



TOTEM TIMES



Vol. 26 No. 3 CFB COMOX TOTEM TIMES

THURSDAY, February 9, 1984

Deadline is Monday, February 20, 1984

COST: PRICELESS

Totems win Pacific Region Championship



CFB Comox Totems 1984 Pacific Region Hockey Champs



Team Capt Jim Burke receives the Pacific Region Hockey Trophy from the Base Commander Col Dobson. Congratulations Totems.

Royal Roads Military College

On October 2nd, Royal Roads Military College, as part of its participation in National Universities Week, welcomed approximately 6,000 local citizens and friends to an Open House. These visitors were able to see the cadets on parade and displaying some of the aspects of their physical training and recreational programs. Visits to the classrooms and laboratories gave the guests an opportunity to see the level of academic instruction that the cadets receive and the types of research that are conducted by the instructors. But who are the people involved in these academic endeavours? In a series of articles we would like to introduce you to the people and the work of the Academic Wing at Royal Roads Military College.

Royal Roads Military College is one of three Canadian Military Colleges that were established to educate and train officers for the Canadian Forces. Officer Cadets may begin their degree studies at any one of the three.

In the first two years at Royal Roads Military College, two programs of study are available to Officer Cadets, one of which leads to a baccalaureate degree in Arts or Administration, and the other to a baccalaureate degree in Science or Engineering. In the third and fourth years, programs of study are available leading to baccalaureate degrees in Science or Arts. These

programs include either a "Combined Major" in Physics and Computer Science, General Science, and an "Honours" or "General" Arts program in Military and Strategic Studies. Officer Cadets enrolled in other degree programs must complete their final two years of studies at the Royal Military College, Kingston or le College militaire royal de St. Jean.

The degrees are granted by the Royal Roads Military College under the authority of "The Royal Roads Military College Degrees Act" passed by the British Columbia Legislative Assembly and given Royal assent on 26 March 1976. The College is a member of the Association of Universities and Colleges of Canada (AUCC) and the degree programs are fully accredited. The engineering degree programs meet the standards laid down by the Canadian Council of Professional Engineers.

The academic program is instructed by the members of the Academic Wing, headed by Dr. Eric S. Graham, who has been the Principal and Director of Studies since 1961. Within the Academic Wing there are the Arts Division, the Science and Engineering Division, the Office of the Registrar, the Library, the Department of Military Leadership and Management, and the Automatic Data Processing (ADP) Center. The staff includes 38 university teachers ranging in rank

from lecturer to full professor, as well as nine language arts teachers, two post-doctoral fellows, research assistants, librarians, admission/records clerks, and secretaries.

The Dean of Arts, Dr. W. Rodney, is responsible for three departments: Literature and Philosophy, History and Political Economy, and Second Language Training. Within the Science and Engineering Division, the Dean of Science and Engineering, Dr. H.J. Duffus, is responsible for the departments of Mathematics, Chemistry, Engineering and Physics.

The Office of the Registrar provides for the daily administration of the academic program. The Registrar, Wing Commander (ret'd) M.D. Thom, his Assistant Registrar and staff of four maintain student academic and admission files, prepare semester timetables and examination schedules as well as liaise with civilian academic authorities at both the university and secondary school level. The office is also responsible for the maintenance and updating of applicants' files for the Admissions Committee, the production of the College calendar and the organization of academic ceremonies such as Convocation and Honour Day. The office assists and counsels the Officer Cadets in programs of study selection and course registration.

Minister tries Navy cooking



The Minister of National Defence, the Honourable Jean-Jacques Blais is served lunch by Petty Officer 2nd class Russ Nicol under the envious eyes of Chief Petty Officer 1st class Peter Mattice, HMCS Iroquois' coxswain. The Minister spent a day at sea aboard HMCS Iroquois and had the opportunity to view several sea and air demonstrations. He was transferred to and from CFB Shearwater to the destroyer by Sea King helicopter. During his stay in Halifax Mr. Blais also visited Canadian Forces Maritime Warfare School and the Ship Repair Unit complex now in its final stage of construction. Later on he toured the WWII corvette HMCS Sackville where he signed an agreement with the Canadian Naval Corvette Trust for the provision of support services during the ship's restoration project. The minister then proceeded with the Commander of Maritime Air Group, Brigadier-General Allan McLellan to CFB Greenwood via Aurora aircraft.

Logistics Branch birthday

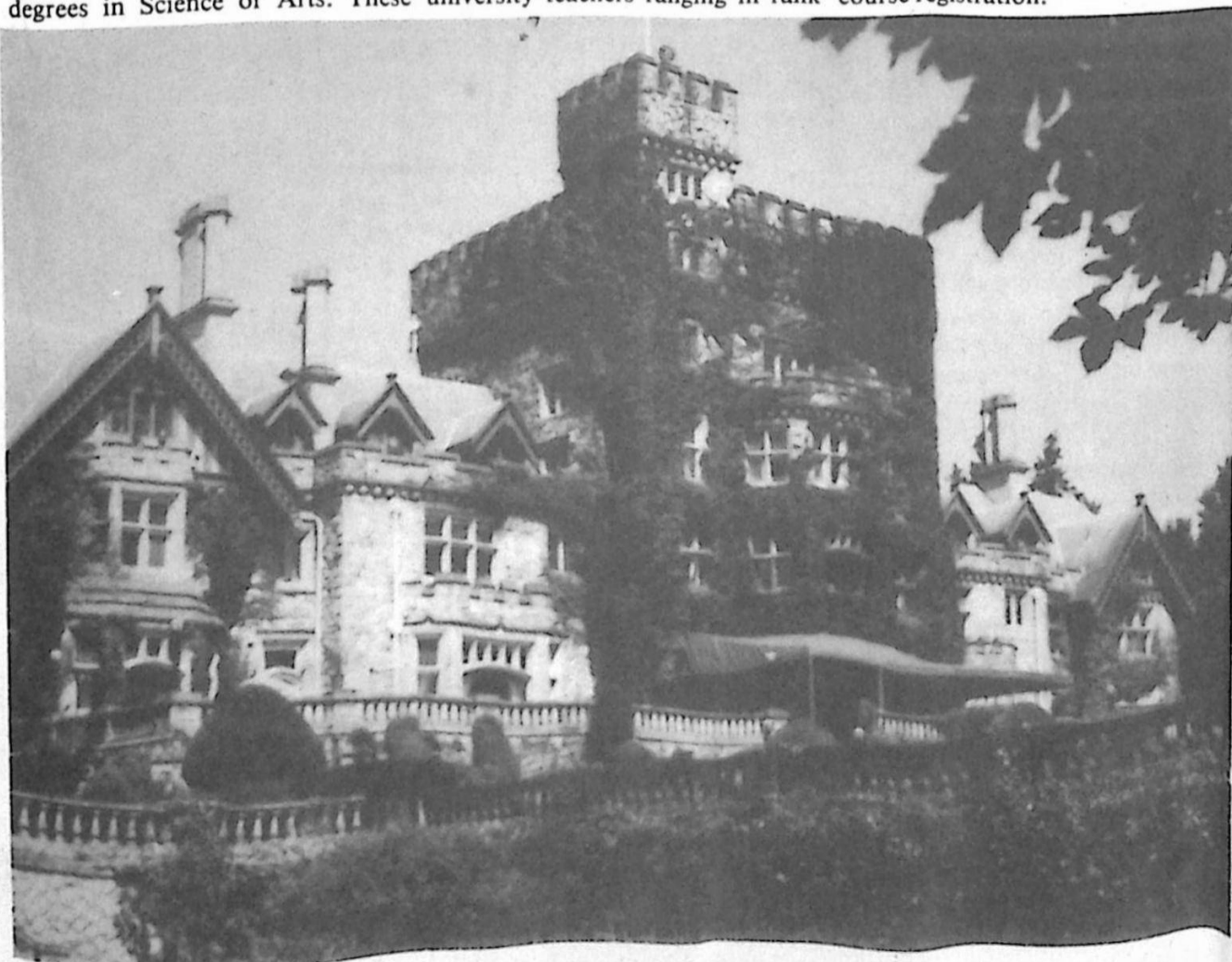
On the occasion of our sixteenth birthday, 1 February 1984, I extend greetings to all ranks of the Logistics Branch, regular and reserve.

The sixteenth birthday of our branch coincides with the anniversary of the unification of the CF and it is to the great credit of all our logisticians, particularly our Warrant Officers and senior NCOs, that we have successfully met the challenges of these first 16 years.

It is up to all of us to continue the good work of the past in the years ahead so that it may truly be said that we are deserving of our motto *Servitium Nulli Secundus*.

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Section News



Nighthawks Nest

Things have been quiet around the squadron the last few weeks. After the crews returned from the Portland deployment the valley socked in as a high pressure system trapped low stratoform clouds in the straights virtually cancelling the daily flying schedule. This inactivity combined with the deep remorse felt by the entire squadron at singer Michael Jackson's brush with personal incineration seemed to suck the life right out of the Nighthawks. Luckily cooler minds were present to snap us out of the deep depression into which we had fallen by pointing out that things could be worse, we could be at 407 Squadron.

One benefit that arose from the weather-induced grounding, was that it gave everyone a chance to get out from under the mounds of paperwork that have been piling up due to the squadron close down and reunion. Right now it seems like a never ending struggle as each step in

the preparations seems to generate several more. Judging by the subtle requests from base personnel other than squadron members for invitations to the farewell ceremonies, the work is not going unnoticed.

409's first deployment in almost two years was a complete success. The crews arrived at the Air National Guard side of Portland International Airport Saturday the 21st of January. Greeted by a mock honour guard and a three toilet paper gun salute the first two 101's were toasted with champagne by the members of the 123 FIS (Fighter Interceptor Squadron) as the local newspaper, the Oregonian, recorded the international event for prosperity. Ensuring we knew where we were the Guard Units aircrew plied us with Henry Weinhardt's Special Reserve which as the commercials say, can only be found in Oregon, before proceeding with a local area briefing and a town of the O club.

The first air combat engagement turned out to be a bit of a surprise to our hosts. Having flown Voodoos back in the days when it was thought all they could do was go fast and straight, the Americans were shocked to find the 101 could climb, turn and roll almost as well as their F4 Phantoms. The aircraft in fact are quite similar in size and performance although the F4 has a superior weapons system. The Voodoos advantage of instantaneous acceleration helped counter any of the more modern F4's superiorities and kept the kills fairly even over the course of the visit. Even though the planes were at a strange base, which usually causes severe traumatic unserviceabilities, sort of a mechanical homesickness, they performed well, probably due to having their own 409 groundcrew along.

Air Combat usually causes a few overstresses on the aircraft as the aircrew find themselves someplace

they don't want to be, and use everything available to change that situation. This apparently happened only once during all of the engagements. It turned out there were extenuating circumstances however. Tom Chester, having become very sympathetic to women's rights and needs ever since seeing the movie "Tootsie", recently watched a series of television programs on the local education station aimed at educating women. Tom being one of the squadron's most vocal advocates of the women's movement was completely engrossed and outraged by the topic of rape, and rightly so. Paying special attention to the various experts on what to do when assaulted he realized that there are really only two alternatives, all out resistance or complete passiveness and they could both be applied to air combat. Having tried the latter on almost every previous ACM engagement with no success, Tom tried all out resistance for a change and escaped with his life, but did manage to wind the G meter to a new personal high. His navigator Mel Ferraby was asleep throughout the entire ordeal yet praised Tom's decision to fight and run.

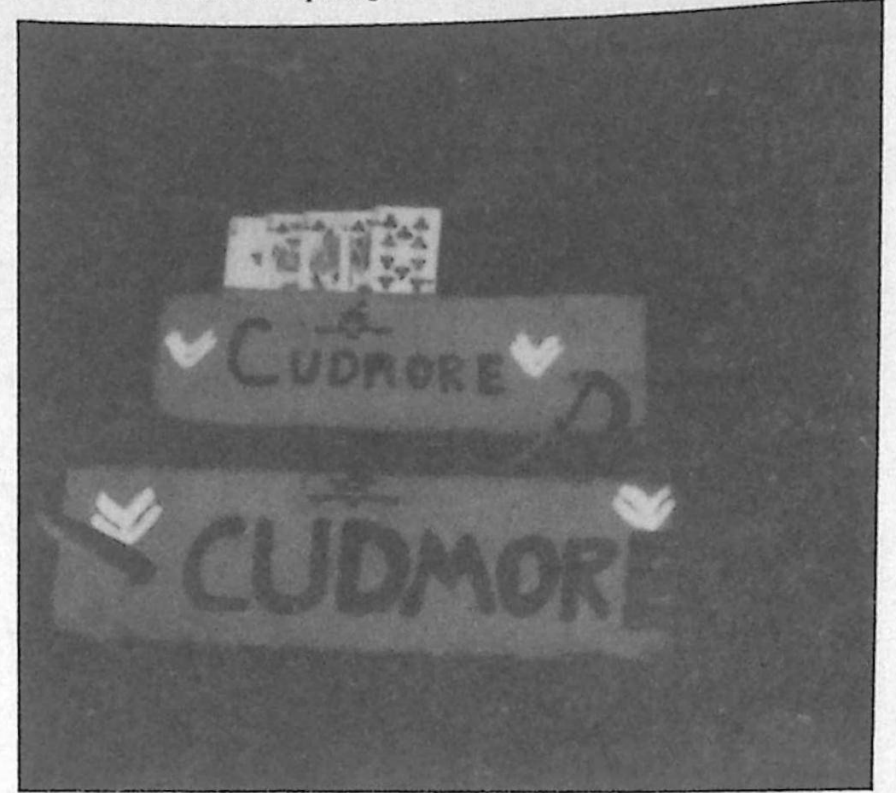
Having impressed the Americans with our BFM abilities enough so that they are clamoring for a rematch the deployment returned to Comox on January 28th. 409 is planning a ground bound rematch in early June sans aircraft at Exercise Hawks Nest '84. Hopefully the 123rd will be able to attend and compete.

That's almost it for current events

at the fighting 409th. The only other thing of note is that Kaz Oreziak seems to have volunteered to take over writing Nighthawks Nest. It seems he has no other secondary duties except those shared for the reunion yet insists on criticizing every article as it is being written, obviously offering to take over the duty himself. Kaz has been under a lot of stress lately though. The various shots taken at him plus the CO's decision to instate capital punishment for anyone caught talking baby talk in a high voice while on the phone in the QRA has had Kaz whimpering for weeks now. I'm sure he'll make an interesting writer as the first few 'Nests will most likely concentrate on rebuttals.

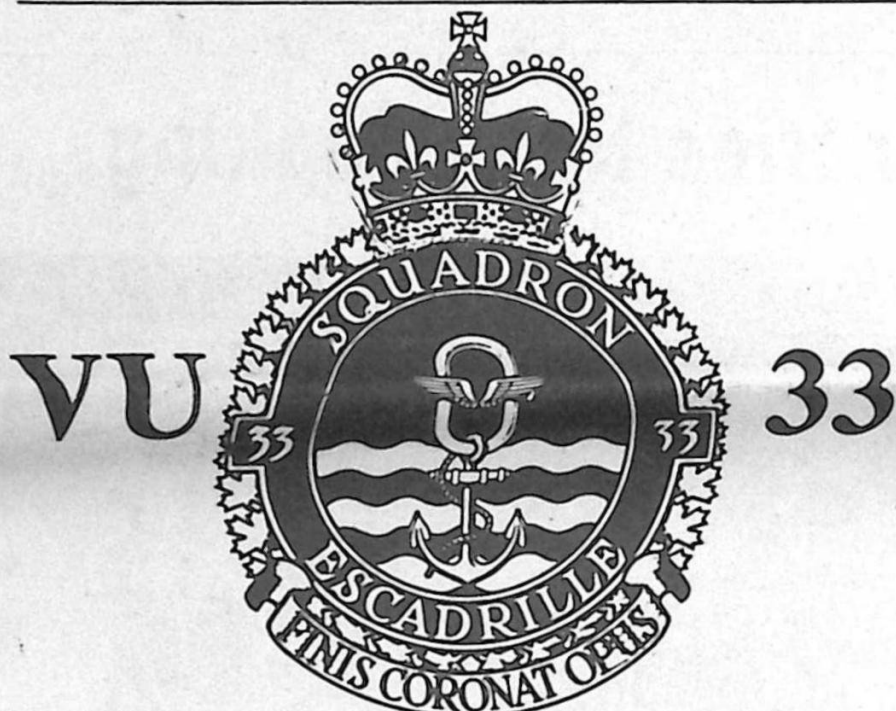
TRIVIA QUIZ

1. What mission does the Tupolev TU-126 "MOSS" perform?
2. When did the RCAF accept their first Canadair C-5 VIP transport aircraft?
3. Which is the USAF's latest aerial refueler?
4. What was the first American jet to fly?



This photo was taken of the new device given to 409 Servicing to replace Cpl Cudmore who went back to the Weapons Section.

There are a few noted differences and they are that the new device is smarter, more efficient and never needs a haircut!



Sports headlines the news for VU33 this time around. The squadron hockey team has, as of 6 February, remained undefeated. There have been a couple of close calls, but with shooters like Maj Trev Owen and Craig Flewelling to keep us in the game, we are hanging in there.

A lot of the winning is due to our fan support. We appreciate the noise folks.

The squadron was spread all over the country this past weekend. Craig was in Thunder Bay and points West; Rollie Acorn, Norm Potvin, Barry Van Dusen, and Mike Woodworth were in Alameda; and Ken Farrar, Dave Brown, Wayne Lachapelle, and Gary Wiffen were weathered in Kelowna. The places we must go to defend Canada's freedom.

The Pattersons are spending a couple of weeks in Mexico, doing some sightseeing, catching some sun and The Revenge.

Nick Murgatroyd is just back from the T-33 conversion course, ready to trade in the sweet sounds of out of sync props for the terror of center-line thrust. I guess it is better to move up from the old work horse to the sleek new fighter.

Anyone visiting the Ops side these days need not concern themselves. No, the offices weren't vandalized, Craig is just moving from one desk to another. Actually, most everyone has new secondary duties. As everyone knows, that means finally handing over a job, with all the associated paperwork, trying to explain and brief it all, when you never knew what it was really all about in the first place.

That does it this time around. Next time we will have a report on the sordid goings on with the infamous Sandspit Detachment. Stay tuned.

Well another week has come and gone. So here I am to report the happenings of VU33.

Bala (Bill Kerekes real name) is at it again. Bala tried to start a T-33 from the wrong plug. Don't worry Bala,

we've all had days like that. Just because the right plug is properly marked, doesn't mean a thing, right Bala?

If one can't find Bill Hamilton on the hangar floor, you may find him in the coffee room. When asked why he has taken up residence there, he replies, "The greasy paws are holding me up." I guess if Bill had a stagocoach, he wouldn't need wheels, he could always get the greasy paws to hold it up.

Heard any good secrets lately? Well Randy has one but he's not talking. Pete told me that it had something to do with the hockey team. But Randy didn't budge. Well Randy, if it's something your ashamed of, don't worry, our readers won't tell anyone, right guys?!

I've attended the last two games that our hockey team played. The first game, we pulled off a tie by just the skin of our teeth. The second game was much better with a victory of 7-4 for our team. 3 of the goals were scored by Glenn; good going Glenn. It was also good to see Pete back on the ice. Too bad you weren't there on Monday Pete, they really could have used you.

Jim was excellent in the net. There was a number of sensational saves made by Jim. Of course the goalie can't do all the work. His defencemen definitely earned their pay, even if their methods were a bit unorthodox, right Tom?

Attendance is definitely up since the team has been doing so well. The fans come out to see a good game, and we haven't yet been disappointed. The team definitely gives their best when they get support, so come on out and bring your cow bells.

Mike went to California for the weekend. I sure hope you had a good time Mike.

I guess that's it for now. Don't fret it friends, just grab your sticks and fly high. For we'll be back with more news from your squadron.

BADO Burlblings

It is that time of year when one is faced with a windup of personal financial affairs in time for the income tax man. For some of us it is recovery time from the excesses of the festive season. Bills have to be paid and pounds around the middle have to be lost. I suppose it is such the same thing with the running of the Base Fund. A review has to be made of the Funds past performance and plans for the next fiscal year made.

The Base Fund Committee, of which I am the chairman, has met recently and I feel that it would be appropriate if I burlbled on about some of our problem areas. As stockholders in the Fund you should be vitally concerned in the health of the various organizations and facilities that contribute to the Fund.

I will start with our largest contributor - CANEX. The main store has had a reasonable year but like everywhere else in the business community sales have been lower than expected and we still have larger inventories than we would like. Our new convenience store has been doing well and I would like to thank everyone for their patronage. The CANEX garage has had a mixed year and as you all know, the local gasoline wars drove the price of gas down to a ridiculously low level. I thought the prices were great when I visited the pumps but then when I got back to the office and saw how much we were losing on the deal I had very mixed feelings. It is not easy to run a business at the best of times and it has certainly been difficult throughout the last year. But, all in all, we are doing reasonably well under the circumstances. We do though require your support.

The Messes continue to meet financial budgets and other CANEX outlets do well. There is, however, one area that does provide serious problems and that is the ALLCAN Lounge. There appeared to be a strong demand for an area on the Base which would provide an alternate life style facility. A great deal of money was assigned to redecorate and furnish the mezzanine floor of the Recreation Centre for those personnel who wished to relax away from areas where alcoholic drinks were served. The facility is in existence but the use of its resources have

been minimal and the cost of running the lounge has been considerable. In order to cut operating costs we no longer have a custodian and will now rely on the good sense and maturity of users to ensure that the facility and its equipment is not abused. In this regard, we are all responsible to check anyone who is misusing the place. We are unable to answer the question as to why the facility is not used to the full. I suspect that our attitude to alcohol and bars is changing and folk are no longer afraid to ask for soft drinks at our Mess bars. I hope that this is the case and that we have reached a point in our development that people can enjoy the bars without feeling that they are being pressured into drinking or into over indulgence. Freedom of choice is the answer and no one should feel that they have to drink alcoholic drinks in order to fit into our social environment.

We are also finding that the canteen associated with the ALLCAN Lounge is not raising enough business to support itself. We have cut back the opening hours to a minimum to cover opening costs but are reluctant to shut it down completely as it does provide a service to personnel. Again, we need your support.

In a future article I will elaborate on our new Glacier Greens Social Lounge. This facility is already providing a valuable social outlet for our military community and has become very popular. In the next week or two decisions will be made on the rules governing the use of this facility as well as a review on the present scale of charges and the prices for food and drinks.

A further article will be forthcoming on the operation of our first class golf course and club. It has been a most successful year and major improvements continue to be made on the course.

In summary, I must report that notwithstanding some of our problem areas, your Base Fund is alive and well. I am not too sure if I am; but if I continue to survive in the hot seat, I will do my best to get the most out of these non-public funds. It is your money and with your help, we will make sure that we reap the maximum benefit for the maximum number of people.

Base Supply

The Supply Section is proud to be part of the Logistics Branch which celebrated its 16th birthday on 1 February 84. Supply once again is being continuously active and is now preparing for many upcoming events.

On Feb 9 Supply is organizing a mini-olympics between Sr NCOs and Junior Ranks to determine whether the "old guys" can make it in their own slow pace sports. Sports will include games such as crib, euchre, bowling, darts, snooker and shuffleboard.

This year CFB Comox is hosting the Annual Logistics Curling Spiel, to be held February 16-18. Also coming up is the BTSSO Curling Spiel on March 23-24-25.

BTSSO is holding its first Annual Spring Ball to be held on May 12 at the Recreation Centre; it is expected to be a big success and tickets will include dinner and dancing.

Now to welcome a couple of new people to Base Supply - Ray Bailey and family from HMCS Provider, Esquimalt and Jim Bulmer from CF-

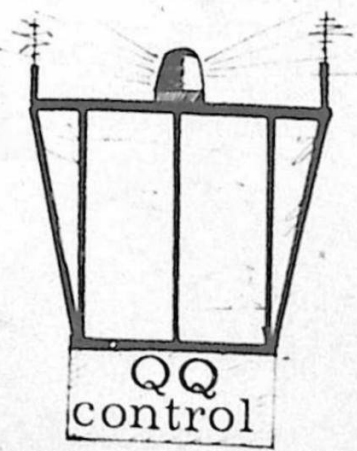
SAL Borden. Good luck to Ken Minor on his Sea Survival Course in Halifax.

In the near future expect to see two smiling faces from upstairs, when the husbands of Emily Mansfield and Martine Veldhuizen return home from their courses.

Lorena Charles won the Stupidity Award from General Stores for a faulty garbage bag. Who will be the poor sucker for the month of February? The Totem Lounge held a Punks Night on Jan 28 and Supply participated in full force. Carole Berube won a bottle of champagne for first prize for the ladies.

Supply is not without its misfortunes; everyone's thoughts are with Cal Francis as he recuperates from an unfortunate bike accident. A recommendation goes in from the majority that Claude Cipelletti take a defensive driving course to prevent further mishaps concerning his car.

Those customers who visit one of many groups will see a few new faces due to the move of some Ptes.



As The Beacon Turns

The past two weeks have been quiet ones for the Comox ATC section.

Capt Howard Thibault is back at work after a three month stint at Staff School in Toronto. "Howie" mastered such skills as memo and report writing and volleyball. Capt Thibault is a terminal controller in the IFRCC.

Capt George Araj's another terminal controller is in Wainwright, Alberta at the present time. He is working as an IFR controller with the Mobile Air Traffic Control Unit. George is helping out the army types with their exercise "Rapier Thrust".

Capt Lothar Hopp is in CFB

Borden this week. He is on the OSCAR (on scene controller) course. Lothar is chief controller tower.

Congratulations to Pte Roy Field. Roy's baby girl Jennifer was christened on Sunday, 29th January. Roy is a B-stand in the tower.

The ATC hockey team is presently in second place behind the first place, Supply/VU33 team. This is only a momentary setback. Good shooting for forward Lt Rick Champagne. Rick a tower controller scored the only goal in the last hockey game. Watch out! ATC will soon be number one again.

Section News

Seems like things are pretty quiet around the Demon Den these days. Crews 3 and 6 have skived off to warmer climates south of the border. NAS Moffett in California is again hosting yet another Readix and the boys have been sent down to improve their skin complexion. Det Commander this time round is Maj Darrel Newman, who has the CO tagging along just to ensure things go smoothly. I mean, what could go wrong, Right??

With those two crews away, Crews 5 and 7 vying for volleyball V. all day long, and Crews 2 and 4 always on days off, it seems the only crew around here is the one that sets the standards, crew 1. Mind you they're planning on doing a crew check on crew 8 when they head down to Hawaii. Guess we'll just have to shut down operations, and head for the slopes.

With the beginning of a New Year career courses seem to be plentiful around the squadron. Capts Steve James, Steff Kummel and Larry Hickford are on their way to TGITs, Bloor & Younge and Starvin' Marvins all at Staff School in the big T.O. Larry is away camping for the week up at Edmonton doing winter bush survival. Stories say he hasn't had so much sleep since his latest arrival come a couple of months ago. The people in Standards sure have noted Larry's absence - the ambient noise level is down about 4 db.

Lts "Are Bee" Richard Burton and "Fuzzball" Al Sharpe are checking out "The Split Crew" and "My Apartment" while down in Halifax on the Acoustic Data and Analysis Course (ADAC). Fuzzball says that he hasn't seen so many submarine signatures since he was back out here in Comox.

Just to squash any rumours about career courses, no, Jeff McBean is not scheduled for any this year - yet!

No longer is the squadron short of ASO-1s. Lts Steve Phillips, Chris Kirby, Dominique Lawory and Richard Burton have proved themselves in the galley and bunks, and are now promoted to assume command of teaching ASO-2s what ASW is really all about.

Back from MOAT are Capt Rob Hannula, Lt Jeff Byam, Ron Grossman and A/MCpl Steve Synnuck. Rumour has it that the squadron sent crew 1 down to Greenwood on the pretense of training at the O.M.S., but actually it was to rescue the fellows from all the valley girls.

New bods on squadron (work them into the duty list Deputy Dawg) are Lt Chris Smith, Lt Jean Languin, A/MCpls Kieth Rodrigue and Michael Schnabel. Welcome to the Den, men. Wow where's that Pub Box?

Last Friday, Sgt Brian "Moose" Weatherley sustained a massive heart attack and is reported in stable condition at Victoria Jubilee Hospital. Best wishes go out to Brian from all the Demons on an expedient recovery. Take it easy.

Guess that's about it for this week. Until next article, good hunting.

VP407 SAMO SECTION NEWS

Well the suspense is over; we finally know what to call the SAMO's Newsletter. It's called the "DAM Newsletter" (Directives on Admin and Maintenance Newsletter). Personally, I liked my suggestion of keeping the old name - The SAMO's Sermons, Suggestion and Sarcasm (SSS and S) Aide Memoire. I think the old name describes the newsletter a little more accurately. It is still good to see that he will continue to put his and Mr. Murphy's tidbits of philosophy in the newsletter. For those of us who are required to read this newsletter, these philosophies are of course law: after all, the SAMO's number one golden rule is "The SAMO is always right".

The SAMO had a summer party at his house last week that was enjoyed by all - but popsicles in January - come now boss. Recently the boss has had a fond look of anticipation on his face and Dennis has an "I'll get you" look. Apparently it's something to do with Cabbage Patch dolls.

The Chief was pleased to find out that Channel 3 is all French. Seems that he has forgotten his mother tongue and that's no good for a future BWO at Bagotville.

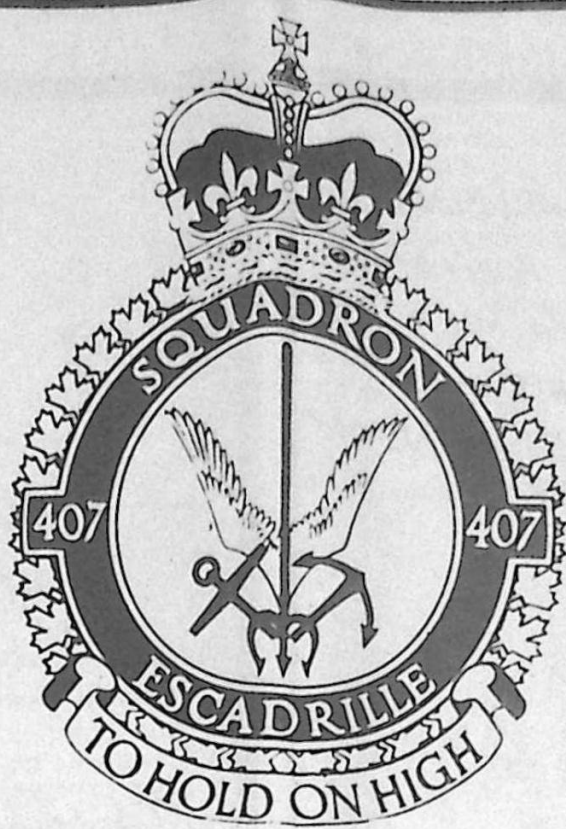
The two girls in our admin group are getting busy under the new system. One continues to talk about learning to ski, but continues to find excuses not to go and the other is leaving to go recruiting so soon after she arrived.

SAMO SUB NEWS - AMCRO

Jim got his baptism under fire just last week when both Bill and Marilyn were off at the same time. Marilyn had a bout with the flu and Bill took part in the bowling playdowns where he came in fifth out of 24. Good going Bill!

The AMCRO has an additional weight around his neck - seems that he fell downstairs and broke his arm. He can't understand how a cast can increase in weight even though the moisture has evaporated out of it. Speaking of extra weight around your neck, I am sure that Greg considers the AMCRO one when he keeps coming up with requests for almost impossible computer programs that can be initiated by one word or one symbol.

Wally spent a week at Greenwood



Demon Doins

on prop problems and a couple of days in Ottawa previous to that having a pump problem investigated. You do get around Wally.

Bob doesn't look tired in the morning so his tax deduction must be cooperating. Don is awfully quiet lately; maybe the hockey is wearing him out or possibly he is contemplating his new job. Can't say much about Terry except that he sure spends an awful lot of time under his son's bed.

Garry is back and telling exciting stories about how it was colder in Florida during his holidays that it was here. Darlene spends most of her time coordinating Cabbage Patch doll shipments while Dennis is away, and Gene has agreed to clean the SAMO's glasses when they need it.

Last but not least, I understand that Billy is trying to arrange a charter in the Bay of Fundy. I know you want to get to Nova Scotia before you retire but don't be ridiculous.

DIAC MAINT/TRAINING

January came and went like most months in the DIAC Maintenance and Training Section, arriving much too soon to be January already and leaving long before February was aware of its departure. Nevertheless, January was in fact here and did leave some noteworthy events in its passing.

Congratulations to Byron Allen Halbersma (7 lbs 10 oz.) who picked Gord and Connie to be his mom and Dad. At the age of "one not" Byron is already showing signs of great potential for instructional duties and is expected to join the DIAC team in the near future. Byron will be offering courses on "The True Meaning of Night Shift" which will be followed shortly thereafter by "The Applied Mechanics of Murphy's Law". From the entire section, we wish you a heart felt "Hello!", Byron.

There are two new soakers in the section. Both MWO Keryluk and Cpl Anderson got their feet wet instructing for the first time. MWO Keryluk delivered a leadership seminar and Cpl Anderson (Russ)

has been teaching some portions of the Fast Time Analysis System (FTAS) Phase A course. Neither fainted!

Russ has been telling everyone in the section to be on the lookout for ravenous dogs on the highways. It seems some dog attacked his Rabbit (VW) for no apparent reason and hasn't been seen on the road since; obviously, all bent and twisted over the whole situation. Sorry about your car Russ, but then not all Rabbits get bushwacked by a dog.

I'm glad to see Lt Foster made it back from the Mt. Washington school of hard knocks without any broken bones. Skiing must be easier than it looks! When last seen, Lt Foster was swooping down the blue hill, saying things like, "Look Maw! No hands!" All this expertise and only one week's training. Not bad! Not bad at all!

Cpl Gallenger is away on the "SIT 1" course and both MCpl Halbersma and Cpl Adam are taking the "FTAS Phase A" course in the DIAC training cell. Because of this coursing requirement all FTAS instructors are being rotated in and out of the maintenance section on a fix and run basis. Sgt Tracz (Gerry), who organized this whirligig is hoping the MWO is counting bodies and not face frequency, but I think he's on to you Gerry.

Pte Adam was promoted to the rank of Cpl this month. At his promotion party, Cpl Adam (Mark) dispelled all doubts anyone had as to whether or not he was actually quiet and shy or a reclusive rowdy like the rest of us. During his party all manner of unkindness was bestowed upon him (beer, B52s, Zombies, etc.) Mark was undaunted however, and took it all in stride. A stride, which, by the way, faltered a great deal by the time 0200 hours rolled around. A good time was had by all! Let's promote Mark again sometime very soon.

SERVICING

Recently, Servicing welcomed back a few frozen fellows from that winter wonderland - ADAK. Com-

pliments of Capt James and Co., 7 technicians flew north to take part in an exercise with the U.S.N. While they were away, the rest of us dreamed of fortunes to come as we awaited the results of the largest LOTTO 6/49 draw ever. 3 crew collected \$38 which gave us 38 different combinations of 6 numbers and we tried to beat the unbelievable odds. Needless to say, none of our tickets were among the winners. In fact, the best we did was getting two numbers on only two of the tickets. Something to keep in mind though... a certain Servicing Warrant Officer (the shortest one) had promised to buy each of his crew members a new automobile if he won the lottery. Maybe we can get this in writing for any future draws. Anyway, we don't need LOTTO 6/49 when we have so many fund raising ideas right here. Everyone could pitch in a dollar and the winner takes all.

How about "How long will Sgt Roche survive on the Arctic survival course (in microseconds)" or "How long can Eric Stockton go without saying 'No more breads on T.D.'." The possibilities are endless. Last month marked the visit of our career managers - or career manglers as they are more affectionately known as - and many people got word of postings. Sgt Gregory is probably leaving, but to where is anyone's guess. MCpl Jeff Grover is off to work on the new F-18 in Cold Lake and Cpl Hendrickson is likely going to Germany. Jeff would be interested in talking to anyone with a cheap pair of mukluks for sale, and for cheap, we mean under \$5. Betty Hendrickson will probably want to get her hands on a good German dictionary since the words "kindergarten" and "Oktoberfest" don't pull much weight when you need a bus, some money, or the washroom in a foreign country.

By this time, 3 Crew will have already participated in one of their famous ski days on Mt Washington. Hopefully, the weather will have been better than our last trip when ice pellets were smacking us all day. Also, there are no broken bones on the crew yet, but if bets are taken, bet on our own KAMIKAZE Wayne Fast.

And finally, after nearly four years on 3 Crew, our fearless leader WO Jones is leaving us. He will be going upstairs to research, and his replacement here will be WO Brooks. Alas, no more short jokes.

In closing, congratulations to everyone who wrote and passed trade board exams in December and good luck to those writing in March.

May all your troubles in this New Year be as short as your New Year's resolutions.

PHOTO

As you all know this is the time of year when career managers come out of hiding and everyone gets a chance for a short *tete a tete*. Our very own Chief Warrant Officer Johnny (J.J.) Johnson spoke of many up and coming promotions but he neglected to mention exactly what decade. It's also understood that postings will be granted with all these promotions. The Chief's visit of course was not all work and no play; Bob Bourne showed J.J. a good old time. Rumour has it that they painted different shorelines red.

After years of trials and tribulations in log control, MCpl Walls has eventually found the long way back to Air Photo Processing. We can't help but wonder if Bruce will be able to handle this totally different kind of paper (SWG) work. Welcome back Bruce and lots of luck in future development.

Joanne Paul finally acquired her dream-machine and without remorse off-loaded her museum classic. Winter Ryan Hill phobia will be a thing of the past. Keep on trucking Jo.

Let's not forget about our latest addition. The stork was supposed to bring a new bundle of joy to Tom and Holly Ford but in the rush and confusion of Christmas, Santa Claus ended up delivering the little tyke. Congratulations to the Ford family on their new baby boy Patrick.

R.G.F.



Nav - Comm

Natterings

We're located on the top floor of 7 Hangar and for those of you who don't know what a Nav-Comm Lab is, we're the gang who fix up those black boxes that pilots (and other flying types) use to tell the tower they've finally found Comox and are going to try and get this thing on the ground.

Some of us also fix the Aurora version of "Pacman" that keeps the observers out of the pilots' hair and occupied during those long patrols.

Our boss: Lt Caws, when not cracking the whip over the bad guys is handing out promotions to the good guys. He jogs 14 miles a day (before breakfast), rides a mean bike and computes a lot.

In keeping with the policy of no last names - no pack drill and most important no black eyes, the following tidbits of trivia are submitted:

Gord and Gonzo went to Nanaimo last week to try out with Roland and the rest of the Toyota jumpers. Unfortunately on landing they suffered each 2 sprained ankles and each 1 black eye. Better luck

next time men.

Barry is another one of our athletes. He runs a mile faster than I can drive it and hardly a Totem Times edition goes by that he isn't pictured clutching a trophy to his chest. Congrats to Barry, Mike and the boss on taking the Fire Prevention team trophy.

Ron, Dave and company spend a lot of time behind closed doors during working hours doing gosh knows what. They get a lot of phone calls, usually before normal hours. Answered one of the calls one time and it was something about ten on Marmadukes nose in the fifth!

John handles the supply duties which usually keeps him out of trouble till about 8:15 a.m.

Bob and Cliff do a lot of cable slinging on their time off and dart slinging during their daily work breaks.

Oh yes, if you see someone rapping up the side of 7 Hangar in the morning rush, that'll be Gerry getting in shape for the next year's hiking and mountain climbing.

R.M.

OFFICERS' MESS

Fridays, February 10, 17, 24

February 10 - TGIF FISH & CHIPS
February 17 - TGIF SUBS & FRIES
February 24 - TGIF CHICKEN & FRIES

Saturday, February 18

TOGA PARTY: Come dressed as your favorite Roman. Food 2000 hours, DJ 2100 hours. Reservations to the Mess Manager by 1200 hours - 15 February. Cost: members \$15.00 per couple, guests \$25.00 per couple.

Thursday, February 23
RETIREMENT MIXED DINING IN.

— COMING EVENTS —

MARCH 1984
Friday 16: mixed TGIF.
Thursday 29: RCAF Anniversary Mess Dinner

WOs' - SGTs' MESS

February 10

TGIF. Food. Games.

February 11

★ ★ VALENTINES DANCE ★ ★

DJ - 2000-0100 hours. Food - Seafood platter - 1900-2030 hours. Price: \$10.00 per couple, members and \$12.00 per couple, guests. Tickets at door. Casual dress.

February 17

TGIF. Food. Games

February 18

DJ DANCE. Munchies. \$2.00 per couple. Relaxed dress.

February 24

MIXED TGIF. DJ. Food. \$2.00 per couple. Relaxed dress.

February 29

★ ★ SADIE HAWKINS DANCE ★ ★
DJ. Wives Club pot luck. 2000-2400 hours. Free Admission.

For information: Sgt Lesage, local 2348

Dress code for WOs' and Sgts' Mess

Service Personnel
When uniform is worn, it shall be worn in accordance with dress regulations as laid down in Base Standing Orders.

The following minimum standards of dress shall be observed when and where indicated:

Formal. M1/FM1 and S5/SF5: Tuxedo or dinner jacket for men; full length gown for ladies.

Semi-formal. Business suit or blazer and flannels with appropriate shirt and tie for men; cocktail dress/attire for ladies.

Informal. Leisure suit or sports jacket and slacks with shirt and tie; presentable open neck shirt or turtle neck sweater designed for indoor wear for men; ladies' attire shall be keeping with the decorum of the mess.

Casual. Sports shirt and slacks for men. Ladies may wear any mode of dress within fashion and of a parallel standard to that for men.

Relaxed. Slacks, clean blue jeans: no patches, not faded, not torn or ripped or cut offs. Walking shorts with suitable shirt (T-shirt with sleeves acceptable). All clothing must be clean and in good repair; T-shirts with suggestive or questionable slogans will not be allowed. Suitable shoes and socks shall be worn with all modes of dress.

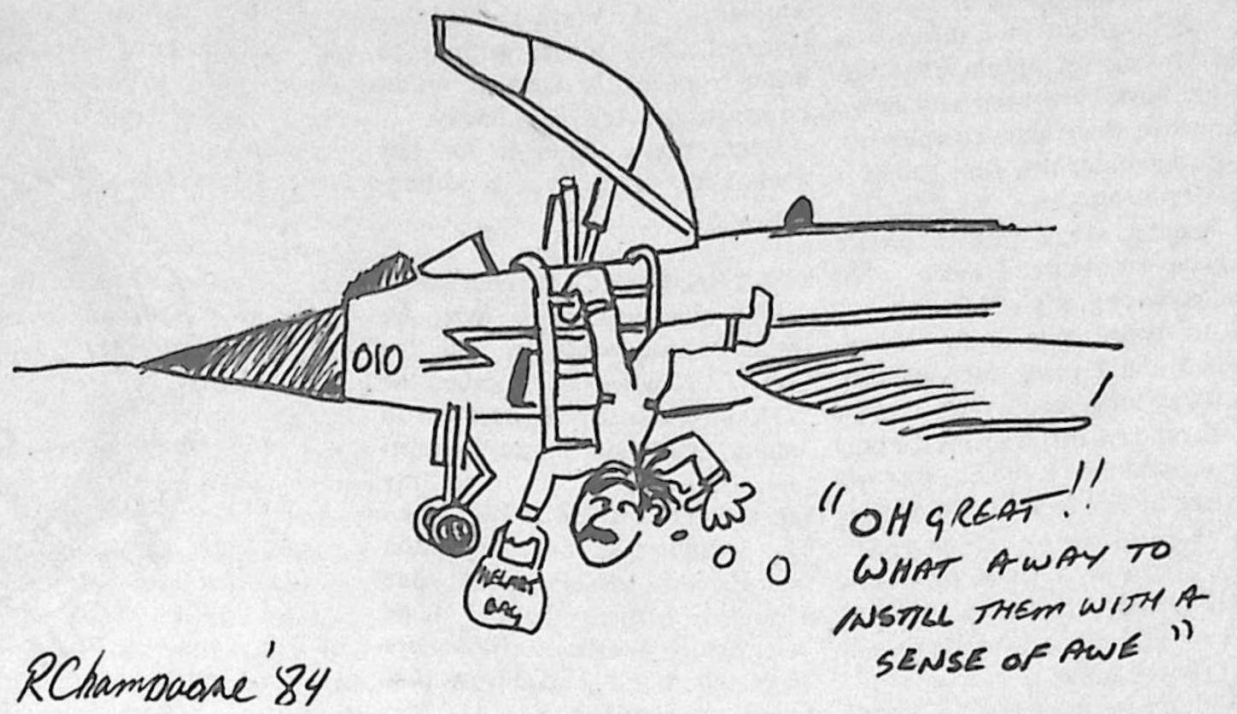
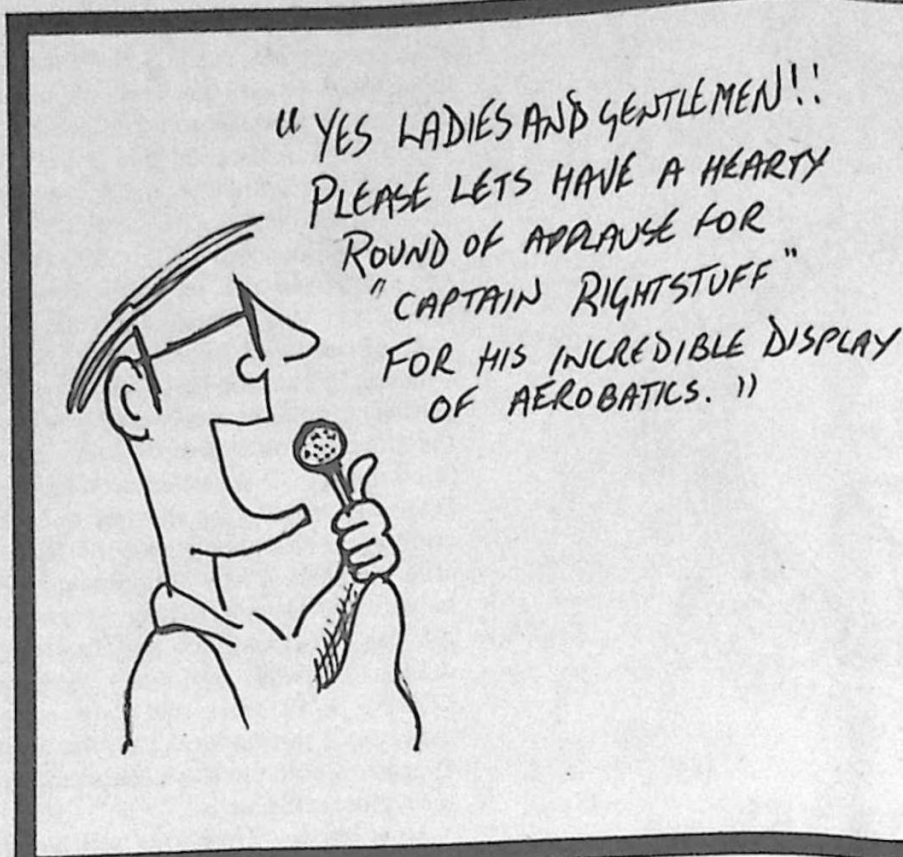
Editorial

Brain drain

I have been busy recently taking a computer programming course for beginners. I don't even own a computer at this point, but I felt that in this technological explosion we are experiencing, if I didn't know something about computers then I would soon be left far behind. I'm enjoying the course and even with my very limited exposure, I am totally astounded at the seemingly endless applications of these machines.

Even the fairly recent advent of pocket calculators has changed the way we live and do business. I'm sure there are very few households which don't have at least one calculator. We can do very complicated mathematical calculations instantly at the push of some buttons. Some of us of the older generation sometimes find ourselves doubting these magical silicone chips and double check using pencil and paper. It's a good thing that most of us still remember the basic rules of math or we would be totally dependant on a little chip.

Children in many schools are permitted to use calculators to help them with their school work and they also have the opportunity to learn about and use computers. My main concern is that with the ease with which mathematical and scientific calculations can be made electronically, our children could lose the ability to do the calculations manually. If they don't get a good working knowledge of mathematics and physics, how will they be able to understand the basic principles of these sciences, and will their ability to advance be severely limited?



It's fine to have a calculator or computer spit out an answer, provided that the operator understands how the answer was calculated. How else do you know if the answer is correct?

I sincerely hope that our education system has the good sense to realize that electronic machines cannot replace knowledge. After all, if our future scientists are expected to improve computer technology, then they must first have the knowledge themselves.

J.S.G.

Letters:

To The Editor:
CFS Sioux Lookout celebrated it's 30th year of operation in September 83. The station published a hard cover book covering events over the past 30 years. The book includes photos, black/white and color, and typed articles.

The book is available for a cost of \$18.50 including postage and handling.

Send cheque or money order to:

The Editor
30th Anniversary Book
Canadian Forces Station
Sioux Lookout
Sam Lake, Ontario
P0V 2R0
ATTENTION: WO Wright

To The Editor:

On behalf of the Claremont School staff, students and their parents, we wish to express our gratitude to the many residents of your area who offered assistance following the bus crash on Mt. Washington Monday, January 30, 1984.

Such generosity, compassion and consideration greatly eased the burden of all those involved with our school.

Yours sincerely,
Helen L. White
Student Services Co-ordinator
D.C. MacKinnon
Principal

**Remember -
February is
Heart Month**

Let the "Fishwrapper" help you

Do you as a military member of CFB Comox have a secondary duty which you do not like? Maybe you can make a deal with your boss and trade that secondary duty for one that you would really like. Here's the deal, the Totem Times is losing some of its staff members and can offer you an interesting and enjoyable secondary duty, as well as a chance to learn about the fascinating world of newspaper production. No previous experience needed. If you are interested in any of the following positions, contact Capt Gibson at local 2516.

EDITOR: You would be taught how to produce a newspaper from A

to Z including layout, design, photography, advertising and production. You even have the chance to wield the mighty pen by writing editorials if you wish (provided you don't offend too many of our leaders). If you act soon you may even get the opportunity to attend the Base Newspaper Editors Course at Grant MacEwan College in Edmonton; an excellent course. And don't forget - no experience needed.

PHOTOGRAPHIC ASSISTANT: This is an interesting and easy job. We would teach you how to operate our Compugraphic camera, used for producing enlargements and reductions of photographs used in the paper. You would also learn about layout and design. No experience needed.

BUSINESS MANAGER: In this job you would learn a lot about the newspaper business, but particularly the advertising side. You would learn how to design and sell adver-

tising and would be in frequent contact with the local business community. No experience needed.
EDITORIAL STAFF: Volunteers are always needed to assist with proof reading and production. Learn about layout and design. No experience needed.

Next Totem Times Deadline - Monday, February 20, 1984



Law Talk

By Gordon Hardy of the People's Law School

Impaired Driving

The last of three articles on impaired driving.

"The people who stand up and boast about their ability to withstand alcohol are just the kind of people who get caught on the offence of driving with a blood-alcohol count of more than 80 milligrams," says Ace Henderson, a B.C. lawyer who often defends drinking drivers.

The law makes it a criminal offence for anybody to drive a car with more than 80 milligrams of alcohol per 100 millilitres of blood. The breathalyzer test - to which drivers must submit if asked by a police officer - is a machine which takes a sample of air from the lower lungs, passes it through a chemical solution, and then measures the amount of alcohol a person has in his or her bloodstream.

With this offence, it does not matter if your ability to drive is impaired or not; all that matters is that the breathalyzer shows that you have more than the maximum amount of alcohol in your veins.

In drinkers' terms, the blood-alcohol count surpasses the 80 milligram mark after miserably few

drinks. A person weighing 200 pounds reaches the danger point after consuming four bottles of beer in an hour. People weighing less reach it even sooner, particularly women who have less body water than men with which to dilute the alcohol.

It is difficult, if not impossible, to fool the breathalyzer. Eating before drinking, for example, will slow down the absorption of alcohol into the bloodstream but it will not stop it. Tapering off your liquor input before you drive is not necessarily any protection because the blood-alcohol count reaches its peak a full hour after the last consumption of alcohol.

Nor do breath mints, mouth washes or fresh air fool the machine. In fact, according to Henderson, police officers are sometimes tipped off to impaired driving by drivers who leave their car windows open on cold winter nights.

When the police suspect the offence, they will take the driver to a mobile testing station or the police station where he or she is required to

submit to the test. Under the Charter of Rights and Freedoms, the police must first allow the driver to contact a lawyer. If they fail to do this, a court may dismiss any charges arising from the arrest.

According to Henderson, the police and prosecutors often cover all the bases by charging drivers with both the blood-alcohol offence and the separate offence of impaired driving: "This way, if you prove to the judge that your driving wasn't impaired, he may still say you were guilty of driving with more than 80 milligrams. Likewise, if you argue that, based on what you drank and what you weigh, mathematical calculations prove that you had less than 80, the judge might say that you were still impaired."

Henderson says that, while the breathalyzer was once thought to be foolproof if operated correctly, new evidence indicates that the emission of radio waves nearby can result in inaccurately high readings. This evidence has resulted in some acquittals, he says.

The police must administer the breathalyzer within two hours of apprehending the driver. In the past, many impaired drivers who were involved in accidents and hospitalized were able to evade the test because their treatment went beyond the two-hour time limit. A new law, however, empowers the police to take a blood sample from any driver who is suspected of drinking whether he gives his consent or not.

In addition, the blood sample will give police some information that the breathalyzer does not - evidence of drug use, prescription or otherwise. Commonly used tranquilizers and marijuana, whether mixed with alcohol or not, can produce serious impairment.

Do the increasingly serious penalties for drinking and driving actually deter anyone? "I don't think so," Henderson says. "My impression is that people still keep drinking and driving."

But then he - in his line of work - only sees the ones dumb enough to do it.

END OF SERIES.



TOTEM TIMES

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Second Class mail registration is 4098.

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BUSINESS MANAGER: Herb Hanson (Loc. 2618) or 339-6526

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PHOTOGRAPHERS: Ann Howlett & Base Photo

The TOTEM TIMES is an unofficial publication of CFB Comox. The Editor reserves the right to edit copy and reject advertisements to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CF or other agencies. In case of typographical errors, no goods may be sold and difference charged to this newspaper whose liability is limited to a refund of the space charge for the erroneous item. "Advertising is an offer to sell and may be withdrawn at any time." Address correspondence to The Editor, Totem Times, CFB Comox, Lazo, B.C., V0R 2K0. Subscription rate \$5.00 per year.

Printed in Courtenay, B.C., by the Comox District Free Press



Gens Du Pays

L'association des Gens du Pays

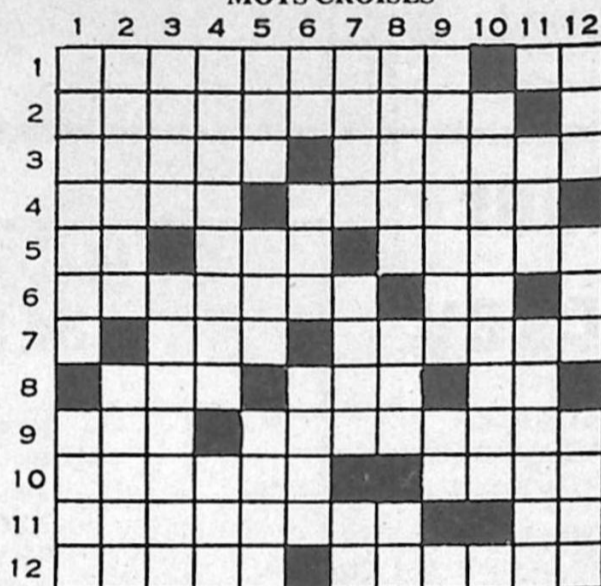
vous souhaite
une
Joyeuse St-Valentin



HORIZONTELEMENT

- Action de s'élever - Arbre à feuillage persistant.
- Chasse au loup.
- Imprimas - Donner l'aspect de la nacre aux fausses perles de verre.
- Epoques - Plat de viande, de légumes ou de poisson, coupés en morceaux et cuits dans une sauce épicée.
- Pronom pres. - Fille de Cadmus - Oiseau voisin des canards.
- Qui est immédiatement après la première - Note.
- Baudet - Uvule.
- Légumineuse - Ferme, dans le midi de la France - Deux.
- Se procurent - Polirons avec la lime.
- Ornements sacerdotaux - Préfixe sign. contre.
- Arrose Krasnoïarsk - Infinitif.
- Agile dans ses mouvements - Ti - rer le lait des vaches.

MOTS CROISES



VERTICALEMENT

- Titre d'honneur donné aux princes et aux princesses - Organe de la vue.
- Réunion dans la soirée, pour causer, jouer, etc. - Greffée.
- Traitement médical - Boîtes en carton.
- Action de s'évader (pl.) - Chenal creusé par un cours d'eau et où il s'écoule.
- Qui ont vu le jour - Dans la rose des vents - Fait tort à.

- Saint - Ecrivain suisse (1857-1910) - Reine de beauté.
- Ville d'Allemagne orientale - Anc. Etat voisin de la Chaldée - Sert à lier.
- Trouble électrique de l'atmosphère - Emploi - Infinitif.
- Habitante de Nice - Radium.
- Savoir approfondi dans un ordre de connaissances.
- Saison - Faire sonner lentement une cloche.
- Métal connu - Voie de circulation menagée dans une ville - Seigneur.

SOLUTION

- ASCENSION - IF
- LOUVEVERIE - E
- TIRAS - NACRER
- ERES - RAGOUT
- SE - NO - EIDER
- SECONDE - SI - U
- E - ANE - LUETTE
- ERS - MAS - II
- ONT - LIMERONS
- ETILES - ANTI
- LENISSEI - ER
- LESTE - TRAIRES

Message d'anniversaire pour tous les Logisticiens

A l'occasion de notre seizième anniversaire, le 1er février 1984, j'aimerais offrir mes meilleurs souhaits à tous les membres militaires de la force régulière et de la réserve qui font partis de la branche de la logistique.

Le seizième anniversaire de la branche coïncide avec l'anniversaire de l'unification des fc et c est grâce à tous les logisticiens, particulièrement aux adjudants et aux sous-officiers séniors que nous avons pu rencontrer les défis de nos premiers 16 ans.

Il n'en Tient qu'à nous, de continuer dans le futur de bon travail que nous avons fait dans le passé pour qu'il soit vraiment dit que nous sommes dignes de notre devise servitium nulli secundus.

BGen Allan

CLUB:

"GENS DU PAYS"

- | | | |
|------------------------|------------------------|------------|
| PRESIDENT: | Mme Marie-Paule Gregor | 337-5785 |
| V.P. ADMIN: | M. Jean-Claude Rheault | 338-0757 |
| V.P. EXECUTIF | | |
| TRESORIER: | M. Serge Peters | Local 2403 |
| SECRETARE: | Mlle Suzy Schmouth | Local 2313 |
| INFORMATION: | M. Michel Labrie | Local 2448 |
| SPORTS: | M. Richard Leblanc | Local 2494 |
| DIVERTISSEMENT: | M. Serge Lalonde | Local 2250 |
| EDUCATION | Mme Manon Bertrand | 338-8729 |
| CULTUREL: | Mlle Suzy Schmouth | |
| temporaire | | |

SECRETARE: Diane Senneville



Pour plus de renseignements, contacter une de ces personnes. CLUB GENS DU PAYS, BOX 213, LAZO, B.C., V0R 2K0.

2K0. TEL: 339-5313. Le local est ouvert LUNDI, MARDI, MERCREDI, VENDREDI de 10:00 a.m. à 3:00 p.m., JEUDI FERME.

Cours d'anglais

Une nouvelle session de cours d'Anglais débutera Mercredi le 15 février 1984, au local des Gens du Pays (situé derrière le théâtre de la base).

Il y a encore quelques ouvertures, a qui la chance? Le coût est de \$5.00.

Contactez Nicole Valcourt 339-6225.



Le Monde Enchanté

Pour votre enfant, un avant-midi de plaisirs, tout en apprenant. Voilà en gros ce qu'offre la prématernelle, Le Monde Enchanté, nous avons encore une ouverture.

Vous êtes priés de contacter.

Paulette Leblanc 339-5651

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Pour obtenir de plus amples informations sur le REERM ou sur la façon d'en faire partie, contactez votre conseiller RARM/REERM.

LT J.E. REED

Local 2578

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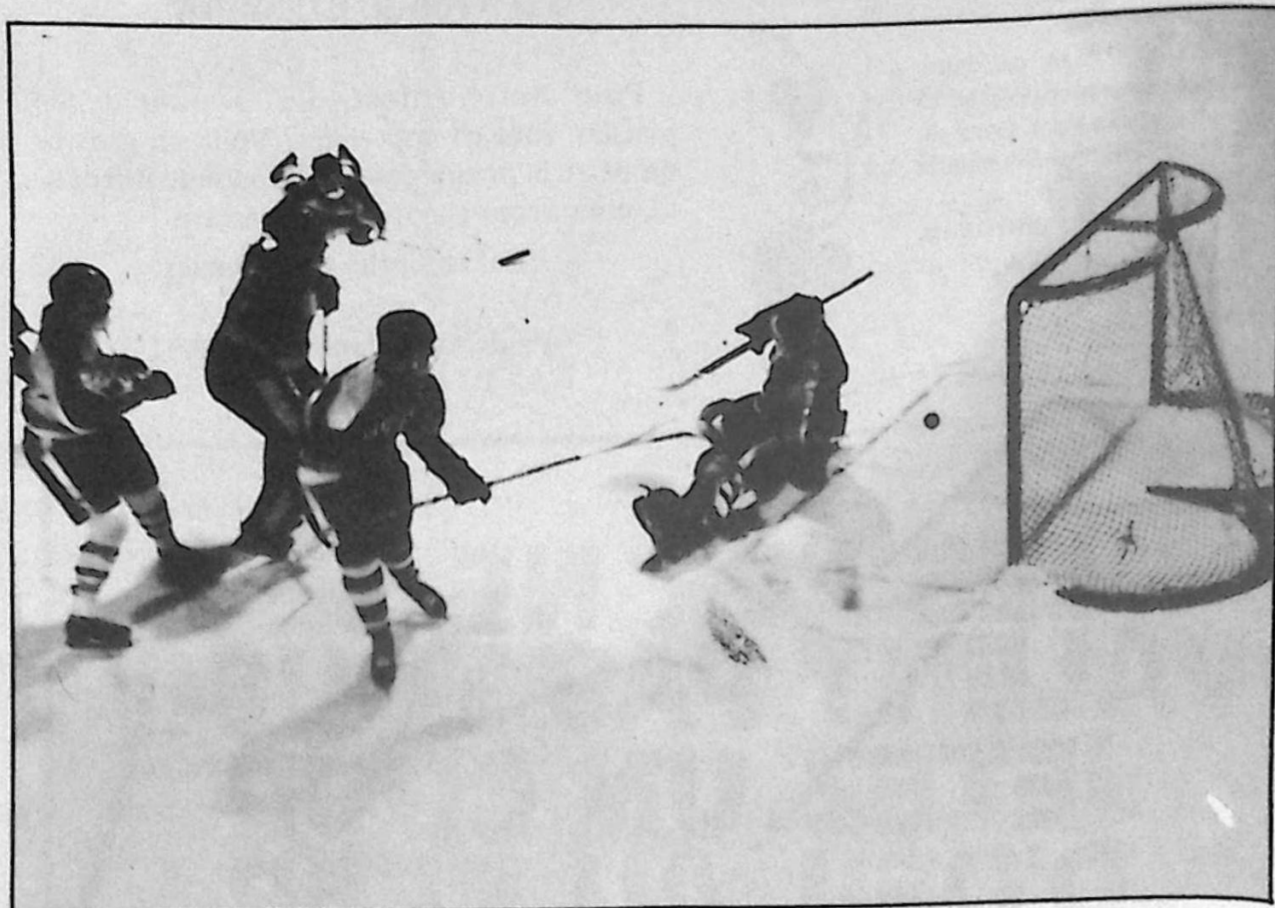


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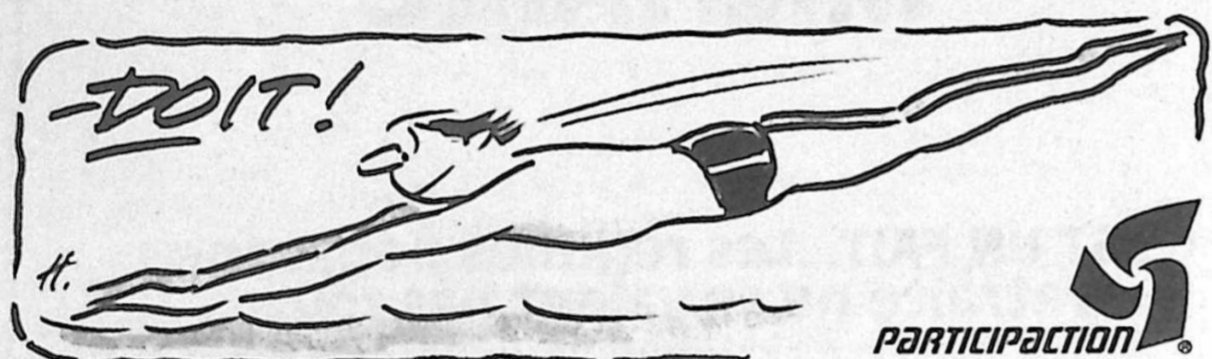
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Sports



Was it going to be "A" goal or "B" is it going to hit the goal post? Wait till next week to find out the answer.



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NOTICE

9th Annual Logistics Bonspiel will be held at the Comox Valley Curling Club 16 to 18 February 84. Interested logistics personnel should contact WO Wall local 2464 or Sgt Sears local 2358.

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Base men's broomball



There are three weeks until the couple of games coming up this opening of the 1983/84 Pacific weekend against Power River and In-Region Broomball Championships. The base team has been working really hard at practices for the past 3 months preparing themselves for the Regionals. The Totems have a

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Intersection Statistics

As of 6 February 1984

VOLLEYBALL			BOWLING			HOCKEY						
TEAM	WINS	POINTS	PLACE	TEAM	POINTS	PLACE	TEAM	WINS	TIES	POINTS	PLACE	
"A" LEAGUE												
BTelo	3	6	2	Headquarters	43	1	409 Sqn	1	1	3	10	
Fire Hall	4	8	1	409 Sqn	27	6	ATC	8	1	17	2	
Det 5	2	4	3	IE/IS Labs	35	3	VU33/Supply	7	3	17	1	
HQ	0	0	7	MSE	12	11	Fire Hall	2	2	4	9	
CE	1	2	4	Supply 3	12	11	MSE	7	0	14	4	
Bldg 28	1	3	5	Compt 1	24	7	BAMSO	7	2	16	3	
407 Admin	0	0	6	BHosp	36	2	442 Sqn	5	0	10	7	
"B" LEAGUE												
407 Sqn.	1	2	6	Compt 2	33	4	Security	3	2	8	8	
BTNO/AVSO	3	6	2	ARAF	23	8	407 Demons	6	1	13	6	
VU33	4	8	1	Supply 1	18	9	407 Devils	6	1	13	5	
Supply 1	2	4	4	Supply 2	31	5	BROOMBALL					
442 Squadron	2	4	5	TPT	17	10	Flyers	10	1	21	1	
Security	0	0	7					Retread	7	1	15	3
Supply II	3	6	3					Bottlecaps	2	2	6	4
								Ballbeaters	8	2	18	2

Floor hockey

PRACTICES
Monday, Wednesday & Friday
1600 - 1800 hours

Selected team members shall represent CFB Comox at the Regionals in late April!
For further information contact Cpl (W) Ryan, local 2315.

CFB Comox Base Arena 84 Schedule

Clip & Save

Monday	- Ice maintenance	0730-1130
	- Base team broomball (M)	1130-1300
	- Fire Hall	1300-1400
	- ATC	1415-1545
	- Wallace Gardens	1600-1745
	- Intersection hockey	1800-2400
Tuesday	- VU33	0800-1000
	- Moms & tots	1000-1100
	- Ice Maintenance	1100-1130
	- Base team broomball (F)	1130-1300
	- 407 Squadron	1300-1345
	- Old timers	1345-1545
	- Base team hockey	1600-1745
	- Intersection broomball	1800-1945
	- Base team broomball	1945-2045
	- Commercial hockey	2100-2400
Wednesday	- Minor hockey	0600-0730
	- Ice maintenance (Service bookings)	0730-1130
	- Base team broomball (M)	1130-1300
	- 442 Squadron	1300-1430
	- BTNO	1430-1545
	- Wallace Gardens	1600-1745
	- Intersection hockey	1800-2400
Thursday	- Minor hockey	0600-0730
	- 409 Squadron	0800-1000
	- Moms & tots	1000-1100
	- Ice Maintenance	1100-1130
	- Base team broomball (F)	1130-1300
	- BAMSO	1300-1345
	- Old timers	1345-1545
	- Base team hockey	1600-1745
	- Intersection broomball	1800-1945
	- Base team broomball/Old Timers hockey	2000-2145
	- Commercial hockey	2200-2400
Friday	- Minor hockey	0600-0730
	- Ice maintenance	0730-1130
	- Service bookings	1130-1545
	- Minor hockey	1600-2200
	- Dept of Transport	2200-2400
Saturday	- Minor hockey	0715-1545
	- Mil/Dep Skate	1600-1700
	- Base team broomball	1715-1915
	- Base team hockey	1915-2200
	- Church hockey	2200-2400
Sunday	- Minor hockey	0630-1315
	- Old timer hockey	1345-1545
	- Mil/Dep Skate	1600-1730
	- Comox Valley broomball	1800-1945
	- Commercial hockey	2000-2400



Youth Bowling Council

4 Steps to Stardom zone roll-offs: total pinfall - 3 games.

Juniors Bowl at Sunset Lanes, Parksville, Saturday, February 11.

Girls Team	Boys Team
Tammy McDonald Trish Maiers Michelle Lanthier Colleen Tinnion Nancy Whelin	Guy Tinnion Bill Bishop Cory Moore Rick Gionet Scott Clark

Single entrants
Teresa Burnham Troy Veadenhalven

Bantams Bowl at Rainbow Lanes, Port Alberni, Sunday February 12.

Girls Team	Boys Team
Stacy Waldron Chandra Fisher Christin Goule Hattie Fettinger Heidi Swanson	Dean Verdenhalven Brent Carlson Ray Hunter John Mills Cyril Stamp

Single Entrants
Brenda Ronayne Todd Shentaler

Seniors Bowl at CFB Comox Lanes, Sunday, February 12.

Boys Team
Earl Scott
Danny Wedge
Parry Gallagher
Bernie Fraser
Rob Hudson

Single Entrants
Stuart Waldron JoLinda Lavoie

Schedule of times for Seniors at CFB Comox Lanes: boy & girl singles - 1030 hours and boys teams - 1300 hours.

Welcome all parents and friends for our cheering section. Teams and bowlers from Parksville - Nanaimo - Alberni - Courtenay - CFB Comox - Ucluellet.

Come out and support your team!

(BUMPER TO BUMPER)

A & M AUTO SUPPLY

Ski-do Belts from 16⁹⁵	Complete Engine Re-building Kits Fits most Dodge, Ford and Chevy V8's 349⁰⁰	1/2 HP Grinder 59⁹⁵
--	--	--

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HOURS:

Monday - Friday	- 8:00 am - 8:00 pm
Saturday	- 8:00 am - 6:00 pm
Sunday	- 10:00 am - 4:00 pm

**450 Ryan Road
COURTENAY
338-6777**

Sports

Wallace Gardens Dependent Hockey

As you may have noticed over the past few weeks at the Base Arena, there is a new entity in the service community, the Wallace Gardens Dependent Hockey Programme. This organization, largely through the efforts of several dedicated individuals, has initiated a hockey programme for servicemen's dependents. As the cost of downtown registration became unrealistic, Sgt Rick Hayward and the PMQ Council collaborated in developing plans to further the hockey skills of dependents, yet at a reasonable cost.

The on ice programme, under the direction of Maj Gerry Rose and his able assistances, concentrate on skill development rather than the competitive aspect of the game. However, it is not all work and no play for at the end of each session the youngsters have a short scrimmage and put valuable lessons learned into practical use.

The programme has been well received in the community and at present has an active participation of approximately 35 to 40 dependents. Registrations for the programme are still being accepted and can be made by contacting Sgt Bill Fisher at Local 2435 or one of the coaches at the arena between 1600 and 1745 hours, Monday and Wednesday each week. The cost per child will be \$20.00 and a special family rate with 2 or more children \$30.00. If equipment is a problem, arrangements will be made to have a used equipment sale during this month. Capt Jacobson has also assured us that Canex will offer a "good deal" on various pieces of equipment sold at the store.

The total success of the program depends on community participation so come on parents get involved, register your child now in this worthwhile instructional and developmental programme.

Volunteers for the programme would be appreciated in the following areas:
 — figure or power skating instructors, and
 — coaches with previous experience.

If you wish to volunteer please contact Maj Rose at local 2260 or Sgt Fisher at local 2435.







Unclassified

RATES

First Insertion - NO CHARGE
 Subsequent Insertions - \$2.00 per inch

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Does Your Rent Include?

- fridge, stove, dishwasher, washer and dryer in all 2 bedroom units
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Bob Emmerson

Nanaimo Realty Insurance
 Courtenay, and call
334-3124 or home 339-5259

DE LUX MEADOWBROOK MOBILE HOME - 14' x 70', 2 bedrooms, addition 14' x 20' (DEN) and carport. Set up on own property size 50' x 100' nicely treed and landscaped throughout in quiet "Mobile Home Subdivision" High & dry on top of Ryan Road. 5 min. from Base - 409 Qualicum Ave. Home has six top brand appliances (incl. washer & dryer) as new. Wall to wall carpeted. Price: \$49,800.00 FIRM. Buyer has to provide his own financing! For appointment please phone 338-1567.

Business for sale: Popular established 60 seat licensed deli style sandwich restaurant. Centrally located in Courtenay, B.C. Easy operation. Excellent for husband/wife or absentee ownership. Hours 8:00 am to 4:00 pm, Monday - Saturday. Call 338-1513 or write Glen's Fabulous Sandwiches, 368 8th Street, Courtenay, B.C. V9N 1N3

Do you eat compulsively? Do you want to change? Overeaters Anonymous — 338-9849 or 338-4194.

BUILDING MATERIALS

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 Builders Hardware - Tools, etc.
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 Roofing - Siding
 Cement Department
 Truck Delivery
 Customer Financing

CENTRAL BUILDERS

610 Anderton Avenue
 Courtenay, B.C.
 Phone **334-4416**

For sale: Lloyd's stereo cassette deck (Dolby system). 9x12 green carpet in good condition. Triple dresser & single white dresser. Green easy boy chair. Phone 339-3993.

Wanted to buy 2nd growth timber in Courtenay-Comox area. Phone 752-9746.

Dependents' Defensive Driving Course
 19, 20, 21, & 22 March, 1984.
 Time: 1900-2100 hrs. each night.
 Place: MSE Safety Classroom, located 2nd floor of the Base Recreation Center.

Dependents wishing to attend this course are requested to contact the MSE Safety office at local 2263. Deadline for registration is 14 March 1984.

DO YOU WANT

TO : SELL?

BUY?

RENT?

TRADE?

THIS IS THE SPACE

COMPUTER

Polymorphic Computer (\$100 Bus), North Star Disc operating system. Plus, paper tiger printers. Offers on all or part of system. Phone 339-6289 evenings.

For sale: Eccles Amethyst travel trailer. Weight 950 kg. 3-way hook-up. Stove, fridge, sink. Sleeps 5. Wall-to-wall carpet. Lots of cupboard space. Bathroom. Can be viewed: 1760 Dogwood Ave. Phone 339-3993.

EXPANDING CANADIAN OIL CO. needs dependable person who can work without supervision. Contact customers around Courtenay. We train. Write A.E. Dickerson, Pres., Southwestern Petroleum, 87 West Drive, Brampton, Ont. L6T 2J6

Did you know there is a Tops Group on Base? Which is Take Off Pounds Sensibly. We meet every Monday night at 7 o'clock, room 4, Airport Elem. School. For more information call, Bertha Robinson: 339-6270 or Delora Batten: 339-3993.

EW
 Courtenay

2 SEPARATE SHOWS EACH EVENING AT 7:00 p.m. & 9:00 p.m. OPEN 7 DAYS A WEEK

HELD OVER 2nd WEEK

NOW SHOWING
 Thursday to Thursday,
 February 9, 10, 11, 12, 13, 14, 15, 16

— THIS WEEK —
 THE SAME FEATURE AT BOTH 7 PM & 9 PM SHOWS

Reckless
 © 1983 MGM/UA Entertainment Co.

"Warning - Some nudity, suggestive scenes and very coarse language." - B.C. Director

WATCH YOUR LOCAL NEWSPAPER FOR THE NEXT EXCITING FILM FEATURES

Van Isle
 Campbell River

NOW SHOWING - Thursday, February 9

"HOT DOG"

"Warning - Some nudity & sex" - B.C. Dir.

Friday to Thursday - February 10 to 16

7 PM & 9 PM

"THE BIG CHILL" **MATURE**

Warning - Very coarse language, occasional nudity & suggestive scenes." - B.C. Director

2 SEPARATE SHOWS EACH EVENING AT 7:00 p.m. & 9:00 p.m. OPEN 7 DAYS A WEEK

CFB COMOX

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 FISH & CHIPS • PRAWNS & OYSTERS
 SOFT DRINKS • COFFEE & TEA
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 Fri., Sat. 11 a.m. - 9 p.m.
 Sun. Noon - 8 p.m.

Promotions and Awards



Cpl Gary Taylor is congratulated on his recent accelerated promotion by LCol Lott, CO 409 Squadron.



LCol Larry Lott congratulating Sgt Barry Laycock on his recent promotion to Sergeant.



Sgt Paulsen receives his CD1 from LCol Jackaman.



Sgt Kennedy receives his CD from the BOpsO LCol Berntson.



Pte Webber receives accelerated promotion to Cpl from the BOpsO LCol Berntson.



The BOpsO LCol Berntson presents Capt Arajs with his CD.



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- Coffee Shop

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FEBRUARY 1984

SUN	MON	TUES	WED	THURS	FRI	SAT
			1	2 Special Ent.		4 DJ LOU
					TGIF: DARTS	
5	6	7 Special Ent.	8	9 Special Ent.	10 GUARDIAN	11 VALENTINE DANCE
					TGIF: Euchre	
12	13	14 Special Ent.	15	16 Special Ent.	17 DJ LOU	18 TOGA PARTY
					TGIF: DARTS	
19	20	21 Special Ent.	22	23 Special Ent.	24 REDLINE	25
					TGIF: DARTS	
26	27	28 Special Ent.	29			

SNACK BAR: 339-4333

— Special Events —

GUARDIAN *** 10 & 11 February from 9:00 - 1:00. \$3.00 per person. CALGARY ROCK BAND (on tour).

VALENTINE DANCE *** 11 February from 9:00 - 1:00. \$3.00 per person. Door prize - dinner for two. Corsages for the ladies.

REDLINE *** 24 & 25 February 9:00 - 1:00. \$3.00 per person. Back by popular demand!

Around the Base

ST. MICHAELS AND ALL ANGELS PROTESTANT CHAPEL

CHAPLAIN: Padre Bob Risch (UCC) Telephone: 334-3575.
CHAPEL: St. Michael and All Angels Protestant Chapel, Bldg. No. 88.
OFFICE: Headquarters Bldg. No 45, Room No. 48. Telephone 339-2211, Local 2273.
ORGANIST: Nancy Nowosad, Telephone: 338-9843.
PUBLIC WORSHIP: Sundays at 1100 hours.
COMMUNION: First Sunday of the month.
FAMILY SUNDAY: Second Sunday of the month.
SUNDAY SCHOOL: Classes are available for all students from age three through youth. Kindergarten through youth meet from 0930 - 1030 hours. Pre-kindergarten classes will be held from 1100 - 1200 hours during the worship service.
JUNIOR CHOIR: Rehearsals are 1830 - 1915 hours at the Chapel. Children in grade two and older are eligible to join. Choir members will be expected to be at rehearsal each week and attend worship services.



OUR LADY OF THE SACRED HEART CHAPEL CFB COMOX, B.C.

CHAPLAIN: Maj Julien Rheault: Telephone 339-2211, local 2274.
MASS SCHEDULE HOURS:

Saturday 1900 hours
 Sunday 1000 hours
 Week Days 0900 hours (No Mass on Thursdays)

BAPTISMS & MARRIAGES: By appointment - notice well in advance.
CATHOLIC WOMEN'S LEAGUE: Second Tuesday of the month in the Parish Hall, preceded by Mass in the Chapel at 7:30 p.m.
PARISH COUNCIL: Second Wednesday of the month at 1300 hours in the Parish Hall.
CATECHISM CLASSES: Each Wednesday in the PMQ School from 1830 to 1930 hours.

CFB COMOX MILITARY CHRISTIAN FELLOWSHIP



Meetings held from Monday to Thursday from 1200 - 1300 hours in the R.C. Parish Hall next to the Tennis Courts.

Answers to Trivia Quiz

- The TU-126 is a AWACS for the Soviet Union and was first revealed in a propaganda film in 1968.
- 412 Squadron accepted the first C-5 in 1950.
- The KC-10 is the newest refueler and entered service in March of 1981.
- The first American jet was the XP-59A Airacomet.

Officers' Wives' Club

WO & Sgts' Wives Club

A meeting of the WO's & Sgts' Mess Wives Club will take place Monday February 13 at the mess. Plans for the March Fashion Show will be discussed and final arrangements will be made. Following the meeting there will be a White Elephant Sale. All ladies are encouraged to bring at least one item to sell.

Upcoming events planned are:
 - 16 February, 7 pm Supper at the Leeward Inn. For reservations

E. Mitchell
 Publicity Conveynor

Wallace Gardens Community Council

The monthly meeting of the Community Council was held on Thursday 26th January. Council members were made aware of the upcoming Community Council Awards. Nominations for these awards will be taken soon and a flyer with the guidelines will be sent to each PMQ. The Community Council Award is the council's way of thanking personnel for continuous support and loyal service to our military community. If you feel that a person is deserving of such an award, don't hesitate to nominate the individual. A board is to be appointed to scrutinize all nominations and to make the final selections.

Wallace Gardens has been a sponsor for the 1st Lazo Group which includes Scouts, Cubs and Beavers and also for the Guides and Brownies of the 1st Lazo Company. As their sponsor, it has been the policy to offset the operating costs of these worthwhile groups with an annual grant. This year the grant to these organizations has been set at \$1,600.00.

The subject of dependent's baseball has been tossed around and Stan Zimmer has been appointed as the trusty baseball commissioner (?) of PMQs. More information and registration dates on this topic will be released in March.

Now we come to that age-old subject of pet control in the PMQ area. It is requested that residents read up on the PMQ Orders and realize that animals (cats and dogs) must be kept quiet and restrained in PMQs. We do have a dog-catcher who becomes very active around this time of the year. In 1983 our dog catcher (who also fills in as cat-napper) was quite busy and the SP-CA has billed us \$235.00 for 7 dogs and 26 cats which were unclaimed and had to be destroyed.

In our next report, we will start our build-up for the Easter Programme that Community Council sponsors each year. So until then, take care and remember that the council is here to serve you.

Al Rice

Library (Located back Station Theatre)

HOURS:
 Monday to Thursday
 6 pm - 9 pm

Attention Military Memorabilia Collectors!

Except for a limited quantity of stock reserved for sale at next summer's reunion, 409 AW (F) Squadron will not be ordering more stock unless warranted by demand. Therefore, anyone wishing to purchase crests, pins, tie tacks, shirts, etc. should do so as soon as possible as this may be the last opportunity.
 Contact Capt T.J. Jongerius, local 2409 for further information.

- Pat Chura

Archbishop to visit

The Archbishop R.L. Seaborn, Anglican Bishop Ordinary to the CAF, will make an official visit to the Base during the period 12-15 February 1984.

The Archbishop will visit with the Protestant Chapel congregation, celebrate the Holy Eucharist and confirm Anglican candidates if they are accepted.

OPI for the visit will be Maj R.E. Risch, Base Chaplain (P), local 2273.

Across my kitchen table

- by Rosemary Gibson



Groundhog day has come and gone, and Valentine's Day is almost here. Mothers of little people are supervising the construction of valentine cards; sweethearts are dreaming of romantic remembrances. The practice of sending valentines to one's beloved had only an accidental connection with St. Valentine, and probably owed its origin to the medieval belief that is was at the start of the second fortnight in February that the birds began to mate.

However it began, it is a lovely custom and is certainly a bright spot in the otherwise dull month of February. Why not send one extra valentine this year, to someone who needs a spiritual lift - perhaps someone who is lonely, or ill, or has suffered some misfortune or grief. If many people did this, the resulting smiles could light up the world.

And in that vein...

THE WORLD NEEDS

A little more kindness and a little less creed,
 A little more giving and a little less greed;
 A little more smile and a little less frown,
 A little less kicking a man when he's down;
 A little more "we" and a little less "I",
 A little more laugh and a little less cry;
 A few more flowers on the pathway of life,
 And fewer on graves at the end of the strife.

Remember that the quality of friendship is the melody and fragrance of life, and the oil in the lamp of friendship is faith. Without faith, there can be no friendship and no love. By that faith, the flame of life is kept burning.

Here's a recipe I recently added to my collection. It would make a very special valentine dessert. So

take a few extra minutes to set your table in a springtime mode, and whip this up for the ones you love.

BETTY'S IRISH COFFEE CREAM PIE

Ingredients:

- 1 - 3 1/2 oz. pkg. vanilla whipped dessert mix (Whip 'n Chill)
- 2 teaspoons instant coffee powder
- 1/2 cup cold milk
- 1/2 cup cold water
- 3 tablespoons Irish whiskey (or other whiskey)
- 1 cup whipping cream
- 1 - 8" graham wafer pie shell

Method:

In small mixer bowl, combine dessert mix and coffee powder. Add milk and beat at high speed for one minute. Blend in water and whiskey. Beat at high speed about two minutes more. Whip cream and carefully fold into filling. Pour into baked shell and chill three to four hours. (Can be frozen.) Garnish with added whip cream and chocolate shavings.

HINT:

When hard-cooking eggs for later use, add a few drops of food colouring (vegetable colouring) to the cooking water. The cooked eggs are then easily distinguished from the uncooked ones in your refrigerator.

THOUGHT FOR TODAY:

A friend is someone who can see through you, and still enjoys the show.



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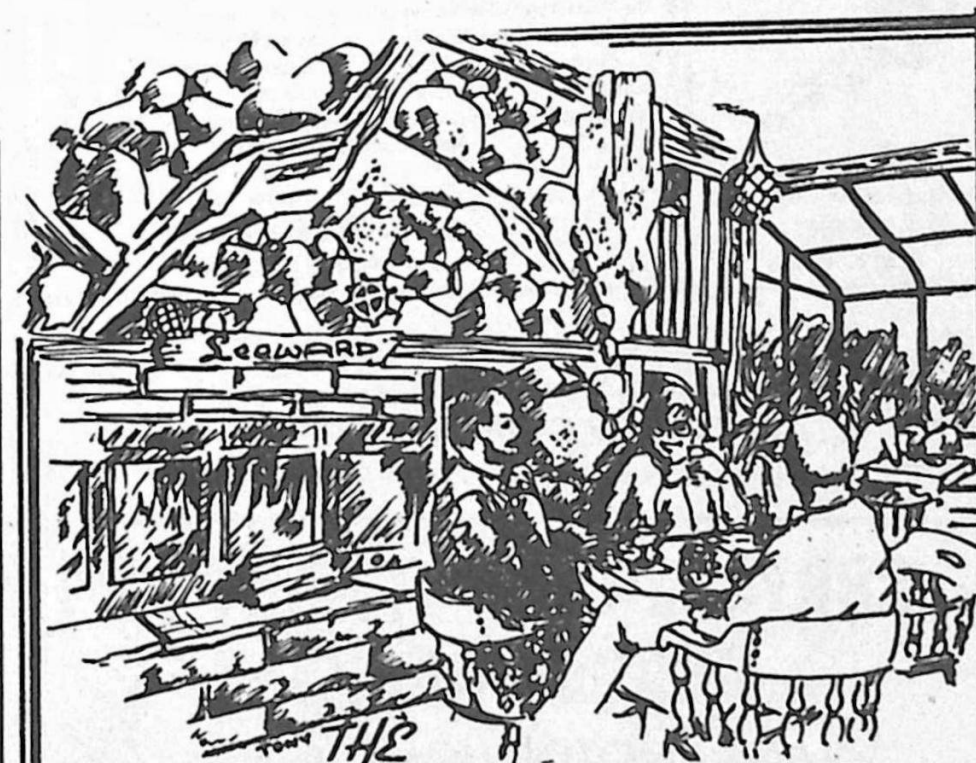
HAVING A BUSY LIFE? - Here's a home to help you. Separate concrete drive to 2nd garage/workshop for boat and R.V. Spacious fully-finished basement for hobbies, 4 bedrooms, 2 fireplaces, newly carpeted and immaculate. Comox, \$77,000.00.

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- COUNTRY COOKING
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- CLEAN AIR SYSTEM
- GAMES ROOM

Reservations suggested for large groups.

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Around the Base

DIAC AOSE Course 8301 graduates December 22



Ins Sgt Jorgensen, Ins WO MacLean, Ins MCpl Halbersma, Ins Cpl Coulombe; Stu MCpl Carlson, DSO Lt Foster, CO 407 LCol Brygadyr, Stu Cpl McIlwain, Ins MCpl Paulekat; Stu Pte Boileau, Stu Pte Stelzl. All students are now qualified for various bits & bytes.

1 CBG conducts winter warfare training



WAINWRIGHT -- A Mobile Air Movements Section (MAMS) unloads a trailer and vehicle from a 435 Transport Squadron C-130 Hercules aircraft at Camp Wainwright, Alberta. The Hercules aircraft from 435 Squadron, based at CFB Edmonton, and from 436 Transport Squadron, based at CFB Trenton, are making 27 flights from Abbotsford, B.C., 37 from Victoria and eight from Winnipeg to Camp Wainwright during the deployment phase of Exercise Rapiet Thrust '84, 1 Canadian Brigade Group's winter warfare training being conducted at Wainwright from January 16 to 30.

Canadian Forces photo by Sgt Dennis Mah

Making your money work

Everyone should be able to handle their finances in such a way that both time and money are well spent. All military personnel, their dependents and DND civilian employees are invited to attend a series of presentations on financial planning to be held in the Base Briefing Room, 7 Hangar and at the Glacier Lounge. The schedule of topics to be discussed is shown below. Mr. Brian (Dan) Daly, a local professional financial planner, will be presenting all the lectures except the Wednesday afternoon, 15 February 84, session, which will be devoted exclusively to the representatives from Canada Trust (Mr. Stan Cherneck and team) who will highlight the Serviceman's R.R.S.P. and R.H.O.S.P.

You are reminded that, as the Base Briefing Room is in a restricted area, attendance is subject to the usual security regulations.

Any questions can be directed to the OPI, Lt Pauline Chappel, local 2576.

Financial Planning Seminar — 13-17 February

13 February Monday	14 February Tuesday	15 February Wednesday	16 February Thursday	17 February Friday
10:00 - 12:00 Base Briefing Room				
Financial planning - budget planning	How to plan for tax free income	Insurance (the need if it exists)	Early retirement	Benefits of transferring pensions & allowances, etc. into R.R.S.P.
Registered retirement savings plan	Dividend tax credit	Wills (or do you intend to take it with you)	Planning for adequate retirement income	Investing from overseas
Registered home owner savings plan	The importance of balance in investing	Reduce your mortgage by using R.R.S.P.	Income splitting	R.R.S.P. - H.O.S.P. questions
Question Period	Dollar cost averaging	Question Period	Question Period	Personal financial reviews
14:00 - 16:00 Base Briefing Room				
Insurance (the need if any exists)	Financial planning and budget planning	Presentation by CANADA TRUST	How to plan for tax free income	NO PRESENTATIONS
Wills (or are you taking it with you)	Registered retirement	— SRSP	Dividend tax credit	
Reducing your home mortgage using the R.R.S.P.	Savings plans R.R.S.P.s	— SRHOSP	The importance of balance in investing	
Question Period	Registered Home Owner Savings Plans R.H.O.S.P.s	— Annuities	Dollar cost averaging	
19:00 - 21:00 Social Centre (Glacier Lounge)				
Types of investments	Indexed investments	Achieving financial success	NO PRESENTATIONS	NO PRESENTATIONS
Why Funds	Balanced portfolio	Early retirement		
Real Property Investing	Managing for capital growth	Retirement planning for adequate income		
Off Shore	Review of day's presentation	Income splitting		
Review of day's presentation		Question Period		
		Review of day's presentation		

White Cane Week February 5-11, 1984



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Compare the interest rate you earned on your last year's RRSP to the rate chart below. If you had invested in a GIC (Guaranteed Investment Certificate) last year, you probably would have invested your money around 11%. If you had invested your money in Bolton Tremblay's Canada Cumulative Fund, you would have earned 36.2% in 1 year and an average of 19.9% per year over five years. You owe it to yourself to get the best possible rate to work for you.

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And, in the past year, it's up more than 32%.


Quite a record. Quite an RRSP.

Find out more.

Any offer is made by the prospectus. All figures to November 30, 1983, dividends reinvested.

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 487 - Cumberland Rd. Courtenay. 338-1401
 1775 - Comox Ave., Comox. 339-6622



Please call for more information.

Canadian Forces News

CANAV Books

By May 15 readers will be introduced to the finest book ever produced covering Canadian aviation history. **Sixty Years: The RCAF and CF Air Command 1924-1984** has been produced by Larry Milberry and his small team at CANAV Books in Toronto. **Sixty Years** follows the same format as the three previous CANAV best sellers: **The Avro CF-100, The Canadair North Star, and The De Havilland Canada Story.**

Sixty Years is even more lavish than the highly acclaimed **North Star** book. Its 400 pages tell the story of the RCAF from its beginnings in the early 1920s, through the quiet inter-war years, the Second World War, the post-war "Golden Years", and on through the Canadian Forces era to 1984. The book is full of the kind of in-depth coverage that people have been waiting years to see. It contains numerous first hand accounts, and has been researched by some of the country's top military aviation historians. There are over 500 finely reproduced black and white, and colour photos of the quality standard in CANAV productions. As well, the book contains over 80 full page colour reproductions of aircraft from the Avro 504 to the Siskin, Typhoon, Sabre, Dakota, Hercules, Chinook and CF-18. There's simply never been a book quite like this one produced about the RCAF.

Sixty Years will be hard cover, 8 1/2 x 11, and printed to the highest standards. It will retail at \$45.00. For further information get in touch with Larry Milberry at CANAV Books, 51 Balsam Ave., Toronto, M4E 3B6, ph. 416-698-7559.



Cpl Leadbeater, an AET on 442 Squadron, proposed that the castellated nut used on the lower attachment bolt of the torque measuring device in CH113 Labrador and CH113A Voyager helicopters be replaced with a self-locking nut. He was awarded \$365.00 for his suggestion and LGen Manson, the Commander of Aircom, made the presentation during his recent visit.

Do's and Don't's for jump starting your car

- There are several precautions you should take BEFORE attempting to jump-start a vehicle. Put out all cigarettes and flames and make sure the cars aren't touching. Set the parking brakes and insure that the transmissions are either in Park or Neutral. Check the battery water, add if necessary and replace the caps. Don't jump-start if the fluid is frozen or if both are not the same voltage.
1. Clamp one jumper cable to the positive pole of the dead battery.
 2. Clamp the cable's other end to the positive pole of the good battery.
 3. At the good battery, clamp the second cable to the negative pole.
 4. Clamp the cable's other end to the dead car's engine block on the side away from the battery.
 5. Start the car with the good battery - then the disabled car.
 6. Remove the cable from the engine block and other car's negative pole.
 7. Remove the cable from the positive poles.

When jump-starting attach the cable in the order listed:

1. Clamp one jumper cable to the positive pole of the dead battery.
2. Clamp the cable's other end to the positive pole of the good battery.
3. At the good battery, clamp the

One last important reminder from BCAA: Don't use matches to check battery fluid and be careful not to cause sparks when jump-starting. Car batteries contain a mixture of sulphuric acid and water which generates hydrogen gas that is explosive.



2Lt Pete Foley receiving commissioning scroll from Colonel Bouvette at CFATCTU.



2Lt Mike Maillet receiving commissioning scroll from Colonel Bouvette at CFATCTU.

Message from Simon Fraser University

A Comox woman was among a group of British Columbia students honored at Simon Fraser University's second annual awards ceremony.

Wendy J. MacFarlane, a graduate of Highland Senior Secondary School, is the recipient of the President's High School Entrance Scholarship, providing tuition for two semesters at Simon Fraser University. Candidates for this award must have an average of at least 80 per cent.

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BRIAN (DAN) DALY
Advanced Financial Planner

How to become an old pilot

Several experienced pilots were recently asked to state in a single sentence or less the one rule they never break and which they thought was most important in keeping them alive in the air.

Their one-line rules listed below form a mosaic law for survival. Do you have a one-line survival rule?

- Be skeptical of all human inputs.
- Follow the book, don't shortcut.
- Maintain crew coordination.
- Plan ahead, be prepared.
- Recognize and combat complacency.
- Minimize nonessential talk during take-off, approach and landing.
- Don't assume, double check.

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STEP NUMBER ONE - You should decide what type of R.R.S.P. you want. If you're not sure, you should seek the advice of a trustworthy financial planner. There is no point in asking a clerk at a counter in a financial institution for advice, as the clerk probably knows less about R.R.S.P.'s than you do.

STEP NUMBER TWO - You should be looking for the type of R.R.S.P. which will help you to reach your financial goals. Keep in mind that although buying a R.R.S.P. provides an immediate tax advantage, by sheltering your income from taxation, the main purpose of owning a plan is to provide you with additional retirement income. It is, therefore, essential that you pick the type of plan most suited to your age bracket.

STEP NUMBER THREE - Sin-

ce your age will be the deciding factor for the type of R.R.S.P., consider this - if you are only five years away from retirement you will want an R.R.S.P. which will give guaranteed results. (Your money will be given on a fixed rate of interest over a set period of time.) On the other hand, if you are 10 or 15 years or more from retirement you should consider an R.R.S.P. offered by Investment (mutual) Funds. There are two main types of R.R.S.P.'s offered by Investment Funds:

A) Income Funds, where your money is invested in a portfolio of Mortgages and/or corporate bonds, and

B) Equity Funds, in which your R.R.S.P. money is invested in a mixed portfolio of common stocks and preferred shares.

A mixture of these two types of R.R.S.P.'s will give results usually much better than other types of R.R.S.P.'s and in the long term, these returns can be very profitable.

* **"ROLL OVER" of Pension Funds** - if you leave the service you can "roll over" your pension, superannuation and a portion of your retiring allowance into your R.R.S.P. without a tax penalty.

* **If you are under 60 years of age** you can transfer all or a portion of your pension into an R.R.S.P. and

if you have already taken it into income you can claim a tax deduction. You can also contribute to an R.R.S.P. in your name or your spouse's by calculating your remaining income. You could have a very attractive refund each year using this method.

* **If you are over 60 years of age** you can also claim \$1,000 income pension deduction provided that you do not designate for transfer to your R.R.S.P. the portion you are claiming as a pension income deduction.

* **Military retiring allowance**, unlike pensions benefits, you may not transfer the entire amount of a retiring allowance to an R.R.S.P. The amount allowed is limited to \$2,000 for each year of employment in the military.

Again, I must emphasize that when it comes to choosing what type of R.R.S.P. to buy - seek professional advice. You have such a wide range of plans to select from, so make sure the one you choose is the right one for you.

Next time we will cover Dividend Tax credits, and capital gains, these are vehicles to reduce "Self inflicted taxation."

Brian (Dan) Daly
Advanced Financial Planner

Light detector equals eye

By Hugh Westrup

A group of inventors at the University of Waterloo has designed a tiny electronic component that "sees" almost as well as the human eye.

The new component, no bigger than the head of a pin, is called a VLSI microchip. Each microchip holds 1,024 photodetectors - miniature circuits that sense the presence of light. When light strikes a photodetector, the light energy is converted into electrical energy.

According to one of the inventors, Professor Savvas Chamberlain, the chip is capable of sensing even a very faint amount of illumination, such as starlight. It has about the same ability as the human eye, he says.

The most remarkable feature of the Chamberlain chip is its very large response range. The chip can pick up light both from a very bright source (such as a spotlight) and from a very weak source (such as a candle). In other words, the chip will be able to "see" the two objects at the same time, even though they differ in brightness by a factor of 10 million.

This is no mean feat. The devices that are currently on the market have nowhere near this capacity. Most cannot detect two objects simultaneously when one object is more than 1,000 times brighter than the other.

Because present devices have small response ranges, they suffer from "blooming" or "saturation". Most people

know what blooming is from watching television. It often occurs when a person on camera lights up a cigarette. Instead of seeing the burning red tip of the cigarette, the viewer will only see a flash of light that looks like a bright star.

Blooming happens because the TV camera is not equipped to accurately register a high-intensity dot of light (the burning cigarette) at the same time that it is focussing on objects which are giving off much less light.

Dr. Chamberlain says his invention can be used in a number of ways. "It can be helpful to astronomers who are studying the light from distant stars," he says. It may also prove useful in fibre optics communications systems in which messages are converted to pulses of light and sent through thin glass rods or "fibres". The microchip could be installed as a light detector at the receiving end of an optical fibre.

Dr. Chamberlain's microchip is an outgrowth of research he has been doing with a former graduate student, Dr. Asim Husain. They started out to investigate the "subthreshold effect".

The subthreshold effect occurs when an electronic device is less than four-thousandths of a millimetre wide. Even when such a device has been "turned off" - when there is no energy being supplied to it - a small amount of electricity will still flow through its circuits. It's as if a toaster

were unplugged but continued to toast bread.

Dr. Chamberlain and Dr. Husain used the subthreshold effect to increase the response range of the microchip. Dr. Chamberlain explains: "To understand how this works you must think of each photodetector on the chip as a tiny bucket. When light in the form of electrons hits the chip it fills each bucket."

An ordinary photodetector "bucket" will fill up quickly when exposed to high intensity light, thus giving the chip a small response range. "However, if a leak is put in the bottom of the bucket, you can keep on filling it forever," says Dr. Chamberlain. "You never have saturation."

When Dr. Chamberlain and Dr. Huain understood the subthreshold effect they, in effect, learned how to puncture a hole in the bottom of the bucket. So, they could develop a photodetector that does not become quickly saturated by exposure to bright light.

Dr. Chamberlain received funding from the Department of National Defence to design the microchip. The department may one day use the chip in laser communications systems. "An atmospheric disturbance, such as fog or rain, can act like an obstacle and change the intensity of laser light," says Dr. Chamberlain. "If the intensity changes by more than 1,000 times, an ordinary device won't be able to read the light."

(Canadian Science News)

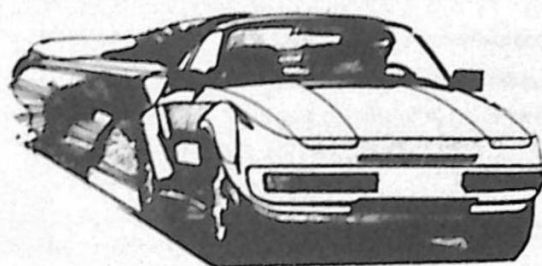
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COMOX VALLEY MOTORSPORT CLUB holds its business meeting second Wednesday of each month at the ARBUTUS HOTEL at 7:30 p.m. in room 223.



WHAT IS CHOLESTEROL?

Cholesterol is a fatty substance found in animal tissue. Primary sources of cholesterol in the Canadian diet are fatty meats, egg yolks, and whole milk dairy products. Cholesterol is essential for certain body processes, but the amount the body manufactures is sufficient for these needs. High levels of cholesterol in the bloodstream are associated with a higher risk of heart disease and stroke. This risk can be reduced by adopting an eating pattern moderate in cholesterol-containing foods and saturated (animal) fats. Contact the B.C. Heart Foundation for more information.

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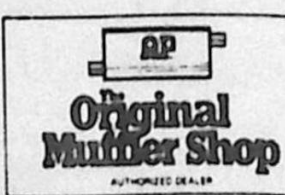
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