLETED BY FEBRUARY 15th.

For more information and registration forms contact B.C. Soccer Association 6255 McKay Avenue, Burnaby, 430-6401.

Casual Bowling at Base Alleys every Sunday

from 1230 to 1600

and Thursday evenings

from 1730 to 1900

ON THURSDAY: 1900 to 2130 - ADULTS ONLY

COST

Adults - 80¢ per game

Children (18 years & under) - 45¢ per game

Yes, we have shoes!

REGISTER NOW

AT NORTH ISLAND COLLEGE

SPRING 1985 CATALOGUE NOW AVAILABLE

407 - 5TH ST., COURTENAY 338-7291

INTERSECTION HOCKEY

The intersection hockey league schedule is now completed with the following standings:

The play-off schedule will start Monday 11 February '85, with the following games.

	HOME		VISITOR
18:00 Hrs	442 Sqn	vs	MP/ATC (Winner)
19:25 Hrs	Devils	vs	Demons
21:05 Hrs	VU33	vs	Fire Hall/CE
22:30 Hrs	Bamtelo	vs	BTNO

N.B. The first round of the play-offs (Monday, 11 February '85) will be sudden death.

Good Luck To All Teams!

Final Standings

Team	Games Played	Wins	Losses	Ties	Points	Place
442 Sqn	18	11	3	4	26	1
BAMSO	18	12	4	2	26	2
VU33	18	11	6	1	23	3
407 Devil	18	9	9	0	18	4
RCMP	18	8	8	2	18	5
407 Demons	18	8	9	1	17	6
Fire Hall CE	18	8	9	1	17	7
BTnO	18	5	10	3	13	8
ATC	18	4	9	5	13	9
Security	18	3	12	3	9	10



HOW DOES IT FEEL TO HAVE A HEART ATTACK?

Frequently there is a sudden crushing pain beneath the breastbone. The pain may radiate to the left shoulder and arm, or to the right shoulder and arm, and up to the neck and jaws. It can last for several hours and may resist any attempts to relieve it. There is often shortness of breath, sweating and nausea, and in severe cases, it may be hard to breathe while lying flat, the skin may be cold and clammy, and person drowsy and confused. If a constricting chest pain lasts longer than 2 minutes, call an ambulance. Delay and denial of the attack's seriousness by the victim are the reasons why over half of those suffering from heart attacks die before reaching the hospital.

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WINTER GREENS FEES non-GGGC members) - \$4.00 Daily
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Promotions and Awards

Base Commander's Commendation



MCpl Fred Kay Cpl Phil White MCpl Peter Wybenga
Missing From Photo....Pte Rob Butler

The Base Commanders Commendation was presented recently to four members of VU33 Sqn. MCpl's Fred Kay and Peter Wybenga along with Cpl Phil White and Pte Rob Butler were presented the award for their outstanding work as members of a Mobile Repair Party. The group were sent to Vancouver International to repair and get back "on line" a CP121 Tracker that had come down on hard times with engine problems. The team provided for engine change and aircraft turn around in record time under rather demanding conditions. The aircraft was thus down for only a minimum time. For their fine work the Base Commander Col Bob Kadonoff presented the crew with the appropriate commendation. Congratulations Chaps!



Retirement Certificate...Maj Frank Miller



Sgt's Hooks.....Sgt Cam Asher

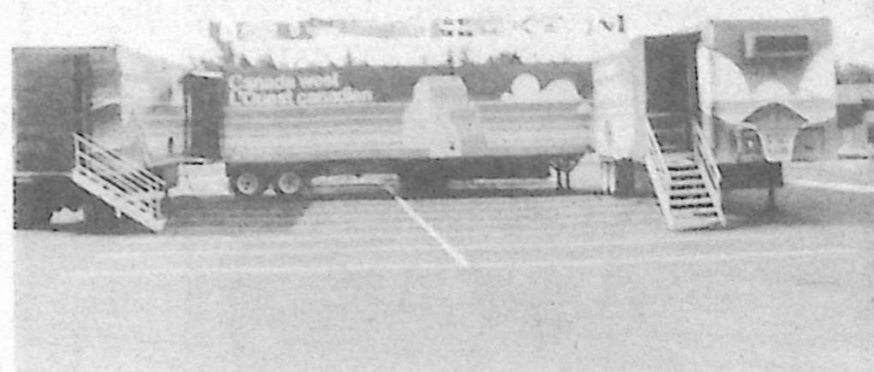


Flight Safety Award....Cpl Alex Beasley



Cpl's Hooks.....Cpl Jocelyn Pemberton

MUSEUMOBILE VISITS VALLEY

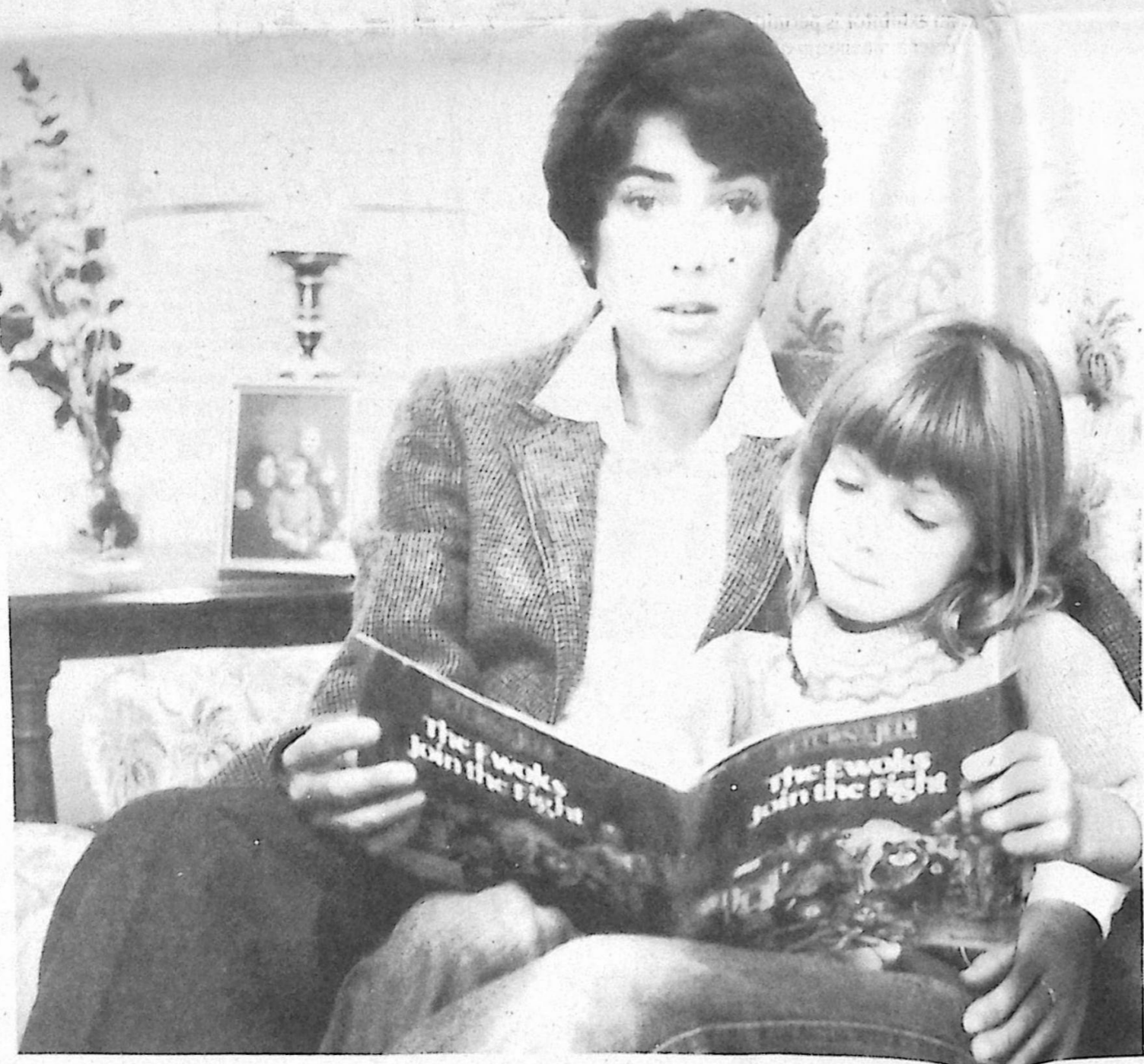


The Canada West Museumobile will be at the Comox Shopping Centre February 13, 14, 15, 16 and 18. It will be at the Super Value Store in Courtenay February 19, 20, 21, 22, 23 and 25. There is no admission charge and an elevating device is available to accommodate people in wheelchairs. This is an excellent opportunity to view some of Canada's cultural Heritage. - Come out and see it.

Answer to MSE safety quiz

Grasp wheel firmly, hard brake, release brake and steer off the road into the gully, gives you the best chance. Although the prospect of taking off into that gully is not a pleasant thought, it still beats running into either of those pieces of iron. And, hopefully, you have your seat belt on and doors locked so you won't bounce around or have your car door come unlatched.

"My education was important when I was her age:

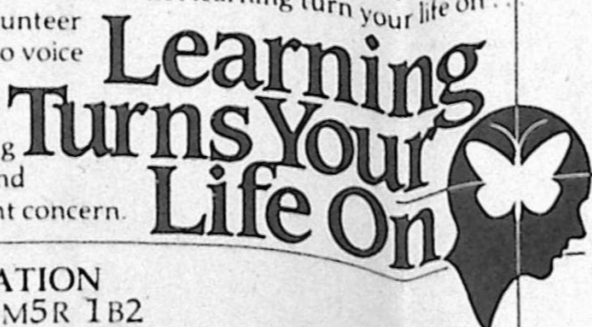


It's just as important to me today."

Times and education have changed. Gone are the days when our learning ended and our earning began. Today, education is a part of our life, all of our life; an ongoing process of building towards one's true potential. The Canadian Association for Adult Education recognizes this change. Set up as a non-profit organization we're committed to furthering educational opportunities for adult learners. Established in 1935,

and now in its 50th commemorative year, the Association's main goal is the promotion of learning opportunities for Canadian adults in the fields of employment, citizenship and cultural development. Our volunteer organization is working hard to voice the concerns of adult learners across Canada. Working together, we are supporting existing programs of adult education and speaking out on matters of joint concern.

Whether you're picking up a book from the library, or enrolling in a night course, education and learning are a part of your life, all of your life. Let learning turn your life on.



CANADIAN ASSOCIATION FOR ADULT EDUCATION
Corbett House 29 Prince Arthur Ave. Toronto, Ontario M5R 1B2

Etc.

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- No sales commissions, opening or withdrawal fees.
- Flexibility — contribution by cash, cheque or pay allotment
 - no minimum amount
 - immediate tax deferment

For more information on SRRSP or details on how to join, contact your SISIP/SRRSP advisor.

Lt. L.P. Chappell

2578

NAME

TELEPHONE

LES RER NE SE VALENT PAS TOUS!! JETEZ UN COUP D'OEIL AU REER MILITAIRE

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- Taux de rendement concurrentiels.
- Aucun frais de commission, d'adhésion ou de retrait.
- Souplesse — dépôt au comptant, par chèque ou délégation de solde
 - aucune somme minimale
 - ajournement immédiat de l'impôt

Pour obtenir de plus amples informations sur le REERM ou sur la façon d'en faire partie, contactez votre conseiller RARM/REERM.

Lt L.P. Chappell

2578

NOM

TÉLÉPHONE

CF Photo Contest '85

The Canadian Forces National Photography Contest will be held at CFB Ottawa from 10 to 17 May 85. CFB Ottawa is conducting authority.

2. Entries may be submitted by:

- members of the Regular Force of the Canadian Forces;
- members of the Reserve Force of the Canadian Forces;
- members of other nations who are attached to or on exchange duty with the Canadian Forces, but excluding those personnel of other nations who are under formal training;
- dependants of those members listed in subparagraphs 2a, b and c; and
- civilians employed by DND

6. members of the Sea Cadets, Army Cadets and Air Cadets.

An entry fee of 50 cents for each work entered shall be raised from sources other than public funds. One cheque, payable to CFB Ottawa Base Fund, to cover all entry fees from each base or station shall be submitted, together with a list of entrants and work description under cover of form DND 728, Document Transit and Receipt.

An exhibitor's work shall be entered as amateur or professional. Personnel employed as photographic technicians are considered professionals. Types of work that may be submitted are:

- black and white prints;
- colour prints; and
- colour slides — 35 mm., with subject classifications to include: military life — unclassified subjects only; portrait — a picture of a person or group of people; and open — any photography may be submitted.

Where it is considered in the best interest of the competition, judges may reclassify entries from one subject classification to another.

Entry requirements are as follows:

- an exhibitor is permitted to enter a maximum of six entries in the contest;
- developing and printing may be done by a photo finisher or by the entrant;
- art work or retouching is permitted on prints, or the negatives from which they are made, by entrants in the professional class only;
- no composite pictures, multiple printing, or montages are allowed;

- cropping is permissible;
- prints may be no larger than 40 cm by 50 cm (16 by 20 inches) and no smaller than 20 cm by 25 cm (8 by 10 inches);
- prints must be mounted and the mounting may be no larger than 40 by 50 cm;
- 35 mm slides must be mounted on cardboard or glass;
- works must be original and have been completed after 30 Apr 84; works submitted to the CF National Photography Competition 1984 are not eligible; and
- all entries must be clearly identified by—SIN, rank, surname and initials, unit (for dependants — their home address), and category and subject classification.

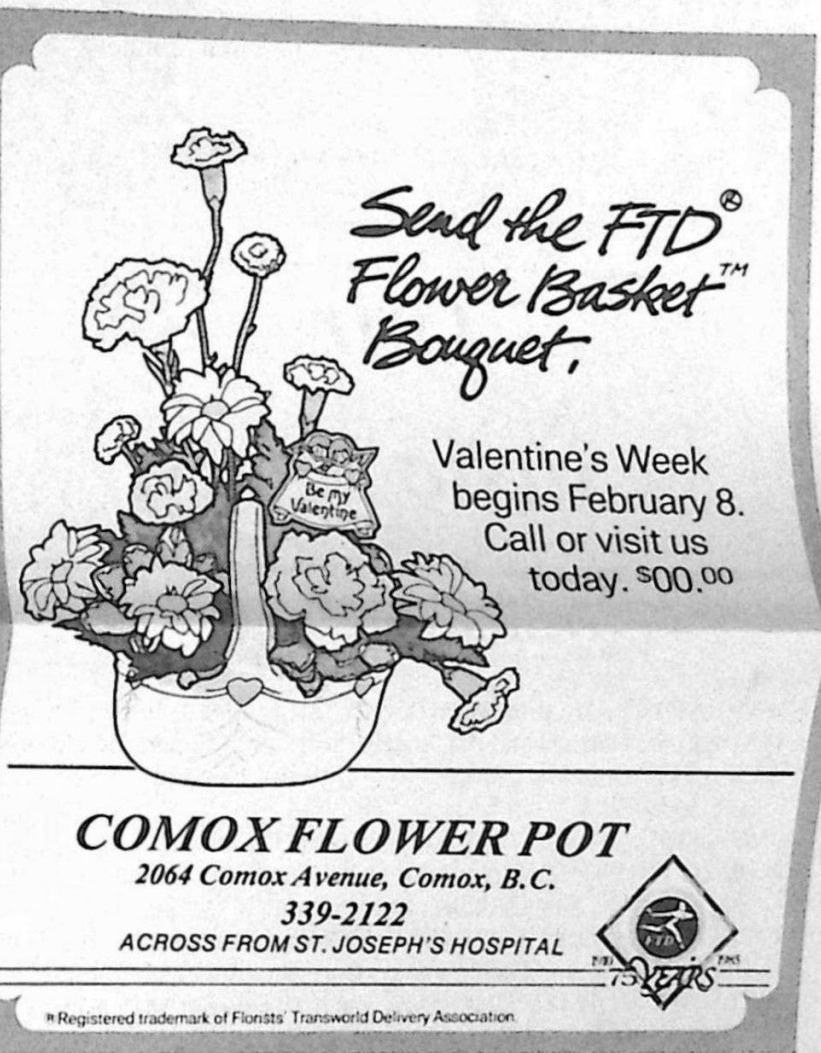
Bases and stations shall ship entries as a consolidated consignment. Entries must arrive at CFB Ottawa on or before 30 Apr 85. Consignments shall be clearly marked Canadian Forces Photography Competition, Attn: BPERO, CFB Ottawa, Ottawa, Ont. K1A 0K5. Entries shall not be forwarded individually by competitors — only consolidated Base/Section/Unit entries will be accepted.

A panel of judges chosen by the conducting authority will select the winning entries. The panel's decisions are final.

NDHQ will provide the following awards:

- a "Photographer of the Year — Amateur" and "Photographer of the Year — Professional" award to the individual whose total submission package is judged best in its category.
- scroll and rosette — for entry judged "Best in Show."
- scrolls and ribbons for works judged first in each category medium, and classification.
- scrolls for Honourable Mentions which may be awarded at the discretion of the judges.

No liability for loss or damage to any work submitted will be accepted by the Canadian Forces. Photographic entries are not to be submitted in frames of any kind. Glass fronts are not to be used, as these tend to become damaged in shipping and display. Framing in no way influences the final decision of the judges. All works will be returned at the completion of the competition and exhibition.



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CATECHISM CLASSES: Each Wednesday in the PMQ School from 1830 to 1930 hours.

CFB COMOX MILITARY CHRISTIAN FELLOWSHIP



Meetings held from Monday to Thursday from 1130 - 1230 hours in the R.C. Parish Hall next to the Tennis Courts.

Officers' Wives Club

Hello once again everyone! I trust that the "Post Holiday Blues" have now passed for the most of us, and we have plunged into the new year with renewed energies. The 65 people who attended the "Robbie Burns Celebration" had a boost in discarding those blues. It was an interesting evening full of Scottish tradition. The festivities opened with the sound of the bagpipes played by a talented Bill Quigg in full scottish attire. Dave Oliphant delivered the "Ode to the Haggis", and seemed to take pleasure in stabbing the repulsive little beast! Actually, for those of us who ventured boldly, and tasted a small morsel of Haggis, we would have to agree that it is not as bad as the ingredients make it out to be. Mind you, I did avoid the chunks of "unidentifiables"! The Selkirk Grace was read by Nora Rasmussen. The dancing girls were adorable, and very talented (sorry about the slippery floor girls). Margret Crites and her Scottish dancers demonstrated some very traditional pieces for us. Liz Lloyd did a marvelous job on the bagpipes. Marg Crites also sang several tunes for us. Following this we had Mary Anne Barkly singing for us, with Christine Cowiesan on the

piano. The door prize (a basket filled with all kinds of Scottish goodies) went to Shirley Robb. The raffle (a basket with more Scottish goodies and wine!) was won by our piper, Bill Quigg.

The following new members were also bid welcome at this meeting: Giselle Paul (407), Jan Parker, and Jane Daniel. Welcome to Comox!

Coming up on February 20, (1930 for 2000 hours), is a **Health and Fitness Night**. So whether you are in great shape or curse at having to reach for the channel changer, come out and enjoy a display by Chrysalis Studio and a CPR demonstration. Buns, cold cuts, and similar light and healthy snacks will be served. Casual dress will be appropriate. Please don't forget your UP codes, and donations for the food bank. You may feel like dieting after this function, so get a head start and bring in a few cans.

A special congratulations goes out to our OWC President, Pam Holbrook, on the birth of a beautiful baby girl, Teryn Elizabeth, born January 21, weighing 6 lbs. 12 3/4 oz. We hope to see you at the next function Pam, so rest up.

Till then, A.C.

Across my kitchen table

— by Rosemary Gibson



HELEN'S FROZEN STRAWBERRY DESSERT

Ingredients:

BASE:

- 1/2 cup flour
- 1/4 cup melted butter
- 2 tablespoons brown sugar
- 1/4 cup chopped nuts

TOPPING:

- 1 egg white
- 1/2 cup sugar
- 6 ounces frozen strawberries, partially thawed
- 1 tablespoon lemon juice
- 1/2 cup whipping cream, whipped

Method:

Mix flour, butter, brown sugar and nuts. Put in a one-quart casserole and bake at 325° F. for 20-30 minutes. Stir occasionally while baking. Sprinkle 2/3 of mixture in ungreased 8" x 8" pan. Set aside remaining mixture for top of the dessert.

Mix egg white, strawberries, sugar and lemon juice at high speed for ten minutes. Fold in whipped cream. Pour evenly over the base and cover with the remaining base mix. Freeze at least six hours. Remove from freezer at serving time.

HINT:

Make an outdoor drinking dish for your dog with an angelfood cake pan. Drive a stick through the opening into the ground, and it won't tip like other pans.

THOUGHT FOR TODAY:

The art of changing yourself requires the substituting of new habits for old. You mold your character and your future by your thoughts and acts. You cannot climb uphill by thinking downhill thoughts. If your world is gloomy and hopeless, it is because you are gloomy and hopeless. You must change your mind to change your world. Make yourself do what needs to be done. Man alone, of all the creatures of earth, is architect of his destiny.

Happy Valentine's Day

WO & Sgts' Wives Club

A reminder to all members that our next meeting is February 11th at 8:00 p.m. Being Valentine's week, it seems appropriate for us all to wear a "touch of red" to our meeting. If you are one of the many folks for whom a trip to 5th Street in Courtenay isn't complete without a cup of tea and an indulgent sweet at the Courtenay Bakery, then our upcoming meeting maybe of special interest to you. Mr. Schaifer, the owner and very accomplished gentleman who dreams up and makes all these goodies we so enjoy will be giving us a demonstration and tips on how he makes all his delicacies this coming Monday evening. Beside planning an interesting February meeting, the Entertainment Committee is working on a Games Night, a luncheon, a Spring

Fashion Show and an informative evening of listening about wills. Now before you say something negative about an evening discussing wills, which I agree is something many of us don't like to think about, there is a very positive aspect to being informed and that is in the discovery that peace of mind comes with knowing that one's affairs are in order at all times. So come on our and join us for a fun, informative and friendly evening.

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- Ann Ikle - President
- Shirley Steil - Vice-President
- Sharon Smith - Treasurer
- Gay Gray - Secretary (339-7605)

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Sgt Bob Parker

This issue the Totem Times would like to introduce Sgt Bob Parker, the NCO ic R & D.

Bob arrived in Comox in 1979 after a rather varied and interesting military career. After his formative years growing up in Armstrong B.C., Bob joined the military as a "Sapper" and proceeded to the Gaza with the Engineers from Chilliwack in 1958.

After completing this tour, Bob took his release and consequently rejoined as an artilleryman. This trade took him to wild and wonderful places like Shilo Winnipeg, Hamer Germany, Gagetown and Lahr Germany.

Bob remustered in 1971 to Admin Clerk and since doing so has served in Calgary, The Golan, Thunder Bay and finally CFB Comox.

Bob is married to Delia Parker, an Admin clerk with the MSE Section. They reside in the "City" of Cumberland and have become "Native sons" of the village. Bob spends his spare time skiing and fishing.

We at the old Fishwrapper would like to welcome Bob Parker to our pages. Bon Chance Bob!

Our Lady of the Airways

Since December we have been involved in many rewarding works and know we are blessed, protected and guided by God and Our Lady.

We held our Advent Craft on the 2 December, it was a great success with the parish children and the members helping out. The same day our council president, Edna Sinclair and her husband, Al, had their 25th wedding anniversary Mass. Father Dabrowski was the celebrant. A papal blessing was presented and a reception was held at the Parish Hall.

We had Mass preceding our Christmas party. Lots of main dishes and sweets were prepared by all the members, a penny auction, in all a very successful evening with our husband in attendance, we will be making this an annual event.

Our dear friend and member Daisy Payne passed away on January 5th, 1985, aged 97. We held a prayer service with many members participating and her funeral was a C.W.L. funeral with Honour Guard and the C.W.L. stole was draped on the casket. Gaby Laporte provided music and a lunch was prepared and served by our members.

In March, we will be hosting the ecumenical World Day of Prayer.

We are planning a rock-a-thon for St. Patrick's Day.

Our Military Vicariate convention will be held in Ottawa in May, the theme this year is "Stewardship". The C.W.L. Journey into the future, we are called to respond to our Baptismal call to be a steward in God's household.

During the next two years through prayer, meditation and group reflection, we are invited to enter into the heart of the Lord. The more we seek to be faithful and wise stewards, the better we can serve God and Canada.

The Catholic Women's League of Canada National Convention will be held in Victoria during August, 1985.

Communication
Connie Lamouche

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ANNOUNCEMENT



The directors of C.V.I. are pleased to announce the appointment of Mr. Dave Adamson, P. Eng., as Manager/Director of our Comox office.

Mr. Adamson is well known to many Comox Valley Residents, and he brings with him a great deal of insurance experience, both in the commercial and residential fields.



We also wish to announce the appointment of C.V.I. (Comox location) by I.C.B.C. as an authorized "Autoplan" office, and as such, able to perform all autoplan transactions. These appointments are effective immediately.

Both appointments reflect the commitment by the directors of C.V.I. to provide to residents and businesses of the Comox Valley the very best insurance service with knowledgeable and dependable insurance brokers.

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Naval History



Canada's First Carrier
HMCS Warrior

Canada's first aircraft carrier and the largest RCN ship of its time, the 18,000-ton HMCS Warrior, was commissioned into the Navy on January 24, 1946. The Warrior had a flight deck nearly 700 feet long, a length along the water-line of 650 feet and a beam of 80 feet. The ship rose through eight levels from her keel to her flight decks - a distance of 62 feet - about the height of a five-story building.

Warrior was built and outfitted by Messrs. Harland and Wolff of Belfast, Northern Ireland. Her keel was laid in December, 1942, and she was launched in the spring of 1944. Following preliminary training and "shakedown" cruises in United Kingdom waters, she sailed for Halifax, arriving in March, 1946.

Warrior carried two squadrons of aircraft: Squadron 803 equipped with Seafire fighter planes, and Squadron 825 equipped with Firefly fighter-reconnaissance planes. Warrior usually carried 30 aircraft and a complement of 1,200 men, a third of whom were responsible for the operation and maintenance of the aircraft.

Because Warrior had not been equipped to withstand the severe Atlantic winters, she left the east coast in November, 1946, to spend the winter in Esquimalt, B.C. HMCS Nootka accompanied her on the first half of the voyage, detaching at the entrance of the Panama Canal. On the Pacific side of the canal HMCS Crescent took over and escorted her up the coast to Esquimalt, B.C.

Warrior remained at Esquimalt until February, 1947, when she left in the company of HMCS Uganda and 'Crescent to return to Halifax. After leaving the west coast ships to traverse the canal, she found Nootka and HMCS Micmac waiting on the other side. These ships escorted her to Cuba for a three-day visit, and then on to her final destination, Halifax. The remainder of 1947 was occupied with exercises off Bermuda, a visit to the United Kingdom and a cruise to ports along the Gulf of St Lawrence.

In February, 1948, Warrior sailed to the United Kingdom to be returned to the British Admiralty. Before Warrior was commissioned into the Royal Canadian Navy, arrangements had been made with the British Admiralty for the loan of two carriers of the Colossus class, one being Warrior and the other the future Magnificent. While the Magnificent was still under construction the agreement was revised to allow for the loan of only one carrier. Following approval of the revision, the Canadian Government expressed a preference for the Magnificent, for two reasons: she was built to various Canadian specifications, and was, therefore, better suited to withstand the severe Atlantic winters.

As a result, Warrior's stores and ship's company were transferred to Magnificent. On 23 March, 1948, Warrior was decommissioned from the RCN and was commissioned into the Royal Navy. Two weeks later, Magnificent was commissioned into the RCN in Belfast.

Warrior served in the Royal Navy until July, 1953, when she was decommissioned and sold to the Argentine Government. Commissioned into its navy in November of that year, she was renamed ARA Independencia.

Comox Coast Guard Auxilliary

The correct legal name of the Comox Coast Guard Auxiliary is Unit 60 Canadian Marine Rescue Auxiliary (Western) but since this is rather a mouthful, and because the original title of the organization was Coast Guard Auxiliary, one will still hear Unit 60 called Coast Guard Auxiliary, and this designation describes the unit's function in the public's mind. The abbreviated form, CMRA is often mentioned, and will be used in this short article.

The CMRA was formed in 1978 as a means to improve search and rescue on Canadian waters with a minimum outlay of government funds. There are at present about 250 vessels of various size and some 650 people involved actively as members of CMRA on the West Coast. The organization is broken down into zones and units for management and administrative control, and in the Comox Valley Unit 60 is one of these. The Canadian Coast Guard has overall control, and has set standards for equipment and training of personnel. In general terms the Units are "tasked" through the Rescue Co-ordination Center (RCC) in Victoria somewhat in the same fashion as 442 Sqn at CFB Comox. In addition, CMRA members while on the water monitor Channel 16 VHF, and to a lesser extent Channel 9 CB, and should a boater call for assistance on these channels and is heard by a CMRA member boat, the response will be immediate and RCC will be informed through Coast Guard radio of the action taken.

Unit 60 was formed early in the program and now has a complement of nine vessels and twenty-two personnel - although minor changes take place from time to time. Previous to the reduction of crash-boat SAR coverage at CFB Comox, only eight or ten incidents a year were handled by Unit 60. However, in 1983 Unit 60 handled 49 incidents and will have handled over 60 in 1984. It is estimated CMRA on the West Coast will handle over 600 during the year. Members are insured and reimbursed for their fuel, but not for their own time, and all are volunteers.

In addition to the normal incidents reported on the water and actioned through RCC, CMRA units are used as safety boats at the Comox Days bathtub races and the annual "Sea and Ski" or "Snow and Surf" races. The local unit also works very closely with the RCMP and the land search and rescue unit made up of Comox Valley volunteers. The community has been very supportive of Unit 60 CMRA, the Comox Legion provided Mustang exposure suits for ten personnel and the Lions Club provided two VHF radios, one being a portable type.

During the fall and winter months the Coast Guard have provided the unit with an Inshore Rescue Boat (IRB) for the 1983-84 and 84-85 period. These are of the Zodiac type, present one is a 19 ft Zodiac, powered by two 70 hp outboard engines and fully equipped to tow, pump out a boat or fight fire. The Zodiac is manned by a "duty crew" and "scrambled" by the RCC when required. "Beepers" are provided the crew during their period of duty, and they are carried at all times.

As a matter of interest to all boaters, the Coast Guard has been pleased with the work of the CMRA units, supplementing as it does the coverage of the coast provided by regular Coast Guard vessels and 442 SAR Squadron. There is a definite move by the Federal Government to try and cut down on incidents--and the Coast Guard has taken a strong stand on prevention of incidents through education and inspection. These courtesy inspections can be performed by qualified members of Unit 60 who have taken a special course, there is no charge, nor is there any action taken if equipment requirements are not met. The boater is however encouraged to meet the requirements by the courtesy inspector. However, should the boat be inspected by an RCMP officer or Coast Guard enforcement officer and found to be seriously deficient a warning may be given or a charge laid against the owner.

D. Warren

Note:
It may be of interest to readers of the Totem Times that the majority of the members of Unit 60 are retired service personnel.

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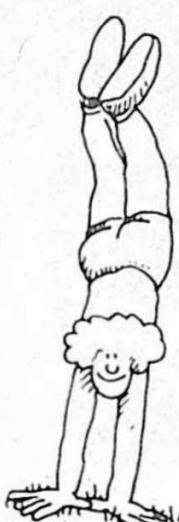
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