



TOTEM TIMES



Vol. 26 No. 10

CFB COMOX TOTEM TIMES

THURSDAY May 17, 1984

Deadline is Monday May 28, 1984

COST: PRICELESS

Canadian Military Engineers of Comox celebrate 18th birthday



The Canadian Military Engineer family - Comox, 18 April 1984.

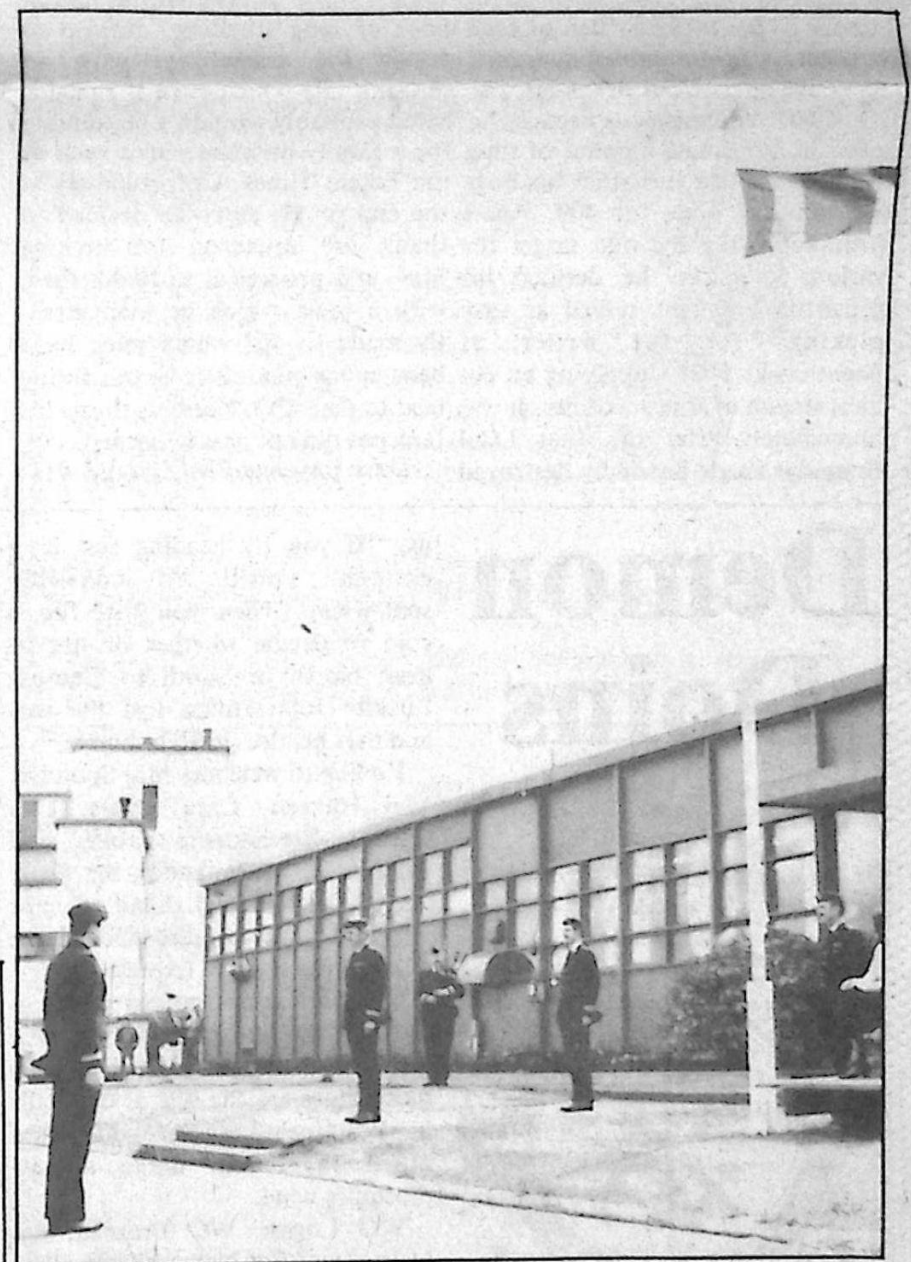
On the 18th of April, 1984, the Canadian Military Engineers (CME) of CFB Comox gathered in celebration of their 18th birthday (the Corps of Royal Canadian Engineers goes back 81 years - but someone changed the rules in 1966!?!). The celebration began with a parade of all military personnel who were reviewed by Capt Chappie Chapman. Capt Chapman is retiring from the Forces with over 33 years' service - we thank you for your long and dedicated service Chappie, and wish you and yours good luck and Godspeed in your retirement.

Next came the group photo of all military and civilian Military Engineers - it's not just a military family, our civilian members are an equally important and necessary part of the CME organization.

Then it was off to the Social Centre for presentation of retirement/posting plaques and a WHAMDOOZER of a party - as I recall - - ? - everyone had a great time. CHIMO!



Capt Chapman inspecting the construction and maintenance contingent of the CME under the watchful eye of Lt. R. Boivin, EngO.



Capt Chapman addresses the troops with Major Bill Low, BCEO, observing the proceeding with obvious approval. Seen in the background, Major Bob McPhail produces a superb rendition of the engineer march-past "Wings" - thanks Bob! - and thanks 409 Squadron for the flypast - the timing was perfect.

Comfort and mobility-The *Ilitis*

It has five on the floor upholstered seats, four-wheel drive, four doors, sun visors and seat belts.

The characteristics make it sound like a new touring vehicle, but in fact it's a new jeep for the CF. And it's being built in Canada.

The *Ilitis*, a German word meaning

ferret, was designed by Volkswagen of Germany and is being built under licence by Bombardier Ltd. of Valcourt, Que. It was selected in the fall of 1983 to replace the 30-year old American Motors jeeps now in service.

The American Motors model has outlived its usefulness, said Col

Robert Fischer, program manager of DND's jeep replacement program. That vehicle, designed for U.S. Army use in Vietnam, was originally designed to last for a few years, he noted.

Yet the durable jeep was updated and lasted for 30. Replacement will start in January, 1985 as the first deliveries of the *Ilitis* are made. By May, 1986 all 1,900 vehicles will have been delivered to the CF.

The arrival of the *Ilitis* means more mobility for jeep users. It was designed by Volkswagen to handle like a passenger car with optimum on and off-road mobility. It can climb a 32 degree slope and ford streams up to 60 cm deep without getting water on the inside. Its four-wheel drive capability can be changed to two wheels if necessary.

Passenger car comfort matches the passenger car handling. The *Ilitis* seats four with plenty of leg room and has proper seat cushions, unlike the old model's stretched canvas seats. It can also accommodate the field equipment carried by four people during operations. Four doors make it easier to enter and exit than the old two-door model. The rear seats can also be folded down to provide more cargo space if required.

It sounds great for travel. But what about durability? During extensive and rigorous selection tests at the Land Engineering Test Establishment near Ottawa and at CFB Valcartier, the *Ilitis* covered 100,000 km in a six-month period. The tests determined gradability, braking, cold weather operations, the vehicle's ability to operate on low octane fuel, fuel economy, clearance angles and range.

Throughout the test period the *Ilitis* suffered only four "mission failures" (failure of a component that requires second line repair). This indicated high reliability as there were 17 allowable failures. The testing also proved the *Ilitis* to be substantially better than any of its competitors.

The *Ilitis* combines durability with fuel economy. The average fuel consumption during the tests was 13L/100 km on regular gasoline (about 21 mpg). This was attained by a four cylinder, four-stroke engine producing 55 kW at 5,000 rpm combined with the vehicle's Audi 100 transmission.

Comfortable, economical and durable - that's how to summarize the CF's new jeep. While it has many of the characteristics of an on-road touring car, it can do the military job off-road - and do it better than its predecessor.



The *Ilitis* jeep fords a stream during trials near Ottawa.

"Fishwrapper" Exposed

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Section News

Nighthawks Nest



On May 4th, the fighting 409th hosted friends of special merit at its last open wine luncheon. Invited were various base officers and section heads. The difference between a normal wine luncheon, such as one organized by the alternate lifestyles down the hall at 407 Christian Maritime Squadron, and a 409 wine luncheon must be experienced to be believed. Actually, it's an unfair comparison, attempting to put one of those sedate affairs similar to a ladies' group afternoon tea in the same category as one of 409's Bacchanalian fetes.

Each of the guests received a small token of appreciation in recognition of services above the call of duty performed for 409. Hopefully the framed photographs of 027 firing a rocket over the Gulf of Mexico will find a place of honour in the office or den of each recipient. A few mumbled questions must have made LCol Brygadyr, the *CO of 407 self conscious because he spent an inordinate amount of time trying to explain just what his boys had actually done for 409.* Apart from supplying the odd target for various exercises, he decided his squadron had best served as easy pickings for the writer of Nighthawks Nest, supplying an endless stream of true anecdotes. It was immediately after this that LCol Brygadyr single handedly destroyed

the career of a 409 officer. He stated that he had flown with Tom Chester and in his opinion (a former naval officer and VP pilot) Tom was the best pilot in the world. Since then Tom has walked around like a broken man, head hung low and displaying absolutely no spirit. Stella (Tom's wife) refuses to be seen with him in public as do all the aircrew at 409. Meanwhile the job offers have been flowing in from all of the Aurora, Tracker and Sea King Squadrons in Canada piling up in poor Tom's mail box as he's just too embarrassed to even touch them.

The wine at the luncheon flowed freely as it was subsidized by Doug Neill and Kurt Saladana in celebration of their promotions to Captains last winter. In the spirit of things LCol Jackaman, a fighter pilot of long standing, decided to regale the assemblage with an amusing tale which even if remembered probably wouldn't be suitable for a family oriented paper such as the Totem Times. Unfortunately at the end of his story he decided to thank the squadron for inviting him and proceeded to thank them with a toast which he inadvertently made to 407 which must have been on his mind since he was sitting next to their CO. Needless to say his faux pas did not pass unheeded.

Dave Reyenga PMC'ed the affair

and considering he had an extremely tough act to follow, performed admirably. One of the problems encountered occasionally when flying at 409 is number two in a two plane formation stealing lead from number one. It doesn't happen often but it does happen and a 409 pilot demonstrated he was probably one of those usurpers. Just as the luncheon was coming to an end, Drew Foulds stole lead from Dave Reyenga. Admittedly he paid for his mistake, in the long run having to consume more fuel and eventually pitching up before the mission was completed unlike Dave who simply shut down following a gear up landing. We understand Drew was severely reprimanded for his actions but apparently Debbie had cooled off by the next day.

One unfortunate result of the wine luncheon came in a message form from the Canadian Organ Donors' Association. Their first warnings must have been lost or ignored for it now appears all 409'ers are forever banned from donating any of their organs because of alcohol toxicity. If that weren't bad enough they've also passed the word to have all Hawks blackballed worldwide by all organizations that usually seek organ donors. Gerry Desrochers was particularly shattered by the news as he had a deal in the works with the CalCan, Purina, Alpo and Dr. Ballard Companies who all had bids in on his brain. Tom Chester was also stricken by the situation as he counted on money as a result of LCol Brygadyr's remark about him being the world's greatest pilot. Maple Leaf, Schneiders and Swifts Premium meat companies had all offered Tom big bucks for his fists, counting on them to add flavour to their packaged hams.

Tom's been busy the past few weeks preparing for Maple Flag. He, Dave Reyenga, Dave Pullan and Doug Neill will be the last 409 Voodoo crews to participate in the exercise. In addition to the MF work ups the same crews minus Dave Pullan and plus Maj Terry Hunt were also practicing for the Edmonton Airshow which was the weekend before they deployed to Cold Lake. This all led up to what will be known in future years as the great paint debate. Because most of Maple Flag takes place low level in the trees, the light coloured Voodoo is an extremely visible player, degrading its effectiveness.

To counter this it is customary to camouflage the planes by painting them with a green-brown blend of poster paint. Rather than carry along all of the necessary gear, the pilots (Pullan and Chester) argued it would be more practical to paint the aircraft prior to leaving. The navigators (Neill and Reyenga) didn't like the idea of flying the cammed birds in the airshow. Hawk lead, Terry Hunt and the commentator, Kurt Saladana, felt the Voodoos should be painted in Comox since they had no intention of helping since neither of them was going to Maple Flag. After loads of discussion, Neill and Reyenga got their way by saying that as soon as they touched down after their performance, the two of them would do all of the work and the aircraft would be ready to go at the end of the show. When the time approached however, the two intrepid naves started whimpering and begging for help. It fell on deaf ears as anyone who felt any obligation to help due solely to association, ended up working the static displays for hours after the Hawks show.

The Edmonton Airshow was a great success with well over 200,000 people attending. The crowd tested the logistics of CFB Edmonton which is working up for Pope John

Paul II's visit in September and the mass which will take place at the base. Actually it's a shame the two events couldn't have been combined. The result could have been called "The First Alberta Papal Airshow" and given new meaning to the fighter world's term "mass attack".

While the Harrier, CF-18 Hornet and Snowbirds put on their usual superb performances, the Voodoo two ship was probably the best liked act of the day. The size, noise and sleek appearance of the CF-101 never fail to impress the crowds and this was no exception. Because of the size of the airshow it turned out to be old home week as ex409 ground and aircrew came out of the woodwork to say hello and express their intentions to attend the reunion. One amusing incident resulted from confusion over the accommodations for show performers at the Edmonton Inn. Four of the eight 409'ers who stayed at the hotel left for Cold Lake a day before the others. Since they were only charged for phone calls and incidentals, everyone assumed the airshow committee had picked up the tabs for the rooms. The next morning as the rest of the crews checked out of the hotel with no room charges, Terry Hunt asked for his bill and

reached into his pocket for three quarters which he felt would cover the phone calls he had placed. He smirked when the desk clerk asked "Cash or charge?", and replied "Cash". She said, "Fine, that will be \$756.57." "Charge," replied Terry, hair visibly greying. It seems as the senior officer along (Major) he had been billed for his own room plus those of his subordinates. By the time the crews had reached the base the shock had worn off and colour came back to his cheeks as he realized it will probably seem humorous to him when his wife Freida opens the Master Card bill at the end of the month and reacts much the same.

Captains Bill Books, Dan Orr and Mel Ferrably and Major Ron Jensen had a joint retirement mess dinner last Thursday night. As soon as the photographs are back and those who attended finally crack and start talking about the evening's events it will all be included in a future Nighthawks Nest.

Since no appropriate ending was coming to mind, Eric Matheson suggested the article end by mentioning he has a sailboat for sale and a mobile home for sale or rent. He's in the book and his ads have been in the "Green Sheet" so give him a call if you're interested.



Majs Buck Buchanan and Art Armstrong deliver the last CF-101 Voodoo from Bristol Aerospace in Winnipeg to 409 All Weather Fighter Squadron.

Demon Doins



AIRCREW

The last two weeks have been busy ones for the squadron. Crew 6 has departed for Greenwood as the 407 Competition Crew. We all wish them luck as they endeavour to win the O'Brien Cup and become the National ASW champions. The crew is very confident after extensive training for the last month. Crew 5 has had a luxurious, all expenses paid vacation in ADAK. Crew 8 (?) gathered together for a quick swan to Hawaii. Rumour has it that one of the Naves switched to Grid and they ended up in Moffett before finally realizing what had actually happened. Moffett sure doesn't look like Barbers Point, does it? They finally found their way (3 hours later) by following a Down East Airlines Vanguard enroute to Guam. Needless to say, they made it home OK. They told

us, "If you fly heading east long enough, you'll hit coastline somewhere. Then you just flip a coin to decide whether or not to head North or South to Comox. Luckily John Dillon lost the toss and they headed north to home.

I'd like to welcome Maj Sponder, Maj Hansen, Capt Poole, Lt's Carino, Ketellapper, Kroker and Kimpinski, Sgt Belander, Sgt Knox and MCpl Whorral. Glad to have you and your families aboard the 407 Squadron ASW Express.

Congratulations go out to soon-to-be LCol Challenger for his well deserved promotion. I hear the mosquitoes are the size of baseballs in Winnipeg. Maybe you could crush them and make a new mosquito wine.

WO Logan, WO Brazeau, Sgt Nelson and Sgt Nowosad are all to be congratulated on their recent promotions. They will all probably get hernias carrying their new found wealth to the bank.

Rumour has it that a new diaper factory is opening up in the Valley. It is not a surprise since 407 is presently experiencing a baby boom with Gary & Jane-Marie Cherwonick and Ritchie & Lynn Smendziuk, both had baby boys. Well done! It's obvious they are not spending as much time at work in 407 as their PER's indicate.

The winners of Crew 6's 60/40 draw are: C. Ketellapper, H. Ford and C. Allard.

Crew 6 thanks all those who participated in the draw. The funds were necessary to purchase sports uniforms and Aurora name tags for the National ASW Competition.

Well, that's about it for this week. As Bob Barker would say, "Control the pet population by having your pet spayed or neutered."

SERVICING

On 15 June, I will be leaving this

sunny paradise for Ottawa where I will hopefully learn to converse in Canada's second official language. So, this will be my final article to appear in the Totem Times and I would like to dedicate it, in its entirety, to the people of 3 Crew with whom I have worked for 2½ years. It is dedicated to John Leedell for keeping me informed of Minor Hockey League statistics throughout the winter and to Scott for teaching me the long lasting effects of ENO after a long night out.

It's dedicated to Jeff Grover even though he has threatened me with more than one liable suit over previous issues and to Eric who was a real inspiration to me during my first TD trip to Campbell River. It's dedicated to Bill Follitt who stood by while I caught my first fish and to Ken MacDonald who stood by while I took my first fall on skis. It's dedicated to Yvonne for without her my interest in Days of Our Lives and Another World would have diminished and to Al for teaching me everything I know about badminton and the joys of a suntan. It's dedicated to Dev for lending me his car on occasion during my separation from my own and to Marianne for whom I owe my knowledge of INSs and all that good stuff. It goes out to everyone on 3 Crew who made my stay here a memorable one.

Crew 3 held its final ski/golf day of the season on 24 April and as always it was a huge success. With the crew evenly split between the golf course and ski hill, everyone had a great day. As can be expected, the favourite part of this international sporting event, was the meeting of clans afterward at the Comox Legion.

Speaking of holidays - Betty, Mish and Al will be in Moffett as you read this. This will be Michelle's

first and last trip with 407 Squadron because soon after her return she will take up residence in Ottawa at the French Language School. Don't bet on it being Al's last trip though, because two weeks after his return, he goes to Hawaii - life's rough, eh Al?

While these three are in Moffett, Dev and Marianne will be making up the 3 crew contingent of the annual ASW Competition Crew in Greenwood. Rumour has it that the competition will be tougher this year, as Greenwood would like to rebound from their defeat last year. Gook luck to everyone.

During the month of May, Frank, Jeff and Dev will attempt to defy the laws of gravity as they complete their annual fitness test. Your Cosmo horoscope states... "From the 12th to the 16th, choosing the right words to gloss over sticky situations at work should be easy for the Bull." Happy Birthday.

Good luck to Scott, Yvonne, Ed, Jim and Steve who will be writing ATAT exams in June. Just ask O.G., Chris, Dev and Dan how easy it is because they all passed their exams in March. Congrats.

With the AMIT inspection looming in the near future, servicing personnel are becoming quite adept at manoeuvring those awful oversize brooms into the tiniest places. I don't know about you, but I haven't seen so much bird doo-doo in all my life.

On 2 June, a great many people will be leaving for RIMPAC, a much coveted trip south. The bad news is that the accommodation at Barbers Point is almost non-existent so personnel will be housed at Waikiki. Sob. Sob.

The saddest news of all is that in July, 3 Crew will be losing their favourite male chauvinist. The girls will immediately know who I am

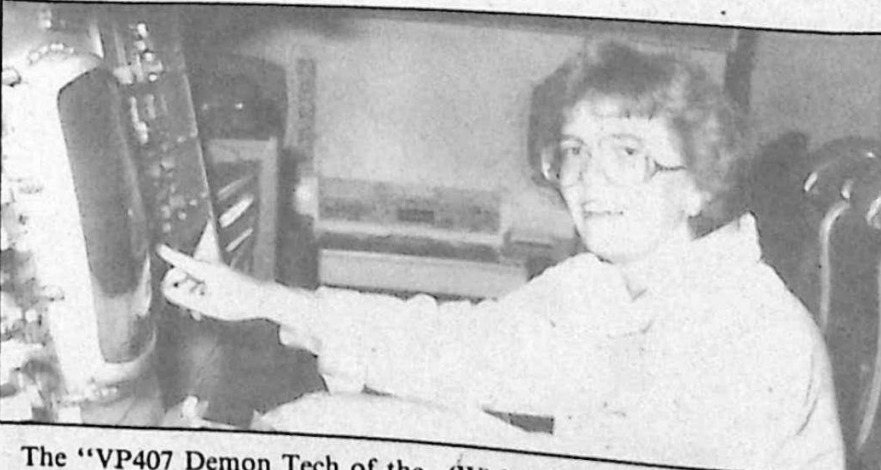
speaking of, but for the benefit of those who don't, his name is Eric Stockton. Since Eric will be posted to Edmonton, his dreams of becoming a potato baron will have to wait. Sgt Bourgoing will also be leaving us to the ranks of CFSAOE in Borden. Left-right-left-right - won't you have fun?

Thought for the day... Since the dim beginnings of civilization, man has searched and searched for the one thing that would give meaning to his grubby, shabby, tawdry life and raise him above a mere animal existence. Then, after many centuries, like the sudden shock of a bolt of lightning, he knew what he'd been searching for -- a good cold beer.

PHOTO

Welcome to Pte Jeanette

VP407 Demon Tech of the month



The "VP407 Demon Tech of the Month" is a new column being introduced to the Totem Times. The intention of this column is to introduce members of the VP407 Maintenance Organization and relate their day-to-day activities on and off the job. Furthermore, this column will allow our squadron's photographic technicians the opportunity to practice and display their photo-journalistic talents.

The Demon Tech for May is Pte

Mathews, our newest Photo Tech who joined us on the 18th of April via YTEP. However, on the 4th of May, she signed her enrolment papers at CFRU Victoria so she will be with us for a three year term. Cpl Rod Cando is back with us, fresh from the rigors of a NORPAT, in the 'Land of the Big Eggnoll'. MCpl Bok should now be reporting in at AETE Cold Lake.

Sgt Price is away to CFB Borden for an Automatic Film and Paper Processor Course. Congratulations to Cpl Valiquette and Pte Plante who have just returned after completing their TQ5 Course at CFB Borden. Wishes of good luck to MCpl Joanne Paul, our photo tender for the ASW Competition Crew.

(W) Michelle Marsh. "Mish" as she is known to her friends, works on 3 Crew in servicing and is an Integral Systems Tech. She has recently submitted a suggestion that emergency lighting be installed in all aircraft hangars. Pte Marsh came to VP407 from CFB Borden in March 82. She joined the Canadian Forces in November, 1980 at Kitchener, Ontario. In her spare time Mish enjoys skiing at Mount Washington.

Article & photo by Cpl Peter Veldhuizen

Section News

VU

33



Rumours are flying that the Comox Valley Snow n' Surf Race will soon rival the likes of the Iron Man Competitions in Hawaii. It doesn't appear that we'll be entering anyone just this year, but we do have a number of hopefuls. The Maj and Dave Brown will have to have it out for canoeing, it's quite likely they'll have found a canoe that satisfies their needs. Now if they can only find that "right" paddle to match the canoe.

"Rollalong" Acorn thinks that "The body" can handle the cycling portion. He further reports that the toe grips do help and he will try to remember to remove his toes before rolling to a halt. Other than major surgery to our resident Podborski; and Jan leaving enough food on the hill to keep the Whiskey Jacks happy for awhile, Mike and Glen acquitted themselves very well. The final result, they beat 24 other teams!

On a more serious note, our fishing team reports that Blueback Limits are more the rule than the exception this past couple of weeks. Yes, even Ken "Party Boat" Farrar has been filling the boat.

Terry Patterson has been one of our busier pilots recently. After a week in Summerside, followed immediately by a weekend in Miramar, Terry is really looking forward to seeing the family again. But only for a few days before the Spokane show next weekend.

The Edmonton airshow fans were almost denied a look at a Tracker

this past weekend. Potvin and Flewelling didn't enjoy their 40K tailwind for long before going U/S and having to beat back to Comox. With fresh horses (generators) they finally arrived.

A squadron welcome to Capt Greg McQuaid who has taken time out from university to help carry the load around here for the summer before returning to Brandon to finish his degree.

Tom Sullivan is back from his recess of the "soon" to be EW School in Summerside. As Tom will be instrumental in getting the school started, he reports that the job looks real challenging. So far they've given him an empty barn and a starting date.

Congratulations to Cpl Phil White on his accelerated promotion to Corporal; three months early.

On a more routine nature, we are doing our usual fleet work ups and it won't be long before trolling season picks up and three weekly fish patrols will be in order.

What to write is not as easy as one may think. When Len Comeau, who usually writes the column had to go on course, I figured why not give it a try. Somehow, after sitting here for 30 minutes trying to put this week's happenings down on paper, I've come to the conclusion it isn't as easy as it seems. My sympathy to Len for having to do this for every paper.

Seeing as Len isn't around I suppose this would be a good time to

mention a story brought to my attention. Len wouldn't admit that his wife was right. Before he left on course, but after a bill for \$9.00 paid to Loomis to deliver his name-tags, you can be assured that he won't doubt her again.

A week back, French tradition was apparent within the squadron, when Mike phased out single life with a somewhat bizarre disguise. He paraded about the hangar line hand-cuffed and tied, sporting a new look of mustard, jam, oil and whatever J.P. could get his hands on. I am unable to translate for you Mike's reaction to the proceedings but from the look on his face he was enjoying himself tremendously. Good luck Mike.

There were a number of squadron personnel involved in this year's Snow-to-Surf Race. Merv is still trying to convince Dave of a 21-minute canoe trip. Dean decided to add a new twist to the downhill with a wipe-out and a walk back up the mountain to reclaim his ski. Had it not been for a bit of preplanning Pierre and Denis would have been making their canoe portion minus one paddle. Jan's cross-country was uneventful just loooooong!! Other persons involved from this side were Giles, Al A., Mike W. and myself.

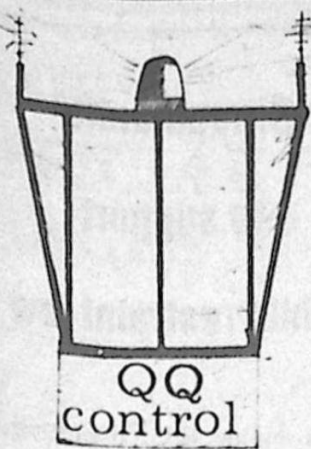
Ball season starts this week and I see that the squadron will be out in full force again this year.

A couple of questions have been floating around lately. One being, "Did Laurie make a fast buck or does Dennis know more than he is telling?" The other question heard was "Where is my auger?", Laurie is the only one able to answer that one!

Congrats on a couple of recent promotions, Kevin Binnie to NCpl and Bob Stevenson to Sgt.

In closing, ask Phil what pizza and playing pool have in common!

G.L.



As The Beacon Turns

From the tech-side.

On April 27, Cpl Tom White and wife Sharon had their first child, a girl.

Sgt Rowland is back off his advanced ASR radar maintenance course. He is enjoying the Comox "weather" before he is posted to Moose Jaw in June. Sgt Randy Hume from Trenton is his replacement.

Cpl Bourgeois is posted to Lahr this summer. He has been busy working on a learn at home German course but we sometimes see and hear him practicing in a corner at work with his trusty tape recorder. A German speaking Frenchman! What will they think of next. Only kidding Conrad. Best of luck.

About a dozen techs and ATC types are gearing up for an early spring fishing trip to Telegraph Cove on the May long weekend. By the way, Sgt Nakashima and MCpl Bedard will be relieved to know that Canex just got a big shipment of "Flashers" in last week.

The next article will be written by Lt Rick Champagne as I'm off to Ontario for 2 1/2 weeks.

S.H.



442 Squadron has not been very busy over recent weeks. Aircraft were called out for several ELT searches (Emergency Locator Transmitter); however, most were false alarms. One Buffalo arrived on scene after a light aircraft flipped on landing but no one was hurt.

A rare event for 442 Squadron was the formation flight of 5 Labrador/Voyageur helicopters on Monday, 14th of May. Although no photographs were available at the time of this issue of Totem Times, some should be ready for the next issue.

(not cubed roots), brackets and factorials.

Here is the answer:
 $(1 + 1 + 1)! = 3 \times 2 \times 1 = 6$
 $2 + 2 + 2 = 6$ This one is too easy!
 $3 \times 3 - 3 = 6$
 $4 + 4 - \sqrt{4} = 8 - 2 = 6$
 $5 + (5 + 5) = 5 + 1 = 6$
 $6 + 6 - 6 = 12 - 6 = 6$
 $7 - (7 + 7) = 7 - 1 = 6$
 $(\sqrt{8 + (8 + 8)})! = (\sqrt{9})! = 3! = 6$
 $\sqrt{9} \times \sqrt{9} - \sqrt{9} = 3 \times 3 - 3 = 6$
 $(\sqrt{10 - (10 + 10)})! = (\sqrt{10 - 1})! = (\sqrt{9})! = 3! = 6$

QUIZ

The numbers quiz in the last 442 article left many people baffled. In this issue I will give you one set of possible answers.

The quiz involved making ten sets of numbers equal six by only adding mathematical signs such as addition, subtraction, multiplication, exponents, square roots

This sign ! (factorial) means that a number is multiplied by decreasing numbers until reaching 1. For example: $5! = 5 \times 4 \times 3 \times 2 \times 1 = 120$. Not knowing this sign prevented many people from solving the $1 \ 1 \ 1 = 6$, $8 \ 8 \ 8 = 6$, and $10 \ 10 \ 10 = 6$ problem.

WOS' - SGTs' MESS

May 25, June 1, 8, 15 and 22
TGIF. Food. Games. Relaxed dress.

18 May
MIXED TGIF. Food. Games. DJ dance. Relaxed dress.



May 25
MUG OUT
Starts at 1700 hours to be followed by TGIF.

26 May
SPRING BALL

Dance band -- THE FAMILY TRADITION
Food - hot & cold buffet. Dress - informal.
Price: \$25.00 a couple for members and associates; \$30.00 a couple for guests.
Tickets on sale today (17 May) to members and associates. 18 May to Honorary members. 19 to 22 May for guests.



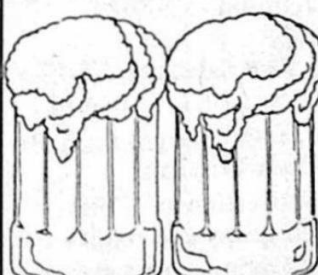
June 9
Start of Week Long Fishing Derby. Fresh and salt water fish.
Starts - 0900 on 9 Jun. End - 1800 hours on 16 Jun. Fee - \$3.00; register at the bar. Official weighing-in at the Fire Hall. Prize presentation at 2000 hours on 16 Jun at the mess.



June 14
RETIREMENT MESS DINNER
Retirees: MWO N. Moxin, MWO B. Hetherington, Sgt B. Horochuk, MWO A. Orvis, Sgt R. Pare, WO B. Bugden, Sgt R. Peacock, Sgt P. Hudson and Sgt B. Pokol.

June 16
End of Fishing Derby.
DJ dance. Prizes. Food - BBQ salmon.
Please donate your catch or some of it.

June 21
GOLF TOURNAMENT
Place - Glacier Greens Golf Club
Fee - \$2.00 plus Green Fees - 9 holes.
Registration at the Mess -- starts at 1200 hours.
OPI - Sgt Stirton, local 2238.



June 22
MUG OUT AND TGIF:
Mug out start at 1700 hours to be followed by regular TGIF.

June 29
GRAND OPENING
OF THE BEER GARDEN.

Food - BBQ steaks and prawns - locally cooked to your convenience and taste. Band - Kenny Shaw and The Bunkhouse Boys. Dress - Western. Price - \$20.00 @ couple for members and associates; \$30.00 @ couple for Honorary and guests. Reserved seating begins on 11 June at the Mess Manager's Office.

For further information contact Sgt R. Lesage, local 2348.

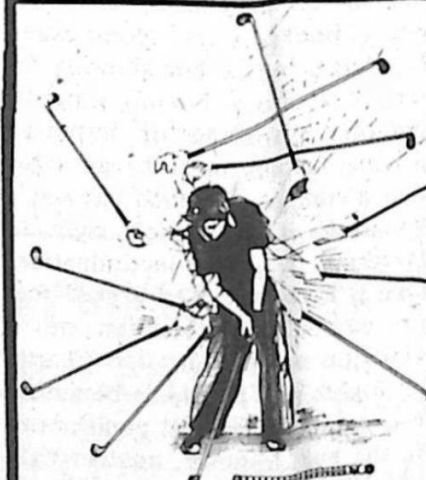
UPCOMING EVENTS

26 July - Golf Tournament - 9 holes
17 August - Golf Tournament - 18 holes.

JR. RANKS' MESS

MAY 1984						
SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
		1 SPECIAL ENT.	2	3 Special Ent.	4 *BAND* TOP 40 R & B TGIF: CRIB	5 *BAND* SWIFT KISS
6 SPECIAL ENT.	7	8 Special Ent.	9	10 *BAND* NOTEABLES	11 TGIF: Euchre	12
13 SPECIAL ENT.	14	15 Special Ent.	16	17 Special Ent.	18 DJ TGIF: DARTS	19 D.J.
20 SPECIAL ENT.	21	22 Special Ent.	23	24 Special Ent.	25 *BAND* BODYWORK TGIF: CRIB	26
27 JUDY NICHOL	28	29 Special Ent.	30	31 Special Ent.		

SNACK BAR: 339-4333



Attention Jr. Ranks' Golfers

There are four daily passes for Glacier Green's Golf Course available at the PMC's office.
First come basis.

Special Events

May 25 - 26
BAND "BODYWORK"
Excellent rock band from Vancouver.
5 piece -- Great time!
Admission \$3.00 -- 2100 - 0100 hours

May 27
SUNDAY
Relax in a quiet atmosphere with JUDY NICHOL. An established songwriter and performer who strives to please the audience. Come on out and enjoy.
2000 - 2400 hours. -- FREE ADMISSION

M.A.W.

Base Supply



This issue of Supply news is specifically dedicated to an individual who has served many years with CFB Comox Supply and will be sorely missed.

His retirement from Supply leaves, for some of us, a lot of memories. He has proven time and time again what the words "hard work" really mean. For most he's been an arrogant, stubborn, hermit-type of an individual who has applied his years of experience to his job in a most unique way. His persistence saw Supply through the transition from CP107 Argus to CP140 Aurora aircraft where his job became critical in clearing out the Argus spares for disposal. But to him it was another day in the life of being overworked, underpaid, overtaxed (spelled with a T), misused, confused and abused; other than that things are fine! That saying will always remain in my mind.

Ernie Smyth, you've been an asset to Supply. From your beaten up hat

and pipe right down to your appealing nature when training a new Supply Tech on packaging procedures.

The people who served under you in the Army and the people who have worked with you in Supply, have all experienced your kindness and your wrath that will be remembered and missed by all of us. My only regrets are to the people who haven't had the pleasure or pain of spending time with you on the job.

You've now reached a point in life which most people envy -- retirement. We in Supply all hope you put it to good use and enjoy every minute of it. Remember you are not a stranger to Supply and we would like to see you once in a while during your retirement. Take care of yourself and have a happy retirement.

As for Fred Kennedy, you have some pretty big boots to fill!

Editorial

The joy of having a fourteen year old

Are you one of those "lucky" individuals who has the great fortune to live in the same house with a fourteen year old? Well, I am. Now don't get me wrong and get the idea that I don't love him, I do, it's just that sometimes I can't stand him. Sometimes I can't wait for the day when he'll be gone but I'm sure that when my wife and I finally have our home to ourselves, we'll sometimes wish he was back.

I don't know about your fourteen year old, but mine is convinced that he owns the house and particularly the fridge. No matter how quietly one opens the fridge, he seems to be lurking nearby. I think that when the light goes on in the fridge another light goes on in his stomach. It's not so much the quantity that he eats that bothers me because he only eats his own weight about every other week; no, it's the way he eats and heaven knows I've tried to teach him for fourteen years that food should go from the plate directly to his mouth. But no, he always has a fall-out zone of about six inches all around his plate. He's probably afraid that food will become obsolete before he can finish his meal.

I don't know why he

requires all that food -- he is allergic to any form of gainful activity. It seems he is always resting up, but for what, I'm sure, I don't know.

Another of his allergies is to water, (bath water to be more precise) which leads me to one of his more disconcerting habits. He ventures into the bathroom on a normally regular schedule but has never in his life, to my knowledge, ever closed the door behind him.

Speaking of doors, when he gets underfoot and my wife wants him out of the house, he puts on his "sensitive" act and appears very hard done by. But trying to get him back in the house at bedtime is like trying to put toothpaste back in the tube. On the subject of beds, he is fairly short as fourteen year olds go, but is he happy with a single bed? No - he has to have a queen size, but mind you he does get a lot of use out of it. He prefers to sleep all day and stay up at night when normal people usually like to sleep.

In spite of his being a lazy good-for-nothing, my wife and I will really miss him when he finally leaves us. Even so, you can be sure that we won't be getting another cat for a very long time.

J.S.G.

Letters:

"It is with great pleasure that I offer congratulations and best wishes to all ranks of the Land Ordnance Engineering Branch on the occasion this year of the 40th anniversary of the formation of their predecessors, the Corps of Royal Canadian Electrical and Mechanical Engineers, which came into being in 1944 during the height of the Second World War.

"Whether on the battlefield in Europe and Korea or in peacekeeping or operations at home and in NATO, the Officers and Technicians of the Branch both in the Regular and Reserve Forces have always set an outstanding example of professional excellence and craftsmanship in maintaining the land equipment of the Canadian

Forces in a state of operational readiness.

"On this 40th Anniversary, the Branch enters a new phase with a change of name to Land Electrical and Mechanical Engineering challenged by advancing technologies and the introduction of increasingly complex weapon systems and equipment. I am confident that all members of the Branch will meet all such challenges positively and with the same dedication and efficiency that have been experienced in the past.

"On behalf of all members of the Canadian Forces, I wish to express our deep appreciation of your services and wish you every success for the future."

—The Chief of the Defence Staff

Groups unite to support child restraint law

Eight major B.C. organizations joined forces today to insist that the provincial government enact a seat belt law for children under the age of six. The groups rallied around a brief presented to Alex Fraser, B.C. Minister of Transportation and Highways, by the British Columbia Medical Association.

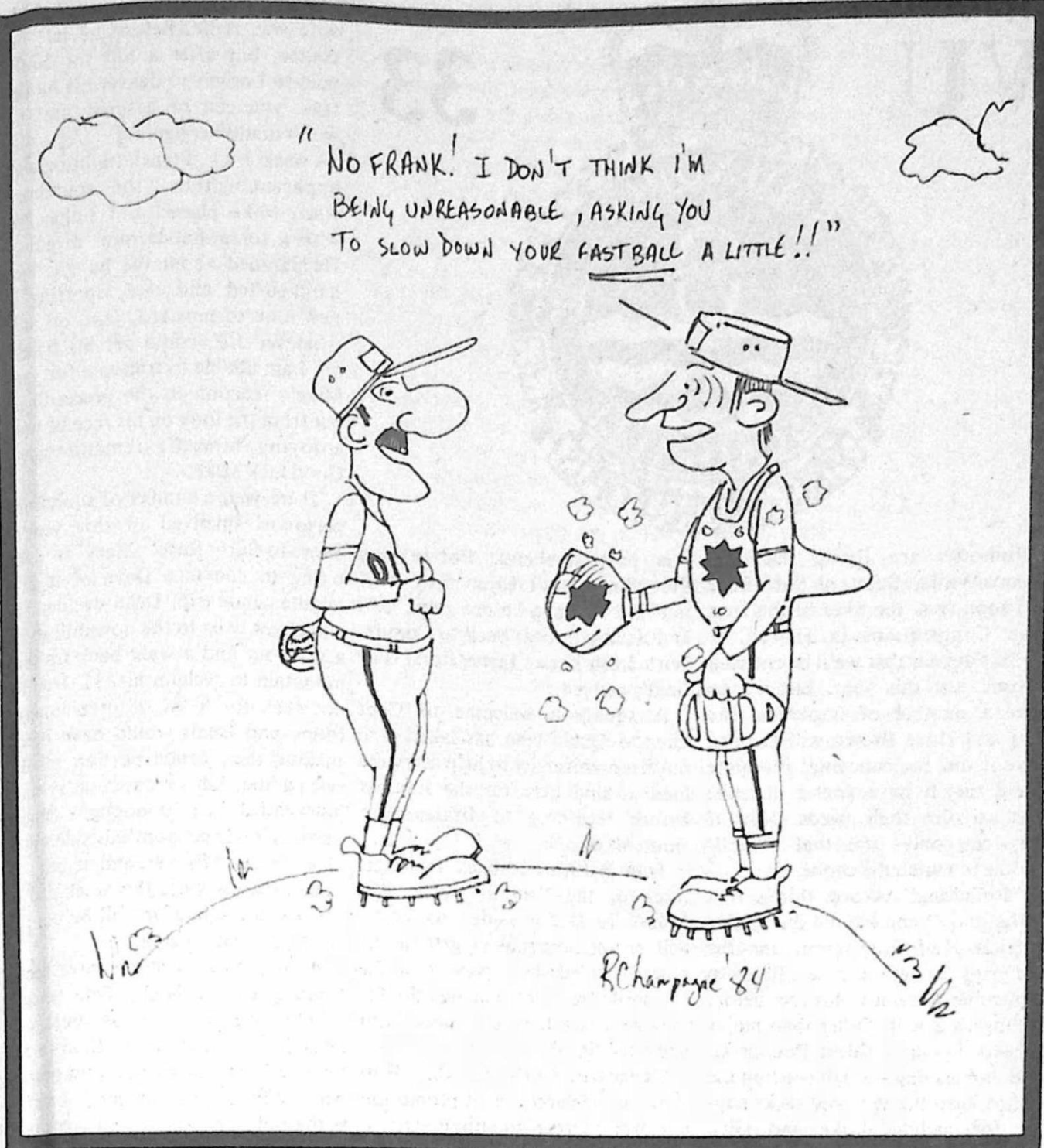
Joining the B.C.M.A. in its campaign were the Ambulance Employees Union, the B.C. Association of Broadcasters, the B.C. Automobile Association, the B.C. Medical Association Auxiliary, the B.C. Federation of Police Officers, the B.C. Safety Council and the Consumers' Association of Canada (B.C. Branch).

"This government is saying no to a measure that will prevent death and injury to hundreds of children," said Dr. Norman Hamilton, chairman of B.C.M.A.'s Emergency Medical Services Committee. "There is conclusive evidence that legislation boosts wearing rates of seat belts and child safety seats. Mr. Fraser himself acknowledges that seat belts save lives."

Saskatchewan, Ontario, Manitoba, New Brunswick, Quebec, Newfoundland and 41 of the United States already have laws protecting children in motor vehicles. The Alberta government has also announced its intention to constitute similar legislation.

"In B.C., we have a seat belt law for adults, brought in by a Social Credit government, but not for children under six years of age," said Dr. Hamilton. "The government has its priorities confused. Children cannot be held responsible for their own safety."

Now into the second year of its campaign, the B.C.M.A. plans to continue its efforts until a child seat belt law is enacted.



Did your mother wear army boots?

— Women in Canadian military service is now the subject of two books and an upcoming Canadian War Museum exhibit. The Canadian Women's Army Corps (CWAC) is the subject of *Athene*, (goddess of war) *The Canadian Women's Army Corps — Their Story*, written by W. Hugh Conrod. This book covers the CWAC organization from 1941 to 1946, postwar ex-CWAC achievements and examines the CWAC Militia up to unification in 1968. It is available at military and public libraries or through Writing and Editorial Services, P.O. Box 163,

Dartmouth, N.S. B2Y 3Y3 for \$24.95. *Back the Attack* by Jean Bruce, a National Museums Canada employee, covers the roles of women in the Second World War. It's scheduled to be published next year by Macmillan of Canada. Women at War is an exhibit planned for 1984 by the Canadian War Museum. Designed completely by women, the exhibit will be located on the third floor of the museum in Ottawa. The display depicts women at war beginning with the Amazons and other legendary female warriors and continuing to the present.

Next Totem Times Deadline - Monday, May 28, 1984



Law Talk

By Gordon Hardy of the People's Law School

Human rights in Canada

The third of four articles on human rights issues in Canada.

"There is nothing which so generally strikes the imagination, and engages the affections of mankind."

This is how William Blackstone, an influential English jurist of the last century, described rights, particularly the right to property.

While some Canadians might not share Blackstone's enthusiasm for property rights, most of us become indignant if we feel that our rights have been violated. As Max Wyman, former chairman of the Alberta Human Rights Commission, says, "Probably the greatest source of hostility to all forms of legislation stems from the sincere belief of many people that they have the right to be free from government intervention. They bitterly resent interference into the privacy of their lives, and often claim that such interference infringes on their rights as individuals."

There are many examples of this; motorcyclists may resent mandatory helmets, merchants and consumers may bristle at the compulsion to use metric measurements, and almost

that the tax man takes out of our pocket books. A very recent example is B.C.'s new law allowing for the compulsory blood-testing of persons suspected of impaired driving. Opponents of the law argue that a compulsory blood test was a violation of a person's right to freedom from self-incrimination. One B.C. lawyer even argued that the compulsory blood test was a violation of the Canadian Charter of Rights and Freedoms because it was cruel and unusual punishment. In the end, however, another right prevailed: this was the right of British Columbians not to be killed and wounded by impaired motorists.

An this is generally the problem with rights - they may conflict with the rights of others. Certain long-established rights, such as the right to a fair trial, cause little controversy while recently-advanced rights - such as the right to strike - are by no means rights as far as everybody is concerned.

This has always been the case with rights. Take, for example, the American Declaration of Independence and the French Declaration of

the Rights of Man, two of the most important human rights documents in world history. Forged by men of property engaged in a struggle against what they perceived as political and economic tyranny, they are concerned with political liberty and the rights of property-owners. Neither document recognized the rights of women, native people or slaves. Indeed, slaves were part of the property whose ownership the slave-owners were determined to protect.

Even those rights which we take for granted today are likely only to have been recognized after a prolonged struggle against a conflicting right. The right to education is one. When universal education was first proposed in England 150 years ago, it met great opposition. One opponent charged that "the plan is despotic in its character. It compels parishes to provide schools, and it forces employers to pay for them. This is an outrage on British freedom."

This controversy is not entirely settled to this day. Disabled people now claim their right to an education, a claim which, if it is to

be satisfied, may require modifications to school buildings and special instruction. This, in turn, may result in higher school taxes and a further encroachment on the incomes of others. Many Canadians would argue that this is the price we must pay to live in a humane society which offers equal opportunity to all. The point, however, is that the recognition of almost any right - whether it be the right to education or the right to strike - will affect somebody else's rights and freedoms.

In Wyman's words, "No generations will ever be free from the confrontations between the desire for human freedom and the need for human rights. Every generation must face the questions: How much freedom should people have? How many rights should people be given? No two generations has ever answered these questions in the same way in the past, and it seems unlikely to me that they will ever do so in the future."

Next: Anti-discrimination Law.



TOTEM TIMES

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A.F.V.C.

INVITATION SPÉCIALE

Vous êtes cordialement invités à l'ouverture officielle de l'Association Francophone de la Vallée de Comox et de notre nouveau bureau Dimanche le 27 mai 1984 de 1:00 p.m. à 4:00 p.m.

Vous êtes tous bienvenus à un après-midi d'accueil où l'on vous offrira café et beignes, amenez un ami.

Il y aura par la même occasion la remise des prix aux gagnants du programme-cadre pour le concours de l'emblème de l'Association Francophone de la Vallée de Comox.

Nous serons tous à votre disposition pour vous expliquer la raison d'être de l'A.F.V.C. et les différents services que l'on peut vous offrir.

P.S.: Avez-vous du temps à donner à votre association? Nous avons besoin de volontaires pour aidés à l'organisation et la préparation de la Fête du Canada le 1er juillet. Cette année l'Association participera à la Fête du Canada avec la communauté de Courtenay.

Pour plus d'informations contacter:

Jean-Claude Rheault 334-4662, Le bureau 338-6125

Au plaisir de vous rencontrer
Jean-Claude (J.C.) Rheault
A.F.V.C.

SPECIAL INVITATION

You are cordially invited to the official opening of our new office situated at 493 Fitzgerald, Courtenay (corner of 5th avenue) on Sunday the 27 of May 1984 from 1:00 p.m. to 4:00 p.m.

You are welcome to come down for coffee and donuts. We will also give out the prizes to the winner of our drawing contest from the Programme-Cadre. Looking forward to meeting you.

Jean-Claude (J.C.) Rheault
President
A.F.V.C.

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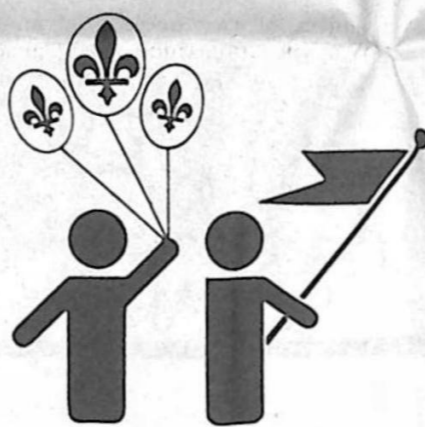
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LA ST-JEAN-BAPTISTE

Plus d'informations sur la célébration de la St-Jean-Baptiste dans le Totem Times du 14 de Juin.

LA PROCHAINE RÉUNION DU COMITÉ SERA JEUDI
LE 31 MAI 1984 à 7:30 P.M.

DES FORCES CANADIENNES

Gros plan

LA MODE EST AUX BRACELETS — Et il y en a un qui pourrait vous sauver la vie. Les FC offrent gratuitement aux militaires qui en ont besoin un bracelet Medic-Alert et une carte spéciale à conserver dans le portefeuille. Les personnes qui souffrent par exemple d'allergies ou du diabète, ou qui sont atteintes d'une affection qui exige un traitement anticoagulant prolongé peuvent demander à obtenir le bracelet et la carte. Les militaires qui ont à s'acquitter de tâches dangereuses, comme les plongeurs et les membres des équipes de caisson hyperbare, sont également admissibles. L'OAF 34-37 et l'OSSFC 29-12 contiennent tous les renseignements relatifs à l'émission des bracelets et des cartes spéciales. C'est le personnel de la salle d'examen médical ou de l'hôpital de la base qui détermine s'il y a lieu pour le militaire d'en faire la demande. Si tel est le cas, ce dernier reçoit un bracelet en acier inoxydable sur lequel sont gravés un numéro d'enregistrement et la raison pour laquelle il doit porter le bracelet, ainsi qu'une carte sur laquelle figurent le numéro de téléphone d'un médecin et les renseignements nécessaires en cas d'urgence. La Fondation canadienne d'alerte médicale conserve toutes les données médicales, lesquelles sont mises à jour à chaque nouvelle affectation, en même temps que les formalités d'arrivée.

LE PORT DE CASQUES D'ÉCOUTE COMMERCIAUX EST INTERDIT — Il est interdit aux militaires de porter un casque d'écoute lorsqu'ils sont en service. Des lignes directrices sur le sujet ont d'ailleurs été émises. L'OAF 66-5 définit un casque d'écoute commercial comme « tout récepteur radio ou lecteur de cassettes commercial portatif dont l'utilisateur se sert à l'aide de tout type d'écouteur ou de casque d'écoute ». Bref, les militaires en service qui se trouvent dans des situations où ils pourraient être appelés à réagir à la circulation automobile ne doivent absolument pas porter de casque d'écoute. Il est également interdit à toute personne qui conduit un véhicule du MDN d'utiliser de tels appareils. Il revient, en général, au commandant de la base, de la station ou de l'établissement de décider si l'utilisation de casques d'écoute est permise. En fait, il n'y a pas que la question de la sécurité qui entre en jeu ici. En effet, une exposition constante à des bruits de forte intensité peut entraîner une perte progressive d'acuité auditive. Ainsi, avant de vous laisser emporter par le rythme de votre musique préférée, consultez les OAF et les règlements applicables dans votre unité, histoire d'entendre la voix de la raison.

VOTRE MÈRE ÉTAIT-ELLE DANS L'ARMÉE? — Les femmes dans les Forces armées canadiennes est le sujet de deux livres, l'un déjà paru et l'autre à paraître, ainsi que d'une exposition qui se tiendra prochainement au Musée canadien de la guerre. Le livre de W. Hugh Conrod, intitulé *Athena, The Canadian Women's Army Corps*, traite de l'organisation du Service féminin de l'Armée canadienne entre 1941 et 1946 et des accomplissements de ces femmes une fois la guerre terminée, et examine le rôle de la Milice du Service féminin de l'Armée canadienne jusqu'à l'unification des divers éléments des Forces armées en 1968. On peut l'emprunter de bibliothèques militaires et publiques, ou se le procurer pour le prix de 24,95 \$ en s'adressant aux Writing and Editorial Services, B.P. 163, Dartmouth (N.-É.), B2Y 3Y3. Dans son livre intitulé *Back the Attack*, Jean Bruce, employée des Musées nationaux du Canada, décrit le rôle qu'ont joué les femmes durant la Seconde Guerre mondiale. La maison d'édition Macmillan of Canada prévoit lancer ce livre l'année prochaine. Et enfin, l'exposition intitulée *Les femmes et la guerre*, conçue entièrement par des femmes, relatera l'histoire des femmes militaires à commencer par les Amazones et autres guerrières légendaires, jusqu'à nos jours. On pourra aller la voir plus tard cette année, au troisième étage du Musée canadien de la guerre.

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Sports

'Fastball' 84 IS LEAGUE SCHEDULE

DATE	◆ 1-1700 hrs.	◆ 2-1700 hrs.	◆ 1-1900 hrs.	◆ 2-1900 hrs.
Tuesday, 15 May	BTnO vs ATC	BAMSO 1 vs VU33	MP vs HQ	442 vs Det 5
Wed. 16 May	Supply vs JRC	BAMSO 2 vs FH	407 1 vs HQ	BTnO vs VU33
Thurs. 17 May	Supply vs BAMSO 2	407 2 vs JRC	442 vs FH	MP vs BAMSO 1
Tues. 22 May	ATC vs VU33	407 1 vs BAMSO	BTnO vs MP	Det 5 vs FH
Wed. 23 May	407 2 vs BAMSO 2	442 vs Supply	JRC vs 407 2	ATC vs MP
Thurs. 24 May	407 1 vs BTnO	BAMSO 2 vs 407 2	Det 5 vs Supply	407 2 vs 442
Tues. 29 May	VU33 vs MP	HQ vs BTnO	ATC vs 407 1	FH vs Supply
Wed. 30 May	JRC vs 442	Det 5 vs 407 2	BAMSO 1 vs BTnO	VU33 vs 407 1
Thurs. 31 May	HQ vs ATC	BAMSO 2 vs 442	FH vs 407 2	JRC vs Det 5
Tues. 5 June	BAMSO 1 vs ATC	FH vs JRC	VU33 vs HQ	Det 5 vs 442
Wed. 6 June	BAMSO 2 vs Det 5			JRC vs Supply
Thurs. 7 June	FH vs BAMSO 2	ATC vs BTnO	HQ vs MP	VU33 vs BAMSO 1
Tues. 12 June	HQ vs BAMSO 1	FH vs 442	BAMSO 2 vs Supply	BTnO vs MP
Wed. 13 June	VU33 vs BTnO	JRC vs BAMSO 2	FH vs Det 5	BAMSO 1 vs MP
Thurs. 14 June	Supply vs 442	VU33 vs ATC	Det 5 vs JRC	MP vs BTnO
Tues. 19 June	BAMSO 2 vs JRC	Supply vs Det 5	407 2 vs 442	BAMSO 1 vs HQ
Wed. 20 June	MP vs ATC	407 1 vs BTnO	Supply vs FH	442 vs JRC
Thurs. 21 June	407 2 vs Det 5	BTnO vs HQ	MP vs VU33	407 1 vs ATC
Tues. 26 June	442 vs BAMSO 2	407 2 vs FH	BAMSO 1 vs 407 1	Det 5 vs BAMSO 2
Wed. 27 June	407 1 vs VU33	ATC vs HQ	407 2 vs Supply	BTnO vs BAMSO 1
Thurs. 28 June	JRC vs FH	407 1 vs MP	ATC vs BAMSO 1	HQ vs VU33

July - All games must be a toss for home team advantage this round.

Tues. 3 July	BTnO vs ATC	Supply vs JRC	BAMSO 2 vs VU33	442 vs Det 5
Wed. 4 July	BTnO vs VU33	BAMSO 2 vs FH	MP vs HQ	407 2 vs JRC
Thurs. 5 July	Supply vs BAMSO 2	407 1 vs HQ	442 vs FH	MP vs BAMSO 1
Tues. 10 July	Det 5 vs FH	407 1 vs BAMSO 1	442 vs Supply	ATC vs VU33
Wed. 11 July	407 2 vs BAMSO 2	HQ vs 407 1	JRC 1 vs BAMSO 2	ATC vs MP
Thurs. 12 July	407 2 vs 442	HQ vs BAMSO 1	Det 5 vs Supply	407 1 vs BTnO
Tues. 17 July	FH vs Supply	HQ vs BTnO	Det 5 vs 407 2	VU33 vs MP
Wed. 18 July	JRC vs 442	ATC vs 407 1	VU33 vs MP	FH vs 407 2
Thurs. 19 July	Det 5 vs JRC	BAMSO 1 vs BTnO	BAMSO 2 vs 442	HQ vs ATC
Tues. 24 July	Supply vs 407 2	BAMSO 1 vs ATC	JRC vs FH	MP vs 407 1
Wed. 25 July	BAMSO 2 vs Det 5	VU33 vs HQ	MP vs 407 1	Supply vs 407 2

TEAM REPRESENTATIVES

MP - Cpl Luppe R.V. - local 2218
 BAMSO 2 - Cpl Harald Peacock - local 2341
 BAMSO 1 - Cpl Mike Hope - local 2495
 Det 5 - MSgt Louis Robertson - local 2429
 Fire Hall - Cpl Gougeon B.T. - local 2250
 MCpl Stamp G. - local 2250
 407 1 - Lt Kirby C. - local 2308
 407 2 - Capt Gaboury - local 2308

JRC - Virg Head - Phone: 334-3549
 442 - Cpl Bruce Davidson - local 2285
 BTnO - Cpl Hunter C.A. - local 2262
 Supply - Pte Martin D.J. - local 2504
 HQ - P2 Wildin - local 2383
 VU33 - Sgt Vandusen - local 2240
 ATC - Cpl Ostner - local 2595
 Umpire Chief - MCpl Donny Plume - local 2236
 Mil Sports Co-ord - Cpl Tucker - local 2315

May and June the team listed last is the home team

1984 CFB Comox Servicemens Fastball Schedule

TIME	DATE	HOME	AWAY	LOCATION
1900 hours	23 May	Highwayman Pub	Base Totems	Union Bay
1900 hours	30 May	Base Totems	Naniamo Realty	CFB Comox
2030 hours	31 May	Hamilton Logging	Base Totems	Lewis Park #2
2030 hours	04 June	Farmers	Base Totems	Lewis Park #2
1900 hours	06 June	Base Totems	Hamilton Logging	CFB Comox
1900 hours	13 June	Cumberland Luckies	Base Totems	Cumberland
1900 hours	20 June	Base Totems	Highway Pub	CFB Comox
2030 hours	21 June	Naniamo Realty	Base Totems	Lewis Park #2
2030 hours	25 June	Hamilton Logging	Base Totems	Lewis Park #2
1900 hours	04 July	Base Totems	Farmers	CFB Comox
1900 hours	11 July	Cumberland Luckies	Base Totems	Cumberland
1900 hours	18 July	Base Totems	Naniamo Realty	CFB Comox
1900 hours	19 July	Highwayman Pub	Base Totems	Union Bay
1900 hours	23 July	Farmers	Base Totems	Lewis Park
1900 hours	25 July	Base Totems	Hamilton Logging	CFB Comox

30 July - 20 August -- Play-offs

Upcoming tournaments: 19 - 21 May, CFB Comox & 22 - 24 June, League Tournament

1984 CFB Comox Servicewomens Fastball Schedule

TIME	DATE	HOME	AWAY	LOCATION
1845 hours	Tuesday, 08 May	Drifters	CFB Comox	Lewis Park
1845 hours	Thursday, 10 May	CFB Comox	CR Ladies	CFB Comox
1845 hours	Tuesday, 15 May	CFB Comox	Pilon	CFB Comox
1845 hours	Thursday, 17 May	CR Midgets	CFB Comox	Campbell River
1845 hours	Tuesday, 22 May	CVRM	CFB Comox	CFB Comox
1845 hours	Thursday, 24 May	CFB Comox	Moody Blues	CFB Comox
1845 hours	Thursday, 31 May	Pilon	CFB Comox	Lewis Park
1900 hours	Tuesday, 05 June	CFB Comox	Drifters	CFB Comox
1900 hours	Thursday, 7 June	CFB Comox	CR Midgets	CFB Comox
1900 hours	Thursday, 14 June	CR Ladies	CFB Comox	Campbell River
1900 hours	Thursday, 19 June	CFB Comox	CVRM	CFB Comox
1900 hour	Tuesday, 03 July	Moody Blues	CFB Comox	CFB Comox



Unclassified

RATES

First Insertion - NO CHARGE
 Subsequent Insertions - \$2.00 per inch

RIVERSIDE PARK RENT REDUCTIONS

Does Your Rent Include?

- fridge, stove, dishwasher, washer and dryer in all 2 bedroom units
- fireplaces and large balconies
- 1 1/2 baths with Jacuzzi tubs
- saunas and exercise room
- party room with wet bar and ping-pong
- swimming pool
- free cablevision
- excellent view suites available
- extra large suites
- rents from \$380.00

If not —
PHONE: 338-7973

"Best value for your rental dollar"
 CUSTOM PROPERTY MANAGEMENT LTD.

Bates Beach Resort

1 & 2 bedroom furnished apartments. Waterfront. Heat & Hydro included. From \$285.00. Call 334-2151 or 338-0501.

For rent: Ski condominium on Mt. Washington, (near Comox) to rent from Sundays to Fridays \$240. This unit is fully furnished for 8 people and has 2 bathrooms and sauna. For more details phone: 339-6216 (or 339-6969).

For rent: Top half of new 3 bedroom home at Bates Beach. Large sun-deck, near beach. \$350 per month. 334-2094.

ARRAN HOUSE

SPACIOUS 1 & 2 BEDROOM APARTMENTS AVAILABLE NOW IN THIS NEARLY NEW BUILDING. SUITES ARE BRIGHT AND CLEAN AND INCLUDE LARGE FRIDGE AND STOVE AND ARE CLOSE TO TOWN.

1 BEDROOM FROM \$320.
 2 BEDROOM FROM \$345.

(After Rebate)

\$30 rebate on 1 bedroom
 \$60 rebate on 2 bedroom

Call Gordon or Edna Brady at 338-1624

Managed by West Coast Savings. Real Estate Division Ltd.

Private Sale: 1,200 sq. ft. house, McKenzie Ave., Comox. \$69,500.

Large family home, one block from schools, near hospital and shopping. 5 bedrooms (3 main, 2 basement). Oak floors, solid wood kitchen cabinets, 2 baths, 2 fireplaces, fenced yard. Assumable mortgage of \$66,000 due 1986. For more details please phone 339-6969 or write to P.O. Box 1411, Comox, B.C.

BUILDING MATERIALS

Lumber & Plywoods
 Panelling - Arborite
 Doors and Windows
 Builders Hardware - Tools, etc.
 Electrical and Plumbing Supplies
 Paints and Finishes
 Roofing - Siding
 Cement Department
 Truck Delivery
 Customer Financing

CENTRAL BUILDERS

610 Anderton Avenue
 Courtenay, B.C.
 Phone 334-4416

POSTED TO CFB BORDEN?

Personal touch with 15 years experience. Call or write RON JONES, Associate Broker, LOU GOEDMONDT REAL ESTATE Ltd., 35 Essa Rd., Barrie, Ontario. Phone -

705 737 - 2880

House for rent: 3 br., split-level in good neighbourhood in Comox. Close to schools. Fireplace, 2 1/2 baths, family room. No appliances. Available mid-July. \$500/month. Phone 339-3607.

For sale: Retirement home on the river near Puntledge Park. Asking \$95,000. Call 338-5593.

Be sure your home and belongings are properly insured. See —

Bob Emmerson
 Nanaimo Realty Insurance
 Courtenay, and call
 334-3124 or home 339-5259

For sale: 12' x 60' mobile home, 3 br, 2 room addition, 2 sheds, fridge, stove, washer, dryer and wood stove. Located in Falcon Trailer Park close to the base. Must sell. Asking \$13,900 o.b.o. Phone 339-4138 or 334-3252.

If you are moving and don't want the responsibility of cleaning your PMQ, call Mitch at 339-6989 or Brenda at 339-7318.

For sale: Wurlitzer piano. Good condition. \$750. 339-5118.

For sale: 1982 Yamaha Maxim 650 cc. Only 14,500 km. Excellent condition - \$2,300 o.b.o. Phone 339-6180.

For sale: 2 outboard motors. 1979, 6 HP, electronic Ign. - \$600. 1982, 7 1/2 HP, electronic ign. - \$700.00. Both in excellent condition. 339-6186.

Maple syrup: Fresh this spring from Ontario. Grade A Light, in 19 oz., 1 liter and 4 liter cans. Phone 339-0943.

Superb breeding - black Labrador puppies. Ready to go in May. 335-2171 or 335-0767.

For sale: Microwave oven: Panasonic, 600 watt with automatic defrost, large oven. Recipe-Matic with timer. \$250.00 Folding tables: TV type with stand - \$25.00, beautiful beach scenes on trays. Coffee & end tables: teak wood with smoked glass - \$150.00 per set. Phone: 339-2748

Do you eat compulsively? Do you want to change? Overeaters Anonymous - 338-9849 or 339-4194.

NORWOOD WEEKEND RIDING CAMP

Saturday morning, till Sunday night, \$75. Room and Board, instruction in horseback riding, horse care, etc. Call 337-8621 for dates available. (Friday arrival \$20. extra.)

NORWOOD EQUESTRIAN CENTRE

Summer special - Do it yourself board. \$50. per month, commencing May 1st. Phone 337-8621.
 All types of board reduced!

Horses bought, sold, traded, boarded, rented, trail rides, lessons for all.
NORWOOD HORSE CENTRE
 337-8621

EW

Courtesy

2 SEPARATE SHOWS
 EACH EVENING AT
 7:00 p.m. & 9:00 p.m.
 OPEN 7 DAYS A WEEK

Adults \$3.75. OAP \$1.75. Child \$1.75

NOW SHOWING: Thursday May 17 at 6:45 p.m. & 9:00 p.m.

Academy Award Winner - Best Original Song Score
BARBRA STREISAND
 "YENTL" **MATURE**

OPENS FRIDAY TO THURSDAY
 May 18, 19, 20, 21, 22, 23, 24
 Each evening at 7:00 p.m. & 9:00 p.m.

"MAKING THE GRADE"
 If you can't make it... fake it!
 (Not yet classified)

WATCH YOUR LOCAL NEWSPAPER FOR THE NEXT EXCITING FILM FEATURES

Stardust

Drive-In Theatre

ALL ADMISSIONS \$4.00
 ALL-NITER \$4.50

BOX OFFICE - 8:30 p.m.
 SHOW STARTS AT DUSK

May 17, 18, 19
 "GREYSTOKE"
 The Legend of TARZAN
 "Some violence & nudity"
 + "NEVER SAY NEVER AGAIN"
 ALL-NITER, Sunday, May 20
 PORKY'S: TO BE OR NOT TO BE;
 BLAME IT ON RIO; THE ENTITY;
 PORKY'S II

CFB COMOX

RESTAURANT GUIDE

Mr. Mike's

COME AND GET
 A REAL MEAL

Monday - Saturday: 10 am-9pm
 Sunday: 12 noon-8pm

Sports

Military Engineer Tourney best ever



First low net winner, Jim Wilson is presented with his trophy and prize by LCol Mack, BTSO - I want strokes next time Jim.



The Winners

Low Net

- 1st - Jim Wilson
- 2nd - M. Whitty
- 3rd - B. Elder
- 4th - J. Brabent
- 5th - R. Hunter
- 6th - A. Metheral
- 7th - K. Mackenzie
- 8th - B. Buchanan
- 9th - R. Champion

Low Gross

- 1st - B. House
- 2nd - N. Stolarchuk
- 3rd - F. Mills
- 4th - D. Buchan
- 5th - S. Roy
- 6th - R. Leason
- 7th - T. Finnie
- 8th - A. Olynyk
- 9th - H. Lewis

Closest to Pin

- Friday - Ralph Champion
- Saturday - John Wilson

Longest Drive

- Friday - Nick Stolarchuk
- Saturday - Bill House

Most Honest Golfer - D Hanrahan

FLASH! I guess the most skillfull golfer was Bernie Gagnon. He only used one shot on #4. Congratulations Bernie.

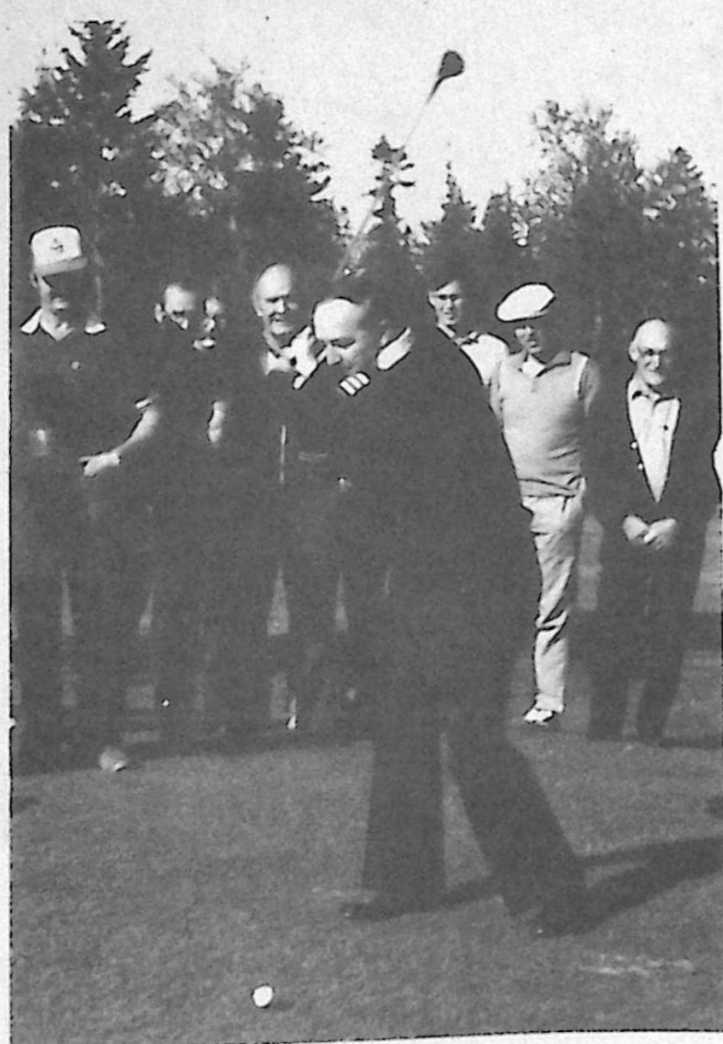
They came from far and wide, Golfers, Duffers (other things?!). Everyone enjoyed! and the "Aim of the Game" was achieved thanks to the following:

- * The Committee - "Lots of hard work."
- * The Starters - "Kept us in line & on time."
- * Steve's Rest Area - "Helped us make it through the day."
- * The Greenskeeper - "Course was in great shape."
- * The Clubhouse Staff - "Fast, courteous service."
- * The people who helped behind the scenes - we know that you know that we appreciate.

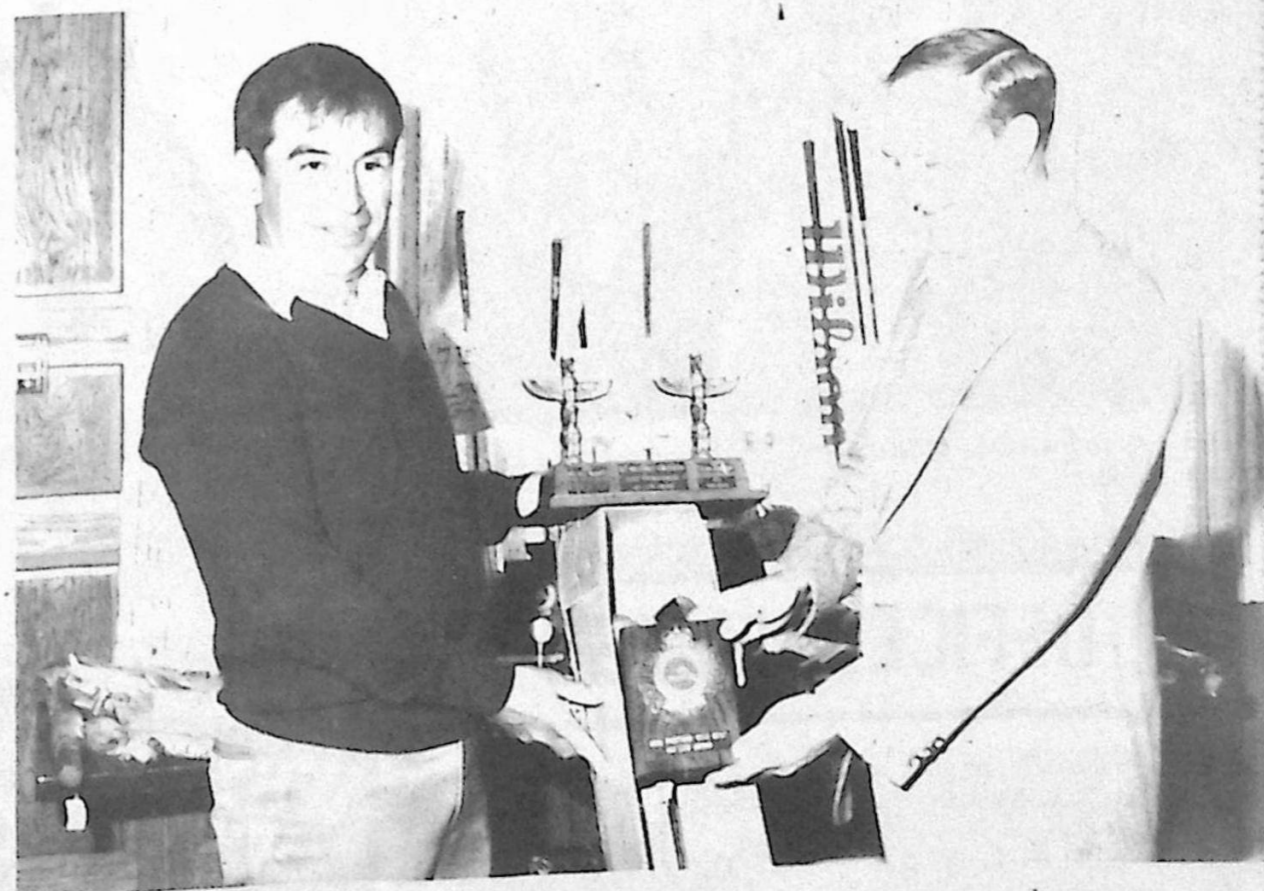
Thank you!
(6 on a par 3??!!)



Who said he had no skill?! T'was a thrill of a lifetime for Bernie Gagnon (l.) when he had a hole-in-one on #4 during the Western Military Engineer Golf Tournament. Bernie is congratulated on his skill by Fred Mills.



Hey! Was that Arnold Palmer? . . . No! that was the BTSO, LCol Mack's thundering 1st drive to open the Western Canada Military Engineers Golf Tournament . . . a thing of beauty and a joy to behold!



The best engineer golfer, Bill House receives his 1st low gross trophy and prize from LCol Mack, BTSO - Well done Bill.

Upcoming triathlon

For all those avid Triathletes. The following Triathlons are up and coming in the near future:

- Chilliwack - 15 Jun 84, deadline to Rec Centre - 01 Jun 84.
- Comox - 15 Jul 84, deadline to Rec Centre - 01 Jun 84.
- Victoria - 05 Aug 84, deadline to Rec Centre - 20 Jul 84.
- Kelowna - 25 Aug 84, deadline to Rec Centre - 10 Aug 84.

All the above Triathlons are tinman with the following distances involved in the courses:

- Swim - 1 - 2 km
- Bike - 40 - 50 km
- Run - 10 - 15 km

For more information contact Cpl Shanks at the Rec Centre, local 2315.

Ball diamond and sports field

Ball season is upon us again, and the ball diamonds and sports field will be used quite heavily this season. Use of the diamonds is monitored through the Rec Centre. All diamonds must be booked early.

These are good facilities, so let's keep them that way; use garbage points provided and parking spaces provided. Please keep all vehicle traffic off the running track. Have a good season.

Pacific Region CF national competitions

The following is a list of dates and Places for 1984 Summer Competitions.

Supervisors who have Base Team players working for them are urged to keep these dates handy when planning shift schedules.

CF National

- Softball: Ladies - CFB Winnipeg; 27 - 30 August.
- Mens - CFB Trenton; 05 - 08 September.
- Running: CFB Lahr; 23 - 25 October.

Pacific Region

- Softball: Mens - CFB Esquimalt, 23 - 27 July;
- Womens - CFB Chilliwack; 30 July - 01 August.

- Golf: 25th NORAD Washington USA; 10 - 13 September.
- Road Race: CFB Chilliwack; 19 - 21 September.

- Tennis: CFB Esquimalt, early October.
- Soccer: CFB Esquimalt (3PPCLD); mid October.

OPEN 7 DAYS A WEEK

COLUMBO'S

STEAK HOUSE

PIZZA
N
PASTA

338-1488

FREE DELIVERY

Sports

Glacier Greens report



The President's Cup was held on Sunday under very cloudy skies, a full field of golfers participated in the tournament which was won by Dave Ronaldson with an impressive 75, Low Net went to Don Plume with a 65 (Phil, you better have a look at his card). On the ladies side, Frankie McCaffery was the Low Gross winner after a countback with Francine Fredrickson's 95. Low Net went to Pat Verchere. Thank you all once again for making this tournament a resounding success.

play off the "RED" tee for nine holes. You must play off the "YELLOW" tees in order to combine for a 18 hole total and then subtract 68 (new course rating) for your differential.

This year we have been lucky enough to be included in the Crown Life Tournament. This is a nation wide NET tourney sponsored by Crown Life for golfers with a handicap of 30 or below, the first month will be Stroke Play, then finishing in Match Play. It costs you \$5.00 to play anytime you wish to enter (prior to play) and your net score is to be submitted to the Pro Shop, this segment ends 10 June so you should get at it. For more information contact Chris at the Pro Shop or John at 339-7407. Following Stroke Play, Match Play will take place with the ultimate winners going to Vancouver for the B.C. playdowns. The winners from there will go to Quebec for the National finals. Don't forget you must be in at least a threesome to count your score. We need maximum participation to turn this into an annual event.

TIPS FROM JOHN: Remember when marking the ball, place your marker directly behind it before touching the ball. If you are going to move your marker for another player, mark, then lift, then place marker in the new position. To replace ball, return the marker to the original position then place your ball and lift marker. Failure to comply with this rule may cost you one stroke.

Now for a few words from our handicap chairman, Phil Nakashima: NINE hole scores must be posted, a person playing nine turns in his score and then can return days or even weeks later (there is no time limit) to play a second nine. However, the nine holes must be consecutive. If a golfer plays an 18 hole round between two nine hole rounds, the two nines cannot be combined. Ensure that you



Low Net winner Don Plume receives his prize from Doug Stuart, our Club President.



Ladies Club Trophy presented to Frankie McCaffery by the Ladies Club President, Pat Verchere.



Ladies Club Low Net prize presented to Pat Verchere by Martha Campbell.



Doug Stuart Club President, presenting the President's Cup to Low Gross winner Dave Ronaldson.

OFFICERS' MESS

Wednesday, May 23
OWC CLOSING DINNER:

6:30 for 7:00 p.m. On the menu for the evening will be a Hip of Beef. Buffet of assorted salads, rolls, and fresh fruit salad. Wine is included with the dinner. Cost for members \$8.00, non-members \$10.00. Tickets are available from Gail Blamire: 339-2960, or Martha Leonard, PMQ 75: 339-7559. Also during the evening there will be elections, charity vote, and a farewell to posted members.

Saturday, May 26
SEAFOOD NIGHT:

2000 hours. Dine and dance to the music of the band "Sideline". Cost per couple: members \$25.00, guests \$35.00. Dress is informal. Reservations should be in to the Mess Manager's office by 1200 hours Wednesday, 23 May 84.

COMING EVENTS:

- 08 June - Monster TGIF
- 17 June - Fathers' Day Brunch
- 23 June - 409 Farewell Dinner & Dance

"FISHERMAN SHOULD CRAWL OVER BROKEN GLASS TO SEE THIS FILM" Los Angeles Times

WHY FISH STRIKE! WHY THEY DON'T! ... SEE FOR YOURSELF!

WITH REMOTE CONTROL VIDEO!

Daiwa UNDERWATER RESEARCH REVEALS:

- What lure action triggers a strike?
- How fish react to spoons, plugs, dodgers, flies, bait, human scent?
- Do big lures catch bigger fish?

SEE IT IN CLOSE-UP SLOW MOTION!

See... Wilderness British Columbia! Eagles, killer whales, sharks, baitfish under attack!

IN CHARLIE WHITE'S FEATURE LENGTH FILM

SALMON SPECTACULAR!

Charlie Whites Salmon Spectacular in support of Comox Valley Ground Search & Rescue

Courtenay Civic Theatre
Tuesday, May 29, 1984
Show times: 6:30 p.m. & 8:45 p.m.
Tickets: \$5*/seat - available at Base Exchange
For more information phone: 334-3211



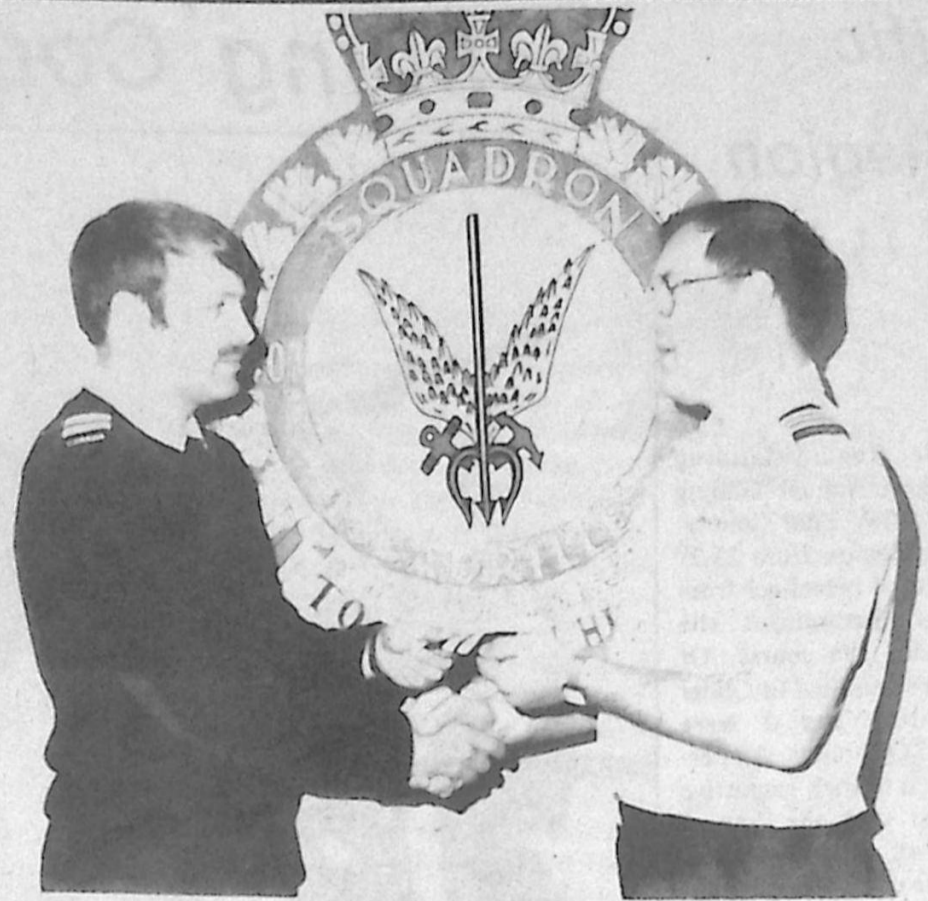
Picture above are MCpl Irwin and Sgt Sawyer who recently returned from the thirteenth annual AD Tech/AWC Bonspiel held in North Bay. The team representing 409 Squadron CAC Comox was comprised of Sgt Sawyer (SKIP), MCpl Irwin (THIRD), MCpl Boddy (LEAD and a former member of 409 Squadron) and Sgt Bolser (SECOND of North Bay). The team lost a close first game and then went on to win their next 6 games to capture "B" event.

Promotions and Awards



Canadian Forces Decoration Presentations

Front row: MCpl R. Ogden, LCol G. Mack, Col Dobson, Capt F. Chapman and CWO E. Martin.
Back row: MCpl J. Messer, Cpl G. Lyon, Sgt H. Schulz, MCpl J. Carter and Sgt T. Quirke.



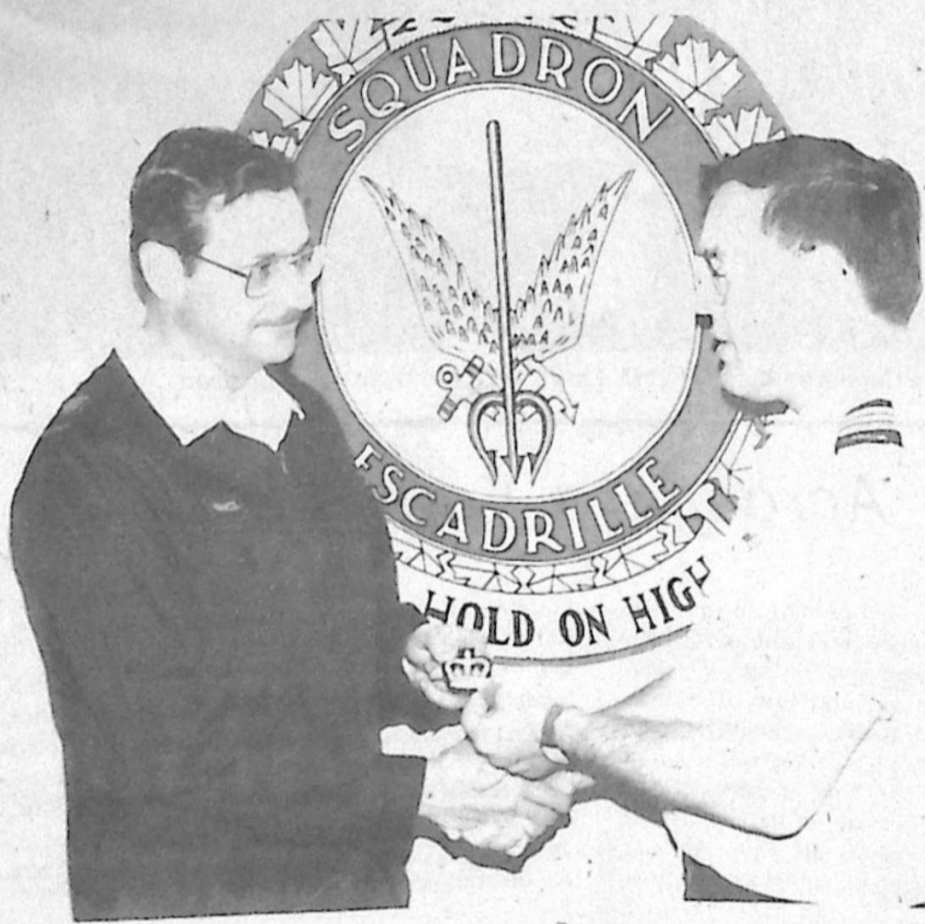
Capt O'Brien receives his promotion from CO 407 Squadron, LCol Brygadyr.



Capt Ierfino receives his promotion from CO 407 Squadron, LCol Brygadyr.



MCpl Goulet receives his CD from Acting CO Major Challenger.



WO Tracz receives his promotion from 407 Squadron's CO, LCol Brygadyr.



Back in 1981, Mr. Spencer Rohne, a VE9 in the BTnO Section, suggested an improvement to the SMI Rotary Sweeper. In 1984, NDHQ authorized a \$750.00 award that was presented by LCol Mack, our BTSO.



Corporal Phil White is congratulated on his recent accelerated promotion by Major Owen, CO VU33 Squadron.



BComd's Commendation to Cpl K. Christenson for putting out a USAF T-33 fire on start.

Around the Base

Pacific Region

Gliding Course

The Pacific Region Gliding School held their Annual Gliding Instructor and TOW Pilot Conversion Course in Comox from 23-27 April. A total of 6 personnel from various areas throughout the province attended the course. Of this total, 4 were qualified to Glider Instructor Rating and 2 were checked out as TOW pilots. All personnel will return to their respective areas and assist with the Annual Spring and Fall Cadet Gliding programs. Three of the fledgling instructors will be employed at Princeton where 52 selected Air Cadets from within the province and N.W.T. will undergo training to qualify as glider pilots.



Glider Instructor and Tow Pilot Course

D.M. Norrie
RGOPSO

Back row: OCdt M. Buchyns, Mr. K. Martin, Mr. J. Merrett, Capt T. Simpkins (Log O), Mr. S. Paton, OCdt V. Jago, 2Lt M. Astoria.
Front row: OCdt P. Thobo-Carlsen, Mr. D. Tuytens, OCdt T. Grinkow, Maj D. Crocker (CFI), Maj D. Norrie (RGOPSO), Capt S. Poignant, Lt A. Swansburg.



Col Dobson recently congratulated Capt Al Pederson on the occasion of his last flight in the CAF. Capt Pedersen amassed 6300 hours and change on military aircraft prior to retiring to the Comox Valley this summer. 442 Squadron personnel join the Base Commander in wishing Captain Pedersen success in his new career in the Real Estate business.

The Royal Canadian Naval Association 30th Annual Reunion

30th. Annual



Burlington, Ont.-The Royal Canadian Naval Association will hold its 30th Annual Reunion in Burlington June 29-30 July 1-2, 1984.

A dinner and dance will take place on Saturday June 30 at Central Arena, New Street. Guest of honour and speaker will be Rear Admiral Jeffrey Brock. Also in attendance will be Ontario Lieut. Governor John B. Aird and RCNA Honorary President Commodore O.C.S. Robertson. M.C. for the evening will be Gordie Tapp of Hee Haw fame.

A number of other social events have been organized both at the arena and the Burlington Branch club rooms.

June 29th.- 30th.
July 1st.- 2nd., 1984
2440 Industrial Road
Burlington, Ontario.

A parade will take place at 11 a.m. on Sunday July 1st from downtown Brant St. to Spencer Smith Park on Lake Ontario where a short service will precede casting of remembrance wreaths onto the Lake.

Early registrations indicate that not less than 1,500 former naval personnel will attend this national event.

Further information and registration applications can be obtained from:
Jim McIntyre
R.C.N.A. Burlington Br.
2440 Industrial St.
Burlington, Ont. L7P 1A5
Phone (416)335-4281



BComd's Commendation to Sgt D. Lave, Sar Tech from 442 Squadron.

Across the Forces

HEADSETS ARE OUT — Listening to music on the move is out for people in uniform. Control guidelines have been implemented in the CF governing the wearing of commercial headsets. The items are defined in CFAO 66-5 as "any commercial radio receiver or tape player from which the user receives the transmission through any type of earphones or headset." Specifically, if you are on duty and must respond to traffic the headsets are out. Anyone operating DND mobile support equipment is also

prohibited from wearing the devices. Generally, the CO of each base, station or establishment has been left to decide whether headsets can or cannot be used. While safety is a main concern, it is not the only consideration. Constant exposure to the high volumes that can be attained on the machines can cause a decrease in hearing ability. So, before you be-bop those duty hours away with your local DJ, check the CFAO and local regulations that cover the use of commercial headsets.

Grain Fed Prime Beef

SAVE YOUR DOLLAR IN THESE TOUGH TIMES

- * SIDE OF BEEF --
"Cut it up yourself" - \$1.39 lb.
- * SIDE OF BEEF --
"Already cut" - You do final trimming wrap & freeze - \$1.49 lb.
- * FOR THE LESS ADVENTUROUS,
But still as a saving - Cut, wrapped & frozen - \$1.69 lb.

CALL: 337-8657

To place your order - then sit back and enjoy the "Best beef in town" for the next year.

La Mirage
TOTAL FAMILY HAIR CARE
"Your Image is our Reflection"
1801 Comox Ave.
Comox 339-6651

COURTENAY CHRYSLER PLYMOUTH
Island Highway North — at the top of Mission Hill, Courtenay, B.C. Phone 338 5451

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PLYMOUTH & DODGE

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- CHARGER
- ARIES
- DODGE 600
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- COLT

DODGE TRUCKS & VANS
MAGIC WAGONS
PLYMOUTH VOYAGER • DODGE CARAVAN
GOLD KEY LEASING

RAM TOUGH DODGE TRUCKS '84
KEEP YOUR EYES ON THE RAM

Join the Chrysler Revolution!

Only Chrysler backs you for 5 years or 80,000 km. 1. Engine and Powertrain. 2. Outer Panel Anti-Corrosion. See dealer for details.

M. S. E. Driver Safety

What would you do??

You're driving 80 kph (50 mph) and suddenly, without warning, in the road ahead you see a sheet of water covering the road. What should you do?

- A. Hard brake, and release before hitting the water, hold wheel tightly and steer straight ahead.
- B. Hard brake and turn left to avoid hitting water.

Answer on page 14

Investors
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Comox 339-7811
A Member Company Of The Investors Group

REGISTERED RETIREMENT SAVINGS PLANS - RHOSP'S
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ANNUITIES - ESTATE PLANNING

Around the Base

ST. MICHAELS AND ALL ANGELS PROTESTANT CHAPEL

CHAPLAIN: Padre Bob Risch (UCC) Telephone: 334-3575.
CHAPEL: St. Michael and All Angels Protestant Chapel, Bldg. No. 88.
OFFICE: Headquarters Bldg. No 45, Room No. 48. Telephone 339-2211, Local 2273.
ORGANIST: Nancy Nowosad, Telephone: 338-9843.
PUBLIC WORSHIP: Sundays at 1100 hours.
COMMUNION: First Sunday of the month.
FAMILY SUNDAY: Second Sunday of the month.
SUNDAY SCHOOL: Classes are available for all students from age three through youth. Kindergarten through youth meet from 0930 - 1030 hours. Pre-kindergarten classes will be held from 1100 - 1200 hours during the worship service.
JUNIOR CHOIR: Rehearsals are 1830 - 1915 hours at the Chapel. Children in grade two and older are eligible to join. Choir members will be expected to be at rehearsal each week and attend worship services.



OUR LADY OF THE SACRED HEART CHAPEL CFB COMOX, B.C.

CHAPLAIN: Maj Julien Rheault: Telephone 339-2211, local 2274.
MASS SCHEDULE HOURS:

Saturday 1900 hours
 Sunday 1000 hours
 Week Days 0900 hours (No Mass on Thursdays)

BAPTISMS & MARRIAGES: By appointment - notice well in advance.
CATHOLIC WOMEN'S LEAGUE: Second Tuesday of the month in the Parish Hall, preceded by Mass in the Chapel at 7:30 p.m.
PARISH COUNCIL: Second Wednesday of the month at 1300 hours in the Parish Hall.
CATECHISM CLASSES: Each Wednesday in the PMQ School from 1830 to 1930 hours.

CFB COMOX MILITARY CHRISTIAN FELLOWSHIP

Meetings held from Monday to Thursday from 1130 - 1230 hours in the R.C. Parish Hall next to the Tennis Courts.

17th Annual military vicariate CWL convention 24-28 May

Annual Convention - Military Vicariate meet annually in convention. The purpose includes promoting the objectives and policy of the League; planning future programs; receiving annual reports from officers and convenors; and the election of officers. The convention also gives the members the opportunity to discuss and share ideas related to the work in their council and to each particular Convenership. This year the 17th Annual Military Vicariate CWL Convention will be held at CFB Comox.

This Base has accepted to provide facilities and services so that our local CWL Council may host this Convention.

Maj J. Rheault is CFB Comox OPI for this Convention. Principal local convenors are: Mrs. Connie Lamouche (Tel: 338-6373) and Mrs. Edna Sinclair (Tel: 338-6883).

This Convention comprises dependants from CWL Councils on most Bases and Stations in Canada and CF Europe; some Military Chaplains; the Executive of the Military Vicariate and its Director, BGen G. Travers, Chaplain General (RC) NDHQ; and certain guests and visitors for the Convention Banquet.

This convention will comprise approximately 110 delegates and for the banquet 140-150 people.

All delegates arriving initially on Base will be identified by nominal rolls; thereafter access on or off Base will be assured by a convention badge that has been agreed upon by BSecurO and the convenors. All delegates will wear their convention badges during the convention. A security briefing will take place at the opening of the convention.

NOTICE

Cable TV interruptions - PMQs
 28 May to 1 June 84

There will be interruptions to Cable TV in some areas of PMQs during the week of 28 May - 1 June 84 due to a re-building of the Cable TV system.

Across my kitchen table

— by Rosemary Gibson



As a young girl, I was encouraged by my parents to be feminine, but there was no suggestion that I should limit my ambitions or horizons because of that femininity. I thought that outlook was the norm; I realize now that I was one of the lucky ones.

It is true, however, that as a female student "in those days" the perimeters were pretty well defined by the school system -- and the choices were generalized as "teacher, secretary or nurse". Today, of course, that perspective has broadened to include almost any career -- even Governor-General!

As a woman, I was pleased when Jeanne Sauvé became the first female Speaker of the House of Commons. Now she has become Canada's first woman Governor-General. Let us hope that her recent frail health does not deter her from her participation in what she sees as Canada's role in the search for new challenges and the crusade for world peace.

Here is a recipe I have used for some time. I found a similar recipe in "U.S. Kitchens in Canada", a cookbook compiled by the Women of Det. 5, U.S.A.F., stationed here in Comox for many years, but departing this summer. Incidentally, it's a terrific cook book, and I think they still have a few copies left to sell, so if you act fast.....

CALIFORNIA GREEN BEAN CASSEROLE

Ingredients:

- * 2 cans french cut green beans
- * 1/2 cup milk
- * 1 teaspoon soya sauce
- * 1 can cream of mushroom soup
- * dash pepper
- * 1 can french fried onions

Method:

Mix soup, milk, soy sauce and pepper in a casserole. Stir in the green beans and half the can of french fried onions. Bake at 350° F. for 25 minutes. Top with the remaining onions. Bake 5 minutes longer.

Method:

Beat eggs slightly. Add sugar, syrup, vanilla and salt; stir until well mixed. Add pecan pieces. Pour into pastry shell. Dot with butter. Bake for 10 minutes at 450° F. Reduce heat to 350° F. and continue baking for 20 minutes longer.

Top with whipped cream or ice cream if desired.

HINT:

Buy your flashlight, radio, etc., batteries when you find them on sale. If you store them in the refrigerator, they will stay fresh for a long time.

THOUGHT FOR TODAY:

The two greatest stimulants in the world are youth and debt.

— Benjamin Disraeli

Library

(Located back Station Theatre)

HOURS:

Monday to Thursday
 6 pm - 9 pm

Colin Murray
 RCAF/CAF Retired of
Select Food Processors
 The Home Marketing Company for Continental Packers Ltd., Would Like to Introduce You to Bulk Food Buying and Show You Savings of Up to 25% to 30% on Your Food Bill.

EXAMPLE

- Hamburger..... 99c lb.
- Frying Chicken... 88c lb.
- Sirloin Steak... \$3.29 lb.
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Confirmation at St. Michael & All Angels Protestant Chapel for United and Lutheran Church candidates on 29 April 1984. Left to right: (front row) Tammy MacDonald, Tammie Derkson, Terra Derkson, Gay Gray (United Church representative), and Padre Risch, Chaplain (P); (back row) Sharon Carlson (Lutheran representative), Ray Hunter, Shannon Gray and Kevin Risch.

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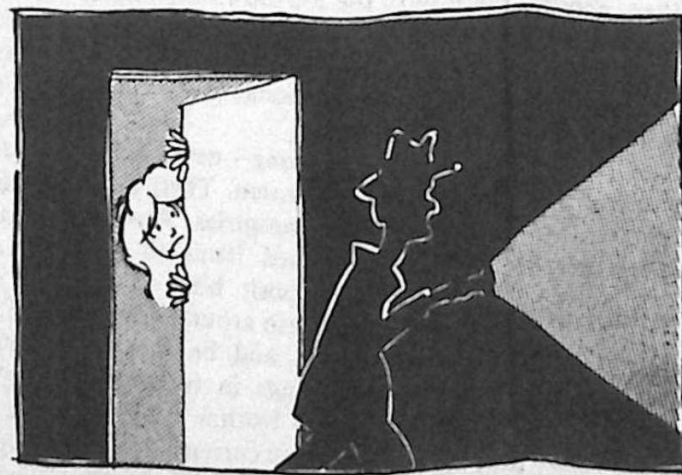
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Around the Base

BADO BURBLINGS

In a previous *burbling* it was mentioned that an attempt would be made to let you the reader know about the workings of CANEX and its relationship with other Base activities, since it was felt that you would welcome some informed words in these regards. Indeed the results of a recent survey of Base personnel on this very subject leaves little doubt that some words of wisdom should be penned, and that there is a need for plain (not plaintive) talk to clear varying degrees of obfuscation. So over the next while I will be giving you the word.

First off, let it be known that CANEX is but one part of our Base Personnel Support Program (PSP). What's this PSP you ask? Well, and to give you the straight goods, it is the term used to describe those activities normally supported by both public and non-public (NPF) resources, that are designed to help maintain and improve our morale, well-being and total effectiveness (believe me). Now I know there are other programs geared to do the same thing, e.g., medical and dental services, but the PSP is different because it is the only one where NPF funds play a very large part. The PSP comprises of the following:

- Messes and service clubs.
- Physical education and recreation.
- Resale operations.
- Amenity programs, e.g., CF Movie Guild.
- Personnel Assistance Programs, e.g., the Small Loans Fund and Benevolent Funds.
- Military Indoctrination Programs.

In this series of articles I will only examine the first three (that's enough!).

Let's be clear about the term NPF. It is not an organization, but is a term that is used to identify those non-public resources needed to operate the PSP where and when public or government support is not available. For example, the greenskeeper at the golf club and our CANEX sales personnel are NPF employees because their wages are paid from non-government funds, whereas you and I are a public resource because we are paid from government funds. The CANEX building was constructed with non-government funds so it's an NPF facility. Our messes are public facilities because they are gover-

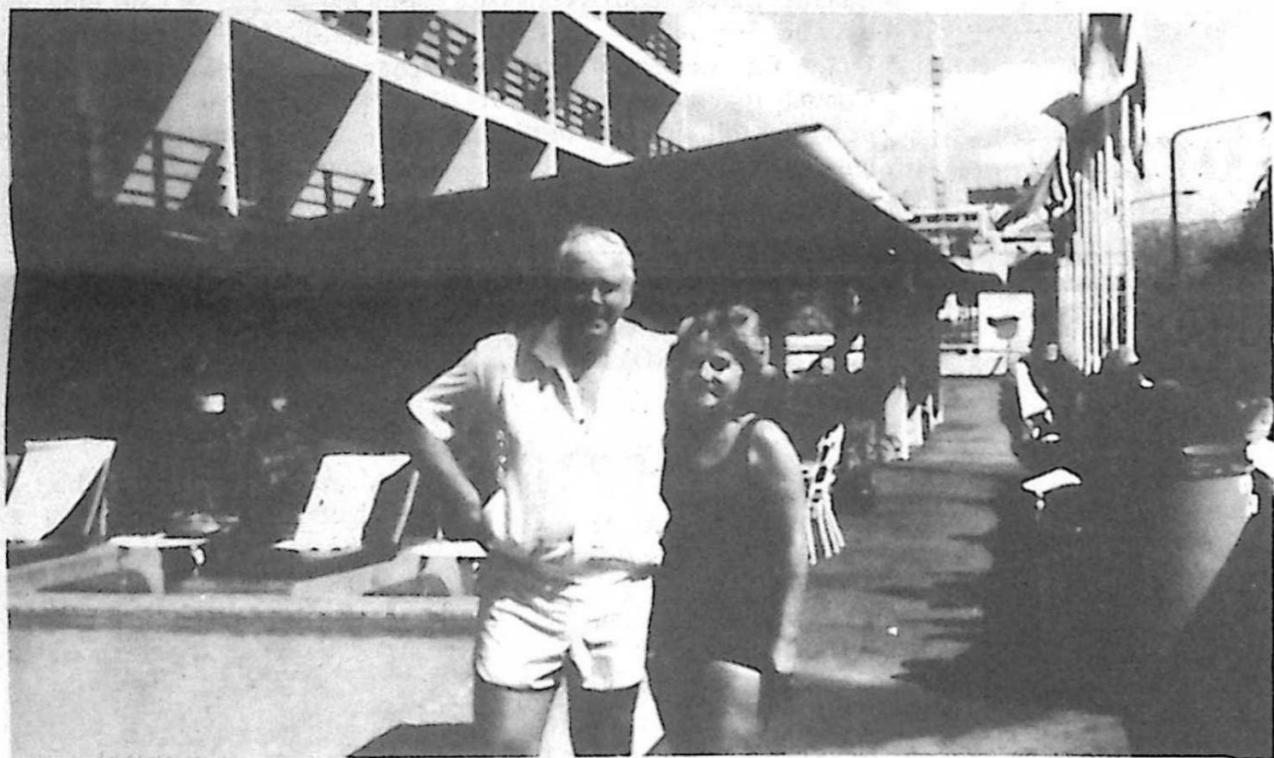
ment built and government owned buildings, but virtually all of the mess operating staff are NPF employees since their wages are paid from non-government funds.

The public resources used to support the PSP are managed and controlled in a manner similar to any other government funded activity by means of such things as Responsibility Centres, CE funding, Supply procedures, etc. The management and control of NPF resources is however a different kettle of fish. Suffice to say there are similar rules and regulations and that the BComd is the final authority, but what you may not know is that there are two types or classes of NPF resources, namely, those belonging to the messes, and those belonging to the Base Fund. Since most of you have some knowledge of mess operations we'll leave that alone for the time being, and in my next article I propose to say a few words about the Base Fund of which CANEX is but one part. In the meantime I offer you some things to think about. Last year it cost Base Fund (you and I) \$11,500.00 to run this newspaper, \$7,000.00 to operate the Base hockey program, and \$5,000.00 for the Base library.

Vacationing in Mañanaland

.....Our Resident Mexican's Legacy

— by Jill Anne Pickard



Maj and Mrs. Picard vacation in Acapulco

Major John Picard will leave with his family in July 1984 to retire in Mexico. John is in a unique position, having been born in Mexico. He delegated (in the manner of Majors) the writing of this article to his daughter.

After numerous trips to Mexico as well as having worked on a degree at the National University of Mexico city, I have come to love not only the country's sunny tropical atmosphere, but also the Mexican way of life. I was first introduced to Mexico as a young girl by my father, Major J.M. Pickard, who was born there, and I have always considered it "mi segunda patria". Over the years, our family has made frequent returns to Mexico, for we periodically become overwhelmed with nostalgia for the warm evenings, savory foods and, of course, the wonderful camaraderie of the people.

It is really disheartening for me to hear a person say they have not enjoyed their visit to Mexico, or that they have encountered problems there. For a country which depends on tourism as a major industry, this kind of disillusionment is a definite setback. It is often difficult for the Mexican who has never travelled outside of the Republic to live up to the expectations of the foreigner, and in view that it is the tourist who chooses Mexico as his vacation destination, it is also he who can learn a few general points to make his trip an enjoyable one.

Mexico - a way of life. The Mexicans have a well known joke which tells of when God created the Earth and was bestowing beauties and resources on the lands. He told the angel Gabriel to send Mexico

oil, gold, silver, lush forests, abundant fruits and vegetables, and so on and so on. Said Gabriel, "But God, are you really being fair," "Oh, yes", answered God, "because next I'll send Mexicans."

The manana attitude is infectious. It is most inconvenient when you want something done, yet most agreeable when you have something you must do. Expect it and adapt to it - you will feel as if you've just been shifted into second gear - but you'll feel better for it. In a society afflicted with stress, it is, in my eyes, a healthier attitude to take. "All work and no play makes Pablo a dull Muchacho", you might say!

Another source of shock to Canadians is the poverty. Mexico is a Third-World country, and although it is among the richest of them, you will see and experience the poverty of the Third World. Try to accept it rather than closing your eyes to it. We live in a rich country and we take it for granted, considering that 80% of the world's population lives in conditions equal to or worse than those found in Mexico. Always carry some 10 and 20 peso pieces in your pocket or purse to give to beggars. They are perhaps not as bad off as they may make out to be, but they are almost certainly worse off than you.

The Mexican is a highly courteous person in all respects. They are quick to give tips to their fellow countrymen for waiting, cleaning, carrying baggage, watching over cars, etc., and so should you be. A pet peeve of my father's is seeing tourists enjoying the strolling troubadours in restaurants, and then never offering the musicians any gratuity. It is usually not

necessary to tip taxi drivers as they often hike up their prices upon seeing tourists anyway.

Food and drink. Worried about getting Montezuma's Revenge? Unless you are just going to Mexico for a one-week stint and are not willing to waste a couple of days on your back, you are honestly better off to just take a fatalistic attitude about it. We have had Mexicans visit us in Canada who have become sick as well. It's almost inevitable, the basic flora and fauna of our countries are just too different. So bring a bottle of Kaopectate.

This doesn't mean that you should drink local water or eat from street vendors, (although I have found that they have some most delectable treats), rather choose clean-looking restaurants, price and size need not be a factor, and drink bottled mineral water such as Tehuacan or Penafiel. If you do get diarrhea, the natural salts and minerals in the bottled water will replace those you've lost. You will also enjoy the beer; Mexico's beer is among the world's best.

The most common culinary misconception about Mexico is that the food is "hot". On average, Mexican dishes are no hotter than ours, although they do serve piquant sauces to be used to your liking. Many Mexican foods, such as the national dish "mole poblano", are enjoyed only after acquiring a taste for it. As a newcomer to Mexico, I found I preferred "carnes asadas a la parilla" or barbecued meats, "enchiladas suizas" or chicken enchiladas with a cheese and cream sauce, other enchiladas and tacos, chicken dishes (except for "mole"),



BComd' Commendation to MCpl K. Nanson, 407 Squadron - developed C.T.P. for spectrum analyser.

Aviation museum open house

Surrey, B.C. -- In celebration of the 75th Anniversary of the first aircraft flight in Canada, and the Diamond Jubilee of the founding of the Royal Canadian Air Force, the Canadian Museum of Flight will hold a two-day "Open House" June 23 and 24 at its facilities near Crescent Beach, Surrey, British Columbia.

The general public is invited to view Western Canada's largest collection of vintage and veteran aircraft and tour the Museum's restoration workshops and storage facilities.

Aviation fans young and old will find something of interest, with guided tours of over thirty rare aircraft, and afternoon flypasts by 1930's biplanes and Second World War training aircraft.

As an added attraction, there will be hot air balloon rides (weather permitting) and a Sunday rally by the Vintage Car Club which is expected to attract 100 restored automobiles.

The Museum owns one of Canada's three largest collections of vintage aircraft and enjoys the support of 1000 members throughout

British Columbia. The "Open House" is a once a year opportunity and there will be entertainment, food and refreshments for the entire family.

The Museum is located at 13527 Crescent Road and can be reached by driving south from Vancouver on Highway 99 or 99A and taking the Crescent Beach exit. Proceed one mile west towards Crescent Beach and signs will mark the Museum turn-off. Gates are open from 9 a.m. to 3:30 p.m. and admission is by donation. For information telephone (604) 278-9804.

and soups. Mexican fruits and desserts are delightful, and to finish your meals, a "cafe de olla" will leave you with the blend of rich flavours of coffee, cinnamon and cloves. If you or your children grow tired of Mexican fare, you'll probably never find yourself too far away from a Burger Boy, Kentucky Fried Chicken or Pizza hut!

Hotels: You can pay as much as \$175 a night for a hotel or as little as \$10, depending on your tastes and budget. I have found most of the very expensive hotels a bit presumptuous with their rates, and feel they must be charging for their architectural endeavours or large swimming pools, since they too have their share of small lizards and the odd bug. By the way, most Mexicans welcome the lizards since they are harmless, clean and eat insects.

Many of the small hotels, "quintas" and "posadas" are clean and picturesque with colourful flowers blooming beside tiled swimming pools. The small hotels also seem to have more attentive service: perhaps you will be dealing with a partner in a family business rather than one of many employees of a large conglomerate. Invest in a recent travel book which covers accommodations in Mexico so that you'll have the low-down on where to eat and stay. At the same time, pick up a Spanish-English dictionary or phrase book, it will come in handy.

A word of warning - never leave valuables in your room. Theft runs rampant in poor countries. Always ask to leave valued items in the hotel's safety deposit box. Also, never carry or "flash around" large amounts of cash, and be sure to bring all your funds in travellers' cheques. Don't bother buying cheques in American currency, since cheques in Canadian dollars are readily accepted. Be sure to cash the cheques at the bank so that you'll be given the full exchange rate. Banks are open from 9 a.m. to 1 p.m. five days a week. Remember, again, to tip. Tell your maid she will find a tip (50 to 100 pesos) each day on the bureau, and you will almost be guaranteed a well-kept room. Her salary is probably small, so your tips will be

greatly appreciated.

Shopping and sightseeing. Stores are open from approximately 9 a.m. to 2 p.m. and again from 4 p.m. to 8 p.m. daily. Some stores don't close for the afternoon supper hours. Many stores have set prices and will not barter, (try anyway unless the price is marked), but you can expect to barter at local markets and pay about 50 to 70% of the original asking price. Be careful of cheap imitations.

The sharp devaluation of the peso has left almost everything much cheaper than its equivalent in Canada. Walk into Woolworth's Mexicana and you will be surprised at how much less you will pay for the same manufactured goods as you buy in Canada. Women who sew should stock up on inexpensive Mexican fabrics. Leather shoes, boots and purses are a steal; they are beautifully crafted in up-to-date styles for around \$25 and sometimes less. Artesanal goods are always a major attraction and are great for decorating or when you are feeling "earthy"! In short, you may be tempted to buy more than you can even bring back home.

Common cliches in tourist advertisements of Mexico refer to it as a land of many faces and great contrasts. In Mexico you will find two heritages: the Indian and the Spanish, or the Pre-Conquest and the Colonial.

The tribes and architectural ruins of Mexico are an ethnologist's or archaeologist's dream come to life. Almost all regions of Mexico harbour some archaeological site which may date back 500 years or 3,500 years. The great Pyramid of the Sun at Teotihuacan is the world's largest, and is one of the most breath-taking of the pre-hispanic attractions.

Colonial cities such as Guanajuato, Morelia and Celaya inspire reminiscence of an age of hooped skirts and gallant horsemen. Here you are sure to witness romantic mariachis serenading pretty señoritas.

For sun-seekers, the highlight of your trip may be a visit to the sunny beaches of the Mexican Riviera. The modern Mexican resorts abound with string bikinis and tanned

physiques, and are a great place to just relax.

Motor travel. If you decide to make your trip to Mexico a real adventure and go by car, be sure to get insurance at the Border. Insurance is nationalized and all of the companies have the same rates.

Try not to park your car along the roadside; if possible find a parking lot where it will be watched over. Also avoid driving at night since breakdowns on highways could result in additional problems. In the daytime, the Mexican government has their "Green Angels" travelling the highways in search of troubled tourists.

The "mordida" or bribe is a common occurrence in Mexico. For example, if you are stopped for a traffic violation, you may choose to offer the policeman a 1,000 peso note (\$7.35), to avoid being bothered with a ticket to pay. If the policia seems to want more than this, insist that he write you up the "multa" or you will report him to the Departamento de Turismo as well as to his superiors. He may object but don't give in, and he will probably walk away pleased with the 1,000 pesos.

Mexico is not a recreation vehicle country as are Canada and the U.S. However, our family has trailed in Mexico and we have never had trouble finding parks with adequate hook-ups, although they do not exist in all the major towns and cities. Plan ahead when RVing, and never stay on a roadside or in a parking lot overnight.

Buses in Mexico are a reliable and extremely economical way to travel. When travelling from one city to another, always take the executive class or "Estrella de Oro" buses. Avoid the "Flecha Roja" (Red Arrow) at all costs. A girlfriend and myself once had to resort to taking the Flecha Roja to Acapulco during the Christmas season, and we held on for dear life the whole way.

Trains are another inexpensive, comfortable way to travel, yet they are also cargo trains and it may take a long time to get to your final destination.

If you want to take a trip to a truly foreign country that's sunny, close-by and very economical, Mexico is the place to go.

Canadian Forces News



Presentation to Rick Cooper from Patrol Squadron 19 for stopping at the scene of an accident.

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The CFCCP a growing opportunity

Just two years ago, the Canadian Forces Community College Program came into being to provide members of the Canadian Forces with college level educational opportunities often denied them by virtue of their frequent moves, unusual conditions of work and frequent postings to isolated or semi-isolated bases. The plan was to create a Forces-wide campus so that no matter where a service member might be serving he or she could be guaranteed that post-secondary credits obtained through self-study would not be "lost" on posting to a new community. As well, the program was to ensure that service training which could be applied to a college certificate or diploma would be counted. On the eve of beginning its third year it seems appropriate to report on what has been achieved.

Six hundred service members and their dependents have registered in the program. They are to be found in almost every base and station across the Forces. Many - an estimated 15%, pursue studies at local community colleges. Nearly 400 others have registered in subjects at the 12 Base Learning Centres which have been established at Esquimalt, Cold Lake, Calgary, Portage, Trenton, Gagetown, Summerside, Cornwallis, Greenwood, Halifax, Lahr and Baden. Still others pursue studies through correspondence, either with Seneca College or with institutions recommended by the CFCCP office. Equally encouraging, over 70 forces personnel, DND employees and dependents have offered their services as tutors at the Base Learning Centres. And, of course, the staffs of many Base Education Of-

ficers, Base Training Development Officers and Base Ground Training Officers have become very much involved, not only in providing information on the CFCCP, but in the operation of the Base Learning Centres. By the end of 1984 it is expected that at least three more learning centres will be open at bases, thus improving the portability of subjects from base to base and bringing nearer the day when post-secondary studies will be available throughout the Canadian Forces.

Program availability is expanding as well. Initially, programs in Business, Computer Studies and Travel and Tourism Studies are offered. To these have been added several subjects in Engineering Technology which, when added to the subjects credited for POET training, will permit Canadian Forces Technicians in certain trades to acquire a Basic Certificate. Of interest to supervisory personnel particularly will be the Applied Management Certificate, a course of study designed to build on their service experience as managers and supervisors but adding to it certain competencies which are desirable to a civilian employer. And finally, work is under way to develop a program in Law Enforcement and Security. Some subjects of this program-to-be are already available at several bases: Psychology, Sociology, Business Writing, for instance. Those which are specific to Law Enforcement and Security will be prepared for introduction near the end of this year.

Unfortunately, it isn't a perfect world and the program has not met the expectations of everyone. Many members asked for programs which

simply weren't available in a distant learning mode, even though they are available at regular day classes at Seneca College. Computer Studies have suffered in some areas because ready access to computers has not been possible at all Base Learning Centres, and the cost of providing them to a small number of students has been prohibitive. Some learning centres have not been able to get up to full speed because of the conversion from ¼ inch video tape to ½ inch tape was initiated soon after the program got started and dubbing facilities were simply swamped with demands for more tapes than could be met immediately.

On balance however, the results speak for themselves: 600 registered members studying at 12 (soon to be 15) Base Learning Centres under the guidance of 70 part-time tutors is a far cry from an office, a telephone and six empty filing cabinets. In short, the CFCCP is alive and well and is preparing to provide more and better services to the military community.

There will be a briefing on the CFCCP held at the BITO classroom (Rm 44 Base HQ) at 0800 hours 25 May 84. This briefing will be conducted by Mike McCall, the Director of CFCCP. Those wishing to attend should contact the BPSO local 2469 to reserve a seat.




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